

16 **Abstract**

17 1. In many animal species, sexually mature individuals may skip breeding opportunities
18 despite a likely negative impact on fitness. In spatio-temporally heterogeneous environments,
19 habitat selection theory predicts that individuals select habitats where fitness prospects are
20 maximized. Individuals are attracted to high-quality habitat patches where they compete for
21 high-quality breeding sites. Since failures in contests to secure a site may prevent individuals
22 from breeding, we hypothesised that attraction to and competition for high-quality habitats
23 could shape breeding propensity.

24 2. Under this hypothesis, we predicted the two following associations between breeding
25 propensity and two key population features. (1) When mean habitat quality in the population
26 increases in multiple patches such that availability of high-quality sites increases across the
27 population, the resulting decrease in competition should positively affect breeding propensity.
28 (2) When the number of individuals increases in the population, the resulting increase in
29 competitors should negatively affect breeding propensity (negative density dependence).

30 3. Using long-term data from kittiwakes (*Rissa tridactyla*), we checked the prerequisite of
31 prediction (1), that availability of high-quality sites is positively associated with current mean
32 habitat quality in the population (represented by breeding success). We then applied
33 integrated population modelling to quantify annual fluctuations in population mean breeding
34 success, breeding propensity and number of individuals by breeding status (prebreeders,
35 breeders, skippers, and immigrants), and tested our predictions.

36 4. Our results showed that breeding propensity acts as an important driver of population
37 growth. As expected, breeding propensity was positively associated with preceding mean
38 habitat quality in the population, and negatively with the number of competitors. These

39 relationships varied depending on breeding status, which likely reflects status-dependence in
40 competitive ability.

41 5. These findings highlight the importance of competition for high-quality breeding sites in
42 shaping breeding propensity. Thereby, we draw attention towards alternative and
43 complementary explanations to more standard considerations regarding the energetic cost of
44 reproduction, and point to possible side effects of habitat selection behaviours on individual
45 life histories and population dynamics.

46

47 **Keywords**

48 breeding decision, breeding habitat selection, density dependence, immigration, integrated
49 population model, intraspecific competition, recruitment, reproductive skipping

50

51 **Introduction**

52 At each reproductive occasion, sexually mature individuals experience various external and
53 internal constraints that may alter their breeding propensity. This can have major impacts on
54 individual fitness, population growth, and demographic structure (Stearns, 1992; Lee et al.,
55 2016). Nonbreeders lose their current reproductive value and are at risk of dying before the
56 next breeding opportunity, yet they often represent a non-negligible part of the population in
57 long-lived species. These can be individuals that have not recruited yet ('prebreeders') or
58 have already bred previously ('skippers'), as found in a wide range of taxa, spanning fish (e.g.
59 Rideout & Tomkiewicz, 2011), reptiles (e.g. Shine & Brown, 2008), amphibians (e.g. Cayuela
60 et al., 2014), birds (e.g. Bruinzeel, 2007), and mammals (e.g. Desprez et al., 2018).

61 Identifying the factors that lead to nonbreeding is thus critical to understand key eco-
62 evolutionary processes underlying population dynamics.

63 Individuals may not breed simply because they do not fulfil essential requirements, i.e.
64 they did not accumulate sufficient energy reserves (Meijer & Drent, 1999; Giudici et al.,
65 2010) or failed to acquire a mate or a *breeding site* (Box 1; Danchin & Cam, 2002; Bruinzeel,
66 2007). Meeting these breeding requirements is costly, and subsequent breeding activities are
67 costly too. According to life history theory, the proportion of finite resources allocated to
68 current reproduction is traded off against the proportion allocated to survival and/or future
69 reproduction (Stearns, 1992). Consequently, when individuals face high costs of current
70 reproduction, nonbreeding could allow maximizing long-term fitness prospects and be
71 selectively advantageous (Erikstad et al., 1998; Desprez et al., 2008). This can explain why
72 unfavourable environmental conditions experienced by a population (e.g. lower overall food
73 availability) are associated with lower subsequent *breeding propensity* (Shine & Brown,
74 2008; Rideout & Tomkiewicz, 2011; Cayuela et al., 2014; Hoy et al., 2016).

75 Yet environmental conditions are typically varying not only across time, but also across
76 space. In species moving actively, mechanisms of *breeding habitat selection* (Box 1) that
77 allow individuals to assess *habitat quality* (Box 1) and occupy the best possible habitats are
78 expected to have evolved, on condition that environments are temporally autocorrelated
79 (Fretwell & Lucas, 1969; Doligez et al., 2003; Johnson, 2007). Individuals looking for a
80 breeding site should be attracted to *breeding patches* (Box 1) that they perceive as high-
81 quality ones, and therefore by high-quality breeding sites that are likely already occupied or
82 targeted by others, generating competition (Fretwell & Lucas, 1969; Pulliam & Danielson,
83 1991; Lima & Zollner 1996; Acker et al., 2017). Consequently, nonbreeding could result from
84 failure in the contest for dominance on a high-quality site if individuals do not have enough
85 time and energy to secure another – potentially lower-quality – site or mate while competing
86 for a high-quality one (Danchin & Cam, 2002; Kokko et al., 2004; Bruinzeel, 2007).
87 Nonbreeding could also result from queueing behaviour. Indeed, waiting for vacancy of a

88 high-quality site may offer better long-term fitness prospects than breeding on a lower-quality
89 site (Zack & Stutchbury, 1992; Ens et al., 1995). Territorial competition for high-quality
90 breeding sites can therefore be hypothesised to contribute to shaping breeding propensity and
91 hence contribute to population dynamics (Newton, 1992; Kokko & Sutherland, 1998), but
92 empirical evidence is lacking.

93 Under this hypothesis, breeding propensity would vary over time with the intensity of
94 competition for high-quality sites in the population – which depends on the availability of
95 disputed resources (high-quality sites) and the number of competitors (individuals already
96 occupying a site or looking for a site). Two predictions can be made regarding how breeding
97 propensity is associated with two key population factors linked to competition for breeding
98 sites: mean breeding habitat quality (hereafter ‘population habitat quality’) and number of
99 conspecific individuals. (1) If increased population habitat quality occurs through increased
100 habitat quality across multiple patches (i.e. decreased spatial heterogeneity and decreased
101 variation in attractivity among patches), this would imply higher availability of high-quality
102 sites (whether they are occupied, or not). Number of individuals held constant, the resulting
103 competition decrease should be associated with increased breeding propensity. (2) If the
104 number of individuals in the population increases, this would imply a higher number of
105 competitors. Degree of spatial heterogeneity of habitat quality held constant, the resulting
106 competition increase should be associated with decreased breeding propensity.

107 Under prediction (1), we expect a positive relationship between mean reproductive
108 success of breeders in the population (hereafter ‘population breeding success’, representing
109 population habitat quality) and subsequent breeding propensity. Such a relationship would be
110 detected while controlling for the confounding effect of the number of individuals in the
111 population. This relationship could also result from spatially homogeneous temporal variation
112 in environmental conditions – and thus in habitat quality – affecting the energetic cost of

113 reproduction (e.g. food availability or weather conditions; Nur & Sydeman, 1999; Hoy et al.,
114 2016; Cayuela et al., 2018). But this would contrast with situations where temporal variation
115 in population habitat quality is spatially heterogeneous and where the prerequisite to
116 prediction (1) is fulfilled: a tight negative relationship between population habitat quality and
117 the degree of spatial heterogeneity of habitat quality. Under prediction (2), we expect a
118 negative relationship between numbers of individuals in the population and subsequent
119 breeding propensity, i.e. negative density dependence in breeding propensity. Here again,
120 such a relationship could also result from competition for food independent of competition for
121 breeding sites. But if so, one would also expect competition for food to underlie a
122 concomitant negative correlation between the number of individuals and population breeding
123 success (e.g. Layton-Matthews et al., 2019). By controlling for the confounding effect of
124 population breeding success when testing for a negative relationship between the number of
125 individuals and breeding propensity, one will thus detect the distinctive effect of competition
126 for high-quality breeding sites.

127 We tested our predictions in a population of black-legged kittiwakes (*Rissa tridactyla*),
128 using 28 years of monitoring data of all active nests (~1000 each year) and capture-resighting
129 histories of >12,000 individuals. In this system, habitat selection for breeding at time t
130 involves attraction to and intense competition for sites located in high-quality patches, and
131 individuals identify such patches via the reproductive success of conspecifics at the end of the
132 previous breeding season $t-1$ (Cadiou et al., 1994; Danchin et al., 1998; Acker et al., 2017;
133 Appendix S1.2). We first quantified the relationship between the degree of spatial
134 heterogeneity and the mean breeding success in the population to check the prerequisite to
135 prediction (1) that population habitat quality is positively associated with the availability of
136 high-quality sites in the population. We then designed an integrated population model ('IPM')
137 to jointly quantify fluctuations in population-wide numbers of prebreeders, breeders, skippers

138 and immigrants ('breeding status'), their breeding propensity, and population breeding
139 success. We used IPM estimates to quantify the relationships between breeding propensity
140 and numbers of competitors or population habitat quality, which allowed us to test prediction
141 (1) and (2). More precisely, we assessed whether breeding propensity at t was positively
142 correlated with population breeding success at $t-1$ and negatively correlated with numbers of
143 breeders or nonbreeders at $t-1$ (in each case, controlling for the other covariates using *partial*
144 *correlations*, Box 1).

145 **Box 1.** Glossary

Breeding habitat selection: The choice made by an individual to occupy a given breeding habitat. This choice typically involves the use of cues allowing an organism to assess habitat quality (e.g. conspecific breeding success). Such a choice may not be attained, e.g. if competitive inferiority prevents the individual from acquiring a breeding site.

Breeding patch: The space containing a contiguous set of breeding sites. Breeding patches can be considered at various spatial scales: for example, in kittiwakes, a patch can be a subpart of a cliff wall, an entire cliff wall, a cove consisting of several cliff walls, or a colony consisting of contiguous coves.

Breeding propensity: The tendency of individuals to breed at a given occasion. In a population, breeding propensity is typically measured using breeding probability, independent of the patch where individuals will breed (since individuals may disperse between patches). For immigrants, it is represented by the proportion of individuals in the local population (the immigration rate), because the source population is unknown.

Breeding site: Space that is used by an individual (or a pair) to reproduce (e.g. in the kittiwake, where a pair builds a nest to lay eggs and rear chicks). It is also termed 'breeding territory' in species where individuals defend a delimited location against intruders.

Habitat quality: The expected fitness prospects offered to an individual by a given habitat (i.e. a breeding site or a breeding patch or the full set of patches in the population), and that varies according to spatio-temporally heterogeneous factors (e.g. climate, vegetation, predation, food availability, parasitism). In temporally autocorrelated environments, it is best approximated by the preceding mean fitness of individuals in the habitat.

Partial correlation: Value of the correlation between two variables when other covariates are held constant in the sample (i.e. controlling for the confounding effect of the other covariates). If two processes corresponding to non-mutually exclusive hypotheses are responsible for a relationship (e.g. the number of competitors and population habitat quality both influence breeding propensity), partial correlations allow a process to be detected while the other is also operating. This approach is not designed to discount the hypothesis corresponding to the process that is controlled for.

146

147 **Materials and methods**

148 *Population monitoring*

149 The data were collected in the Cap Sizun kittiwake population (48°03'N, 4°39'W; Brittany,
150 France), where thousands of chicks have been individually marked with colour rings since
151 1979 (Appendix S1.1). Our analyses are based on data from 1985–2012. Monitoring was
152 carried out throughout each breeding season by visiting all colonies weekly from first arrivals
153 to the fledging period (January–June), and then daily until bird departures (July–August).
154 During visits, the content of every nest site was recorded to determine breeding success, and
155 the location and behaviour of ringed birds were recorded to determine breeding status (Cam et
156 al., 1998). All fieldwork was licensed by the Centre de Recherches sur la Biologie des
157 populations d'Oiseaux ('CRBPO', Muséum National d'Histoire Naturelle, Paris, France), and
158 carried out in accordance with standard animal care protocols approved by the CRBPO.

159 Resighting probability is virtually equal to one once an individual is recruited to the
160 breeding population (age 3 at the earliest; Cam et al., 1998; see also *Results*). Whether they
161 breed or not, the intensive resighting effort allows individuals that attend the breeding cliffs to
162 be detected. Known-age individuals are considered 'prebreeders' before their first breeding
163 attempt in the population (recruitment), 'breeders' when they completed nest building in the
164 current year (Cullen, 1957), or 'skippers' when they bred in the past but did not complete nest

165 building in the current year. Prebreeders not always show up at the colonies in the breeding
166 season, and those that attend the colonies may enter territorial contests for nest sites mainly at
167 the end of the season. Skippers attend the breeding colonies, and their behaviour ranges from
168 aterritorial floating to consistent territory holding throughout the season, including territorial
169 contests for occupied and non-occupied sites.

170 The breeding success of each nest was assessed using the number of chicks that reached
171 at least fledging age (35 days or more). Breeding population was counted using the annual
172 number of breeders, derived as twice the number of nests. Pairs very rarely build two nests
173 successively; for marked individuals, successive nests were assigned to a unique pair.

174

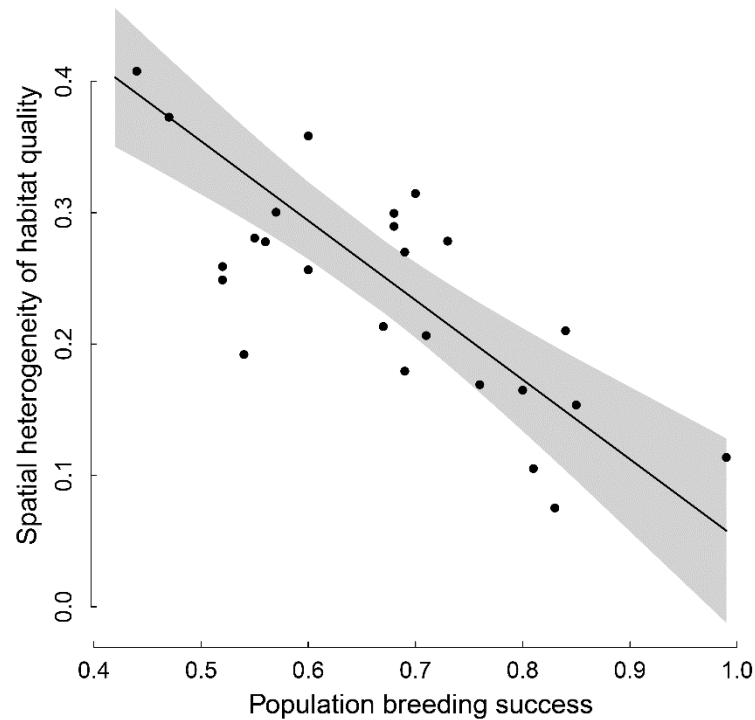
175 *Spatio-temporal variation in habitat quality*

176 The breeding habitat consists of multiple patches, which can be considered at various spatial
177 scales: geographically distinct colonies (2–5, distant from each other by 0.5–12 km)
178 composed of contiguous coves (5–18) including cliff walls (20–44; separated from each other
179 by rocky ridges or coastal segments without nesting birds), themselves divisible into smaller
180 heterogeneous patches (Danchin et al., 1998; Bled et al., 2011; Acker et al., 2017; Appendix
181 S1.1,2). There is substantial among- and within-patch heterogeneity in habitat quality, and
182 this spatial heterogeneity is dynamic across years (Danchin et al., 1998; Acker et al., 2017;
183 Appendix S1.1,2). At every spatial scale, patches are connected through large natal and
184 breeding dispersal flows, which are typically directed from current low-quality patches to
185 high-quality ones (Appendix S1.2).

186 During the study period, spatio-temporal variation in breeding success is believed to have
187 been mostly caused by predation on eggs by corvids and predation on young chicks by
188 herring gulls in one colony, which eventually led to massive dispersal within the population

189 and desertion of entire colonies (Danchin et al., 1998; Cam et al., 2004; Acker et al., 2017;
190 Appendix S1.1,2). Ticks (*Ixodes uriae*) have also been suggested as a potential driver of
191 variation in breeding success (Danchin et al., 1998). Food availability is unlikely to have
192 caused the large spatial heterogeneity in breeding habitat quality that we observed, since
193 kittiwakes feed on non-defendable resources of which the availability varies at much larger
194 spatial scales than within-population foraging destinations (Suryan et al., 2002; Oro &
195 Furness, 2002; Christensen-Dalsgaard et al., 2018).

196 Prediction (1) relies on the prerequisite that increased population habitat quality arises
197 from decreased spatial heterogeneity of habitat quality among patches, implying increased
198 availability of high-quality sites. To check this prerequisite, we evaluated spatial
199 heterogeneity of habitat quality every year by inspecting the distribution of mean breeding
200 success among patches (weighted by the number of sites occupied by breeders in each patch)
201 and measuring its dispersion via the Gini coefficient (Appendix S1.3). We show our results at
202 the cliff scale (we found similar patterns at the cove and colony scale, but no smaller scale
203 was investigated; Appendix S1.3). Specifically, low Gini coefficients (low heterogeneity)
204 corresponded to distributions packed around the mean, and high Gini coefficients (high
205 heterogeneity) corresponded to years when a large proportion of patches had very low
206 breeding success and only a few had high breeding success (Appendix S1.3). We found a
207 strong negative correlation between the degree of spatial heterogeneity of habitat quality
208 (measured by the Gini coefficient) and population breeding success (Fig. 1; Pearson's $r=-$
209 0.79). Such a pattern demonstrates that our prerequisite is fulfilled.



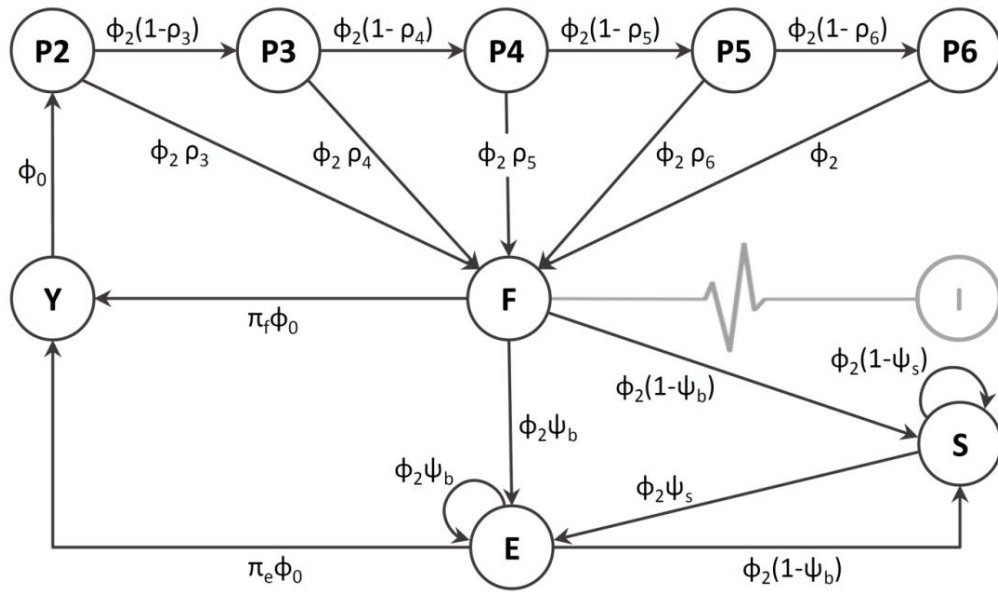
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211 **Figure 1.** Relationship between the degree of spatial heterogeneity of habitat quality
 212 (measured by the Gini coefficient, at the cliff scale) and population breeding success (mean
 213 number of fledglings per nest). Grey background: 95% confidence interval of regression line.

214

215 *Modelling population dynamics*

216 To test the population-level predictions from our hypothesis linking competition for high-
 217 quality habitats to breeding propensity, we required robust quantification of numbers of
 218 individuals, breeding propensity in each breeding status, and population breeding success. We
 219 developed an IPM (Schaub & Abadi, 2011; Schaub & Kéry, 2021) to model population
 220 dynamics from the joint analyses of population counts, individual resightings and breeding
 221 success observations. Such a model allows the estimation of key demographic parameters
 222 while fully propagating uncertainty across the different types of observations. Our IPM
 223 notably allowed estimating numbers of immigrants, unmarked skippers and prebreeders that
 224 cannot be directly counted in the field or directly estimated from a single dataset.



225
 226 **Figure 2.** Kitiwake life cycle graph underlying the integrated population model. Life history
 227 states (black circles): yearlings (Y), prebreeders of age i (P_i), first-time breeders (F),
 228 experienced breeders (E), and skippers (S). Black arrows: state transitions; subscripts: transition
 229 rates. Demographic parameters: survival at age 0 and 1 (ϕ_0) and from age 2 (ϕ_2), recruitment
 230 rate at age i (ρ_i), breeding rate of former breeders (ψ_b) and former skippers (ψ_s), *per capita*
 231 breeding success of first-time breeders (π_f) and experienced breeders (π_e). In grey is the annual
 232 pulse of immigrants (I) into first-time breeders.

233 The core of the IPM is a matrix population model (Caswell, 2001) depicting changes in
 234 numbers of individuals in each state in year t as a function of demographic rates and numbers
 235 of individuals in each state in year $t-1$. We designed the life cycle (Fig. 2) and population
 236 matrix (pre-breeding census; Appendix S2.1) using prior knowledge of the population (Cam
 237 et al., 1998, 2002; Link et al., 2002). We defined nine life history states: yearlings,
 238 prebreeders of age 2, 3, 4, 5 and 6, first-time breeders (locals and immigrants), experienced
 239 breeders, and skippers (Fig. 2). Demographic rates were modelled as time-dependent. To
 240 account for demographic stochasticity, numbers of individuals in each state were modelled
 241 using Poisson or binomial distributions (Appendix S2.1).

242 We considered two age classes for survival probability (ϕ_0 at age 0–1, ϕ_2 at age ≥ 2 ; Fig.
243 2; Link et al., 2002). Given the complexity of the IPM, we made simplifying assumptions
244 regarding heterogeneity in survival from age 2 to achieve reasonable computing times. We
245 assumed equal survival of immigrants and locals, which is necessary because immigrants are
246 not individually monitored. If this assumption does not hold, the estimated number of
247 immigrants could be negatively (or positively) biased when immigrants have lower (or
248 higher) survival than locals. We have no *a priori* hypothesis concerning this point, but there is
249 no indication that major differences are likely (Appendix S2.2). Even if our estimates were
250 systematically biased, temporal variation in the number of immigrants relative to the mean
251 should still be correctly inferred, and derived relationships between immigration and
252 demographic features would be properly assessed.

253 We considered four age classes for recruitment rate (ρ_i , i.e. probability that a prebreeder
254 at age $i-1$ is a breeder at age i , $i \in \llbracket 3, 6 \rrbracket$, conditional on survival from $i-1$ to i ; Fig. 2; Link et
255 al., 2002). We assumed no recruitment before age 3 and after age 7 (recruitment rate at age 7
256 was fixed to 1), since no individual was ever recorded breeding at age 1, and we ignored the
257 very few cases of recruitment at age 2 ($\sim 0.05\%$ of individuals) and between age 8 and 14
258 ($\sim 0.4\%$; Appendix S2.1). We considered status-dependent breeding rates (Ψ_b and Ψ_s , i.e.
259 probability of breeding at t , respectively for individuals that bred and skipped breeding at $t-1$;
260 Fig. 2; Cam et al., 1998).

261 We considered experience-dependent per capita breeding success rates (i.e. half the
262 number of fledglings produced in the nest) of first-time breeders (π_f ; Fig. 2) and experienced
263 breeders whatever their number of previous breeding attempts (π_e ; Fig. 2; Link et al., 2002).
264 We assumed equal breeding success for immigrants and local first-time breeders. This
265 assumption has been shown to have a negligible impact on estimates of immigrant numbers
266 and demographic rates in the common tern (*Sterna hirundo*), which has a very similar life

267 cycle to the kittiwake (Szostek et al., 2014). This is expected because the population growth
268 rate is not very sensitive to variation in fecundity parameters in long-lived species (Caswell,
269 2001).

270

271 *IPM datasets*

272 We analysed three datasets with the IPM: population count data, capture-recapture data and
273 reproduction data. Population count data consisted of annual numbers of breeders, ranging
274 1316–2402 with large fluctuations (Fig. 3a). Capture-recapture data consisted of capture-
275 resighting histories of ringed birds (12,091 individuals, of which 642 were marked in
276 1979–1984, before the period modelled here) indicating age and breeding status (prebreeder,
277 breeder, or skipper) at resighting. Reproduction data consisted of annual numbers of
278 fledglings and corresponding numbers of nests belonging to pairs of either (i) first-time
279 breeders (both mates ringed, 1962 breeding attempts), (ii) experienced breeders (both mates
280 ringed, 8785 breeding attempts), or (iii) a first-time breeder mated with an experienced
281 breeder (both ringed) or at least one unringed mate (25,366 breeding attempts).

282

283 *Likelihood*

284 The IPM likelihood is the product of likelihoods of three models for the three datasets,
285 assuming independence between datasets. In practice, this assumption of independence is not
286 completely fulfilled, but simulations have shown that its violation has a very limited effect on
287 parameter estimates (Schaub & Fletcher, 2015; Weegman et al., 2021). The likelihood given
288 the population count data was formulated using a state–space model (Appendix S2.3). The
289 state process was defined by the matrix population model in which fluctuations in class-
290 specific population sizes are described. We assumed a log-normal distribution for the

291 observation process with time-independent standard deviation. The likelihood given the
292 individual capture-resighting histories was formulated using a state-space formulation of a
293 multistate capture-recapture model (Appendix S2.4). We assumed different time-varying
294 resighting rates for yearlings and prebreeders, equal and temporally constant resighting rates
295 for breeders and skippers, and no error in state assignment at resighting (Cam et al., 1998,
296 2002). The likelihood given the reproduction data was formulated using three Poisson
297 regressions for fledgling numbers as a function of the number of nests and experience-
298 dependent breeding success (Appendix S2.5). The three regressions were for pairs of (i) first-
299 time breeders, (ii) experienced breeders, and (iii) individuals of unknown or different
300 categories of experience. For the latter, we ignored pair characteristics and assumed that their
301 breeding success rate was the population breeding success, i.e. mean breeding success rate of
302 inexperienced and experienced breeders weighted by their proportions among breeders.

303

304 *Inference and model assessment*

305 To estimate model parameters, the joint likelihood was analysed in the Bayesian framework.
306 We specified vague prior distributions with reasonable bounds for all parameters (Appendix
307 S2.6). We used the uniform distribution over [-5,1000] as prior for the number of immigrants;
308 the inclusion of negative values enables testing whether there is immigration at all (Schaub &
309 Fletcher, 2015). We performed Markov Chain Monte Carlo simulation for posterior sampling
310 using JAGS 3.4.0 (Plummer, 2003; model code and full details of sampling are in Appendix
311 S2.7 and S3.1, respectively). While the capture-recapture data had already been analysed with
312 similar multistate model structures (e.g. Cam et al., 1998, 2002; Link et al., 2002; yielding
313 similar estimates, see *Results*), the additional analysis of population counts and reproduction
314 data allowed estimating parameters that had not yet been estimated. We used posterior
315 predictive checks (Gelman & Hill, 2006) to evaluate the fit of our IPM to the population

316 count data and the reproduction data (Appendix S4). Overall, these checks indicated a good fit
317 (Appendix S4).

318

319 *Derived quantities*

320 We derived the posterior distribution of key quantities from model parameters, synthesizing
321 compound biological effects of interest while accounting for their uncertainty (Appendix S5).
322 Specifically, to characterize population dynamics with respect to breeding propensity, we
323 derived the breeding population growth rate as the number of breeders in year t divided by the
324 number of breeders in year $t-1$ (Appendix S5.4). To characterize population composition, we
325 derived the among-breeder proportions of former breeders (individuals that bred at $t-1$),
326 former skippers (individuals that skipped breeding at $t-1$), local first-time breeders, and
327 immigrants. To synthesize the breeding propensity of all prebreeders, we derived the age-
328 independent “integrative recruitment rate”, i.e. the proportion of first-time breeders at t among
329 the individuals of all age classes (3 to 6) alive and available for recruitment in the current year
330 t (i.e. that have never bred before). Breeding propensity of immigrants was represented by the
331 immigration rate, i.e. the proportion of immigrants among breeders in the current year (note
332 that similar results were obtained using the absolute number of immigrants; Appendix S5.4).
333 We also derived the number of nonbreeders (i.e. prebreeders plus skippers) present at the
334 breeding colonies by correcting the number of nonbreeders in the population by their
335 resighting rate (Appendix S5.3).

336

337 *Correlates of demographic features and test of hypothesis regarding breeding propensity*

338 Before testing our predictions, and to place our working hypothesis in the general
339 demographic context, we assessed the contribution of breeding propensity at t of each

340 breeding status at $t-1$ to population dynamics. Specifically, we assessed contributions of
341 demographic rates to population fluctuations using estimates from the IPM. We used posterior
342 distributions of partial correlations between breeding population growth rate and survival rate,
343 breeding rates of former breeders and former skippers, integrative local recruitment rate, and
344 immigration rate (while controlling for each other's effects; Appendix S5.4; Szostek et al.,
345 2014). Because information was insufficient in the first year to properly estimate the number
346 of individuals that could not be counted in the field, we considered all parameters from the
347 second year onwards to estimate partial correlations.

348 We then tested the population-level predictions of our hypothesis linking competition for
349 high-quality habitats to breeding propensity. We used posterior distributions of partial
350 correlations from the IPM to test for relationships between breeding propensity (at t), and
351 population habitat quality as well as abundance of competitors (at $t-1$; Appendix S5.4). We
352 assessed the relationship between breeding propensity at t in each breeding status (i.e.
353 breeding rates of former breeders and former skippers, integrative recruitment rate, and
354 immigration rate) and population breeding success, number of breeders, or number of present
355 nonbreeders at $t-1$ (while controlling for each other's effects). We assessed the evidence for a
356 partial correlation by computing the proportion of its posterior distribution that had the same
357 sign as its posterior mean (' P '). Values of P close to 1 indicate strong evidence for a
358 correlation with a given sign, while values close to 0.5 indicate no clear evidence (i.e. similar
359 evidence for a negative or positive correlation).

360

361 **Results**

362 Estimates of breeding population size from the IPM closely matched the population count
363 data (Fig. 3a). Detailed posterior summaries of IPM parameters and derived quantities are

364 given in Appendix S3 and S5, respectively. Hereafter, estimates are reported as the posterior
365 mean with 95% credible interval ('95%CRI') in brackets.

366

367 *General demographic context*

368 At the scale of the study period, breeding population size was stationary or nearly so (average
369 growth rate: 1.001 [0.999,1.004]; Appendix S5.1), despite large annual fluctuations (Fig. 3a).
370 Estimates of the demographic rates were consistent with those reported in previous studies not
371 using an IPM (e.g. Cam et al., 1998, 2002; Link et al., 2002). Mean breeding success across
372 years was 0.16 [0.14,0.19] fledglings per capita for first-time breeders and 0.36 [0.33,0.40]
373 fledglings per capita for experienced breeders, resulting in population breeding success of
374 0.65 [0.64,0.66] fledglings per nest, with large annual fluctuations indicating pronounced
375 temporal variability in population habitat quality (Appendix S3.2; Fig. 4). Mean local survival
376 probability was 0.65 [0.59,0.71] at age 0 and 1, and 0.81 [0.78,0.83] afterwards. Mean
377 resighting probability, indicative of presence at the breeding grounds, was 0.05 [0.04,0.07] for
378 yearlings, 0.81 [0.78,0.84] for older prebreeders and 0.998 [0.997,0.999] for recruited
379 individuals. Mean recruitment rate at age 3, 4, 5, and 6 was 0.13 [0.08,0.18], 0.41 [0.34,0.47],
380 0.53 [0.48,0.59], and 0.67 [0.58,0.76], respectively. The resulting mean integrative
381 recruitment rate (i.e. breeding propensity of prebreeders) was 0.34 [0.33,0.35]. Mean breeding
382 rate was 0.90 [0.87,0.92] for former breeders and 0.69 [0.62,0.75] for former skippers. These
383 breeding propensities were clearly lower than 1, and highly variable across years (Appendix
384 S3.2; Fig. 4), indicating the demographic importance of breeding propensity.

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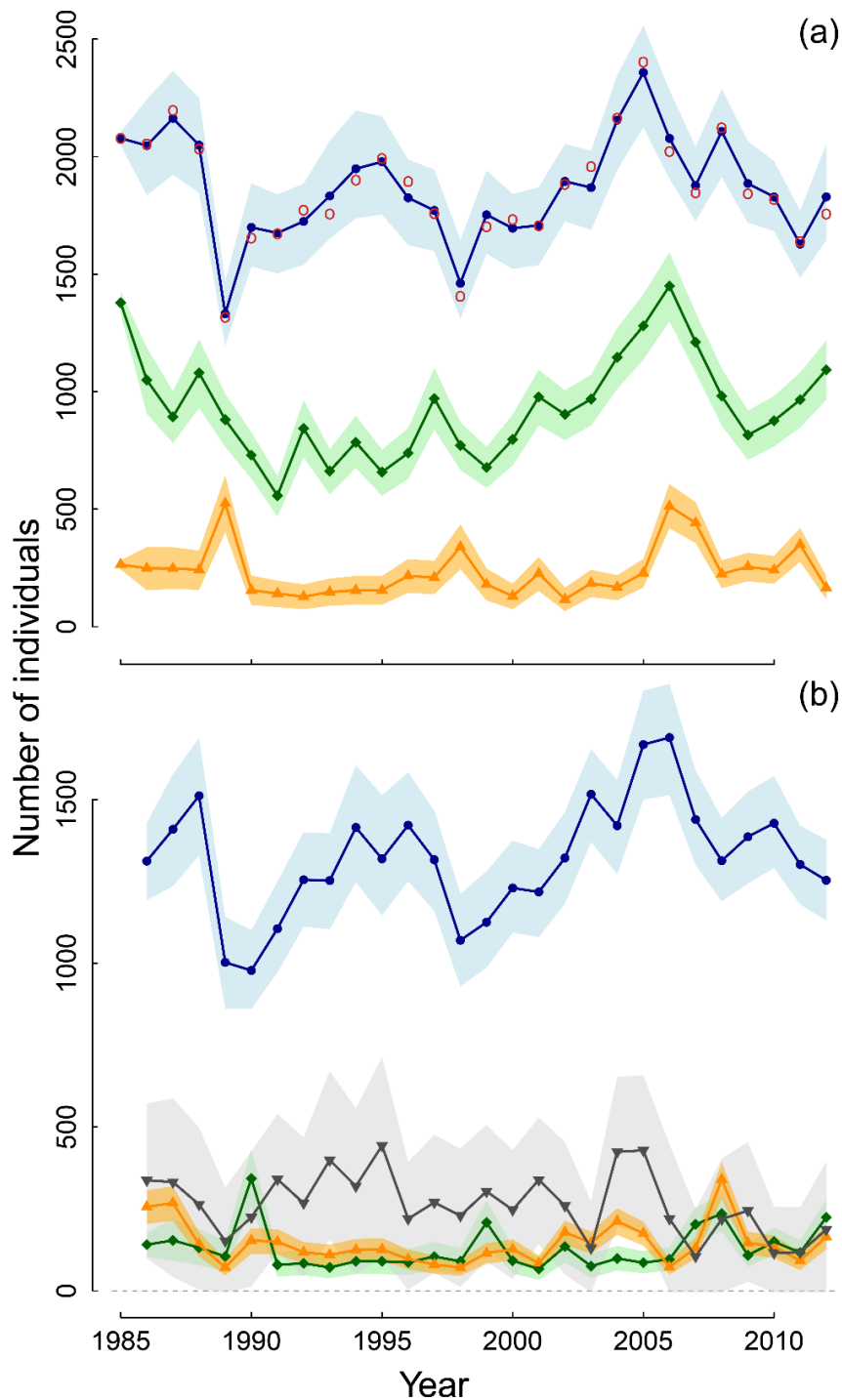
386 *Population composition*

387 Among local individuals (i.e. locally born or already established in the population), there was
388 a prominent proportion of breeders (1985–2012 mean: 62.1% [61.3,62.8]), a moderate
389 proportion of prebreeders (30.2% [29.4,31.0]), and a small proportion of skippers (7.7%
390 [7.2,8.3]), with large fluctuations (Fig. 3a). There was a high turnover among breeders, with a
391 mean of 30% of current breeders that had not bred in the population in the previous year (Fig.
392 3b). Across years, the breeding population was composed on average of 7.6% [7.2,8.0] local
393 first-time breeders, 7.0% [6.5,7.5] former skippers, and 14.0% [12.9,15.0] immigrants, versus
394 71.4% [70.4,72.3] former breeders (Fig. 3b). These results highlight how status-dependent
395 breeding propensity shaped the highly dynamic compositions of the breeding and
396 nonbreeding segments of the population.

397

398 *Contribution of breeding propensity to population dynamics*

399 The partial correlation with breeding population growth rate was 0.59 [0.29,0.87] for
400 immigration rate, 0.56 [0.36,0.75] for breeding propensity of former breeders, 0.32
401 [0.05,0.59] for breeding propensity of former skippers, and 0.08 [-0.20,0.36] for the
402 integrative recruitment rate. For comparison, this partial correlation was 0.47 [0.27,0.67] for
403 local survival probability from age 2, i.e. the rate responsible for permanent disappearance of
404 individuals from the breeding population. These values indicate that breeding propensity in all
405 statuses except prebreeders had non-negligible effects on temporal variation in breeding
406 population growth, and these effects were especially high (and higher than the effect of
407 survival) for immigrants and former breeders.



408

409 **Figure 3.** Population dynamics over 1985–2012. (a) Estimates of the numbers of prebreeders
 410 (orange triangles), skippers (green diamonds) and breeders (blue dots), and nest count data (red
 411 circles). (b) Breakdown of the numbers of breeders into immigrants (grey downward triangles),
 412 local first-time breeders (orange upward triangles), former skippers (green diamonds), former
 413 breeders (blue dots). Points: posterior means; shaded areas: 95%CRIs. In 1989, 2003,
 414 2006–2008, and 2010–2012, 95%CRIs of the number of immigrants included negative values,
 415 suggesting that immigration may have been absent in these years.

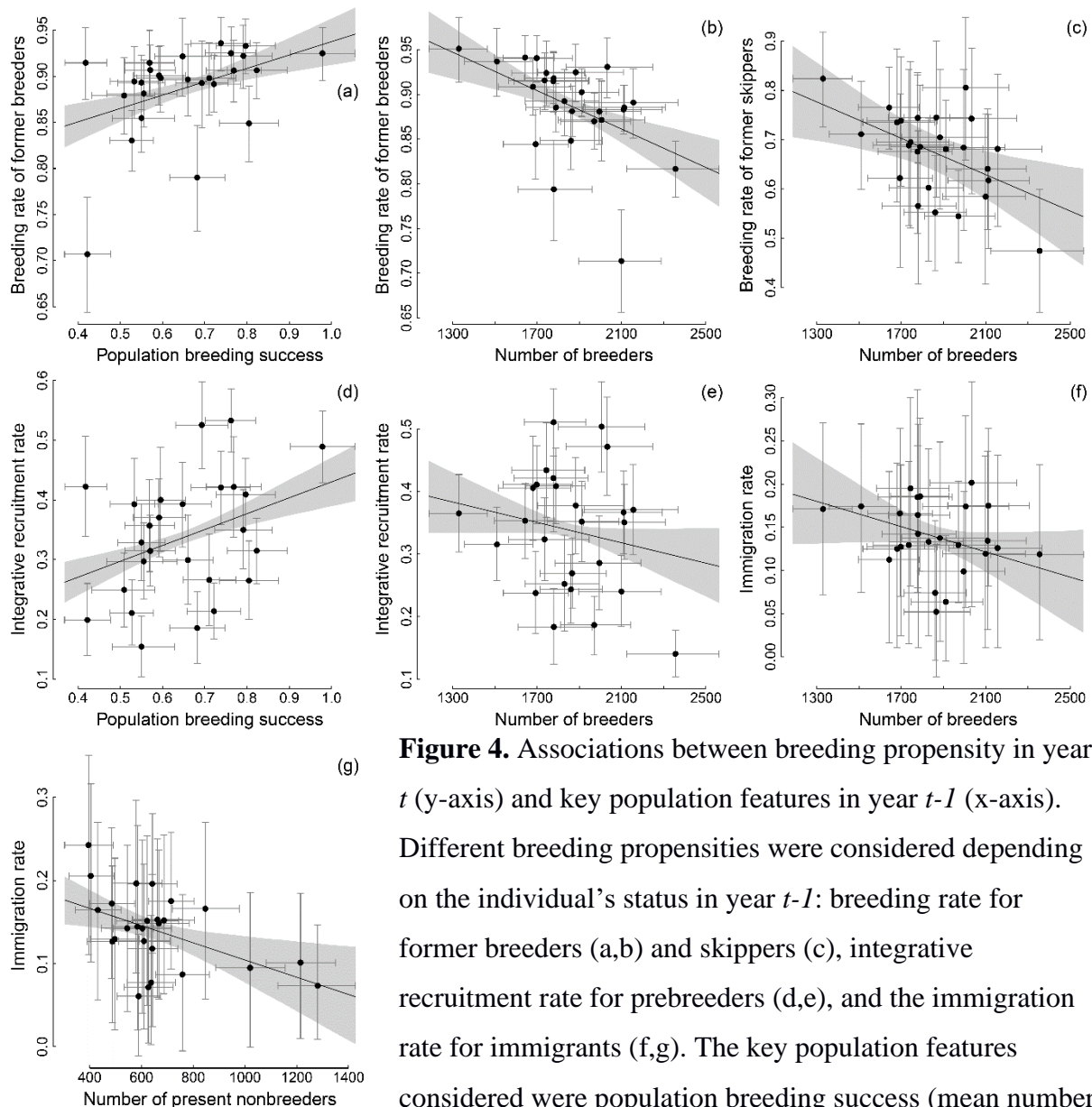
416 *Correlates of breeding propensity*

417 We found positive associations between population habitat quality and breeding propensity in
 418 former prebreeders and breeders, but not in former skippers and immigrants (Table 1, Fig. 4).
 419 There was evidence of positive partial correlations between population breeding success in
 420 year $t-1$ and both the breeding rate of former breeders in year t and the integrative recruitment
 421 rate (Table 1, Fig. 4a,d). We also found negative associations between numbers of
 422 competitors and breeding propensity (independently of population habitat quality) in all
 423 breeding statuses, with some status-dependent modulation in strength (Table 1, Fig. 4). This is
 424 shown by negative partial correlations between the number of breeders at $t-1$ and the breeding
 425 rates of former breeders and skippers, the integrative recruitment rate, and the immigration
 426 rate at t – which was of lower magnitude for the latter two (Table 1, Fig. 4b,c,e,f). There was
 427 also evidence of a negative partial correlation between the immigration rate at t and the
 428 number of nonbreeders (prebreeders plus skippers) present at $t-1$ (Table 1, Fig. 4g).

429 **Table 1.** Summary of the associations between status-specific breeding propensity (rows) and
 430 key population features: population breeding success or numbers of competitors (columns).

Breeding propensity (year t)		Population feature (year $t-1$)		
Former status (year $t-1$)	Parameter (year t)	Population breeding success	Number of breeders	Number of present nonbreeders
Breeder	Breeding rate of former breeders	0.38 [0.21,0.55] (1.00)	-0.46 [-0.64,-0.27] (1.00)	0.00 [-0.18,0.18] (0.51)
Skipper	Breeding rate of former skippers	-0.09 [-0.39,0.21] (0.72)	-0.40 [-0.64,-0.15] (1.00)	-0.11 [-0.37,0.15] (0.80)
Prebreeder	Integrative recruitment rate	0.34 [0.20,0.48] (1.00)	-0.18 [-0.37,0.01] (0.97)	-0.04 [-0.18,0.10] (0.72)
Immigrant	Immigration rate	0.07 [-0.21,0.35] (0.70)	-0.26 [-0.52,0.01] (0.96)	-0.35 [-0.59,-0.09] (0.99)

431 *Notes:* coefficients are partial correlations controlling for the confounding effect of the
 432 remaining population features (e.g. the partial correlation between immigration rate and
 433 population breeding success controls for the number of breeders and number of present
 434 nonbreeders). Estimates are posterior means with 95%CRI between brackets, and the
 435 proportion of the posterior distribution that had the same sign as the posterior mean (P)
 436 between parentheses. Relationships with strong evidence of correlation with a given sign
 437 ($P>0.95$) are highlighted in bold.



438

Figure 4. Associations between breeding propensity in year t (y-axis) and key population features in year $t-1$ (x-axis).

Different breeding propensities were considered depending on the individual's status in year $t-1$: breeding rate for former breeders (a,b) and skippers (c), integrative recruitment rate for prebreeders (d,e), and the immigration rate for immigrants (f,g). The key population features considered were population breeding success (mean number of fledglings per nest (a,e) and number of competitors (number of breeders, b,c,d,f, or number of present nonbreeders, g). Relationships presented here are those with strong evidence for a positive or negative partial correlation (Table 1; see Appendix S5.4 for other relationships).

These are partial residual plots representing partial correlations controlling for the remaining population features (e.g. in panel (a) the partial correlation between the integrative recruitment rate and number of breeders controls for population breeding success and the number of present nonbreeders); residuals were centred on the variable mean to rescale variation within the original range. Points: posterior means of rescaled residuals; segments: 95%CRIs. Solid line: posterior mean of regression line; grey background: 95% CRI.

439

440 **Discussion**

441 Reproduction in animals is often contingent on acquisition or retention, or simply access to a
442 breeding site (except when fertilization is external, or in non-territorial species). Accordingly,
443 we hypothesised that habitat selection processes, including attraction to and competition for
444 high-quality breeding sites, could influence whether individuals will breed or not. Given the
445 finite availability of high-quality sites, we predicted that larger numbers of competitors
446 generate lower breeding propensity due to competition for breeding sites, regardless of
447 temporal variation in population habitat quality. We also predicted that higher habitat quality
448 across a population, if realised through greater availability of high-quality sites across
449 patches, relaxes competition in each high-quality patch, generating higher breeding
450 propensity. Our integrated population model applied to long-term kittiwake monitoring data
451 allowed us to evidence relationships that match these predictions, in addition to demonstrating
452 the critical role of breeding propensity for population growth and composition. Overall, in
453 complement to standard energy-cost views on the achievement of reproductive careers, our
454 study sheds light on the importance of competition for high-quality sites in shaping breeding
455 propensity, individual life histories and population dynamics.

456 Previous studies have used the occurrence of delayed or skipped breeding and territorial
457 behaviour in heterogeneous habitats to hypothesise that intense competition for high-quality
458 breeding sites can drive nonbreeding (Zack & Stutchbury, 1992), implying density
459 dependence in breeding propensity (Kokko & Sutherland, 1998). This is corroborated by
460 many studies that have shown that nonbreeding is associated with subordination in territorial
461 contests for high-quality breeding sites, from behavioural observations to experiments in taxa
462 spanning fish, reptiles, birds, mammals, and arthropods (e.g. Newton 1992; Baird & Timanus,
463 1998; Wauters & Lens, 1995; Piper et al., 2000; Kokko et al., 2004; Stiver et al., 2006; Gołab
464 et al., 2013). Other studies have matched age-dependence in recruitment patterns with

465 expectations of adaptive queuing for high-quality sites (Ens et al., 1995; van de Pol et al.,
466 2007). While no empirical studies investigating the role of competition for high-quality sites
467 in breeding propensity have previously demonstrated negative density dependence in breeding
468 propensity, such a mechanism has been suggested by several studies that found high
469 recruitment rates subsequent to high adult mortality (e.g. Porter & Coulson, 1987; Pradel et
470 al., 1997; Sæther et al., 2002; Votier et al., 2008). Our study unifies and generalises these
471 previous findings by providing evidence of negative density dependence in breeding
472 propensities (Table 1, Fig. 4), and highlights the importance of competition in shaping
473 breeding propensity at the population level.

474 In general, negative density dependence of breeding propensity can be mediated through
475 competition for other resources than breeding space, namely food resources. This is an
476 inherent part of competition for breeding sites when food resources are spatially
477 heterogeneous and defended in the breeding territory (e.g. Ens et al., 1995; Wauters & Lens,
478 1995; Aho et al. 1999). Alternatively, the link between competition for food resources and for
479 breeding habitat is loose or inexistent when food resources are limited but non-defendable (as
480 in central place foragers such as kittiwakes) or spatially homogeneous across the breeding
481 habitat. Nonetheless, if food is a limiting resource for which individuals compete
482 independently of the breeding site, density should also be negatively associated with
483 population breeding success (e.g. Arcese & Smith, 1988; Wauters et al., 2004; Layton-
484 Matthews et al., 2019). Here we controlled for the effect of population breeding success when
485 estimating the correlation between number of competitors and breeding propensity (Table 1,
486 Fig. 4), which is why the observed relationship is to be explained by competition for breeding
487 habitats, not for food.

488 The energetic requirements of reproduction and food intake remain a major potential
489 determinant of breeding propensity. And indeed, it has been shown that improved

490 environmental conditions implying lower energetic demand or simply increased food
491 availability are associated with both increased breeding propensity and breeding success (e.g.
492 Nur & Sydeman, 1999; Hoy et al., 2016). Following this view, previous studies documenting
493 positive relationships between population habitat quality and subsequent breeding propensity
494 have referred to physiological condition or perceived chances to overcome reproductive costs
495 (e.g. Frederiksen & Bregnballe, 2001; Cayuela et al., 2018). However, competition for
496 breeding sites on its own can also generate a positive association between population breeding
497 success and breeding propensity, as found in our study (Table 1, Fig. 4). Increased mean
498 population breeding success can reflect increased habitat quality in multiple patches across
499 the population, which results in decreased spatial heterogeneity of habitat quality across space
500 (Fig. 1; Appendix S1), and decreased competition for high-quality sites. Competition for high-
501 quality breeding sites would appear to better explain temporal variation in breeding
502 propensity than energetic requirements in systems where temporal variation in habitat quality
503 is spatially heterogeneous rather than homogeneous. Where possible in future, the relative
504 importance and joint contribution of these two explanations could be addressed by analyses
505 that explicitly distinguish between these two forms of variation (e.g. using unambiguous
506 measures of food availability or experiments relying on supplementary feeding).

507 Spatial heterogeneity of the environment, attraction to high-quality habitats and
508 competition for breeding space are commonplace in animal taxa and are the basis of theory on
509 spatial distribution of individuals (Fretwell & Lucas, 1969; Pulliam & Danielson, 1991). Our
510 hypothesis linking habitat selection mechanisms and breeding propensity should thus be of
511 general relevance, but its importance should depend on key factors underlying competition
512 intensity. For example, the use of information on habitat quality emanating from conspecifics
513 (e.g. their breeding success) is a common habitat selection mechanism that necessarily makes
514 individuals aggregate and covet the same sites, enhancing competition (Danchin et al., 1998;

515 Doligez et al., 2003; Schmidt et al., 2010). However, such a process depends on predictability
516 and spatial heterogeneity in habitat quality (Doligez et al., 2003; Acker et al., 2018): the more
517 predictable (i.e. temporally autocorrelated) and heterogeneous the habitats (i.e. stronger site-
518 dependent differences in fitness prospects), the higher the competition for high-quality
519 breeding sites. The strength of competition will also depend on the degree to which the
520 availability of high-quality sites is limited. The limitation as perceived by individuals will be
521 conditioned by the type of information used to assess habitat quality and the overall strategy
522 for habitat search (Lima & Zollner, 1996; Schmidt et al., 2010; Piper, 2011; Acker et al.,
523 2017; Rushing et al., 2021), as well as by any physical limitation in the number of breeding
524 sites (Kokko and Sutherland, 1998). Further, competition has led to the evolution of territorial
525 behaviour characterised by costly defence and active contests for exclusive space suitable for
526 breeding (Stamps, 1994; Adams, 2001). By modulating the benefits of occupying a high-
527 quality site versus a low-quality one through related costs of site acquisition and retention in
528 face of competitors, key features of territorial behaviour like territory size and reducibility or
529 risk of injury should modulate the influence of competition for high-quality sites on breeding
530 propensity (Kokko & Sutherland, 1998; López-Sepulcre & Kokko, 2005).

531 Our study system provides a valuable example of the behavioural and environmental
532 characteristics leading to strong competition for high-quality sites and of its consequences for
533 breeding propensity. Several studies have shown that kittiwakes breed in spatio-temporally
534 heterogeneous but predictable habitats, use public information to target high-quality habitats
535 at all spatial scales, devote substantial time and energy to acquiring and defending breeding
536 sites, and show positive associations between breeding propensity and competitive behaviour
537 claiming territorial dominance (Cadiou et al., 1994; Danchin et al., 1998; Cam et al., 2002;
538 Boulinier et al., 2008; Aubry et al., 2009; Acker et al., 2017; Appendix S1.2, S5.5).
539 Kittiwakes feed on non-defendable resources that vary at regional scales, and although food

540 availability can affect their reproductive success (Suryan et al., 2002; Golet et al., 2004;
541 Frederiksen et al., 2005), previous studies have not found evidence of effects of food
542 availability on breeding propensity (Oro & Furness, 2002; Golet et al., 2004) or of density
543 dependence mediated by food limitation (Frederiksen et al., 2005). Studies of breeding
544 propensity in other taxa would be valuable to further clarify the role that competition for high-
545 quality breeding sites could play in shaping breeding propensity.

546 In our study population, competitive asymmetries among individuals in different breeding
547 status likely modulate how competition for high-quality sites influences breeding propensity.
548 In general, the most competitive individuals are assumed to occupy the highest-quality
549 habitats and force others to settle in lower-quality habitats (Fretwell & Lucas, 1969; Pulliam
550 & Danielson, 1991) or to skip breeding (Ens et al., 1995; Piper et al., 2000). Our results
551 suggest that breeders and skippers might benefit from a lower number of breeding competitors
552 in the population to a greater extent than prebreeders and immigrants, and that immigrants
553 might be the only status affected by competition with nonbreeders (Table 1, Fig. 4). This
554 probably reflects the lack of behavioural maturity of prebreeders compared to experienced
555 individuals, which would lead to inferiority of many prebreeders under any competitive
556 intensity (Cam et al., 2002; Aubry et al., 2009), and to an even greater inferiority of
557 immigrants due to their lack of knowledge and familiarity with the local competitive context
558 (e.g. Germain et al., 2017). Our results suggest that decreased competition for high-quality
559 sites when population breeding success increased benefited prebreeders and breeders, while
560 this was not clear for skippers and immigrants (Table 1, Fig. 4). This could be because
561 skippers and immigrants tend to target less attractive sites (located in patches of lower quality;
562 e.g. Bruinzeel, 2007) where their chances of acquiring a site are not (or less) impacted by
563 variation in the availability of high-quality sites across the population.

564 Overall, the process of competition for high-quality breeding sites emphasized here may
565 explain some major variations in individual life histories. Through despotism exercised by
566 some individuals that manage to breed in high-quality habitats, less competitive ones are
567 forced to poorer reproductive careers (e.g. Bruinzeel, 2007; van de Pol et al., 2007). In our
568 study population, outcompeted kittiwakes could skip breeding opportunities (Cadiou et al.,
569 1994; Cam et al., 2002) or access lower-quality breeding sites (Aubry et al., 2009), where
570 they are likely to fail and then disperse to avoid failing again (Acker et al., 2017), re-enter
571 competition to obtain a new site, and repeat this cycle ('the spiral of failure'; Cam et al., 2004,
572 2013). However, our results suggest that higher population habitat quality or lower density
573 may soften competition by offering better breeding opportunities or enhanced access to good
574 opportunities. The same mechanisms should also affect population dynamics. The positive
575 association between previous population breeding success and breeding propensity should
576 accentuate the impacts of temporal variation in habitat quality on population growth (Danchin
577 et al., 1998; Brown et al., 2000). Yet, given the negative association between breeding
578 propensity and the number of competitors, the impact of habitat quality is likely to be
579 counteracted by the variation in competition intensity arising from breeding density changes.
580 These results open valuable future opportunities to evaluate the relative importance of
581 competition for high-quality breeding sites in amplifying or buffering population dynamics
582 via breeding propensity.

583

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593

594 **Conflict of interest**

595 The authors have no conflict of interest to declare.

596

597 **Authors' contributions**

598 PA and EC formulated the ideas. JYM conceived the monitoring study. EC and JYM
599 collected the data. PA and MS designed the modelling methodology. PA analysed the data
600 and led the writing of the manuscript, assisted by EC and AB. All authors contributed
601 critically to the drafts and gave final approval for publication.

602

603 **Data accessibility**

604 Data are available from the Zenodo repository <https://doi.org/10.5281/zenodo.6009808>
605 (Acker et al., 2022).

606

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