

# Material Characterization Approach for Modelling High-Strength Concrete after Cooling from Elevated Temperatures

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**Abstract:** Advanced numerical modelling of high-strength concrete ( $f_c > 60$  MPa) structures designed to withstand severe thermal conditions requires detailed and reliable information on the mechanical properties of the material exposed to elevated temperatures. The only uniaxial compressive strength variation with temperature is not enough to satisfy the big number of parameters often required by advanced non-linear constitutive models. For this reason, a complete experimental investigation is required. The paper takes a commonly used high strength concrete ( $f_c = 73$  MPa) as an example to describe a comprehensive experimental approach instrumental to the parameter definition and calibration of common constitutive models for concrete. The present study not only studied the overall compressive and tensile behaviour of the case study material, but also investigated the effect of elevated temperatures on the specific fracture energy and the evolution of internal damage, in residual conditions after a single thermal cycle at 200, 400 and 600 °C.

**Author keywords:** concrete mechanical properties, thermal exposure, residual conditions, internal damage evolution, fracture energy, uniaxial tensile tests

## 1. Introduction

Fires in European tunnels, e.g. Mont Blanc (France/Italy) 1999 or Tauern (Austria) 1999, clearly showed the risks and consequences of high thermal loads on reinforced concrete (RC) structures. Although concrete is generally believed to be an excellent fireproofing material, many studies have shown extensive damage or even catastrophic failure at high temperatures (Phan and Carino 2001). All these catastrophic events highlight the need of reliable

40 modelling and design approaches able not only to predict service condition but also to provide accurate prediction  
41 of tunnel structural behaviour when exceptional conditions are taken into account.

42 Basic precondition of a reliable model is, of course, a proper definition of the material properties. As concrete  
43 is exposed to elevated temperatures, its mechanical properties, such as strength in both compression and tension  
44 and its stiffness, are adversely affected, to the detriment of both structural safety and durability. Comprehensive  
45 research has been carried out in recent decades to test normal-strength concrete (NSC) subjected to elevated  
46 temperatures (Abrams 1971; Anderberg and Thelandersson 1976; Felicetti and Gambarova 1998; Hager and  
47 Pimienta 2004; Janotka and Bágel 2002; Khaliq and Kodur 2012; Khoury 1992; Khoury et al. 1999; Naus 2006;  
48 Phan and Carino 2001; Sancak et al. 2008; Schneider 1985). Some of these studies are also referred to in the codes  
49 (*Eurocode 2*; *Eurocode 4*). In addition, more advanced techniques based on numerical and artificial intelligence  
50 (AI) approaches have been used in the recent years to further explore the material behaviour at elevated  
51 temperatures (Bingöl et al. 2013; Lam and Fang 2014; Nechnech et al. 2002; Neuenschwander et al. 2016;  
52 Tanyildizi 2009).

53 High-strength concrete (HSC) offers various benefits derived from its greater stiffness and strength (60–120  
54 MPa), and its use has become increasingly popular. However, HSCs are more sensitive than NSCs to high  
55 temperatures because of their reduced porosity, which favours steam pressure build-up and increases their  
56 susceptibility to explosive spalling. To avoid this effect, one commonly adopted solution is to add polypropylene  
57 (PP) microfibres (Hager and Mróz 2019; Kalifa et al. 2001). The research studies available on HSC subjected to  
58 elevated temperatures indicate that results strongly depend on the type of aggregate, heating rate, content of PP  
59 fibres, etc (*fib 38*; Siddique and Noumowe 2010). The large variation in the findings, therefore, makes it  
60 challenging to obtain accurate material behaviour curves. This motivates for further investigation.

61 The use of HSC ( $f_c = 73$  MPa) with PP fibres is also of great interest for the Norwegian Public Roads  
62 Administration's (NPRA) *Ferry-free coastal route E39* project. This project is aimed at establishing a coastal  
63 highway route without ferry connections. Due to durability problems of the Norwegian infrastructure mainly  
64 related to reinforcement corrosion, the NPRA decided in the 1990-ties to require water/binder ratio=0.4 in all  
65 Norwegian bridge structures. From both a durability perspective, and for contractual issues, the requirement has  
66 been successful, and such concrete is commonly denoted "Norwegian Bridge Concrete" (Osmolska et al. 2019).  
67 New large concrete structures, such as submerged floating tunnel (SFT), need to be built to cross the wide and  
68 deep fjords along the coast, and it is of interest to evaluate the combined action of fire and blast loads inside  
69 tunnels. The design and prediction of the behaviour of large RC structures typically involve the use of advanced

70 non-linear numerical approaches. The knowledge of strength evolution is not enough for these kinds of models  
71 that require a more complete knowledge of the material constitutive behaviour and, in particular, the definition of  
72 the whole uniaxial compressive and tensile behaviours also with the corresponding fracture energy.

73 When complex situations, like fire conditions, want to be investigated, also the load path can play a significant  
74 role: as an example, traditional ultimate limit state (ULS) loading condition can induce irreversible strain into the  
75 structure that can be later exposed to fire or vice versa. Under this point of view, also damage evolution laws and  
76 their variation after high temperature exposure become fundamental for an accurate prediction of the overall  
77 structural behaviour. Nevertheless, there is not an extended literature investigating these properties at high  
78 temperatures. Therefore, additional material tests studying the behaviour of this type of HSC are vital for the  
79 design of the investigated structures for fire resistance.

80 Compressive strength, tensile strength, elastic modulus, and stress-strain response in compression are  
81 mechanical properties that are of primary interest in fire resistance design (see for example Kodur 2014; Shah et  
82 al. 2019; Siddique and Noumowe 2010). If on the one hand, the compressive strength has been extensively  
83 investigated in the literature, on the other hand, splitting tensile strength, elastic modulus and compressive stress-  
84 strain response have been less studied in the literature. Moreover, significantly less data or no data are available  
85 in literature on direct tensile strength, tensile stress-strain response, tensile and compressive specific fracture  
86 energies and internal damage at elevated temperatures.

87 The effect of the high temperature on the material properties can be evaluated in hot conditions, i.e. tested at  
88 maximum temperature, or in residual conditions, i.e. with a cooling phase after the heating cycle. In the literature,  
89 residual conditions are more commonly used due to additional challenges arising when performing experiments  
90 in hot conditions. Results from earlier studies (Felicetti et al. 2000; Felicetti and Gambarova 1999) show that tests  
91 in residual conditions are representative of the effect of high temperature on the material. It is also of great interest  
92 to model the post-fire resistance and reliability of the structure, and therefore a residual material characterization  
93 is required. This further motivates the testing of specimens after cooling.

94 This study provides an example of a comprehensive approach for the mechanical material characterization  
95 aimed at an advanced numerical modelling. The experimental campaign investigates the effect of elevated  
96 temperatures in residual conditions on some necessary and less investigated mechanical properties of concrete,  
97 such as the uniaxial tensile strength and the specific compressive and tensile fracture energy. In addition, it  
98 presents the evolution of internal damage for both compressive and tensile behaviour, which is obtained from the  
99 unloading-reloading cycles along the complete stress-strain curves. Moreover, this research provides an extended

100 comparison with previous research studies for well-investigated properties, such as compressive strength and the  
101 modulus of elasticity of concrete. Also, the reliability of existing damage evolution law at high temperature  
102 available in the literature is here discussed.

103 The paper is aimed at presenting an experimental approach that is instrumental to assess all the main  
104 mechanical parameters that can be used for the modelling of concrete structures in case of fire. The approach aims  
105 at the identification not only of the most common parameters (e.g. compressive strength and elastic modulus) but  
106 also to all those parameters that are crucial when non-linear analyses are adopted (e.g. fracture energy and damage  
107 evolution law). This study considers three high temperatures (200, 400 and 600 °C), in addition to the reference  
108 room temperature (20 °C). Additional partial results for 800 °C are also presented. The paper mainly refers to  
109 residual condition (after cooling) because by the engineering point of view, the residual capacity of a structure  
110 after the fire exposure is the most interesting issue in order to assess the safety level of the structure after a critical  
111 event.

112

## 113 **2. Mechanical Properties of Concrete at High Temperatures: Background**

114 As already discussed, the aim of the present paper is to describe a complete mechanical characterization procedure  
115 for modelling concrete structures exposed to fire condition. For this reason, the experimental tests should pay  
116 attention to be as possible representative of the constitutive behaviour of the material not introducing in the  
117 specimen any structural effect that, if not properly detected, can be confused with material properties (because the  
118 prediction of the structural effects is a task of the numerical models and not of the constitutive laws).

119 When testing materials at high temperature, a high temperature gradient can lead to additional thermal stresses  
120 and explosive spalling, which is not the aim of this research. The use of controlled heating and cooling rates can  
121 prevent these undesired events to occur. Many research studies have examined the influence of different heating  
122 and cooling rates on concrete specimens. Thelandersson (1974) observed no effects using a heating rate of 2  
123 °C/min, while some specimens exploded when heating at 4–8 °C/min. This agrees with data published by Khoury  
124 (1992), and Campbell-Allen and Desai (1967), who concluded that cooling rates lower than 2 °C/min should be  
125 used to avoid undesired stresses. Research conducted by Felicetti and Gambarova (1998) showed that self-stresses  
126 are negligible using a heating and cooling rate of 0.2 °C/min.

127 Residual mechanical properties of concrete are very dependent on the nature and mineralogical composition  
128 of the aggregate used (Xing et al. 2014). Eurocode 2 (*EN 1992-1-2*) shows that a siliceous aggregate concrete is  
129 more sensitive to high temperatures than a calcareous aggregate concrete, which is generally attributed to the

130 higher thermal expansion of the former. Nevertheless, later studies by Xing et al. (2011) and Robert and Colina  
131 (2009) showed that concretes prepared with some siliceous aggregates can have better mechanical performance.  
132 Niry Razafinjato et al. (2016) recently concluded that the categorization of aggregates in the Eurocode is not  
133 accurate enough to predict precisely the high temperature behaviour of concrete, suggesting that further studies  
134 should be carried out. However, this is not part of the aim of the present study.

135 In recent years, many authors have extensively investigated the influence of elevated temperatures on the  
136 compressive strength and modulus of elasticity. The most relevant studies for the present work are a selection of  
137 14 publications (Bastami et al. 2011; Diederichs et al. 2009; Felicetti and Gambarova 1998; Hager and Pimienta  
138 2004; Janotka and Bágel 2002; Khoury et al. 1999; Morita et al. 1992; Noumowe 2003, 2005; Noumowe et al.  
139 1996; Phan and Carino 2001; Poon et al. 2001; Sancak et al. 2008; Sullivan and Sharshar 1992), which investigate  
140 the strength after cooling of concretes with similar strength to the one used in this study. Eight of these publications  
141 also examine the effect of temperature on the modulus of elasticity (Diederichs et al. 2009; Felicetti and  
142 Gambarova 1998; Hager and Pimienta 2004; Janotka and Bágel 2002; Khoury et al. 1999; Noumowe 2003, 2005;  
143 Phan and Carino 2001).

144 Most of these studies report a decreasing tendency in stiffness with increasing temperatures. Only a few studies  
145 reported an increase in strength for temperatures below 200 °C (Janotka and Bágel 2002; Khoury et al. 1999;  
146 Morita et al. 1992). Results reported by Felicetti and Gambarova (1998) show the most pronounced reduction in  
147 compressive strength, with only a 10% remaining strength at 500 °C. No other author reported this rapid decrease.  
148 Instead, an average of 20% of the total strength remained in most of the studies at 800 °C. Phan and Carino (2001)  
149 were alone in reporting a plateau effect between 100 and 300 °C. There is considerable scatter in compressive  
150 strength results for elevated temperatures from the different studies, even between comparable initial strength  
151 concretes. Nevertheless, a similar COV equal to 38%, 33% and 31% at 400, 600 and 800 °C, respectively, can be  
152 observed. A state-of-the-art study presented by RILEM (Pimienta et al. 2019) confirmed that this scatter is due to  
153 different concrete mixtures and testing conditions.

154 Naus (2006) conducted a literature review on the effect of elevated temperature on concrete materials and  
155 structures. He observed that the decrease of modulus of elasticity was more pronounced than the decrease in  
156 compressive strength. Moreover, he concluded that the strength of concrete before testing had little effect on  
157 percentage of strength retained at elevated temperature. Later, Kodur (2014) studied the effect of high temperature  
158 on compressive strength, modulus of elasticity and stress-strain response, among other properties of HSC. A large  
159 variation of results was found between 200 and 500 °C. In addition, a few data points were reported for HSC for

160 temperatures higher than 500 °C. A more recent review by Shah et al. (2019) reported that stress-strain relation  
161 of HSC exposed to fire was not comprehensively reported in literature, remarking its value to properly model the  
162 fire behaviour of HSC. They concluded that data available is insufficient considering the number of parameters  
163 which should be investigated.

164 The use of non-destructive techniques was shown to have great potential to quantify the deterioration of  
165 concrete after fire exposure. Recent studies by Matysik et al. (2018) and Varona et al. (2018) found that the  
166 evolution of the (dynamic) elastic modulus was consistent with the background and concluded that ultrasonic  
167 pulse velocity (UPV) is appropriate for studying its degradation at elevated temperatures. The test consists on  
168 sending a pulse of ultrasonic waves through the material and determining the travelling velocity. Higher velocities  
169 indicate better material quality. The expected velocity in a non-damaged concrete is 4.5–5 km/s (Jain et al. 2013).

170 The published data available on uniaxial tensile tests of concrete are limited, probably because of the  
171 complexity of the test procedure. Furthermore, findings are often conflicting due to the different specimen shapes  
172 or boundary conditions. Table 1 lists previous research on uniaxial tensile tests, detailing the specimens, the  
173 concrete and the boundary conditions used. In addition, it specifies whether the concrete was subjected to high  
174 temperature (residual or hot conditions) or ambient temperature.

175 Zheng et al. (2001) investigated the effect of the bonding between the specimen and the steel loading plates.  
176 They concluded that the most reliable method of applying uniaxial tension (without inducing secondary stresses)  
177 is to glue the plates to the ends of the specimen.

178 Table 1 shows that the influence of high temperatures on the uniaxial tensile strength of concrete was only  
179 examined by Felicetti and Gambarova (2000; 1999) and Lam and Fang (2014). Results reported by Lam et al.  
180 (2014) are significantly lower than the other test results considered. This may be due to the very slender shape of  
181 the specimens tested. Moreover, their results show little influence of elevated temperatures on tensile strength for  
182 temperatures up to 500 °C. These results disagree with Felicetti and Gambarova (1999), where three different  
183 HSCs were tested, and observed a large strength decrease to  $0.30f_{ct,20}$  at 400 °C. A RILEM state-of-the-art report  
184 (Pimienta et al. 2019) remarked on the need for a research programme to investigate the effect of high temperatures  
185 on the tensile strength of HSC.

186 Testing materials using a displacement-controlled procedure makes it possible to obtain a complete stress-  
187 strain curve and thereby evaluate the specific fracture energy. This property is a fundamental material parameter  
188 required by most mathematical models based on concrete fracture mechanics, because it denotes the energy  
189 needed to propagate a crack. Felicetti and Gambarova (1999) studied the effect of high temperatures on specific

190 tensile fracture energy ( $G_f$ ) in residual conditions. Different temperatures up to 400 °C were investigated, showing  
191 a changing behaviour of  $G_f$  with temperature. A decreasing trend was obtained for temperatures below 250 °C,  
192 while an increasing trend was found from 250 to 400 °C.

193 The effect of elevated temperatures on specific compressive fracture energy ( $G_{fc}$ ) was investigated in Felicetti  
194 and Gambarova (1998). They reported a decreasing behaviour of  $G_{fc}$  with temperature. The published data was  
195 expressed in terms of dissipated energy per unit of volume. This disagrees with Nakamura and Higai (2001), who  
196 performed a series of compressive strength tests at room temperature comparing different  $H/D$  ratios. They found  
197 that the fracture zone length is almost constant for  $H/D > 3$ , concluding that the fracture zone is localized over a  
198 certain length.

199 Neuenschwander et al. (2016) performed controlled cyclic compression tests at elevated temperatures (in hot  
200 conditions) in order to study the evolution of unloading stiffness with increasing plastic straining. However, results  
201 were not obtained for temperatures between 20 and 500 °C, where the decrease in strength and modulus of  
202 elasticity is more produced. Moreover, experimental damage evolution laws were not found for tensile behaviour  
203 in the literature. Nechnech et al. (2002) developed an elasto-plastic damage model for plain concrete subjected to  
204 high temperatures. This model was implemented in the present study using the material parameters obtained from  
205 the experiments performed. The predicted damage evolution in tension using the model is compared to the  
206 measured values in the discussion section.

207

### 208 **3. Experimental Procedure Description**

209 Twenty concrete cylinders were tested in residual conditions after a thermal cycle (in unrestrained conditions) at  
210 four different temperatures (20, 200, 400 and 600 °C): twelve standard ( $D = 100$  mm,  $H = 200$  mm) cylinders  
211 were used to test modulus of elasticity and uniaxial compressive strength, while eight cylinders ( $D = 100$  mm,  $H$   
212 = 100 mm) were used for measuring direct uniaxial tensile strength. In addition, four standard ( $D = 100$  mm,  $H =$   
213 200 mm) cylinders were tested for their uniaxial compressive strength at 800 °C. Table 2 presents an overview of  
214 the experimental campaign.

215

#### 216 **3.1. Materials**

217 The concrete used has a cylindrical compressive strength ( $f_c$ ) of 73 MPa, a water-cement ratio (w/c) of 0.42, and  
218 a maximum aggregate size ( $d_{max}$ ) of 16 mm. Table 3 details the concrete mix design. The aggregates (siliceous)  
219 are composed by granite, gneiss, sandstone and siltstone. Polypropylene microfibres were also added into the mix

220 (1 kg/m<sup>3</sup>). The concrete cylinders were demoulded 24 hours after casting, cured in water for 28 days, and rested  
221 for five/six months at 20 °C in a lab environment. The density ( $\rho$ ) at 28 days was equal to 2370 kg/m<sup>3</sup>.

222

### 223 **3.2. Heating of Specimens**

224 The concrete cylinders were tested after exposure to four different temperatures: 20 °C (room temperature), 200,  
225 400 and 600 °C. Mechanical properties were tested in residual conditions, i.e. with a cooling phase after the  
226 heating phase. Specimens were not dried before the thermal treatment. To avoid excessive thermal gradients, the  
227 heating and cooling rates were chosen as 0.5 °C/min and 0.25 °C/min, respectively. Specimens were heated in  
228 unrestrained conditions until the maximum temperature was reached, with a stabilization phase of two hours to  
229 ensure a uniform temperature distribution. Afterwards, the cooling rate was applied until the specimen reached  
230 100 °C, when the furnace was switched off and the specimen naturally cooled in a closed furnace environment,  
231 Fig. 1. Other studies by Felicetti and Gambarova (1998), and Colombo et al. (2010) adopted a similar procedure.  
232 Specimens for the preliminary tests at 800 °C were subjected to the same heating rate. After, they naturally cooled  
233 in a closed furnace environment. Spalling was not observed for any specimen during the thermal cycles.

234

### 235 **3.3. Ultrasonic Pulse Velocity (UPV) Measurements**

236 Direct UPV measurements were taken using a *Pundit Lab* instrument, with two piezoelectric transducers (emitter  
237 and receiver) placed on opposite faces of the cylinder, as shown in Fig. 2. Gel is added between the transducer  
238 and the concrete face to ensure full contact. Measurements were taken before and after the thermal cycles for each  
239 of the 12 cylinders tested in compression.

240 The propagation of ultrasonic waves through material is commonly used as a dynamic method to determine  
241 the level of internal damage, which can be expressed as Eq. (1) (Lemaitre and Chaboche 1990).

$$242 \quad D = 1 - \tilde{E}/E \quad (1)$$

243 where  $E$  and  $\tilde{E}$  are the modulus of elasticity before and after the thermal cycle, respectively. The pulse velocity  
244 ( $v_L$ ) can be expressed as indicated in Eq. (2)

$$245 \quad v_L^2 = \frac{E}{\rho} \frac{1 - \nu}{(1 + \nu)(1 - 2\nu)} \quad (2)$$

246 Assuming the isotropic damage hypothesis, constant Poisson's ratio ( $\nu$ ) of 0.2, and neglecting the change in  
247 density ( $\rho$ ), which was found to be less than 10% at 800 °C, the level of damage can be then expressed in terms  
248 of longitudinal waves velocity as Eq. (3)



249 
$$D = 1 - \tilde{v}_L^2/v_L^2 \tag{3}$$

250 where  $v_L$  and  $\tilde{v}_L$  are the pulse velocities before and after the thermal cycle, respectively.

251

### 252 **3.4. Uniaxial Compressive Strength and Modulus of Elasticity Tests**

253 This section describes two different sets of experiments with temperatures up to 600 and 800 °C, respectively.

254 The former, involves twelve specimens to test the modulus of elasticity and uniaxial compressive strength. Three

255 nominal identical specimens were tested for each temperature level (20, 200, 400 and 600 °C). In the latter, four

256 specimens were used to get a preliminary comparison between the uniaxial compressive strength in hot and

257 residual conditions (see Table 2). Specimens were tested using an ADVANTEST-9 controlled servo-hydraulic

258 press, with a maximum capacity of 3000 kN. The end-sections of the cylinders were ground to guarantee face

259 parallelism and planarity at the specimen-machine interface.

260 The static modulus of elasticity of the concrete was evaluated from the displacements measured by means of

261 three Linear Variable Displacement Transducers (LVDTs) assembled at 120° astride the central part of the

262 specimen, with a gauge length of 35 mm [Fig. 3]. Tests were load-controlled, with a loading/unloading rate of 2

263 kN/s, in accordance with ISO 1920-10 (2010).

264 The uniaxial compressive tests were performed under displacement control using the signal of a displacement

265 transducer that could measure the relative displacement between machine platens. The displacement-controlled

266 procedure made it possible to measure the complete stress-strain curves, even in the softening phase. A constant

267 displacement rate of 50 µm/s was used in the elastic region. A rate of 30 µm/s was used during the pre- and post-

268 peak states, and of 70 µm/s during the last part of the softening branch. The relative displacement of the platens,

269 corresponding to the shortening of the specimens, was measured by means of three LVDTs. Unloading-reloading

270 cycles were performed during the tests, measuring the evolution of the stiffness for each temperature. The specific

271 compressive fracture energy was calculated as the area under the stress-strain curve per unit of cross-section area,

272 without the contribution of the elastic unloading part (Felicetti and Gambarova 1999).

273 Additional uniaxial compression tests were performed at 800 °C. Two standard cylinders were tested at high

274 temperature (hot conditions, fast extraction), and two cylinders were tested after cooling (residual conditions).

275 The modulus of elasticity was measured in one of the cylinders in residual conditions.

276

277

278

### 279 3.5. Uniaxial Tensile Tests

280 Eight cylinders were tested in uniaxial tension by controlling the crack opening displacement (COD), using an  
281 INSTRON electro-mechanical press with 100 kN capacity. Two nominal identical specimens were tested for each  
282 temperature load. The end-sections of the concrete cylinders were ground to guarantee parallelism and planarity  
283 in the specimen-machine interaction. A circumferential notch (depth 10.8 mm, width 3.7 mm) was cut in the  
284 central part of the specimen after the thermal cycle to guarantee a localized crack. Five LVDTs were mounted at  
285 120° in the central region astride the notch with a gauge length of 40 mm to measure the COD. Fig. 4 shows the  
286 geometry of the specimen and the instrumentation used during the tests.

287 Steel plates were attached to the end-sections of the cylinders by means of a thin layer of epoxy glue with a  
288 24-hour hardening period and connected with free-rotational heads to the machine. The tests were carried out at a  
289 constant COD rate of 0.1 µm/s during the loading branch, and 0.2 µm/s during the after-peak softening branch.  
290 The displacement rate was progressively increased to 0.5, 1.0 and, 5.0 µm/s during the last part of the softening  
291 branch, until complete separation of the specimen into two parts. Control of the COD made it possible to measure  
292 the complete stress-crack opening ( $\omega_c$ ) curves. Unloading-reloading cycles were performed during the post-peak  
293 part of the tests. The specific tensile fracture energy was calculated as previously described in section 3.4.

294

### 295 3.6. Evolution of Internal Damage

296 The unloading-reloading cycles performed during the uniaxial compressive and tensile tests allowed us to study  
297 the evolution of unloading stiffness. This material property can be correlated to internal damage using Eq. (1).  
298 The evolution of mechanical ( $D_{c,i}$ ) and total ( $D_{c,T}$ ) compressive internal damage is obtained as indicated in Eqs.  
299 (4) and (5), respectively.

$$300 \quad D_{c,i} = 1 - K_{c,i,T}^{\text{unl}} / K_{c,\text{max},T}^{\text{unl}} \quad (4)$$

$$301 \quad D_{c,T} = 1 - K_{c,i,T}^{\text{unl}} / K_{c,\text{max},20}^{\text{unl}} \quad (5)$$

302 where  $K_{c,i,T}^{\text{unl}}$  is the compressive unloading stiffness for an exposure temperature ( $T$ ) for each unloading-reloading  
303 cycle ( $i$ ),  $K_{c,\text{max},T}^{\text{unl}}$  is the maximum compressive unloading stiffness for the temperature ( $T$ ), and  $K_{c,\text{max},20}^{\text{unl}}$  is the  
304 maximum compressive unloading stiffness of the reference case (20 °C). The evolution of mechanical ( $D_{ct,i}$ ) and  
305 total ( $D_{ct,T}$ ) tensile internal damage is obtained as indicated in Eqs. (6) and (7), respectively.

$$306 \quad D_{ct,i} = 1 - K_{ct,i,T}^{\text{unl}} / K_{ct,0,T}^{\text{unl}} \quad (6)$$

$$307 \quad D_{ct,T} = 1 - K_{ct,i,T}^{\text{unl}} / K_{ct,0,20}^{\text{unl}} \quad (7)$$

308 where  $K_{ct,i,T}^{unl}$  is the tensile unloading stiffness for an exposure temperature ( $T$ ) for each unloading-reloading cycle  
309 ( $i$ ),  $K_{ct,0,T}^{unl}$  is the initial tensile unloading stiffness for the temperature ( $T$ ), and  $K_{ct,0,20}^{unl}$  is the initial tensile unloading  
310 stiffness of the reference case (20 °C).

311

## 312 **4. Results**

### 313 **4.1. Modulus of Elasticity of Concrete**

314 Fig. 5 compares the evolution of the static and the dynamic (UPV) modulus of elasticity. The dashed line denotes  
315 the evolution of internal damage caused by the thermal treatment. As shown, both methods confirm the significant  
316 decrease in the modulus of elasticity in concrete subjected to high temperature. In average, from 20 to 200 °C, the  
317 modulus slightly reduces until  $0.90E_{c,20}$ . Between 200–400 °C and 400–600 °C, the material suffers a faster  
318 reduction, reaching  $0.50E_{c,20}$  and  $0.20E_{c,20}$ , respectively. Above 600 °C, the reduction of the modulus is less  
319 pronounced, reaching  $0.15E_{c,20}$  at 800 °C. Comparing the two methods, the modulus of elasticity obtained using  
320 the dynamic method is higher at 20 and 200 °C than the static method. Nevertheless, Fig. 5 reveals how the  
321 dynamic method has a more pronounced decrease.

322

### 323 **4.2. Compressive Behaviour of Concrete**

324 Fig. 6 shows the complete nominal stress-strain curves obtained during the compressive strength tests carried out  
325 after cooling. Each plot shows three different curves, corresponding to the three nominally identical tests, and an  
326 additional average curve. As seen, the slope of stress-strain curve decreases with increasing temperature because  
327 of a decrease in the maximum nominal stress and an increase of the strain at peak stress ( $\epsilon_{c1}$ ). This effect is linked  
328 to the reduction of stiffness observed in Fig. 5.

329 As seen in Fig. 6, only a few points of the after-peak part of the curve were recorded for the temperatures of  
330 20 and 200 °C. The stress-strain curves for those temperatures were therefore “extended” using the CEB-FIP  
331 predicting model (*fib 1*), which is a modified form of the model proposed by Sargin and Handa (1969). The  
332 extensions are shown as dashed lines in Fig. 6. Furthermore, measurements from the relative displacement of the  
333 platens include undesired additional stresses due to the end-effects, and eccentricity. To compensate for this effect,  
334 the stress-strain curves were shifted by using the first unloading cycle performed. Note that these results cannot  
335 directly be compared to the material model proposed in the new version of the Eurocode 2 Part 1-2. The reason is  
336 that the model, unlike the shown experimental curves, incorporates the effects of transient creep occurring during  
337 heating of a structure under a certain load.

338 Fig. 7(a) compares the average nominal stress-strain curve from all four temperatures after cooling. Fig. 7(b)  
339 shows the evolution of the nominal compressive strength, specific compressive fracture energy, and strains at  
340 peak stress for the different temperatures. In Figs. 7(a and b), the values are normalized with the corresponding  
341 values evaluated in room conditions. Fig. 7(b) also includes the result of compressive strength for the specimens  
342 heated to 800 °C. Fig. 7(b) shows that exposure to elevated temperatures significantly reduces the compressive  
343 strength of concrete, with a trend similar to that observed for the modulus of elasticity (see Fig. 5). The average  
344 compressive peak strength from the three tests at 20 °C is 73.0 MPa. After exposure to elevated temperatures, the  
345 residual peak strength decreases to approximately  $0.90f_{c,20}$  after 200 °C,  $0.50f_{c,20}$  after 400 °C, and  $0.30f_{c,20}$  after  
346 600 °C. The residual compressive peak strength after 800 °C decreases to  $0.15f_{c,20}$ .

347 As shown in Fig. 7(b),  $G_{fc}$  after 200 °C is  $0.90G_{fc,20}$ . The reduction after higher temperatures reaches  $0.75G_{fc,20}$   
348 and  $0.65G_{fc,20}$  after 400 and 600 °C, respectively. However,  $\varepsilon_{c1}$  shows a significant increase with temperature.  
349 While the strain after 200 °C is 10% less than at 20 °C, it increases by approximately 7% and 50% at 400 and 600  
350 °C, respectively. This effect is related to the reduction in stiffness, as previously mentioned. The average  
351 compressive strength obtained for exposure to 800 °C was 13.0 MPa in hot conditions and 10.8 MPa in residual  
352 conditions. This represents a decrease of approximately 20% during the cooling phase.

353

### 354 4.3. Tensile Behaviour of Concrete

355 Fig. 8 shows the nominal stress-crack opening curves for the tensile tests at different temperatures after  
356 cooling. Results of the two nominally identical tests are shown for each case, together with the average curve. As  
357 seen, the stress-crack opening curve becomes flatter when increasing in temperature. Microcracking in the  
358 specimen due to the thermal treatment causes a reduction of the initial stiffness. This effect is well illustrated in  
359 Fig. 9(a), especially for temperatures of 400 and 600 °C, where the average curve for all four different  
360 temperatures are compared. Moreover, cycles of unloading-reloading in the softening part show a stiffness  
361 reduction as  $\omega_c$  increases.

362 Fig. 9(b) shows the evolution of the normalized tensile strength, the specific tensile fracture energy, and the  
363 crack opening at peak stress after cooling from the different temperature levels. The maximum stress reached at  
364 200 °C is about 20% higher than the maximum stress at 20 °C. This phenomenon is studied in Section 5, which  
365 compares these results with those of other research studies. Above 200 °C, the residual peak tensile strength  
366 significantly decreases to approximately  $0.70f_{ct,20}$  for 400 °C and  $0.30f_{ct,20}$  for 600 °C.

367 Fig. 9(a) shows how the peak stress tends to decrease with higher temperatures, while the curve becomes  
368 flatter, therefore reaching higher  $\omega_c$  during the post-peak part. In contrast, the complete split of the specimen  
369 occurs at a lower  $\omega_c$  at room temperature. This effect is reflected in Fig. 9(b), which shows how the specific  
370 fracture energy increases with temperature and reaches approximately  $1.40G_{f,20}$  at 600 °C. As shown,  $\omega_{c1}$   
371 significantly increases with temperature, reaching  $2.25\omega_{c1,20}$  at 600 °C.

372

#### 373 4.4. Damage Evolution

374 Figs. 10(a and b) show the evolution of mechanical ( $K_{c,i,T}^{unl}/K_{c,max,T}^{unl}$ ) and total ( $K_{c,i,T}^{unl}/K_{c,max,20}^{unl}$ ) unloading stiffness  
375 in compression for each exposure temperature, with the irreversible strain ( $\varepsilon_{irr}$ ). Note that only a few unloading  
376 cycles were performed for 20 and 200 °C (see Fig. 6) because the after-peak behaviour could not be recorded. The  
377 experimental results are shown as markers, while continuous lines represent the fitting curves. Dashed lines  
378 highlight the maximum value for each fitting curve.

379 Fig. 10(b) presents the combined effect of thermal and mechanical loading on the evolution of unloading  
380 stiffness, by comparing it to the maximum unloading stiffness at 20 °C ( $K_{c,max,20}^{unl}$ ). The thermal loading results in  
381 a reduction of unloading stiffness equal to 59% of the maximum stiffness for the specimen at 600 °C. Both thermal  
382 and mechanical loading have a significant influence at 400 °C, where the maximum stiffness reduction represents  
383 28% of the total reduction. Less significant maximum stiffness reduction is observed at 200 °C, just 9% of the  
384 total reduction.

385 Figs. 11(a and b) show the evolution of mechanical ( $D_{ct,i}$ ) and total ( $D_{ct,T}$ ) internal damage in tension for each  
386 exposure temperature, together with  $\omega_{c,irr}$ . The obtained results are shown as markers, while continuous lines  
387 represent the fitting curves.

388 As seen in Fig. 11(a), the mechanical damage significantly increases up to  $\omega_{c,irr} = 0.020$  mm, reaching 80%,  
389 86%, 74% and 70% at 20, 200, 400 and 600 °C, respectively. As with the evolution of mechanical damage in  
390 compression, the degree of damage for a given  $\omega_{c,irr}$  decreases as the maximum exposure temperature increases.  
391 However, the opposite effect is observed between exposure temperatures of 20 and 200 °C, up to  $\omega_{c,irr} = 0.035$   
392 mm.

393 Fig. 11(b) presents the combined effect of thermal and mechanical loading on the evolution of damage. The  
394 irreversible thermal loading has a greater effect in tension than in compression for temperatures of 400 and 600  
395 °C, while it is similar at 200 °C. The initial thermal damage represents 76% of the total damage at 600 °C, which  
396 clearly shows the small contribution of mechanical loading during the test. At 400 °C, the thermal loading has a

397 significant effect on the initial thermal damage, equal to 50% of the total damage. A relatively low initial thermal  
398 damage of 9% was induced by a thermal loading of 200 °C.

399

## 400 **5. Discussion of Results**

401 This section discusses the results we obtained for the influence of temperature on the residual compressive and  
402 tensile strengths, modulus of elasticity, and specific compressive and tensile fracture energies of concrete,  
403 comparing them with previous research. Concrete strengths from studies compared in this section are for  
404 cylindrical specimens. Where compressive strength was not given, the class of concrete is shown. In the following  
405 subsections, relative quantities report the ratio between the value at a certain temperature and the value at room  
406 temperature.

407 In recent years, RILEM has released standard procedures on how to determine properly the influence of high  
408 temperature on mechanical properties of concrete such as modulus of elasticity (RILEM 2004), tensile strength  
409 (RILEM 2000), and stress-strain curves (RILEM 2007). These procedures mention the case of accident conditions,  
410 which normally involve temperatures between 20 and 750 °C, without specifying which temperatures should be  
411 used. Testing at elevated temperatures requires special equipment and the number of samples is normally limited.  
412 Such research is therefore commonly narrowed to 3 or 4 temperature cases. Studies in the literature use different  
413 temperature values and numbers of thermal cycles, which complicates the comparison of results.

414

### 415 **5.1. Modulus of Elasticity**

416 Fig. 5 displays the relative modulus of elasticity and damage for the different temperatures after cooling. As  
417 shown, internal damage increases with temperature, as shown in Fig. 5, reaching a value close to 0.90 at 800 °C.  
418 Because of the heterogeneity of concrete, different components experience different thermal strains, which leads  
419 to internal thermal stresses causing microcracking that can be considered as a material damage on the scale of the  
420 volume of material investigated.

421 Figs. 12(a and b) show the obtained results for the total and the relative modulus of elasticity, respectively,  
422 together with some of the experimental results found in the literature (Felicetti and Gambarova 1998; Khoury et  
423 al. 1999; Phan and Carino 2001). A dashed line denotes the results obtained using the dynamic (UPV) method,  
424 while the other lines represent results obtained with the static method.

425 Model Code (2010) presents a relationship to calculate the modulus of elasticity at room temperature, based  
426 on the compressive strength of concrete,  $E_{cm}=21.5(f_{cm}/10)^{1/3}$ , which is very similar to the one proposed in the

427 Eurocode 2. Since the code does not provide any additional relationship for high temperatures (up to 600 °C), this  
428 equation was used to calculate the modulus at different elevated temperatures, taking the corresponding reduced  
429 strength obtained experimentally. The calculated values are also illustrated in Fig. 12.

430 The obtained decrease of the modulus confirms the results from other studies. This behaviour is mainly related  
431 to thermal stresses and physical and chemical changes in the material. The loss of moisture due to heating and the  
432 degradation of microstructure and chemical bonds results in the development of microcracks, which causes this  
433 pronounced decrease (Khaliq and Kodur 2012). As observed, the values obtained with the relationship from the  
434 model Code (2010) underestimate the damage on the modulus caused by high temperatures.

435 The static and dynamic methods present very different procedures. The static calculation of the modulus is  
436 based on the increment of the strain within the elastic regime of the stress-strain curve; therefore, it requires the  
437 use of a very accurate transducer to achieve representative results. The dynamic method, on the contrary, is a  
438 relatively simple procedure with UPV measurements. The obtained results with the latter are in agreement with  
439 Phan and Carino (2001), and Felicetti and Gambarova (1998), who also reported a significant reduction between  
440 200 and 400 °C. Moreover, the results obtained at 300 and 500 °C agree with the findings reported by Khoury et  
441 al. (1999).

442 The load applied using the static method induces immediate creep in the specimen. A higher displacement is,  
443 therefore, measured, resulting in a lower modulus of elasticity. This effect is well illustrated in Fig. 12(a)  
444 comparing the results from the two methods reported by Phan and Carino (2001). For this reason, the dynamic  
445 method sometimes gives a more meaningful measure of the temperature effect on the elastic response of concrete  
446 (Bazant 1976). However, Phan and Carino (2001) reported a decrease in stiffness at 100 °C, which is higher using  
447 the dynamic method compared with the static method (see Fig. 12(b)). It was shown that voids formed by the loss  
448 of absorbed, capillary and interlayer water can cause a higher decrease of UPV measurements, which was not  
449 obtained using static tests (Ghandehari et al. 2010). In the present study, therefore, an additional cylinder was  
450 heated to 110 °C, taking UPV measurements before and after the thermal treatment. The contribution of the water,  
451 quantified as 7.2% of the total, was then subtracted from all the UPV measurements on non-heated specimens, in  
452 order to have a more realistic comparison between the two methods.

453 Based on the compared results, we conclude that the dynamic method with UPV readings is a better way to  
454 measure the modulus of elasticity, being a non-invasive simple procedure and providing values more similar to  
455 other studies. However, measurements at lower temperatures may give an overestimation of the modulus due to  
456 the contribution of water. Stress analysis in numerical simulations could be influenced by the modulus used.

457 Therefore, it is best to input the entire stress-strain curve, in both compression and tension for the whole  
458 temperature range, as provided in this study. Furthermore, the relationship proposed by the Model Code (2010) at  
459 room temperature should not be used to predict the modulus of elasticity at high temperatures, since it shows to  
460 underestimate the damage on the stiffness, contrary to the significant decreasing tendency found in the present  
461 study and previously reported in the literature.

462

## 463 **5.2. Compressive Behaviour**

464 Fig. 13 displays our results for the relative compressive strength with the experimental results for residual  
465 conditions found in the literature. The measured values show a similar trend as those from the literature,  
466 confirming the significant decrease in the residual peak compressive strength of concrete at elevated temperatures.  
467 This decrease is less pronounced than for the modulus of elasticity. As shown, the range between 200 and 400 °C  
468 is the interval where the reduction is most pronounced, which is mainly linked to the increased porosity and  
469 microcracking in the material (Khoury 1992).

470 Fig. 13 shows that the results obtained in the present work for temperatures up to 200 °C, are similar to those  
471 shown in the new draft of Eurocode 2 Part 1-2 (*new draft Eurocode 2*). Nevertheless, the code tends to  
472 overestimate the residual peak compressive strength for the temperatures up to 800 °C. The review presented in  
473 (Shah et al. 2019) remarked that most studies report unsatisfactory agreement between their test results and the  
474 standards. There is a need to quantify the applicability of the Eurocode recommendations for HSC exposed to fire,  
475 which should consider the influence of the parameters reported by RILEM (Pimienta et al. 2019), such as the  
476 initial compressive strength, the concrete mixture or the content of PP microfibers.

477

## 478 **5.3. Tensile Behaviour**

479 Tests on non-heated specimens presented in Section 4, resulted in a lower tensile strength than specimens that had  
480 been heated to 200 °C. A possible explanation for this is the considerable scatter in the uniaxial tensile test results.  
481 For this reason, the results from the tests performed at room temperature are first discussed. Fig. 14 shows tensile  
482 strength test results at 20 °C for specimens differing in compressive strength, corresponding to the various  
483 experimental results from the literature. The results are shown separately depending whether the test was  
484 performed on notched or unnotched specimens (Figs. 14(a and b), respectively).

485 There is considerable scatter in the results for both types of specimen, but with a common trend. The scatter  
486 may be due to different boundary conditions, i.e. the attachment between steel plates and specimen, and different



487 specimen shapes. One can note that notched specimens generally display less strength than unnotched specimens.  
488 Fig. 14(a) shows that the results we obtained, though in line with the overall results, are statistically lower than  
489 those from other studies.

490 Figs. 15(a and b) show our results for the total and the relative uniaxial tensile strength, respectively, together  
491 with those from other studies in the literature. As seen, the results found in the present work partially agree with  
492 the study performed by Felicetti and Gambarova (1999). Our result for tensile strength at room temperature differs  
493 from their results. One should note that the tests were not performed in the same way. Felicetti and Gambarova  
494 used 100×300 mm notched specimens with fixed ends, while our tests were on 100×100 mm specimens with free-  
495 rotational ends. The difference in the values obtained may be due to the different end restraints of specimens, and  
496 the scatter previously shown in Fig. 14(a). Moreover, the residual peak strengths obtained at high temperatures  
497 are significantly higher (30%–40%), than those reported by Felicetti and Gambarova. This may be due to the  
498 different specimen's aspect ratio, equal to 1:1 in our study and 1:3 in Felicetti and Gambarova (1999).

499 Based on the comparison of results, we conclude that the new draft of Eurocode 2 Part 1-2 is in accordance  
500 with the behaviour of this type of HSC in tension at high temperatures, after cooling. The results confirmed the  
501 significant decrease in uniaxial tensile strength of specimens subjected to high temperatures, nearing  $0.30f_{ct,20}$   
502 after exposure to 600 °C. Moreover, uniaxial tensile tests lead to greater scatter in results compared to other tensile  
503 strength tests, mainly due to the boundary conditions and the interaction between the steel and the specimen,  
504 which can induce secondary stresses.

505

## 506 **5.4. Fracture Energy**

### 507 *5.4.1. Evolution of Specific Tensile Fracture Energy*

508 Figs. 16(a and b) compare the evolution of the specific tensile fracture energy with temperature as found in the  
509 present work with that reported by Felicetti and Gambarova (1999).

510 Fig. 16(a) shows that the results obtained in the present study are generally lower than the results presented by  
511 Felicetti and Gambarova. The most obvious reason for this is the different boundary conditions used during the  
512 tests, which were fixed ends for Felicetti and Gambarova and rotating ends in the present study. A fixed end  
513 tensile test results in higher specific fracture energy because the supports absorb some of this energy to compensate  
514 the moment caused by any eccentricity. This was previously observed in van Vliet and van Mier (1999), remarking  
515 that when the specimen ends can rotate freely, the boundary influences are minimized, yielding a lower bound for  
516 the fracture energy.

517 Model Code (2010) proposes a relationship to calculate the specific fracture energy in tension at room  
518 temperature, based on the compressive strength of concrete ( $G_f = 73 f_{cm}^{0.18}$ ). If this expression is used and  $f_{cm} =$   
519 73 MPa, a value of  $G_f = 158$  N/m is obtained. This is in line with the averaged results obtained in the present work  
520 ( $G_f = 166$  N/m). Nevertheless, this relationship should not be used to calculate the specific tensile fracture energy  
521 at elevated temperatures, as it leads to inaccurate results, see Fig 16.

522 For higher temperatures, the results we obtained partially agree with those presented by Felicetti and  
523 Gambarova (1999). Both curves show a similar value for 200 °C, and afterwards tend to increase for 400 and 600  
524 °C. Fig. 16(a) shows how the difference between each pair of identical tests increases with temperature.

525

#### 526 5.4.2. Evolution of Specific Compressive Fracture Energy

527 Figs. 17(a and b) compare the evolution of specific compressive fracture energy with temperature obtained with  
528 the work done by Felicetti and Gambarova (1998). The obtained results agree well with those presented by  
529 Felicetti and Gambarova (1998), with similar values for  $G_{fc}$  and the similar decreasing tendency for temperatures  
530 of 20, 200 and 400 °C. However, the result we obtained for 600 °C is higher than the result presented by Felicetti  
531 and Gambarova for 500 °C. Fig. 17(a) shows how the scatter of the obtained results decreases from 200 to 600  
532 °C, unlike the observations for the  $G_f$  (see Fig. 16(a)).

533 Nakamura and Higai (2001) proposed a relationship to calculate the specific compressive fracture energy at  
534 room temperature based on the specific tensile fracture energy ( $G_{fc} = 250 G_f$ ). Using the obtained  $G_f$  (166 N/m),  
535 the  $G_{fc}$  is calculated as 41400 N/m. This value agrees well with the results obtained in the present study ( $G_{fc} =$   
536 42215 N/m) and those of Felicetti and Gambarova ( $G_{fc} = 42000$  N/m). Nevertheless, the presented relationship  
537 should not be used to calculate the specific compressive fracture energy at elevated temperatures, see Fig 17.

538 Based on the compared results, we conclude that elevated temperatures significantly affect the specific fracture  
539 energy. In tension, specific fracture energy increases by up to 35% for 600 °C, with additional increase of the  
540 scatter of the results. In compression, the behaviour is the opposite, where the specific fracture energy decreases  
541 by up to 34% for 600 °C, with decreasing scatter. Furthermore, the relationships presented by Model Code (2010)  
542 and Nakamura and Higai (2001) provide accurate values of  $G_f$  and  $G_{fc}$  at room temperature, respectively.  
543 However, these relationships are not meant for higher temperatures. Additional relations should, therefore, be  
544 proposed.

545

546

## 547 **5.5. Damage Evolution**

### 548 *5.5.1. Evolution of Internal Damage in Tension*

549 Figs. 18 (a and b) compare the evolution of internal damage between the values obtained in the present study  
550 (continuous line) with the values obtained using the model proposed by Nechnech et al. (2002) (dashed line). As  
551 shown in Fig.18(a), the predicted values of mechanical damage tend to be higher than the measured values after  
552  $\omega_{c,irr}$  of 0.025 mm. This is clearly visible for the case at 600 °C, which yields the most disagreement between the  
553 model and the experiments. Nevertheless, the influence of the mechanical part into the total damage is less relevant  
554 as the temperature increases. Therefore, the evolution of the total (thermo-mechanical) damage is well predicted  
555 by using this analytical model, see Fig.18(b).

556 Based on this comparison, we conclude that the model proposed by Nechnceh et al. (2002) could be used to  
557 predict the damage evolution in tension. However, certain parameters need to be known, such as tensile strength,  
558 specific fracture energy, the initial slope in softening, and the specific tensile damage variable. These parameters  
559 are derived from the stress-COD curves after uniaxial tensile tests with unloading-reloading cycles.

560

### 561 *5.5.2. Evolution of Internal Damage in Compression*

562 Fig. 10(a) presents the evolution of the mechanical unloading stiffness during the compressive test, without  
563 considering the initial damage produced by the thermal treatment. A similar behaviour of stiffness increase is  
564 visible at the beginning of all temperature curves, followed by a stiffness reduction. This stiffness increase may  
565 be due to the lack of friction reduction lubricant in the compressive strength test, which causes a nonlinear stress  
566 state throughout the specimen, due to a frictional constraint at the interface between the material and the loading  
567 system. In slender specimens (e.g.  $H/D = 2$ ), failure occurs in the central unconfined regions without significantly  
568 affecting the compressive strength value (van Vliet and van Mier 1996). The confinement effect in the end regions  
569 of the specimen, which becomes greater as the compression force increases, causes a reduction of plate-to-plate  
570 deformation. The action of the confinement is lost when dilatancy becomes dominant. This causes a decrease in  
571 the unloading stiffness, see Fig 10(a). As seen, this effect is more efficient when the material is more thermally  
572 damaged.

573 An additional compressive strength test was performed to corroborate this effect, in which friction reduction  
574 lubricant was applied. The results confirmed the presence of the confinement effect, which alters the unloading  
575 stiffness measurements. The evolution of internal damage on compressive behaviour, therefore, is presented in  
576 terms of stiffness instead of a strictly material property as damage. Moreover, Fig. 10(a) shows that the ratio of

577 unloading stiffness for a given irreversible strain becomes higher as the maximum exposure temperature increases.  
578 This is particularly evident when the 400 and 600 °C curves are compared. This effect is due to the reduction in  
579 maximum stiffness of the material when subjected to high temperatures.

580

## 581 **6. Conclusions**

582 This study presents a comprehensive approach for the material characterization of a specific type of HSC ( $f_c = 73$   
583 MPa) exposed to high temperatures. The effect of elevated temperature on less investigated properties such as the  
584 uniaxial tensile strength and the specific compressive and tensile fracture energy was studied. Tests on basic  
585 properties such as the modulus of elasticity, and the compressive and tensile strengths were also performed. The  
586 measuring of the complete constitutive behaviour enabled the investigation of the specific compression and  
587 tension fracture energy at elevated temperatures, and the evolution of internal damage. These properties were  
588 investigated at 20, 200, 400 and 600 °C in residual conditions, with some preliminary results at 800 °C. The  
589 obtained results were compared with previous research studies and the design codes. Based on this research, the  
590 following conclusions can be drawn:

- 591 - High temperatures have a significant effect on the combined thermal and mechanical internal damage,  
592 for both compression and tensile behaviour. In compression, thermal exposure induces an initial  
593 irreversible damage equal to 9%, 28% and 59% of the total unloading stiffness reduction, at 200, 400  
594 and 600 °C, respectively. In tension, the initial irreversible damage is equal to 8%, 50% and 76% of the  
595 total damage.
- 596 - The model presented by Nechnech et al. can be used for predicting the evolution of damage of concrete  
597 in tension at elevated temperatures, as it yields similar findings compared to results obtained in the  
598 present study. Nevertheless, accurate material parameters should be known, being derived from the  
599 complete stress-strain curves with unloading cycles.
- 600 - The exposure at high temperatures affects differently the tensile and compressive behaviour of the  
601 specific fracture energy. In tension, it increases up to 35% at 600 °C, with additional increase of the  
602 scatter of the results. In compression, it decreases to 34% at 600 °C, with decreasing scatter.
- 603 - Relationships presented by Model Code 2010 and Nakamura and Higai provide accurate values of  
604 specific tensile and compressive fracture energy respectively, at room temperature. However, these  
605 relationships are not meant for higher temperatures, and thus additional relations should be proposed.

- 606 - Compared to the static modulus of elasticity, the values of dynamic modulus were more similar to those  
607 reported in the literature. The absence of creep and the simple non-destructive procedure make the UPV  
608 a more reliable technique to quantify the degradation of the material, after exposure at elevated  
609 temperatures. The relationship for the modulus of elasticity at room temperature proposed by the Model  
610 Code 2010 should not be used to calculate the stiffness after exposure on this type of HSC, since it shows  
611 to underestimate the damage caused by the elevated temperatures.
- 612 - The present study confirmed the significant decrease in compressive strength at high temperatures, where  
613 the most pronounced decrease occurs between 200 and 400 °C. The obtained results of compressive  
614 strength are in accordance with the new proposed version of Eurocode 2 Part 1-2 for temperatures up to  
615 300 °C. Nevertheless, the results for this type of HSC differ from the code for higher temperatures. Large  
616 differences between the published studies and the code remark the need to provide additional information  
617 in the recommendations for HSC exposed to fire.
- 618 - The results confirmed the significant decrease in uniaxial tensile strength of specimens subjected to high  
619 temperatures. This behaviour is well described in the new proposed version of Eurocode 2 Part 1-2.

620

621

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626

## 627 **Declaration of Competing Interest**

628 The authors declare that they have no known competing financial interests or personal relationships that could  
629 appear to have influenced the work reported in this paper.

630

## 631 **Data Availability Statement**

632 All data, models, and code generated or used during the study appear in the submitted article.

633

634

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781 **Table 1.** Previous research studies on uniaxial tensile tests

Ref.	Specimens			Boundary conditions	Compressive strength (MPa)	Temperature (°C)
	shape	size (mm)	notched / unnotched			
Guo and Zhang 1987	dog-bone	70×70×148/40×40 100×100×210/70×70	unnotched	fixed	17–34	ambient
Phillips and Binsheng 1993	dog-bone	100×150×700/100×100	both	fixed	27–64	ambient
Rossi et al. 1994	cylinder	74×100	unnotched	fixed	-	ambient
Mechtcherine et al. 1995	dog-bone, prism	$a_1 \times b_1 \times H / 60 \times 100$ 60×100×H	unnotched notched	fixed fixed	43, 53	ambient
van Vliet and van Mier 1999	dog-bone	$a_1 / H = 1.5$	unnotched	rotating	42	ambient
Felicetti and Gambarova 1999	cylinder	100×150	notched	fixed	72, 95	105–500 (R)
Felicetti et al. 2000	cylinder, dumbbell	64×H $D_1 \times H / D_2$	notched	fixed rotating	90	20–600 (H, R)
Zheng et al. 2001	prism	100×100×500	unnotched	rotating	24–58	ambient
Kim and Reda Taha 2014	cylinder	100×200	unnotched	fixed	25, 40, 55	ambient
Lam and Fang 2014	dumbbell	80×665/60	unnotched	rotating	C40, C50, C60	20–800 (H)

782 Size: dog-bone =  $a_1 \times b_1 \times H / a_2 \times b_2$ ; cylinder =  $D \times H$ ; prism =  $a \times b \times H$ ; dumbbell =  $D_1 \times H / D_2$

783 Ambient = 20 °C; R = residual conditions; H = hot conditions

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786 **Table 2.** Summary of the experimental campaign

Specimen ID	UPV test	$E_{static}$ test (ISO 1920-10)	Thermal treatment				UCT	UTT
			200 °C	400 °C	600 °C	800 °C		
C20-1	Y	Y	-	-	-	-	Y	-
C20-2	Y	Y	-	-	-	-	Y	-
C20-3	Y	Y	-	-	-	-	Y	-
C200-1	Y	Y	Y	-	-	-	Y	-
C200-2	Y	Y	Y	-	-	-	Y	-
C200-3	Y	Y	Y	-	-	-	Y	-
C400-1	Y	Y	-	Y	-	-	Y	-
C400-2	Y	Y	-	Y	-	-	Y	-
C400-3	Y	Y	-	Y	-	-	Y	-
C600-1	Y	Y	-	-	Y	-	Y	-
C600-2	Y	Y	-	-	Y	-	Y	-
C600-3	Y	Y	-	-	Y	-	Y	-
C800-1	Y	Y	-	-	-	Y	Y <sup>†</sup>	-
C800-2	Y	-	-	-	-	Y	Y <sup>†</sup>	-
C800-3	-	-	-	-	-	Y <sup>††</sup>	Y <sup>†</sup>	-
C800-4	-	-	-	-	-	Y <sup>††</sup>	Y <sup>†</sup>	-
T20-1	-	-	-	-	-	-	-	Y
T20-2	-	-	-	-	-	-	-	Y
T200-1	-	-	Y	-	-	-	-	Y
T200-2	-	-	Y	-	-	-	-	Y
T400-1	-	-	-	Y	-	-	-	Y
T400-2	-	-	-	Y	-	-	-	Y
T600-1	-	-	-	-	Y	-	-	Y
T600-2	-	-	-	-	Y	-	-	Y

787 UPV: ultrasonic pulse velocity;  $E_{static}$ : static modulus; UCT: uniaxial compressive test; UTT: uniaxial tensile test

788 †: only peak strength data available; ††: test in hot conditions

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**Table 3.** Concrete mix design

Material	kg/m <sup>3</sup>
CEM II/B-M 42.5R	223.40
CEM II/A-V 42.5N	193.33
Silica fume	12.89
Water	174.13
Aggregate 8–16	754.95
Aggregate 0–8	1026.48
Acrylic superplasticizer	3.06
Set-retarding admixture	0.64
Polypropylene fibres	1.00

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## Figure Captions List

**Fig. 1.** Temperature cycles at 200, 400, 600 and 800 °C.

**Fig. 2.** Direct UPV measurements.

**Fig. 3.** Instrumentation for modulus of elasticity tests.

**Fig. 4.** Instrumentation for uniaxial tensile tests.

**Fig. 5.** Relative modulus of elasticity and damage for different temperatures after cooling.

**Fig. 6.** Compressive nominal stress-strain curves for different temperatures after cooling.

**Fig. 7.** (a) Average compressive stress-strain curves, and (b) evolution of nominal compressive peak strength, specific compressive fracture energy, and strain at peak stress, after cooling.

**Fig. 8.** Tensile nominal stress-crack opening curves for different temperatures after cooling.

**Fig. 9.** (a) Average tensile stress-crack opening curves, and (b) evolution of tensile nominal peak strength, specific tensile fracture energy, and crack opening at peak stress after cooling.

**Fig. 10.** Evolution of (a) mechanical, and (b) total unloading stiffness in compression.

**Fig. 11.** Evolution of (a) mechanical ( $D_{ct,i}$ ), and (b) total ( $D_{ct,T}$ ) internal damage in tension.

**Fig. 12.** Experimental results of (a) total, and (b) relative modulus of elasticity after cooling.

**Fig. 13.** Experimental results of relative compressive strength at different temperatures after cooling.

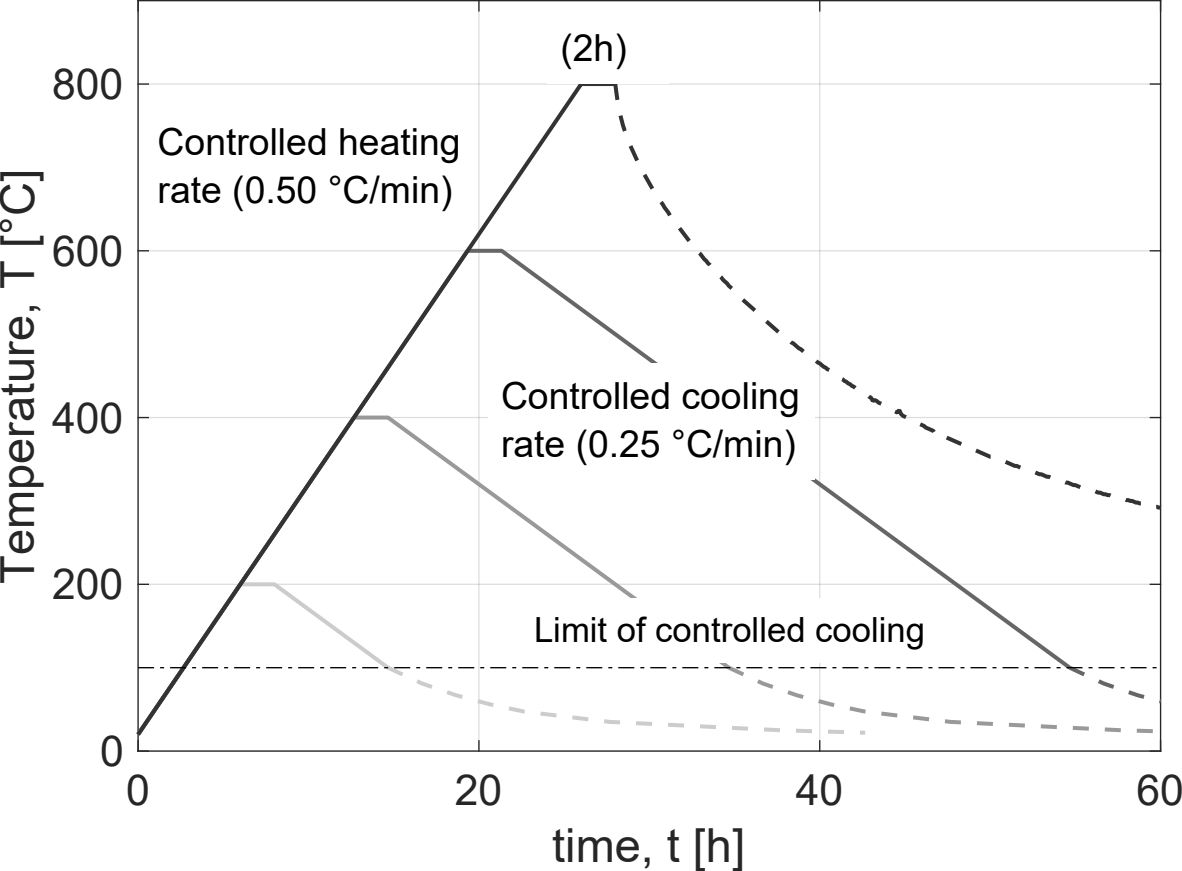
**Fig. 14.** Scatter of uniaxial tensile tests at 20 °C on (a) notched, and (b) unnotched specimens characterized by different concrete strength.

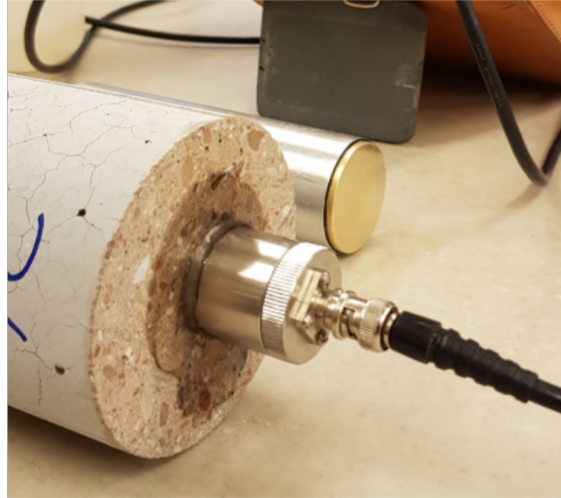
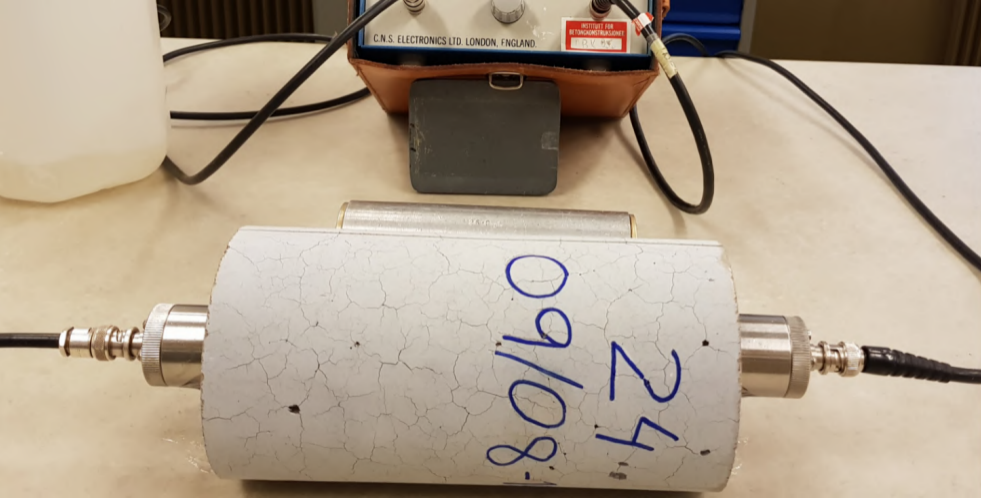
**Fig. 15.** Experimental results of (a) total, and (b) relative tensile strength after cooling.

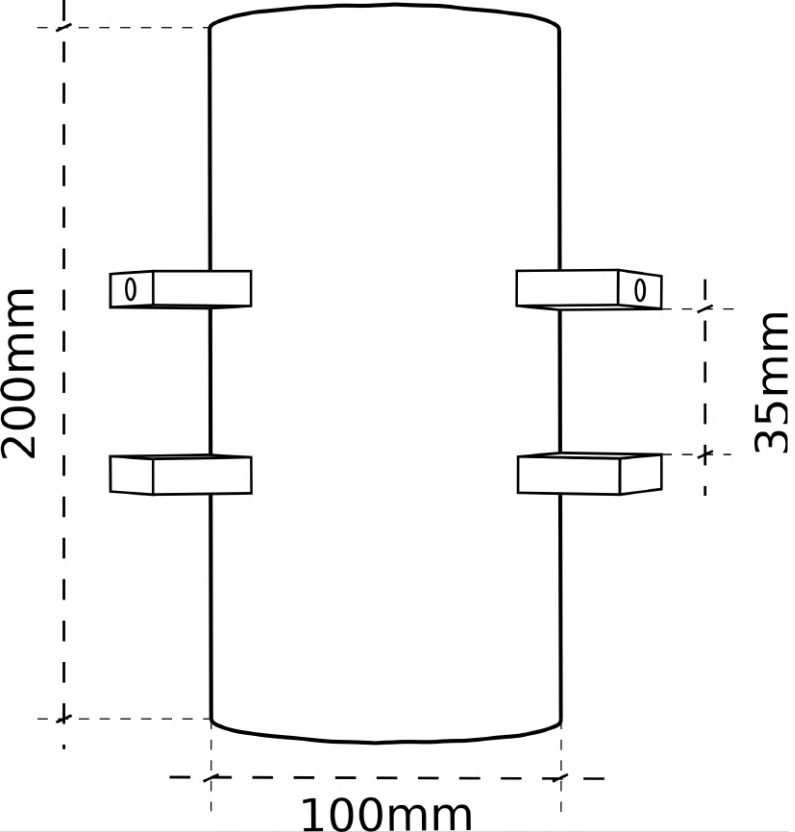
**Fig. 16.** Evolution of (a) total, and (b) relative specific tensile fracture energy after cooling.

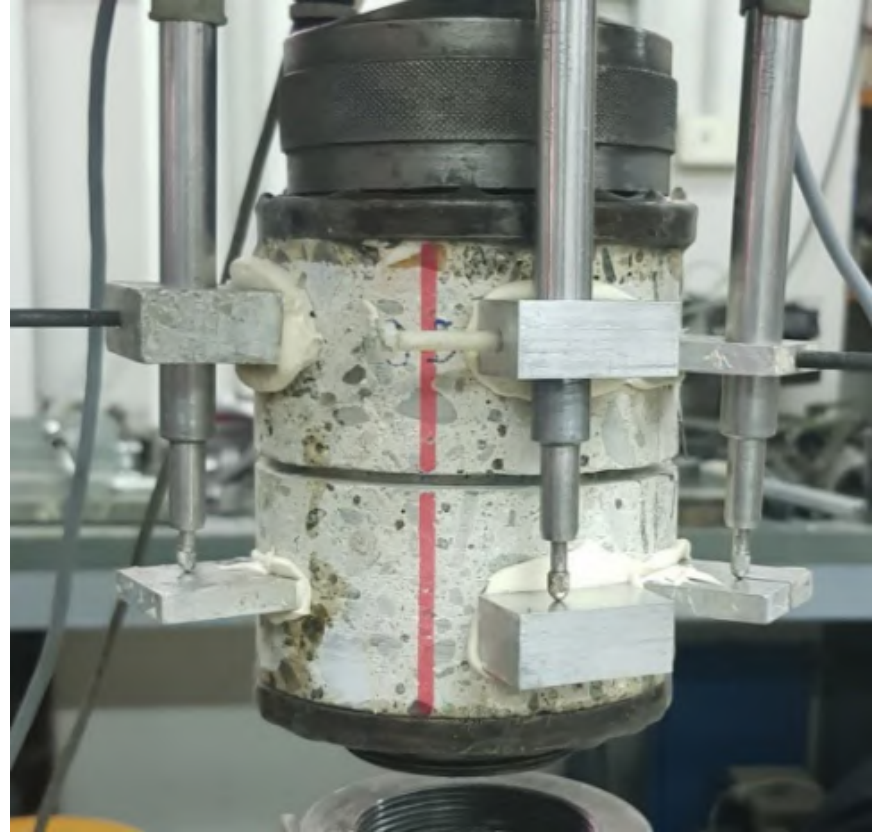
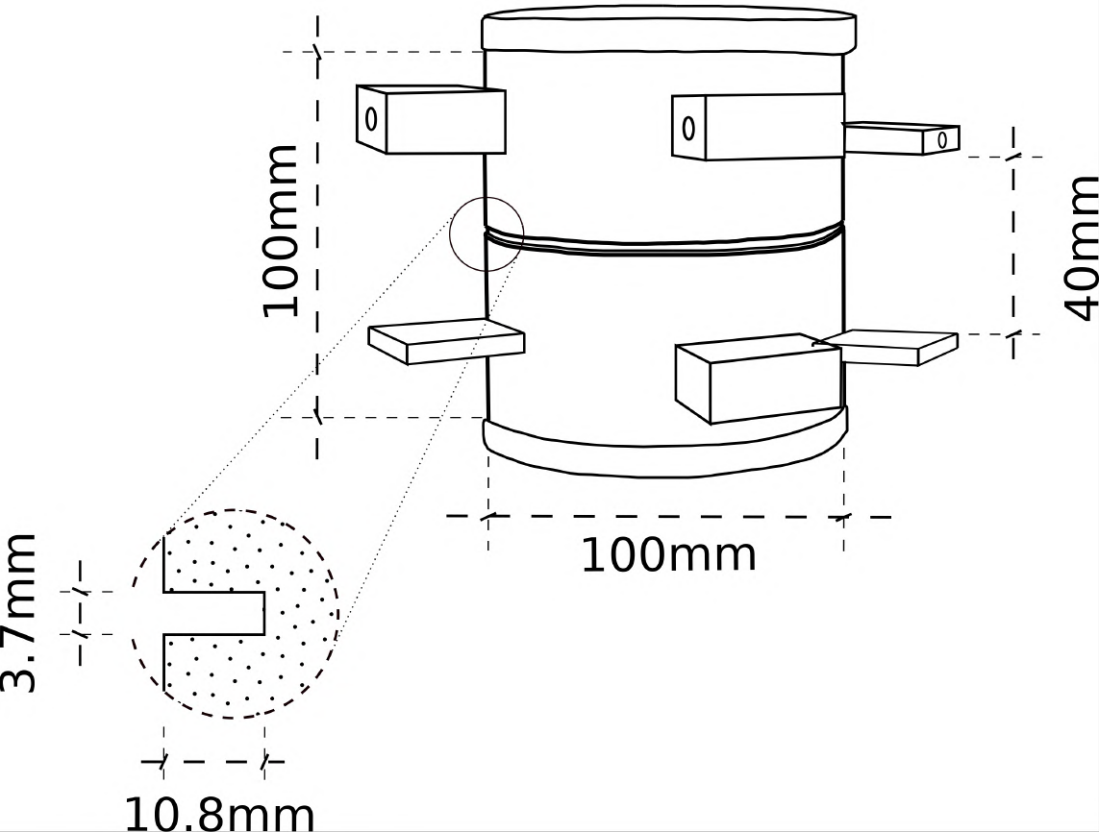
**Fig. 17.** Evolution of (a) total, and (b) relative specific compressive fracture energy after cooling.

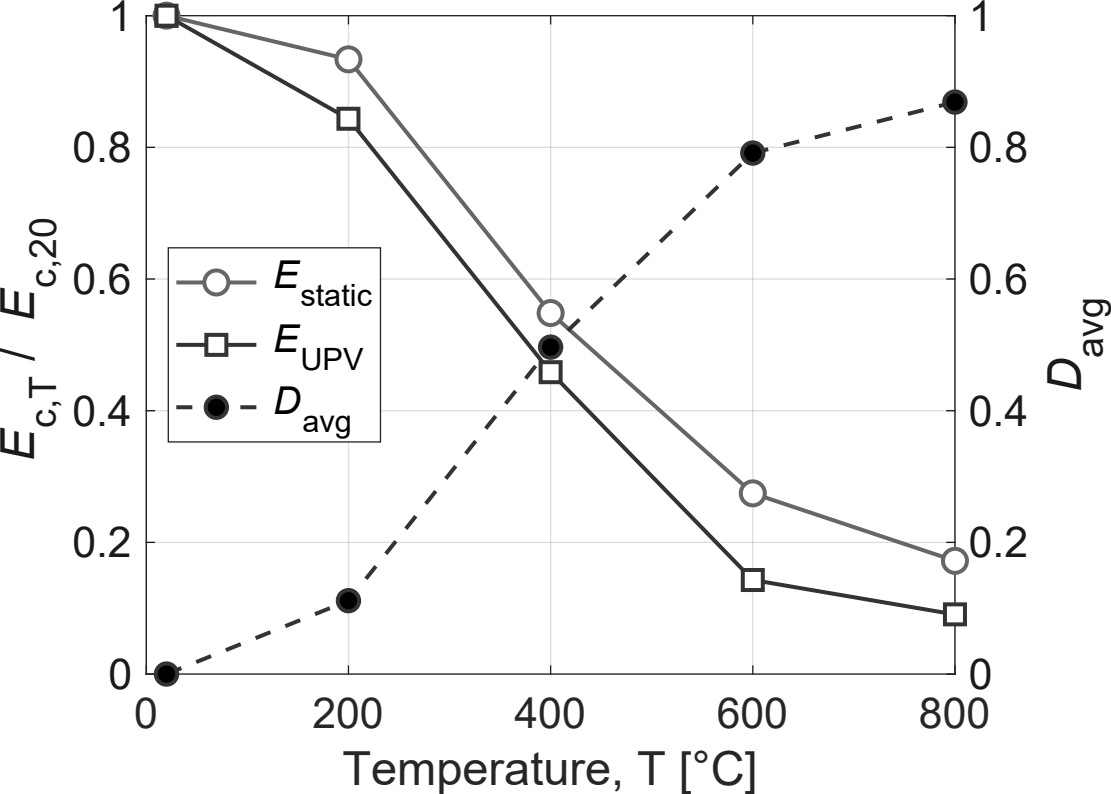
**Fig. 18.** Comparison of (a) mechanical and (b) total damage evolution between Nechnech et al. (2002) model (Mod) and the obtained experimental results (Exp).



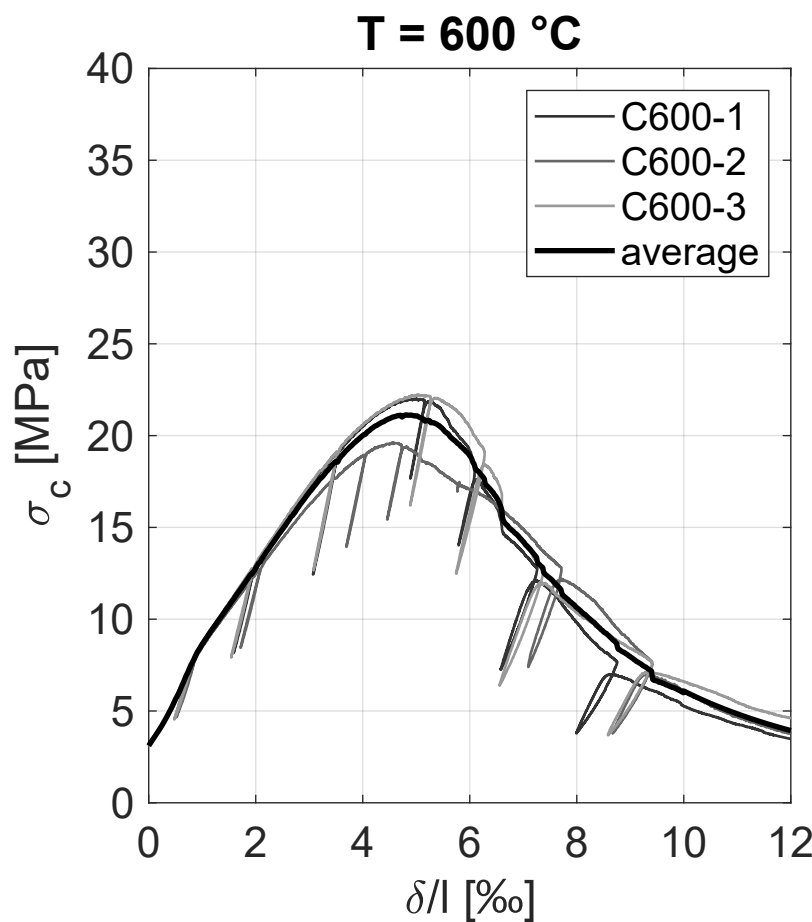
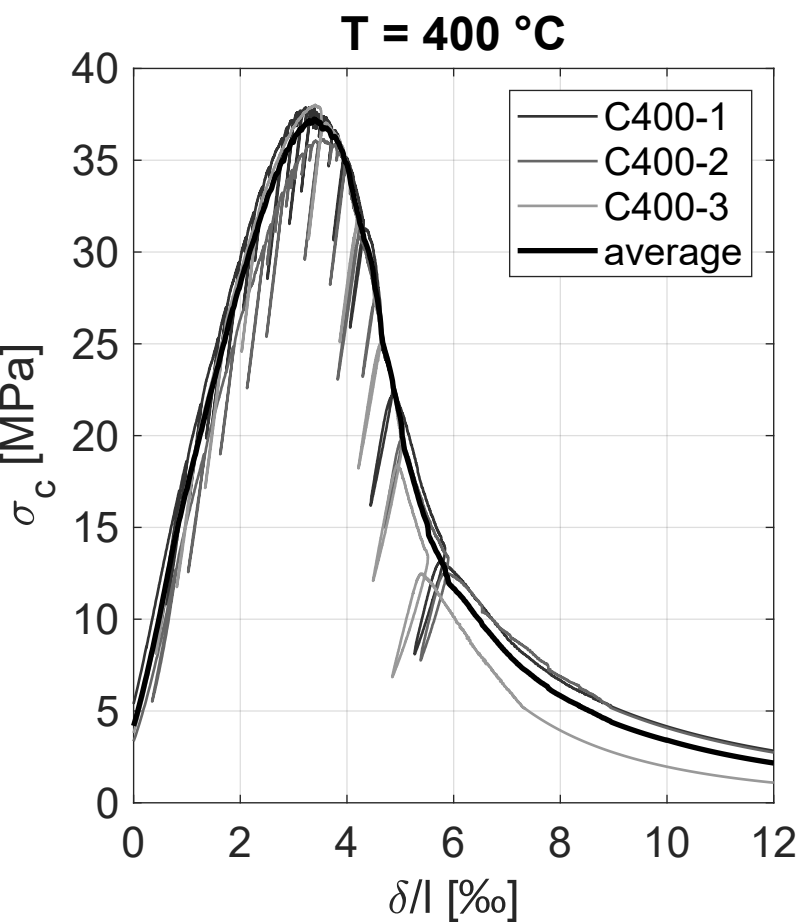
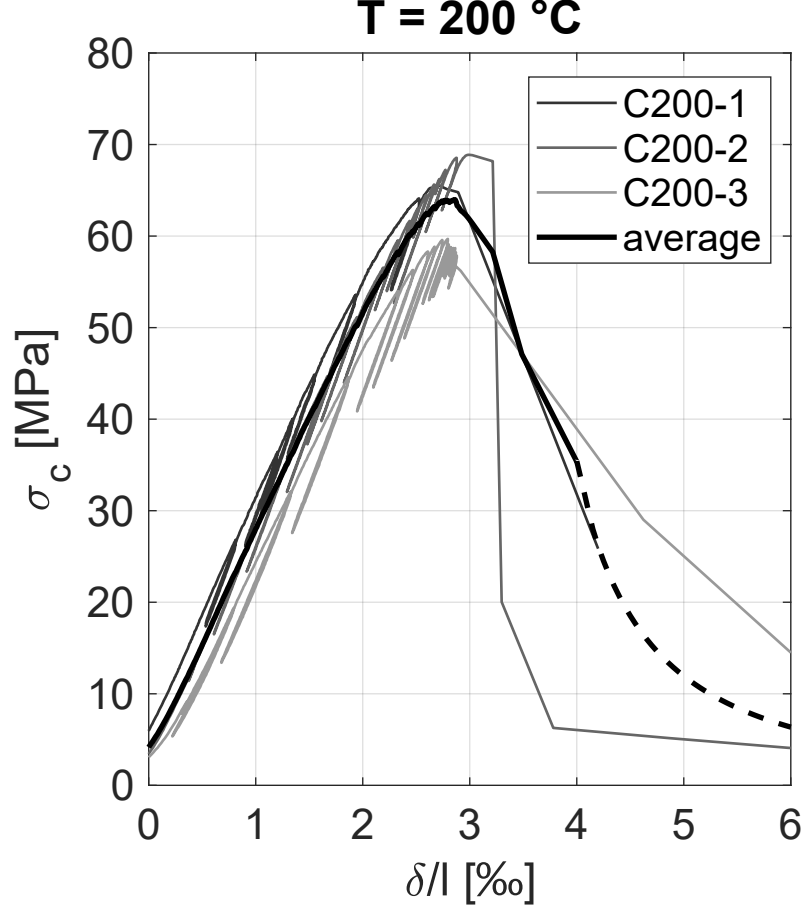
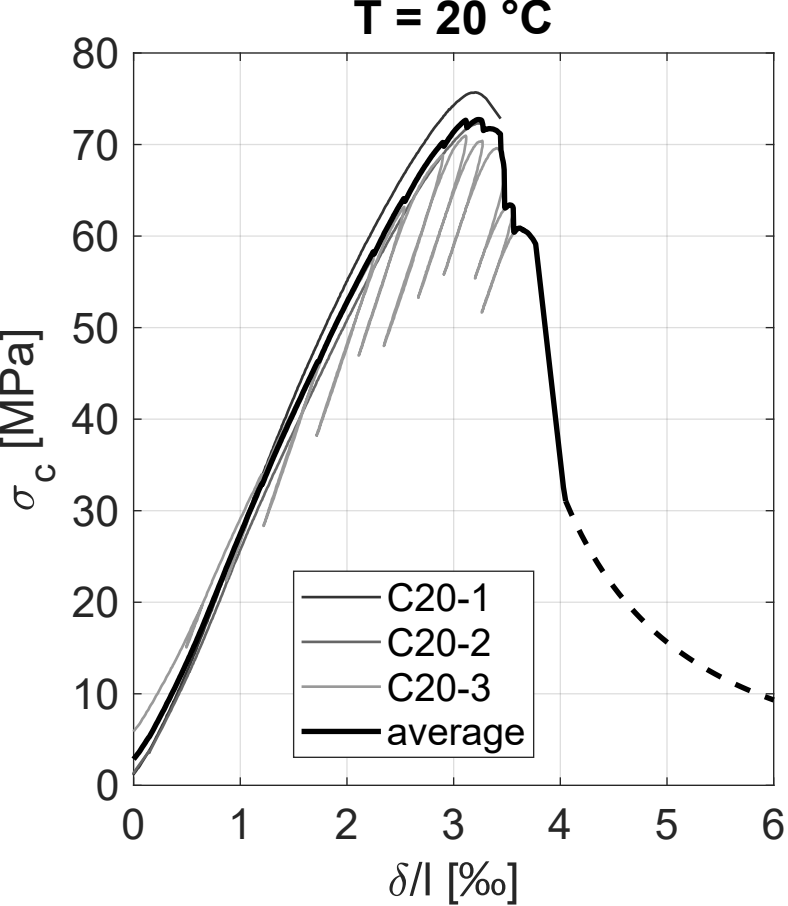


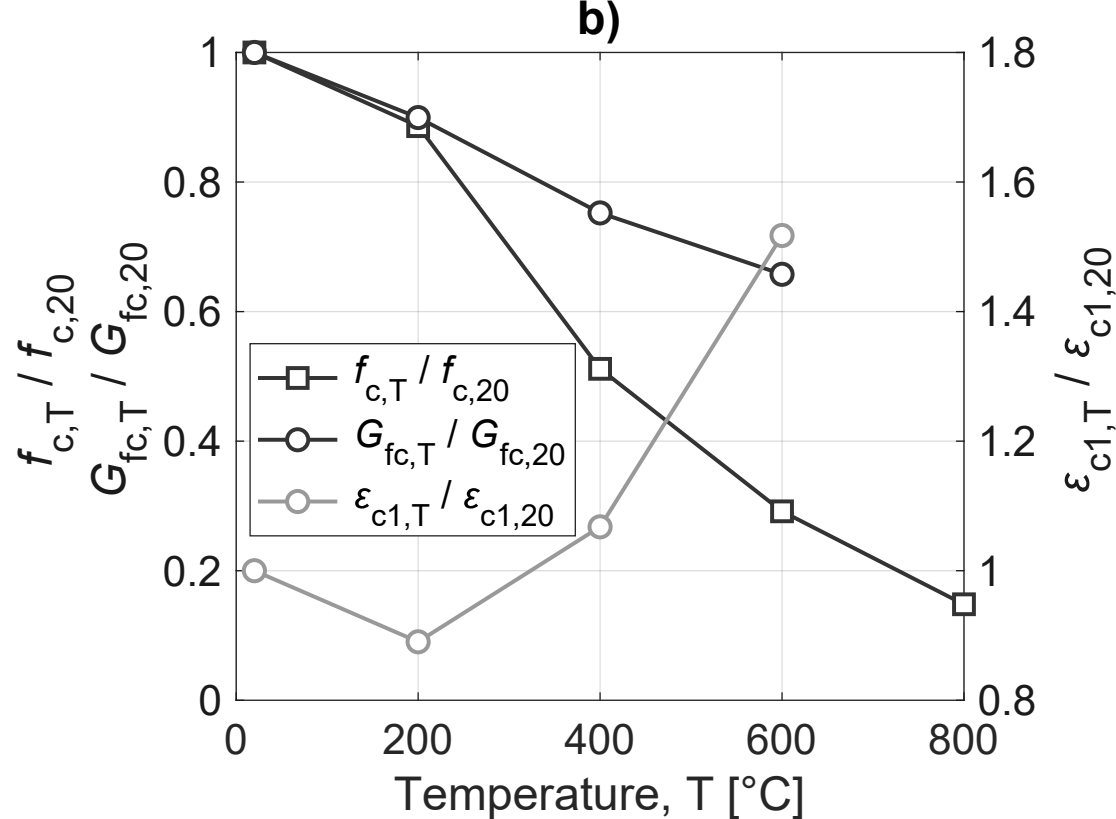
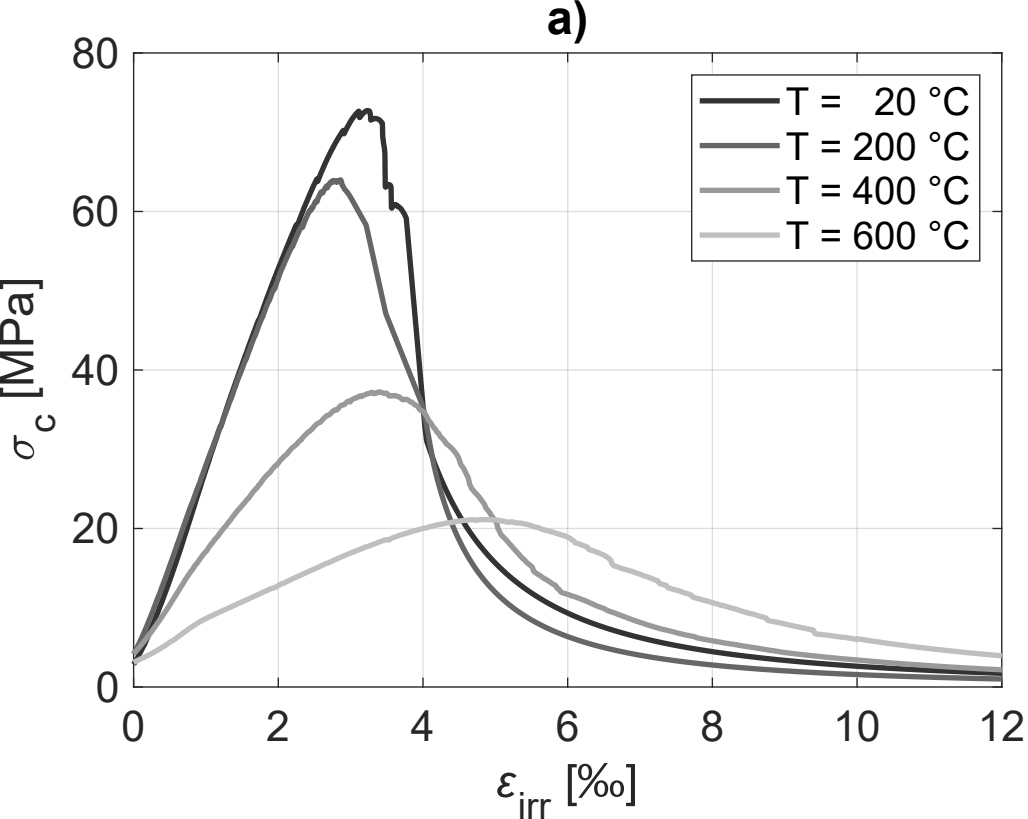


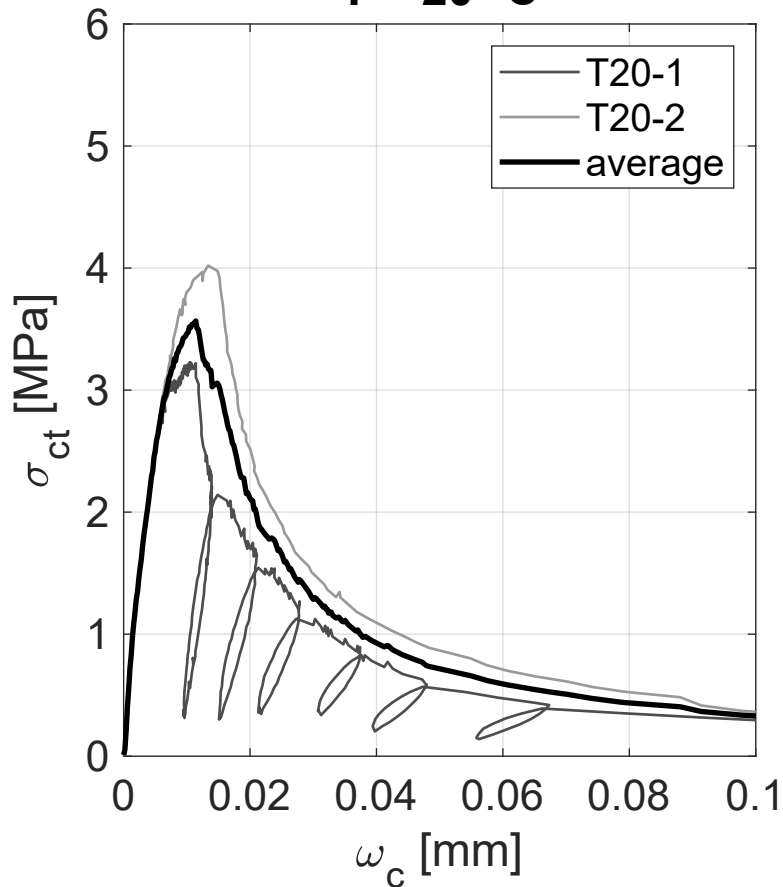
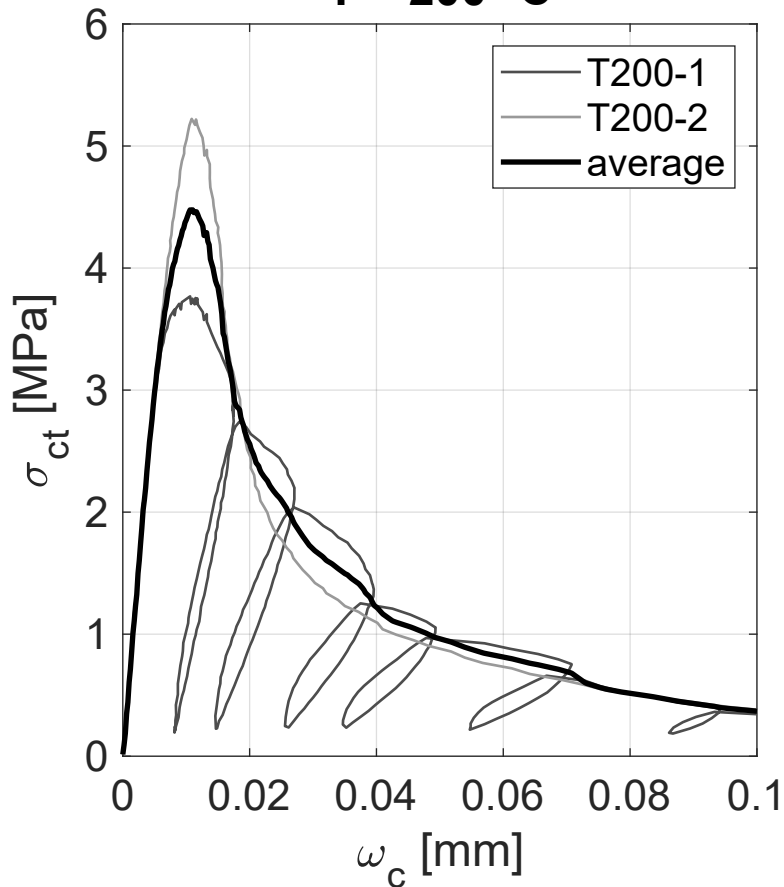
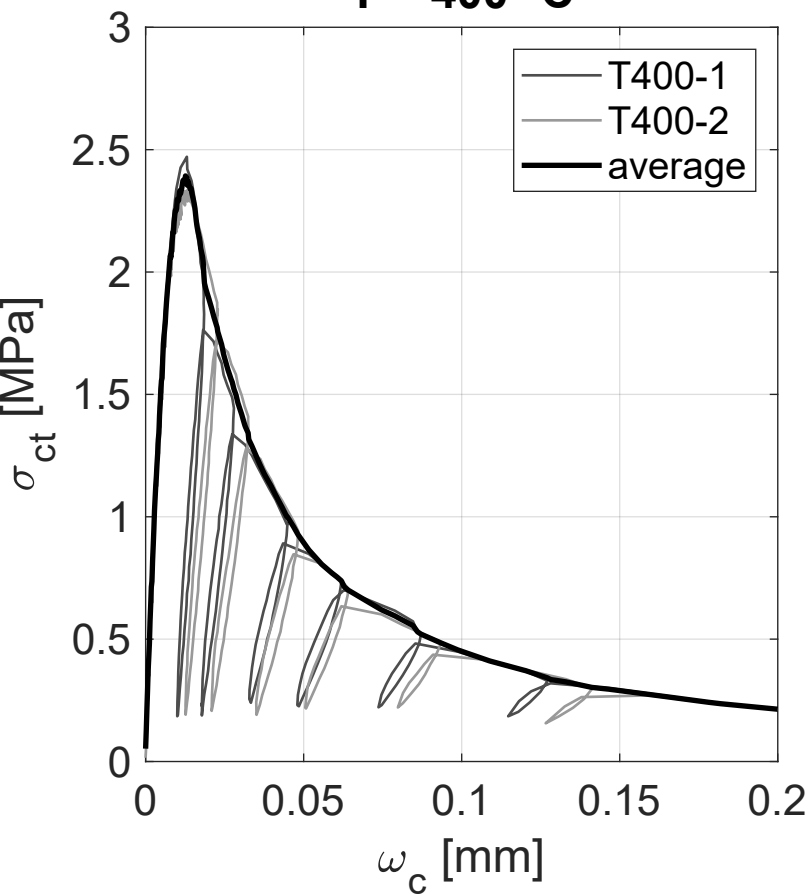
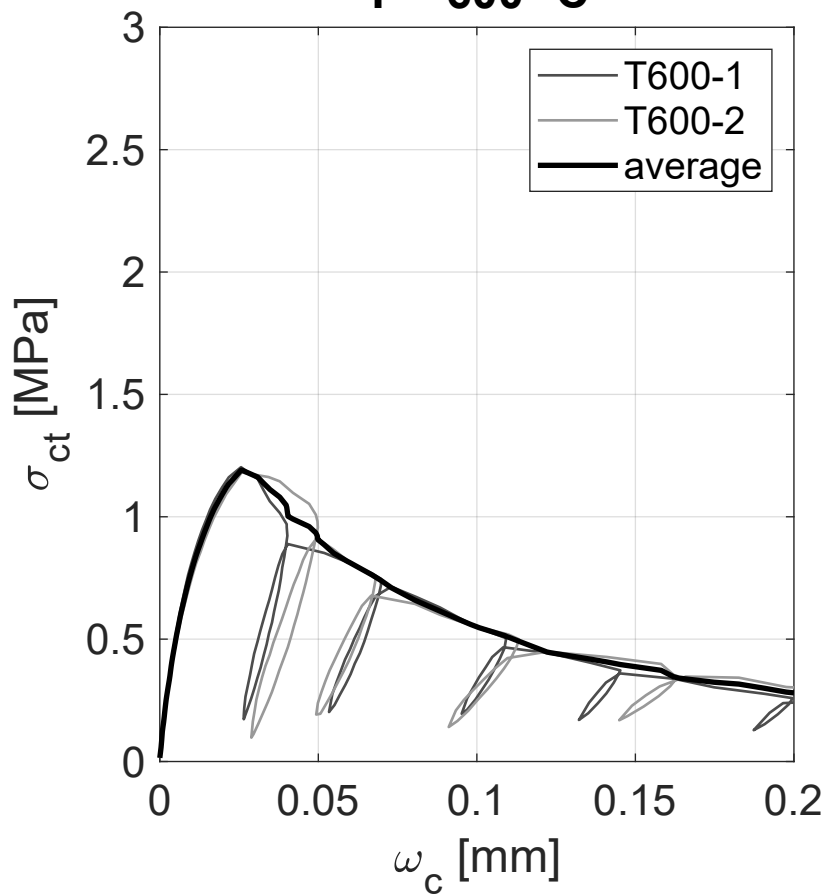


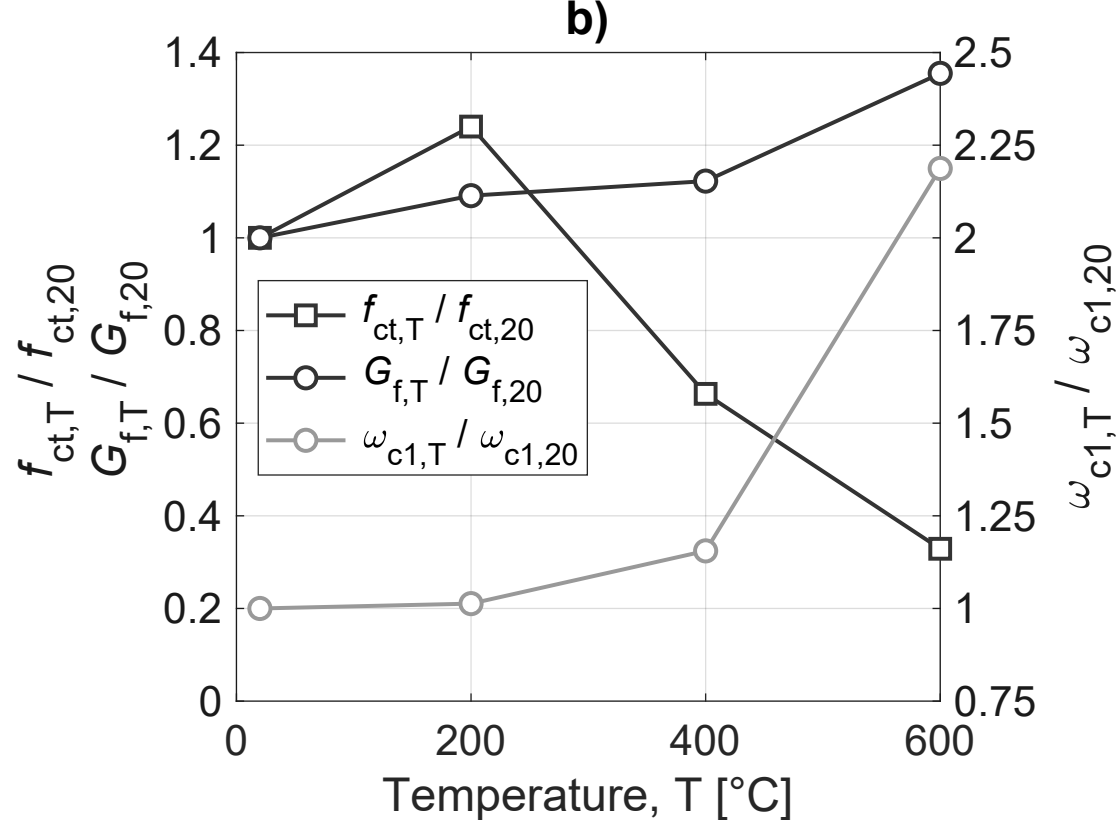
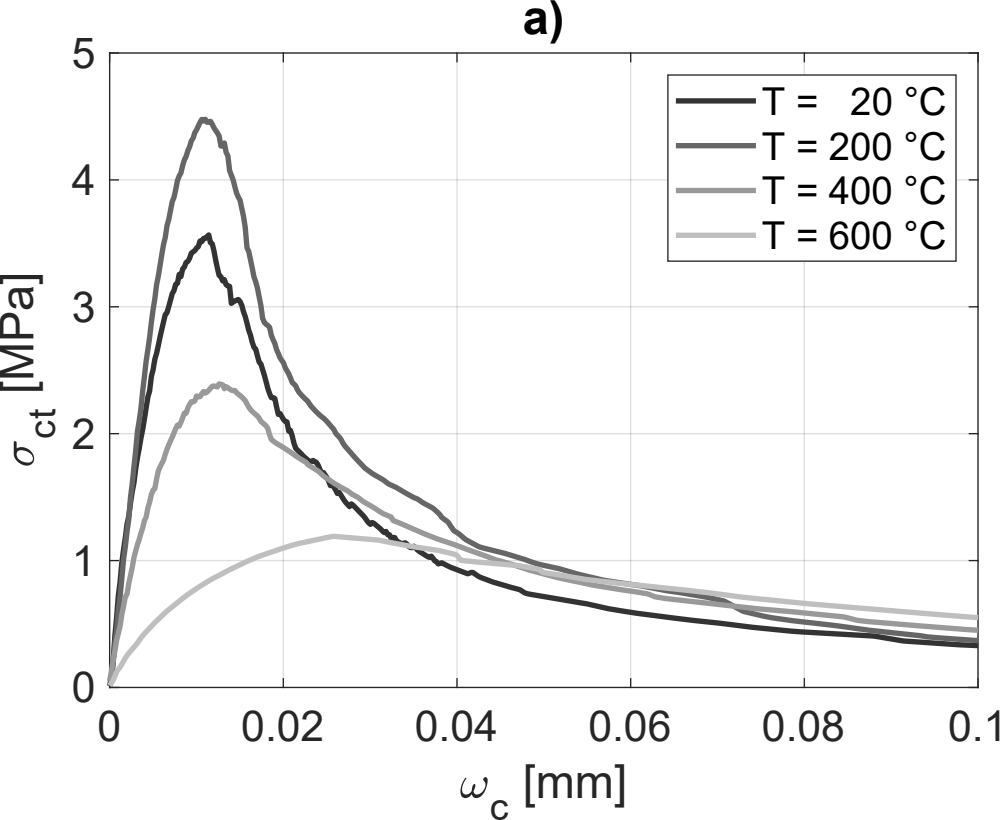


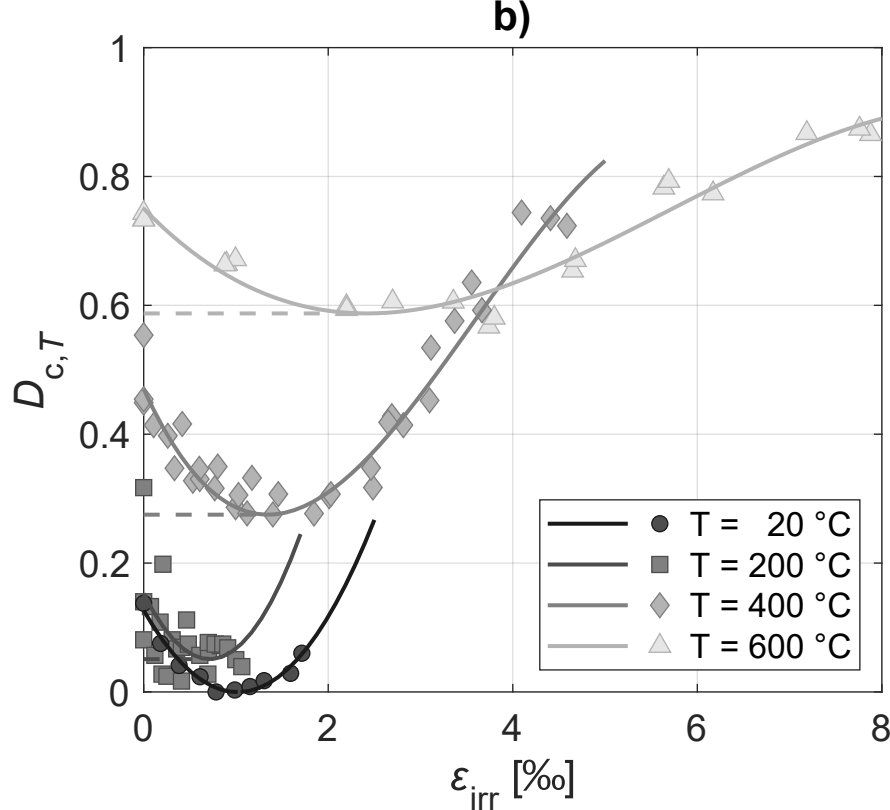
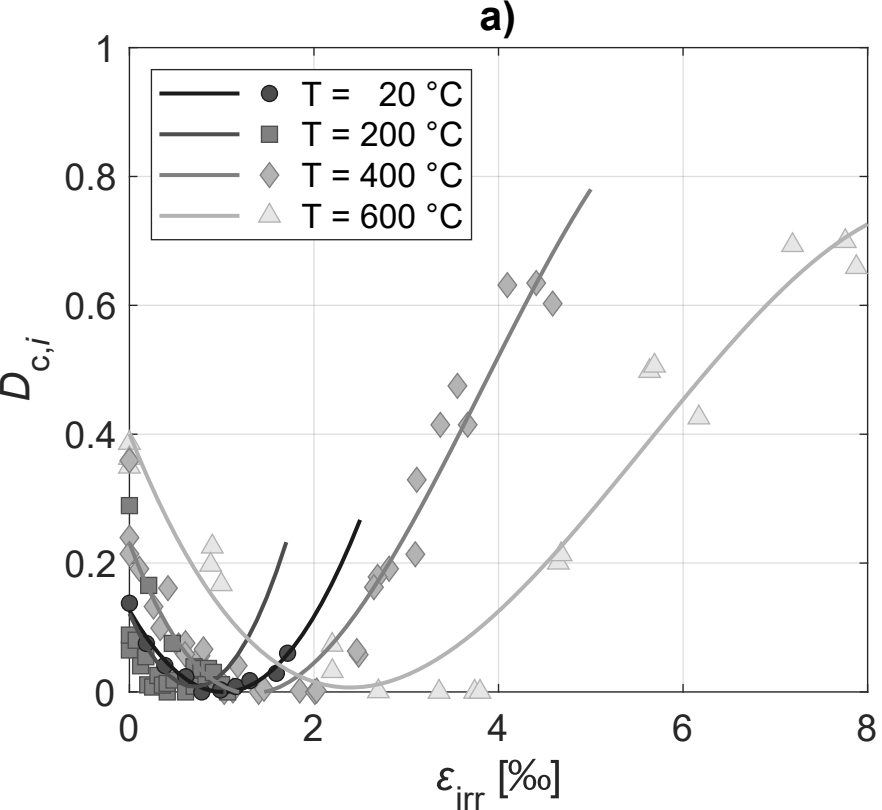


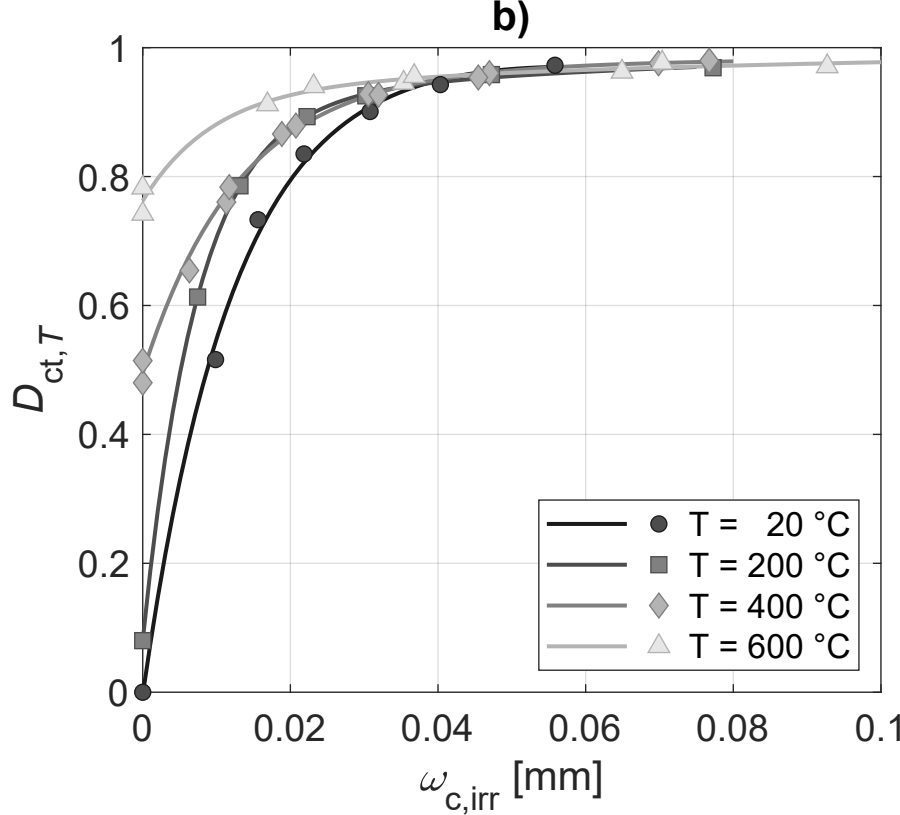
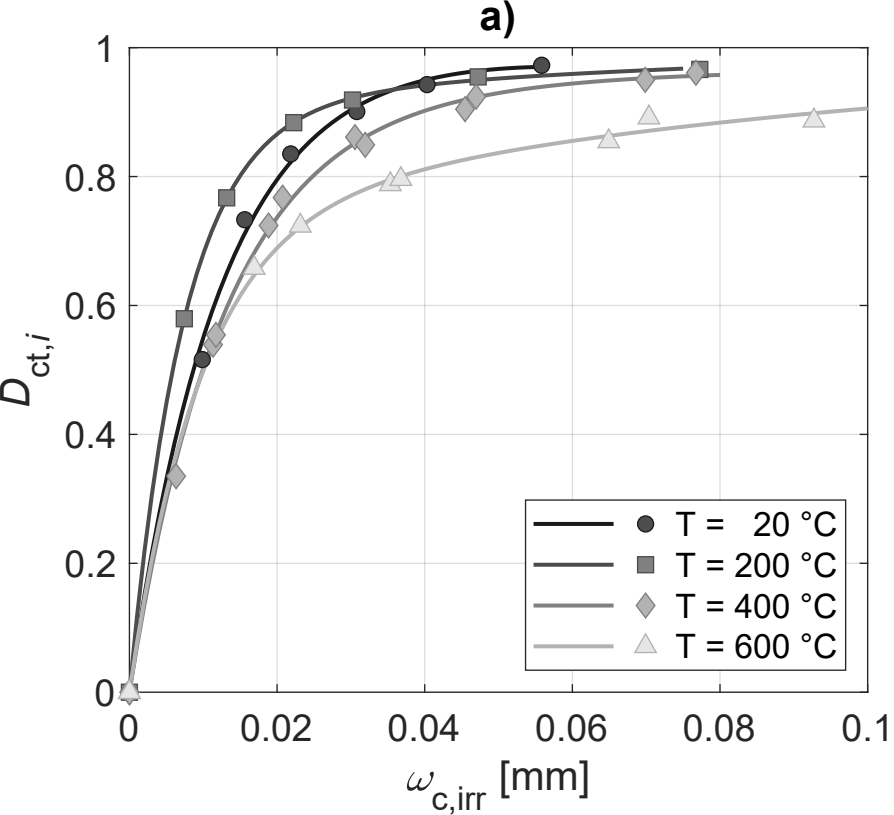


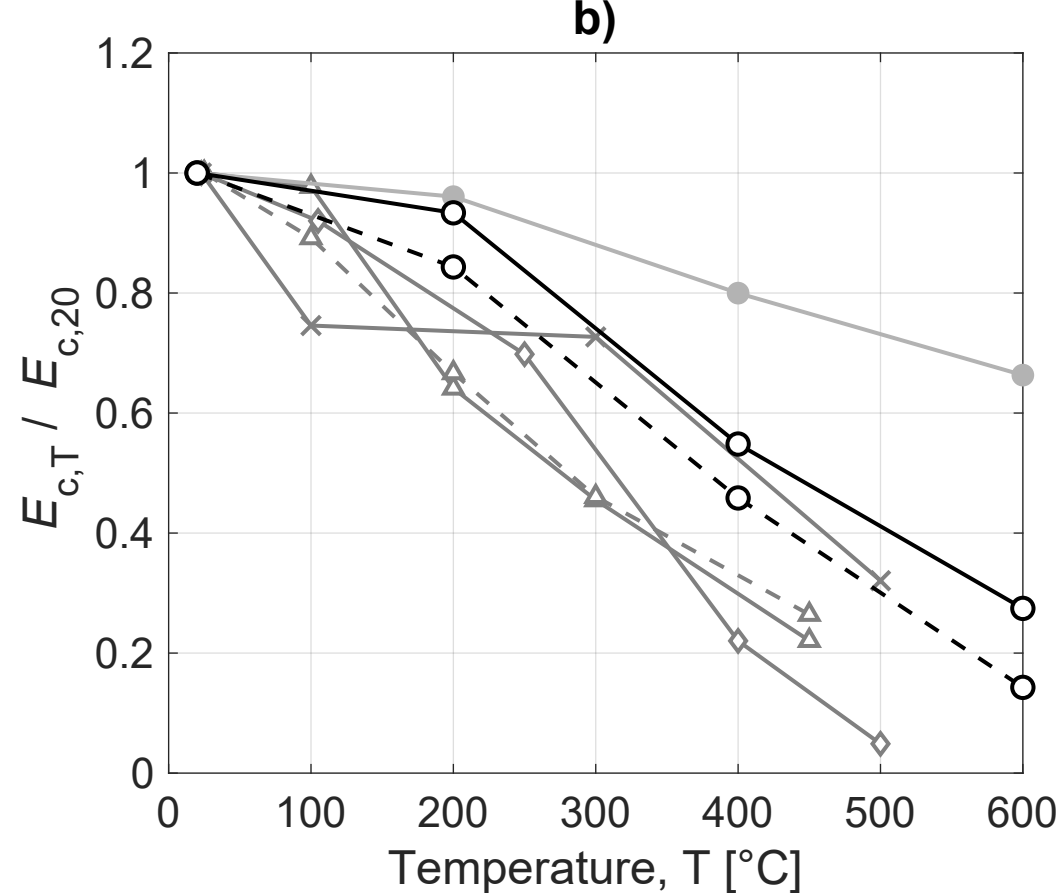
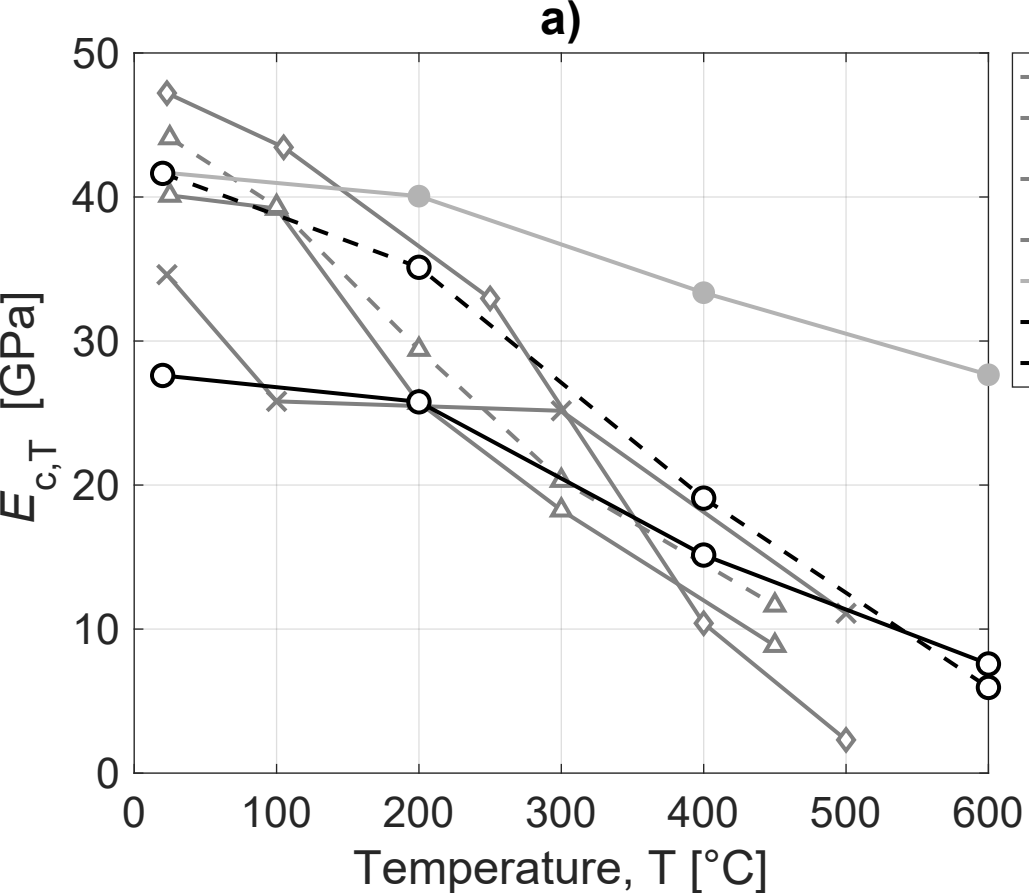


**T = 20 °C****T = 200 °C****T = 400 °C****T = 600 °C**









\* Draft for new proposed version of Eurocode 2 Part 1-2.

