

1**Inbreeding reduces long-term growth of Alpine ibex populations.**

2

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21

22

23Introductory paragraph

24Since Darwin's time we have known that inbreeding has negative effects on
25individuals, and conservation efforts to preserve rare species routinely employ
26strategies to reduce inbreeding. Despite this, there are few clear examples in nature of
27inbreeding decreasing the growth rates of populations and the extent of population-
28level effects of inbreeding in the wild remains controversial. Here we take advantage
29of a long-term data set spanning nearly 100 years and 26 reintroduced Alpine ibex
30(*Capra ibex ibex*) populations to show that inbreeding substantially reduced per capita
31population growth rates, increasingly so in harsher environmental conditions.
32Populations with high average inbreeding ($F \approx 0.2$) exhibited population growth rates
33reduced by 71% compared to populations with no inbreeding. Our results show that
34inbreeding can have long-term demographic consequences even in the presence of
35large environmental variation and when deleterious alleles may have been purged
36during bottlenecks. Thus, efforts to guard against inbreeding effects in populations of
37endangered species have not been misplaced.

39 Main text

40 Inbreeding depression, the harmful effects of inbreeding on the fitness of individuals,
41 is widespread among plants and animals, with recent genomic studies revealing an
42 even greater impact on individual fitness than previously thought¹. However, reduced
43 fitness of individuals due to inbreeding does not necessarily lead to reduced
44 population growth rates^{2,3,4} in the same way that natural selection need not impact
45 population growth⁵. Instead, theory predicts that the degree to which inbreeding
46 depression affects population growth will depend on several aspects of the ecology
47 and life-history of a species^{3,6}. For example, in species experiencing density-
48 dependent population growth, even substantial inbreeding depression at the individual
49 level need not translate into reduced population growth because fitness reductions due
50 to inbreeding may be compensated by fitness gains due to relaxed competition. Under
51 such circumstances, inbred individuals may produce enough offspring to maintain
52 population growth (soft selection²).

53 Collecting unequivocal evidence for population-level effects of inbreeding is
54 difficult because it requires many replicated populations that differ in levels of
55 inbreeding to be monitored over many generations. Hence, the extent of population-
56 level effects of inbreeding in the wild remains controversial^{7,8,9} and we currently lack
57 an understanding of the magnitude of the consequences of inbreeding depression for
58 long-term population growth in natural populations¹⁰. Here, we take advantage of a
59 long-term data set of 26 reintroduced Alpine ibex populations (Supplementary Figures
60 1 and 2) spanning 23-96 years to show that inbreeding can reduce long-term
61 population growth rates in the wild.

62 Alpine ibex were extirpated from the Alps by the end of the 19th century, with
63 only a single population surviving in the Gran Paradiso region in northern Italy¹¹.

64 Starting in 1906, Alpine ibex were taken from Gran Paradiso, bred in Swiss zoos, and
65 released back into their former habitat. These reintroductions are well documented¹²,
66 with counts of the released individuals, subsequent time series of annual abundance
67 counts, and counts of the numbers of harvested animals (Supplementary Table 1).
68 Genetic data suggest little natural migration between populations after reintroductions
69 ceased¹³, making the populations distinct replicates for the purpose of this study.

70 Ibex populations in our study experienced up to four reintroduction-associated
71 bottlenecks¹³. The first bottleneck occurred when the Swiss breeding program was
72 initiated with ~88 individuals from Gran Paradiso¹¹. First reintroductions into the wild
73 with ibex from the Swiss breeding program caused a second set of bottlenecks
74 (founder population sizes: 18-78). The third set of bottlenecks took place when
75 individuals from the first wild founded populations were used to found additional wild
76 populations (founder population sizes: 9-137). Subsequent reintroductions sourced
77 some founder individuals from populations that already had experienced three
78 bottlenecks, thus causing a fourth bottleneck¹³. Genetically, the bottlenecks were
79 twice as pronounced as expected from the number of released founders because, on
80 average, only about half of the founders contributed genes to the following
81 generations¹⁴.

82 These serial bottlenecks resulted in considerable genetic drift and inbreeding¹⁵.
83 In this study, we use the term inbreeding to refer to the average identity by descent
84 across individuals that accumulates under random mating in a population of finite size
85 in concert with genetic drift^{16,17 p. 167-171}. We quantified this inbreeding using 37
86 microsatellite loci and population-specific F_{ST} estimates, which measure the
87 probability of identity by descent of pairs of alleles at a locus within populations
88 relative to pairs of alleles from different populations^{18,19}. Population-specific F_{ST}

89estimates are calculated for each population separately. Averaged across all
90populations they yield the familiar global F_{ST} estimate¹⁹. There is no evidence for
91inbreeding due to non-random mating within Alpine ibex populations ($F_{IS} \approx 0$), hence
92population-specific F_{ST} estimates quantify total inbreeding since the last common
93ancestral population^{18,20} at the beginning of the reintroduction program about 12.5
94generations ago¹³. Population-specific F_{ST} does not suffer from the same lack of power
95as individual inbreeding coefficients estimated from limited molecular data^{10,15}
96because limited dispersal and population structure create identity disequilibrium and
97thus correlation in heterozygosity across loci²¹.

98 To estimate long-term population growth rates, we fitted a nonlinear state-
99space population model to each of the 26 populations containing terms for the
100continuous rate of increase (r_0), density dependence in population growth, the number
101of reintroduced as well as harvested individuals, environmental and demographic
102stochasticity, and sampling variability. Fig. 1 shows two example populations and the
103fit of the state-space model to the data. To quantify the impact of inbreeding on
104population growth, we regressed r_0 estimates against inbreeding and other covariates.
105Using a conventional regression approach would substantially underestimate the
106inbreeding effects, since inbreeding levels are only known with uncertainty, thus
107violating the important assumption of regressions that covariates are known exactly²².
108To obtain unbiased estimates of the effects of inbreeding on population growth, the
109uncertainty in population-specific F_{ST} estimates needs to be incorporated in the
110statistical analysis. We accounted for these uncertainties using Bayesian
111heteroscedastic measurement-error models²³. In addition, we explicitly accounted for
112uncertainties in estimates of r_0 , and because larger values of r_0 showed systematically
113larger variances (Supplementary Figure 3A), we log-transformed r_0 in all our

114statistical models. In addition to inbreeding, the models included as covariates the
115year when the time series of a population began and climatic variables known to
116affect ibex populations¹², but averaged across the entire length of the time series to
117capture environmentally induced spatial variation in population growth: mean daily
118summer and winter temperatures, mean daily summer and winter precipitation, and
119winter snow cover. Due to the Bayesian nature of the analysis, model selection was
120guided by DIC minimization.

121

122*Results*

123 The best-fitting model (Table 1), which captured 79% of the variation in log-
124transformed continuous rates of increase among the 26 populations (Supplementary
125Tables 5 and 6), revealed evidence for a negative effect of inbreeding on population
126growth rates in conjunction with climatic variables (Fig. 2). According to the model, a
127population-specific F_{ST} of 0.21 (the maximum inbreeding observed in this study)
128reduced the expected r_0 by 71% with respect to a hypothetical population with zero
129inbreeding, while a population-specific F_{ST} of 0.03 (the observed minimum) led only
130to a 17% reduction. As expected from measurement error theory, regressions that did
131not account for the uncertainty in estimates of inbreeding yielded substantially
132downwardly biased estimates of the impacts of inbreeding (Supplementary Table 5).

133 Environmental factors represented by the averaged climate variables had
134strong effects on population growth rates, and the magnitude of inbreeding effects
135depended on these environmental conditions (Table 1): inbreeding effects on
136population growth rates were absent in areas with low summer precipitation, but were
137increasingly pronounced in areas with wetter summers (Fig. 3). This may represent a
138direct effect of summer precipitation through adverse effects on neonatal mortality or

139body growth¹². However, given that the climate variables represent averages across
140the entire time series period, the effect may have different, indirect causes, which we
141cannot identify since our study was not designed to isolate the causes of
142environmental variation in r_0 . Whatever the causality, our findings support theoretical
143predictions that ecological processes can modify the population-level effects of
144inbreeding³, and they mirror many studies at the individual level that have shown
145inbreeding depression to vary with environmental conditions²⁴.

146 We have shown that inbreeding reduces long-term population growth rates.
147But population growth rates in turn can affect levels of inbreeding: low population
148growth rates will keep populations small, which increases genetic drift and hence the
149amount of inbreeding^{15,25}. Could the observed effect of inbreeding on population
150growth be confounded by an effect of population growth on inbreeding? Theory does
151not predict a straightforward effect of population growth rate on inbreeding. Instead,
152the expected inbreeding in a randomly mating population is determined by the
153harmonic mean population size²⁶, which in turn is a nonlinear function of population
154growth rate and the founding population size (equation A3 in²⁷). In our data, r_0 and
155harmonic mean population sizes were not correlated ($r=-0.07$, 95% CI: -0.44 to 0.33,
156 $p=0.74$, $N=26$; rearranging equation A3 in²⁷ to obtain a linear relationship), and
157adding harmonic mean population sizes to our regression models for r_0 did not affect
158the overall conclusions (Supplementary Tables 1, 6 and 7). Thus, we found no
159evidence that variation in r_0 among the populations in our data set generated
160differences in inbreeding. Instead, variation in founder group size, admixture of the
161founder groups, and carrying capacity appear to be the major sources of variation in
162inbreeding that arose among ibex populations since the beginning of the
163reintroduction program^{14,15}.

164

165 *Discussion*

166 Our results support the emerging view that genetic processes can substantially
167 affect long-term population growth, even in populations that may have purged
168 deleterious recessive alleles during successive bottlenecks^{28,29}. Our study design did
169 not allow the detection of purging, hence we can only speculate about purging in
170 Alpine ibex. Some purging may have occurred, as in some invasive species²⁸, because
171 conditions promoting decreases in population growth rates through inbreeding (i.e.,
172 hard selection) also lead to purging⁶. However, the efficiency of purging depends on
173 population size and the relatively small bottleneck sizes of the Alpine ibex
174 populations (mean number of founding chromosomes: 42)¹⁴ imply that purging would
175 mostly remove strongly deleterious mutations^{29,30}. The more weakly deleterious
176 alleles may have drifted to fixation during the bottlenecks, creating drift load³¹ but
177 those that were not fixed may be purged now that population sizes increase²⁹. The
178 combination of drift load and limited purging likely explains the substantial
179 inbreeding effects in reintroduced Alpine ibex populations. Thus, genetic rescue with
180 increased population growth may result if ibex were translocated among
181 populations^{1,32}.

182 The population time series we analysed included periods of rapid growth and
183 substantial declines, and show the impact of density dependence (Fig. 1). Yet the
184 inbreeding effects were strong enough to overcome density-dependent compensation
185 and reduce the growth of the reintroduced populations. One factor that may contribute
186 to the strong demographic consequences of inbreeding in Alpine ibex is the relatively
187 weak density dependence in many populations (Supplementary Table 4). Weak
188 density dependence suggests that Alpine ibex do not compete strongly for limited

189resources. This leads to hard selection and, hence, reduced population growth because
190deaths due to inbreeding do not substantially relax the already low competition^{2,3}.
191Thus, the relatively weak density dependence may have contributed to the observed
192demographic consequences of inbreeding in Alpine ibex.

193 Our results indicate that inbreeding can substantially lower long-term
194population growth even when deleterious alleles may have been purged during
195bottlenecks²⁸ and when populations are reintroduced into habitat to which they are
196adapted²⁴. In line with theoretical predictions, we found that ecological conditions
197modify the extent to which inbreeding affects population growth, but they are unlikely
198to completely mask them³. Thus, when ecological conditions produce hard selection,
199for example when density dependence is relatively weak as in the case of most
200populations of conservation concern, inbreeding depression at the individual level can
201lead to large reductions in population growth. Ultimately, these effects can lead to
202increased extinction rates at the population and species level^{33,34,35}.

203 As we have shown, detecting population-level effects of inbreeding requires
204an exceptional dataset, with many populations that differ in inbreeding and enough
205environmental data to factor out other causes of reduced population growth rates.
206Even with the exceptional Alpine ibex data, detecting population-level inbreeding
207effects was a statistical challenge. Thus, it is not surprising that, despite the many
208examples of individual-level inbreeding effects in nature, population-level effects on
209the dynamics of unmanaged wild living populations have rarely been
210unambiguously documented.

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213

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224

225 **Author contributions**

226 I.B. and L.F.K. conceived and designed the study and collected the samples. I.B.
227 performed the genetic analyses and compiled the demographic data. C.B. and A.R.I.
228 analysed the time series data, and S.M. performed the measurement error modelling.
229 All authors wrote the manuscript.

230

231 **Competing interests**

232 The authors declare no competing financial interests.

233

234**Tables**

235**Table 1:** Parameter estimates (posterior means and 95% credible intervals) for the ef-
 236fects of inbreeding ($\hat{\beta}_F$), the year when the time series began ($\hat{\beta}_{year}$), mean precipita-
 237tion in winter ($\hat{\beta}_{pw}$), mean precipitation in summer ($\hat{\beta}_{ps}$), and two interaction terms (
 238 $\hat{\beta}_{year \cdot ps} \wedge \hat{\beta}_{F \cdot ps}$) on the log-transformed intrinsic per capita population growth rate r_0 .
 239Inbreeding reduced population growth in interaction with summer precipitation
 240(Model 1) and when the interaction was omitted (Model 2). For modeling details see
 241Methods.

242

Model	DIC	$\hat{\beta}_F$	$\hat{\beta}_{year}$	$\hat{\beta}_{pw}$	$\hat{\beta}_{ps}$	$\hat{\beta}_{year \cdot ps}$	$\hat{\beta}_{F \cdot ps}$
1	-6.61	-5.85 [-13.02, 0.84]	0.0223 [0.0111, 0.0343]	0.610 [0.457, 0.770]	-0.510 [-0.713, -0.325]	-0.0218 [- 0.0345, -0.0098]	-4.22 [-8.57, -0.71]
2	0.261	-8.56 [-15.61, -1.54]	0.0240 [0.0116, 0.0367]	0.622 [0.453, 0.792]	-0.486 [-0.673, -0.300]	-0.0213 [- 0.0341, -0.0087]	

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244

245

246**Figure legends**

247

248**Fig. 1.**

249Time series of annual abundance counts (dots) together with the nonlinear state-space

250model fits (lines) for the relatively inbred population 2 (red, with point estimates
251 $r_0=0.14$ and $F_{ST}=0.18$) and the relatively outbred population 23 (blue, with point
252estimates $r_0=0.34$ and $F_{ST}=0.06$). Numbers of released (> 0) and harvested animals ($<$
2530) are shown on separate x- and y-axes. Note the clear differences in population
254growth in the first 15-20 years, reflected in the corresponding differences in estimates
255of the per capita growth rates, r_0 . Time series characteristics are summarized in
256Supplementary Table 1, and estimated model parameters are presented in
257Supplementary Tables 2 and 4.

258

259**Fig. 2.**

260**(A)** Main effect of inbreeding, measured by population-specific F_{ST} , on the intrinsic
261rate of population increase, r_0 , among 26 populations of Alpine ibex. Values of r_0 were
262adjusted for all covariates in the model except for the main effects of F_{ST} . The area of
263each point is inversely proportional to the error variances in the estimates of r_0 from
264the time series, which are used in the error model to down-weight observations with
265large uncertainty. Panels **(B)** and **(C)** on the right give the absolute frequency
266distribution of estimates of r_0 and F_{ST} for the 26 Alpine ibex populations.

267

268**Fig. 3.**

269Visualization of the estimated interaction effects of inbreeding and summer
270precipitation on population growth rates (table S5), illustrated for minimal (left),
271mean (middle) and maximal values (right) of summer precipitation. Increased summer
272precipitation reduced population growth rates, implying that inbreeding effects on
273population growth rates were more pronounced in harsher environments. The
274shadowed areas represent the 95% credible ranges. Note the logarithmic scale for the

275y-axis when comparing Fig. 3 to Fig. 2.

276

277METHODS

278

279**Study populations and population-related data.** Alpine ibex populations in
280Switzerland have been monitored closely since their reintroductions, with yearly
281abundance counts conducted usually in spring³⁶. During spring, ibex are found in
282fairly restricted areas below the snow line and just above timberline³⁷, and are
283therefore easier to count than most other ungulates. Hence, Saether *et al.*³⁸ found the
284error in population censuses to be small (median coefficient of variation across 28
285ibex populations: 5.1%). In addition to abundance count data, we had time series for
286(i) the number of released animals, (ii) the number of harvested animals for all but a
287single non-hunted population (number 22), and (iii) the number of animals that were
288removed for translocations. Initial releases were performed at the end of winter.
289Harvest of ibex populations started in 1977 when many populations had grown to
290high densities. In some populations ibex were removed for translocation to other
291populations. In our study, these ibex were considered to be harvested and were added
292to the count of harvested animals in that year. This explains why the first year for
293harvesting can be prior to 1977 (Supplementary Table 1, column “Hunt”). We
294analysed data of 26 Alpine ibex populations, with time series ranging from 23 to 96
295years (Supplementary Table 1). For this study we added genetic data from three
296populations (number 24, 25 and 26) to 23 populations that had been previously
297analysed genetically¹³.

298

299**Inference of inbreeding level.** An average of 36.9 (range 17–102) individuals from
300each of the 26 populations were genotyped at 37 neutral microsatellite loci as detailed
301in Biebach *et al.*¹³. Most inbreeding in the reintroduced Alpine ibex populations

302accumulated in concert with genetic drift during founder events and during the time
303when population sizes were low following reintroduction¹⁵. We quantified the
304inbreeding that arose since the reintroduction program started over 100 years ago
305using marker-based population-specific F_{ST} ^{18,19}. Population-specific F_{ST} of population
306*i* is defined as $F_{ST_i} = (\theta_i - \theta_A) / (1 - \theta_A)$, where θ_i is the probability of a gene being
307identical by descent (IBD) within population *i* and θ_A is the probability of a gene
308being IBD between all populations¹⁸. In line with theory, simulations have shown that
309 F_{ST} explains a substantial part of the effects of deleterious mutations on population
310fitness³⁹, making F_{ST} a suitable measure of average population inbreeding for this
311study.

312We used a Bayesian framework in a modified version of 2MOD⁴⁰ to estimate
313population-specific F_{ST} for 42 ibex populations¹⁵. For this study we used the results of
31426 populations for which we also had abundance data. All parameters were given
315uninformative flat prior distributions. We used the non-equilibrium drift model in
3162MOD that estimates inbreeding relative to the last common ancestral population. The
317model assumes that the reciprocal of the mutation rate is much longer than the
318divergence time⁴⁰, which is a reasonable assumption for the reintroduced ibex
319populations since they were founded no more than 12.5 generations ago. In our case,
320the ancestral reference population is the Gran Paradiso population in Italy, the single
321remaining population of Alpine ibex before animals were transferred to found the zoo
322populations that were the source for the first reintroductions. Thus, the estimated
323inbreeding coefficient measures the accumulated inbreeding from the start of the
324reintroduction program in 1906. The ancestral reference population used here differs
325from that used in previous studies of inbreeding in Alpine ibex¹⁵, hence results are not
326directly comparable.

327 The observed degree of inbreeding will depend on the composition of the
328 founder population and the harmonic mean population size after founding (inbreeding
329 N_e). The length of the time series is not expected to influence the inbreeding
330 coefficient ($r=-0.27$, 95% CI: -0.60 to 0.13, $N=26$) because harmonic mean
331 population size is mainly determined by the small population sizes early in the
332 population development¹⁵. As expected given that inbreeding measures IBD and
333 homozygosity measures identity-in-state, mean observed homozygosity and
334 population-specific F_{ST} were only moderately correlated ($r=0.55$, 95% CI: 0.21 to
335 0.77, $N=26$) across the 26 populations. F_{ST} estimates are not only affected by
336 statistical sampling variance, but also by genetic sampling variance caused by genetic
337 drift²⁰, hence their credible intervals are substantial even when based on three dozens
338 of loci (Supplementary Table 2). We estimated mean, variance, and 95% credible
339 intervals of population-specific F_{ST} for each population from 450,000 iterations with
340 the R-package STATS⁴¹.

341 Next generation sequencing methods offer alternative measures of individual
342 inbreeding coefficients¹⁰ like runs of homozygosity (ROH). ROH (mean total length
343 >5 Mb) were estimated from 41 907 SNPs obtained with RAD-sequencing for 76 ibex
344 of 10 populations^{xx}, with the difference that the minimum SNP-density was set to 1
345 SNP per 100kb^{xx}. Averaged ROH across each of the 10 populations yielded very
346 similar estimates of population-level inbreeding as the population-specific F_{ST}
347 estimates ($r=0.81$, 95% CI: 0.38 to 0.95, $N=10$, Supplementary Table 8). Thus, next
348 generation sequencing data confirm the population-level estimates of inbreeding
349 obtained with microsatellites in this study.

350

351 **Population dynamics: Model description.** In constructing the population dynamics

352model, we followed the dynamically important steps of a population through a year.
 353We started the cycle with population size in spring, coinciding with the time when
 354counts were made. We then added reproduction in summer. In autumn, hunting of
 355adults takes place before the December-January rut⁴². Thus, only the proportion not
 356killed was retained in the model. Winter is the season when most natural mortality
 357occurs; thus, we added density-dependent mortality. Finally, we added the
 358reintroduced animals.

359 Combining these components of ibex population dynamics leads to the
 360discrete-time dynamical equation (1):

361

$$N_t = N_{t-1} e^{r_0} \left(1 - \frac{H_{t-1}}{N_{t-1}}\right) f(N_{t-1} - H_{t-1}) \left(1 + \frac{R_{t-1}}{e^{r_0} (N_{t-1} - H_{t-1}) f(N_{t-1} - H_{t-1})}\right) e^{\varepsilon_t} e^{\phi_t} \quad (1)$$

362

363Here, N_t is the "true" (unobserved) population abundance before reproduction in
 364spring in year t ; r_0 is the density-independent (intrinsic) continuous rates of increase;
 365 H_t is the number of adult animals harvested in year t ; $f(N_{t-1} - H_{t-1})$ is a function
 366giving density-dependent survival that depends on the number of individuals in the
 367population, excluding kids born that year and harvested individuals; R_t is the number
 368of individuals added to the population following overwintering survival; ε_t is a
 369random variable giving the effect of environmental variation on population growth,
 370and ϕ_t is a random variable for demographic stochasticity. We assumed that the
 371function f is a Gompertz equation, so that $f(N_{t-1} - H_{t-1}) = \exp(b \log(N_{t-1} - H_{t-1}))$,
 372where $b \leq 0$ and smaller parameter values imply greater density dependence. Taking
 373 $x_t = \log(N_t)$ and rearranging gives the model

374

$$x_t = r_0 + \log \left(\left(e^{x_{t-1}} - H_{t-1} \right)^{1+b} + e^{-r_0} R_{t-1} \right) + \varepsilon_t + \phi_t \quad (2)$$

375

376 The year-to-year fluctuations in "true" population abundances, referred to as

377 process variation in state-space models, are assumed to have two components:

378 demographic stochasticity (ϕ_t) that decreases with increasing population size, and

379 environmental variability (ε_t). Environmental variation is assumed to have variance

380 independent of the mean (on a log scale), and thus we take ε_t as independent draws

381 from a Gaussian random variable with mean 0 and variance σ_{env}^2 . In contrast,

382 demographic stochasticity depends on the mean log population size. Assuming that

383 demographic stochasticity follows a Poisson process, the resulting variation can be

384 approximated by treating ϕ_t as a Gaussian random variable with mean 0 and variance

$$385 \log \left(\sigma_{dem}^2 e^{-x_{t-1}} + 1 \right).$$

386 Since the "true" population abundance N_t cannot be observed directly, our

387 model takes a state-space form to account for the observation process. We assume that

388 population counts follow a binomial process, and therefore observation error can be

389 approximated as a Gaussian random variable η_t with mean 0 and variance

$$390 \log \left(\sigma_{obs}^2 e^{-x_{t-1}} + 1 \right). \text{ A full statement of the state-space model is}$$

391

$$x_t = r_0 + \log \left(\left(e^{x_{t-1}} - H_{t-1} \right)^{1+b} + e^{-r_0} R_{t-1} \right) + \varepsilon_t + \phi_t \quad (3a)$$

$$y_t = x_t + \eta_t \quad (3b)$$

$$\varepsilon_t \sim N \left(0, \sigma_{env}^2 \right) \quad (3c)$$

$$\phi_t \sim N \left(0, \log \left(\sigma_{dem}^2 e^{-x_{t-1}} + 1 \right) \right) \quad (3d)$$

$$\eta_t \sim N \left(0, \log \left(\sigma_{obs}^2 e^{-x_{t-1}} + 1 \right) \right) \quad (3e)$$

392

393 where y_t is the log-transformed observed number of individuals in the population in

394 year t . Equations 3a and 3b are referred to as the process and observation equations,

395respectively, of the state-space model.

396

397**Population dynamics: Model fitting to data.** The model is nonlinear and in state-
398space form (Eqs. 3a-e), and therefore we used an extended Kalman filter (EKF) to
399calculate likelihoods and obtain the maximum likelihood parameter estimates⁴³, using
400a procedure similar to Schooler *et al.*⁴⁴; see also Supplementary Information. Time
401series for several Alpine ibex populations have been analysed previously by Saether
402*et al.*³⁸ using a state-space model, although in a Bayesian context. In contrast to our
403study, Saether *et al.*³⁸ did not include the release periods in their analyses. We
404included release periods because some of them span a considerable number of years
405of early population growth (Supplementary Table 1) when density dependence was
406still low, therefore containing valuable information for estimating r_0 . To prepare the
407time series for the EKF analysis, for each population we (i) discarded years prior to
408the first available census count, (ii) substituted subsequent counts of zero animals
409with 0.01 times the lowest non-zero census count, and (iii) substituted missing values
410with zero in the covariate time series of harvested and released animals.

411 We estimated simultaneously the five parameters r_0 (continuous rate of
412increase), b (density dependence), σ_{env}^2 (environmental stochasticity), σ_{dem}^2
413(demographic stochasticity), and σ_{obs}^2 (observation error). Further, because the initial
414population sizes were small and therefore prone to observation error, we treated the
415first point in each time series, x_0 , as an additional parameter to be estimated⁴⁵.

416 We used simulated annealing to find optimal starting parameter values for the
417maximization routine, and then refined the results using the Nelder-Mead Simplex
418method⁴⁶. Although it is theoretically possible to distinguish environmental,
419demographic, and observation variation solely from time series data, in practice this is

420often impossible due to small sample sizes and the similarity of effects of different
421sources of variability on the observed time series. Therefore, the estimated values of
422 σ_{env}^2 , σ_{dem}^2 , and σ_{obs}^2 are sometimes zero (Supplementary Table 4), even though in
423reality they will not be. These zero estimates, however, will have very little effect on
424the estimates of r_0 , the main target of the analyses.

425 To quantify the uncertainty in the r_0 point estimates, we calculated 95%
426confidence intervals using profile likelihoods⁴⁷. Because the 95% confidence intervals
427around r_0 were an important ingredient of the final regression analysis, we checked
428whether this uncertainty was significantly correlated to time series length or to the
429number of missing values (Supplementary Table 1). We found no significant
430correlation between $1/\hat{\sigma}_{\log(r_0)}^2$ and time series length ($r=0.01$, 95% CI: -0.38 to 0.39,
431 $N=26$) or the number of missing data ($r=-0.06$, 95% CI: -0.44 to 0.33, $N=26$).

432

433**Regression analysis: Model description.** We log-transformed r_0 for the regression to
434account for three aspects of the estimates of r_0 : (i) the uncertainty in estimates of r_0
435increased with the point estimate (Supplementary Figure 3a), (ii) most of the
436confidence intervals around single r_0 estimates were right-skewed, and (iii) the
437distribution of r_0 point estimates was right-skewed (see also Supplementary Figure
4383b). Log-transforming r_0 resolved all of these issues.

439 The regression models included as covariates the population-specific F_{ST} , five
440climate variables (see below), and the year when the time series of a population began
441(Supplementary Table 1, column “*Period*”). We included the year when the time
442series began to account for possible changes in the suitability of habitats as
443reintroductions progressed. The climate variables were included because studies have
444shown effects of weather conditions on Alpine ibex population growth¹². We obtained

445 relevant data from the Swiss Federal Office of Meteorology and Climatology
446 MeteoSwiss. All relevant weather stations for this study are located in a population's
447 habitat or in the immediate vicinity. From ecological knowledge of ibex, we split the
448 year into summer (May – October) and winter (November – April). For each
449 population we calculated one mean spanning the respective time series period for the
450 following weather measures (Supplementary Table 3): Daily mean air temperature in
451 summer (ts) and winter (tw) (both in degree Celsius), daily total precipitation in
452 summer (ps) and winter (pw) (both in millimeter), and daily total snow cover in
453 winter (sw) (in centimeter). Not all weather stations were recording data when the
454 populations in this study were reintroduced. Thus, for some populations the climatic
455 variables are calculated over a shorter time period than we had time series data
456 (Supplementary Table 1). These climate variables, averaged across the entire length
457 of the time series, are a measure of the climate zone a population inhabits and are
458 used to account for environmentally induced spatial variation in population growth
459 rates among populations. The effects captured by these averaged climate variables
460 include indirect effects of variables that may covary with climate zone, such as spatial
461 variation in food quality or quantity. The climate variables cannot, therefore, be
462 interpreted in the same way that they have been in previous within-population
463 studies^{12,38}.

464 All covariates were centred by subtracting their respective mean value. Due to
465 the log-transformation of r_0 , variances were transformed by the delta rule for variance
466 transformations: $\hat{\sigma}_{\log(r_0)}^2 = \hat{\sigma}_{r_0}^2 / r_0^2$ (Supplementary Figure 3b). In order to account for the
467 population-dependent (heteroscedastic) error in $\log(r_0)$, a random effects term with a
468 population-specific variance, denoted as δ_y , was added to the linear regression model.

469 Importantly, not only the response $\log(r_0)$, but also the covariate of interest,

470 F_{ST} , has been estimated with uncertainty, that is, with measurement error. It is,
471 however, a fundamental assumption of regression models that covariates have been
472 precisely measured, and a violation of this assumption may lead to biased estimates of
473 the regression coefficients^{22,48}. Here, population-specific estimates of the uncertainty
474 in the F_{ST} point estimates were available (see Inference of inbreeding level), thus we
475 could properly account for it by explicitly formulating an error model for this
476 covariate. Note that measurement errors in covariates correlated with inbreeding
477 could also bias the estimates of the inbreeding effects⁴⁸, but because inbreeding was
478 not substantially correlated with other covariates in the regression model (all $r \leq$
479 0.27), we only modelled measurement error in inbreeding. We formulated a Bayesian
480 hierarchical measurement error model following the description in Muff *et al.*²³,
481 where the first level is the Gaussian regression model relating population growth to
482 the true covariates (Eq. 4a), the second level is the classical Gaussian error model for
483 the observed F_{ST} that accounts for unequal variances (heteroscedasticity; Eq. 4b), and
484 the third level is an independent Gaussian exposure model for the true but unobserved
485 predictor F_{ST} (Eq. 4c):

486

$$\mathbf{\log}(r_0) = \beta_0 \mathbf{1} + \beta_F \mathbf{F}_{true} + \mathbf{z}' \boldsymbol{\beta}_z + \boldsymbol{\delta}_y + \boldsymbol{\varepsilon}_y, \quad \boldsymbol{\varepsilon}_y \sim N(\mathbf{0}, \sigma_y^2 \mathbf{I}), \quad (4a)$$

$$\begin{aligned} \mathbf{F}_{ST} &= \mathbf{F}_{true} + \mathbf{u}, & \boldsymbol{\delta}_y &\sim N(\mathbf{0}, \mathbf{D}_y) \\ \mathbf{F}_{true} &= \boldsymbol{\mu}_0 + \boldsymbol{\varepsilon}_{Ftrue}, & \mathbf{u} &\sim N(\mathbf{0}, \mathbf{D}_u) \end{aligned} \quad (4b)$$

487

$$\boldsymbol{\varepsilon}_{Ftrue} \sim N(\mathbf{0}, \sigma_{Ftrue}^2 \mathbf{I}) \quad (4c)$$

488 Bold-face notation indicates vectors or matrices. The vector \mathbf{F}_{true} denotes the correct
489 but unobserved inbreeding values, \mathbf{z}' is the transposed of the matrix with rows
490 containing the additional covariates, and β_0, β_F and $\boldsymbol{\beta}_z$ represent the intercept, slope
491 coefficient of \mathbf{F}_{true} , and the vector of slope coefficients of \mathbf{z} , respectively. The random
492 term δ_y accounts for the error in the observed $\log(r_0)$ values. \mathbf{F}_{ST} is the vector of the

493 estimated levels of inbreeding, and \mathbf{u} is the error vector from the measurement error
494 model. Classical covariate measurement error models require assigning a distribution
495 to the predictor variable that is measured with error²², and we selected a Gaussian
496 distribution (Eq. 4c) with mean $\boldsymbol{\mu}_0 = \mathbf{0}$ to match the observed (centred) distribution of
497 F_{ST} scores (Fig. 2).

498 The variances σ_y^2 and $\sigma_{F_{true}}^2$ are the residual variance of the regression and the
499 variance of F_{true} , respectively. The entries in the diagonal matrices \mathbf{D}_y and \mathbf{D}_u account
500 for population-specific (heteroscedastic) uncertainties in the regression and error
501 model, respectively: the entries in the former are equal to the estimated error
502 variances $\hat{\sigma}_{\log(r_0)}^2$, while the entries in the latter are equal to the estimated error
503 variances $\hat{\sigma}_{F_{ST}}^2$ for the individual populations, and thus these properly account for
504 uncertainty in the $\log(r_0)$ and F_{ST} estimates in each population, respectively. Matrix \mathbf{I}
505 is the identity matrix of appropriate dimension.

506 It is straightforward to incorporate prior knowledge into such a Bayesian
507 hierarchical model, and in particular prior uncertainty given by the variance estimates.
508 To estimate the posterior marginal distributions, we used a fast and accurate
509 alternative to MCMC sampling, namely integrated nested Laplace approximations
510 (INLA)⁴⁹. INLA is suitable for inference on latent Gaussian models, which are a
511 subset of hierarchical models and compatible with our model²³.

512 We closely followed the procedure as described in Muff *et al.*²³ to assign
513 priors according to expert/prior knowledge. We used independent $N(0, 10^4)$ priors for
514 all β -coefficients, and inverse Gamma distributions for the variances: $\sigma_y^2 \sim \text{IG}(1, 0.02)$
515 and $\sigma_{F_{true}}^2 \sim \text{IG}(1.9, 0.001)$. The σ_y^2 prior differed from Muff *et al.*²³ because the log-
516 transformed version of the response variable was used. Finally, the \mathbf{D}_y and \mathbf{D}_u were
517 assumed known and are thus fixed.

518

519 **Regression analysis: Model selection and parameter estimates.** Model selection
520 was guided by minimization of the deviance information criterion DIC⁵⁰, where the
521 main effect of interest, β_F , was always retained in the model. To illustrate the bias that
522 would result if the uncertainty in the point estimates of population-specific F_{ST} were
523 ignored, we also fitted the model with lowest DIC (termed “model 1”) with a standard
524 least squares approach using weighted regression with mean standardized weights
525 proportional to $1/\hat{\sigma}_{\log(r_0)}^2$, but ignoring covariate error in inbreeding values
526 (Supplementary Table 5, model 1(ML)). Further, we also retained a model that was
527 identical to model 1, but that did not contain the interaction term $F_{ST} \cdot ps$
528 (Supplementary Table 5, model 2). Here, too, we additionally fitted the model using
529 weighted regression [model 2 (ML)]. All analyses were performed using R version
530 3.3.2⁴¹. The hierarchical model (Eqs. 4a-c) was fitted with INLA, using the R-
531 interface R-INLA (version built on June 20, 2017), which can be downloaded from
532 www.r-inla.org.

533

534

535 **Data and code availability**

536 Data that support the findings of this study have been deposited in Dryad Digital
537 Repository with the identifier (doi:xxx)⁵¹.

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540 **References**

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