

1 **A comparative study of organic- versus conventional farmed Atlantic salmon. I. Pigment and**
2 **lipid content and composition, and carotenoid stability in ice-stored fillets**

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21 **Keywords:** organic Atlantic salmon; carotenoids; colour; fatty acid profile.

22 **Abstract**

23 The aim of the present study was to investigate retention of pigment's and composition of
24 fatty acids (FA) in farmed organic- and conventional Atlantic salmon fed commercial feed
25 adapted to organic and conventional salmon farming, respectively. Moreover, stability of
26 pigments, FAs and colour was investigated throughout the fillet shelf life. No significant
27 differences were observed in fish weight between organic- and conventional salmon (5.44 and
28 5.40 Kg, respectively). However, the average condition factor (Cf) was significantly lower in
29 organic (1.00) as compared to conventional salmon (1.15). The fillet characteristics of the
30 organic salmon investigated were; similar total content of muscle carotenoids, lower content
31 of astaxanthin, more diverse composition of muscle carotenoids, higher contents of SFAs and
32 PUFAs, lower contents of MUFAs and significantly darker appearance as compared to
33 conventional salmon. Only small differences were however found regarding stability of
34 carotenoids, Vitamin E, FAs and colour during 22 days ice storage. Hence, the pigment stability
35 for both groups was regarded as good.

36 **1. Introduction**

37 Organic farming and production has been regulated at EU level since 1991. The principles
38 defined by the International Federation of Organic Agriculture Movements (IFOAM) form the
39 basis for the production of organic food. Today the European requirements for organic
40 production are set by Council Regulation (EC) No 834/2007 defining the official EU aims,
41 objectives and principles of organic farming and production, and by implementing regulations
42 (EC No. 889/2008, 710/2009 and 1358/2014), detailing the organic production including
43 requirement to feed and feed raw material. All products labelled as organic and sold in the EU
44 must be produced in accordance with these regulations.

45 The characteristic pink colour of wild salmonid muscle is a result of the deposition of naturally
46 occurring carotenoid pigments, mainly to astaxanthin (3,3'-dihydroxy- β , β -carotene-4,4'-
47 dione) as in wild rainbow trout (*Salmo gairdneri* R.) (Schiedt et al., 1986), and wild Atlantic
48 salmon (*Salmo salar* L.) (Nickell and Springate, 1999). Fish cannot synthesize carotenoids *de*
49 *novo* and therefore have to obtain these pigments from dietary sources. Astaxanthin has been
50 widely used as an animal additive for several decades, mainly in the aquaculture industry.
51 Almost all commercially available astaxanthin (> 90%) for aquaculture is produced
52 synthetically from a petrochemical source. This highly stable synthetic source consists of free,

53 non-esterified astaxanthin, stabilized with an antioxidant (*e.g.* ethoxyquin) and embedded in
54 a carbohydrate and gelatin matrix. In 2011, the source was the cheapest in the market with a
55 price of around \$ 2,000 per kilogram, while natural pigment sources were retailed for around
56 \$ 7,000 per kilogram (Schmidt et al., 2011). Several studies where pigment sources are
57 compared have shown that synthetic astaxanthin has the best bioavailability (Choubert et al.,
58 2006; Choubert et al., 1995; Foss et al., 1984). Consumer desire for fish farming to be
59 sustainable and environmentally responsible has led to increased use of natural ingredients in
60 the feed. It is therefore an increased focus on the development of natural pigment sources for
61 aquaculture, such as from certain green algae, red yeast or a soil bacterium. The use of natural
62 astaxanthin from red yeast (Sanderson and Jolly, 1994) or green algae (Choubert et al., 2006)
63 as a replacement for synthetic astaxanthin is well documented, but has proven to be partially
64 unsuccessful and relatively expensive when compared to synthetic sources. In 2007, the
65 European Food Safety Authority approved the use of Panaferd-AX[®], with certain
66 modifications, for use in aquaculture of salmonids (EFSA, 2007). This natural product consists
67 of dried sterilized cells of a red carotenoid-rich soil bacterium (*Paracoccus carotinifaciens*)
68 containing around 4% red carotenoids, predominantly astaxanthin (2.2%), adonirubin (1.3%)
69 and canthaxanthin (0.4%) besides some more yellowish carotenoids like β,β -carotene and
70 echinenone.

71 Deposition of carotenoids in salmonid flesh occurs because of several processes: absorption
72 of pigments in the digestive tract, transport of pigment in the blood, retention in the muscle
73 and metabolism of carotenoids. Achieving successful pigmentation in farmed salmonids is
74 crucial in having a sellable product for the marked place. Although, the pigmentation has no
75 effect on fish taste (Østerlie et al., 2001) the consumer perception relies heavily on the flesh
76 colour (Anderson, 2000) and is in addition product freshness the most important quality
77 criterion (Koteng, 1992).

78 The hue in salmon muscle after breeding is depending on several factors such as; the
79 astaxanthin source, geometric isomers, secondary carotenoids in the source, the dose, the
80 length of the feeding and other ingredients (*e.g.* lipids) in the feed (Bjerkeng, 2000; Bjerkeng
81 and Berge, 2000; Bjerkeng et al., 1997; Buttle et al., 2001; EFSA, 2007; Hatlen et al., 1998;
82 Mørkøre et al., 2001; Nickell and Bromage, 1998; Osterlie et al., 1999; Regost et al., 2001,
83 2004; Skrede and Storebakken, 1986; Storebakken et al., 1987; Torrissen, 1985). In addition,

84 astaxanthin is a very good antioxidant (Goswami et al., 2010; Stahl and Sies, 2003) as well as
85 in fish oils (Østerlie and Lerfall, 2015) and acts as pro-vitamin A in fish (Matsuno, 1991; Miki,
86 1991).

87 Demand for all types of organic food products is highest in North America and Europe, while
88 Scandinavian consumers and customers from the Alpes spend the most money on the organic
89 food (Willer and Kilcher, 2009). Olesen et al. (2010) found that the Norwegian consumer was
90 willing to pay 15% more per kilogram for organic salmon. In Switzerland, a relatively large
91 proportion (23%) of traded salmonids is produced organically. Consumer desire for a more
92 environmentally friendly and sustainable salmon product results in the need for product
93 differentiation and thus a significant market opportunity for salmon producers. However,
94 colour variation in the fillet due to improper use of pigment or new and inferior pigment
95 sources may potentially have a negative impact on the consumer's overall acceptance of the
96 product. Therefore, the aim of the present study was to investigate retention of pigment's
97 and composition of fatty acids (FA) in commercial farmed organic- and conventional Atlantic
98 salmon fed commercial feed adapted to organic- and conventional salmon farming,
99 respectively. Moreover, stability of pigments, FA's and flesh colour was investigated
100 throughout the shelf life of the fillet. This study is the first study of two, where the second
101 paper focuses on the suitability of the presented organic salmon as raw material for the
102 smoking industry (Lerfall et al. [AQUA-D-15-00889](#)).

103 **2. Material and Methods**

104 *2.1. Raw material and experimental design*

105 Atlantic salmon (*Salmo salar* L.) were reared in Romsdalsfjorden at the Norwegian west coast
106 under ambient rearing conditions. Organically produced smolt of Rauma strain were
107 transferred to sea in September 2012 at 80 g where they were kept until live weight of ca 1 kg
108 in October 2013. Then the fish were split into two nearby (distance; 2.5 km) rearing sites in
109 Romsdalsfjorden: Fish at location Gjermundnes (62° 64' 58" N; 7° 10' 04" E) were produced as
110 conventional Atlantic salmon from ca. 1 kg until harvest (fish density lower than 25 kg fish ×
111 (m³)⁻¹), while fish at location Furneset (62° 63' 39" N; 7° 13' 93" E) produced in compliance
112 with EU rules for organic production (EU-regulations 834/2007) until harvest (fish density
113 lower than 10 kg fish × (m³)⁻¹). Both fish groups were kept in large circular net pens

114 (circumference; 157m, net depth 30 m) at ambient rearing condition, and were fed either
115 organically or conventional salmon extruded feeds delivered by feed manufacturers EWOS
116 Ltd, Bathgate, and Skretting N, Averøy, respectively. Both groups of fish were fed to apparent
117 satiation on a daily basis and fish's appetite level were judged by trained feeding operators
118 receiving underwater images from permanently submerged cameras in all cages. The organic
119 feeds contained a high proportion of marine ingredients (>65% over the life cycle),
120 predominantly derived from herring trimmings, and organically certified legumes and oil seed
121 meals, compared to conventional feeds where a higher proportion of conventional vegetable
122 protein and oil were used at the expense of marine protein and oil ingredients (Table 1). The
123 digestible energy level of the organic and conventional feed were similar (20.5-21.5 MJ kg⁻¹)
124 but dietary lipids contributed substantially more to the digestible energy in organic feeds than
125 in conventional feeds (Table 2). The organic feed were added approximately 68 mgxkg⁻¹ of
126 natural pigment source Panaferd-AX[®] (Nippon oil, Japan), stabilized with natural antioxidants,
127 whereas synthetic astaxanthin (Carophyll Pink (CP), DSM, Switzerland) was supplemented to
128 the conventional feed at approximately 50 mgxkg⁻¹ dose.

129 One 2 kg batch of each feed type (organic- and conventional feed, respectively) in use the days
130 prior to harvest were obtained and later analyzed for water, protein, carotenoid and lipid
131 content and compositions, and vitamin E content at HIST following standard analytical
132 procedures.

133 On May 23 (2014), both groups of fish were starved according to normal farm practices before
134 they were transported by a well-boat from the rearing cage to the sea cages at the processing
135 plant where they were acclimated for 2 days before commercial slaughtering (percussive
136 stunning combined with gill cutting followed by chilling and bleeding (seawater, 0°C, 20-30
137 min).

138 After slaughtering, fifteen gutted Atlantic salmon of each group (organic: gutted weight 5.1-
139 5.8 kg, condition factor (Cf): 0.91-1.21, and conventional: gutted weight 5.1-5.7 kg, Cf: 0.99-
140 1.25) in total thirty salmon were filleted and weighed before the right fillets were transported
141 on wet ice in polystyrene boxes to Sør-Trøndelag University College (HiST, Trondheim,
142 Norway). The right fillets were divided into two different groups. The first group (both organic
143 and conventional fillets) were used to study raw fillet quality whereas the second group (both
144 organic and conventional fillets) were used in a cold smoking trial (Lerfall *et al.* AQUA-D-15-

145 [00889](#)). In the first trial six randomly chosen organic and conventional fillets were stored on
146 ice for 22 days to study the stability of flesh carotenoids, [colour](#) (CIE, 1994), fatty acids and
147 vitamin E during storage. In the second trial, six randomly chosen fillets of each group were
148 dry salted and cold smoked. Thereafter mass transfer (water and sodium chloride), stability of
149 carotenoids, [colour](#) and fatty acids were assessed through the processing steps and over 14
150 days refrigerated storage at 4 °C.

151 2.2. Fillet quality

152 Flesh samples for fillet quality parameters except [for](#) vitamin E were obtained after 2, 7, 10,
153 15, 17 and 22 days ice storage, whereas vitamin E was analyzed after 2, 10 and 22 days. At
154 each sampling date a cylindrical sample (diameter 31 mm) was punched out of the dorsal
155 white muscle according to Figure 1. All samples were thereafter vacuum packaged and frozen
156 at -80 °C until further analyses.

157 2.3. Experimental methods

158 Total content of protein was calculated in feed samples from nitrogen measurements (NCFA,
159 2003) using the formula: %protein=%nitrogen×6.25. The water content of both the feeds and
160 the organic- and conventional [fish](#) white muscle samples were calculated gravimetrically after
161 drying at 105 °C for 24 hours (ISO.6496, 1983).

162 Lipids were extracted from crushed feeds (crushed in a mortar), where the conventional
163 feed, due to the embedding with carbohydrate and gelatine, was added liquid enzyme
164 (Protex 6L, protease from *B. licheniformis*, Genecor International, 200 µL). Both the
165 conventional and organic feed [had water added](#) thereafter (8.0 mL), mixed separately and
166 put in an ultrasound bath (50 °C, 30 min). The lipids were extracted from the feed mixtures
167 and from organic- and conventional [fish](#) muscle by a method after Bligh and Dyer (1959)
168 with slight modifications.

169 Total amount of lipids was calculated by net weight and the lipids were thereafter analysed
170 for total amounts of carotenoids together with distribution of carotenoids and fatty acids (FA).

171 The distribution of FA were analyzed as FA methyl-esters in the lipid fraction extracted from
172 the feeds and the organic- and conventional [fish](#) muscle, respectively. FA methyl-esters were
173 analyzed by gas chromatography (GC) (Agilent 6850 GC-system, Waldbronn, Germany)
174 equipped with a flame ionization detector (FID, 310 °C), and a polyethylene glycol capillary

175 column (HP-INNOWax) 30 m x 250 μm x 0.25 μm . The carrier gas was helium and the oven
176 temperature had an isothermal temperature at 210 $^{\circ}\text{C}$. Preparation of methyl esters of the
177 samples was conducted as in Metcalfe et al., (1966).

178 Total amounts, and distribution of carotenoids were analyzed in the lipid fraction extracted
179 from the feeds and the organic and conventional [fish](#) muscle, respectively. Approximately 0.5
180 g lipids were added to a mixture of acetone (VWR 20067.320) : n-hexane (VWR 24575.320)
181 (86:14, 2 mL) and analyzed by HPLC (Agilent 1100 series, Waldbronn, Germany, connected to
182 a diode array UV-VIS detector). Carotenoids were separated using two series-coupled columns
183 of Vakosil-2 SIL 100A, 5 μm 4.8 x 250 mm by Wako el Intersil GL science. All carotenoids were
184 quantified by using all-*E*-astaxanthin (Sigma, A-9335) as an external standard. The eluent was
185 65.5% n-hexane (VWR 24575.320), 32.7% tetrahydrofuran (VWR 152506X) and 1.6%
186 methanol. The flow was 1.0 mL \times min⁻¹ and detection wavelength was set to 470 nm. The
187 employed extinction coefficients, $E_{1\text{cm}, 1\%}$, at 470 nm in hexane containing 4% (v/v) CHCl_3 were
188 2100 for all-*E*-astaxanthin (Britton, 1995).

189 Vitamin E (α -tocopherol) were analysed both in the feeds, and organic and conventional [fish](#)
190 muscle mixed with ethanol (96%) and homogenized (9500 rpm, 2 min) using an Ultra-Turrax
191 T25, Janke & Kunkel IKA[®]-Labortechnik, Staufen, Germany. Samples were saponified with KOH
192 (0.5 M in CH_3OH , BHT 0.2%) and extracted with hexane:diethyl ether (4:1;v/v) (Lerfall and
193 Østerlie, 2011). Vitamin E content was analysed on HPLC, Agilent1100 liquid chromatograph
194 (Agilent Technologies, Paolo Alto, CA, USA) connected to an Agilent photodiode array UV-VIS
195 detector using a not end-capped silica gel HPLC column (Suplex PKB-100, 250 \times 4.6 mm, 5 μm ,
196 Supelco, USA). Vitamin E (α -tocopherol) was detected at 295 nm (21 $^{\circ}\text{C}$) with
197 methanol:methyl-*tert*-butyl ether + water (80:20+5;v/v) as mobile phase (isocratic, flow 0.8
198 ml min⁻¹) and quantified by response factors (RF) prepared from standard α -tocopherol
199 (Calbiochem, Germany).

200 Colorimetric assessments (CIE, 1994) were performed on raw fillets at three defined points
201 (Figure 1) with a Minolta Chroma meter, CR200 Minolta, Japan. L^* describes the lightness of
202 the sample, a^* intensity in red ($a^* > 0$), b^* intensity in yellow ($b^* > 0$). Average values of each
203 fillet were used for statistical analyses. ISO.13299 (2003)

204 *2.4. Statistics*

205 Data were analyzed by a general linear model (GLM), one-way analysis of variance (ANOVA)
206 and/or Pearson's correlation coefficient, r using IBM Statistical Package for the Social
207 Sciences statistics software (release 21, IBM corporation, USA). To compare different groups,
208 Tukey's pairwise comparison test was used. The alpha level was set to 5% ($P < 0.05$). All
209 results are given as average \pm standard deviation (SD), unless otherwise is stated.

210 **3. Results**

211 *3.1. Biometrics*

212 No significant differences were observed in average head on gutted (HOG) weight of the
213 organic and conventional salmon (5.44 ± 0.24 kg and 5.40 ± 0.25 kg, respectively; $P > 0.648$). The
214 average condition factor (Cf) was however significantly lower ($P < 0.001$) in the organic-
215 (1.03 ± 0.09) as compared to conventional salmon (1.15 ± 0.07). The lower Cf coincided with a 3
216 cm longer fork length of the organic as compared to the conventional salmon.

217 *3.2. Chemical composition of the feeds and white salmon muscle*

218 The organic salmon feed contained significantly more protein and less lipids and water
219 compared to the conventional feed (Table 2). The higher content of lipids present in the
220 conventional feed (7 percentage units), did not result in statistically more lipids in the
221 conventional as compared to the organic salmon (Table 2, $P > 0.454$). The lower vitamin E
222 content in organic versus conventional feed (Table 2) resulted in an average retention of
223 10.2% and 12.6% vitamin E in organic and conventional salmon, respectively. Total contents
224 of carotenoids were found to be nearly twice as high in the organic as compared to the
225 conventional feed. As a result a non-significantly higher content of carotenoids were found in
226 the organic salmon (Table 2, 8.8 ± 1.24 versus 7.8 ± 1.37 mg kg^{-1} in conventional). Of the total
227 amount of carotenoids, astaxanthin represented 45.3 and 86.2% in the organic and
228 conventional feed, respectively. In the white muscle of organic salmon however, astaxanthin
229 contributed d more to the total amounts of carotenoids (56.7%) as compared to the feed
230 (45.3%). Moreover, in conventional muscle, the distribution of carotenoids (astaxanthin 86.9%
231 of total carotenoids) reflected the composition of the respective feed.

232 The composition of carotenoids (% distribution) in the organic and conventional feed and in
233 the respective salmon are presented in Table 3. The conventional feed consists of mainly
234 astaxanthin, but lutein (11.7%) and canthaxanthin (2.0%) were also found. In the

235 conventional salmon however, only traces of canthaxanthin were found whereas
236 astaxanthin and lutein had nearly the same distribution as the feed (87.9 and 12.2%,
237 respectively). The organic feed consists of several different carotenoids; astaxanthin (45.2%),
238 adonirubin (20.2%), adonixanthin (9.6%), canthaxanthin (7.7%), lutein (5.9%), β -carotene
239 (4.4%), echinenone (3.5%), asteroidenone (1.9%) and 3-hydroxyechinenone (1.4%).
240 However, several of the carotenoids represented in the feed (β -carotene, echinenone, 3-
241 hydroxyechinenone) were not detected in organic salmon flesh.

242 Organic salmon stored on ice revealed higher total pigment content relative to conventional
243 salmon flesh and astaxanthin comprised less of total pigments than in conventional salmon
244 throughout the storage period. Ice storage throughout the shelf life of the fresh fillets did
245 not affect the total carotenoid content or astaxanthin concentration in either organic or
246 conventional salmon ($P>0.209$, Figure 2) revealing good pigment stability in both groups of
247 fish.

248 The fatty acid (FA) distribution of the organic and conventional feeds were found to be
249 significantly different (Table 4, Multivariate GLM; $P<0.001$). The organic feed had significantly
250 higher contents of C14:0, C16:0, C16:1n-7, C18:4n-3, C20:1n-9, C20:4n-6, C20:5n-3 (EPA),
251 C22:1n-9, C22:5n-3 and C22:6n-3 (DHA) fatty acids compared to the conventional feed. The
252 FA profile of the salmon flesh reflected the profile of the feeds, which resulted in
253 significantly higher contents of Σ SFA and Σ PUFA in the organic as compared to the
254 conventional salmon. The n-3/n-6 ratio was significantly higher in the organic feed as
255 compared to the conventional ($n-3/n-6^{-1} = 0.9$ versus 2.1, respectively; Table 4). In the fish
256 however, a higher n-3/n-6 ratio was observed for both groups, and organic salmon had a
257 three times higher ratio when compared to the conventional salmon (1.2 versus 3.3,
258 respectively; Table 4).

259 The distribution of Σ SFA, Σ MUFA, Σ PUFA and the ratio between n-3 and n-6 PUFAs in the
260 salmon muscle were found to be affected by feed (organic versus conventional) and storage
261 time (GLM, $P<0.001$, Figure 3). During storage a significant increase of Σ SFA was observed in
262 conventional muscle ($P=0.023$). In stored organic fish muscle however, the content of Σ SFA
263 was insignificant ($P>0.101$) but numerically higher. Moreover, a significant decrease of Σ MUFA
264 was observed for both the organic and conventional salmon (4.7 versus 3.7 percentage point;
265 $P=0.002$ and $P<0.001$, respectively) over the storage period. As a consequence of a lower

266 content of Σ MUFA, a relative increase of Σ PUFA was observed in both groups as affected by
267 storage time (organic: 3.7 percentage points, $P=0.001$; conventional: 2.8 percentage points,
268 $P<0.001$). Moreover, changes in FA profile during storage resulted in a higher n-3/n-6 ratio.
269 The n-3/n-6 ratio increased 43 and 30 percent between day 2 and 22 for organic- and
270 conventional salmon, respectively ($P<0.001$).

271 The content and stability of vitamin E throughout the shelf life of the organic and conventional
272 salmon fillets is shown in Figure 4. The overall model (GLM) showed a significant effect of feed
273 (organic- versus conventional, $P<0.001$) and days on ice ($P=0.031$). Splitting the model into
274 separate groups of organic and conventional salmon however, showed that the observed
275 decrease in Vitamin E during storage was insignificant (ANOVA, $P>0.175$ and >0.056 ,
276 respectively).

277 3.3. Fillet appearance

278 The fillet appearance were found to be affected by both the storage time and the farming
279 conditions (organic versus conventional, Multivariate GLM, $P<0.001$, Table 5). Organic fillets
280 were significantly darker (lower L^* -value) compared to the conventional salmon fillets (GLM,
281 $P<0.001$). During ice storage, fillet lightness increased for both groups, which resulted in a
282 more diffuse white appearance of the fillets at end of the storage trial. Parameters a^*
283 (redness) and b^* (yellowness) were not different between the groups. However, after
284 storage both organic and conventional fillets had a higher redness, while there was an
285 insignificant increase in yellowness in both groups. ($P>0.228$ and >0.580 , respectively) during
286 storage.

287 4. Discussion

288 The fish examined in the presented study were obtained from two nearby fish farms
289 producing organic and conventional Atlantic salmon, respectively. Both farms were located
290 in Romsdalsfjorden, Norway with a distance of 2.5 km between them and with equal
291 environmental conditions. The organic fish had been fed organic salmon feed from smolt
292 input to harvest, and followed an organic production protocol, while the conventional
293 salmon followed commercial farming procedures and had been fed conventional feeds from
294 approximately 1kg onwards. Thus, it is likely that observed differences in condition factor,
295 chemical composition and colorimetric perception between the organic and conventional
296 salmon were caused by different feeding and farming strategies applied.

297 Retention of carotenoids in salmonids are influenced by several factors including dietary
298 pigment type (Bjerkeng et al., 2007; Buttle et al., 2001; EFSA, 2007; Skrede and Storebakken,
299 1986; Storebakken et al., 1987), carotenoid level (Bjerkeng, 2000; Ytrestøyl et al., 2006), lipid
300 level (Nickell and Bromage, 1998) and oil source (Regost et al., 2004). The presented study
301 showed that the carotenoid content and composition of both conventional and organic
302 salmon reflected the pigment composition of the feed. Thus, retention of carotenoids in the
303 organic salmon fed Panaferd-AX were found to be more diverse. However, differences in
304 carotenoids composition of white muscle together with no retention of β -carotene,
305 echinenone and 3-hydroxyechinenone, indicated a selective retention or “competition”
306 between the presented carotenoids in digestion, transport and/or absorption process in the
307 fish. In a feeding trial of rainbow trout reported by EFSA (2007) cantaxanthin and adonirubin
308 from the source Panaferd-AX were found to be dose-dependent whereas astaxanthin was
309 not. The carotenoid deposition in muscle tissue of the control group fed synthetically
310 produced astaxanthin (EFSA, 2007) was however found to be dose dependent. These
311 findings shows the complexity of carotenoid retention in salmonids when several
312 carotenoids are present in the diet. Such interactions between various pigments in natural
313 pigment sources may create challenges when practical pigment regimes need to be
314 established.

315 Both lipid content and the FA profile of the salmon muscle are affected by dietary lipid level
316 (Bjerkeng et al., 1997; Regost et al., 2001) and oil source (Nanton et al., 2007; Torstensen et
317 al., 2005). The organic feed used in the presented study contained predominantly herring
318 trimmings fish oils (approximately 70% of added oils) whereas the conventional feed were
319 higher in rapeseed oil at about 60% of dietary lipids. Introducing ingredients of plant origin
320 as alternatives to marine meals and oils in feeds for aquaculture will affect the FA profile and
321 the fish quality (Suárez et al., 2014). The FA profiles of the organic and conventional salmon
322 reflected the lipid composition of the feeds. There were however minor changes observed in
323 the distribution of FAs and higher contents of PUFAs in both groups of salmon as compared
324 to the feeds. Animals including salmon cannot synthesis PUFAs with double bounds at the n-
325 6 or n-3 carbon position (Cook and McMaster, 2002). It is therefore likely that significantly
326 lower percentage of *e.g.* C22:1n-9 and higher contents of DHA (C22:6n-3) observed in both
327 groups of salmon as compared to the contents in respective feeds were caused by a

328 selective digestion, transport or absorption of specific FAs, and/or differences in desaturase
329 and elongase enzyme activity in the salmon. In fresh water, wild Atlantic salmon parr
330 consume invertebrates that contain lots of C18:2n6 and C18:3n-3 with minor contents of
331 C20:5n-3 and almost no C22:6n-3. After smoltification salmon enters the marine
332 environment where their diets are naturally rich in n-3 HUFAs (C20:5n-3 and C22:6n-3). The
333 genes encoding the desaturase and elongase enzymes responsible for the conversion of
334 C18:3n-3 to C22:6n-3 are downregulated soon after the salmon migrate to the seawater.
335 Several studies have however suggested that salmonids can utilize vegetable oils in seawater
336 provided the diets containing enough C18:3n-3 to satisfy essential fatty acid requirements
337 (Brandsen et al., 2003; Polvi and Ackman, 1992). There are also evidences that no “switch
338 off” of fatty acid-metabolizing enzymes occur in salmon post-smolts. Tocher et al. (1997)
339 suggested that fish fed vegetable oils showed increased conversion of C18:3n-3 to C22:6n-3
340 and C18:2n-6 to C20:4n-6 compared with salmon fed fish oil. Moreover, Bell et al. (2001)
341 found that a complete replacement of fish oil in the diet with rapeseed oil reduce the
342 percentage of C22:6n-3 in dietary lipid by more than fourfold but the muscle lipid content by
343 only twofold. In contrast to C22:6n-3, the monoenes C22:1n-9 and C18:1n-9 are
344 discriminated against in muscle lipids relative to dietary lipids when presented in high
345 concentrations (Bell et al., 2001).

346 The storage pattern of FAs in salmonids are another important factor that affect the FA
347 distribution. A relatively large proportion of fat is stored in salmon muscle (Polvi and
348 Ackman, 1992), but fat is also stored in the visceral cavity and elsewhere in the body (Jobling
349 et al., 2002). The storage pattern of lipids and FAs in different parts of Atlantic salmon was
350 elucidated in a study by Nanton et al. (2007). They reported the belly flap, myosepta and the
351 visceral cavity to contain more triacylglycerols (TAGs) and MUFAs as well as less polar lipids
352 and n-3 PUFAs compared to the muscle tissue.

353 Carotenoids are quite labile compounds where the stability of carotenoids in salmon muscle
354 is related to the strength of the protein-carotenoid binding (Latscha, 1990). During ice
355 storage, denaturation of proteins occurs as a result of autolysis which increases the drip loss
356 (consisting of water, proteins, lipids and pigments) from the salmon tissue (Lerfall and
357 Rotabakk, 2015; Lerfall et al., 2015; Ofstad et al., 1996). In the presented study however,
358 similar amounts of pigments in the salmon muscle of both groups were observed throughout

359 the storage period. Hence, the muscle carotenoids in raw salmon were very stable during ice
360 storage independent of pigment source in the diet. Carotenoids are excellent antioxidants
361 and their properties are mainly due to physical quenching of singlet oxygen ($^1\text{O}_2$), where
362 energy absorbed from $^1\text{O}_2$ to produce triplet oxygen ($^3\text{O}_2$) is converted to rotary and
363 vibratory energy by the chromophore system of the carotenoid (Stahl and Sies, 2003).
364 Another important antioxidant found in salmonids is vitamin E, which is a potential radical
365 scavenger in both hydrophilic and hydrophobic environments (Cynshi et al., 1995). A slightly
366 decrease of vitamin E found in conventional salmon during ice storage may be a result of the
367 antioxidant action to protect degradation of unsaturated FA in muscle tissue. It is however
368 not possible to explain observed changes in the FA profile during storage by degradation of
369 vitamin E (reference of rancidity). It is therefore likely to believe that increased contents of
370 SFAs and PUFAs related to MUFAs in the flesh during ice storage is related to other factors
371 such as the lipid storage pattern (Nanton et al., 2007) and or different extractability
372 properties of specific FAs.

373 The appearance of salmonid fillets are affected by several factors including dietary
374 carotenoid concentration (Bjerkeng, 2000; Hatlen et al., 1998), pigment type (Buttle et al.,
375 2001; Skrede and Storebakken, 1986; Storebakken et al., 1987), lipid level (Bjerkeng et al.,
376 1997; Mørkøre et al., 2001; Nickell and Bromage, 1998; Regost et al., 2001) and oil source
377 (Regost et al., 2004). Hence, it was likely to assume that organically and conventionally
378 produced salmon would appear differently regarding flesh colour. In the presented study
379 however, only minor differences were found between organic and conventional salmon in
380 colorimetric characteristics. The presented organic salmon consists of significant amounts of
381 adonirubin which is a deep red carotenoid (EFSA, 2007). Hence, it is likely to assume that the
382 lower L^* observed in the organic salmon in the presented study is related to a higher
383 concentration of deep red carotenoids in the organic muscle.

384 Several factors such as; fillet colour, fatty acid profile and the marked prize is important for
385 consumers' willingness to buy organic produced Atlantic salmon. It is no doubt that organic
386 salmon have higher production costs when compared to conventional. It is however difficult
387 to predict the accurate cost differences between organic and conventional salmon since
388 both costs and prizes will vary with the supply and demand of the marked.

389 5. Conclusion

390 It is concluded that the fillet characteristic of the organic Atlantic salmon showed similar
391 total concentration of muscle carotenoids, [but](#) lower contents of astaxanthin, [and](#) a more
392 diverse composition of muscle carotenoids [than conventional salmon. Organic salmon](#)
393 [appeared to have a significantly darker red appearance compared to conventional salmon.](#)
394 [Higher contents of n-3 FA, higher contents of SFAs and PUFAs,](#) lower contents of MUFAs
395 [were found in organic salmon.](#) Only small differences were however found regarding
396 stability of carotenoids, Vitamin E, FAs and [colour](#) during 22 days ice storage, [revealing that](#)
397 [both organic and conventional produced salmon is well pigmented, and that both natural](#)
398 [and conventional pigment sources used in the present study are stable.](#)

399

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405

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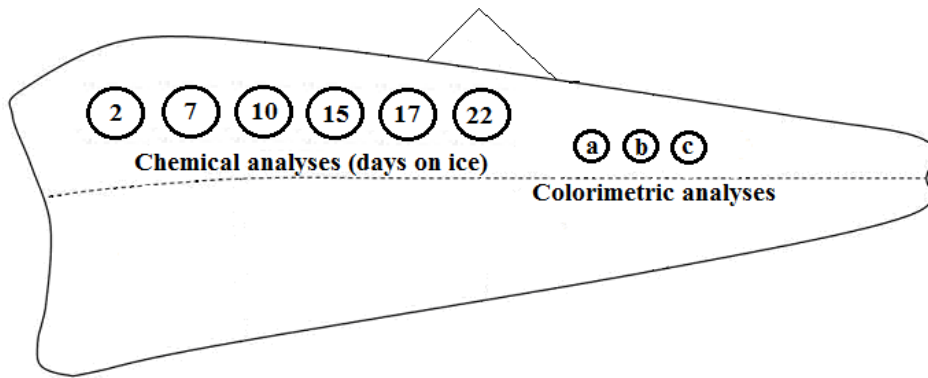


Figure 1 Schematic illustration showing the areas upon the right fillet which analyses were conducted. Areas 2, 7, 10, 15, 17 and 22 represent sampling areas for chemical analyses after respective days on ice. Areas a-c represented areas where colorimetric analyses were performed.

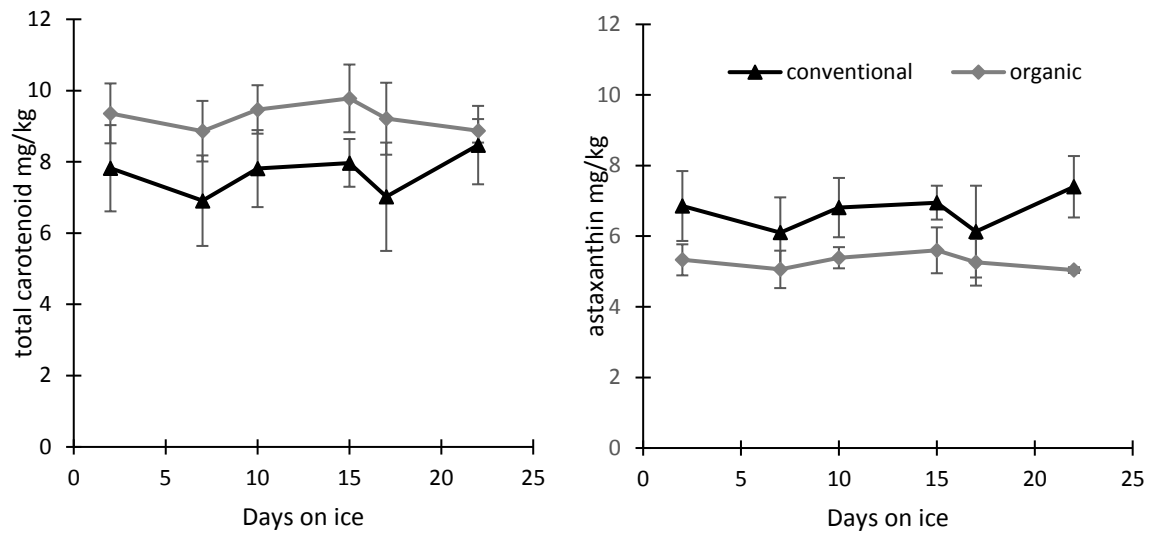


Figure 2 Contents (Mean±SD) of total carotenoids (**1A**) and astaxanthin (**1B**) in conventional versus organic Atlantic salmon stored on ice for 22 days (GLM: Corrected model, $P < 0.001$; Intercept, $P < 0.001$; Conventional vs. Organic, $P < 0.001$; Days on ice, $P > 0.209$).

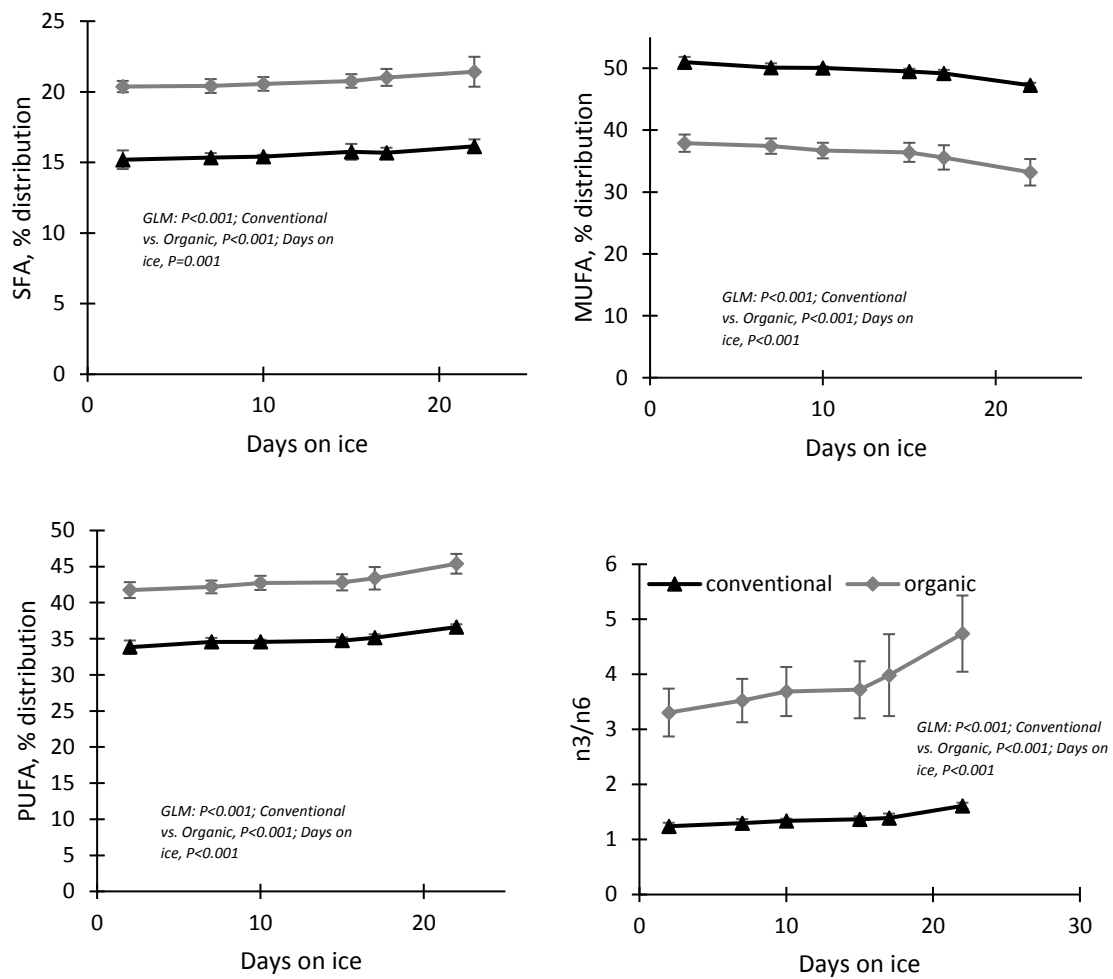


Figure 3 Distribution (% , Mean \pm SD) of SFA (**2A**), MUFA (**2B**) and PUFA (**2C**) and the ratio between n-3 and n-6 fatty acids (**2D**) in conventional versus organic Atlantic salmon stored on ice for 22 days.

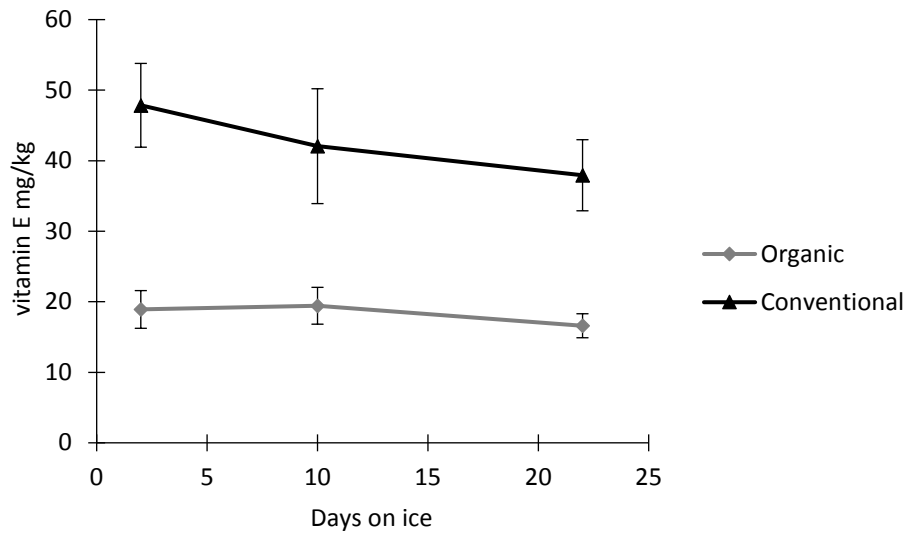


Figure 4 Contents ($\text{mg}\times\text{kg}^{-1}$, Mean \pm SD) of vitamin E in conventional versus organic Atlantic salmon stored on ice for 22 days (GLM: Corrected model, $P<0.001$; Intercept, $P<0.001$; Conventional vs. Organic, $P<0.001$; Days on ice, $P=0.031$).

Table 1 List of raw materials used in the conventional and organic feed, respectively

Feed	
Conventional	Organic
Carophyll Pink	Panaferd-AX
Fishmeal	Trimmings fishmeal
Rapeseed oil	Trimmings fish oil
Fish oil	Organic rapeseed oil
Soya protein concentrate	Organic soya expeller
Wheat	Organic sunflower expeller
Wheat gluten	Organic wheat
Faba beans	Organic faba beans
Vitamin and mineral premixes	Organic feed peas
	Vitamin and mineral premixes

Table 2 Contents of lipids, protein, water, carotenoids and vitamin E of the conventional salmon feed, and the organic salmon feed as compared to profile of conventional and organic Atlantic salmon fed the respective feeds

Parameter	Feed		Fresh salmon	
	Conventional	Organic	Conventional	Organic
<i>Protein, %</i>	35.1±0.29 ^B	37.1±0.26 ^A	n.a.	n.a.
<i>Water Content, %</i>	7.1±0.16 ^A	6.8±0.11 ^B	68.4±2.19	68.9±2.83
<i>Total lipids, %</i>	40.3±0.52 ^A	33.2±1.24 ^B	9.4±2.56	8.0±3.88
<i>Vitamin E mg kg⁻¹</i>	380.0±44.27 ^A	184.8±14.27 ^B	47.9±5.94 ^a	18.9±2.67 ^b
<i>Total Carotenoids mg kg⁻¹</i>	40.3±1.83 ^B	76.4±1.73 ^A	7.8±1.37	8.8±1.24
<i>Astaxanthin mg kg⁻¹</i>	34.7±1.55	34.6±1.20	6.8±1.09 ^a	5.0±0.69 ^b

Different capital letter and different lowercase superscripts within each row indicate significant differences (ANOVA, P<0.05) within the parameter feed and fresh salmon, respectively. n.a.= not analysed

Table 3 Carotenoid composition (%) in the conventional salmon feed, and the organic salmon feed as compared to carotenoid composition (%) in conventional versus organic Atlantic salmon fed the respective feeds

Carotenoid	Feed		Fresh salmon		Effect
	Conventional	Organic	Conventional	Organic	
<i>β</i> -Carotene	-	4.4±0.09 ^A	-	0.0±0.00 ^B	<i>P</i> <0.001
<i>Echinenone</i>	-	3.5±0.05 ^A	-	0.0±0.00 ^B	<i>P</i> <0.001
<i>3-Hydroxyechinenone</i>	-	1.4±0.03 ^A	-	0.0±0.00 ^B	<i>P</i> <0.001
<i>Canthaxanthin</i>	2.0±0.07 ^C	7.7±0.20 ^A	0.0±0.00 ^D	6.3±0.27 ^B	<i>P</i> <0.001
<i>Adonirubin</i>	-	20.2±0.13 ^B	-	23.6±0.67 ^A	<i>P</i> <0.001
<i>Astaxanthin</i>	86.3±0.25 ^B	45.4±0.35 ^D	87.9±1.39 ^A	56.9±1.27 ^C	<i>P</i> <0.001
<i>Asteroidenone</i>	-	1.9±0.11 ^A	-	1.7±0.11 ^B	<i>P</i> =0.007
<i>Adonixanthin</i>	-	9.6±0.09	-	10.1±0.81	<i>P</i> >0.124
<i>Lutein</i>	11.7±0.29 ^A	5.9±0.30 ^B	12.2±1.39 ^A	1.4±0.25 ^C	<i>P</i> <0.001

Different capital letter superscripts within each row indicate significant differences (*P*<0.05) between the respective groups by one-way ANOVA and Tukeys pairwise comparison test.

Table 4 Fatty acid (FA) composition (%) in the conventional salmon feed, and the organic salmon feed as compared to fatty acid profile in conventional versus organic Atlantic salmon fed the respective feeds

FA	Feed		Fresh salmon		Effect
	Conventional	Organic	Conventional	Organic	
<i>C14:0</i>	2.7±0.02 ^C	5.4±0.06 ^A	2.2±0.08 ^D	4.1±0.14 ^B	<i>P</i> <0.001
<i>C16:0</i>	9.5±0.08 ^B	11.2±0.08 ^A	9.8±0.56 ^B	11.9±0.30 ^A	<i>P</i> <0.001
<i>C16:1n-7</i>	2.7±0.03 ^C	3.6±0.01 ^B	2.6±0.06 ^C	4.2±0.24 ^A	<i>P</i> <0.001
<i>18:0</i>	2.4±0.07 ^A	1.6±0.00 ^C	2.2±0.19 ^{AB}	2.1±0.09 ^B	<i>P</i> <0.001
Σ <i>C18:1n-7 and n-9</i>	43.2±0.45 ^A	25.0±0.12 ^C	40.6±0.69 ^B	20.7±1.95 ^D	<i>P</i> <0.001
<i>C18:2n-6</i>	14.8±0.10 ^A	7.8±0.01 ^C	12.3±0.19 ^B	5.9±0.61 ^D	<i>P</i> <0.001
<i>C18:3n-3</i>	6.3±0.06 ^A	3.0±0.02 ^C	4.9±0.09 ^B	2.3±0.24 ^D	<i>P</i> <0.001
<i>C18:4n-3</i>	0.8±0.02 ^B	1.9±0.02 ^A	0.3±0.03 ^C	0.2±0.01 ^D	<i>P</i> <0.001
<i>C20:1n-9</i>	3.4±0.01 ^C	8.6±0.05 ^A	4.3±0.13 ^B	8.9±0.43 ^A	<i>P</i> <0.001
<i>C20:4n-6</i>	0.3±0.01 ^C	0.3±0.03 ^B	0.4±0.03 ^A	0.4±0.03 ^A	<i>P</i> <0.001
<i>C20:5n-3</i>	3.2±0.08 ^B	4.8±0.04 ^A	3.0±0.19 ^B	4.8±0.23 ^A	<i>P</i> <0.001
<i>C22:1n-9</i>	4.0±0.04 ^C	14.3±0.09 ^A	3.1±0.36 ^D	10.0±0.12 ^B	<i>P</i> <0.001
<i>C22:5n-3</i>	0.6±0.03 ^D	0.7±0.01 ^C	1.3±0.05 ^B	2.0±0.09 ^A	<i>P</i> <0.001
<i>C22:6n-3</i>	3.2±0.09 ^C	6.8±0.10 ^B	6.3±0.51 ^B	11.6±1.09 ^A	<i>P</i> <0.001
<i>others</i>	3.0±0.33 ^D	4.9±0.15 ^C	6.7±1.16 ^B	10.8±0.60 ^A	<i>P</i> <0.001
Σ SFA	14.6±0.13 ^C	18.3±0.10 ^B	15.2±0.66 ^C	20.4±0.40 ^A	<i>P</i> <0.001
Σ MUFA	49.3±0.43 ^A	37.1±0.18 ^B	51.0±0.85 ^A	37.9±1.40 ^B	<i>P</i> <0.001
Σ PUFA	33.1±0.29 ^C	39.7±0.13 ^B	33.8±0.93 ^C	41.7±1.10 ^A	<i>P</i> <0.001
<i>n-3</i> × <i>n-6</i> ⁻¹	0.9±0.02 ^D	2.1±0.01 ^B	1.2±0.06 ^C	3.3±0.43 ^A	<i>P</i> <0.001

Different capital letter superscripts within each row indicate significant differences (*P*<0.05) between the respective groups by one-way ANOVA and Tukeys pairwise comparison test.

Table 5 Colorimetric parameters for raw conventional versus organic Atlantic salmon stored 22 days on ice

Colorimetric parameters	Day	Fresh salmon		Effect
		Conventional	Organic	
<i>L</i> *	2	45.1±1.30 ^{CA}	42.7±1.93 ^{dB}	<i>P</i>=0.037
	7	45.5±1.74 ^C	42.9±2.32 ^{cd}	<i>P</i> >0.063
	10	46.4±1.49 ^{CA}	44.4±1.11 ^{cdB}	<i>P</i>=0.032
	15	48.6±0.84 ^b	47.4±1.27 ^c	<i>P</i> >0.319
	17	51.2±1.31 ^{abA}	48.3±1.11 ^{abB}	<i>P</i>=0.004
	22	51.7±1.23 ^a	50.6±0.72 ^a	<i>P</i> >0.131
	Effect		<i>P</i><0.001	<i>P</i><0.001
<i>a</i> *	2	9.2±1.17 ^c	8.5±0.82 ^c	<i>P</i> >0.305
	7	9.3±1.12 ^c	9.4±1.00 ^{bc}	<i>P</i> >0.860
	10	9.1±0.88 ^c	9.6±1.06 ^{bc}	<i>P</i> >0.460
	15	10.2±0.93 ^{bc}	10.5±0.94 ^{abc}	<i>P</i> >0.628
	17	11.6±0.70 ^{ab}	11.3±0.94 ^{ab}	<i>P</i> >0.680
	22	11.7±1.05 ^a	12.5±0.63 ^a	<i>P</i> >0.219
	Effect		<i>P</i><0.001	<i>P</i><0.001
<i>b</i> *	2	17.8±2.63	17.3±2.57	<i>P</i> >0.732
	7	16.8±2.95	17.3±2.65	<i>P</i> >0.780
	10	16.2±2.18	17.4±2.15	<i>P</i> >0.376
	15	17.4±1.61	18.1±2.40	<i>P</i> >0.595
	17	18.1±0.59	19.5±2.08	<i>P</i> >0.139
	22	18.6±1.69	20.3±1.34	<i>P</i> >0.085
	Effect		<i>P</i> >0.580	<i>P</i> >0.228

Different lowercase superscripts within each column and different capital letter superscripts within each row indicate significant differences (*P*<0.05) between the respective groups by one-way ANOVA and Tukeys pairwise comparison test.