







# BMJ Open Which public health interventions are effective in reducing morbidity, mortality and health inequalities from infectious diseases amongst children in low-income and middle-income countries (LMICs): protocol for an umbrella review

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## ABSTRACTS

**Introduction** Despite significant progress in the last few decades, infectious diseases remain a significant threat to children's health in low-income and middle-income countries. Effective means of prevention and control for these diseases exist, making any differences in the burden of these diseases between population groups or countries inequitable. Yet, gaps remain in our knowledge of the effect these public health interventions have on health inequalities in children, especially in low-income and middle-income countries. This umbrella review aims to address some of these gaps by exploring which public health interventions are effective in reducing morbidity, mortality and health inequalities from infectious diseases among children in low-income and middle-income countries.

**Methods and analysis** An umbrella review will be conducted to identify systematic reviews or evidence synthesis of public health interventions that reduce morbidity, mortality and/or health inequalities due to infectious diseases among children (aged under 5 years) in low-income and middle-income countries. The interventions of interest are public health interventions targeting infectious diseases or associated risk factors in children. We will search for reviews reporting health and health inequalities outcomes in and between populations. The literature search will be undertaken using the Cochrane Library, Medline, EMBASE, the CAB Global Health database, Health Evidence, the Campbell Collaboration Library of Systematic Reviews, International Initiative for Impact Evaluation Systematic review repository, Scopus, the Social Sciences Citation Index and PROSPERO. Additionally, a manual search will be performed in Google Scholar and three international organisations websites (UNICEF Office of Research—Innocenti, UNICEF, WHO) to capture grey literature. Data from the records meeting our inclusion/exclusion criteria will be collated using a narrative synthesis approach.

## Strengths and limitations of this study

- This umbrella review will help to assess the availability and quality of evidence on the population health and equity effect of selected public health interventions addressing the burden of infectious diseases in children in low-income and middle-income countries.
- By searching for a wide range of public health interventions, this review will help identify areas or sectors where the evidence on equity is weak and needs further research.
- Including both academic and grey literature as well as different approaches and definition of equity will help overcome some of the difficulties faced in previous mapping of the literature on this topic.
- More recent primary studies on new interventions may not be captured, as they may not have been synthesised into reviews yet.
- The variety of interventions covered constrains the type of synthesis and analysis possible with the data extracted, hence our decision to opt for a narrative synthesis rather than a quantitative analysis.

**Ethics and dissemination** This review will exclusively work with anonymous group-level information available from published reviews. No ethical approval was required.

The results of the review will be submitted for publication in academic journals and presented at international public health conferences. Additionally, key findings will be summarised for dissemination to a wider policy and general public audience as part of the Centre for Global Health Inequalities Research's policy work.

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## INTRODUCTION

Despite economic development and improvement of morbidity and mortality globally, disparities in health have persisted between and within countries.<sup>1–4</sup> As children depend on others for their health and well-being, they are particularly affected by these inequalities.<sup>5</sup> For example, in 2016, the mortality rate for children under 5 years old ranged from 2.2 per 1000 live births in Luxembourg to 130.6 in the Central African Republic, with two regions—South Asia and western sub-Saharan Africa—accounting for more than half of all under 5 deaths globally.<sup>2</sup> The Institute for Health Metrics and Evaluation Global Burden of Diseases estimates that while under 5 mortality represented less than 10% of all deaths globally in 2017, they made up more than one-third of all deaths in low-income countries.<sup>6</sup> Additionally, according to the United Nations Children's Fund (UNICEF), in countries with high child mortality, the children living in the poorest households are almost twice as likely to die before the age of 5 years than those from the richest households.<sup>3</sup>

Some major progress has been made in fighting infectious diseases.<sup>7</sup> The number of deaths attributed to these diseases has decreased in the last few decades,<sup>8</sup> while the incidence of major infectious threats to global health, such as HIV, tuberculosis and malaria have dropped significantly since 2000.<sup>9</sup> According to UNICEF, about 70% of the global decline in children under 5 mortality since 2000 is due to the prevention and treatment of infectious diseases.<sup>3</sup> However, the burden in this age group remains significant, especially in low-income and middle-income countries (LMICs). Lower respiratory infections, such as pneumonia, were among the top three causes of death in children under 5 years in both LMICs while diseases like whooping cough and measles ranked within the 10th leading causes of death.<sup>10</sup> In 2016, the leading causes of deaths globally in infants and young children (as percentages of all deaths in that age group) were three infectious diseases: acute respiratory infections, diarrhoea and malaria.<sup>11</sup> These diseases were also three of the five leading causes of disability-adjusted life years—a measure of years in good health lost due to illness or premature death—in children under 5 living in low-income countries in 2017.<sup>10</sup>

Effective means of prevention and control for these diseases, such as immunisation or vector control, are available. For example, WHO has licensed vaccines for the prevention and control of 25 infections,<sup>12</sup> 11 of which are recommended for all children worldwide.<sup>13</sup> Some health promoting interventions, such as health education or improved infant and child nutrition, have also a protective effect against some of these diseases.<sup>14 15</sup> Therefore, any inequalities in the burden of these diseases between population groups or countries could be defined as avoidable, thus qualifying as inequities according to WHO definition: 'avoidable inequalities in health between groups of people within countries and between countries [arising] from inequalities within and between societies'.<sup>16</sup>

Globally, the evidence base on the effect of public health interventions on health inequalities in children is growing but gaps remain.<sup>15 17 18</sup> Previous work has suggested that the available evidence is disproportionately coming from high-income countries.<sup>17 19 20</sup> A 2018 mapping of the evidence available on LMICs regarding interventions to improve child well-being,<sup>21 22</sup> also found that while reviews may provide data disaggregated by population group, very few explicitly focus on the potential equity issues raised by the differences between groups. Finally, most of the reviews available focus exclusively on targeted interventions towards disadvantaged groups without necessarily addressing the gap between or across different groups.<sup>17 23</sup> Therefore, the impact of such interventions may not be reflected across or between different population groups.

In this umbrella review, we explore which public health interventions are effective in reducing morbidity, mortality and health inequalities from infectious diseases among children in LMICs.

## METHODS AND ANALYSIS

An umbrella review will be conducted to identify systematic reviews or evidence synthesis of public health interventions that reduce morbidity, mortality and/or health inequalities due to infectious diseases among children (aged under 5 years) in LMICs. An umbrella review is defined as the compilation and synthesis of evidence from multiple (systematic) reviews into a single, easy-to-use document.<sup>24</sup> Umbrella reviews, also called 'overview of reviews' or 'review of reviews', are an established method of locating, appraising and synthesising systematic reviews of interventions.<sup>25</sup> They use systematic review methodology to locate and evaluate published systematic reviews of interventions: a systematic search of the literature, a screening and selection of the records according to predefined criteria, systematic data extraction and quality appraisal, and synthesis of the results or findings. The main difference with conventional reviews is the type of publication included, as umbrella reviews include other systematic reviews or evidence synthesis rather than primary studies. Umbrella reviews are, therefore, able to present the overarching findings of such systematic reviews (usually considered to be the highest level of evidence) and can also extract data from the best quality studies within them.<sup>26</sup> In this way, they represent an effective way of rapidly reviewing a broad evidence base. Umbrella review methodology is an increasingly commonly used technique in public health and medical research<sup>20 27–30</sup> but no umbrella review has yet been conducted in relation to reducing morbidity, mortality and health inequalities from infectious diseases among children.

This umbrella review focuses on infectious or communicable diseases as defined in the 11th International Classification of Diseases: 'conditions caused by a pathogenic organism or microorganism, such as a bacterium, virus,

parasite or fungus'.<sup>31</sup> These diseases can be transmitted from person to person or from animals to people either directly or indirectly. For the purpose of this review and given their significant burden in LMICs, only the burden of these diseases in children will be considered.

### Model, framework or theory

This review builds on the concept of population health as defined by the Canadian Institute for Advanced Research, which involves maximising health at population level while reducing inequities by addressing the determinants of health.<sup>32</sup> Under this conception of health, public health is to be understood as the science and process to improve and ensure the health of and across populations. Therefore, in this review, public health interventions will be defined as policies, programmes or actions aiming at 'preventing disease, prolonging life and promoting health through the organised efforts of society'<sup>33</sup> and 'shift(ing) the distribution of health risk by addressing the underlying social, economic and environmental conditions'.<sup>34</sup>

In terms of interventions to reduce health inequalities, it builds on the Bambra *et al* framework.<sup>35</sup> Drawing on the health inequalities conceptual literature,<sup>36 37</sup> the Bambra *et al* intervention framework sets out how different levels of interventions, different approaches to conceptualising health inequalities and different intervention strategies can combine to reduce health inequalities.

Using this framework (which itself draws on the matrix developed by Dahlgren and Whitehead<sup>38</sup>), four levels of intervention are identified: the structural and macro-policy level (the macroeconomic, cultural and environmental context that influences the living standards of the whole population), the public policy level (policies that influence the environments in which people live, work or study), the social networks and community level (the collective actions that affect the health of communities and local areas by building social cohesion and mutual support), and the individual or household level (the interventions and strategies targeting the health individual people or households). Following Bambra *et al*'s characterisation of different intervention approaches to health inequalities (drawing on the typologies developed by Graham and Kelly<sup>37</sup> and Graham,<sup>39</sup>), our framework identifies three conceptual intervention approaches to reducing health inequalities within populations and three equity objectives for these interventions. As such, this framework identifies targeted approaches (directed at on specific groups, ie, deprived, vulnerable or disadvantaged groups—in a population), universal approaches (interventions that apply uniformly to the population) or proportionate universalism (interventions that are applied universally but that their intensity and scale should be proportionate to the level of disadvantage or health gradient across that population)<sup>40</sup> as the three conceptual approaches to reducing health inequalities within populations. The three equity objectives of these interventions used in this framework follow the definitions from Graham's typology<sup>39</sup>: 'remediating health

disadvantages', which addresses the health needs of the most deprived or disadvantaged population; 'narrowing health gaps', which focuses on reducing the difference in health found between the most privileged and the most disadvantaged groups and 'reducing health gradients', which aims to reduce health differences across the whole population.

Finally, this framework is further augmented with WHO Regional office for Europe's (WHO EURO) definition of essential public health operations,<sup>41</sup> which identifies three core public health functions or services relevant to this work: promoting child health, protecting children from infectious diseases and preventing such diseases. Although WHO EURO recognises that certain actions may be overlapping between these three different public health functions, it broadly defines these as follows. Health promotion refers to intersectoral and interdisciplinary operations enabling people to stay healthy or improve their health and its determinants. Health protection refers to actions primarily involving the use of legal, regulatory or enforcement mechanisms to safeguard public health. Finally, prevention refers to public health services within the health system that target individuals or populations at risk of developing a diseases.<sup>41</sup>

Applied to child health, each intervention could be categorised and analysed according to the framework below (figure 1), in order to identify structures or patterns of interventions related to specific population or health inequalities outcomes.

### Scope

#### Research questions

- ▶ Which public health interventions are effective in reducing morbidity and mortality from infectious diseases among children in LMICs?
- ▶ What are the effects—if any—of these interventions on health inequalities?

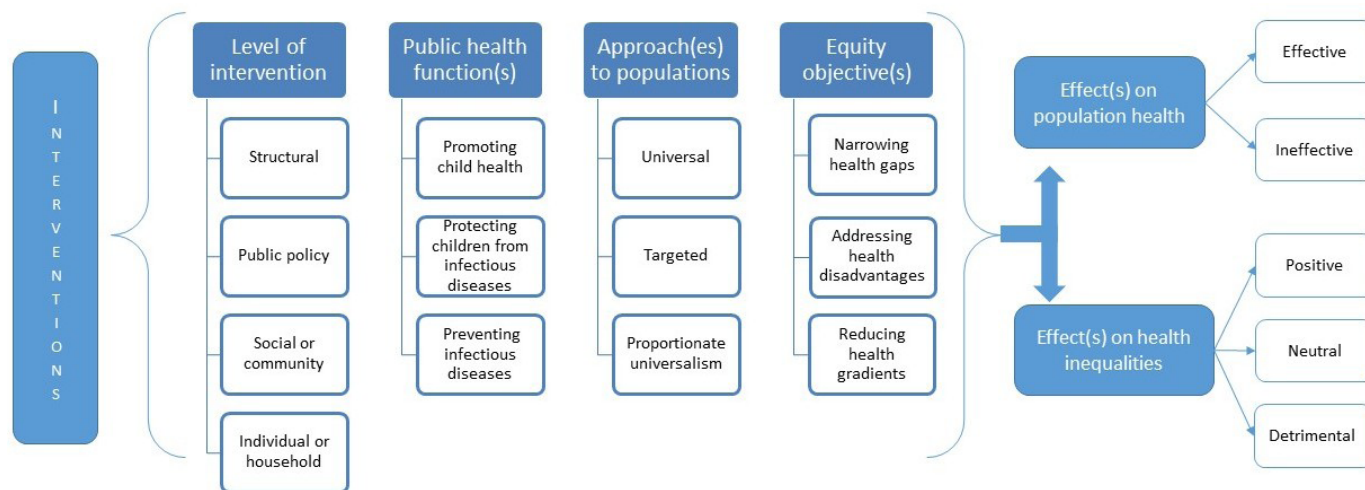
The Population, Intervention, Comparison/control, Outcomes and Study design (PICOS) for our review are described below:

#### Population

The populations of interest are children under 5 years old or households with at least one child under 5 years old, living in countries that have been listed as low-income, lower-middle or upper-middle-income by the World Bank at least once from 2000 to present.<sup>42</sup> This definition of low-income, lower-middle or upper middle-income countries will allow us to capture the increased efforts in improving child health further to the adoption of the Millennium Development Goals (MDGs), which was associated to a global under 5 mortality rate dropping by 44% between 2000 and 2015.<sup>9</sup>

#### Intervention

The interventions of interest are public health interventions targeting infectious diseases or associated risk factors in children (table 1). Following our definition of



**Figure 1** Analytical framework to understand the effect of public health interventions on health inequalities in LMICs. **LMICs, low-income and middle-income countries.**

public health interventions, these involve active, collective action(s), policy/ies, programme(s) or project(s) aiming at creating change and, ultimately, improving health. These interventions should include primary prevention interventions targeting specific diseases (eg, immunisation programmes or mosquito nets distribution) and policies or interventions addressing environmental, behavioural or metabolic/nutritional risks (eg, support to breastfeeding), as well as protective factors for infectious diseases (eg, cookstove intervention programmes or water and sanitation systems). These interventions may also include wider health promotion or health protection actions that have had an effect on the burden of infectious diseases in children (eg, environmental regulations, parenting programmes or conditional cash transfers, inclusion of preventive services in Universal Coverage packages).

Secondary prevention activities (early detection of a disease before it becomes symptomatic) and tertiary prevention activities (involving improving treatment and recovery, improving the health outcomes in those already affected by a disease)<sup>43</sup> as well as curative approaches are beyond the scope of this umbrella review and will be excluded.

Table 1 presents broad types of interventions for which systematic reviews reporting population health impacts have been identified in the Campbell Collaboration and UNICEF Office of Research—Innocenti evidence mega-map on child welfare<sup>21</sup> and/or that have been identified by professionals and researchers contacted by the review team. These interventions have been categorised according to WHO EURO's definitions of health promotion, protection and prevention.<sup>41</sup>

#### Comparison/control

To account for the diversity of methods used to assess public health interventions<sup>44</sup> and in line with the umbrella review of public health interventions by Thomson *et al*,<sup>20</sup> this umbrella review will consider systematic reviews and

evidence synthesis of primary studies with and without control groups. Control groups may include randomised or matched designs. Other comparison groups will also be considered, such as preintervention and postintervention or alternative intervention comparisons.

#### Outcomes

The outcomes of interest involve both health and health inequality outcomes in and between populations, which reflect the effectiveness of the intervention. Primary outcomes include population-level measures such as: mortality and morbidity measures for infectious diseases, the number of cases reported for individual infectious diseases, the number of cases averted, the number of deaths due to these diseases, the incidence of these diseases, service uptake or intervention coverage (eg, immunisation, children sleeping under mosquito nets or coverage of postpartum prevention of mother-to-child transmission of HIV).

Secondary outcomes include measures of variation in these health outcomes between groups or populations according to the Progress+ factors (table 2).

#### Study design

Only systematic reviews (including meta-analysis) and evidence syntheses covering at least two relevant primary studies and published in the last 5 years (2014–2019) will be included. However, no publication date thresholds will be applied to the studies included in individual reviews. This approach will ensure that the review captures the most up-to-date findings while limiting the risk of overlaps and redundancies between reviews. At the same time, applying no publication date limitations to the studies included by individual reviews will allow us to capture the progress made in individual fields of public health, including those achieved during the MDG era.

Systematic reviews involve a systematic search, appraisal and synthesis of research evidence following a transparent and systematic method.<sup>24</sup> Meta-analyses are a statistical

**Table 1** Types of public health interventions targeting infectious diseases or associated risk factors in children identified in previous research

	Health promotion	Health protection	Disease prevention
	Intersectoral and interdisciplinary operations enabling people to stay healthy or improve their health and its determinants	Use of legal, regulatory or enforcement mechanisms to safeguard public health	Public health services within the health system that target individuals or populations at risk of developing a disease
Structural level	<ul style="list-style-type: none"> <li>▶ Welfare system</li> </ul>	<ul style="list-style-type: none"> <li>▶ Environmental health standards and safety (eg, water and air quality).</li> </ul>	<ul style="list-style-type: none"> <li>▶ Health systems resources allocated to prevention.</li> <li>▶ Health system's scope and coverage (as applied to preventive services).</li> </ul>
Public policy level	<ul style="list-style-type: none"> <li>▶ Universal health coverage policies (as applied to children and their families).</li> <li>▶ Family policy.</li> <li>▶ Financial assistance/public assistance (eg, conditional cash transfer).</li> <li>▶ Food policy.</li> <li>▶ Access to health services policies.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Environmental health standard application and enforcement.</li> </ul>	<ul style="list-style-type: none"> <li>▶ Water, sanitation and waste management infrastructure.</li> <li>▶ Child immunisation policies and programmes.</li> </ul>
Social or community level	<ul style="list-style-type: none"> <li>▶ Health and nutrition education</li> <li>▶ Food fortification and supplements</li> </ul>	<ul style="list-style-type: none"> <li>▶ Pollution and chemical exposure reduction interventions (eg, cookstove distribution).</li> </ul>	<ul style="list-style-type: none"> <li>▶ Hygiene promotion</li> <li>▶ Parenting programmes</li> <li>▶ Community outreach</li> <li>▶ Community health services</li> <li>▶ Vector control campaign (mosquito nets distribution, insecticide)</li> <li>▶ Deworming campaigns</li> </ul>
Individual or household level	<ul style="list-style-type: none"> <li>▶ Interventions promoting/ changing nutrition practice (eg, breastfeeding support, nutrition therapy, supplementation).</li> </ul>	NA (see definition of health protection).	<ul style="list-style-type: none"> <li>▶ Preventive health services (immunisation, preventive treatment for HIV).</li> <li>▶ Psychosocial support.</li> <li>▶ Counselling.</li> <li>▶ Water, sanitation and hygiene interventions.</li> </ul>

technique used in certain systematic reviews in order to combine the results of quantitative studies.<sup>24</sup> Evidence syntheses bring individual studies within the context of global knowledge for a given topic. They use a transparent methodology detailing a clear question and the method to identify, select, appraise, analyse and synthesise studies.<sup>45</sup> Following these definitions (and in keeping with the criteria of the Database of Abstracts of Reviews of Effects),<sup>46</sup> three key elements will be required for systematic reviews or evidence syntheses to be included in this umbrella review: (1) a clear question, (2) a transparent method for the search, selection and appraisal of evidence or studies and (3) a separate synthesis of the results or evidence meeting this umbrella review's scope and inclusion criteria.

In keeping with other public health umbrella reviews,<sup>20</sup> the types of primary studies included within the systematic reviews may consist of experimental or quasi-experimental studies, with or without control groups, such as: randomised and non-randomised controlled trials, controlled observational studies, before and after studies, interrupted time-series studies, natural policy experiments, evaluation studies, cohort studies, case-control studies and ecological studies.

### Search strategy

The literature search was undertaken between 19 and 30 June 2019 using the following databases: the Cochrane Library (includes the Cochrane Database of Systematic Reviews, the Cochrane Central Register of Controlled

**Table 2** Factors contributing to health (in)equity (known as progress+factors)

Place of residence	Rural/urban, housing characteristics
Race, ethnicity, cultural background	Racial, ethnic and sociocultural background
Occupation	Employment status, type of occupation, employment-based benefits.
Gender and sex	Biological and gender-based differences and characteristics
Religion	Religious background
Education	Years in and/or level of education attained, school type
Social capital	Social relationships and networks, support and participation at neighbourhood/community/family level
Socioeconomic status	Income, welfare, assets and resources at individual or household level
+	These include other factors of inequalities such as age, disability, being part of a vulnerable group (eg, refugee or displaced person, minority)

Adapted from Kavanagh *et al*<sup>50</sup>; O'Neill *et al*.<sup>51</sup>

Trials and the Cochrane Clinical Answers), Medline (Ovid), EMBASE (Ovid), the CAB Global Health database (Ovid), Health Evidence (McMaster University), the Campbell Collaboration Library of Systematic Reviews (The Campbell Library), International Initiative for Impact Evaluation Systematic review repository (International Initiative for Impact Evaluation—3ie), Scopus (Scopus), the Social Sciences Citation Index (SSCI, Web of Science) and PROSPERO (Centre for Reviews and Dissemination, University of York). Additionally, a manual search will be performed in Google Scholar and on the following websites:

- ▶ UNICEF Office of Research—Innocenti <https://www.unicef-irc.org/publications/>
- ▶ UNICEF <https://www.unicef.org/publications/> and <https://data.unicef.org/resources/>
- ▶ WHO <https://apps.who.int/iris/> and [https://www.who.int/maternal\\_child\\_adolescent/](https://www.who.int/maternal_child_adolescent/)

The search was performed by one reviewer (EB), with guidance from the research librarians (MRJ and AK) regarding the databases chosen and the design of the search strings. The search string used a combination of MeSH terms and free-text keywords and was adapted by one reviewer (EB) for each database. Prior to developing the full search (online supplementary annex 1), test search strings have been piloted by one reviewer (EB) with comments and advice from a second reviewer (KT) and the research librarians (MRJ and AK). Once the search string has been defined, the Polyglot Search Syntax Translator<sup>47</sup> was used by one reviewer (EB) to facilitate and support the translation of the search strings from one database to the other. Searches were limited to records published since 2000. No restriction of language was applied. The full-search strategy can be found in online supplementary annex 2.

### Screening

Article screening will be carried out the software Rayyan.<sup>48</sup> Titles and abstracts will be screened by one reviewer (EB) according to the inclusion/exclusion criteria listed

below. Ten per cent of the titles and abstracts selected at random will be screened independently by a second reviewer (KT). Screening and inclusion of full texts will then be assessed independently by two reviewers (TM and EB or DS and EB). An inter-rater reliability will be assessed using the kappa statistic at each screening stage. Discrepancies will be resolved by consensus between the two reviewers. If a consensus fails to be reached, the relevant record will be sent to the third reviewer for arbitration. A flow chart describing the study selection process will be developed using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines.<sup>49</sup>

### Study selection

#### Inclusion/exclusion criteria

#### Inclusion

1. The review team has access to the publication's full text.
2. The publication was published between 2014 and 2019.
3. The publication is an academic article or a report of a systematic review (including a meta-analysis) or an evidence synthesis as defined in PICOS, synthesising at least two relevant primary studies.
4. The publication covers exclusively or synthesises separately, studies in countries defined at least once since 2000 as low-income, lower-middle or upper-middle-income by the World Bank historical classification.<sup>42</sup>
5. The publication covers interventions targeting children from live birth until 5 years old or households with children under 5 years old.
6. The publication covers active, collective health promotion, health protection or primary prevention public health interventions addressing or affecting the burden of infectious diseases or their risk factors.
7. The publication reports health or health inequalities outcomes in and between populations, disaggregated by one or more of the PROGRESS+factors as defined in PICOS.

### Exclusion

1. The publication's full text cannot be obtained by the review team.
2. The publication was published before 2014.
3. The publication is a primary study, a conference proceeding or paper, an abstract, editorial, letter, comment, erratum, survey, note or a doctoral thesis; or does not meet one or more of the three key elements of systematic reviews and evidence syntheses as defined in PICOS; or does not synthesise at least 2 relevant primary studies.
4. The publication only includes interventions in country/ies the World Bank historical classification has continuously defined as high-income between 2000 and 2019,<sup>42</sup> or does not synthesise or report on low-income, lower-middle or upper-middle-income countries separately.
5. The publication only includes interventions targeting adults, pregnant women, adolescents or children older than 5 years old; or fail to synthesise primary studies' results for the under 5 age group separately.
6. The publication only includes curative interventions or secondary or tertiary prevention interventions, is not addressing or affecting the burden of infectious diseases or their risk factors, or only report trends in individual behaviours without any actions aiming at changing or influencing them.
7. The publication does not include a relevant overall health outcome or disaggregated information by or between population groups.

### Data extraction

Within the reviewer team (TM and EB; DS and EB or EB and KT), data will be extracted by one reviewer and checked by a second. A data extraction form will be developed using the PROGRESS+framework<sup>50 51</sup> and the PRISMA-E checklist.<sup>52</sup> This form will include studies' details; the characteristics of interventions covered according to our framework; the PROGRESS+factors covered (if any); their main findings and outcomes at population level and/or disaggregated by relevant groups as well as critical assessment criteria (see online supplementary annex 3). Discrepancies will be resolved by consensus between the two reviewers. If a consensus fails to be reached, the relevant record will be sent to a third reviewer for arbitration.

### Quality appraisal

Within the reviewer team (TM and EB; DS and EB or EB and KT), the critical appraisal will be carried out by one reviewer using AMSTAR 2<sup>53</sup> at the same time as the data extraction, and checked by a second reviewer. Discrepancies will be resolved by consensus between the two reviewers. If a consensus fails to be reached, the relevant record will be sent to a third reviewer for arbitration.

### Overlaps between studies

As they extract relevant information, the reviewers (EB, DS and TM) will catalogue the primary studies covered

by individual review into a citation matrix developed by Thomson *et al*<sup>28</sup> in order to identify overlaps (online supplementary annex 3). This citation list will be checked by a second reviewer alongside the critical appraisal and extraction sheet.

### Patient and public involvement

No patient involved.

The scope of this review was informed by the literature and discussions with public health experts.

### SYNTHESIS

The findings of the publication included will be collated using a narrative synthesis approach. Indeed, the broad scope of interventions, study designs and type of outcomes included in public health umbrella reviews make narrative synthesis approaches more suitable than quantitative analysis.<sup>26</sup> Findings from individual reviews or syntheses will be categorised according to the framework defined previously in order to identify structures or patterns of interventions related to specific population or health inequalities outcomes. Then, for each category or pattern, these findings will be analysed according to their effect on population health outcomes and health inequalities, highlighting similarities and differences for various types of interventions and the strength of the evidence. To allow us to identify potential gaps in the research affecting a specific field or type of interventions, reviews failing to report health inequalities will be marked and analysed separately. The citation matrix developed during the extraction will also allow for the identification of overlaps between reviews, which will be analysed according to the reviews' publication date, scope and quality.

A discussion on the main gaps and methodological challenges faced by the review will also be included.

### PILOT SEARCH

The search strategy was piloted in a health database (Medline, via Ovid) and a social science database (Scopus) (see online supplementary annex 1), with support and guidance from NTNU research librarians (MRJ and AK). A selection of four tracer systematic reviews and evidence syntheses<sup>54-57</sup> was used to test whether the different search strings identified them. The choice of the final search string was made based on the result of each stage (online supplementary annex 4).

At a first stage, search terms included the population, the intervention, the type of study covered using either the database own limit options or the terminology developed by the Scottish Intercollegiate Guidelines Network<sup>58</sup> and the publication year. These strings returned 3091 records in Medline and 4148 in Scopus (as of 22 May 2019).

At the second stage, terminology related to the primary outcomes (health outcomes at population level) was added. As the review covers both population health and health inequalities outcomes, it was decided not to include

health inequality terms in order not to lose reviews not explicitly reporting health inequalities outcomes. These strings returned 2404 records in Medline and 3572 in Scopus (as of 22 May 2019).

The pilot shows a small reduction of the number of records found between the two phases by 14% in Scopus and 23% in Medline while keeping all four test articles. Therefore, it was decided to use the search string from the second pilot for this search. The search string was translated from Medline onto the other six databases (see online supplementary annex 2). The Polyglot Search Syntax Translator<sup>47</sup> was used to facilitate and support the translation of the search strings from one database to the other.

## DISCUSSION

Although progress has been made in reducing the burden of infectious diseases during the MDG era,<sup>3,7</sup> the burden among children under the age of 5 remains significant in LMICs, with stark inequalities between social groups. Infectious diseases are still among the leading causes of deaths and among under 5.<sup>6,11</sup> Mortality data collected during the MDGs also confirm that children from disadvantaged households and neighbourhoods were more likely to die before the age of 5 than their counterparts born in more privileged groups.<sup>59</sup>

By their multisectoral nature, public health interventions offer great opportunities to support the efforts towards achieving the UN Sustainable Development Goals as a whole and the targets related to child health and health inequalities in particular. Yet, current projections show great variations between countries' probability to achieve these goals,<sup>60</sup> calling for increased efforts locally and globally in the next decade to improve child health equitably.

This umbrella review will help to assess the availability and quality of evidence on the population health and equity effect of selected public health interventions addressing the burden of infectious diseases in children in LMICs. It will identify interventions that have had a proven impact on the protection of child health via the prevention of infectious diseases and inequalities within them. Finally, it will help to identify areas or sectors where the evidence on equity is weak and needs further research.

## Strengths and limitations

This umbrella review will search for a wide range of public health interventions, thus offering a good mapping of the field and the state of evidence about equity. Additionally, including both academic and grey literature as well as different approaches and definitions of equity will help overcome some of difficulties related to the sources of information or the search for equity-related studies, which previous mapping of the literature on this topic faced.

However, the wide scope of this review also constrains the type of synthesis and analysis possible with the data

extracted, hence our decision to opt for a narrative synthesis rather than a quantitative analysis. It should also be noted that more recent primary studies on new interventions may not be captured by the review, as they may not have been synthesised into reviews yet. Yet, the scope and design of this review will ensure a solid assessment the availability and quality of evidence on this issue, thus offering a solid evidence base for future research as well as public health practice and policy in LMICs.

## DISSEMINATION

The protocol for this review has been registered with PROSPERO (CRD42019141673).

The results of the review will be submitted for publication in academic journals and presented at international public health conferences. Additionally, key findings will be summarised for dissemination to a wider policy and general public audience as part of the Centre for Global Health Inequalities Research's policy work.

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**Ethics approval** This review will exclusively work with anonymous group-level information available from published reviews. As a result, there is no risk to identifying individual data or disclosing confidential information. Thus, this study did not require seeking ethical approval.

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