

1 From vague interest to strong intentions to install solar panels on private homes 2 in the North – an analysis of psychological drivers

3

4 Abstract

5 Solar panels have not seen the same widespread adoption in the Nordic countries as in the rest of
6 Europe. The aim of the paper is to investigate how house owners that have already expressed some
7 interest in solar panels form an intention to become pilot customers in an innovative scheme to install
8 solar panels. The main theoretical perspective for the analysis is the Theory of Planned Behaviour,
9 expanded by descriptive norms and innovativeness as a personality trait. The data was collected using
10 an online survey, and data from 577 participants was analysed. The sample consists of individuals that
11 took an active step towards installing solar panels on their residence by responding to a call from a
12 local energy provider. The results show that perceived behavioural control has the biggest influence on
13 intention. Moreover, being innovative influences intention positively while being sceptical to
14 innovation has a negative effect. Attitudes, however, have only marginally significant impact on
15 intention in this target group. The results from this paper can provide suggestions for shaping pro-solar
16 panel messages toward the target group of people positive to solar panels but not yet decided to install.

17 Keywords: Climate psychology; Solar panels; Nordic; PLS-SEM; Consumer behaviour; Theory of
18 planned behaviour.

19 1. Introduction

20 Compared to other high-cost pro-environmental technological products like electric cars or heat
21 pumps, adoption of solar panels has been rather limited in Nordic countries. This is in stark contrast to
22 other European countries. For example, in Germany, 120,000 households and small businesses have
23 installed solar power systems [1]. In 2018, only a small amount of the households in Norway had
24 invested in solar panels [2]. The total installed capacity in Norway at the end of 2015 was fifteen MW
25 [2]. Low adoption rates of solar panels in Norway seem to prevail despite scientific evidence showing
26 that solar panels will be effective also under Nordic conditions [3].

27 By analysing data from respondents to a residential solar panels initiative organized by a
28 Norwegian power company, we attempt to identify significant psychological factors which influence
29 the intention to become a pilot customer for a residential solar power system. The initiative of the
30 energy provider was to pilot a solar panel product where the energy provider would own and maintain
31 the solar panels installed on private single homes and rent the installation to the owner of the house,
32 whereas the houseowner would use the produced electricity and benefit from potential revenues the
33 solar panels would generate. In the local newspaper, the energy provider presented their plans and
34 asked interested house owners to register in a database. The researchers behind this study then had the
35 opportunity to send a link to an online survey to the interested people. Studies on such a target group
36 are limited in Nordic countries, but also beyond. Focusing on individuals who have already shown
37 some interest in solar panels makes it possible to see how more concrete intentions are formed from
38 initial interest. This can provide important information to frame campaigns targeted toward groups of
39 people that might consider investing in solar panels, especially in getting them from initial interest to
40 intention to actually install panels.

41 There have been several studies [4,5,6,7] examining factors influencing either the intention or
42 investment behaviour related to solar panels. Nath [4] confirmed the role of norms, attitudes, and
43 perceived behavioural control on the intention to adopt residential solar panels. In their paper on how
44 to accelerate the demand for residential solar panels, Wolske et al. [7] found that the framing of the

45 message is important for adoption. They also point out that the most efficient way to promote solar
46 panels might change depending on where in the innovation diffusion process this innovation is.

47 2. A theoretical approach to solar panel adoption

48 A wide variety of factors, both personal, social, and societal, are affecting pro-environmental
49 behaviours like adopting electric cars and residential solar panels [4]. Among the socio-psychological
50 theories, the Theory of Planned Behaviour (TPB, see [8]) is one of the most used theoretical
51 frameworks to explain pro-environmental behaviours. A meta-analysis of TPB based on 185 studies
52 [9] showed that TPB explains on average 31% of variance in self-reported behaviour and 20% of
53 variance in observed behaviour (see also [10,11]).

54 TPB incorporates attitudes, subjective norms, and perceived behavioural control (PBC) which
55 together form a behavioural intention, which directly predicts the behaviour in question [8]. Attitudes
56 are an amalgamation of all outcome beliefs that are related to the behaviour in question [12]. Attitudes
57 have been found to be a strong predictor of high-cost pro-environmental behaviours in several papers
58 [7,13,14,15]. Subjective norms are described as “perceived social pressure to perform or not to
59 perform the behaviour” [9, p.188]. However, subjective norms are not commonly seen as a strong
60 predictor for behaviour [16]. PBC is best described as a belief about whether a person feels able to
61 perform certain behaviour in a specific context [9]. Wolske et al. [7] found that in both TPB and in an
62 integrated model created to explain the interest in adopting residential solar panels in the U.S., PBC
63 was a significant predictor of interest in talking to an installer of solar panels. This finding is
64 especially relevant in the context of the present research as it marks a similar point in decision making
65 as we studied. The final component of the TPB – intention – can be viewed as plans that in parallel
66 with opportunities and resources enable us to achieve our goal [17]. In other words, in the TPB,
67 intention is meant to encompass the different motivations that influence our behaviour [9].

68 Although the TPB is a parsimonious model that improves our ability to predict behaviour, it is
69 “open to the inclusion of additional predictors if it can be shown that they capture a significant
70 proportion of the variance in intention or behaviour after the theory’s current variables have been
71 taken into account.” ([9], p. 199). As one of the theoretical additions, Rogers’s [18] Diffusion of
72 Innovations theory (DOI) has been employed to contextualize the findings on pro-environmental
73 technological products where diffusion dynamics through a population might be relevant [4]. Since
74 residential solar panels are relatively new in Norway, innovativeness is included as an additional
75 predictor in the present model. Innovativeness captures the rather stable trait of a person reflecting the
76 tendency to either embrace innovations (both technological and social) or to be more sceptical towards
77 them. This trait is assumed to be relevant for the level of risk a person is willing to take with respect to
78 adopting innovations. TPB does not cover innovation, only decision making. Including innovativeness
79 from DOI lets us assess the importance of innovativeness and scepticism, and how this influences the
80 adoption of solar panels in the step from coming from a vague interest to more concrete planning.

81 Diffusion in this context is described as a form of communication in which innovation is shared
82 through different channels over time between members of a social system [18]. In order of timing of
83 adoption, Rogers categorized adopters of innovations as innovators, early adopters, early majority,
84 later majority, and laggards. *Innovators* are individuals who accept a great deal of uncertainty and risk
85 because they are open to newer ideas and technologies. The second group, *early adopters*, might have
86 leadership roles and are often approached for advice. Thus, their opinion of the innovators and the
87 innovation itself is of great importance to the diffusion of the innovation. This group plays an
88 important role in giving the innovation credibility. The *early majority* is the first large segment of the
89 population to adopt the innovation. As opposed to the early adopters they do not have leadership roles.
90 However, their adoption helps the diffusion process. The *late majority* consists of the individuals that
91 wait with the adoption of an innovation until the innovation has become common. Their reason for

92 adopting could be out of necessity as to not fall too far behind. The final group of innovation adopters
93 are known as *laggards* and are traditional and sceptical towards innovations. Their social system often
94 consists of people that share a similar mindset [19]. This limits their knowledge of the innovation,
95 especially when it comes to awareness-type knowledge. Laggards also want to make sure that other
96 people have successfully adopted the innovation before they start using it [18].

97 Extension of the TPB with innovativeness from DOI in the present paper is also within the scope of
98 previous research. Several studies have used diffusion of innovation factors to explain the spread of
99 environmentally friendly innovations. Wolske et al. [7] used innovativeness to explain the interest in
100 talking to an installer of residential solar panels. Moreover, Ozaki [20] found that DOI can be used to
101 explain factors that cause environmentally conscious individuals to not switch to green electricity.

102 Furthermore, several studies [21,22,23] have used descriptive norms as an extension to the TPB for
103 explaining pro-environmental behaviours. Descriptive norms are formed when a person observes
104 others' behaviours, which are often effective or adaptive in the context at hand [21,23]. In their meta-
105 analysis, Ravis and Sheeran [24] presented twenty-one different hypotheses that all used descriptive
106 norms as a predictor. They found that descriptive norms are a better predictor of intention than
107 subjective norms. This could be an indication that observing behaviour might be more important than
108 social pressure. They also showed that the effect of descriptive norms is lessened when people do not
109 want to identify with the relevant group norms. Since descriptive norms are usually based on observed
110 behaviour, increased adoption of solar panels in the neighbourhood may have a significant effect on
111 the intention to become a pilot customer. However, it is possible that since there are few solar panels
112 in Norway descriptive norms will have a negative effect on the adoption rate.

113 There are several expectations that we base our hypotheses on. We expect that the effects of
114 attitudes, subjective norms and PBC are in line with TPB. This means that we expect the variables to
115 predict intentions significantly. Further, we expect innovativeness to predict the intention to adopt
116 solar panels. In addition, we expect descriptive norms to influence intention. Finally, we also want to
117 explore whether social norms (both descriptive and injunctive) are more relevant for people who are
118 less innovative based on the description of innovative types in DOI. To do this we test the interaction
119 between norms and being innovative.

120 3. Materials and Methods

121 3.1 Participants and procedures

122 To examine the impact of factors on the intention to become a pilot customer of solar panels, a
123 cross-sectional quantitative study via an online survey was undertaken in 2016. The variables included
124 in the survey have been identified by the theoretical framework and validated by the empirical
125 evidences mentioned in the previous section. The survey was a part of a pilot project on residential
126 solar panels initiated by a Norwegian power company. All participants had initially shown interest to
127 take part in the pilot project and were recruited from Central Norway through a newspaper article (see
128 section 4.1 for descriptive information about participants).¹ These participants therefore took an active
129 step in acquiring solar panels by registering in a database and expressing their interest to become pilot
130 customers. This means that we are focusing on people who already have shown some initial interest in
131 the topic. This is a particularly interesting group of the population when it comes to targeting
132 messages that aim at increasing the use of solar panels. In total, 697 participants provided their

¹ After they registered their interests in the company's database, they were asked by the researchers if they were willing to answer the survey. Participation in or completion of the survey was not reported back to the company. The likelihood to be selected as a pilot customer was not related to participation or answers given in the survey.

133 responses to the questionnaire survey. However, after checking for completion and responses for
134 variables under investigation, 577 cases were retained for analysis.²

135 *3.2 Measures*

136 The online survey consisted of a self-administered questionnaire. Questions were asked about the
137 original TPB constructs and about descriptive social norms specified to the adoption of solar panels. In
138 addition, participants' innovativeness was also measured. Questions about background information
139 (e.g., age, gender, education, income and housing type) concluded the questionnaire. Participants were
140 asked to give their response on a seven-point bipolar scale ranging from -3 to +3. For a full list of
141 items used see Appendix A.

142 Attitudes toward adoption of solar panels were measured by "In general, you believe that getting
143 solar panel on the roof would be ...". Participants responded on a seven-point scale from
144 "harmful/unpleasant/bad/worthless" (-3) to "beneficial /pleasant/good/valuable" (+3). Two items
145 focusing on general environmental behaviour were used to measure subjective norms (e.g., "People
146 that are important to me think that I should live as environmentally friendly as possible") and the
147 answers ranged from "strongly disagree" (-3) to "strongly agree" (+3). Perceived behavioural control
148 (PBC) was measured by three items about anticipated difficulties related to the installation of solar
149 panels (e.g., "Solar panels increase the need to remove snow from my roof") and respondents' answers
150 ranged from "little probable" (-3) to "highly probable" (+3). There are several ways to operationalize
151 PBC [25,26], and there seems to be a lack of uniform operationalization of the PBC concept [27].
152 Based on the paper by Wolske et al. [7], our PBC items ask participants if they believe different
153 aspects of solar panel ownership and acquisition will be a problem. In other words, the items look at
154 different parts of the difficulty aspect specifically related to solar panels. This is an expansion to the
155 question asked by Young et al. [26] where they present one item that asks if the behaviour is difficult.
156 A single item, i.e. "How certain is it that you will say yes to become one of the pilot customers?" was
157 used to tap the intention to adopt solar panels. The 7-point scale was anchored by "definitely certain to
158 say no" (-3) and "definitely certain to say yes" (+3). Descriptive norms about installing solar panels
159 were measured by two questions asking whether or not participants thought solar panels were common
160 in the Trondheim region and in other Norwegian regions, respectively. The respondents' answers
161 ranged from "very uncommon" (-3) to "very common" (+3). Twelve items from the Individual
162 Innovativeness instrument developed by Hurt, Joseph, and Cook [28] were adopted to measure
163 respondents' innovativeness (e.g., "I enjoy trying out new ideas"). The 7-point scale was anchored by
164 "strongly disagree" (-3) to "strongly agree" (+3). These sets of items were divided into two factors,
165 innovative and sceptical.

166 *3.3 Statistical analysis*

167 Partial least squares structural equation modelling (PLS-SEM), using the PLS-SEM package of
168 STATA 16 [29], is employed as the primary analysis method. The PLS-SEM approach has been
169 recommended under situations where the measurement model has several latent variables, which are
170 measured with fewer items than recommended in the CB-SEM approach [30]. Further, the PLS-
171 SEM's ability to handle single item constructs without model identification problems [31] lends
172 flexibility to data analysis.

173 Our structural model is relatively simple. We hypothesize that the intention to adopt solar panels
174 will be predicted by the TPB constructs (attitudes, PBC and subjective norms), and two additional
175 measures, i.e. descriptive norms (on a local and national level) and participants' innovativeness (which

² There were 87 participants who did not complete the survey, and therefore were removed from the dataset. Following the recommendations by Hair et al. [31] additional cases were removed because they did not respond to a minimum of 85% of the questionnaire.

176 is divided into two factors, being sceptical or being innovative). Several socio-demographics are also
177 included as control variables in the model. As these variables are added for control purposes, the
178 results will not be presented in the results section (these variables can be found in Appendix A). To
179 assess the measurement model, several criteria are used. The first is the size of the standardized
180 loadings, i.e. standardized loadings above .70 are desired for indicators of latent variables. In other
181 words, items that have standardized loadings below .60 are considered for removal. However, they
182 should only be removed if the deletion leads to a composite reliability of above .70 [31]. The
183 measurement model is also judged by composite reliability. According to Hair et al. [31], a Dillon-
184 Goldstein's coefficient between .60 to .70 for exploratory research and .70 to .90 for more advanced
185 stages of research is recommended. Following these criteria, specific items were removed from the
186 analysis (see Appendix A). In addition, the validity of measurement models was examined referring to
187 convergent and discriminant validity of the latent variables. An average variance extracted (AVE)
188 value larger than .50 is considered satisfactory convergent validity. Discriminant validity is achieved if
189 the AVE value of a latent variable is larger than the latent variable's highest squared correlation with
190 any other latent variable [32].

191 The results of the path model will be used to reveal important factors that influence the intention to
192 become a pilot customer of solar panels.

193 4. Results

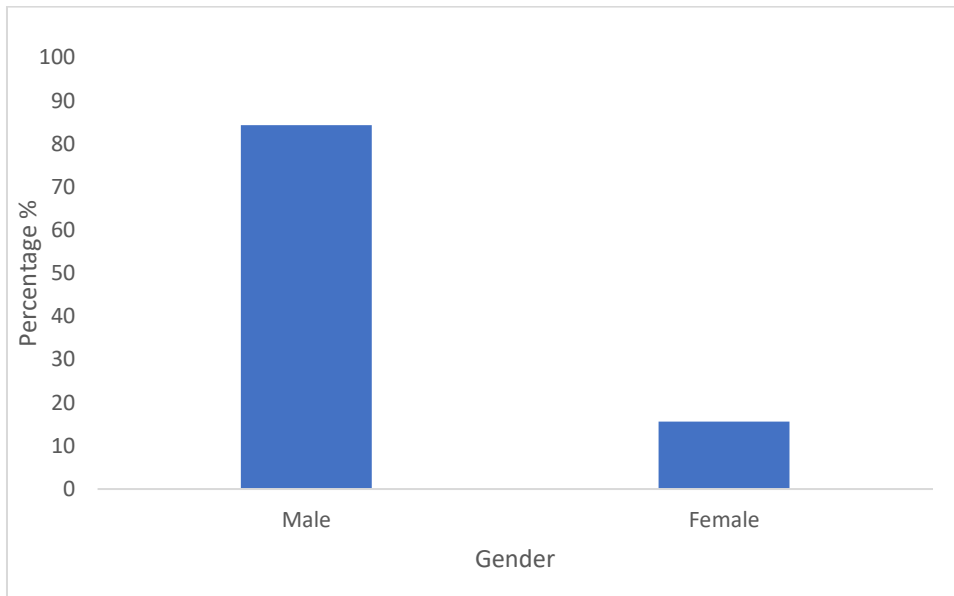
194 *4.1 Sample characteristics*

195 The gender distribution in the sample skews heavily towards male, with 84.4% male and 15.6%
196 female participants (see Figure 1). Mean age in the sample is 49.35 years. The sample is highly
197 educated, with 71% of participants having tertiary education (see Figure 2). Ten percent of the
198 participants live in an apartment. However, it is interesting that apartment dwellers show interest in
199 becoming pilot customers even though their residence might not be suitable. Forty-nine percent of
200 participants have a yearly household income of more than 1,000,000 NOK (approx. 107,900 Euros at
201 the time of data collection). Only 19% have a household income that is less than 700,000 NOK
202 (approx. 75,500 Euros). In short, this sample is rather homogenous, and mainly consists of middle-
203 aged men who are highly educated and have a household income above the national income median
204 [33]. Considering that our sample contains many homeowners, it is not a big surprise that household
205 income is above the national median.

206

207 *Figure 1*

208 *Gender distribution of participants*

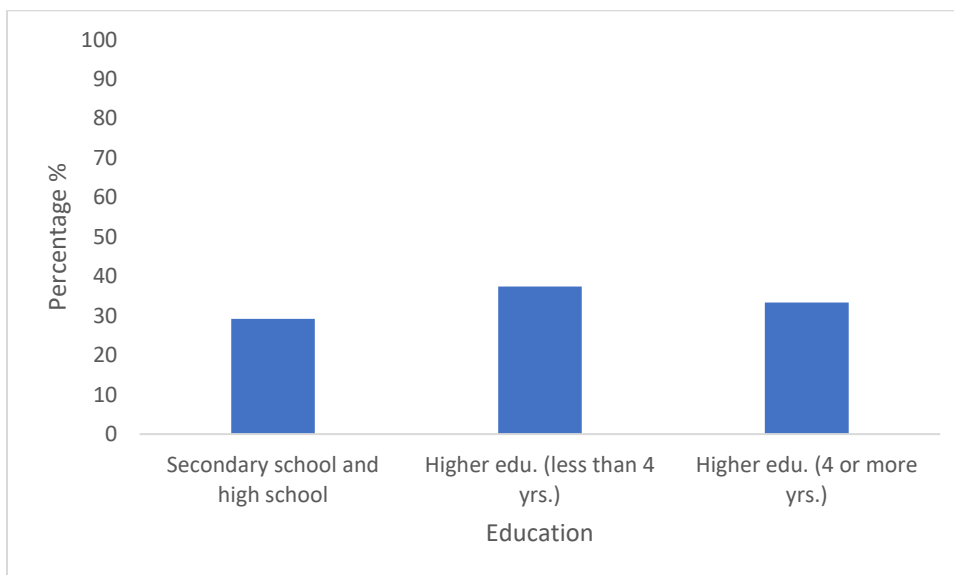


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210

211 *Figure 2*

212 *Distribution of participants education*

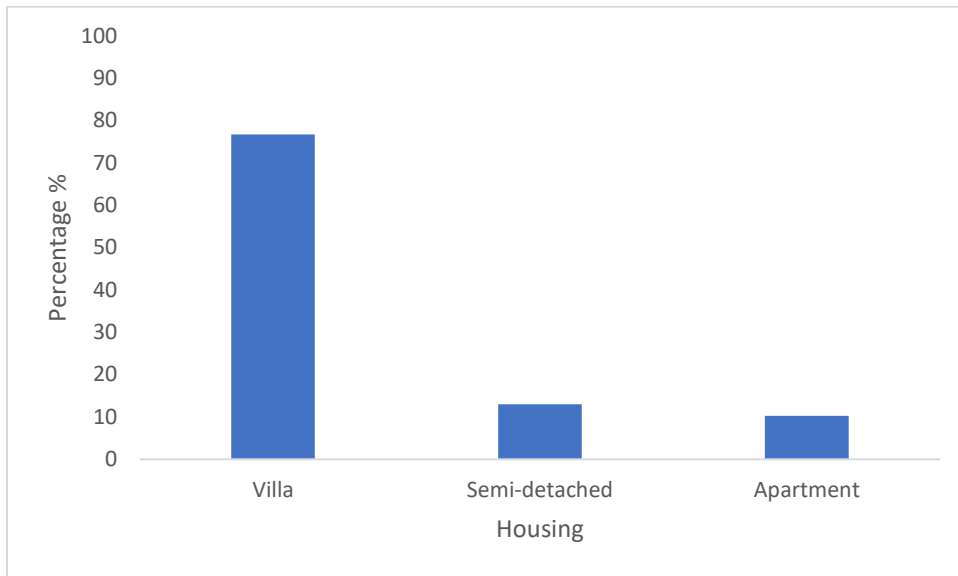


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215 *Figure 3*

216 *Distribution of Housing types of participants*

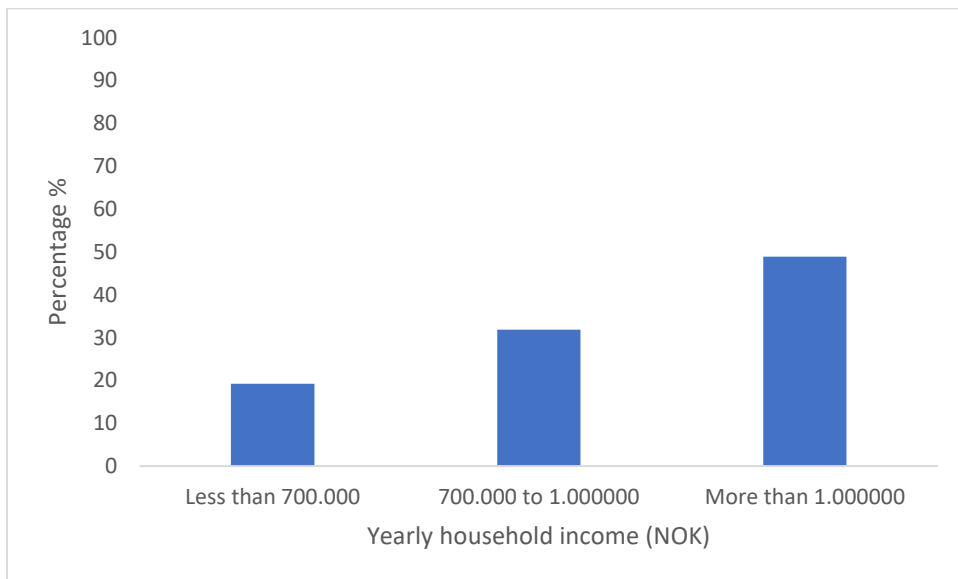


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218

219 *Figure 4*

220 *Distribution of yearly household income of participants*



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222

223 *4.2 Measurement models of the latent variables*

224 A preliminary PLS-SEM analysis was conducted first to verify the reliability and validity of the
225 measurement models. The analysis indicated that four innovativeness items had to be removed
226 because of low factor loadings ($< .50$) and cross-loadings. The analysis also showed that four PBC
227 items had to be removed because of low factor loadings and cross-loadings. In addition, some
228 descriptive norm items were removed as a result of low factor loadings. The modified measurement
229 models exhibited satisfactory reliability at both indicator and construct level (see Table 1) and

230 convergent and discriminant validity (see Table 2), which are the prerequisites for assessing the path
 231 model of the study.

232

233 Table 1

234 Indicator and construct-level reliability of the measurement model

| Items | Attitudes | Subjective Norms | PBC | Descriptive norms | Sceptical | Innovative | Intention |
|---------------------|-----------|------------------|------|-------------------|-----------|------------|-----------|
| Attitudes 1 | .847 | | | | | | |
| Attitudes 2 | .845 | | | | | | |
| Attitudes 3 | .914 | | | | | | |
| Attitudes 4 | .850 | | | | | | |
| Subjective norms 1 | | .904 | | | | | |
| Subjective norms 2 | | .765 | | | | | |
| PBC 3 | | | .897 | | | | |
| PBC 5 | | | .621 | | | | |
| PBC 7 | | | .679 | | | | |
| Descriptive norms 1 | | | | .960 | | | |
| Descriptive norms 2 | | | | .939 | | | |
| Sceptical 1 | | | | | .842 | | |
| Sceptical 2 | | | | | .740 | | |
| Sceptical 3 | | | | | .779 | | |
| Sceptical 4 | | | | | .713 | | |
| Innovative 1 | | | | | | .787 | |
| Innovative 2 | | | | | | .792 | |
| Innovative 3 | | | | | | .699 | |
| Innovative 4 | | | | | | .700 | |
| Intention | | | | | | | 1.000 |
| DG | .922 | .824 | .782 | .949 | .853 | .833 | 1.000 |
| Rho | .969 | .654 | .848 | .921 | .803 | .748 | 1.000 |

235 Notes: The table indicates standardized loadings for each variable, Dillon-Goldstein's coefficient (DG) and
 236 Jöreskog's Rho. PBC stands for perceived behavioural control. All items are listed in Appendix A.

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244 Table 2

245 Convergent and discriminant validity of the measurement model: Squared interfactor
 246 correlations and AVE

| Variables | Attitudes | Subjective norms | PBC | Descriptive norms | Sceptical | Innovative |
|-------------------|-----------|------------------|------|-------------------|-----------|------------|
| Subjective Norms | .001 | | | | | |
| PBC | .015 | .000 | | | | |
| Descriptive norms | .001 | .006 | .026 | | | |
| Sceptical | .004 | .000 | .037 | .002 | | |
| Innovative | .012 | .012 | .008 | .001 | .119 | |
| Intention | .016 | .002 | .181 | .007 | .043 | .023 |
| AVE | .746 | .702 | .550 | .902 | .593 | .556 |

247 Note: AVE stands for average variance extracted

248

249 *4.3 PLS-SEM path analysis*

250 Table 3 provides the details of the path model results showing standardized path coefficients and
 251 confidence intervals of the latent variables predicting the intention to become a pilot customer of solar
 252 panels. The overall R^2 value ($R^2 = .22$) of the model is acceptable [34]. Among the TPB model
 253 constructs, PBC has a medium size effect ($\beta = -.37$) on intention and is significant ($p < .001$). The
 254 effect is negative which means that more perceived difficulties with the solar panel installation relate
 255 to less reported likelihood to become a pilot customer. Attitudes and subjective norms, however, fail to
 256 show significant impacts on intention.

257 Moreover, descriptive norms have no significant effect on intention. The variables related to
 258 innovativeness, i.e. both being sceptical and being innovative, have significant effects ($p < .01$) on
 259 intention. More specifically, being a sceptic has a negative impact on intention while being innovative
 260 has positive impact.

261

262 In addition, we tested the interaction between norms and being innovative. There was no significant
 263 interaction between descriptive ($\beta = .03, p = .723$) or subjective norms ($\beta = .05, p = .596$) and being
 264 innovative.

265

266 Table 3

267 PLS-SEM standardized path coefficients, p -values and confidence intervals of the latent
 268 variables predicting intention to adopt

| Predictor variable | Standardized path coefficients | P-value | 95% CI |
|--------------------|--------------------------------|---------|-------------|
| Attitudes | .05 | .103 | .00 – .12 |
| Subjective norms | .04 | .435 | -.06 – .14 |
| PBC | -.37 | < .001 | -.43 – -.27 |
| Descriptive norms | -.00 | .891 | -.08 – .08 |
| Sceptical | -.10 | .031 | -.18 – -.02 |
| Innovative | .09 | .025 | .00 – .16 |
| R^2 adjusted | .22 | | |

270 5. Discussion

271 The aim of the present study was to identify significant psychological factors important for
272 increasing the adoption of private solar power systems among persons who already have shown some
273 interest in such systems. By using an extended version of the TPB, predictors of the intention to
274 become a pilot customer of solar panels were investigated.

275 The data analysis showed a significant effect of PBC on the intention to become a pilot customer of
276 solar panels. This finding supports the notion that the perceived difficulty of the behaviour is
277 important for the adoption decision, and it is consistent with other papers on the topic of solar power
278 adoption [35,36,37]. In our sample, many participants believe that getting solar panels will not cause
279 larger problems (i.e., they have high PBC) and are quite positive toward adopting residential solar
280 panels as indicated by their attitudes. Our results are like those of Klöckner and Nayum [38]. They
281 found that the closer an individual gets to behaviour implementation, issues like expected comfort
282 levels, which are quite similar to the PBC we measured, were most important.

283 The intention to become a pilot customer of solar panels was also influenced by personal
284 innovativeness. This is in line with Englis and Phillips [39] who showed that innovativeness was a
285 significant predictor of intention. Our study shows that while being highly innovative positively
286 affects intention, being sceptical has a negative impact. This effect can likely be explained by
287 innovative people on the one hand defining their identity to a larger degree through the display of the
288 newest technology (and solar panels are new at least in the Nordic context), and on the other hand
289 through their higher willingness to take risks when trying new things (installing solar panels as a pilot
290 customer is certainly connected to risk taking). However, it should be also noted that the study
291 participants were those who already showed interest in this new technology (i.e., solar panels).
292 Therefore, individuals who can be identified as sceptical could be underrepresented in the study. In a
293 sample from the general population the number of sceptics would most likely be higher. In short, the
294 findings confirm the role of personal innovativeness in adopting new technology solutions to
295 environmental problems as opposed to being merely interested in these solutions.

296 The present study could not find significant effects of attitudes, subjective norms, and descriptive
297 norms on the intention to become a pilot customer of solar panels. Although there is some empirical
298 evidence showing attitudes as significant predictor of intention and behaviour [7,11,12,39] the results
299 of the current study could only indicate marginally significant effect of attitudes on intention. This
300 could be because participants in the present study have similar attitudes to solar panels since they have
301 already shown some interest in the topic. Also, attitudes might be more important earlier in the
302 decision process [40]. The participants might have moved past the point of attitudes influencing their
303 decision. We would predict that attitudes had a strong influence to register in the database in the first
304 place. It must be noted that in this study, no question specifically asked about study participant's
305 attitudes to become a pilot customer and getting solar panels. Instead, several of the questions asked
306 about the participant's attitudes towards solar panels in general. Like the attitudes measure, subjective
307 norms items were also formulated in a general manner, i.e. about being environmentally friendly.
308 However, it is plausible that environmental friendliness was not an important factor for our
309 participants. As Ajzen and Fishbein [41] suggest, there should be high correspondence between
310 measurements of the TPB constructs in order to increase the model constructs' predictive power. In
311 addition, subjective norms require perceived social pressure [8].

312 Currently, there is no strong social and economic incentive for adopting solar panels in Norway as
313 compared to electric vehicles for example [42]. It is a possibility that there is a negative social pressure
314 in the broader population, and this is one of the factors that influences the adoption rate. Considering
315 that residential solar panels have not yet become common in Norway, it is not surprising to find that

316 descriptive norms, which are formed by observing behaviours of others, had no effect on intention.
317 This might indicate that most people in Norway do not believe acquiring solar panels is “normal”.
318 This is probably why the effects of the descriptive norms in this study were the lowest.

319 There are different ways in which policy makers can stimulate the adoption of residential solar
320 panels. According to a study by Best and Burke [43], having supporting policies, such as carbon
321 pricing, aggregate policy support, can increase adoption rates. Further evidence from Cargo and
322 Chernyakhovskiy [44] shows that policy focusing on increased rebates was the most effective in
323 increasing annual capacity add-ons. Policy that focuses on economic and ease of use factors could thus
324 be instrumental in increasing the adoption rates of residential solar panels in Norway. However, a
325 well-developed national policy concerning the adoption of solar panels is still lacking in Norway [45].
326 This has led to Norway lagging behind the rest of Europe. The reason behind the lack of policy on the
327 matter in Norway could be due to Norway getting most of its electricity from hydro [46]. This, and the
328 weather conditions, could lead to solar not being prioritised by the governing bodies. However, there
329 is evidence that an increased adoption of solar panels in Norway and similar countries could be
330 beneficial [3]. Research also shows that solar panels can be used in northern latitudes with sufficient
331 efficiency to make their installation economically viable [3].

332 This study has some implications for future research and design of interventions aiming to increase
333 adoption of private residential solar panels. The findings of the present study and similar studies
334 carried out by others (e.g., [47]) give us an idea of what psychological factors should be in focus when
335 attempting to promote widespread adoption of solar panels. Increasing PBC by removing perceived
336 barriers is important as it would make people in the same position as our participants more willing to
337 take the risk of adopting solar panels. Based on this it seems that the practical concerns surrounding
338 solar panels are important. As expected, individuals scoring high on innovativeness would be more
339 willing to accept new ideas and to try out new technology options. For development of early stage
340 campaigns, this implies that appealing to innovative aspects of solar panels while providing effective
341 ways of overcoming situational barriers can make a difference. Attitudes and social norms are not
342 important at the stage in the adoption process that is investigated in this paper, but other studies
343 suggest that they might be important in earlier stages of the decision-making process. This implies that
344 it makes sense to tailor communication strategies to the different stages interested customers go
345 through (see also Bamberg [48]), starting with arguing for the general benefits first, and when people
346 become interested and start planning, to address their concerns about possible barriers to action. It
347 could also be an interesting topic for further research to investigate if there is an effect of having an
348 electric or hybrid vehicle on having an interest in solar panels or smarter home electric systems. A
349 number of studies found that past environmental behaviour may be associated with an increase in
350 intention to perform other environmental behaviours (see Maki et al. [49] for a meta-analysis). Such
351 spill-over effects would also be of interest when studying adoption of electric vehicles and solar
352 panels.

353 A possible limitation of this study is the age of the data used in the study (collected in 2016).
354 However, we believe that the data is still relevant for a Norwegian context. For example, a paper by
355 Winther, Westskog and Sæle [50] indicates that there has yet to be a large uptake in residential solar
356 panels in Norway when their paper was written, and thus the situation with respect to residential solar
357 panel adoption does not seem to have changed much in recent years (see also [51] It is important to
358 note that there was a very large jump in installed capacity in 2019, however most of this was not
359 residential.

360 The ratio between male and female respondents in our sample (approx. 84% male, see section 4.1) is
361 something worth discussing. According to a meta-analysis by Cai, Fan and Du [52] females have a
362 less positive attitude towards technology, which could be one of the reasons as to why we have a
363 relatively low number of females in our sample. The source of this attitudinal gap is outside of the

364 scope of this article but Cai, Fan and Du [52] present arguments for why this is a multifactor issue. It
365 is hard to say how a more equal gender distribution would influence our results. Previous research
366 nevertheless seems to suggest that TPB variables and other socio-psychological variables often have
367 fairly similar effects for men and women when it comes for example to adoption of electric vehicles
368 [53] and pro-environmental behaviour more generally [54]. In a review paper on the decision making
369 process behind household energy investments, Kastner and Stern [55] found that there was no clear
370 systematic association between gender and household energy investments.

371 6. Conclusion

372 The aim of this paper was to assess effects of different psychological factors on the intention to
373 become a pilot customer for a residential solar power system. Special attention was paid to persons
374 that have shown a certain interest in this kind of residential power production. In general, three
375 variables influenced the intention to adopt residential solar panels in this group. The first one, PBC,
376 represents the importance of perceived difficulty when performing high-cost environmental behaviour.
377 Secondly, being innovative seems to be indicative of increased intention to become a pilot customer.
378 Third, being sceptical towards innovations had a negative effect on the intention to become a pilot
379 customer. This indicates that scepticism towards environmental technology would hinder adoption.
380 Additionally, attitudes toward solar panels were marginally significant. However, the effects of
381 attitudes and norms are diminished, presumably as a result of the sample and the participants' stage in
382 the adoption process. The findings could be used to find ways to promote the use of residential solar
383 systems and other high-cost pro-environmental investments and tailor communication and support
384 schemes specifically to getting interested people over the threshold to implement the technology.

385

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389

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536

537

538 **Appendix**

539

540 Appendix A1. Full list of items both removed and used in the analysis

| Variable | Variable description | Variable excluded? |
|--------------------|--|--------------------|
| Attitude 1 | In general, do you believe that getting solar panels on your roof would be harmful or beneficial? | |
| Attitude 2 | In general, do you believe that getting solar panels on your roof would be unpleasant or pleasant? | |
| Attitude 3 | In general, do you believe that getting solar panels on your roof would be bad or good? | |
| Attitude 4 | In general, do you believe that getting solar panels on your roof would be worthless or valuable? | |
| Subjective norms 1 | People that are important to me believe I should live as environmentally friendly as possible | |
| Subjective norms 2 | People that are important to me support that I live as environmentally friendly as possible | |
| PBC 1 | Solar panels increase the need to remove snow from the roof | Yes |
| PBC 2 | The construction will increase wear and tear on my roof | Yes |
| PBC 3 | Solar panels will not be economically viable | |
| PBC 4 | There will be a lot of noise when they are installed | Yes |

| | | |
|-------------------------------|---|-----|
| PBC 5 | There will be many everyday disturbances when they are going to be maintained by Trønderenergi | |
| PBC 6 | The power supply to my house will be more unstable | Yes |
| PBC 7 | There will be a lot of bureaucracy when it comes to getting the money that is a result of the production surplus | |
| Descriptive norms 1 | Common solar panels – in the Trondheim region | |
| Descriptive norms 2 | Common solar panels – in other Norwegian regions | |
| Innovativeness 1 (Sceptical) | I experience that I am often sceptical to new ideas | |
| Innovativeness 2 (Sceptical) | I am sceptical to new inventions and new ways of thinking | |
| Innovativeness 3 (Sceptical) | I am usually careful when accepting new ideas | |
| Innovativeness 4 (Sceptical) | I have to see other people use new innovations before I consider them | |
| Innovativeness 5 (Innovative) | I feel that I have influence among friends and colleagues | |
| Innovativeness 6 (Innovative) | My friends or colleagues often asks me about advice or information | |
| Innovativeness 7 (Innovative) | I enjoy trying out new ideas | |
| Innovativeness 8 (Innovative) | I see myself as creative in the way I think and behave | |
| Innovativeness 9 | I improvise often ways to solve problems when the answer is not obvious | Yes |
| Innovativeness 10 | I usually think that living and doing things in the traditional way is best | Yes |
| Innovativeness 11 | I appreciate taking a leadership position in the group I belong to | Yes |
| Innovativeness 12 | I think that it is stimulating to be original in the way I think and behave | Yes |
| Low education | Dummy variable based on education (value equal to 1 if education is “Common education”, 0 otherwise) | |
| High education | Dummy variable based on education (value equal to 1 if education is more than 4 years of university, 0 otherwise) | |
| Villa | Dummy variable based on housing (value equal to 1 if housing type is Villa, 0 otherwise) | |

| | |
|-------------|---|
| Detached | Dummy variable based on housing (value equal to 1 if housing type is Semi-Detached, 0 otherwise) |
| Low income | Dummy variable based on yearly household income (value equal to 1 if income is less than 700.000 NOK, 0 otherwise) |
| High income | Dummy variable based on yearly household income (value equal to 1 if income is more than 1.000000 NOK, 0 otherwise) |
| Gender | Are you a man/woman? |
| Age | How old are you? |
| Intention | The application to TrønderEnergi was noncommitting. How sure is it that you would say yes to become a pilot customer? |

541 *Note:* For criteria used for item exclusion see section 3.3 in the paper. PBC stands for
542 perceived behavioural control.