# Medial Temporal Lobe Atrophy in Predementia Alzheimer's Disease: A Longitudinal Multi-Site Study Comparing Staging and A/T/N in a Clinical Research Cohort<sup>1</sup>

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Accepted 22 April 2023 Pre-press 20 May 2023

# Abstract.

**Background:** Atrophy of the medial temporal lobe (MTL) is a biological characteristic of Alzheimer's disease (AD) and can be measured by segmentation of magnetic resonance images (MRI).

**Objective:** To assess the clinical utility of automated volumetry in a cognitively well-defined and biomarker-classified multi-center longitudinal predementia cohort.

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<sup>&</sup>lt;sup>1</sup>This article received a correction notice (Erratum) with the reference: 10.3233/JAD-239011, available at http://doi.org/ 10.3233/JAD-239011.

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**Methods:** We used Automatic Segmentation of Hippocampal Subfields (ASHS) to determine MTL morphometry from MRI. We harmonized scanner effects using the recently developed longitudinal ComBat. Subjects were classified according to the A/T/N system, and as normal controls (NC), subjective cognitive decline (SCD), or mild cognitive impairment (MCI). Positive or negative values of A, T, and N were determined by cerebrospinal fluid measurements of the A $\beta_{42/40}$  ratio, phosphorylated and total tau. From 406 included subjects, longitudinal data was available for 206 subjects by stage, and 212 subjects by A/T/N.

**Results:** Compared to A–/T–/N– at baseline, the entorhinal cortex, anterior and posterior hippocampus were smaller in A+/T+orN+. Compared to NC A– at baseline, these subregions were also smaller in MCI A+. Longitudinally, SCD A+ and MCI A+, and A+/T–/N– and A+/T+orN+, had significantly greater atrophy compared to controls in both anterior and posterior hippocampus. In the entorhinal and parahippocampal cortices, longitudinal atrophy was observed only in MCI A+ compared to NC A–, and in A+/T–/N– and A+/T+orN+ compared to A–/T–/N–.

**Conclusion:** We found MTL neurodegeneration largely consistent with existing models, suggesting that harmonized MRI volumetry may be used under conditions that are common in clinical multi-center cohorts.

Keywords: Alzheimer's disease, brain atrophy, cognitive decline, hippocampus, longitudinal studies, magnetic resonance imaging

## INTRODUCTION

Prominent atrophy of the medial temporal lobe (MTL) is a core feature of amnestic Alzheimer's disease (AD), the most prevalent pre-dementia AD subtype [1]. Neurofibrillary tangles (NFT) appear in the MTL in very early stage AD, initially in the transentorhinal cortex (TEC) and entorhinal cortex (ERC), followed by sequential involvement of hippocampal subfields, progressing to isocortical areas in late stage AD [2]. Hyperphosphorylation of intraneuronal tau results in the formation of NFTs, leading to microtubule disruption, axonal degeneration and synaptic loss, making atrophy in AD congruent with the distribution of NFTs [3-5]. Amyloid is widely believed to be the key driver behind AD pathology, with downstream increase in NFT load and neurodegeneration [6-9]. In contrast to NFTs, the typical appearance of amyloid pathology is in basal temporal isocortical areas in absence of NFT pathology, followed by appearance in periallocortical areas (ERC and TEC), CA1 and presubiculum, with increasing involvement of the hippocampal formation (allocortex) [10].

Magnetic resonance imaging (MRI) volumetry has been used widely to investigate patterns of atrophy in AD. Improved accuracy and longitudinal study design have moved the threshold of discernible neurodegeneration towards preclinical stages of AD, but the clinical utility of these methods is still uncertain. Automated segmentation methods perform close to manual methods, is time saving and reproducible, and may be useful for analyzing imaging data in large datasets [11–13]. Longitudinal studies utilizing both imaging and non-imaging AD biomarkers are particularly important to untangle causal relationships and the sequence of pathological events leading to neurodegeneration, but the number of studies are still limited. Distinct patterns of MTL atrophy have already been described across the predementia disease spectrum of AD, including prodromal [14-19], and preclinical stages of AD [20-24]. Early MTL cortical atrophy have been found in ERC [20] and TEC [22, 23], and early hippocampal atrophy in the subfields CA1 [24] and subiculum [21]. Summarized evidence from manually and automated hippocampal segmentation methods within the AD disease spectrum, also point to CA1 as a predilection site for early stage atrophy in AD, although some inconsistencies are seen [25]. Atrophy has been suggested to start in the ERC prior to the hippocampus [26, 27], but in addition to transentorhinal atrophy, there have also been reports of posterior hippocampal atrophy in preclinical AD [22]. The literature on MTL atrophy in AD suffers from inconsistent terminology and segmentation protocols as well as AD diagnosis and staging. Delineation of substructures and algorithms for segmentation differ between studies, and studies examining the sequence of atrophy in AD are often from small cohorts or face limitations due to multicenter study design or inconsistencies in biological and cognitive staging. Subregional atrophy could serve as an important outcome measure in clinical trials but must be examined properly in longitudinal studies with well-characterized cases, and possible sources of error must be identified and considered.

Diagnostic criteria, biomarkers, and assessment of imaging data are continuously improving. Standards

of AD diagnosis are now established by international workgroups, with diagnostic frameworks based on cognitive staging and biomarkers [28-30]. In addition, the A/T/N system for unbiased biomarker classification of AD has been established, where subjects are described based on normal (-) or abnormal (+) biomarkers of amyloid- $\beta$  pathology (A- and A+, respectively), tau pathology (T-/T+), and neuronal degeneration (N-/N+) [31]. A multisite approach is usually necessary to achieve sufficient statistical power in longitudinal studies, but scanner effects can mask significant MTL neurodegeneration. Multi-site MRI in clinical practice from leading centers usually involves MRI with image resolution at approximately 1 mm<sup>3</sup>, and FreeSurfer is one of the most common methods for automated hippocampal segmentation that could be applied to MRI data at this resolution [32]. A recent study questions the reliability of automated methods for hippocampal segmentation at this resolution, which is an additional challenge to achieve valid results using automated volumetry under these circumstances [33]. An alternative to FreeSurfer is ASHS (Automated Segmentation of Hippocampal Subfields) which offers a rough, but probably more reliable segmentation into anterior and posterior hippocampus, and also improved segmentation of cortical subregions of the MTL in T1-weighted images (ASHS-T1) [34].

We used ASHS to segment MTL subregions, to examine baseline and longitudinal MTL morphometry in a longitudinal Norwegian predementia multi-center study, using a novel method for harmonization of longitudinal multi-center neuroimaging data, and state-of-the-art biomarker and staging classification of AD.

We assessed the following research questions:

- 1. Is the longitudinal pattern of MTL subregional atrophy consistent with results in the existing literature, when comparing controls and predementia cases characterized with updated clinical criteria and biomarker classification of AD?
- 2. Are the updated criteria and biomarker definition of AD good predictors of future volume loss in MTL, and clinically useful to determine subjects at risk of disease progression?
- 3. Does longitudinal ComBat harmonization provide reliable estimates of MTL subregions across sites, so that specific region(s) of interest (ROIs) within the MTL can be utilized as a biomarker of AD disease progression?

## MATERIAL AND METHODS

## Study cohort

All subjects gave their written consent, and the study has been approved by the regional ethics committee. The subjects in this study were cases and controls from the DDI (Dementia Disease initiation) multicenter study in Norway, included between December 2013 and March 2020 [35]. Cases were mainly recruited from memory clinics (30%) or advertisements (58%), and controls were mainly recruited from advertisements (73%) or case spouses (9%). In advertisements, participants with a first degree relative with dementia were especially encouraged to participate. The study protocol is described in detail elsewhere [35]. In summary, all study candidates were aged 40-80 at baseline and followed until reaching dementia [30]. The study protocol included clinical examination, cognitive screening tests, neuropsychological assessment, lumbar puncture, and cerebral MRI. A subgroup of the participants underwent amyloid PET. Assessments were repeated every second year. At each time-point, all examinations were performed within a time span of 3 months. Staging was performed for all participants, based on cognitive tests recommended by the National Institute on Aging – Alzheimer's Association (NIA-AA) working group, classifying the candidates as normal controls, subjective cognitive decline (SCD) [28] or mild cognitive impairment (MCI) [29]. Subjects with amyloid pathology were defined as early (SCD) or late (MCI) AD predementia.

The subjects were classified according to the A/T/N system which is an unbiased description based on core biomarkers of AD, defined by presence (+) or absence of (-) amyloid pathology (A), tangle pathology (T), or neurodegeneration (N) [31], here determined based on cerebrospinal fluid (CSF) biomarkers as described by Jack [31]. We dichotomized the CSF measurements of amyloid-B  $(A\beta)_{42/40}$  ratio, phosphorylated tau (p-tau), and total tau (t-tau) to determine A, T, and N status as positive or negative. Values of CSF total-tau were used instead of MRI atrophy to determine neuronal injury (N) in A/T/N classified subjects, because prediction of future volume loss based on CSF biomarkers of AD were one of the main research questions, and atrophy was therefore not an eligible criterion to determine (N). One of the subjects had amyloid-PET but not CSF results and could therefore not be A/T/N classified.

# Cerebrospinal fluid assessments

Lumbar puncture and CSF assessments have been described previously [35]. All samples were collected in sterile polypropylene tubes (thermo nunc) before noon, and all CSF analyses were performed at the Department of Interdisciplinary Laboratory Medicine and Medical Biochemistry at Akershus University Hospital. Commercial enzymelinked immunosorbent assays (Innotest, Fujirebio, Ghent, Belgium) based on monoclonal antibodies were used to measure CSF concentrations of total tau (t-tau) using hTau Ag kits, and phosphorylated tau (p-tau) using 181P kits. The OuickPlex SO 120 system from Meso Scale Discovery (MSD, MD, USA) was used to measure  $A\beta_{1-42}$  and  $A\beta_{1-40}$  in a multiplex setup using V-plex Ab Peptide Panel 1 (6E10) kit (K15200E-1). The analyses were carried out according to the manufacturers' procedures.

We stratified subjects as A+ if CSF A $\beta_{42/40}$  ratio  $\leq 0.077$ , or A- if CSF A $\beta_{42/40}$  ratio >0.077 ng/L, based on an amyloid-PET <sup>18</sup>F-flutemetamol verified cut-off [36]. Compared to CSF A $\beta_{42}$  alone, A $\beta_{42/40}$ ratio is probably more reliable in diagnosing AD [37]. In subjects without CSF, amyloid-PET <sup>18</sup>Fflutemetamol results were alone used to determine AB status. A subset of cases that were missing lumbar puncture or amyloid-PET <sup>18</sup>F-flutemetamol at baseline were classified as  $A\beta$ + if a lumbar puncture or amyloid-PET from a former assessment confirmed positive A $\beta$  pathology, or A $\beta$ - if more recent CSF or PET excluded AB pathology. The same approach was used to determine total or phosphorylated tau when CSF total or phosphorylated tau were missing at baseline.

# Amyloid PET <sup>18</sup>F-flutemetamol

A subset of 47 participants (11.1%) underwent amyloid-PET <sup>18</sup>F-flutemetamol, qualitatively read according to manufacturer's standards.

### Subject classification

To explore the impact of cognitive staging and biomarker classifications on future MTL atrophy, subjects were grouped according to two different classification algorithms: by cognitive staging and amyloid status; and by classification according to the A/T/N system. In contrast to A/T/N classification, clinical staging of subjects with biomarker-verified AD could be influenced by other non-AD related factors affecting cognitive reserve, such as premorbid function level, comorbidity, and education [38]. Biomarker verified AD biomarkers could also be pathologic several years before onset of clinical symptoms, and classification by the A/T/N system could also add information that otherwise would not be included in groups based on cognitive staging these subjects would then fall outside AD classification based on clinical symptoms.

The groups based on cognitive staging and amyloid status were classified into the following categories: Normal amyloid negative controls (NC A-), amyloid negative or positive subjective cognitive decline (SCD A- and SCD A+) or mild cognitive impairment (MCI A- and MCI A+). Due to power restrictions, we did not include amyloid positive cognitively normal controls (NC A+) or cognitively abnormal amyloid negative or positive controls (AC A+ and AC A-). Here, NC A- were defined as controls, and SCD A-, SCD A+, MCI A-, and MCI A+ as cases. A/T/N staging was performed as follows: A-/T-/N- (biomarker negative controls), A-/T+orN+, A+/T-/N-, and A+/T+orN+. According to A/T/N-classification, A-/T-/N- was defined as controls, and A-/T+orN+, A+/T-/N-, and A+/T+orN+ were defined as cases.

To increase statistical power and reduce the number of comparisons, we chose to combine T+ and N+ subjects in the categories A–/T+orN+ and A+/T+orN+. Also, it is clinically relevant to distinguish between subjects with biomarker evidence of cerebral amyloidosis, and normal levels of both CSF tau- and p-tau, or at least one of them present (T+ or N+, or both), as these groups are assumed to be further downstream in the AD disease trajectory. It should also be noted, that CSF p-tau does not always correlate with NFTs verified with tau-PET or autopsy [39, 40], which supports our decision to merge T+/– and N+/– into one group (A+/T+orN+).

Our main aim was to investigate the relationship between amyloid positive subjects and controls, and not to investigate suspected non-Alzheimer disease pathologies (SNAP), which was also the rationale for not contrasting T+/– and N+/– in amyloid negative subjects in the A–/T+orN+ category [41].

## MRI acquisition

MRI data from six sites, acquired across seven 1.5 Tesla and four 3.0 TeslaMRI systems, were included in the study. Scanners with a total number of scans less than 10 were excluded to avoid introducing too much noise caused by technical variability. All MRI analyses were based on volumetric T1-weighted scans, with scan-parameters detailed in Table 1.

# Image postprocessing

We used the following method of automated segmentation: Automatic Segmentation of Hippocampal Subfields (ASHS) for total MTL volumes. This method provides fully automated segmentation, and the software is free, open-source and available online (https://www.nitrc.org/projects/ashs/. To reduce the number of comparisons, all volumes were averaged across the hemispheres. All images were manually inspected by trained physicians (J. Jarholm, P. Selnes) for quality and correct segmentation after postprocessing.

The technical details of the ASHS segmentation protocol have been described earlier by Yushkevich et al. [34], and the segmentation algorithm intended for T1-weighted (T1w) MR images (ASHS-T1) was used to label and measure volumes of ERC, BA 35 and 36, parahippocampal cortex (PHC), and the anterior and posterior hippocampus [42]. The reference cohort for the ASHS-PMC-T1 atlas includes subjects from the age of 54 to 88 [43]. At baseline, we had 63 of 368 (17.1%) subjects with clinical staging and 61 of 385 (15.8%) with A/T/N classification below the age of 54.

# APOE genotyping

EDTA blood samples were analyzed to determine *APOE* genotype at Akershus University Hospital (Gene technology division, Department of interdisciplinary Laboratory Medicine and Medical biochemistry) by use of a real-time PCR in combination with a TaqMan assay (Applied biosystems, Thermo Fisher Scientific, Waltham, USA).

## Statistical analyses

Statistical analyses were performed in R version 4.0.5 [44]. To deal with variability in image quality and contrast due to different scanners, we used longitudinal ComBat, a recently published harmonization method originally developed for genomics, using an empirical Bayesian approach intended for longitudinal neuroimaging data [45]. Longitudinal ComBat imaging data was determined based on cognitive staging by amyloid status, or by A/T/N classification; and scanner, age at baseline, gender, and *APOE*  $\varepsilon$ 4 car-

rier status were included in the model. According to Voevodskaya et al. [46], we also chose to include ICV (obtained from each scan) as a covariate. After combat harmonization, scanner was not a significant covariate in the linear mixed model, and was therefore not included. We used linear mixed effects models to evaluate group differences at baseline in cortical or hippocampal regional volumes. We accounted for repeated measures by adding subject as a random effect. The groups were categorized either based on cognitive staging by amyloid status or A/T/N classification.

Baseline differences in cortical or hippocampal volumes are referred to as "volume differences". In addition, we added a group-by-time interaction to assess longitudinal differences between groups. A significant negative time interaction was considered as a longitudinal negative change in volume compared to the reference group, also referred to as "atrophy". The models were adjusted for age, gender, APOE ɛ4 carrier status, and ICV as fixed effects, and subjects as random effect. For the analyses of regional differences according to staging and amyloid-status or by A/T/N-classification, we used Holm-Bonferroni to adjust the *p*-value for multiple comparisons. The baseline results from the linear mixed effects model were used for supplementary receiver operating characteristic (ROC) analysis. To assess the performance of medial temporal volumes for classification between healthy controls and predementia AD, we plotted a ROC curve using baseline ERC and posterior hippocampus volumes (corrected for age and ICV using linear regression) as predictor variables against: 1) baseline NC A- versus MCI A+, and 2) baseline CSF biomarker negative (A-/T-/N-) versus A+/T+orN+ (in two separate models).

## RESULTS

#### Subject characteristics

Of the 700 subjects fulfilling the DDI inclusion criteria and included between December 2013 and March 2020, 512 had MRI volumetry-data available from ASHS. 406 of these had available cognitive and amyloid data and could be staged based on cognitive data and amyloid status or classified according to the A/T/N-system. Due to missing CSF, one subject could not be classified according to A/T/N, but amyloid status was available from amyloid-PET <sup>18</sup>F-flutemetamol. Further details on patient selection including subjects with available follow-up data are

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Scanner details (Site)	Stage by amyloid status	A/T/N– classification
Philips Achieva (3.0T) (Oslo)	36	31
Turbo field echo: TR/TE/TI = $6.7/3.1/853$ ; FA = $8^{\circ}$ ; matrix = $256 \times 256$ ; 170 slices,		
thickness = $1.2 \text{ mm}$ , in-plane resolution $1 \text{ mm}^2$		
Philips Ingenia (3.0T) (Oslo)	111	98
Turbo field echo: TR/TE/TI = $4.7/2.3/853$ ms; FA = $8^{\circ}$ ; matrix = $256 \times 256$ , 184		
slices, thickness = $1 \text{ mm}$ , in-plane resolution $1 \text{ mm}^2$		
Siemens Prisma (3.0T) (Oslo)	41	40
Magnetization-prepared rapid gradient-echo: TR/TE/TI = 2200/1.47/900 ms;		
$FA = 8^{\circ}$ ; matrix = 256 × 256; 320 slices, thickness = 1 mm, in-plane resolution 1		
mm <sup>2</sup>		
Siemens Avanto (1.5T) (Oslo)	32	32
Turbo field echo: TR/TE/TI = $1800/3.92/905$ ms; FA = $8^{\circ}$ ; matrix = $256 \times 256$ , 160		
slices, thickness = 1 mm, in-plane resolution 1 mm <sup>2</sup>		
Philips Ingenia (1.5T) (Stavanger)	110	123
Turbo field echo: TR/TE/TI = $7.55/3.43/930$ ms; FA = $8^{\circ}$ , matrix = $256 \times 256$ , 157		
slices, thickness = 1 mm, in-plane resolution 1 mm <sup>2</sup>		
Siemens Avanto (1.5T) (Haugesund)	21	21
Magnetization-prepared rapid gradient-echo: TR/TE/TI = 1700/2.42/1000 ms;		
$FA = 15^{\circ}$ ; matrix = 256 × 233; 144 slices, thickness = 1.2 mm, in-plane resolution		
1.1 mm <sup>2</sup>		
Siemens Avanto (1.5T) (Stord)	16	22
Turbo field echo: TR/TE/TI = $1700/2.42/1000$ ms; FA = $15^{\circ}$ ; matrix = $256 \times 256$ ,		
144 slices, thickness = 1 mm, in-plane resolution $1 \text{ mm}^2$		
GE Optima (1.5T) (Bergen)	135	151
Fast spoiled gradient-echo: TR/TE/TI = $11.3/5.04/500$ ms; FA = $10^{\circ}$ ;		
matrix = $256 \times 256$ ; 156 slices, thickness = 1.2 mm, in-plane resolution 1 mm <sup>2</sup>		
Siemens Avanto 1 (1.5T) (Trondheim)	14	14
Turbo field echo: TR/TE/TI = $1190/3.1/750$ ms; FA = $15^{\circ}$ ; matrix = $246 \times 256$ , 144		
slices, thickness = 1 mm, in-plane resolution 1 mm <sup>2</sup>		
Siemens Avanto 2 (1.5T) (Trondheim)	20	21
Turbo field echo: $TR/TE/TI = 1190/3.1/750 \text{ ms}$ ; $FA = 15^{\circ}$ ; matrix = $256 \times 256$ , 144		
slices, thickness = $1 \text{ mm}$ , in-plane resolution $1 \text{ mm}^2$		
Siemens Skyra (3.0T) (Tromsø)	84	92
Magnetization-prepared rapid gradient-echo: TR/TE/TI = 2300/2.98/900 ms;		
$FA = 9^\circ$ ; matrix = 256 × 256; 176 slices, thickness = 1.2 mm, in-plane resolution 1		
mm <sup>2</sup>		
Total number of scans	620	645

Table 1
Scanner overview

Scanner overview of total number of scans, by clinical group. All assessments are included. Scanners with less than 10 scans in total were excluded to reduce scanner noise before adjusting for scanner effects by longitudinal ComBat.

described in Fig. 1 (flowchart). The mean age (years) was higher in SCD A+ (69.0) and MCI A+ (67.6) compared to NC– (60.4), and higher in A+/T–/N– (68.0) and A+/T+or N+(67.3) compared to A–/T–/N– (61.1). *APOE*  $\varepsilon$ 4 carrier status was higher in MCI A+ compared to NC–, and higher in both A+/T–/N– and A+/T+ or N+ compared to A–/T–/N–. Detailed demographic data and group differences are presented in Table 2, and baseline and follow-up diagnoses are presented in Table 3A and 3B.

# Group differences by staging and amyloid status

Baseline subregional volumes, and baseline- and longitudinal differences according to cognitive stag-

ing by amyloid status are described in Table 4A, detailed results from linear mixed regression models are described in Table 5A, and graphical presentation of longitudinal subregional volume change is presented in Fig. 2A.

In amyloid positive MCI compared to amyloid negative controls, there were significantly smaller volumes in ERC, anterior and posterior hippocampus (all p < 0.01), while BA35 were borderline significant smaller (p = 0.056).

Compared to amyloid negative normal controls, there were no significant baseline volume differences in neither amyloid negative nor positive SCD. Between baseline and last follow-up, there was no significant volume loss in normal controls (A–).



Fig. 1. Flow-chart of participant selection from the DDI-cohort. A cohort of 406 subjects had baseline MRI data with ASHS (Automated segmentation of Hippocampal Subfields). Subjects included in the left arm had available A/T/N-classification at baseline, and subjects included in the right arm had available cognitive staging and amyloid status.

Compared to controls, significantly more atrophy (p < 0.001) was found in amyloid positive SCD in both anterior and posterior hippocampus (i.e., significantly more volume loss between baseline and follow-up in amyloid positive SCD than controls). MCI A+ had significant atrophy in ERC, PHC, anterior and posterior hippocampus (p < 0.001).

# Group differences by A/T/N classification

Baseline subregional volumes, and baseline and longitudinal differences according to A/T/N classification are described in Table 4B, detailed results from linear mixed regression models are described in Table 5B, and a graphical presentation of longitudinal subregional volume change is presented in Fig. 2B.

Compared to A–/T–/N–, A+/T+orN+ had smaller ERC and posterior hippocampus, while the remaining MTL subregions were not significantly different. There were no baseline differences in the examined MTL subregions in A+/T–/N– compared to A–/T–/N–.

Between baseline and last follow-up, there was no significant volume loss in A-/T-/N-.

Except for BA 36, there was significantly more atrophy (longitudinal volume loss) in all examined subregional volumes in both A+/T-/N- and A+/T+ or N+, compared to A-/T-/N- (p < 0.01 for all results).

# ROC analysis

We found consistent baseline differences between amyloid positive MCI and amyloid negative controls, and between A+/T+ or N+ and biomarker negative controls. ERC and posterior hippocampus were the only subregions with highly significant (p < 0.001)lower baseline volumes in both MCI A+ compared to NC A-, and in A+/T+orN+ compared to A-/T-/N-. A supplementary ROC-analysis was therefore carried out to assess the clinical utility of these baseline subregional volumes to classify between these groups. We examined the performance in discriminating AD and controls based on clinical staging or A/T/N-classification. For subjects stratified according to stage and amyloid status, the ERC and the posterior hippocampus showed similar performance when classifying between normal amyloid negative controls (NC A-) and amyloid positive mild cognitive impairment (MCI A+) (posterior hippocampus had an Area Under the Curve (AUC) of 0.672 and ERC had AUC of 0.717). ERC and posterior hippocampus also had similar performance in classifying between biomarker negative controls (A-/T-/N-) and A+/T+ or N+ (ERC had AUC of 0.659, and posterior hippocampus had AUC of 0.722).

# DISCUSSION

In this study, we investigated patterns of MTL atrophy in a well-defined multi-center clinical predementia cohort. Cross-sectionally, SCD A+ and A+/T-/N- compared to their respective controls, had no MTL subregions with lower baseline volumes, while more MTL subregions had lower baseline volumes in MCI A+ and in A+/T+ or N+ compared to their respective controls. Longitudinally, we found significantly more atrophy in several MTL subregions in both SCD A+ and MCI A+ compared to NC A-, as well as in A+/T-/N- and A+/T+ or N+ compared to A-/T-/N-.

Although we did not find cross-sectional group differences in several of the AD predilection regions, we did find longitudinal volume loss in the same areas, pointing towards these regions still being relevant as AD predilection sites also in this multi-site cohort. Also, we found that cerebral amyloid pathology combined with presence of objective cognitive decline, or CSF biomarker evidence of NFTs or neurodegeneration (pathological t-tau or p-tau), predicted more widespread and accelerated longitudinal volume loss in MTL.

Our results are mainly in line with the distribution of neurodegenerative pathology according to the Braak NFT staging, where NFT pathology initially appears in the TEC (Braak stage 1) and ERC (Braak stage 1-2), but also relatively early in hippocampus (CA1 in Braak stage 2) [2]. It is widely accepted that NFT distribution and subregional atrophy in AD approximately share the same distribution pattern in AD, and the link between NFT and neuronal loss have been demonstrated experimentally [3]. In MRI studies, early AD related atrophy has been demonstrated in subregions affected in the first Braak stages, like ERC [26, 47-49] and TEC [19, 22, 23]. Although more studies have pointed to early atrophy in CA1, results from previous hippocampal volumetry studies are conflicting for many subfields [24, 25]. Variability in these results could possibly be related to the use of different protocols for delineation of these structures, but it may also be explained the fact that many of these studies were performed on T1-images with approximately 1 mm<sup>3</sup> resolution, were the reliability of these subfields estimates may be questionable [33].

	Total	NC A-	SCD A-	SCD A+	MCI A-	MCI A+	A_/T_/N_	A_/T+ or N+	A+/T_/N_	A+/T+ or N+
	(N=406)	(N=58)	(N=114)	(N = 44)	(N=74)	(N = 78)	(N=222)	(N=22)	(N=65)	N=76
Age	63.7 (9.22)	60.4 (9.03)	61.0 (8.47)	69.0 (6.78)***	61.1 (9.61)	67.6 (7.67)***	61.1 (8.67)	61.9 (10.7)	68.0 (6.71)***	67.3 (8.32)***
Mean (SD)										
Female/Total	222/406	33/58	60/114	24/44	47/74	39/78	123/222	10/22	38/65	34/76
Female%	(54.7%)	(56.9%)	(52.6%)	(54.5%)	(63.5%)	(50.0%)	(55.4%)	(45.5%)	(58.5%)	(44.7%)
APOE ε4 carrier/Total	203/406	27/58	34/114***	29/44	30/74*	61/78***	77/222	9/22	45/65	60/76
(APOE ε4 carrier %)	50.0%)	(46.6%)	(29.8)	(65.9%)	(40.5%)	(78.2%)	(34.7%)	(40.9%)***	(69.2%)***	(78.9%)***
MMS-SE total score	29 (2.0)	30 (1.75)	30 (1.0)	29 (2.0)*	29 (3.0)***	27 (3.0)***	29 (2.0)	29.5 (1.0)	28 (3.0)***	27 (3.0)***
Median (IQR)	(N = 403)	(N = 58)	(N = 114)	(N = 44)	(N = 73)	(N = 77)	(N = 220)	(N = 22)	(N = 65)	(N = 76)
Geriatric Depression Scale	1 (2.0)	0 (1.0)	2 (3.0)***	2 (2.5)***	2.50 (4.0)***	2 (2.0)***	1 (2.0)	1 (1.0)	2 (2.0)	1 (3.0)
Median (IQR)	(N = 388)	(N = 64)	(N = 108)	(N = 44)	(N = 78)	(N = 75)	(N = 211)	(N = 21)	(N = 64)	(N = 71)
CERAD delayed recall	6 (4.0)	8(2.0)	8 (3.0)	7 (3.0)**	5 (3.0)***	3 (4.0)***	7 (3.5)	7.5 (2.0)	5.5 (4.0)***	3 (5.0)***
Median (IQR)	(N = 402)	(N = 58)	(N = 113)	(N = 43)	(N = 73)	(N = 79)	(N = 219)	(N = 22)	(N = 63)	(N = 76)
Education years	13 (4.0)	14 (4.0)	14 (4.0)	13 (5.0)	13 (4.25)	13 (4.0)	14 (4.0)	12.5 (4.0)	15 (5.0)	13 (4.0)
Median (IQR)	(N = 400)	(N = 58)	(N = 113)	(N = 44)	(N = 72)	(N = 76)	(N = 221)	(N = 22)	(N = 64)	(N = 75)
Longitudinal cases/Total	229/406	35/58	73/114	27/44	39/74	32/78**	132/222	13/22	36/65	31/76**
(%)	(56.4%)	(60.3%)	(64.0%)	(61.4%)	(52.7%)	(41.0%)	(59.5%)	(59.1%)	(55.4%)	(40.8%)
Total years of follow-up	2.18 (1.80)	2.17 (0.72)	2.17 (0.75)	2.34 (2.01)	2.64 (1.93)	2.06 (1.72)*	2.17 (1.78)	2.26 (1.35)	2.18 (2.07)	2.15 (1.77)**
(longitudinal cases)	(N = 229)	(N = 35)	(N = 73)	(N = 27)	(N = 39)	(N = 32)	(N = 132)	(N = 13)	(N = 36)	(N = 31)
Median (IQR)										
Cerebrospinal fluid $A\beta_{42/40}$	0.094 (0.017)	0.100 (0.016)	0.106 (0.012)*	0.054 (0.015)***	0.100 (0.017)	0.051 (0.011)***	0.103 (0.014)	0.108 (0.020)	0.057 (0.013)***	0.049 (0.011)***
ratio	(N=384)	(N = 53)	(N = 105)	(N=43)	(N = 70)	(N = 76)				
Median (IQR)										
Cerebrospinal fluid total-tau	330.0 (229.5)	270.0 (147.0)	280.0 (130)	425.0 (264)***	267.5 (171)	586.0 (533.8)***	260 (123.0)	476 (134.5)***	352.5 (104.8)***	777 (421.5)***
Median (IQR)	(N=391)	(N = 55)	(N = 108)	(N=43)	(N = 72)	(N = 76)				
Cerebrospinal fluid	54.0 (28.5)	48.0 (15.0)	48.5 (17.3)	67.0 (30.5)***	47.4 (18.5)	81.5 (58.8)***	46 (16.0)	79 (13.5)***	57 (13.5)***	97.5 (48.0)***
phosphorylated-tau	(N = 391)	(N = 55)	(N = 108)	(N = 43)	(N = 72)	(N = 76)				
Median (IQR)	. ,			· · ·	. ,					

 Table 2

 Baseline cohort demographics stratified by stage and amyloid status, and by A/T/N–classification

Mean and standard deviation (SD) are shown for continuous data with normal distribution, group differences were assessed by independent samples *t*-tests. Median and interquartile range are shown for continuous data with non-normal distribution, group differences were evaluated by Mann-Whitney U tests. Frequencies and percentages are shown for categorical variables, group differences evaluated by chi-square tests. In all the statistical tests, SCD–, SCD+, MCI–, and MCI+ were compared to NC–, and A–/T+ or N+, A+/T–/N–, and A+/T+ or N+ were compared to A–/T–/N–. The column named Total included all subjects with ASHS (Automated segmentation of hippocampal subfields) -data that were possible to classify according to staging and amyloid-status, or according to the A/T/N-system. Test results with p < 0.05 (\*), p < 0.01 (\*\*\*) indicated significant results. Adjustments for multiple comparisons were not performed for these data.

A) Stage by amyloid	1											
				Stag	e by amyloid	status at last	follow-up				No stage at last follow-up	Total
Stage by amyloid	NC A-	NC A+	AC A-	AC A+	SCD A-	SCD A+	MCI A-	MCI A+	Dem A-	Dem A+		
at baseline												
NC A-	22	1	2	0	1	1	0	0	0	0	8	35
SCD A-	0	0	0	0	53	0	6	1	0	0	13	73
SCD A+	0	0	0	0	1	18	0	5	0	2	1	27
MCI A-	0	0	0	0	9	2	18	2	0	0	8	39
MCI A+	0	0	0	0	0	3	0	19	0	10	0	32
Total	22	1	2	0	64	24	24	27	0	12	30	206

Table 3 Overview of baseline diagnosis (stage by amyloid or A/T/N-classification), and diagnosis at last follow-up

Stage by amyloid status at baseline (only subjects with at least one follow-up), and diagnosis at last follow-up. NC, normal controls; AC, abnormal controls; SCD, subjective cognitive decline; MCI, mild cognitive impairment; A–, amyloid negative, A+, amyloid positive).

B) A/1/N–classificatio	on							
	A/T/N–classification at last follow-up No ATN-stal last follow							
A/T/N-classification	A-/T-/N-	A–/T+ or N+	A+/T-/N-	A+/T+ or N+				
at baseline								
A-/T-/N-	88	4	1	0	31	132		
A–/T+ or N+	5	6	0	0	2	13		
A+/T-/N-	6	0	19	1	8	36		
A+/T+ or N+	2	1	8	30	0	31		
Total	101	11	28	31	41	212		

Stage by A/T/N-classification at baseline (only subjects with at least one follow-up), and classification at last follow-up.

There are several possible explanations for the difference between our results and the studies reporting greater atrophy in TEC compared to ERC. In contrast to Xie et al., where ASHS-T1 thickness-based estimates of MTL cortex were used in a preclinical AD cohort [22], we used the same software to generate volume estimates, possibly explaining the different findings. The depth of the collateral sulcus greatly affects the location of BA35 in relation to ERC [50]. Even if both manual and automated delineation of these subregions accounts for the depth of the collateral sulcus, we cannot exclude deviations from the true borders based on cytoarchitectonic criteria, and this may possibly cause variability across study samples. Because volumes are also highly correlated to head-size and thus more challenging to interpret statistically, measures of thickness has usually been favored as a measure of cortical atrophy [51]. However, it was only possible to extract MTL cortex volume estimates from ASHS with the MRI sequences available in our study. Additionally, differences in clinical definition of predementia stages

of AD, and differences in biomarker cut-offs may explain discrepancies.

The ASHS-T1 pipeline provides anterior-posterior segmentation of the hippocampus, but not detailed hippocampal subfield segmentation. For the ASHS-T1 pipeline, the anterior hippocampus includes the hippocampal head, and the last portion of the uncus defines the border between the anterior and posterior hippocampus, whilst the posterior hippocampus includes the body and tail [42, 52]. Our results suggest early volume-loss in both anterior and posterior hippocampus, where the posterior hippocampus seems to undergo atrophy at an earlier stage than the anterior, and possibly at a similar timepoint as ERC. Baseline volumes of the posterior hippocampus (but not anterior) were lower in A+/T+ or N+ compared to A-/T-/N-, and both the anterior and posterior hippocampus were smaller in amyloid positive MCI compared to amyloid negative normal controls (but more significant in posterior compared to anterior). Both the anterior and posterior hippocampus had significantly more longitudinal volume loss in both



# A) Stage and amyloid-status

Fig. 2. Graphics: MTL subregional longitudinal volume loss. Longitudinal plots of ERC and Posterior hippocampus volume loss according to A) Clinical staging and amyloid status and B) A/T/N classification.

amyloid positive SCD and MCI compared to amyloid negative controls, while there was not significantly more ERC volume loss in amyloid positive SCD compared to controls.

The differences in atrophy across the anteriorposterior axis is not fully in line with the pattern described Braak and Braak [2]. This raises the question whether other mechanisms than NFT pathology could explain the relatively early occurring neuronal loss of the hippocampus, and in the posterior subregion in particular.

Diaschisis could be a possible mechanism responsible for atrophy in these subregions, where impaired neuronal function occur in areas that are neuronally connected but distant from the origin of neuropathology [53]. The perforant pathway connects the ERC to several hippocampal subfields [54], and early AD related atrophy in the hippocampus may be related to

#### Table 4

Mean (SD) of baseline MTL (medial temporal lobe) subregional volumes (raw volumes, not corrected for intracranial volume, given in mm<sup>3</sup>) by stage and amyloid status (A), and ATN-classification (B). ASHS (Automated Segmentation of Hippocampal Subfields) were used to determine volumes of extrahippocampal subregions, anterior and posterior hippocampus. Group differences were assessed by linear mixed models. SCD A–, SCD A+, MCI A– and MCI A+ were compared to NC A–, and A–/T+ or N+, A+/T–/N–, and A+/T+ or N+ were compared to A–/T–/N–. We used Holm-Bonferroni to adjust for multiple comparisons, and adjusted values of p < 0.05 (\*), p < 0.01 (\*\*), and p < 0.001 (\*\*\*) indicated significant results. Significant results at baseline were given on the left side of the «/», and significant results longitudinally were given on the right side of the «/» (i.e., A+/T–/N– compared to A–/T–/N–, Entorhinal cortical volume was not significantly different at baseline, but had significant volume-loss longitudinally, expressed as «n.s./\*\*\*» in the table

A) MTL by stage and amyloid	status					
MTL subregion	Total	NC A-	SCD A-	SCD A+	MCI A-	MCI A+
Longitudinal cases/Total	206/368	35/58	73/114	27/44	39/74	32/78
(% longitudinal cases)	(56.0%)	(60.3%)	(64.0%)	(61.4%)	(52.7%)	(41.0%)
Entorhinal cortex						
Mean in mm <sup>3</sup> (SD)	591 (97.7)	620 (82.1)	603 (104.0)	591 (79.9)	614 (85.4)	532 (95.6)
Baseline/longitudinal results						***/***
BA 35	591 (100)	605 (85.5)	608 (94.9)	610 (96.0)	604 (93.7)	533 (107)
Mean in mm <sup>3</sup> (SD)						
Baseline/longitudinal results						
BA 36	1910 (335)	1980 (320.0)	2000 (346)	1890 (314)	1870 (335)	1790 (298)
Mean in mm <sup>3</sup> (SD)						
Baseline/longitudinal results						
РНС	996 (145)	988 (126)	1050 (137)	991 (153)	998 (139)	924 (143)
Mean in mm <sup>3</sup> (SD)						n.s./***
Baseline/longitudinal results						
Anterior hippocampus	1720 (289)	1750 (217)	1740 (288)	1810 (258)	1770 (283)	1560 (303)*/***
Mean in $mm^3$ (SD)				n.s./***		
Baseline/longitudinal results						
Posterior hippocampus	1630 (199)	1660 (166)	1680 (174)	1660 (208)	1680 (187)	1490 (198)***/***
Mean in mm <sup>3</sup> (SD)				n.s./***		
Baseline/longitudinal results						
B) MTL by A/T/N-classification	on					
MTL subregion	Total	A–/T	-/N-	A-/T+ or N+	A+/T-/N-	A+/T+ or N+
	(N = 385)	(N = 1)	222)	(N = 22)	(N = 65)	(N = 76)
Longitudinal cases/Total	212/385	132/	/222	13/22	36/65	31/76
(% longitudinal cases)	(55.1%)	(59	5%)	(59.1%)	(55.4%)	(40.8%)

T 1 11 1 (77) 1	212/205	100 000	12 /22	2445	21/2/
Longitudinal cases/Total	212/385	132/222	13/22	36/65	31//6
(% longitudinal cases)	(55.1%)	(59.5%)	(59.1%)	(55.4%)	(40.8%)
Entorhinal cortex					
Mean in mm <sup>3</sup> (SD)	592 (99.2)	613 (92.4)	624 (121.0)	572 (94.5)	541 (95.8)
Baseline/longitudinal results				n.s./***	***/***
BA 35					
Mean in mm <sup>3</sup> (SD)	589 (101.0)	605 (93.3)	594 (96.4)	566 (99.9)	563 (118)
Baseline/longitudinal results				n.s./***	n.s./*
BA 36					
Mean in mm <sup>3</sup> (SD)	1910 (333.0)	1960 (337.0)	1940 (383.0)	1830 (286.0)	1830 (320)
Baseline/longitudinal results					
РНС					
Mean in mm <sup>3</sup> (SD)	994 (148.0)	1020 (138.0)	1030 (161)	929 (130.0)	956 (163.0)
Baseline/longitudinal results				n.s./**	n.s./***
Anterior hippocampus					
Mean in mm <sup>3</sup> (SD)	1720 (294.0)	1760 (272.0)	1750 (308)	1700 (301.0)	1590 (317.0)
Baseline/longitudinal results				n.s./***	n.s./***
Posterior hippocampus					
Mean in $mm^{3}$ (SD)	1630 (207)	1690 (180.0)	1660 (182.0)	1590 (182)	1500 (245.0)
Baseline/longitudinal results		. ,	. ,	n.s./***	***/***

disconnection of hippocampal structures from ERC [55, 56].

An increasing body of evidence indicates that the anterior and posterior hippocampus may be functionally distinct units. The anterior hippocampus is mainly connected to limbic structures and involved in the dorsal attention network, while the posterior hippocampus is mainly connected to the parahippocampal cortex and involved in the default mode network. In contrast, the intrinsic connections

A) Subjects groupe	ed by sta	ge and amyloid stat	tus										
Model		Entorhinal c stage by a	cortex $\sim$ myloid	BA 35 ~ amyl	stage by oid	BA 36 $\sim$ s by amyle	stage bid	$PHC \sim stage$	by amyloid	Anterior hippocampus ~ stage by amyloid		Posterior hippocampus $\sim$ stage by amyloid	
Parameter	df	Coef. (std.) [95% CI]	р	Coef. (std.) [95% CI]	р	Coef. (std.) [95% CI]	р	Coef. (std.) [95% CI]	р	Coef. (std.) [95% CI]	р	Coef. (std.) [95% CI]	р
Intercept	604	0.21 [-0.03, 0.45]	<0.001	0.10 [-0.15, 0.35]	<0.001	0.08 [-0.14, 0.31]	<0.001	-0.09 [-0.35, 0.18]	<0.001	0.10 [-0.14, 0.35]	<0.001	0.28 [0.03, 0.52]	<0.001
Age	604	-0.14 [-0.23, -0.04]	0.004	-0.27 [-0.37, -0.17]	<0.001	-0.25 [-0.34, -0.17]	<0.001	-0.25 [-0.36, -0.15]	<0.001	-0.19 [-0.28, -0.09]	<0.001	-0.08 [-0.18, 0.01]	0.083
Gender	604	0.20 [-0.01, 0.40]	0.057	-0.07 [-0.27, 0.14]	0.531	0.29 [0.11, 0.48]	0.002	-0.03 [-0.24, 0.19]	0.797	0.11 [-0.09, 0.31]	0.274	0.01 [-0.19, 0.22]	0.912
APOE ɛ4	604	-0.05 [-0.23, 0.13]	0.595	0.01 [-0.18, 0.20]	0.912	-0.07 [-0.24, 0.09]	0.387	-6.56e-03 [-0.21, 0.19]	0.949	-0.09 [-0.27, 0.10]	0.366	-0.22 [-0.40, -0.03]	0.020
ICV	604	0.31 [0.21, 0.40]	<0.001	0.34 [0.24, 0.43]	<0.001	0.43 [0.35, 0.51]	<0.001	0.21 [0.11, 0.30]	<0.001	0.34 [0.25, 0.42]	<0.001	0.39 [-1.19, -0.59]	<0.001
SCD A-	604	-0.22 [-0.48, 0.04]	1.00	0.01 [-0.25, 0.27]	0.948 / 1.00	-0.03 [-0.26, 0.21]	1.00	0.39 [0.11, 0.67]	0.151	-0.09 [-0.35, 0.17]	1.00	-0.04 [-0.31, 0.22]	1.00
SCD A+	604	-0.24 [-0.57, 0.10]	1.00	0.18 [-0.16, 0.52]	0.120/ 1.00	-0.08 [-0.38, 0.23]	1.00	0.16 [-0.20, 0.53]	1.00	0.26 [-0.08, 0.60]	0.591	-0.05 [-0.39, 0.29]	1.00
MCI A-	604	-0.09 [-0.37, 0.19]	1.00	4.24e-04 [-0.29, 0.29]	0.976/ 1.00	-0.34 [-0.59, -0.08]	0.538	0.04 [-0.27, 0.35]	1.00	0.02 [-0.26, 0.31]	1.00	-7.99e-03 [-0.28, 0.29]	1.00
MCI A+	604	-0.92 [-1.22, -0.62]	<0.001	-0.57 [-0.87, -0.27]	0.056	-0.41 [-0.68, -0.14]	0.276	-0.37 [-0.69, -0.05]	1.00	-0.59 [-0.89, -0.29]	0.032	-0.89 [-1.19, -0.59]	<0.001
Time	604	0.01 [-0.07, 0.09]	0.773	0.01 [-0.06, 0.08]	0.779	0.05 [-0.01, 0.10]	0.092	0.03 [-0.03, 0.08]	1.00	0.06 [0.01, 0.10]	0.018	0.05 [-0.01, 0.11]	0.077
SCD A- atrophy	604	0.02 [-0.08, 0.11]	1.00	0.03 [-0.06, 0.11]	1.00	-3.75e-03 [-0.07, 0.06]	1.00	-1.91e-03 [-0.06, 0.06]	1.00	-0.01 [-0.07, 0.04]	1.00	-0.02 [-0.09, 0.05]	1.00
SCD A+ atrophy	604	-0.14 [-0.25, -0.03]	0.187	-0.13 [-0.23, -0.03]	0.164	-0.05 [-0.12, 0.03]	0.231	-0.10 [-0.17, -0.02]	0.164	-0.14 [-0.20, -0.08]	<0.001	-0.20 [-0.28, -0.12]	<0.001
MCI A- atrophy	604	-0.07 [-0.17, 0.03]	1.00	6.54e-03 [-0.08, 0.10]	0.885	-0.07 [-0.14, 0.00]	0.490	-0.05 [-0.12, 0.01]	1.00	-0.06 [-0.11, 0.00]	0.587	-0.07 [-0.15, 0.00]	0.595
MCI A+ atrophy	604	-0.25 [-0.37, -0.14]	<0.001	-0.14 [-0.24, -0.04]	0.137	-0.10 [-0.18, -0.03]	0.137	-0.19 [-0.27, -0.12]	<0.001	-0.16 [-0.23, -0.10]	<0.001	-0.23 [-0.31, -0.15]	<0.001

Table 5 Results from linear mixed regression models of medial temporal lobe volumes. Baseline group differences by stage and amyloid status, or by A/T/N-classification, were calculated by using subregional volume as dependent variable, gender, age and stage as fixed effects, and subject as random effects. Additionally, time interaction with stage or by A/T/N were added as a fixed effect to model longitudinal changes in subregional volumes

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(Continued)

Tab	ole	5	
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B) Subjects grouped by	A/T/N	-classification.												
Model		Entorhinal cortex $\sim$ A/T/N–classification		BA 35 ~ A/T/N–classification		BA 36 A/T/N–class	BA 36 ~ A/T/N–classification		PHC $\sim$ A/T/N–classification		Anterior hippocampus $\sim$ A/T/N–classification		Posterior hippocampus $\sim$ A/T/N–classification	
Parameter	df	Coef. (std.)	р	Coef. (std.)	р	Coef. (std.)	р	Coef. (std.)	р	Coef. (std.)	р	Coef. (std.)	р	
Intercept	631	0.10 [-0.06, 0.25]	<0.001	0.13	<0.001	-0.03 [-0.17, 0.11]	<0.001	0.17 [0.01, 0.34]	<0.001	0.08 [-0.08, 0.23]	<0.001	0.32 [0.16, 0.47]	<0.001	
Age	631	-0.14 [-0.23, -0.05]	0.003	-0.26 [-0.35, -0.16]	<0.001	-0.27 [-0.35, -0.18]	<0.001	-0.26 [-0.36, -0.16]	<0.001	-0.20 [-0.29, -0.11]	<0.001	-0.09 [-0.18, 0.00]	0.050	
Gender	631	0.15 [-0.05, 0.36]	0.135	-0.08 [-0.29, 0.13]	0.454	0.29 [0.11, 0.48]	0.002	-0.06 [-0.27, 0.16]	0.608	0.12 [-0.08, 0.32]	0.250	-0.05 [-0.25, 0.15]	0.647	
APOE ε4	631	-0.05 [-0.23, 0.14]	0.627	-0.05 [-0.24, 0.14]	0.607	-0.10 [-0.27, 0.06]	0.227	-0.09 [-0.29, 0.10]	0.354	-0.10 [-0.29, 0.08]	0.279	-0.21 [-0.39, -0.03]	0.025	
ICV	631	0.34 [0.24, 0.43]	<0.001	0.35 [0.25, 0.45]	<0.001	0.42 [0.34, 0.51]	<0.001	0.25 [0.15, 0.34]	<0.001	0.34 [0.26, 0.43]	<0.001	0.43 [0.34, 0.52]	<0.001	
A–/T+ or N+	631	0.14 [-0.22, 0.51]	1.00	-0.05 [-0.43, 0.33]	1.00	0.03 [-0.30, 0.37]	1.00	0.10 [-0.29, 0.49]	1.00	0.04 [-0.33, 0.41]	1.00	-0.03 [-0.40, 0.33]	1.00	
A+/T-/N-	631	-0.34 [-0.59, -0.09]	1.00	-0.23 [-0.50, 0.03]	1.00	-0.09 [-0.32, 0.14]	1.00	-0.44 [-0.70, -0.17]	0.127	-0.04 [-0.29, 0.22]	1.00	-0.39 [-0.64, -0.14]	0.571	
A+/T+or N+	631	-0.69 [-0.94, -0.45]	<0.001	-0.25 [-0.50, 0.01]	1.00	-0.17 [-0.39, 0.05]	1.00	-0.28 [-0.55, -0.02]	1.00	-0.44 [-0.68, -0.19]	0.115	-0.79 [-1.04, -0.55]	<0.001	
Time	631	1.28e-03 [-0.04, 0.04]	0.949	0.03 [-0.01, 0.06]	0.152	0.01 [-0.01, 0.04]	0.303	9.14e-03 [-0.02, 0.04]	0.538	0.03 [0.01, 0.06]	0.011	0.02 [-0.01, 0.05]	0.139	
A-/T+or N+ atrophy	631	-0.02 [-0.14, 0.10]	1.00	-6.68e-03 [-0.12, 0.10]	1.00	0.07 [-0.01, 0.16]	0.607	-0.01 [-0.09, 0.07]	1.00	0.01 [-0.06, 0.08]	1.00	7.41e-03 [-0.08, 0.09]	1.00	
A+/T-/N- atrophy	631	-0.18 [-0.26, -0.10]	<0.001	-0.16 [-0.24, -0.09]	<0.001	-0.03 [-0.09, 0.02]	1.00	-0.10 [-0.15, -0.04]	0.005	-0.11 [-0.16, -0.07]	<0.001	-0.17 [-0.23, -0.11]	<0.001	
A+/T+ or N+ atrophy	631	-0.21 [-0.30, -0.12]	<0.001	-0.13 [-0.20, -0.05]	0.019	-0.05 [-0.11, 0.01]	0.921	-0.13 [-0.18, -0.07]	<0.001	-0.13 [-0.18, -0.08]	<0.001	-0.17 [-0.23, -0.10]	<0.001	

p < 0.05 indicated significant results. Negative coefficient, and p < 0.05 were considered significantly lower baseline volumes, and future atrophy when time-interaction were added. Holm-Bonferroni adjusted *p*-values are given for the results according to stage by amyloid status or by A/T/N classification.



B) A/T/N-classification (A-/T-/N- versus A+/T+ or N+) ERC

**Posterior Hippocampus** 





Fig. 3. Graphics: ROC curves. Additional ROC analysis were performed to examine the performance in classifying MCI A+ from NC A- controls at baseline. ERC and Posterior hippocampus had similar performance (ERC had Area under the curve (AUC) of 0,717 and Posterior Hippocampus had AUC of 0.672). ROC analyses were also performed to examine the performance in classifying A+/T+orN+ from biomarker negative controls (A-/T-/N-) at baseline, where both ERC and Posterior hippocampus also had similar performance (ERC had AUC of 0.659 and posterior hippocampus had AUC of 0.722).

between the anterior and posterior hippocampus seem to be sparse [57]. AD clinical symptoms may be caused by impaired connections between the default mode network and posterior hippocampus [58]. Loss of these connections with subsequent diaschisis may possibly explain why neuronal loss seems to occur earlier in the posterior hippocampus compared with the anterior hippocampus.

ASHS-T1
Anterior hippocampus/ hippocampus head
Posterior hippocampus/hippocampus body
Anterior hippocampus
Posterior hippocampus
Meninges PHC
Meninges
ERC
BA35
BA36
РНС
ColSul
OTSul
MISC

Fig. 4. Overview of subregional segmentation by ASHS-T1 (including the hippocampal formation and MTL cortex).

Our findings are also in line with early predominant atrophy in areas where amyloid pathology occur early. According to Thal et al, amyloid deposition occurs without coexistence of NFTs initially in the basal temporal isocortex (Thal phase 1), while in stage 2, amyloid appears in ERC and TEC, but also in the hippocampal subfields CA1 and presubiculum, before more widespread involvement of the hippocampal formation in stage 3 and 4 [10]. The link between amyloid deposition and increase in NFTs and atrophy downstream in the AD trajectory is not fully understood, especially because initial deposition of amyloid and NFTs are not similarly distributed. An increasing body of evidence points to synergistic effects between amyloid and tau-pathology, where also vascular and inflammatory pathology have been proposed as putative links [59].



Fig. 5. Detailed overview of study design.

Additionally, soluble amyloid species alone may have neurotoxic and possibly neurodegenerative effects, especially oligomers [60].

Another type of pathology that also may be involved in medial temporal atrophy with a clinical appearance similar to AD, is pathology related to Transactive response DNA binding protein of 43 kDa (TDP-43). TDP-43 pathology is common in subjects older than 80 years [61], and we cannot exclude the possibility of coexisting TDP-43 related pathology.

Cases with objective cognitive decline had significantly lower baseline volumes, in contrast to amyloid positive cases with subjective cognitive decline, when compared to cognitively normal amyloid negative subjects. Objective cognitive decline thus predicted significant neuronal loss at baseline in these subjects. Cognitive impairment, increased NFT-load and atrophy of the MTL are all closely connected in AD [62, 63]. A recent study suggests that cognitive impairment in AD MCI is more connected to taurelated MTL atrophy, while tau-related impairment of functional connectivity better explains cognitive symptoms in preclinical AD [64], which further supports that MTL atrophy is more pronounced and more accelerated in AD MCI compared to AD SCD. These results are also in line with the hypothetical model of AD biomarkers, where atrophy starts to accelerate when objective cognitive decline is present [9].

Most AD cases with normal levels of totaland phosphorylated tau (A+/T-/N-) had unchanged A/T/N classification at last follow-up (Table 3B), i.e., both CSF p-tau and t-tau levels remained normal during the observation period, despite significant atrophy. A possible interpretation is that early MTL atrophy is related to other mechanisms than NFTs, as atrophy also occurred in T- subjects. However, it is also well known that there is discordance between p-tau and cerebral accumulation of NFTs verified by tau-PET or autopsy [39, 40]. However, both ptau and t-tau were significantly higher in A+/T-/Ncompared to A-/T-/N-, and it is thus more likely that levels were sub-pathologic but below cut-off. We therefore find it more reasonable to not contrast normal and abnormal CSF p-tau and t-tau separately in the A/T/N-classification presented herein.

Our results are in line with amyloid pathology as a key initiator of MTL atrophy, where objective cognitive decline, or where at least one CSF-biomarker mirroring NFTs or neuronal loss, is associated with accelerated volume-loss in AD. Our findings point to early AD-related longitudinal volume reduction in several key areas of the MTL, mostly corresponding to Braak staging of NFT pathology, but where other mechanisms also may be considered. However, these results do not exclude a possible interaction between NFTs and alternative contributors of atrophy.

Our study has several strengths. The study is performed in a well-described cohort with full cognitive assessment and biomarkers of AD. CSF-biomarkers were available for most subjects, and we used the CSF AB42/40-ratio (more reliable compared to CSF-A $\beta_{42}$  [37]) to stratify AD from non-AD. Subjects without CSF had available amyloid-PET. The cohort included longitudinal data, and subregional changes over time could therefore be reported in relation to the CSF biomarkers. One of the main objectives of this study was to assess the applicability of these data after across-site harmonization. Scanner and other site-specific effects that may influence neuroimaging results are common in multi-site studies, and finding appropriate methods that works well under such conditions is therefore important. We consider the use of a novel harmonization method that makes it possible to exploit data from several sites as a strength, although we cannot be certain that all variability was removed. However, longitudinal ComBat has been tested for multiple scanners and requires at least 2 scans per scanner to estimate scanner effects [45]. We chose a stricter approach, where we included data from scanners with at least 10 scans to balance between reduction of possible remaining scanner and maintenance of adequate statistical power. Scanner was not a significant covariate in the model after harmonization, and the results were in line with the literature. This indicates that the model is useful and improves the results.

Our study also has several limitations. As discussed in the previous paragraph, we cannot exclude the possibility of remaining scanner effects after harmonization. In this setting, 3D T1w-images were generally more available than 3D T2-weighted images, and therefore included in the analyses. The ASHS-T2 protocol would generally be preferable as more detailed information on the hippocampal subfields can be obtained from T2-weighted images, but the present data was not suitable for ASHS-T2. Another possible solution is using FreeSurfer version 6.0, which both offers segmentation of MTL cortex as well as the hippocampus from T1w-images. However, ASHS-T1 was considered a better option for several reasons. As mentioned earlier, anteriorposterior segmentation by ASHS-T1 is considered more reliable than hippocampal subfield segmentation in T1-images with approximately 1 mm<sup>3</sup> resolution [33]. ASHS-T1 is also considered to produce more reliable volume estimates of MTL cortex compared to FreeSurfer version 6.0, where the proximity to the dura mater may cause mislabeling of these subregions, especially the ERC [42].

Another limitation is the use of MTL neocortical volumes instead of cortical thickness. With the ASHS-PMC-T1 atlas it is possible to determine volumes but not cortical thickness. Cortical thickness estimates are more robust in relation to anatomical variability and less correlated with intracranial volume. We assessed a relatively high number of MTL subregions which were compared across several groups (staging by amyloid status, and A/T/N-classification), possibly increasing the risk of Type 1 errors. To reduce this risk, the number of comparisons were reduced by averaging the hemispheres, and we performed Holm-Bonferroni correction to adjust *p*-values. It should, however, be noted that some extent of correlation between the different MTL subregional volumes by group would be expected. The correction made by Holm-Bonferroni may thus be too strict, with possible increased risk of type 2 errors. Also, a few of the participants in our study were younger than what was recommended for the ASHS-PMC-T1 atlas. However, all segmentations were visually assessed, and we thus consider the ASHS-volumes from these subjects to be reliable.

In conclusion, we report longitudinal MTL volume loss in AD across clinical staging and A/T/N classification. We used a novel method for harmonization of longitudinal neuroimaging data. We here demonstrate a possible approach under conditions that are common in clinical intervention studies, but which is yet relatively little explored longitudinally with automated volumetry methods. The results were generally in line with the existing literature, but also questions whether other mechanisms than NFT pathology are involved in AD related neuronal loss. Both clinical staging as well as A/T/N-classification were considered useful to predict AD-disease progression. We thus conclude that using ASHS-T1 under these circumstances is clinically useful, but the different strengths and weaknesses must be considered.

# ACKNOWLEDGMENTS

The authors thank Dr. Joanne C Beer (Perelman School of Medicine, University of Pennsylvania, United States) for valuable input and advice regarding the implementation of longitudinal ComBat to our dataset.

# FUNDING

This study has been funded by the regional health authority (Helse Sør-Øst) and JPND (EU Joint Program - Neurodegenerative Diseases research).

## CONFLICT OF INTEREST

T. Fladby has served on a Novo Nordisk and Biogen advisory boards.

All other authors have no conflict of interest to report.

# DATA AVAILABILITY

Data from the DDI cohort are stored at Services for sensitive data (TSD) at the University of Oslo (UiO) and is publicly unavailable. However, anonymized data used in this study may be made available from the corresponding author upon reasonable request.

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