

1 **Major article**

2

3 **Hierarchical variation in phenotypic flexibility across**
4 **timescales and associated survival selection shape the**
5 **dynamics of partial seasonal migration**

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Abstract

27 Population responses to environmental variation ultimately depend on within-
28 individual and among-individual variation in labile phenotypic traits that affect fitness,
29 and resulting episodes of selection. Yet, complex patterns of individual phenotypic
30 variation arising within and between time periods, and associated variation in selection,
31 have not been fully conceptualised or quantified. We highlight how structured patterns
32 of phenotypic variation in dichotomous threshold traits can theoretically arise and
33 experience varying forms of selection, shaping overall phenotypic dynamics. We then
34 fit novel multistate models to ten years of band-resighting data from European shags to
35 quantify phenotypic variation and selection in a key threshold trait underlying spatio-
36 seasonal population dynamics: seasonal migration versus residence. First, we
37 demonstrate substantial among-individual variation alongside substantial between-year
38 individual repeatability in within-year phenotypic variation ('flexibility'), with weak
39 sexual dimorphism. Second, we demonstrate that between-year individual variation in
40 within-year phenotypes ('supraflexibility') is structured and directional, consistent with
41 the threshold trait model. Third, we demonstrate strong survival selection on within-
42 year phenotypes, and hence on flexibility, that varies across years and sexes, including
43 episodes of disruptive selection representing costs of flexibility. By quantitatively
44 combining these results, we show how supraflexibility and survival selection on
45 migratory flexibility jointly shape population-wide phenotypic dynamics of seasonal
46 movement.

47

Introduction

48 Population responses to environmental variation and change ultimately arise through
49 within-individual and among-individual variation in phenotypic expression of key
50 environmentally-sensitive traits, and resulting variation in fitness components and
51 consequent selection (Nussey et al. 2007; Gienapp et al. 2008; Chevin et al. 2010; Fox
52 et al. 2019). Quantifying temporal dynamics of individual phenotypes within and
53 between consecutive time periods, and quantifying associated dynamics of selection, is
54 consequently necessary to understand and predict joint phenotypic, population dynamic
55 and micro-evolutionary outcomes across temporal scales (Hendry 2016; Araya-Ajoy et
56 al. 2015; Arnold et al. 2019; de Villemereuil et al. 2020).

57 Rapid environmentally-induced changes in phenotypes occurring on short
58 (within-generation) timescales typically primarily reflect within-individual responses,
59 representing phenotypic plasticity of labile traits (Sih et al. 2011; Gabriel et al. 2005;
60 Charmantier et al. 2008; Chevin et al. 2010). In wild settings where all pertinent axes
61 of underlying environmental variation and resulting multi-dimensional reaction norms
62 are hard to explicitly quantify, such plastic responses can be usefully summarised as
63 patterns and magnitudes of observed within-individual phenotypic variation (here
64 termed ‘phenotypic flexibility’ or simply ‘flexibility’; Piersma and Drent 2003;
65 Glossary and summary of key terms in Online Supplemental Material, ‘OSM’, S1).
66 Hierarchical levels of flexibility could then arise across timescales; individuals could
67 be phenotypically invariable or variable within time periods (e.g. within years), while
68 their within-period sequence of phenotypes could vary between periods (e.g. between
69 years). Such expression of different levels of phenotypic flexibility arising across the
70 hierarchy of timescales could then experience episodes of selection, which could be
71 consistent or divergent, and could differ between groups of individuals (e.g. sexes),

72 and/or vary in relation to environmental conditions. However, despite their central roles
73 in shaping population responses, key aspects of expected and realised hierarchical
74 patterns of phenotypic flexibility across nested temporal scales, and associated patterns
75 of selection, have not yet been fully conceptualised or quantified for key traits that
76 directly link phenotypic and population dynamic outcomes. Here, we provide a
77 conceptual framework to rationalise hierarchical patterns of phenotypic flexibility and
78 selection on flexibility concerning dichotomous threshold traits. We apply this
79 framework to estimate key effects for the ecologically critical threshold trait of seasonal
80 migration versus residence.

81 Recent studies focussing primarily on traits that are continuously distributed on
82 observed phenotypic scales have established that reaction norm slopes defining
83 phenotypic plasticity can vary among individuals within populations (Nussey et al.
84 2007; Brommer 2013; Dingemanse and Wolf 2013; Hendry 2016). Some individuals
85 consequently show more phenotypic variation than others across a given time period or
86 axis of environmental variation. Further, such among-individual differences may be
87 repeatable (Araya-Ajoy and Dingemanse 2017; Mitchell and Biro 2017; Cornwell et al.
88 2019; Strickland et al. 2021), meaning that individuals show consistent degrees of
89 relative phenotypic variation. Nonetheless, reported repeatabilities of individual
90 reaction norm slopes of ~ 0.4 – 0.5 (Araya-Ajoy and Dingemanse 2017; Mitchell and
91 Biro 2017; Strickland et al. 2021) also imply potential for substantial within-individual
92 variation in phenotypic variation. Individuals could consequently vary in the extent to
93 which they change their phenotype between time periods or environmental axes. Yet,
94 key aspects of the potential for structured forms of among-individual variation in
95 within- versus between-period phenotypic variation, and associated forms of selection,
96 still remain to be conceptualised and quantified.

97 In particular, numerous labile behavioural and life-history traits that link
98 environmental changes with population outcomes are expressed as discrete alternative
99 phenotypes rather than as continuously distributed phenotypes (e.g. dominant versus
100 subordinate behaviour, breeding versus skipping, mate fidelity versus divorce, or
101 seasonal migration versus residence; Snell-Rood et al. 2018; Reid and Acker 2022).
102 Such traits can often be appropriately conceptualised as quantitative genetic ‘threshold
103 traits’. Here, an underlying continuously distributed latent variable termed ‘liability’,
104 which can comprise combinations of genetic and environmental effects, translates into
105 expression of discrete alternative phenotypes X or Y when below versus above some
106 threshold value (fig. 1A; Gianola 1982; Roff 1996; Lynch and Walsh 1998 Ch.25).
107 Variation occurring on the phenotypic scale can then be decoupled from reaction norm
108 slopes defining liability-scale plasticity, and instead reflect variation in liability-scale
109 reaction norm elevations. There can consequently be among-individual variation in
110 observed phenotypic flexibility without any among-individual variation in liability-scale
111 reaction norm slopes, and conversely there can be among-individual variation in liability-
112 scale reaction norm slopes that does not result in among-individual variation in phenotypic
113 flexibility (Reid and Acker 2022). Such threshold traits could consequently generate
114 distinctive and biologically important patterns of phenotypic variation within and
115 among individuals, within and among temporal scales, that could in turn experience
116 varying selection (fig. 1, 2).

117 Specifically, within any focal time period over which selection could act,
118 individuals might inflexibly express phenotype X or phenotype Y, or flexibly switch
119 between the two (fig. 1A,B). The set of possible within-period phenotypic sequences
120 (hereafter ‘tactics’) constitutes a continuum of within-individual expression of X versus
121 Y (summarized as ‘full-X’, ‘mixed-XY’ and ‘full-Y’), reflecting underlying individual

122 liability elevations (fig. 1B,C, 2A). Then, between any two consecutive time periods,
123 individuals could either retain the same tactic, or switch tactic, and thereby potentially
124 alter their degree of flexibility (fig. 2A). We term such between-period variation
125 ‘supraflexibility’ to stress the hierarchy of phenotypic expression, and hence of
126 flexibility (OSM S1). Such hierarchical timeframes are necessarily relative, meaning
127 that the relevant duration of periods through which flexibility and supraflexibility are
128 quantified will be system-, trait- and question-specific. Given the threshold trait model,
129 the distance of an individual’s initial liability from the threshold (i.e. the elevation) will
130 affect whether or not subsequent environmental variation will cause its liability to cross
131 the threshold, and thereby cause phenotypic change (fig. 1B; Reid and Acker 2022).
132 Accordingly, flexibility and supraflexibility are likely to be structured and directional,
133 such that some transitions occur more frequently than others. Specifically, full-X and
134 full-Y individuals should be more likely to switch to mixed-XY than to full-Y and full-
135 X respectively. Supraflexibility should also intrinsically covary with flexibility, such
136 that individuals that are more flexible within periods (i.e. mixed-XY) could also on
137 average be more likely to subsequently switch to full-X or full-Y than vice versa (fig.
138 2A). Flexibility and supraflexibility in phenotypic expression of a labile threshold trait
139 can therefore represent different manifestations of the same underlying reaction norm
140 enacted on the latent liability scale, but occurring on hierarchical timeframes (e.g. Reid
141 and Acker 2022).

142 Selection could then act on flexibility and/or on supraflexibility if individual
143 tactics affect relative survival and/or reproduction (fig. 2B,C). For example, inflexible
144 individuals that express full-X or full-Y during a given period could potentially have
145 similar survival probabilities, while flexible individuals that express mixed-XY could
146 have higher or lower survival probability. These scenarios could represent benefits or

147 costs of phenotypic flexibility, and generate stabilizing or disruptive selection along the
148 X–Y continuum (fig. 2B). Yet, in other periods, environmental conditions could
149 potentially mean that survival is higher for full-Y than full-X and intermediate for
150 mixed-XY, generating directional selection for Y on the X–Y continuum (or,
151 conversely, directional selection for X; fig. 2B). Here, supraflexible individuals that
152 switched from full-X to mixed-XY, or from mixed-XY to full-Y, between two such
153 consecutive periods would then have higher overall survival probability than
154 individuals that did not switch, effectively generating selection for supraflexibility (fig.
155 2C). Yet, such effects of sequences of selection on flexibility in generating selection on
156 supraflexibility could be further compounded by direct selection against
157 supraflexibility, for example manifested as lower survival of individuals that is directly
158 caused by switching tactics between periods. The overall shape and net strength of
159 selection acting on supraflexibility could then vary across time (e.g. fig. 2B,C), driving
160 complex short-term phenotypic dynamics within and across time periods, as well as
161 potentially shaping longer-term evolutionary change.

162 Specifically, episodes of survival selection could directly cause additional within-
163 generation shifts in population-wide frequencies of phenotypic tactics, and hence of
164 flexible and inflexible individuals. The magnitude of such shifts will depend on among-
165 individual variance in relative fitness (i.e. the opportunity for selection; Arnold and
166 Wade 1984), which in turn depends on relative tactic frequencies prior to selection.
167 Resulting within-generation shifts could persist across time periods if tactics are highly
168 repeatable, or could be quickly mitigated or even reoriented, depending on the
169 magnitude and directionality of supraflexibility that non-randomly alters tactic
170 frequencies among surviving individuals. Moreover, episodes of sex-specific selection
171 could directly generate or accentuate sex biases in tactic frequencies, reflecting sexual

172 dimorphism in underlying liability and implying sexual dimorphism in flexibility
173 and/or supraflexibility. Thus, while sex-specific selection in continuously distributed
174 phenotypic traits can generally shape evolutionary change and drive evolution of sexual
175 dimorphism (Lande 1980; Kruuk et al. 2008; Cox and Calsbeek 2009), such outcomes
176 can be further affected by the properties of threshold traits (Reid and Acker 2022).
177 Specifically, if there is sexual dimorphism in phenotypic expression of the threshold
178 trait, there will be intrinsic sexual dimorphism in intensity of selection (Falconer and
179 Mackay 1996). Overall, therefore, understanding and predicting phenotypic and
180 population outcomes requires quantifying sex-specific frequencies of flexible and
181 inflexible tactics, and associated patterns of supraflexibility and temporal variation in
182 survival selection, regarding key environmentally-sensitive dichotomous traits that
183 drive population dynamics. But, such effects have not previously been explicitly
184 quantified, or subsequently combined to evaluate relative effects on population-level
185 phenotypic variation.

186 One ecologically critical threshold trait is seasonal migration (i.e. reversible
187 movement across seasons, hereafter ‘migration’; Dingle 1996; Newton 2008) versus
188 year-round residence in populations with facultative migration. Resulting ‘partial
189 migration’, where sympatric-breeding individuals can express alternative resident and
190 migrant phenotypes (hereafter ‘R’ and ‘M’) through non-breeding seasons, occurs in
191 diverse taxa including fish, mammals, birds, reptiles, amphibians (Lundberg 1988;
192 Chapman et al. 2011; Reid et al. 2018). Because R and M individuals are by definition
193 seasonally spatially segregated, local environmental variation can cause episodes of
194 strong survival selection, notably during extreme climatic events (‘ECEs’) that affect
195 some locations more than others (Acker et al. 2021a). Further, various annual migratory
196 tactics may be expressed, such that some individuals inflexibly express R or M

197 throughout the non-breeding season ('full-R' or 'full-M'), while others flexibly switch
198 between R and M ('mixed-RM'), for example manifested as late departure from
199 breeding areas (Cagnacci et al. 2011; Fudickar et al. 2013; Reid et al. 2020). Any
200 change in phenotypic expression along the R-M continuum, and hence in population-
201 wide frequencies of full-R, mixed-RM, and full-M, will then directly alter spatio-
202 seasonal population dynamics (Reid et al. 2018). However, even though variation in
203 expression of migration versus residence is currently attracting considerable attention
204 and has long been conceptualised as a threshold trait (Berthold 1988; Pulido et al. 1996;
205 Dodson et al. 2013), the hierarchical structure of sex-specific flexibility and
206 supraflexibility, and associated selection, have not been fully quantified.

207 To achieve these ambitions, we fitted a novel multistate capture-recapture model
208 to ten years of large-scale year-round capture-resighting data from individually marked
209 adult European shags (*Gulosus aristotelis*, hereafter 'shags'). Our model represents
210 individual phenotypic variation along the R–M continuum as a dynamic mixture of
211 annual tactics, allowing us to quantify four sets of effects. First, we estimated year- and
212 sex-specific tactic frequencies, and thereby quantified the degree of among-individual
213 variation in within-year phenotypic flexibility in migration versus residence. Second,
214 we estimated probabilities of all possible forms of tactic switching between consecutive
215 years, and hence quantified sex-specific tactic repeatability and structured
216 supraflexibility. Third, we estimated tactic-dependent survival probabilities, hence
217 quantified temporal variation in the form of sex-specific survival selection on migratory
218 tactics, and hence on migratory flexibility. Finally, we combined all these estimates to
219 quantify relative effects of supraflexibility and survival selection on flexibility,
220 alongside entry of new adults into the analysed population, on population-wide changes
221 in tactic frequencies (including flexibility) from each year to the next. We thereby

222 illustrate how phenotypic dynamics in a key trait that directly affects seasonal
223 population distributions can be shaped by combinations of sex-specific flexibility,
224 supraflexibility, and selection on flexibility in the context of among-year environmental
225 variation. We discuss these outcomes in the context of general theoretical expectations
226 for phenotypic and micro-evolutionary dynamics of plastic threshold traits.

227

228 **Material and methods**

229 *Study system and data collection*

230 Quantifying variation in phenotypic flexibility and supraflexibility of migration versus
231 residence, and associated survival selection, requires repeated measurement of
232 locations and survival within and across multiple years in numerous individuals. We
233 collected the required data using visual field resightings during 2009–2019 in partially-
234 migratory shags that breed on Isle of May National Nature Reserve (hereafter ‘IoM’),
235 Scotland (56°11’N, 2°33’W; Daunt et al. 2014; Grist et al. 2014; Keogan et al. 2021).
236 Shags are seabirds that must return to shore every day to dry their partially-wettable
237 plumage (Harris and Swann 2002), and migrants in our focal population typically
238 winter 100-500 km from IoM. Marked individuals can consequently be resighted
239 onshore within the UK throughout each year, allowing direct observation of
240 individuals’ winter locations (Grist et al. 2014; Acker et al. 2021a), and hence allowing
241 inference on resident versus migrant phenotypes and resulting annual migratory tactics.

242 To generate a population of marked adults, $\geq 80\%$ of chicks hatched on IoM since
243 1997 were marked before fledging with an individually-coded colour band (field
244 readable up to $\sim 150\text{m}$ with a telescope) and an inscribed metal band. Since $\sim 90\%$ of

245 individuals that survived to adulthood recruited locally (median age 3 years; Barlow et
246 al. 2013), by 2009 most breeding adults were banded. Remaining unbanded adults,
247 including incoming immigrants, were caught and banded during breeding as far as
248 feasible. Every non-breeding season (early September to late February, hereafter
249 ‘winter’) from 2009-10 to 2018-19, resighting surveys were carried out approximately
250 biweekly within the residency area (IoM and adjacent day roosts) and at key alternative
251 wintering locations across eastern Scotland, with additional resightings collected
252 elsewhere (Grist et al. 2014; Acker et al. 2021a; summarised in OSM S2). During
253 subsequent breeding seasons (April–June 2010 to 2019), nests and roost sites on IoM
254 were surveyed at least twice weekly to identify colour-banded adults, resulting in very
255 high breeding season resighting probabilities (mean 0.95, range 0.90-0.98) facilitating
256 inferences on annual survival (Acker et al. 2021a). Sexes of most adults were
257 determined through vocalizations and/or genotyping (Acker et al. 2021a).

258

259 *Model design*

260 In general, unbiased estimation of phenotypic variation and associated selection
261 requires analyses that account for processes leading to non-random missing data due to
262 inevitable imperfections in abilities to measure or assign individual phenotypes and/or
263 associated fitness (Gimenez et al. 2008; Hadfield 2008; Nakagawa and Freckleton
264 2008). Highly non-random missing data inevitably arise when the focal trait is
265 migration versus residence inferred from field observations. Here, marked individuals
266 can be missed or move outside surveyed areas, causing resighting failure that varies
267 according to phenotype given spatio-temporal variation in observational efficiency.
268 Missing data following the last resighting of an individual could also reflect mortality,

269 confounding estimates of phenotype-dependent resighting and survival probabilities
270 (and hence of selection). Further, our current focal phenotypic tactics (namely season-
271 long full-R, full-M and mixed-RM) can never be instantaneously observed, but must be
272 inferred from sequences of observations, which are often incomplete due to resighting
273 failure and/or within-winter mortality. Consequently, (generalized) linear mixed
274 models that are widely used to estimate within- and among-individual phenotypic
275 variation in readily observed traits (e.g. Araya-Ajoy et al. 2015) cannot be directly
276 applied to estimate migratory flexibility, supraflexibility and associated selection, at
277 least without an observation model to account for non-random missing data.

278 Hence, to answer our current questions, we devised a novel full-annual-cycle
279 multistate model that uses capture-recapture methods to enable robust probabilistic
280 inference on variable phenotypic expression of residence versus migration and
281 associated survival from large-scale mark-recapture data given observation failure that
282 is non-random with respect to both tactic and survival. Specifically, our model
283 represents the process of within-year transitions between states defined by current
284 individual location, parameterised by movement and survival probabilities, and
285 overlaid by the observation process parameterised by resighting probabilities. By
286 including finite individual heterogeneity defined through constraints on transitions
287 between resident and migrant states within years, we explicitly modelled within- and
288 among-individual phenotypic variation (and hence variation in flexibility and
289 supraflexibility) as a dynamic mixture of annual migratory tactics parameterised by
290 initial tactic probabilities and tactic switching probabilities (fig. 3).

291 To maximise use of available data, we divided the annual cycle into five
292 resighting occasions comprising the breeding season (occasion 1) and four occasions
293 through the subsequent winter (occasions 2–5, fig. 3; OSM S2). We defined states

294 representing six spatially-distinct areas: the ‘residency area’ (IoM area), four observed
295 migrant areas (defined based on geography and survey frequency), and one unobserved
296 migrant area comprising unsurveyed migrant destinations (i.e. a ‘ghost area’; OSM S2).
297 This spatial structure allowed us to account for spatio-temporal variation in resighting
298 probability and hence minimise related bias (Acker et al. 2021a). Accordingly, alive
299 individuals can be resighted where they are located, or not resighted, according to
300 sex×occasion×year×area-dependent (‘×’ denotes interacting effects) resighting
301 probability (p , which is zero in the ghost area; OSM S3). This requires that migrants
302 are spatially distributed according to probabilities of moving to a specific migratory
303 area conditional on departure (δ , occasion×year×area-dependent) and of moving
304 between migratory areas conditional on not returning to the residency area (σ , assumed
305 constant across occasions and years; Acker et al. 2021a; OSM S3). This spatial division
306 of migrant destinations does not affect the current focus on dichotomous migrant versus
307 resident phenotypes (Chapman et al. 2011; Pulido 2011; Dodson et al. 2013), defined
308 based on departure from and return to the residency area (Acker et al. 2021a).

309 Specifically, every breeding season (occasion 1, when all individuals are located
310 in the residency area), new individuals enter the dataset as adults and are envisaged to
311 undertake a full-R, mixed-RM or full-M tactic through the subsequent winter (i.e.
312 occasions 2-5; fig. 3), according to sex×year-dependent initial tactic probabilities (π ;
313 OSM S3). Each tactic is characterised by specific constraints on departure from and
314 return to the residency area between winter occasions. Full-R individuals remain in the
315 residency area through all annual occasions. Full-M individuals depart from the
316 residency area between occasion 1 and 2 and do not return until subsequent occasion 1
317 (fig. 3). Meanwhile, mixed-RM individuals enact a phenotypic sequence that differs
318 from both full-R and full-M (for example, by departing after occasion 2 or 3,

319 representing within-year phenotypic flexibility; fig. 3, OSM S3). To account for
320 potential variation in migration timings, phenotypic variation occurs in mixed-RM
321 following probabilities of departing from (ε) and returning to (τ) the residency area,
322 which are sex \times occasion \times year \times area-dependent. Previous analyses of two years of data
323 from a different partially migratory shag population showed that division into the three
324 full-R, full-M and mixed-RM migratory tactics provides a good representation of
325 overall phenotypic variation (Reid et al. 2020; OSM S2). Following these previous
326 analyses and inspection of our current dataset, occasion time windows (particularly
327 occasion 2) were defined to appropriately distinguish the three tactics (OSM S2).

328 Between consecutive years, individuals either repeat the same tactic or switch to
329 another tactic, following sex \times year \times tactic-dependent switching probabilities (κ). The
330 tactic mixture is consequently dynamic, and allows for structured supraflexibility of
331 migration versus residence (fig. 3, OSM S3). Mortality occurs between occasions
332 according to sex \times tactic \times occasion \times year-dependent survival probabilities (ϕ), that are
333 multiplied across occasions within years to yield sex \times tactic \times year-dependent annual
334 survival probabilities (Φ ; OSM S3). Since there is virtually no breeding dispersal from
335 IoM (Aebischer 1995; Barlow et al. 2013), these survival probabilities represent true
336 survival probabilities for focal adults (Acker et al. 2021a).

337 Overall, this model fulfils our current objectives of estimating sex-specific initial
338 tactic probabilities and tactic switching probabilities and thereby estimating variation
339 in flexibility and supraflexibility of migration versus residence (fig. 2A) in each year
340 and sex, and of estimating associated survival probabilities and hence survival selection
341 on flexibility (fig. 2B). Our current model does not estimate survival selection on
342 supraflexibility (fig. 2C), which requires major future developments and data (see
343 *Discussion*). Since previous and exploratory analyses did not reveal major age effects

344 on tactic frequencies (Reid et al. 2020) or survival probabilities (Acker et al. 2021a) in
345 adults, and incorporating age effects within our model would entail substantial extra
346 complexity, such effects were not further considered in current analyses.

347

348 *Dataset and model analysis*

349 We fitted the model to capture-resighting histories of 2304 adult shags (1185 females
350 and 1119 males), compiled from 48,413 year-round field sightings (OSM S2). Each
351 history comprises a sequence of observation events indicating whether and where the
352 individual was resighted in each occasion, starting from their first breeding attempt on
353 IoM during 2009–2018 and ending in breeding season 2019.

354 Previous cross-sectional analyses spanning 2009–2018 showed that individuals
355 that were resident versus migrant at any occasion (i.e. not accounting for annual tactics)
356 typically had similarly high survival probabilities. However, ECEs comprising extreme
357 late-winter storms caused substantial mortality in winters 2012–13, 2013–14 and 2017–
358 18, and also caused episodes of strong survival selection against current residents in
359 winters 2012–13 and 2017–18 (Acker et al. 2021a). These ECEs now provide
360 opportunities to assess whether frequencies of annual migratory tactics (and hence
361 flexibility), between-year switching (i.e. supraflexibility) and/or selection varied with
362 known major environmental perturbations. Accordingly, in our current analyses, Φ for
363 each tactic was considered to be constant across all non-ECE years, but allowed to differ
364 in each ECE year (2012-13, 2013-14, 2017-18). Direct ECE effects on expression of
365 migratory tactics in 2017-18 cannot be detected by our current model because the ECE
366 occurred in March (i.e. after the last specified winter occasion 5), but tactic-specific
367 survival probabilities can still be estimated.

368 To estimate model parameters, we used Stan, a probabilistic programming
369 language for Bayesian inference, called from R through package *rstan* (Carpenter et al.
370 2017; R core team 2020). For all parameters, we used priors that were uniform over the
371 natural range of probabilities or probability simplexes (OSM S3). Posterior predictive
372 checks (Gelman et al. 1996) devised for full-annual-cycle multistate capture-recapture
373 analyses (Acker et al. 2021a) indicated good overall model fit to the data regarding
374 current objectives (OSM S4). Details of posterior sampling procedures and diagnostics,
375 full posterior samples and numerical summaries, and full model code, are in OSM S5.

376 Sex-, year- and tactic-specific switching and survival probabilities are directly
377 estimated by the model. However, the relative population frequencies (i.e. proportions)
378 of each migratory tactic in each year, and hence the degree of among-individual
379 variation in flexibility, are not directly estimated. We therefore calculated the posterior
380 distributions of tactic frequencies at the start of each year y once new individuals have
381 entered the dataset ($F_{1,y}$). Since $F_{1,y}$ jointly results from tactics initially undertaken by
382 new individuals and from tactic switching of surviving individuals, it can be derived
383 from the numbers of individuals that entered the dataset up to and including the current
384 year and corresponding initial tactic, survival and tactic switching probabilities (OSM
385 S3). Moreover, to synthesise how overall phenotypic changes from year y to $y+1$ result
386 from sequential within-year processes, we also calculated tactic frequencies
387 immediately after annual survival selection ($F_{2,y}$), and after subsequent tactic switching
388 ($F_{3,y}$; fig. 7A; OSM S3). We then derived the net effects on relative tactic frequencies
389 of survival selection ($E_{1,y}=F_{2,y}-F_{1,y}$), supraflexibility ($E_{2,y}=F_{3,y}-F_{2,y}$), and entry of new
390 individuals into the adult population ($E_{3,y}=F_{1,y+1}-F_{3,y}$; fig. 7A).

391 To further summarize year-dependent parameters, we also derived grand means
392 and standard deviations across years (OSM S3). Estimates from the first study year

393 (2009-10) are not shown, and were not included in cross-year summaries, because low
394 resighting probabilities prevented reliable inference on individual tactics (OSM S2).
395 However, 2009-10 was retained in the dataset to initialise the model and differentiate
396 subsequent entry of new individuals from individuals already present in the data (OSM
397 S2). We present all estimates of directly estimated and derived parameters as posterior
398 means with 95% credible intervals ('95%CI').

399 To explicitly test for between-tactic, between-sex and between-year differences
400 in tactic frequencies, switching probabilities and survival probabilities, we computed
401 the posterior distributions of such differences (Δ). We assessed support for the sign of
402 each difference through the posterior probability that it was positive ($\Pr(\Delta>0)$; values
403 close to 1 or 0 indicate strong evidence for positive or negative differences respectively,
404 whilst values close to 0.5 indicate no clear evidence for either). Finally, for each year
405 and sex, we assessed support for the four possible shapes of survival selection on the
406 annual migratory tactic along the R–M continuum (fig. 2B). More precisely, we
407 calculated the posterior probability that selection was stabilising
408 ($\Pr(\Phi_{full-R}<\Phi_{mixed-RM}>\Phi_{full-M})$), disruptive ($\Pr(\Phi_{full-R}>\Phi_{mixed-RM}<\Phi_{full-M})$), directional
409 towards full-R ($\Pr(\Phi_{full-R}>\Phi_{mixed-RM}>\Phi_{full-M})$), or directional towards full-M
410 ($\Pr(\Phi_{full-R}<\Phi_{mixed-RM}<\Phi_{full-M})$). These four probabilities sum to 1, and particular
411 probabilities close to 1 indicate strong evidence for the corresponding shape of
412 selection.

413

414

Results

415

Tactic frequencies and flexibility within years

416 All three defined migratory tactics, and hence flexible and inflexible phenotypes,
417 occurred in substantial proportions among individuals alive at the start of each focal
418 biological year (fig. 4). Full-R was typically the most frequent tactic in both sexes
419 (grand mean proportions across years with 95%CI: 0.42 [0.38,0.46] in females, 0.43
420 [0.39,0.47] in males; fig. 4; see OSM S5 for details). Meanwhile, mixed-RM was
421 slightly less frequent than full-M in females (grand mean proportions: 0.26 [0.23,0.30]
422 and 0.31 [0.28,0.34], respectively), but more frequent in males (0.32 [0.28,0.36] and
423 0.25 [0.22,0.28], respectively; fig. 4; OSM S5).

424 There was also substantial among-year variation in tactic frequencies, particularly
425 for full-R (fig. 4; OSM S5). Interestingly, the two years where phenotypic effects of
426 ECEs could potentially be detected (2012-13 and 2013-14) showed relatively low
427 frequencies of full-R, with no evidence that full-R was more frequent than the other
428 two tactics (fig. 4; OSM S5). Together, such within-year and among-year variation
429 indicate substantial opportunity for selection and switching among flexible and
430 inflexible tactics to drive appreciable shifts in phenotype frequencies, including effects
431 of ECEs.

432 While there was no clear evidence that the frequency of full-R differed between
433 males and females in any year, there was strong evidence for lower frequency of mixed-
434 RM and/or higher frequency of full-M in females than males in several years, and hence
435 on average across years (fig. 4; OSM S5). This indicates slight sexual dimorphism in
436 migratory tactic, implying slight dimorphism in within-winter phenotypic flexibility.

437

439 Probabilities of switching tactics between consecutive years revealed structured
440 patterns of supraflexibility. Overall, probabilities of repeating the same tactic (i.e. not
441 switching to another tactic) were notably high (fig. 5). These probabilities were highest
442 for full-R (grand mean: 0.86 [0.81,0.90] and 0.87 [0.83,0.90] in females and males
443 respectively), lowest for mixed-RM (grand mean: 0.54 [0.46,0.62] and 0.66
444 [0.60,0.73]), and intermediate for full-M (grand mean: 0.72 [0.68,0.76] and 0.74
445 [0.69,0.78]). There was strong evidence for this ranking of repeatabilities within most
446 years, and hence in the grand mean across years, in both sexes (OSM S5). Individuals'
447 migratory tactics were therefore notably highly repeatable, and the most flexible tactic
448 was the least repeatable (hence, most supraflexible), as expected given the threshold
449 trait model (fig. 2A).

450 Further, tactic switching was clearly structured along the R–M continuum.
451 Specifically, full-R and full-M individuals switched to mixed-RM more than to full-M
452 and full-R respectively (fig. 5; OSM S5). Grand mean switching probabilities were 0.10
453 [0.07,0.14] and 0.11 [0.08,0.14] from full-R to mixed-RM, and 0.24 [0.19,0.28] and
454 0.22 [0.17,0.26] from full-M to mixed-RM, in females and males respectively. In
455 contrast, these probabilities were 0.04 [0.02,0.06] and 0.02 [0.01,0.04] from full-R to
456 full-M, and 0.04 [0.02,0.07] and 0.05 [0.2,0.07] from full-M to full-R. Meanwhile,
457 mixed-RM individuals switched in higher and roughly similar proportions to both
458 inflexible tactics, with grand mean probabilities of 0.18 [0.13,0.24] and 0.19 [0.14,0.23]
459 for switching to full-R, and 0.28 [0.22,0.34] and 0.15 [0.11,0.19] for switching to full-
460 M, in females and males respectively (fig. 5; OSM S5). These relative probabilities of
461 different forms of supraflexibility again qualitatively match expectations given the
462 threshold trait model (fig. 2B).

463 Probabilities of tactic switching also varied among years (fig. 5; OSM S5).
464 Interestingly, full-R females and males were especially likely to switch to another tactic
465 in the two consecutive ECE years for which our model could detect coincident
466 phenotypic changes (2012-13 and 2013-14, fig. 5). However, there was no clear
467 evidence of a difference between these years, or with several non-ECE years (2011-12
468 and 2017-18 in females, 2014-15 and 2018-19 in males; fig. 5; OSM S5). Large among-
469 year variation in switching probabilities also occurred for other tactics. Notably, mixed-
470 RM showed strong evidence for changes in the magnitude and direction of switching
471 in both sexes (OSM S5).

472 Finally, in several years, there was some or strong evidence for differences in
473 switching probabilities between males and females (fig. 5, OSM S5). For example,
474 females were often more likely to switch from mixed-RM to full-M than males, while
475 full-M males showed noticeably consistent switching probabilities compared to females
476 (fig. 5, OSM S5). Supraflexibility was therefore somewhat sexually dimorphic.

477

478 *Survival selection on tactics and flexibility*

479 Our analyses revealed notable variation in the shape and strength of survival selection
480 on the defined migratory tactics, and hence on within-year flexibility, between the
481 pooled non-ECE years and each ECE year, and between females and males (fig. 6).

482 In non-ECE years, survival probabilities were very high in both sexes (fig. 6).
483 Nonetheless, in males, there was strong evidence for disruptive selection along the R-
484 M continuum, such that full-R and full-M had higher survival probabilities than mixed-
485 RM (Δ : 0.06 [0.00,0.13] and 0.08 [0.01,0.15], respectively; fig. 6). In contrast, there

486 was no evidence that survival differed among tactics in females (Δ : 0.01 [-0.06,0.08]
487 and 0.03 [-0.05,0.12]; fig. 6).

488 In 2012-13, the first ECE year, there was strong evidence for directional selection
489 towards full-M along the R–M continuum in males, and considerable evidence for a
490 similar pattern in females (fig. 6). In both sexes, survival probability was higher for
491 full-M than mixed-RM (Δ : 0.14 [-0.01,0.29] in females, 0.16 [0.00,0.32] in males; fig.
492 6), and even higher than for full-R (Δ : 0.20 [0.08,0.32] in females, 0.33 [0.21,0.46] in
493 males). However, survival probability was lower for full-R than mixed-RM in males
494 (Δ : -0.17 [-0.31,-0.03]), but this was not evident in females (Δ : -0.06 [-0.22,0.10]; fig.
495 6).

496 In 2013-14, there was strong evidence for disruptive selection in females (fig. 6),
497 such that both full-R and full-M had higher survival probability than mixed-RM (Δ :
498 0.31 [0.09,0.52] and 0.18 [-0.02,0.38], respectively; fig. 6). There was also some
499 evidence of additional skew in the shape of selection, with higher survival probability
500 in full-R than full-M (Δ : 0.13 [-0.04,0.29]; fig. 6). In contrast, in males there was more
501 evidence for stabilising selection than for the other possible shapes of selection, but no
502 strong evidence that survival probability differed between tactics (fig. 6).

503 In 2017-2018, there was some evidence for directional selection towards full-M
504 in females, and for stabilising selection in males (fig. 6). More precisely, in both sexes,
505 there was some or strong evidence that full-R had lower survival probability than
506 mixed-RM (Δ : -0.14 [-0.30,0.04] in females, -0.21 [-0.33,-0.06] in males; fig. 6) and
507 full-M (Δ : -0.22 [-0.34,-0.10] in females, -0.13 [-0.25,-0.02] in males). However, there
508 was no clear evidence for differences in survival probability between full-M and mixed-
509 RM (Δ : 0.08 [-0.10,0.29] in females, -0.07 [-0.22,0.11] in males; fig. 6).

510

511

Net effects on phenotypic dynamics

512 The three sequential processes of selection, supraflexibility and entry of new
513 individuals each caused detectable immediate changes in tactic frequencies, and hence
514 in the degree of within-winter migratory flexibility, across multiple years in each sex
515 (fig. 7). On average across all years, supraflexibility caused the largest changes in tactic
516 frequencies, while survival selection and entry of individuals each caused changes of
517 smaller but similar sizes (fig. 7; OSM S5). Yet, these changes varied considerably in
518 size and direction among years (fig. 7; OSM S5). Within-generation effects of survival
519 selection on phenotype frequencies were consequently either accentuated or counter-
520 acted (or even cancelled) by subsequent supraflexibility in different instances. For
521 example, the reduced frequency of full-R associated with the 2012-13 ECE resulted
522 from both supraflexibility (between year 2011-12 and 2012-13) and survival selection
523 (through 2012-13), but was quickly reversed across subsequent years (fig. 7; OSM S5).

524

525

Discussion

526 Within-individual and among-individual variation in phenotype, and associated
527 variation in fitness components, underpins joint phenotypic, population dynamic and
528 micro-evolutionary responses to environmental variation and change (Nussey et al.
529 2008; Chevin et al. 2010; Coulson et al. 2010). Yet, hierarchical patterns of individual
530 phenotypic flexibility within and across biologically-relevant time periods, and
531 associated episodes of directional, stabilising or disruptive selection affecting
532 flexibility, are rarely quantified. Our analyses of ten years of large-scale band-

533 resighting data revealed substantial among-individual variation and structure in
534 flexibility and supraflexibility of seasonal migration versus residence, a key trait that
535 directly shapes spatio-seasonal population dynamics, in European shags. We also
536 demonstrate forms of disruptive and directional survival selection on migratory tactics
537 along the residence-migration continuum, that varied among years and occasionally
538 between the sexes. We thus illustrate that hierarchical variation in flexibility across
539 timescales in dichotomous phenotypes can be structured in accordance with principles
540 of threshold trait expression and can be subject to complex and varying selection,
541 thereby shaping population-wide phenotypic dynamics.

542

543 *Hierarchical variation in flexibility*

544 Our focal adult shags showed substantial among-individual variation yet notably high
545 within-individual repeatability in annual tactics, including high repeatability of both
546 seasonally inflexible phenotypes (full-R and full-M) and seasonally flexible phenotypes
547 (mixed-RM, fig. 4, 5). This implies that both inflexibility and flexibility in the focal
548 threshold trait could be underpinned by substantial genetic and/or permanent
549 environmental effects.

550 To our knowledge, four previous studies have quantified within-individual
551 variation in plasticity across different time periods and/or environmental axes alongside
552 among-individual variation (Araya-Ajoy and Dingemanse 2017; Mitchell and Biro
553 2017; Cornwell et al. 2019; Strickland et al. 2021). All four studies considered
554 continuously distributed behavioural traits and quantified phenotypic variation as
555 reaction norms slopes given known environmental variables, finding considerable
556 repeatability through time. In general, such repeatability could readily occur if plastic

557 responses are repeated because forms of environmental variation that drive reaction
558 norms are repeated through time, for example due to environmental cyclicity such as
559 seasonality (Schlichting and Pigliucci 1998; Piersma and Drent 2003; Lande et al.
560 2019). Any underlying permanent environmental effects might reflect habituation or
561 social learning for behaviours including migration (Chapman et al. 2011; Jesmer et al.
562 2018). Repeatability in phenotypic plasticity could also occur in non-repeated
563 environmental contexts if individual reaction norm slopes are consistent across
564 different environmental axes (e.g. Cornwell et al., 2019), as expected if common
565 physiological or cognitive machineries underpin plasticity in multiple contexts
566 (Coppens et al. 2010; Dingemanse and Wolf 2013; Stamps 2016). Accordingly, within-
567 individual phenotypic variation has been interpreted to result from responses to internal
568 or external variables that vary through time at multiple scales within a population
569 (Araya-Ajoy and Dingemanse 2017; Mitchell and Biro 2017; Cornwell et al. 2019;
570 Strickland et al. 2021), representing multidimensional plasticity (Westneat et al. 2015,
571 2019).

572 In contrast, the threshold trait model, where an underlying environmentally-
573 sensitive liability leads to discrete phenotypic outcomes (fig. 1), can directly predict
574 structured patterns of hierarchical variation and repeatability in flexibility across
575 timescales without necessarily requiring multidimensional plasticity. Specifically,
576 because the degree of individual phenotypic flexibility is expected to decrease with
577 increasing distance of initial liability from the threshold (i.e. with liability elevation,
578 Reid and Acker 2022), among-individual variation in flexibility with directional
579 supraflexibility and positive covariation between flexibility and supraflexibility (fig. 1,
580 2) can readily arise, as observed for migration versus residence in shags (fig. 4, 5).

605 and sometimes between females and males (fig. 6). Selection against full-R during the
606 ECE years 2012-13 and 2017-18 reflects greater exposure of resident versus migrant
607 locations to extreme late-winter storms that caused mortality in these two years (broadly
608 consistent with previous cross-sectional analyses that did not consider annual migratory
609 tactics; Acker et al. 2021a). The lower survival probability of mixed-RM compared to
610 full-M in 2012-13, generating overall directional selection towards full-M, could then
611 effectively represent a cost of flexibility (here, of moving between locations during
612 winter) that prevented the full potential benefit of migration. The disruptive selection
613 along the R–M continuum that was evident for the five non-extreme years in males, and
614 in one ECE year in females (2013-14; fig. 6), is also consistent with costs of mixed-
615 RM. In general, such costs might result from fine spatio-temporal variation in survival
616 if mixed-RM individuals experience temporarily poor conditions both before and after
617 departure. They could also represent direct costs resulting from reduced local site
618 familiarity or increased susceptibility to local environmental deteriorations compared
619 with individuals that winter in a single location (Skov et al. 2010), and/or from
620 maintaining physiological machineries required to respond to environmental variation
621 (e.g. DeWitt et al. 1997; Auld et al. 2010).

622 Still relatively few studies have quantified variation in fitness components in
623 relation to phenotypic plasticity in any trait, and very few considered labile traits.
624 Conclusive evidence of selection on phenotypic plasticity, or on resulting phenotypic
625 flexibility, consequently remains scant (Van Buskirk and Steiner 2009; Chevin et al.
626 2010; Arnold et al. 2019). A general meta-analysis concluded that fitness costs and
627 benefits of developmental plasticity were usually small, but that costs predominantly
628 arise under stressful environmental conditions (Van Buskirk and Steiner 2009). In
629 contrast, our results indicate that costs of flexibility (i.e. lower survival of mixed-RM,

630 resulting in disruptive selection) can be manifested under both benign (non-ECE) and
631 extreme (ECE) conditions (fig. 6). Yet, our results also show that any such costs are
632 highly contingent, and may often be hidden by large variation in sex- and year-
633 dependent costs and benefits of the alternative inflexible phenotypic tactics (i.e. full-M
634 and full-R).

635 Conversely, there was some evidence of stabilising selection, defined by higher
636 survival probability of the flexible mixed-RM tactic than both inflexible tactics, only in
637 2013-14 and 2017-18 in males. There was consequently no strong evidence that the
638 relatively high observed frequency of migratory flexibility could be directly maintained
639 through survival selection. However, the threshold trait model (fig. 1) implies that
640 flexibility could be induced by instances of phenotypically disassortative mating. This
641 can arise because any reproduction involving two parents with opposite inflexible
642 phenotypes, given additive genetics effects on their liabilities, can readily generate
643 offspring with liabilities close to the threshold that are consequently highly
644 phenotypically flexible (Reid and Acker 2022). Variation in phenotypic flexibility in a
645 threshold trait might then be maintained as an indirect consequence of disruptive
646 selection that acts to maintain both inflexible phenotypes.

647 Indeed, under the threshold trait model, any form of selection along the
648 continuum of observed phenotypic tactics implies some similar form of selection along
649 the underlying liability (fig. 1,2; Reid and Acker 2022). While substantial additive
650 genetic variation in liabilities can be maintained even given consistent directional
651 selection, phenotypic variation is unlikely to be maintained without some additional
652 form of non-linear or varying selection (Roff 1996, 1998). These requirements could
653 be effectively fulfilled by the disruptive selection observed in non-ECE years, and the
654 variation in the shape of selection observed across ECE years, in turn implying that

655 increasing frequencies of diverse ECEs could help maintain genetic variation in
656 flexibility. Yet, the frequency of full-R typically exceeded other phenotypic tactics,
657 despite having no clear survival advantage across years. This may partly be explained
658 by reproductive selection, since our previous cross-sectional analyses showed that
659 shags that were resident on Isle of May during late winter commonly had higher
660 breeding success than migrants that spent the late winter elsewhere (Grist et al. 2017;
661 Acker et al. 2021b). Such relationships could represent carry-over effects of winter
662 location on subsequent reproductive success, generating indirect selection on migratory
663 tactic.

664 Meanwhile, few or no previous studies on any trait have considered whether
665 selection on phenotypic plasticity or flexibility is sex-specific (Van Buskirk and Steiner
666 2009; Arnold et al. 2019; but see Fox et al. 2019). We observed a striking difference in
667 the form of selection between females and males in the ECE year 2013-14, with
668 apparently strong selection against migratory flexibility in females but not males. There
669 was also some weak evidence of selection for flexibility in males but not females in
670 2017-18. These effects could reflect interactions between environmental variation and
671 sex-specific environmental sensitivity in shags. For example, females' foraging
672 efficiency is more sensitive to strong winds, and females can experience higher associated
673 mortality (Lewis et al. 2015; Acker et al. 2021a). Given the threshold trait model, such
674 sex-specific selection on flexibility could translate into sex-specific selection on mean
675 liability, due to the expected intrinsic relationship between the two. Thus, while sex-
676 specific selection on any continuously distributed trait could cause or accentuate sexual
677 dimorphism (Kruuk et al. 2008; Cox and Calsbeek 2009), such effects could be
678 exacerbated in a threshold trait if sex-specific selection affects flexibility. However,
679 since there was no strong sexual dimorphism in the shape of selection in most years,

680 any such evolutionary consequences are likely to be minor in our system, unless ECEs
681 become more frequent.

682

683 *Overall implications for phenotypic dynamics*

684 One general yet rarely achieved ambition in evolutionary ecology is to partition effects
685 of multiple simultaneously or sequentially acting processes on overall phenotypic
686 variation and change (e.g. Charmantier et al. 2008; Chevin et al. 2010; Coulson et al.
687 2010; de Villemereuil et al. 2020). Our analyses allowed evaluation of the relative
688 contributions of supraflexibility, survival selection on flexibility and entry of new adult
689 individuals in shaping population-wide phenotypic change among adults across the
690 study period, including change in flexibility. Despite the strong observed episodes of
691 selection, our results demonstrate some predominance of supraflexibility over selection
692 on flexibility in generating immediate changes in tactic frequencies, and hence in
693 shaping population-wide occurrences of flexible seasonal migration and resulting
694 spatio-seasonal dynamics (fig. 7). Yet, selection could still shape longer-term micro-
695 evolutionary and phenotypic dynamics by altering within-generation distributions of
696 genetic values for liability-scale reaction norm elevations and/or slopes and
697 corresponding frequencies of flexible and inflexible tactics, and of associated
698 supraflexibility, in subsequent generations. Such selection could partly account for the
699 observed effects of entry of new adults, which are primarily new recruits to the local
700 breeding population, and hence represent contributions from successive (overlapping)
701 generations.

702 The full longer-term dynamics of phenotypes, and associated degrees of
703 flexibility and supraflexibility, will consequently depend on additive genetic variances

704 in liability for migration versus residence and patterns of (dis)assortative mating,
705 alongside developmental plasticity and selection occurring through reproduction and
706 sub-adult survival to recruitment (Charlesworth 1994; Kruuk 2004; Coulson et al. 2010;
707 Reid and Acker 2022). These dynamics could be further modulated by complex forms
708 of direct and indirect selection on supraflexibility, including indirect selection resulting
709 from the expected positive covariation with flexibility (fig. 2C). Our accumulating
710 dataset will allow future estimation of all these components, but this will require further
711 major methodological developments. New multistate capture-recapture model
712 structures will be required to appropriately represent memory of the previous
713 phenotypic tactic, reproduction, early-life histories up to recruitment, and phenotype-
714 dependent mating dynamics. Combining capture-recapture and generalized linear
715 mixed model approaches will ultimately allow estimation of effects on the latent
716 liability scale, including plasticity reaction norms and additive genetic variances.
717 Together, these advances will allow full dissection of all processes shaping short-term
718 and longer-term changes in migratory phenotypes and migratory flexibility, and
719 resulting spatio-seasonal population dynamics.

720

721

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731

732 **Statement of authorship**

733 PA and JMR formulated the ideas and conceptual developments. JMR and FD
734 conceived the migration field study. FD, SW, MPH, MAN, SJB, CG, RS and JMR
735 organised and undertook long-term field data collection. PA designed the modelling
736 methodology, coded the models, analysed the data and drafted the manuscript, assisted
737 by JMR. FD, SJB, and APP contributed manuscript edits. All authors gave final
738 approval for publication.

739

740 **Data and code accessibility**

741 Data and code are available from the Dryad Digital Repository:
742 <https://doi.org/10.5061/dryad.3j9kd51mn>.

743

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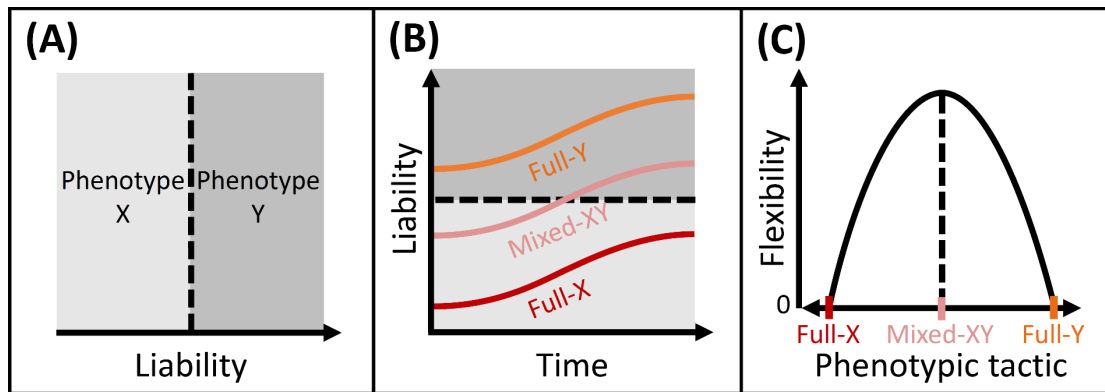
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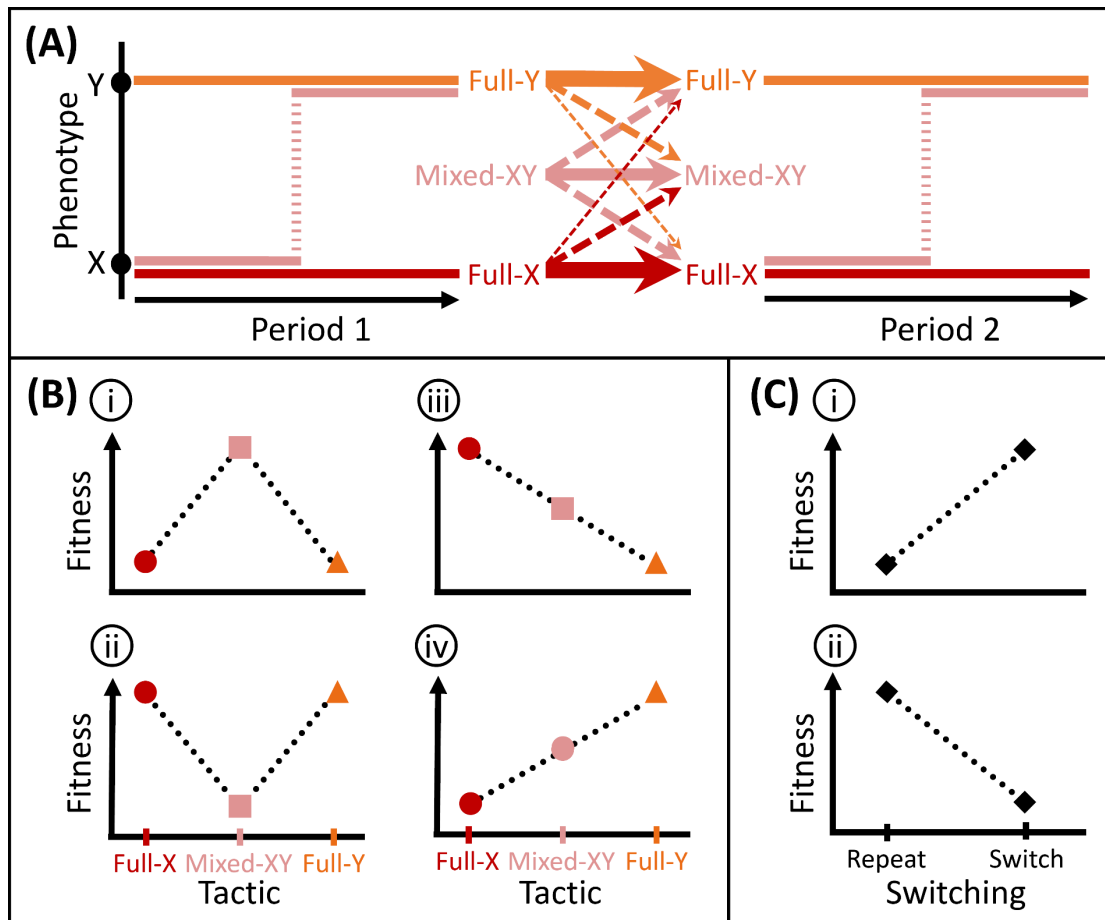
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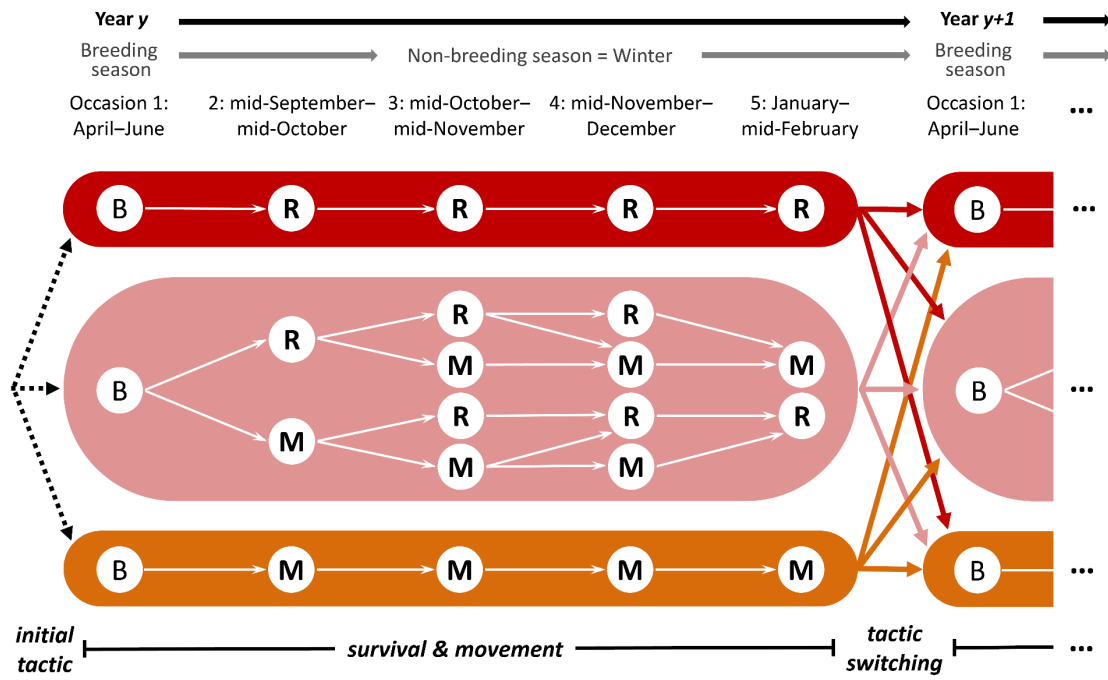
943 **Figure 1.** Basic principles of the threshold trait model. (A) Each individual expresses
 944 alternative phenotype X or Y (light grey versus dark grey shading) when its underlying
 945 liability is below or above the threshold (dashed line). Liability is conceptualised as a
 946 continuous latent variable which can vary among and within individuals due to genetic
 947 and environmental effects. (B) Hypothetical changes in individual liability through
 948 time, given among-individual variation in mean liability (i.e. elevation) and identical
 949 time-varying environmental effects. The red and orange individuals have liabilities that
 950 remain below and above the threshold (dashed line) respectively, and hence inflexibly
 951 express phenotypes X and Y respectively throughout the observed time period (i.e. full-
 952 X and full-Y tactics). The rose individual has a liability that crosses the threshold at
 953 some time, and hence expresses both X and Y (i.e. mixed-XY tactic, representing
 954 phenotypic flexibility). (C) Relationship between the degree of individual flexibility
 955 (i.e. within-individual phenotypic variance) and phenotypic tactic along the X–Y
 956 continuum (i.e. expressed proportion of X vs. Y, from full-X to full-Y). Flexibility is
 957 zero at both extremes and maximal for a mixed-XY tactic with 50% X and 50% Y (as
 958 illustrated).



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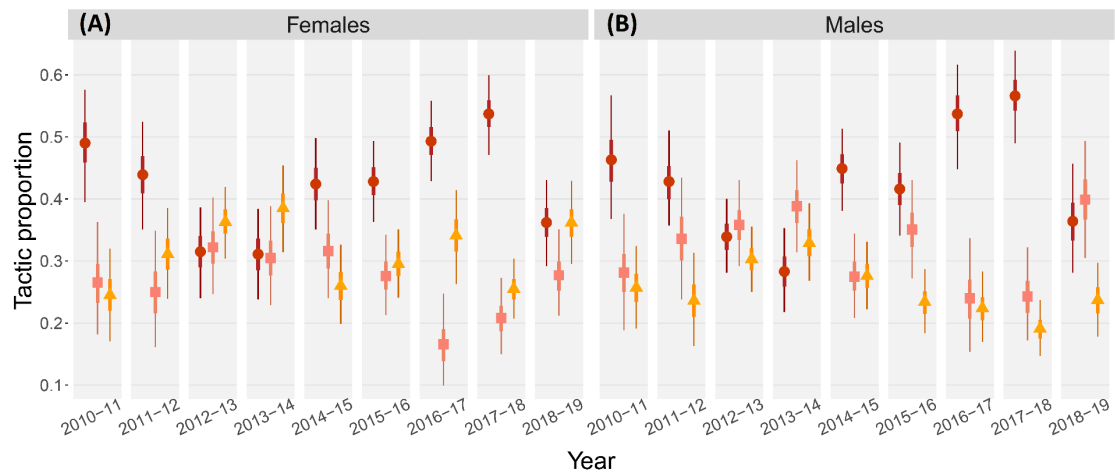
960 **Figure 2.** Hierarchical phenotypic variation in a dichotomous trait and associated
 961 selection. (A) Among-individual and within-individual variation in phenotypic tactic,
 962 illustrating variation in flexibility and supraflexibility. Phenotypes X and/or Y are
 963 expressed during focal time periods (denoted 1 and 2) that occur sequentially. Within
 964 each period, each individual expresses either an inflexible phenotypic tactic (full-X in
 965 red, or full-Y in orange) or a flexible tactic (mixed-XY in rose). There are nine possible
 966 paths across two consecutive periods and hence forms of supraflexibility (arrows; OSM
 967 S1): individuals can either retain the same tactic (3 possible paths, solid arrows), or
 968 switch tactic (6 possible paths, dashed arrows). Different arrow widths represent
 969 different switching probabilities as qualitatively expected under the threshold trait
 970 model, showing that supraflexibility could be structured and covary with flexibility. (B
 971 and C) Possible shapes of selection on tactics (and hence flexibility) and supraflexibility

972 arising due to associated variation in fitness (ω), resulting in selection along the X–Y
973 continuum. Such selection could be (B-i) stabilizing ($\omega_{\text{full-X}} < \omega_{\text{mixed-XY}} > \omega_{\text{full-Y}}$) or (B-ii)
974 disruptive ($\omega_{\text{full-X}} > \omega_{\text{mixed-XY}} < \omega_{\text{full-Y}}$) due to relative benefits or costs of being flexible,
975 or directional towards (B-iii) full-X ($\omega_{\text{full-X}} > \omega_{\text{mixed-XY}} > \omega_{\text{full-Y}}$) or (B-iv) full-Y ($\omega_{\text{full-}}$
976 $X < \omega_{\text{mixed-XY}} < \omega_{\text{full-Y}}$) due to relative benefits of expressing X or Y. Further, there could
977 be selection (C-i) for or (C-ii) against supraflexibility depending on fitness variation
978 occurring in two consecutive periods. Such selection on supraflexibility could
979 intrinsically result from sequences of selection on flexibility in consecutive years,
980 and/or from direct costs or benefits of switching tactic between years. It could therefore
981 be partly conditional on, but also partly independent of, the tactics from and to which
982 switching occurs.



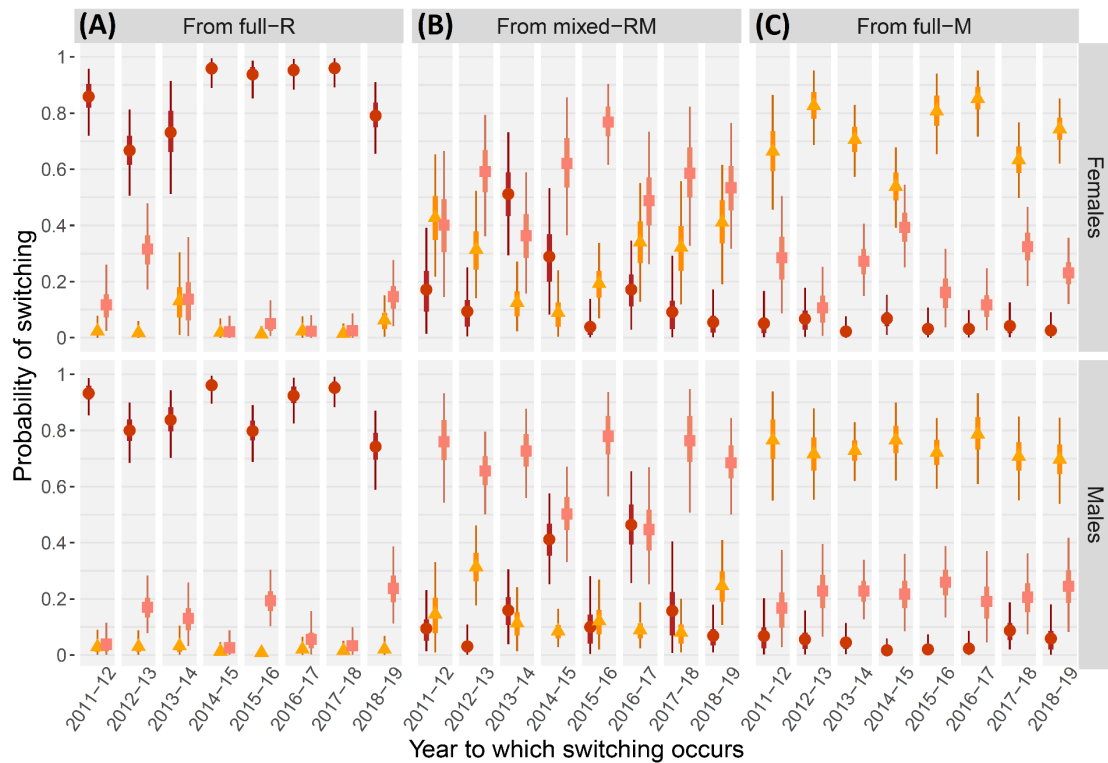
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984 **Figure 3.** Summary of the state transition process of the full-annual-cycle capture-
 985 recapture model representing a dynamic finite mixture of annual migratory tactics, and
 986 hence individual variation in flexibility and supraflexibility of migration versus
 987 residence. The diagram represents possible fates of individuals from the year they enter
 988 the dataset (y) to the next year ($y+1$). An individual undertakes one possible initial tactic
 989 (dashed arrows): either full residence ('full-R', top, red), mixed residence-migration
 990 ('mixed-RM', middle, rose), or full migration ('full-M', bottom, orange). All
 991 individuals start the annual cycle during the breeding season at the residency area (state
 992 'B'). Each tactic is defined by constraints that determine possible within-year
 993 transitions (white arrows) of surviving individuals between the two phenotypic states:
 994 residence (R) and migration (M). Then, between years (here year y to $y+1$), individuals
 995 can switch between tactics or repeat the same tactic (coloured arrows). The complete
 996 fate diagram showing the full state transition and observation processes is in OSM S3.



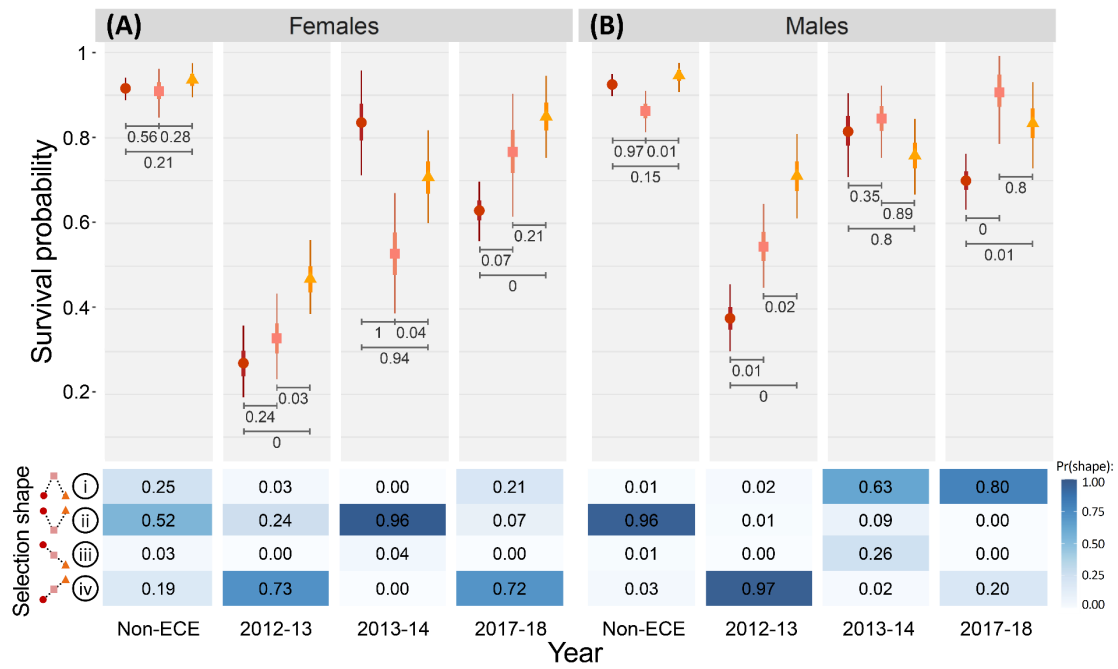
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998 **Figure 4.** Relative tactic frequencies estimated at the start of each biological year (i.e.
 999 occasion 1; F_t) from 2010-11 to 2018-19 in (A) females and (B) males, derived for full
 1000 residence ('full-R', red circles) and full migration ('full-M', orange triangles),
 1001 representing tactics that are phenotypically inflexible within the focal winter, and mixed
 1002 residence-migration ('mixed-RM', rose squares), representing a phenotypically flexible
 1003 tactic within the focal winter. Point estimates are posterior means, inner and outer line
 1004 segments indicate 50% and 95% credible intervals.



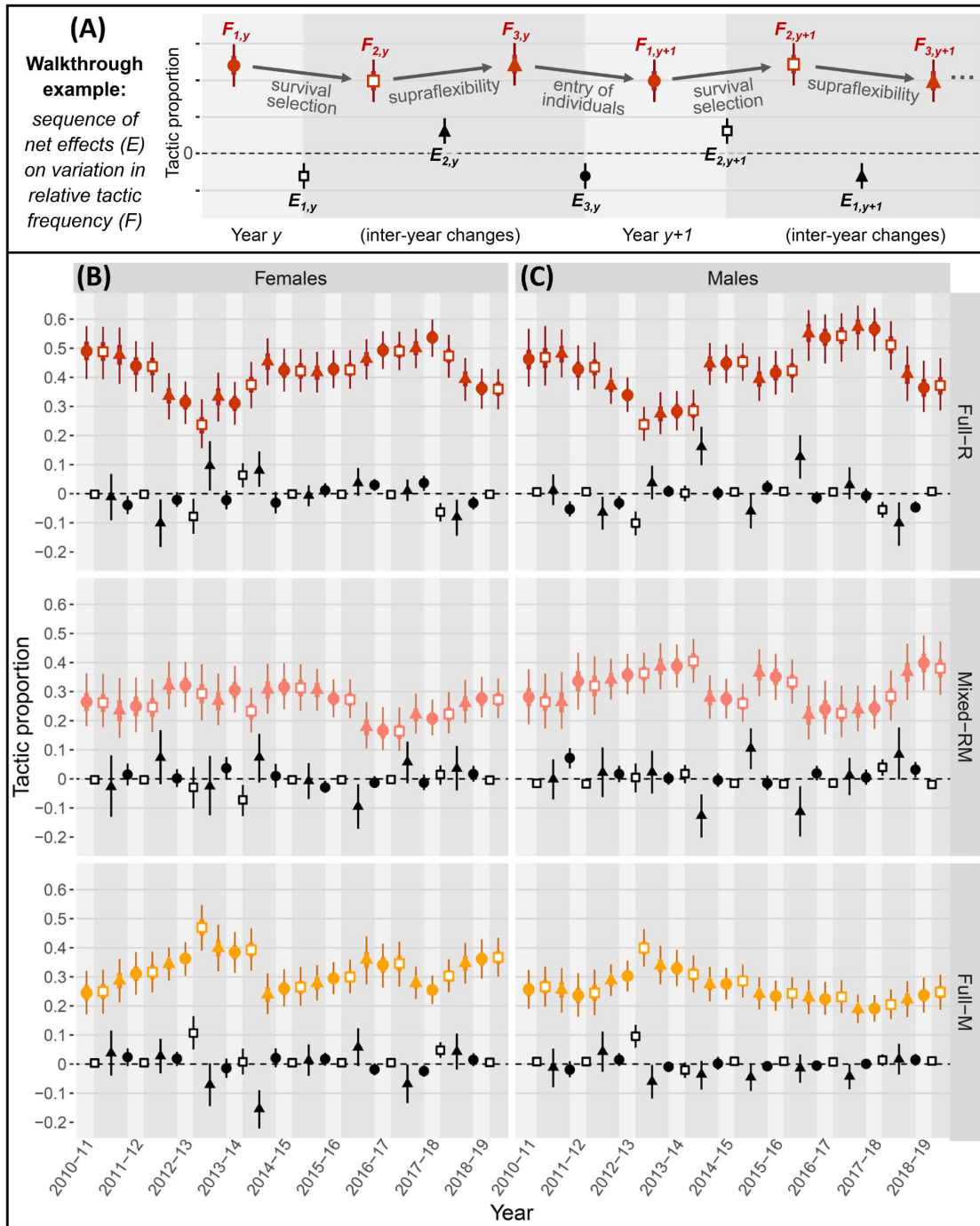
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1006 **Figure 5.** Probabilities of between-year switching (κ) from (A) full residence ('full-R'),
 1007 (B) mixed residence-migration ('mixed-RM') and (C) full migration ('full-M') to each
 1008 of these tactics, in females (top row) and males (bottom row). Probabilities of switching
 1009 to full-R, mixed-RM and full-M are in red circles, rose squares and orange triangles
 1010 respectively. The probability of switching from any one tactic to the same tactic
 1011 represents the probability of repeating this tactic (i.e. not switching). Point estimates
 1012 are posterior means, inner and outer line segments indicate 50% and 95% credible
 1013 intervals. The x-axis indicates the biological year to which switching occurs (e.g. 2012-
 1014 13 is for the transition from 2011-12 to 2012-13).



1015

1016 **Figure 6.** Tactic-specific annual survival probabilities, and associated evidence for
 1017 possible shapes of selection, in (A) females and (B) males. Annual survival probability
 1018 (Φ) was estimated separately for each of the three years with an extreme climatic event
 1019 ('ECE'), and estimated across all five non-ECE years combined. In the survival
 1020 probability graphs, point estimates are posterior means for full residents ('full-R', red
 1021 circles), mixed resident-migrants ('mixed-RM', rose squares), and full migrants ('full-
 1022 M', orange triangles). Inner and outer line segments indicate 50% and 95% credible
 1023 intervals. Segment annotations indicate the probability that the difference Δ , between
 1024 the two points at the left and right end of the segment, is positive ($\Pr(\Delta > 0)$); values close
 1025 to 0 or 1 indicate substantial evidence for a negative or positive difference respectively;
 1026 values close to 0.5 indicate no clear evidence for either). In the heatmaps, values are
 1027 the probabilities of each possible shape of selection along the residence-migration
 1028 continuum ($\Pr(\text{shape})$; i: stabilising, ii: disruptive, iii: directional towards full-R, and
 1029 iv: directional towards full-M).



1030

1031 **Figure 7.** Overall synthesis of phenotypic dynamics of the three defined migratory
 1032 tactics. The walkthrough example (A) illustrates that relative tactic frequency (F) is
 1033 quantified at the start of each year y once new individuals have entered the adult
 1034 population ($F_{1,y}$, filled coloured circles), then immediately after annual survival
 1035 selection ($F_{2,y}$, open coloured squares), and immediately after subsequent tactic
 1036 switching between y and $y+1$ ($F_{3,y}$, filled coloured triangles). The corresponding net

1037 effects on variation in tactic frequency (E) from y to $y+1$, due to survival selection
1038 ($E_{1,y}=F_{2,y}-F_{1,y}$, open black squares), supraflexibility ($E_{2,y}=F_{3,y}-F_{2,y}$, black triangles), and
1039 entry of new individuals ($E_{3,y}=F_{1,y+1}-F_{3,y}$, circles) are negative when frequency
1040 decreases and positive when it increases. Estimates are shown for (B) females and (C)
1041 males, for full residence ('full-R', red, top row); mixed residence-migration ('mixed-
1042 RM', rose, middle row); full migration ('full-M', orange, bottom row). Coloured points
1043 are posterior means of F , with inner and outer line segments indicating 50% and 95%
1044 credible intervals. Black points are posterior means of E , with lines indicating 90%
1045 credible interval. A 90% credible interval located below (or above) zero indicates that
1046 the probability of E being negative (or positive) is $>95\%$.