

1 Investigation of development of the earth pressure coefficient at rest
2 in clay during creep in the framework of hyper-viscoplasticity

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19 *Abstract:* The in-situ earth pressure coefficient at rest (K_0) for clay has been widely discussed
20 in the literature. In engineering practice, empirical relationships between K_0 , the
21 overconsolidation ratio (OCR) and the normally consolidated value, K_0^{NC} , is often used.
22 Where, K_0^{NC} is as a function of friction angle (φ). These relationships do not distinguish
23 between an increase in OCR due to unloading or due to creep of the material. Although there
24 is significant literature on measurements of the change in K_0 during unloading, there is a lack
25 of data on the evolution of K_0 due to creep. The few existing in-situ measurements of K_0 are
26 highly uncertain and difficult to be use for the purposes of investigating the time evolution of
27 K_0 . There is therefore no clear consensus on the time evolution of K_0 within the geotechnical
28 community. During the last 20 years several creep models for clay have been developed
29 within the framework of elasto-viscoplasticity. One common feature in many of these models
30 is that they only predict a minor change in K_0 with time, as K_0 is given by one unique position
31 on the potential surface. This contrasts with the unproven opinion of many practitioners who
32 think that K_0 increases with time (even towards unity). In order to broaden the perspective of
33 the discussion, this paper addresses the time evolution of K_0 in the framework of hyper-
34 viscoplasticity. This framework offers a possibility for an increase in K_0 (even towards unity
35 under certain conditions).

36

37 **KEYWORDS:** Earth pressure; time dependence; creep; clays; constitutive relations; plasticity

38 BACKGROUND AND INTRODUCTION

39 Schmertmann (1983) summarized the results of a survey on how different researchers
40 considered the likely time evolution of K_0 during 1D creep (increase, decrease, constant).
41 There was no clear consensus in the answers. However, the majority favored an increase.
42 Almost forty years later the objective answer to this question, in the opinion of the authors, is
43 not yet available. For example Shin and Santamarina (2009) stated that “the evolution of K_0
44 during secondary compression under no lateral strain is controversial”. Some researchers for
45 example Devapriya and Said (2000) claim to have answered the question by showing a slight
46 decrease in K_0 during the first 100 hours or so for different kaolin-bentonite mixtures. They
47 showed that both the time period of decrease and the amount of decrease seems to depend on
48 the quantity of bentonite. However, their evidence is inconclusive. It is interesting to notice
49 that in one of their tests, a sample of kaolin with 7.5% bentonite, had a creep stage that lasted
50 400 h. In this test a decrease in K_0 could be observed in the period from 0 h to 100 h followed
51 by a slight increase in K_0 in the period from 100 h to 400 h. Finally, after 400 h the K_0 was
52 back to the same value as it was at 0 h. It must be pointed out that a short-term decrease does
53 not rule out a long-term increase, as this could be due to totally different mechanisms. For
54 example cementation of the material could explain a decrease in K_0 , while shear relaxation,
55 i.e. an increase in K_0 , could be expected when considering the viscous nature of the bound
56 water separating the clay particles (Schmertmann, 1983). Actually the tests by Devapriya and
57 Said (2000) support this cementation (or thixotropy) theory, as the higher the bentonite
58 content the greater the decrease in K_0 observed during this first period. Den Haan (2002)
59 pointed out that from a modeler’s perspective, both an increase and decrease in K_0 could be
60 experienced during the first hours of creep. This is due to internal ‘relaxation’ of the elastic
61 contribution to the initial value of K_0 after a stress increase (K_0^{NC}), towards the asymptotic
62 value of K_0 , under pure creep deformation (den Haan, 2001). This point, of a duration of

63 hours, not years, of possible time period for a decrease, is important as here the focus is on
64 the long-term creep effects on K_0 (i.e. for decades). Hence a possible short-term decrease is
65 not of primary interest. It is possible that this decrease happens independently of compression
66 (creep), i.e. due to thixotropy, (Schmertmann, 1991). Thixotropy must be considered as a
67 different mechanism during ageing than the effect of creep, as thixotropy happens at a
68 constant volume. Independent of the period of which thixotropy possibly takes place, it is not
69 considered as part of this study, since the focus here is on the development during creep.

70 This article first discusses some other available data and current modelling practice, giving
71 different perspective on the evolution of K_0 during creep. Thereafter it describes a
72 framework, using hyper-viscoplasticity (see e.g. Houlsby and Puzrin (2006)), that gives a
73 flexibility for K_0 to increase with time during creep.

74 Some preliminaries for the theoretical framework used: Additive decomposition of elastic
75 and viscoplastic strains, i.e. small strain assumption. The formulations are done in triaxial
76 stress (p - q) space. It uses normal geotechnical sign convention, i.e. compression positive and
77 the stress considered is the effective stress.

78

79 PREVIOUS EXPERIMENTAL STUDIES

80 Long before the work of Devapriya and Said (2000) there was others who tried to answer this
81 fundamental question on K_0 , both by laboratory and field testing. The 1983 note by
82 Schmertmann was quickly followed by the work of Kavazanjian and Mitchell (1984) who
83 presented interesting results on San Francisco Bay Mud. They showed a minor increase in K_0
84 over a period of 10,000 minutes, from 0.53 to 0.58. They also argued that K_0 should
85 asymptotically approach unity given infinite time. Their reasoning was that this would
86 represent a minimum energy state. If this were true, it would then be natural to assume that

87 in-situ investigations on natural material that have been subjected to creep for a long time
88 would give measurements of K_0 approaching unity. As an example Nash et al. (1992) made
89 an attempt to measure K_0 in Bothkennar clay in-situ and although the measurements were
90 highly uncertain, values significantly below 1.0 were measured (ranging from 0.6 to 0.9). The
91 measured normal consolidation value of the earth pressure coefficient, K_0^{NC} , is close to 0.5
92 for Bothkennar clay, as found in an oedo-triaxial test by Watabe et al. (2003). It is not clear
93 whether the field value increased due to creep or due to a stress history involving unloading
94 (a reduction in the effective stress level). Mesri and Castro (1987) showed results of oedo-
95 triaxial creep tests on clays from Saint Alban, Batiscan, Broadback and Atchafalaya. All the
96 tests on these materials showed a small tendency for increase in K_0 with time. However, the
97 scatter was generally large due to the difficulties in radial strain control in the tests. The
98 reported increase in K_0 for e.g. the Saint Alban clay was from 0.49 to 0.52 over a period of 70
99 days. Similarly, the K_0 for Broadback clay increased from 0.51 to 0.56 over the same period.
100 In contrast, Sletten (2015) and Gjengstø (2016) performed tests using the split-ring
101 oedometer (Senneset, 1989) on both natural and reconstituted Tiller clay. Their results are
102 presented in Figure 1. In a period of more than one week, no clear conclusion about a
103 possible increase could be drawn. No trend was found, and larger variations were observed
104 due to temperature variations alone (the data presented here are without temperature
105 correction, hence the huge fluctuations). Despite the problem of temperature variations, the
106 findings were generally more in line with that of Holtz et al. (1986), who showed a constant
107 value, of about 0.55, for undisturbed Montalto di Castro clay over a creep period of four
108 weeks. There is, however, one general difficulty in that all the laboratory data are from a
109 limited time period of measurement (weeks), while the material in-situ has been left to creep
110 for thousands of years. Therefore, a natural question to ask is that if it is fair to extrapolate
111 conclusions on time evolution of K_0 from laboratory tests, that last a period of weeks, to the

112 behavior in-situ, i.e. over a period of years in a manner to that done successfully for creep
113 itself, e.g. Degago et al. (2011). Interestingly some attempts have also been made for
114 measuring K_0 in-situ also for Tiller clay. Extensive efforts were made by NGI and NTNU
115 (Ofstad and Lindgård, 2017) to measure in situ horizontal stress at the well characterized
116 NGTS site at Tiller / Flotten using Glötzl push in pressure cells (L'Heureux et al., 2019). As
117 L'Heureux et al. (2019) presented, this work resulted in some scatter in the data, which was
118 thought to be due to installation effects. But overall the results showed an average K_0 of 0.8
119 and a with measured minimum value around the short-term normal consolidation value.
120 Nevertheless, the average of the measurements suggests an increase, from the values reported
121 in lab by Sletten and Gjengstø, also for this material when it is subjected to thousands of
122 years of creep.

123

124 CURRENT PRACTICE

125 From a different practical perspective, geotechnical engineers are used to empirical
126 relationships between K_0 and overconsolidation ratio (OCR). As pointed out by e.g. Ladd et
127 al. (1977) these relationships are often based on oedo-triaxial tests during unloading and are
128 therefore only valid for that case of simple unloading. The K_0 - OCR (unloading) relationship
129 is based on a large database of tests and is well documented. In contrast, since the OCR also
130 increases with time, due to creep, the wrong estimation of K_0 can easily be made in practice.
131 i.e. when this relationship is used in a case where the stress history of the material is more
132 complicated than a simple case of unloading. Nonetheless, as Schmertmann (1983) pointed
133 out, the opinion of many geotechnical engineers is that there is a similarity between
134 unloading and creep, with respect to change in K_0 .

135 In contrast, to this expectation of increased K_0 with time, the most popular creep models for
136 clay predict a constant value for K_0 during creep. This is a consequence of model restrictions,
137 as the K_0 condition is uniquely related to a single stress state on the potential surface where
138 the volumetric strain increment equals the vertical strain increment. Examples of such
139 models, predicting constant K_0 , are found in e.g. Stolle et al. (1999) and Grimstad et al.
140 (2010). In such models, the slight change in K_0 from K_0^{NC} (both increase or decrease
141 possible) is only due to the contribution from the elastic strains to the K_0^{NC} value (den Haan,
142 2001), which generally can be considered to be small.

143

144 HYPER CREEP MODEL FORMULATION

145 In hyper-viscoplasticity, in order to ensure fulfillment of the basic laws of thermodynamic,
146 the material response is derived from a force potential and a free energy function. The free
147 energy function provides the basis for reversible response of the material, while the force
148 potential is responsible for the irreversible response. The notation used here follows closely
149 the book of Houlsby and Puzrin (2006) with some minor exceptions. Grimstad et al. (2020)
150 used the force potential, z , given in Equation (1), to show that the conventional creep model
151 based on the Modified Cam-Clay Model (Roscoe and Burland, 1968) can be derived within
152 the hyper-viscoplastic formalism. They assumed that the free energy is only a function of
153 elastic strains. This basically means, in their model, the dissipative generalized stress and the
154 true stress are identical. Note that the generalized dissipative stresses are the work conjugated
155 stresses to the viscoplastic strains, just as the true stress (p and q) are conjugated to the total
156 strains. For convenience the same assumption will be made here. This means that the focus is
157 primarily directed towards the force potential. The contribution from elastic deformation is

158 also assumed to be small, such that it only will play a minor role on the K_0 value during 1D
 159 creep.

$$160 \quad z = \frac{p_0}{2^n} \cdot \frac{r^{1-n}}{n} \cdot \left(\sqrt{\left(\dot{\epsilon}_v^{vp} \right)^2 + M^2 \cdot \left(\dot{\epsilon}_q^{vp} \right)^2} + \dot{\epsilon}_v^{vp} \right)^n \quad (1)$$

161 Where p_0 is a state variable equivalent to the isotropic “pre-consolidation” stress, r is a
 162 reference rate, n represents the rate dependency ($n = 1$ means rate independent, while $n = 2$
 163 gives linear increase with strain rate, for clays, n would be slightly larger than 1 typically
 164 around 1.04 (Grimstad et al., 2020)), $\dot{\epsilon}_v^{vp}$ is the volumetric viscoplastic strain rate and $\dot{\epsilon}_q^{vp}$ is
 165 the deviatoric viscoplastic strain rate, and M is the critical state stress ratio.

166 Consider the following force potential adapted from the dissipation function proposed by
 167 Collins and Kelly (2002)

$$168 \quad z = \frac{p_0}{2^n} \cdot \frac{r^{1-n}}{n} \cdot \left(\sqrt{\left(\dot{\epsilon}_v^{vp} \right)^2 + M^2 \cdot \left(\gamma + (1-\gamma) \cdot \frac{2 \cdot p}{p_0} \right)^2 \cdot \left(\dot{\epsilon}_q^{vp} \right)^2} + \dot{\epsilon}_v^{vp} \right)^n \quad (2)$$

169 where p is the mean effective stress and γ is a number between 1.0 and 0.0. For $\gamma = 1$ the
 170 Modified Cam Clay surface (elliptical in p - q space) is retrieved, and for reduced values of γ ,
 171 the surfaces will be more and more “skewed” in shape. The argument to modify the force
 172 potential of MCCM, eq. (1), in this way is to better model the “dry” side of the critical state
 173 line, i.e. for over-consolidated clays. This is a similar to the argument made by e.g. Houlsby
 174 et al. (1984). Note that eq. (2) is not the only way to improve the prediction of the material
 175 response at higher OCRs, e.g. Collins (2003) gives also some other alternatives. It is
 176 demonstrated below that the modification used here will influence the time evolution of K_0
 177 during creep. It can be shown that this also will be the case for other alternative force
 178 potentials that involves the normalization p/p_0 .

179 This force potential, eq. (2), results in the following flow potential (i.e. plastic potential in the
 180 generalized dissipative stress space):

$$181 \quad w = z - d = p_0 \cdot r \cdot \frac{n-1}{n} \cdot \left(\frac{p_{eq}}{p_0} \right)^{\frac{n}{n-1}} \quad (3)$$

182 where the equivalent stress measure, p_{eq} , is:

$$183 \quad p_{eq} = \chi_p + \frac{1}{M^2} \cdot \frac{1}{\left(\gamma + (1-\gamma) \cdot \frac{2 \cdot p}{p_0} \right)^2} \cdot \frac{\chi_q^2}{\chi_p} \quad (4)$$

184 And, where χ_p is dissipative generalized mean effective stress and χ_q is dissipative
 185 generalized deviatoric stress. d is the dissipation function, i.e. the differential of z , Equation
 186 (5).

$$187 \quad d = \frac{\partial z}{\partial \dot{\epsilon}_v^{vp}} \cdot \dot{\epsilon}_v^{vp} + \frac{\partial z}{\partial \dot{\epsilon}_q^{vp}} \cdot \dot{\epsilon}_q^{vp} \quad (5)$$

188 It is worth noticing that Equation (3) for infinite time under constant volume will predict a
 189 relaxation to zero stress condition. And for a constant effective stress it will result in infinite
 190 volumetric strain for infinite time. However, this has limited practical meaning under any
 191 practical time span. Even for several hundred thousand years the strains can still be
 192 considered as small and the *OCR* typically still stays far below a ratio of 3. As an example
 193 den Haan (2001) associated the creep behavior of a clay with *OCR* of 4 with longer timespan
 194 than the postulated age of the universe. Nevertheless, this “limitation” can be addressed by
 195 adding a simple linear term, with the same mathematical structure as the present term, with
 196 $n = 1$, to the force potential. The consequence, of such a term, is a “static” surface describing
 197 an elastic region. However, this needs pre-knowledge of such a final asymptotic state. In
 198 order to more easily understand why this is not important in this study, it can be seen that

199 Equation (3) gives a linear relation for $\log(p_{eq}/p_0)$ vs $\log(\partial w/\partial p_{eq})$. Also for a reasonable time
 200 interval (i.e. an interval of the ratio p_0/p_{eq}) the modified form, with the static surface, could
 201 also be practically linear in $\log(p_0/p_{eq})$ vs $\log(\partial w/\partial p_{eq})$, see also e.g. Grimstad et al. (2017).
 202 As an example, Equation (8) gives a resulting flow potential, w' , where a linear term of a
 203 quarter of the exponential term is added to the force potential z' , Equation (6). Note that the
 204 quarter is just an arbitrary choice, as no laboratory test would last long enough or have
 205 sufficient measurement accuracy to justify any particular value.

$$206 \quad z' = \frac{p_0}{2^{n'}} \cdot \frac{(r')^{1-n'}}{n'} \cdot X^{n'} + \frac{p_0}{8} \cdot X \quad (6)$$

207 where:

$$208 \quad X = \sqrt{\left(\dot{\epsilon}_v^{vp}\right)^2 + M^2 \cdot \left(\gamma + (1-\gamma) \cdot \frac{2 \cdot p}{p_0}\right)^2 \cdot \left(\dot{\epsilon}_q^{vp}\right)^2 + \dot{\epsilon}_v^{vp}} \quad (7)$$

$$209 \quad w' = p_0 \cdot \frac{n'-1}{n'} \cdot r' \cdot \left\langle \frac{p_{eq}}{p_0} - \frac{1}{4} \right\rangle^{\frac{n'}{n'-1}} \quad (8)$$

210 where $\langle \rangle$ are the Macaulay brackets. Note that n' and r' would take different numerical
 211 values than n and r to make a good fit in the interval of, for example, a ratio of p_0/p_{eq} from
 212 0.8 to 2.0. In addition, the derivations that follow in the rest of the paper, for the evolution of
 213 K_0 , is actually independent of the choice between Equation (3) and Equation (8). This is
 214 because the expression for p_{eq} and hence the flow direction is actually unaffected by this
 215 choice, as long as the ratio of p_0/p_{eq} is below the arbitrary 4.0, for the case of Equation (8).
 216 Regardless of using Equation (3) or Equation (8) in 1D creep (assuming negligible elastic
 217 contribution) the following condition must hold:

$$218 \quad \frac{3}{2} \frac{\dot{\epsilon}_v^{vp}}{\dot{\epsilon}_q^{vp}} = \frac{\partial w}{\partial \chi_p} \Big/ \frac{\partial w}{\partial \chi_q} = \frac{\partial p_{eq}}{\partial \chi_p} \Big/ \frac{\partial p_{eq}}{\partial \chi_q} \quad (9)$$

219 By defining, OCR , as in Equation (10) (note that this is not the same as the vertical stress
220 based definition used in the empirical relationships), it is possible to solve for the evolution of
221 K_0 as function of OCR , M and γ , i.e. solution of Eq. (11). M and γ are the only two input
222 parameters controlling the evolution. The evolution of OCR with time depends on the value
223 of r , n (or r' , n') and the plastic compressibility of the material or a reference time (i.e. the
224 choice of the numerical value of three independent parameters). Hence, for different clays the
225 actual time evolution of K_0 could be different even though they could share the same M and γ .
226 However, an OCR of more than 2.0 is typically not expected for a time period of any
227 practical concern. An OCR greater than 1.83 would typically require about 10^4 years of creep
228 deformations, with $n = 1.04$ and a reference time of 1 day. (Grimstad et al., 2016). This
229 corresponds roughly to a strain rate of $1.3 \cdot 10^{-8} \text{ yr}^{-1}$ (Watabe and Leroueil, 2015) (with the
230 linear fit, i.e. Equation (3) and $n = 1.04$).

$$231 \quad OCR = \frac{P_0}{P_{eq}} \quad (10)$$

$$232 \quad \left(\sqrt{\frac{3}{M} \cdot \frac{\eta}{M} + \left(\frac{\eta}{M}\right)^2} - \gamma \right) \cdot \left(\frac{3}{M} \cdot \frac{\eta}{M} + 2 \cdot \left(\frac{\eta}{M}\right)^2 \right) - \frac{2 \cdot (1-\gamma)}{OCR} \cdot \left(\frac{3}{M} \cdot \frac{\eta}{M} + \left(\frac{\eta}{M}\right)^2 \right) = 0 \quad (11)$$

233 where K_0 is found from:

$$234 \quad K_0 = \frac{3-\eta}{2\eta+3} \quad (12)$$

235

236 RESULTS AND DISCUSSION

237 Figure 2 shows the results, for two values of M (1.0 and 1.5), having numerically solved
238 Equation (11) for η and inserting it into Equation (12). A M value between 1.0 and 1.5 will
239 represent the actual range for many typical soft clays (Ouyang and Mayne, 2017). As seen in

240 the figure for a value of γ , other than 1.0, the modified force potential predicts an increase in
241 K_0 with increasing OCR . It is also worth noticing that in the modified model the reference
242 time (or rate) is no longer an independent choice but is uniquely connected to K_0 . This might
243 pose an unnecessary complication, if no real data supports a K_0 increase for the clay in
244 question. The other consequence, observed with the modified force potential, is that the value
245 of the critical state line, M , now also only corresponds to the reference rate. For more details,
246 see the change in stress ratio, for the stress state at the two different surfaces, where there is a
247 vertical arrow in Figure 3. This means that if a unique Critical State Line is sought, then
248 $\gamma = 1.0$ must be used. This again implies a constant K_0 under 1D creep deformation.

249 On the other hand, empirical relationships are of the form of Equation (13). The parameter m
250 is a function of type of clay (i.e. plasticity index etc.) and m is typically in the order of 0.4 to
251 0.5. Figure 4 shows the empirical relationship in graphical form. For a coefficient m in the
252 range 0.4 to 0.5, this equation clearly over-predicts the development of K_0 , when compared to
253 predictions for values of $\gamma > 0.5$ from the hyper-viscoplastic model in Figure 2. This suggests
254 that there is a limited correlation between the empirical $K_0 - OCR$ unloading relationship and
255 the potential $K_0 - OCR$ creep relationship.

$$256 \quad K_0 = K_0^{NC} \cdot OCR^m \quad (13)$$

257

258 CONCLUSIONS

259 There has been a gap in reasoning and understanding between clay modelling researchers and
260 the opinion of practicing geotechnical engineers with respect to evolution of K_0 under 1D
261 creep deformations of clays. Popular constitutive models predict a constant K_0 during 1D
262 creep, but many practitioners believe in an increase in K_0 with time. Despite this fundamental
263 question raised many years ago, there has not yet been a consensus in the community. The

264 modelers have opted for a constant value, perhaps mainly out of convenience, as that is what
265 the available tools predict. However, within the framework of hyper-viscoplasticity, an
266 increase in K_0 can be predicted. The expected increase, found possible within this framework,
267 is significantly less than offered by empirical relationships. Hence these empirical equations
268 should be used with care when a measured apparent OCR is due to creep/aging. The predicted
269 increase is especially quite moderate when considering reasonable timespan, i.e. OCR
270 increase from 1 towards 2. This clearly indicates a difference between the evolution of K_0
271 under creep and for unloading. For the actual measured time evolution, there is still not
272 enough data to support one or other conclusion, unless a unique (rate independent) critical
273 state line (in $p-q$) is required to describe the “true” clay behavior. This limitation suggests a
274 constant K_0 value during 1D creep, which is in line with the experiments by Holtz et al.
275 (1986). Other experimental data, however, showed that both increase and decrease has been
276 measured for evolution of time. Here it is important to distinguish between a result of a creep
277 process and that of thixotropy (cementation effect). When considering creep only, the
278 framework can capture well the range of increase as measured in the work of Kavazanjian
279 and Mitchell (1984) and Mesri and Castro (1987). The K_0 evolution measured in the field
280 data of Nash et al. (1992) and of L'Heureux et al. (2019) also fits well within the predictions.
281 However, in the opinion of the authors the fundamental question still cannot be answered in a
282 satisfactory manner. More high-quality long-term tests and accurate in-situ measurements are
283 necessary to finally conclude on the actual evolution of K_0 under 1D creep.

284

285 DATA AVAILABILITY STATEMENT

286 All data, models, or code that support the findings of this study are available
287 from the corresponding author upon reasonable request.

288

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293

294 NOTATION

295 The following symbols are used in this paper:

296 d = dissipation function;

297 K_0 = Earth Pressure Coefficient at rest;

298 K_0^{NC} = Earth Pressure Coefficient at rest, normally consolidation value;

299 m = power number;

300 n = creep power number;

301 OCR = over consolidation ratio;

302 p = mean effective stress;

303 p_0 = isotropic pre-consolidation stress;

304 p_{eq} = equivalent effective stress;

305 q = deviatoric stress;

306 r = reference rate;

307 w = flow potential function;

- 308 z = force potential function;
- 309 γ = parameter;
- 310 ε_v^{vp} = volumetric viscoplastic strain;
- 311 ε_q^{vp} = deviatoric viscoplastic strain;
- 312 η = stress ratio (q/p);
- 313 M = critical state line in p - q space;
- 314 χ_p dissipative generalized mean stress; and
- 315 χ_q dissipative generalized deviatoric stress.

316

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403 *Sletten (2015) and Gjengstø (2016)*

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405 *Figure 2 K_0 as a function of OCR and γ for $M = 1.0$ and $M = 1.5$.*

406

407 *Figure 3 Shape for the equivalent surface with plastic flow directions (not actual size of ϵ^{vp})*
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