

1 **Density-dependent selection and the mainte-** 2 **nance of colour polymorphism in barn owls**

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16 Abstract

17 The capacity of natural selection to generate adaptive changes is according to the Fun-
18 damental Theorem of Natural Selection proportional to the additive genetic variance in
19 fitness. In spite of its importance for development of new adaptations to a changing envi-
20 ronment, processes affecting the magnitude of the genetic variance in fitness-related traits
21 are poorly understood. Here we show that the red-white colour polymorphism in female
22 barn owls is subject to density-dependent selection at the phenotypic and genotypic level.
23 The diallelic melanocortin-1 receptor (MC1R) gene explained a large amount of the phe-
24 notypic variance in reddish colouration in the females ($R^2 = 59.8\%$). Red individuals
25 (RR genotype) were selected for at low densities, while white individuals (WW genotype)
26 were favoured at high densities and were less sensitive to changes in density. We show
27 that this density-dependent selection favours white individuals and predicts fixation of
28 the white allele in this population at longer time scales without immigration or other
29 selective forces. Still, fluctuating population density will cause selection to fluctuate and
30 periodically favour red individuals. These results suggest how balancing selection caused
31 by fluctuations in population density can be a general mechanism affecting the level of
32 additive genetic variance in natural populations.

33 **Keywords:** Population density, individual fitness, natural selection, reproductive value,
34 *Tyto alba*

1 Introduction

One of the most important contributions in evolutionary biology is Fisher's [1] Fundamental Theorem of Natural Selection, stating that the partial rate of increase in fitness is equal to its additive genetic variance in fitness [2,3]. This implies that consistent natural selection favouring genotypes of high fitness may deplete the additive genetic variance in fitness [4], reducing the capacity of a population to change genetically from one generation to the next. Still, comparative analyses of heritability and evolvability suggest that there is substantial potential for evolutionary changes in most traits, but also reveal large variation between traits [5, 6]. Factors affecting this large variation in additive genetic variance are poorly understood and is a major reason for why evolutionary biologists have found it difficult to develop reliable predictions of evolutionary responses to changes in the environment [7].

Fluctuations in environmental conditions and population density affect the vital rates of natural populations, causing populations to fluctuate in size [8]. The close link between the population growth rate and expected absolute fitness means that feedbacks between population density and adaptive evolution may induce density-dependent selection [9–17]. Then mean fitnesses of different phenotypes and genotypes depends on population density and selection will have both density-dependent and density-independent components [14, 16–20]. MacArthur and Wilson [21] introduced the concept of r - and K -selection, where r is the population growth rate in the absence of density regulation (very small values of N) and K is the carrying capacity of the population. This model proposes that those phenotypes favoured at small population densities are selected against at population sizes close to the carrying capacity [18, 21–26]. Theoretical models have shown that this can lead to fluctuating selection around an intermediate value of the phenotype [14, 18, 19, 23–25] (but see Asmussen [27]), which in a fluctuating environment facilitates maintenance of genetic variance. Accordingly, a combination of density-dependent and stabilizing selection in great tits *Parus major* causes the mean clutch size per season to fluctuate around an intermediate optimum maximizing the expected population size [16]. Thus, fluctuations in population size may provide a general agent of selection which also

64 may maintain additive genetic variance in fitness-related characters.

65 Analyses of colour polymorphisms have been popular study systems in evolutionary
66 biology for a long period of time [28, 29]. Such polymorphisms are often determined by
67 one or a few genes of large effect [30–32] and frequently related to variation in individual
68 fitness components [29, 33–37]. Importantly, in several natural populations of animals
69 there exists colour polymorphisms which seems to be relatively stable over time [30, 38, 39].
70 This suggests the action of balancing selection, which is any form of natural selection that
71 promote the maintenance of polymorphisms at a higher level than would be expected from
72 genetic drift and mutation rates alone [23, 39–42].

73 Barn owl *Tyto alba* populations harbours a distinct colour polymorphism, where the
74 ventral body parts vary in colouration between individuals from white to dark red and
75 also have a variable number and size of black spots [31, 32, 43]. Colouration and spottiness
76 are largely heritable [43] and the diallelic melanocortin-1 receptor (*MC1R*) gene has been
77 identified as a gene of large effect [31, 32]. The variation in these two traits are to different
78 degrees phenotypically correlated to individual differences in behaviour and to variation in
79 several life-history traits [44–46]. In addition, plumage colouration affects the perception
80 of individuals by predators, conspecifics and prey species such that performance of the
81 individuals may depend on their colouration [29, 46, 47].

82 In this study, we examine density-dependent selection on colouration and spottiness
83 in female barn owls in a Swiss study population. Individuals have their phenotype scored
84 for the degree of eumelanic spottiness and reddish pheomelanic colouration, and are geno-
85 typed for the *MC1R*-gene. We explore whether balancing selection caused by fluctuations
86 in population size is able to maintain a colour polymorphism at the genetic and pheno-
87 typic level. To do this we apply a new evolutionary maximization principle showing that
88 in populations subject to density regulation evolution tends to maximize the expected
89 population size [14, 19].

2 Material and methods

Data collection

The data were collected from 1990 to 2016 in a population of barn owls *Tyto alba* on the plains south-west of lake Neuchâtel in western Switzerland (46° 49'N, 06° 56' E). The birds are sexually mature at age one year and mainly breed in nest boxes on farms in the area. Females can lay one or two broods of two to 11 eggs (median clutch size: 6 eggs) from late February to mid-August and incubate the eggs for approximately 32 days. Nestlings are fed in the nest until they fledge at approximately 55 days of age. The total annual population size (N) of the barn owls ranged from 52 to 187 individuals in the study period with a mean of 113.1 (SD = 40, Fig. A1).

Females were captured at the nest during incubation. Nestlings and any unmarked adults were marked with a numbered metal ring, then blood and feather samples were drawn for DNA. Nestling sex was identified using sex-specific molecular markers (the SPINDLIN-gene [48]), while adult breeding females were recognized based on the presence of a brood patch. Year of birth was known for females marked as nestlings, for other individuals age (in years) was deduced based on moult patterns in coverts and flight feathers. Since 1994, in the plumage for each of m body parts on adult females, the number (ν_m) and mean diameter ($d_m \pm 0.1$ mm) of eumelanic black spots and the degree of reddish pheomelanic colouration (c_m) were recorded. The black spots were assessed within a 60×40 mm (2400 mm²) frame and the reddish coloration was scored using eight-colour chips ranging from -8 (white) to -1 (dark reddish). The measured body parts were the breast, belly, each flank and each of the undersides of the wings, to account for the differential expression of the traits. For each individual we standardized the traits to age 1 year old using a mixed-effects model with three age classes (1, 2 and 3+ years old) and random slope and intercept for each individual. Then we calculated the mean spottiness (area of the plumage covered by black spots = $100 \times (\sum_1^m \pi r_m^2 \nu_m / 2400) / m$, where $r_m = d_m / 2$) and mean colour ($\sum_1^m c_m / m$) across the m measured body parts.

In the period 1996-2016, genomic DNA was extracted from blood samples of dried

118 feathers using the DNeasy Tissue and Blood kit or the Biosprint robot (Qiagen, Hom-
119 brechtikon, Switzerland). Then the melanocortin-1 receptor (*MC1R*) genotype was de-
120 termined using allelic discrimination. Each individual was genotyped twice using PCR
121 products from independent duplicated runs. Detailed protocols on DNA extraction and
122 genotyping can be found in San-Jose et al. [31]. A total of 540 females were genotyped,
123 resulting in 374 WW, 155 WR and 11 RR individuals in our sample. For various reasons,
124 a few females each year were not available for genotyping. In 1996, 20 individuals were
125 not genotyped, but for the years 1997-2016 there were 0 (5 years), 1 (4 years), 3 (2 years),
126 5 (1 year), 6 (1 year) or 7 (1 year) females that were not genotyped.

127 We structured the data using pre-breeding census. Hence, age 1 year old was the first
128 age class, survival was recorded as 1 if an individual was alive in the beginning of the
129 next years breeding season (otherwise 0) and reproduction was determined as the number
130 of nestlings which were alive to recruit into the next years breeding population (i.e. the
131 number of recruits). Juvenile (age < 1) emigration is common in this population; here
132 emigrants are treated as locally dead individuals (which reduced the estimated fecun-
133 dity rates). The recapture rate has previously been estimated as 0.84 for adults in this
134 population [49].

135 **Density-dependent selection**

136 **Model**

137 The population vector of an age-structured population is denoted as $\mathbf{n} = (n_1, n_2, \dots, n_k)^T$,
138 where T denotes matrix transposition, and the total population size $N = \sum n_x$ for age
139 classes $x = (1, 2, \dots, k)$. As we only work with the female subset of the population,
140 we assume that there are always adequate numbers of males present for all females
141 to be mated. In fluctuating environments, the population growth of density regulated
142 age-structured populations is governed by the stochastic projection matrix \mathbf{L} such that
143 $\Delta \mathbf{n} = \mathbf{L} \mathbf{n} - \mathbf{n}$ [50], where \mathbf{L} in general is a function of \mathbf{n} . We now assume that density
144 regulation only act through the total population size such that $\mathbf{L} = \mathbf{L}(N)$. For a large
145 population we then have $\mathbf{L}(N) = \bar{\mathbf{L}}(N) + \boldsymbol{\varepsilon}$, where $\bar{\mathbf{L}}(N)$ is the expected projection ma-

146 trix at population size N and $\boldsymbol{\varepsilon}$ is an environmental noise term. The non-zero elements
 147 of $\bar{\mathbf{L}}(N)$ are the fecundities $f_x(N) = f_x^* F_x(N)$ for all ages in the first row and the sur-
 148 vivals $s_x(N) = s_x^* S_x(N)$ for ages 1 to $k-1$ on the subdiagonal. Additionally, one may
 149 have $s_k(N)$ in the lower right element $\bar{L}(N)_{k,k}$ if age class k collects all individuals aged
 150 $\geq k$. Here f_x^* and s_x^* are the density-independent vital rates and $F_x(N)$ and $S_x(N)$ are
 151 density-dependent functions for fecundity and survival. For logistic density regulation,
 152 $F_x(N) = e^{-a_x N}$ and $S_x(N) = e^{-b_x N}$, where a_x and b_x measures the sensitivity of the vital
 153 rates in age class x to population density.

154 At the carrying capacity $N = K$ we have the equilibrium projection matrix $\hat{\mathbf{L}} = \bar{\mathbf{L}}(K)$
 155 with growth rate $\lambda = 1$ given by its real dominant eigenvalue. The stable age distribution
 156 \mathbf{u} and reproductive values \mathbf{v} at equilibrium are given as the left and right eigenvectors
 157 of $\hat{\mathbf{L}}$ scaled to $\sum u_x = 1$ and $\sum v_x u_x = 1$ [8, 51, 52]. At equilibrium, when the population
 158 has reached its stable age distribution the total reproductive value V of the population
 159 equals the carrying capacity, $V = \mathbf{v}\hat{\mathbf{n}} = K$, where $\hat{\mathbf{n}} = K\mathbf{u}$ (Appendix 1, 'Dynamics
 160 of reproductive values under density dependence'). The reproductive value v_x is then
 161 the expected contribution of an individual of age x to the growth of the equilibrium
 162 population [1].

163 We assume weak density dependence, such that the population mostly experience
 164 small deviations from equilibrium, to allow the reproductive values at N to be approx-
 165 imated by the reproductive values at equilibrium [51]. The annual contribution of indi-
 166 vidual i in age class x to the population next year can now be defined as [52, 53]

$$\Lambda_i = W_i/v_x = \frac{J_i v_{x+1} + B_i v_1/2}{v_x}, \quad (1)$$

167 where Λ_i is the individual fitness, W_i is the individual reproductive value [52], J_i is a
 168 dichotomous indicator of survival (1/0), B_i is the number of recruits produced and the
 169 v 's are age specific reproductive values at equilibrium. B_i is multiplied by 1/2 to account
 170 for sexual reproduction, assuming sex ratio 1:1. The scaling by the reproductive value
 171 ensure that $\tilde{\mathbf{E}}(\Lambda_i) = \sum v_i \Lambda_i / \sum v_i = \sum W_i / \sum v_i = (\Delta V + V)/V = \lambda = e^r$ independent of age
 172 at equilibrium [52, 53], where λ is the deterministic growth rate and r is the Malthusian

173 parameter. Henceforth, notations with $\tilde{\cdot}$ indicates reproductive value (rv) weighting, as
 174 originally proposed by Fisher [1].

175 Let there be variation among individuals in a fitness related phenotype z . Further-
 176 more, assume weak selection such that changes in z only cause minor changes to the
 177 elements of the equilibrium projection matrix $\hat{\mathbf{L}}$ [54, 55]. Then the expected fitness
 178 of an individual of phenotype z at population size N in environment ε can be writ-
 179 ten as $\tilde{\mathbb{E}}(\Lambda|z, N, \varepsilon) = e^{\tilde{M}(z, N, \varepsilon)}$, where $\tilde{M}(z, N, \varepsilon)$ is the conditional Malthusian paramete-
 180 ter [14, 16]. Taking the expectation over the fluctuating environment we have [14, 16]

$$\tilde{\mathbb{E}}_e \ln(\Lambda|z, N, \varepsilon) = \tilde{m}(z, N) \approx \tilde{r}(z, N) - \frac{1}{2}\sigma_e^2, \quad (2)$$

181 where $\tilde{m}(z, N)$ is the mean Malthusian parameter and $\tilde{r}(z, N)$ is the deterministic growth
 182 rate of a population fixed for phenotype z and population size N , and σ_e^2 is the environ-
 183 mental variance [16].

184 Similarly as Engen et al. [14] and Sæther et al. [16], we define the model $\tilde{r}(z, N) =$
 185 $\tilde{r}(z) - \tilde{\gamma}(z)g(N)$, where $\tilde{r}(z)$ governs the growth rate as the population size approach
 186 zero, $\tilde{\gamma}(z)$ defines the strength of density regulation and $g(N)$ is a function for the form
 187 of density regulation. Henceforth, we define $g(N) = N$ for logistic density regulation. In
 188 this model, the mean Malthusian fitness is $\tilde{m}(\tilde{z}, N) = \tilde{s}(\tilde{z}) - \tilde{\gamma}(\tilde{z})N$, where $\tilde{s}(\tilde{z}) = \tilde{r}(\tilde{z}) -$
 189 $1/2\sigma_e^2$ (the long-run growth rate in the absence of density regulation), $\tilde{r}(\tilde{z}) = \Sigma_{i=1}^N \tilde{r}(z)/N$
 190 and $\tilde{\gamma}(\tilde{z}) = \Sigma_{i=1}^N \tilde{\gamma}(z)/N$ [14]. With density dependent selection, the rv-weighted mean
 191 phenotype \tilde{z} is expected to evolve towards the value \tilde{z}_{opt} that maximize the function
 192 $Q(\tilde{z}) = \tilde{s}(\tilde{z})/\tilde{\gamma}(\tilde{z})$, which is the expected value of N [14]. The selection gradient on the
 193 phenotype in this model is given by $\nabla \tilde{m}(\tilde{z}, N) = \nabla \tilde{s}(\tilde{z}) - \nabla \tilde{\gamma}(\tilde{z})N$ [14, 16, 19], where ∇
 194 indicates the derivative with respect to \tilde{z} .

195 Let the variation in the phenotype partly be caused by a diallelic locus, with alleles 1
 196 and 2. The total reproductive value of allele 1 in the population is then $V_1 = \mathbf{v}\mathbf{X}_1$ [54],
 197 where \mathbf{X}_1 is the column vector for the numbers of allele 1 for each individual and \mathbf{v} is the
 198 row vector with the age specific reproductive values at equilibrium for each individual.
 199 Thus, the rv-weighted mean allele frequency $\tilde{p} = V_1/(V_1 + V_2)$. The expected fitness of

200 an individual with genotype kl at population size N in environment ε can be written as
 201 $\tilde{E}(\Lambda|kl, N, \varepsilon) = e^{\tilde{M}(kl, N, \varepsilon)}$. Taking the expectation over the environment we have

$$\tilde{E}_\varepsilon \ln(\Lambda|kl, N, \varepsilon) = \tilde{m}(kl, N) \approx \tilde{r}(kl, N) - \frac{1}{2}\sigma_e^2, \quad (3)$$

202 where $\tilde{r}(kl, N) = \tilde{r}(kl) - \tilde{\gamma}(kl)N$, and we assume that the environmental variance
 203 σ_e^2 is independent of the genotype. Similarly to the phenotypic model, $\tilde{r}(kl)$ governs
 204 the growth rate in the absence of density regulation and $\tilde{\gamma}(kl)$ defines the strength of
 205 density regulation. We assume that the locus is pleiotropic and affects both the density-
 206 independent and the density-dependent component of the Malthusian fitness. Then,
 207 following Falconer [56] we can define the genotypic values for each genotype as $(\tilde{a}_r, \tilde{a}_\gamma)$,
 208 $(\tilde{d}_r, \tilde{d}_\gamma)$ and $(-\tilde{a}_r, -\tilde{a}_\gamma)$, where $\tilde{a}_r = \tilde{r}(11) - \tilde{r}_0$, $\tilde{a}_\gamma = \tilde{\gamma}(11) - \tilde{\gamma}_0$, $\tilde{d}_r = \tilde{r}(12) - \tilde{r}_0$ and
 209 $\tilde{d}_\gamma = \tilde{\gamma}(12) - \tilde{\gamma}_0$. Here, $\tilde{r}_0 = (\tilde{r}(11) + \tilde{r}(22))/2$ and $\tilde{\gamma}_0 = (\tilde{\gamma}(11) + \tilde{\gamma}(22))/2$, i.e. the
 210 midpoints between the expectation for components of the growth rate of the homozygotes.
 211 The expected mean Malthusian fitness can then be given as

$$\bar{m}(\tilde{p}, N) = \bar{s}(\tilde{p}) - \bar{\gamma}(\tilde{p})N, \quad (4)$$

212 where $\bar{s}(\tilde{p}) = \bar{r}(\tilde{p}) - 1/2\sigma_e^2$, $\bar{r}(\tilde{p}) = \tilde{a}_r(\tilde{p} - \tilde{q}) + 2\tilde{p}\tilde{q}\tilde{d}_r + \tilde{r}_0$, $\bar{\gamma}(\tilde{p}) = \tilde{a}_\gamma(\tilde{p} - \tilde{q}) + 2\tilde{p}\tilde{q}\tilde{d}_\gamma + \tilde{\gamma}_0$
 213 and $\tilde{q} = 1 - \tilde{p}$. Hence, we can define a function $Q(\tilde{p}) = \bar{s}(\tilde{p})/\bar{\gamma}(\tilde{p})$, which is a maximiza-
 214 tion principle for the evolution of the allele frequency \tilde{p} under density-dependent selection
 215 (Appendix 1, 'Maximization principle for allele frequency under density-dependent selec-
 216 tion'). Adaptive evolution is expected to maximize the Q -function as the population
 217 mean allele frequency evolve towards \tilde{p}_{opt} . The selection gradient on allele frequency in
 218 this model is given by $\nabla \bar{m}(\tilde{p}, N) = \nabla \bar{s}(\tilde{p}) - \nabla \bar{\gamma}(\tilde{p})N = 2[\tilde{a}_r - \tilde{a}_\gamma N + (\tilde{q} - \tilde{p})(\tilde{d}_r - \tilde{d}_\gamma N)]$,
 219 where ∇ indicates the derivative with respect to \tilde{p} .

220 Estimation

221 Age classes 8-15 were collapsed to age class 8+ to ensure that there were sufficient numbers
 222 of individuals in each age class in the analyses ($n_x \geq 10$). First we estimated the observed

223 mean projection matrix $\bar{\mathbf{L}}(N)$ by taking the average of annual age specific survival (J)
 224 and recruit production ($B/2$) over years (Table A2a). Then to estimate the elements
 225 $(\mathbf{s}(N), \mathbf{f}(N))$ of the expected equilibrium projection matrix $\bar{\mathbf{L}}(K)$ we applied separate
 226 generalized linear models (GLMs) for survival and recruit production with age categories
 227 and $\Delta N/N$ as explanatory variables (Table A1). For survival we fitted a GLM with
 228 binomial error distribution and a logit link function, and for fecundity we fitted a GLM
 229 with Poisson error distribution, a log link function, and an offset of $\ln 2$ and weights
 230 $1/2$ to account for sexual reproduction (on average, half of the recruits are females).
 231 $E(\Delta N/N|N) = \lambda(N, \phi) - 1$, where ϕ collects all parameters affecting the population
 232 growth rate [8]. Hence, we predicted survival and fecundity rates at K from the GLMs
 233 by setting $\Delta N/N = 0$ (Table A2b). Due to emigration of juveniles, which result in
 234 reduced estimates of fecundities in the study population, the growth rate of $\bar{\mathbf{L}}(K)$ was
 235 lower than one ($\lambda_K = 0.58$). Accordingly, to obtain a stationary model at K we scaled
 236 the recruit production $\mathbf{f}(K)$ by a constant c to obtain $\bar{\mathbf{L}}^*(K)$ (Table A2c). The c was
 237 estimated by solving the Euler-Lotka equation, $c \sum \lambda(K)^{-x} l_x(K) f_x(K) = 1$, using the
 238 Newtons method. Here, $l_x(K) = \prod_{x=1}^{k-1} s_x(K)$ and $\lambda(K) = 1$. Given the equilibrium
 239 projection matrix $\bar{\mathbf{L}}^*(K)$, reproductive values (\mathbf{v}) and the stable age distribution (\mathbf{u}) were
 240 estimated as the scaled left and right eigenvector [50,52]. We also estimated reproductive
 241 values for all observed $\Delta N/N$ to investigate the difference from the reproductive values
 242 at equilibrium (Fig. A2). There were no evidence for a difference on average between the
 243 reproductive values at the observed population densities and the reproductive values at
 244 equilibrium (ANOVA: mean difference = -0.0001 ± 0.0043 , $F_{7,200} = 1.67$, $P = 0.118$, Fig.
 245 A2). Hence, the reproductive values at equilibrium were good estimates of the expected
 246 contributions of the age classes to the future population growth when averaged over N
 247 in our population.

248 We fitted generalized mixed effects models (GLMMs), using the R package *lme4*
 249 (version 1.1-21), with a random intercept for year to estimate the density dependent
 250 and density independent parameters in our population (equations 2 and 3). For each
 251 phenotype (z), mean spottiness or mean colour, we define $\tilde{r}(z) = \beta_1 + \beta_2 z + \beta_3 z^2$ to allow

252 a test for an intermediate phenotypic optimum in the growth rate as a function of z and
 253 $\tilde{\gamma}(z) = -\beta_4 - \beta_5 z$ to test for a decrease in $\tilde{\gamma}(z)$. The selection gradient on the phenotype
 254 with this parametrisation is found to be $\nabla \bar{m}(\tilde{z}, N) = \beta_2 + 2\beta_3 \tilde{z} + \beta_5 N$ [14]. To ease
 255 model convergence, the traits were standardised to a mean of 0 and unit variance prior
 256 to analyses (colour: mean = -4.586 ± 0.045 , sd = 1.412, spottiness: mean = 3.898 ± 0.100 ,
 257 sd = 2.560). Parameter estimates were backtransformed and are reported for mean
 258 centered traits. Thus, the selection gradients are unscaled. Similarly for the MC1R-
 259 genotype, we define $\tilde{r}(kl) = \beta_1 + \beta_2 x_{WR} + \beta_3 x_{RR}$ to test for an effect of genotype (kl)
 260 on the growth rate and $\tilde{\gamma}(kl) = -\beta_4 - \beta_5 x_{WR} - \beta_6 x_{RR}$ to test for a difference in the
 261 density-dependence for each genotype. Here, the x_{kl} 's are dummy variables which take to
 262 value 1 for individuals of genotype kl (otherwise 0). The selection gradient on the allele
 263 frequency $\nabla \bar{m}(\tilde{p}, N) = 2[\tilde{a}_r - \tilde{a}_\gamma N + (\tilde{q} - \tilde{p})(\tilde{d}_r - \tilde{d}_\gamma N)]$ with this parametrisation is given
 264 by $\tilde{a}_r = (\beta_1 - (2\beta_1 + \beta_3)/2)$, $\tilde{a}_\gamma = -\beta_4 - (-2\beta_4 - \beta_6)/2$, $\tilde{d}_r = (\beta_1 + \beta_2) - (2\beta_1 + \beta_3)/2$
 265 and $\tilde{d}_\gamma = (-\beta_4 - \beta_5) - (-2\beta_4 - \beta_6)/2$.

266 The model, specified for a given year t , was $\ln \tilde{E}(\Lambda_t) = \mathbf{X}_t \boldsymbol{\beta} + \mathbf{1}_t \mathbf{u}_t$, where $\mathbf{1}$ is a column
 267 vector of ones, \mathbf{u} is a normal environmental noise with zero expectation and temporal vari-
 268 ance σ_e^2 , \mathbf{X} is a design matrix and $\boldsymbol{\beta}$ is a column matrix with the parameters. In the model
 269 for a phenotype, \mathbf{X} had column vectors $(\mathbf{1}, \mathbf{z}, \mathbf{z}^2, \mathbf{N}, \mathbf{Nz})$ and $\boldsymbol{\beta} = (\beta_1, \beta_2, \beta_3, \beta_4, \beta_5)^T$,
 270 while in the model for genotypes, \mathbf{X} had column vectors $(\mathbf{1}, \mathbf{x}_{WR}, \mathbf{x}_{RR}, \mathbf{N}, \mathbf{N}\mathbf{x}_{WR}, \mathbf{N}\mathbf{x}_{RR})$
 271 and $\boldsymbol{\beta} = (\beta_1, \beta_2, \beta_3, \beta_4, \beta_5, \beta_6)^T$. Individual fitness, Λ , does not follow any well charac-
 272 terized distribution. Hence, for a record of individual i we define $2W_i^* = 2J_i + B_i$, which
 273 takes integer values and may be modeled using Poisson regression with a log-link function.
 274 We then define a scaling variable C_i such that $2W_i^* C_i^{-1} = \Lambda_i$ and find that

$$\begin{aligned}
 \ln \tilde{E}(\Lambda_t) &\equiv \ln \tilde{E}(\mathbf{2W}_t^* \mathbf{C}_t^{-1}) = \mathbf{X}_t \boldsymbol{\beta} + \mathbf{1}_t \mathbf{u}_t, \\
 &\equiv \ln \tilde{E}(\mathbf{2W}_t^*) = \mathbf{X}_t \boldsymbol{\beta} + \ln \mathbf{C}_t + \mathbf{1}_t \mathbf{u}_t
 \end{aligned}
 \tag{5}$$

275 where $\ln \mathbf{C}_t$ is an offset with parameter value fixed at 1 and the model is fitted with
 276 weights $\boldsymbol{\omega}_t = \mathbf{v}_t \mathbf{C}_t^{-1}$, where \mathbf{v}_t are the age specific reproductive values for each individual

277 in year t .

278 Migration is an important component of the dynamics in this barn owl population [49].
279 Hence, we had to estimate the migration rate μ needed to obtain a stable population at the
280 carrying capacity and replace $\bar{s}(\tilde{z})$ and $\bar{s}(\tilde{p})$ by $\bar{s}(\tilde{z}) + \mu$ and $\bar{s}(\tilde{p}) + \mu$ in the expressions for
281 the Q -function and the mean Malthusian fitness \bar{m} . The log growth rate at the carrying
282 capacity can be estimated as $\ln\lambda_K - 1/2\sigma_e^2 + \mu = 0$, where λ_K is the deterministic growth
283 rate obtained from the unscaled equilibrium projection matrix $\bar{\mathbf{L}}(K)$. Thus, the migration
284 rate was estimated as $\mu = -\ln\lambda_K + 1/2\sigma_e^2$.

285 The significance of parameter estimates were assessed using likelihood ratio tests, in
286 which twice the difference in log likelihood between two nested models is χ^2 -distributed
287 with degrees of freedom (df) equal to $df_1 - df_2$. Parameter estimates are provided with
288 95% confidence intervals (CI). All analyses were performed in the statistical software R
289 (version 4.0.5).

3 Results

The MC1R genotype significantly affected the expression of the degree of spottiness (number and size of spots, ANOVA: $F_{2,342} = 13.09$, $P < 0.0001$, Fig. A3a and b) and the degree of reddish coloration (ANOVA: $F_{2,526} = 391.10$, $P < 0.0001$, Fig. A3c and d). Homozygote RR individuals were less spotted and more red than individuals with the WW genotype, while heterozygote WR individuals were as spotted as RR individuals and intermediate in the degree of reddish colouration (Fig. A3). Overall the MC1R genotype explained 7.1 % of the variation in spottiness and 59.8 % of the variation in reddish colouration.

There was clear evidence of density-dependence in the vital rates, with a negative relationship between $\Delta N/N$ (the multiplicative growth rate - 1) and N in the time series (regression: $b = -0.007 \pm 0.002$, $F_{1,24} = 18.48$, $P = 0.0002$, Fig. 1a). The multiplicative growth rate was positively associated with both recruit production ($b = 1.631 \pm 0.171$, $\chi^2 = 89.49$, $df = 1$, $P < 0.0001$, Fig. 1b, Table A1a) and survival ($b = 1.377 \pm 0.158$, $\chi^2 = 84.69$, $df = 1$, $P < 0.0001$, Fig. 1c, Table A1b). Thus, both fitness components contributed similarly to changes in growth rates.

Phenotypic selection

There was significant density-dependent selection on the degree of reddish colouration ($\beta_{Nz} = -0.0018$, $CI_{Nz} = [-0.0035, -0.0001]$, $\chi^2 = 4.2$, $df = 1$, $P = 0.040$, Table A3a, Figs 2 and A4), but no significant density-dependent selection on spottiness ($\beta_{Nz} = 0.0011$, $CI_{Nz} = [-0.0003, 0.0026]$, $\chi^2 = 2.21$, $df = 1$, $P = 0.137$, Table A3b). Red individuals were favoured at low densities, while white individuals were favoured at high densities (Fig. 2a and c). The population growth rate generally decreased with increased population density due to density regulation, but white individuals were less sensitive than red individuals to changes in density (Fig. 2a). There was no significant stabilizing selection on the degree of reddish colouration ($\beta_{z^2} = -0.0032$, $CI_{z^2} = [-0.0475, 0.0394]$, $\chi^2 = 0.02$, $df = 1$, $P = 0.883$, Table A3a). Accordingly, the mean phenotype in the

317 population is expected to move towards white individuals as evolution maximize $Q(\tilde{z})$,
318 the maximum expected population size as function of the mean phenotype (Fig. 2b).

319 **Genotypic selection**

320 At the genetic level, there was an overall trend for density-dependent selection on the
321 MC1R genotype ($\chi^2 = 4.91$, $df = 2$, $P = 0.086$, Table A4, Figs 3 and A5). The strength
322 of density regulation was significantly stronger in red individuals (RR genotype) than in
323 white individuals (WW genotype) ($\beta_{Nx_{RR}} = -0.0275$, $CI_{Nx_{RR}} = [-0.0723, -0.0006]$, Table
324 A4), such that red individuals again were the most sensitive to changes in population
325 density (Fig. 3a). Similarly to the results on the phenotype, red individuals had higher
326 Malthusian fitness than white individuals at low densities, while white individuals were
327 superior at high densities and had the highest estimated equilibrium population size
328 (Fig. 3a and c). Over a narrow range of variation in population size, just below the mean
329 population size ($\bar{N} = 113.1 \pm 7.7$ SE), the estimated model show a slight overdominance
330 for mean Malthusian fitness (Fig. 3a). However, the difference between WR and WW
331 individuals was not significant ($\beta_{Nx_{WR}} = -0.0030$, $CI_{Nx_{WR}} = [-0.0084, 0.0024]$, Table
332 A4). Accordingly, maximizing the value of $Q(\tilde{p})$ the population was expected to evolve
333 towards fixation of the W-allele (Fig. 3b). The strength of selection depended on the
334 population size and became weaker as the allele frequency (\tilde{p}) approached 1 (Fig. 3c).

335 4 Discussion

336 The dual role of the population growth rate in evolution and ecology means that density-
337 dependent selection can be a particularly direct and important part of the eco-evolutionary
338 dynamics of natural populations [12, 14–17, 19, 20, 26, 51]. Empirically, the study of this
339 process is much more challenging than studying density-dependence and adaptation sep-
340 arately. It requires long-term collection of high quality data on both population param-
341 eters, such as population size and composition, and evolutionary parameters, such as
342 phenotypes and individual fitness. The present study was facilitated by the availabil-
343 ity of long-term individual-based level data from an intensively monitored population of
344 barn owls. These owls have a high degree of fidelity to their breeding sites and home
345 range, maintaining similar home ranges from year to year [49]. Thus, population size and
346 composition could be estimated with high accuracy and precision, and individuals that
347 were established in the population could be monitored throughout their life.

348 The degree of reddish pheomelanic colouration and the MC1R genotype in females
349 were found to be under density-dependent selection in our barn owl population (see Figs
350 2 and 3). Directional selection was estimated to be zero at a population size around 100
351 and shifted between favouring red individuals at low population densities to favouring
352 white individuals at high population density (see Figs 2 and 3). Thus, fluctuations in
353 population size cause temporal fluctuations in directional selection, where 12 years had
354 very high population size ($N > 120$) and 6 years had very low population size ($N < 80$,
355 see Fig. A1). Differences in colouration generally affect the perception of individuals
356 by conspecifics, predators and prey [29]. Accordingly, the main prey of barn owls, the
357 common vole *Microtus arvalis*, have been shown to respond with longer freezing times
358 when approached by a white owl compared to a dark red owl [47]. In addition, the
359 population sizes of predators is likely to have large consequences for their prey species,
360 modifying their abundances, anti-predator behaviours or both [47, 57]. This suggests that
361 density-dependent selection can be directly related to variation in colouration through
362 density-dependence in predator-prey interactions. However, melanin-based colouration
363 is generally part of a complex network of correlated traits [29, 44, 46], which include

364 behaviour, physiology, morphology and life-history. In barn owls, the degree of reddish
365 colouration is related to habitat choice, but only weakly correlated to other phenotypes
366 [44]. The size of black spots is on the contrary negatively associated with aggressiveness
367 and the susceptibility to stress [46]. In addition, the correlation between the degree of
368 reddish colouration and spottiness was low among females in this study ($r = 0.027$, $n =$
369 439). This may explain why we do not find the same pattern of selection on these two
370 traits in this study.

371 Theoretical and empirical studies have shown that density-dependent selection may
372 facilitate the existence of a stable polymorphism through balancing selection [10, 11, 14–
373 16, 18]. In the present study, density-dependent selection in females was not associated
374 with stabilizing selection on colouration or any clear overdominance at the equilibrium
375 population size (see Figs 2c and 3c). Accordingly, in the long-term the density-dependent
376 selection was not balancing and in the absence of immigrating red individuals, adaptive
377 evolution was expected to fixate the white (W) allele in the population (see Figs 2b and
378 3b, Tables A3 and A4). Still, short-term fluctuations in population size could temporally
379 maintain the red-white polymorphism in the barn owls by alternately favouring red and
380 white individuals and make the process of fixating the white allele slow. The analysis in
381 this study is based on the assumption that there is no environmental autocorrelation in
382 the population dynamics [14]. Understanding the effect of any autocorrelated population
383 dynamics on the results of this study and the evolution of colouration would require future
384 analyses. However, Altwegg *et al.* [58] have shown that there are no significant tempo-
385 ral autocorrelation in the different components of survival and reproduction in this barn
386 owl population. In terms of mean Malthusian fitness, the heterozygote WR individuals
387 and the homozygote WW individuals did not significantly differ (see β_2 and β_5 in Table
388 A4), suggesting that the W-allele was dominant with respect to fitness (Fig. 3a). Such
389 dominance would additionally slow down the rate of evolution towards white individu-
390 als as directional selection would become weaker when the allele frequency approached
391 fixation [1].

392 Mating in the barn owls has been found to be random with respect to the degree

393 of reddish colouration [59]. However, the response to selection on colouration in female
394 barn owls also depends on the pattern of selection in males. Plumage colouration is
395 genetically correlated between the sexes [60] and while males are less red on average,
396 the colour polymorphism in male barn owls is otherwise similar to that in females [31].
397 Earlier studies have found that reddish coloured males had a higher brood size at fledging
398 than white coloured males [60], while white coloured males had higher recruitment rate
399 than red coloured [61]. Density-dependent selection on the degree of reddish colouration
400 is likely to be similar in both sexes when related to the response in rodent prey to the
401 colour of the owls [47]. Still, at a given population density and allele frequency, with
402 identical selection surfaces, selection will not be equally strong in both sexes due to the
403 difference in the mean colouration between males and females.

404 Colour polymorphisms in many species display spatial variation [30, 37, 62], which
405 in several cases are thought to have adaptive value [37, 62]. In barn owls, the reddish
406 colouration display a marked latitudinal gradient in North America and Europe, with a
407 preponderance of red individuals in northern and north-eastern populations and white
408 individuals in the southern populations [62, 63]. The maintenance of this gradient have
409 been suggested to be due to local adaptation to prey [63] and our results suggest a role
410 for density-dependent selection as a mechanism that affect the variation in colouration
411 also at a spatial scale. For instance, larger environmental stochasticity in population dy-
412 namics in northern populations could lower the mean Malthusian growth rate and shift
413 the equilibrium population density in favour of red individuals. Such latitudinal increases
414 in environmental stochasticity has been found in two species of passerine birds [64] and
415 in several species of ducks there were geographic differences in the magnitude of environ-
416 mental stochasticity [65, 66]. Gene flow probably also contributes to the maintenance of
417 the latitudinal gradient in the barn owls, as there is a low genetic differentiation at neutral
418 markers between populations across Europe [67]. In addition, Ducret et al. [68] showed
419 that the immigration rate is relatively high for both sexes in our population, but that
420 slightly more of the females are immigrants than the males. With respect to the MC1R
421 genotype, female immigrants were more often heterozygotes than female residents, while

422 male immigrants and residents had similar frequencies of the genotypes [68]. Immigration
423 is positively correlated to emigration and the population size in the study population [49].
424 In terms of dispersal distance, darker reddish individuals of both sexes have been found
425 to move a longer distance during natal dispersal than more white individuals [45, 69].
426 Breeding dispersal is extremely rare for barn owls in our population [49]. Overall the
427 gene flow, especially due to female immigrants, would increase the effective population
428 size relative to an isolated population and contribute to the maintenance of the R-allele in
429 the local population. This gene flow would probably be quite important as the relatively
430 rare R-allele could easily be lost by chance due to genetic drift. Generally, the impact
431 of genetic drift on evolutionary trajectories increase with decreased population size [70].
432 Thus, the chance of random loss of the rare allele is increased by population crashes and
433 periods with low population size, such as seen in the years 2009 and 2013 in our barn owl
434 population (see Fig. A1).

435 Our results emphasize the importance of considering population density as an agent of
436 selection. Specifically, the maintenance of polymorphisms within populations can be made
437 possible by differences in density-dependent selection and reciprocal gene flow between
438 spatially distributed populations.

439 **Data accessibility**

440 The data and R code for the analyses are available on Dryad (<https://doi.org/10.5061/dryad.prr4xgxpj>).

441 **Author Contributions**

442 T.K. did the analyses and wrote the paper together with B.-E.S and S.E. A.R. initiated
443 the project, and managed and performed the fieldwork and genotyping. All authors
444 contributed to the intellectual content through comments and edits when writing up the
445 manuscript.

446 **Competing interests**

447 The authors of the present study have no competing interests to declare.

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639 Figure legends

640 **Fig. 1:** Density-dependence in a time series of (a) population size (N), and in individual
641 records of (b) recruit production and (c) survival in female barn owls in western
642 Switzerland. ΔN equals $N - N_{t+1}$ and $\Delta N/N = \lambda - 1$, where λ is the multiplicative
643 growth rate. Small displacements have been added to the data points in **b** and **c** to avoid
644 overlapping and improve visualisation. The solid lines are predictions of the relations
645 between the variables from a linear regression (a), a Poisson regression (b) and a binomial
646 regression (c), with dashed lines showing 95 % confidence intervals (CI). Predictions of
647 recruit production and survival are given for barn owls in age class three.

648 **Fig. 2:** Density-dependent selection on the degree of reddish pheomelanic coloration in
649 female barn owls. (a) Estimated mean Malthusian fitness for different phenotypic means
650 \tilde{z} at five different population sizes, ranging from low ($N = 50$) to high ($N = 150$). Red
651 individuals are favoured at low densities, while white individuals are favoured at high
652 densities. (b) The estimated $Q(\tilde{z})$ -function for the phenotypic mean \tilde{z} . Evolution is ex-
653 pected to maximize the Q -function under density dependent selection. Higher values of
654 $Q(\tilde{z})$ can be interpreted as higher carry capacity. Thus, the population is expected to
655 evolve towards white coloured birds (as indicated by the star and dotted line). (c) The
656 relationship between the selection gradient (unscaled) on phenotype and the population
657 size. The effect of migration was accounted for in all panels (see *Estimation* in Mate-
658 rials and methods). Rug plots display individual observations of the degree of reddish
659 colouration (a, b) and annual population size (c).

660 **Fig. 3:** Density-dependent selection on genotype in female barn owls. (a) The rela-
661 tionship between the mean Malthusian fitness for each genotype of the melanocortin-1
662 receptor (*MC1R*) gene and the population size. The red genotype (RR) is shown to be
663 most sensitive to changes in population density, such that WW is favoured at high den-
664 sities and RR is favoured at low densities. (b) The estimated $Q(\tilde{p})$ -function for the mean
665 allele frequency \tilde{p} . Evolution is expected to maximize the Q -function under density de-
666 pendent selection. Higher values of Q can be interpreted as higher carry capacity. Thus,

667 the population is expected to evolve towards fixation of the white allele (as indicated by
668 the star and dotted line). **(c)** The relationship between the selection gradient and the
669 population size for five different allele frequencies. The effect of migration was accounted
670 for in all panels (see *Estimation* in Materials and methods). Rug plots display observa-
671 tions of annual population size **(a, c)** and annual reproductive value weighted average
672 allele frequency **(b)**.

673 **Figures**

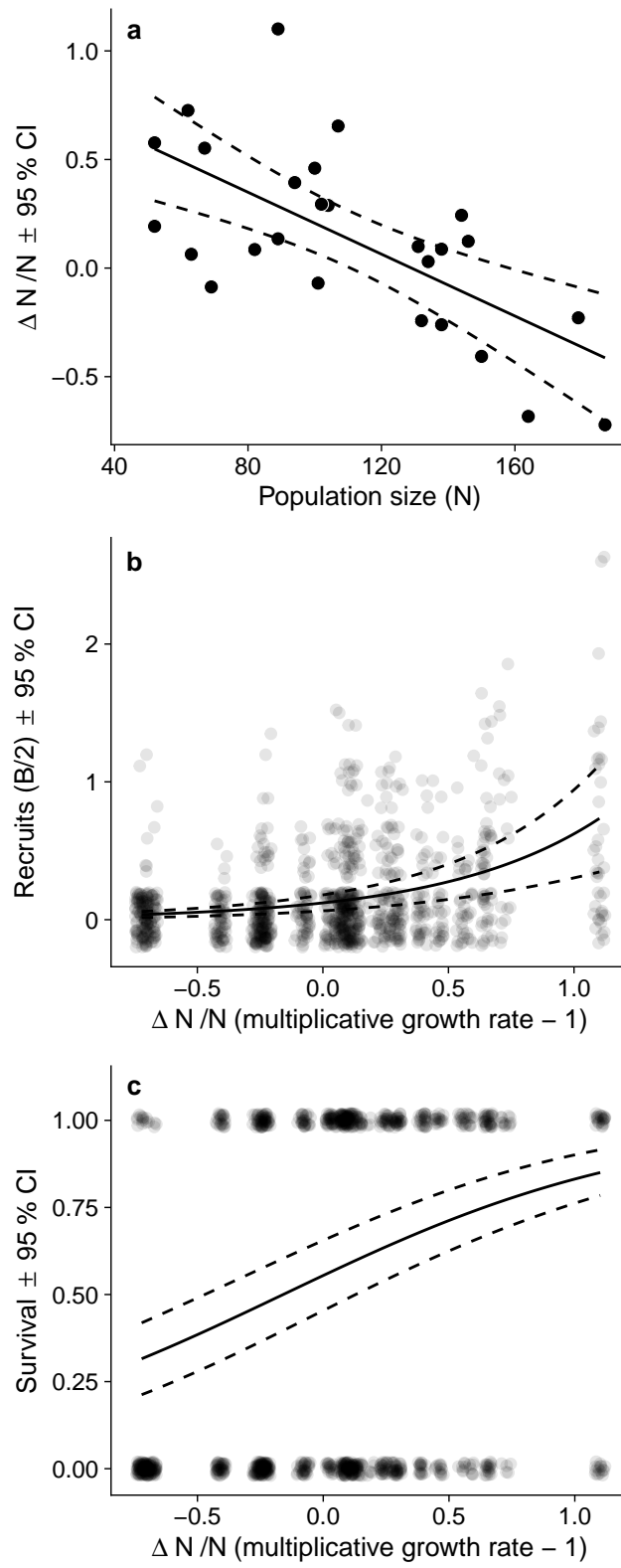


Figure 1

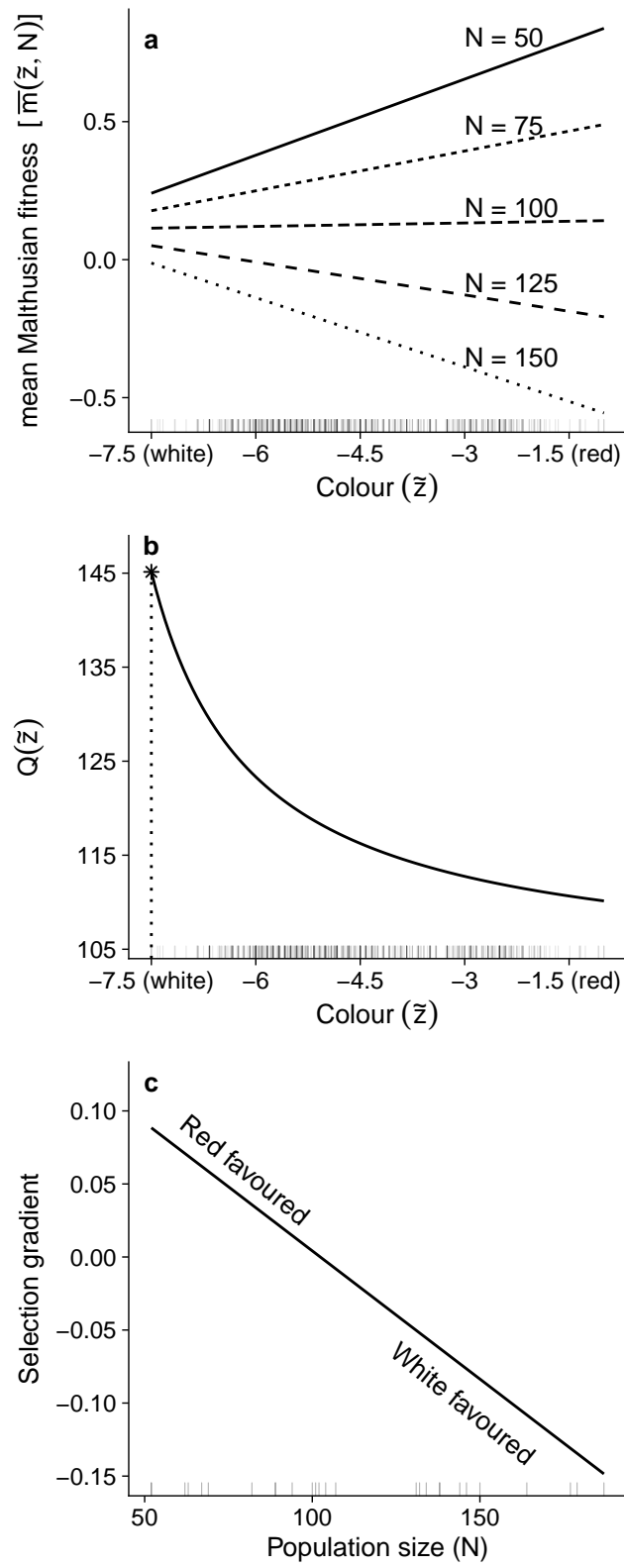


Figure 2

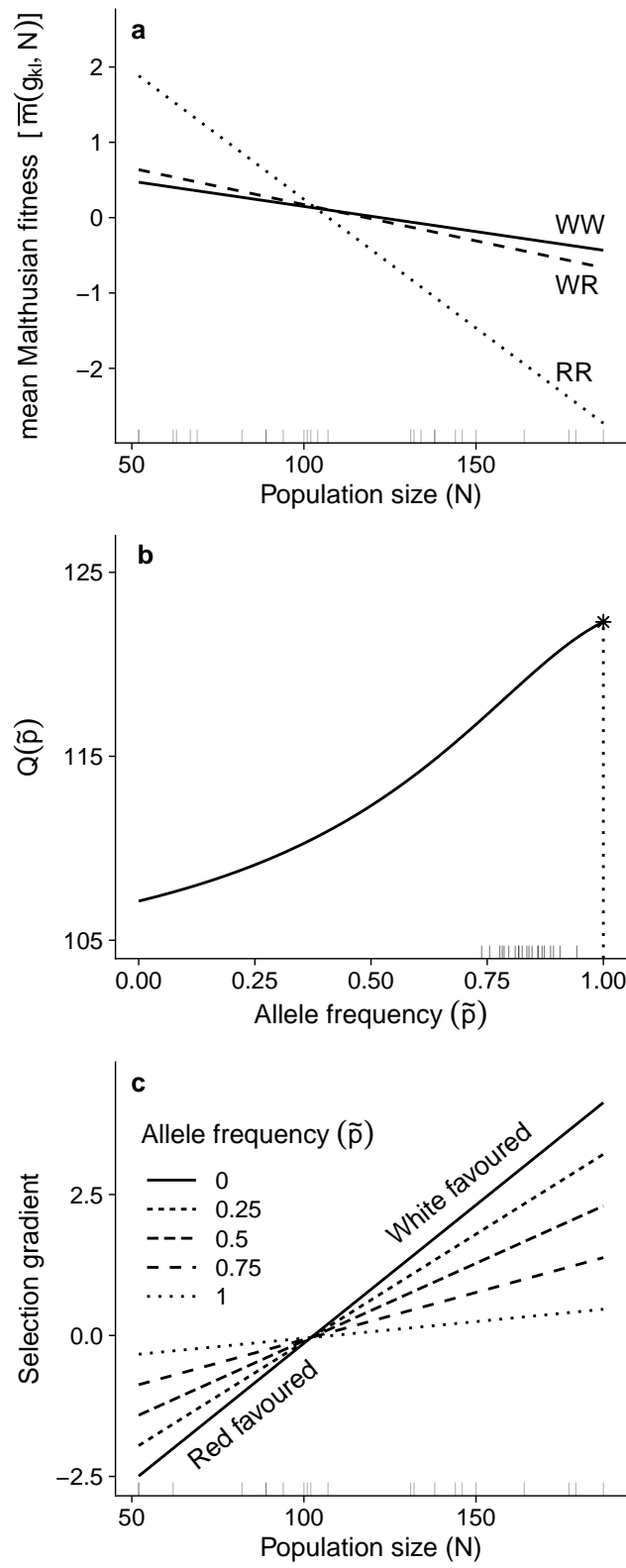


Figure 3