

# Influence of strain rate and temperature on the mechanical behaviour of rubber-modified polypropylene and cross-linked polyethylene

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## Abstract

In the present work, we investigate the effects of strain rate ( $\dot{\epsilon} = 0.01 \text{ s}^{-1}$ ,  $0.1 \text{ s}^{-1}$ , and  $1.0 \text{ s}^{-1}$ ) and low temperature ( $T = -30 \text{ }^\circ\text{C}$ ,  $-15 \text{ }^\circ\text{C}$ ,  $0 \text{ }^\circ\text{C}$ , and  $25 \text{ }^\circ\text{C}$ ) on the mechanical behaviour in tension and compression of two materials: a rubber-modified polypropylene copolymer (PP) and a cross-linked low-density polyethylene (XLPE). Local stress-strain data for large deformations are obtained using digital image correlation (DIC) in the uniaxial tension tests and point tracking in the compression tests. Since both materials exhibit slight transverse anisotropy, two digital cameras are used to capture the strains on two perpendicular surfaces. Self-heating resulting from the elevated strain rates is monitored using an infrared (IR) camera. To enable the application of multiple digital cameras and an IR camera, a purpose-built transparent polycarbonate temperature chamber is used to create a cold environment for the tests. The mechanical behaviour of both materials, including the true stress-strain response and the volume change, is shown to be dependent on the temperature and strain rate. The dependence of the yield stress on the temperature and strain rate follows the Ree-Eyring flow theory for both materials, whereas Young's modulus increases with decreasing temperature for PP and XLPE and with increasing strain rate for XLPE. Furthermore, a scanning electron microscope (SEM) study was performed on both materials to get a qualitative understanding of the volumetric strains.

**Keywords:** Polyethylene, Polypropylene, Temperature, Strain rate, DIC, Tensile test, Compression test, Self-heating, Volume change

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## 1. Introduction

In recent years, there has been increased interest in using polymeric materials in structural applications. The automotive industry, for example, is using polymeric materials in their pedestrian safety devices as sacrificial components that are designed to dissipate energy during impacts. An important point in this context is that material characterization and impact tests are performed close to room temperature, thus failing to account for changes in material behaviour as the temperature decreases. At low temperatures, polymeric materials tend to be both stiffer and more brittle, which could have severe consequences in a collision between a car and a pedestrian. Considering the cost of conducting prototype testing, it is clear that increased knowledge regarding the material behaviour at different temperatures is highly relevant.

The oil and gas industry is also interested in polymeric materials. As they continue to explore and search for oil and gas in harsher climates, new classification rules for materials are needed. There is an increasing need to understand how polymers behave at low temperatures due to this industry's expansion into the arctic region. There are various relevant structural applications for polymers in the oil industry, ranging from polymeric shock absorbers in load-bearing structures to gaskets used in pressurized components. In particular, for the two materials considered in this work, cross-linked low-density polyethylene (XLPE) is used as electrical insulation in high-voltage cables and as a liner material in flexible risers, while one application for rubber-modified polypropylene (PP) is thermal insulation of pipelines. As in the automotive industry, prototype testing is expensive; therefore, there is a demand for validated material models in finite element codes to reduce the number of experiments necessary to qualify a given material.

Reliable and good experimental data are a prerequisite for developing and improving phenomenological material models. At room temperature, the use of non-contact measuring devices to extract local stress-strain data from mechanical tests on polymeric materials has become widespread [1–3]. Digital image correlation (DIC) is an important tool because it enables local measurements of the strains (both longitudinal and transverse) in the neck of a tension test, which differs from an extensometer that provides average strains over a section. Therefore, by using DIC, local measurements of the volumetric strain are obtainable – a quantity that is useful for determining the plastic potential and for including damage modelling. However, when a temperature chamber is introduced, either to increase or decrease the temperature, the view of the specimen is obstructed. Most commercially available temperature chambers have only one window. This limits the number of possible digital cameras in the experimental set-up to one, thereby making the monitoring technique suitable only for isotropic materials. Consequently, many researchers use mechanical

31 measuring devices such as extensometers or machine displacement to obtain stress-strain data when using  
32 a temperature chamber. Such instrumentation protocols will only reveal the average strain over the gauge  
33 length. Nevertheless, using these measurement techniques, a number of studies [4–9] have investigated the  
34 effects of increased temperature and strain rate on the material behaviour. In all these studies, the typical  
35 polymer behaviour is observed, i.e., increasing the strain rate increases the yield stress, whereas increasing  
36 the temperature decreases the yield stress. However, only the study by Arruda et al. [4] was conducted using  
37 an infrared (IR) sensor to measure self-heating at elevated strain rates, while none of the studies [4–9] report  
38 the volumetric strain. Similar studies considering the material behaviour at low temperatures [10–14] report  
39 the same trend – decreasing the temperature and increasing the strain rate increases the yield stress. As for  
40 the studies at elevated temperatures, the strain calculation relies on mechanical measurement techniques.  
41 Neither self-heating nor change in volume is reported in any of these studies.

42 Previous studies have been conducted on materials comparable to the two materials of interest in  
43 our study. For instance, Ponçot et al. [15] studied the volumetric strain at different strain rates in a  
44 polypropylene/ethylene-propylene rubber using a VideoTraction system. Their results are similar to the  
45 results obtained for the rubber-modified polypropylene material investigated in our study. Using a linear  
46 variable differential transformer to measure the cross-head displacement, Jordan et al. [16] conducted com-  
47 pression tests on low density polyethylene (LDPE) at four different temperatures and eight strain rates.  
48 Considering the effect on the yield stress, they found that an order of magnitude change in strain rate is ap-  
49 proximately equal to a 10 degree change in temperature. An extensive study on a cross-linked polyethylene  
50 (PEX) was conducted by Brown et al. [17] utilizing a displacement extensometer. In their study, compres-  
51 sion tests were conducted at temperatures ranging from  $-75\text{ }^{\circ}\text{C}$  to  $100\text{ }^{\circ}\text{C}$ , and strain rates from  $10^{-4}\text{ s}^{-1}$   
52 to  $2650\text{ s}^{-1}$ . Addiego et al. [18] characterized the volumetric strain in HDPE through uniaxial tension and  
53 loading/unloading experiments at room temperature and strain rates from  $10^{-4}\text{ s}^{-1}$  to  $5 \cdot 10^{-3}\text{ s}^{-1}$ , using the  
54 same VideoTraction system as Ponçot et al. [15].

55 Conventional temperature chambers also exclude the possibility of using an IR camera because a free  
56 line-of-sight between the specimen and the IR camera is required. Since polymers become softer at ele-  
57 vated temperatures, monitoring self-heating during a test is essential to successfully separate the effects of  
58 strengthening due to rate sensitivity and softening due to increasing temperature. An experimental set-up  
59 that circumvents the limitations imposed by using a conventional temperature chamber was presented by  
60 Johnsen et al. [19]. Here, a transparent polycarbonate (PC) temperature chamber was used, facilitating the

61 use of multiple digital cameras to monitor the specimen during deformation. In addition, a slit was added  
62 in one of the chamber walls to obtain a free line-of-sight between an IR camera and the test specimen.

63 This polycarbonate temperature chamber was used in the present work, where the Cauchy stress, the  
64 logarithmic strain tensor and self-heating were obtained from uniaxial tension tests performed on two differ-  
65 ent materials: a rubber-modified polypropylene and a cross-linked low-density polyethylene. The tests were  
66 performed at four temperatures ( $-30\text{ }^{\circ}\text{C}$ ,  $-15\text{ }^{\circ}\text{C}$ ,  $0\text{ }^{\circ}\text{C}$  and  $25\text{ }^{\circ}\text{C}$ ) and three nominal strain rates ( $0.01\text{ s}^{-1}$ ,  
67  $0.1\text{ s}^{-1}$  and  $1.0\text{ s}^{-1}$ ), and all experiments were monitored by two digital cameras and a thermal camera. The  
68 two digital cameras were used to obtain local measurements of the longitudinal and transverse strains on  
69 two perpendicular surfaces of the axisymmetric tensile specimen, allowing us to calculate the Cauchy stress  
70 and the volumetric strain during the entire deformation process. The strains, along with the thermal history,  
71 were extracted at the point of initial necking, thus providing us with the temperature change as a function  
72 of logarithmic longitudinal strain. These are all vital quantities in material model calibration. The volu-  
73 metric strain may be used in damage modelling, the thermal history may be linked to strain softening, and  
74 the variation of temperature and strain rate may provide the temperature and rate sensitivity, e.g. through  
75 the Ree-Eyring model [20]. To obtain a qualitative understanding of the volume change, some scanning  
76 electron microscopy (SEM) micrographs are also presented herein.

77 Furthermore, uniaxial compression tests were performed at the same temperatures and strain rates to  
78 investigate the pressure sensitivity of the two materials. The combined information from the uniaxial ten-  
79 sion and compression tests allows us to study any pressure sensitivity of the materials, a phenomenon that  
80 is caused by the reduced molecular mobility under compression compared to that under tension [21]. An-  
81 other source for this pressure sensitivity may be the existence, or nucleation, of voids in the material [22].  
82 Stretching the material will cause the voids to grow, thus reducing the density of the bulk material, whereas  
83 compressing the material will have the opposite effect. Consequently, this leads to different material re-  
84 sponse in the two deformation modes.

## 85 **2. Materials and methods**

### 86 *2.1. Materials*

87 Two materials produced by Borealis were investigated: a rubber-modified polypropylene (PP) with the  
88 product name EA165E [23] and a cross-linked low-density polyethylene (XLPE) with the product name  
89 LS4201S [24]. The polypropylene material was received directly from Borealis as an extruded pipe with

90 dimensions of 1000 mm  $\times$  250 mm  $\times$  22 mm (length  $\times$  diameter  $\times$  thickness), whereas the XLPE material  
91 was received from Nexans Norway as high-voltage cable segments in which the copper conductor had been  
92 removed. The dimensions of the cable insulation were 128 mm  $\times$  73 mm  $\times$  22.5 mm (length  $\times$  diameter  $\times$   
93 thickness).

94 The physical properties of both materials are presented in Table 1. The densities were found from the  
95 datasheets supplied with the materials, whereas the specific heat capacity  $C_p$  and the thermal conductivity  
96  $k$  were determined using the laser flash method [25]. Five circular samples with dimensions of 12.7 mm  $\times$   
97 0.5 mm (diameter  $\times$  thickness) of each material were heated to three temperatures: 25 °C, 35 °C, and 50 °C.  
98 Subsequently, the specific heat capacity and thermal conductivity were measured at each temperature level.  
99 The specific heat capacity increased almost linearly with temperature, whereas the thermal conductivity  
100 exhibited little variation. The values presented in Table 1 are the values obtained at room temperature.  
101 Heat convection to air,  $h_c$ , was determined by heating a small cylindrical sample with dimensions of 20  
102 mm  $\times$  5 mm (diameter  $\times$  height) in boiling water. The temperature decay was monitored using an infrared  
103 thermometer, and the heat convection to air was then calculated from the temperature-time history.

## 104 2.2. Test specimens

105 Axisymmetric specimens were used for both the tensile tests and the compression tests on the PP and  
106 XLPE materials. However, since the XLPE is softer than the PP, it was not possible to machine threads into  
107 the grips of the XLPE tensile specimens. The test specimens are illustrated in Figure 1.

108 All specimens were machined in a turning lathe from sections cut from the longitudinal direction of  
109 the extruded PP pipe and the extruded XLPE cable insulation. The radial direction was marked on the test  
110 specimens such that it could be distinguished from the hoop direction when the specimen was mounted in  
111 the test rig, see Figure 2.

## 112 2.3. Experimental set-up and program

113 All experiments were performed in an Instron 5944 testing machine with a 2 kN load cell. A key  
114 component in the experimental set-up, see Figure 3, was a transparent polycarbonate (PC) chamber, which  
115 allowed for non-contact optical devices to monitor local deformations during testing. Two Prosilica GC2450  
116 digital cameras equipped with Sigma 105 mm and Nikon 105 mm lenses were used in this study. Both  
117 cameras were mounted between 25 cm and 35 cm from the tensile specimen, equating to a resolution of  
118 approximately 60 pixels/mm. For the compression tests, the cameras were mounted approximately 10 cm

119 away from the specimens, yielding a resolution of approximately 190 pixels/mm. Due to slight transverse  
120 anisotropy, see Figure 4, the two digital cameras, mounted perpendicular to each other, were used to monitor  
121 the surfaces normal to the radial and hoop directions of the specimens, see Figures 2 and 3. Consequently,  
122 it was possible to obtain the longitudinal strain and the transverse strain in the radial and hoop directions  
123 of the extruded PP pipe and the XLPE cable insulation. In addition, a FLIR SC 7500 thermal camera,  
124 measuring temperatures down to  $-20\text{ }^{\circ}\text{C}$ , was used to monitor self-heating in the test specimens during all  
125 uniaxial tension tests. A slit was added in the front window of the chamber (as indicated in Figure 3) to  
126 obtain a free line-of-sight between the test specimen and the thermal camera. A thermocouple temperature  
127 sensor mounted close to the test specimen was used to control the flow of liquid nitrogen into the chamber,  
128 and fans continuously blew air over the chamber walls to prevent condensation. The test specimens were  
129 thermally conditioned at the desired temperature for a minimum of 30 minutes prior to testing. A detailed  
130 description of the temperature chamber along with the experimental set-up is given by Johnsen et al. [19].

131 In the uniaxial tension tests at room temperature, a black and white spray-paint speckle was applied  
132 on the specimen surface. However, at the lower temperatures, the spray-paint speckle cracked and was  
133 therefore replaced with white grease and black powder. The black and white speckle is needed to perform  
134 digital image correlation (DIC) analyses of the images after the experiment. All uniaxial tension tests were  
135 post-processed using the in-house DIC code  $\mu\text{DIC}$  [26]. In the compression tests, point tracking (subsets)  
136 was used to follow two points on the specimen surface to calculate the longitudinal strain, whereas edge  
137 tracing was used to determine the transverse strains. Another in-house DIC code, eCorr [27], was used to  
138 track the points on the surface of the compression specimen, and MATLAB was used to trace the edges. To  
139 reduce friction between the test machine and the compression specimen, PTFE tape and oil were used at the  
140 two highest temperatures ( $25\text{ }^{\circ}\text{C}$  and  $0\text{ }^{\circ}\text{C}$ ). At the two lowest temperatures ( $-15\text{ }^{\circ}\text{C}$  and  $-30\text{ }^{\circ}\text{C}$ ), however,  
141 the oil was replaced with grease. Note that the specimen moved horizontally during some compression tests  
142 at the lowest temperatures and highest strain rates. In these tests, the lubrication was completely removed,  
143 and then the test was repeated. Photos of representative tensile and compression specimens with black and  
144 white speckle and surface points are shown in Figure 5.

145 Uniaxial tension and compression tests were performed at four different temperatures  $T$  of  $25\text{ }^{\circ}\text{C}$  (room  
146 temperature),  $0\text{ }^{\circ}\text{C}$ ,  $-15\text{ }^{\circ}\text{C}$ , and  $-30\text{ }^{\circ}\text{C}$ , and three different nominal strain rates  $\dot{\epsilon}$  of  $0.01\text{ s}^{-1}$ ,  $0.1\text{ s}^{-1}$ , and  
147  $1.0\text{ s}^{-1}$ , corresponding to cross-head velocities  $v$  of  $0.04\text{ mm/s}$ ,  $0.4\text{ mm/s}$  and  $4.0\text{ mm/s}$ , respectively. The

148 initial nominal strain rate was calculated as

$$\dot{\epsilon} = \frac{v}{L} \quad (1)$$

149 where  $v$  is the test machine's cross-head velocity and  $L$  is the length of the parallel section (gauge) of the test  
150 specimen. Figures 6a and 6b shows the local logarithmic strain rate ( $\dot{\epsilon}_L$ ) in the section experiencing the first  
151 onset of necking as a function of longitudinal strain for both the XLPE and the PP material, respectively.  
152 Contrary to expectations the local logarithmic strain rate does not exceed the initial nominal strain rate.  
153 A possible explanation is that the effective length of the parallel section of the tensile specimen,  $L$ , is  
154 slightly higher than 4 mm, causing the strain rate to decrease. For each test configuration, a minimum  
155 of two replicate tests were performed. A third test was conducted if a significant deviation was observed  
156 in the force-displacement curves between the two replicate tests. Although there was some variation in the  
157 fracture strain between the replicate tensile tests, there were only small differences in the stress-strain curve.  
158 In the replicate compression tests, there was some variation in the stress-strain curve after yielding but close  
159 to no variation in the magnitude of the yield stress. The clamping length of the specimens in the uniaxial  
160 tension tests was approximately 20 mm.

#### 161 2.4. Calculation of Cauchy stress and logarithmic strain

162 Two digital cameras were used to monitor the deformation in the radial and hoop directions of the test  
163 specimen, with respect to the extruded PP pipe and XLPE cable insulation, see Figure 2. In the tension  
164 experiments, the section of initial necking was found on each surface, and the strain components were  
165 extracted at this section throughout the test. This ensured that the same point was tracked throughout the  
166 experiment, and that the strains from the two surfaces were obtained from the same point on the specimen.  
167 In the compression tests, the longitudinal strain were obtained from the distance between the highlighted  
168 points in Figure 5b, while the transverse strain on each surface was found by identifying the section of  
169 maximum diameter throughout the experiment. For both loading modes, the transverse stretches measured  
170 by each of the digital cameras were assumed to represent the stretches along the minor and major axes of  
171 an elliptical cross-section, enabling the calculation of the current cross-sectional area of the specimen as

$$A = \pi r_0^2 \cdot \frac{r_R}{r_0} \cdot \frac{r_H}{r_0} = \pi r_0^2 \lambda_R \lambda_H \quad (2)$$

172 where  $r_0$  is the initial radius of the specimen;  $r_R$  and  $r_H$  are the radii in the radial and hoop directions,  
173 respectively;  $\lambda_R$  is the transverse stretch in the radial direction; and  $\lambda_H$  is the transverse stretch in the

174 perpendicular hoop direction, see Figure 2. Using the transverse stretches from each camera, the volumetric  
175 strain is determined as

$$\varepsilon_V = \ln(\lambda_L \lambda_R \lambda_H) \quad (3)$$

176 where  $\lambda_L$  is the longitudinal stretch. The logarithmic strain components are calculated by taking the natural  
177 logarithm of the corresponding stretch component, i.e.,  $\varepsilon_i = \ln(\lambda_i)$ . Note that we only obtain the strains  
178 on the surface of the specimen from the experiments. Thus, using Equation (3) to calculate the volumetric  
179 strain, we assume a homogeneous strain field over the cross-section. This assumption is only valid until the  
180 point of necking, where the strain field (and the stress field) becomes heterogeneous. The implications of  
181 this assumption are further discussed in Section 4. Using the expression for the area in Equation (2), the  
182 average Cauchy stress can be calculated as

$$\sigma = \frac{F}{A} \quad (4)$$

183 where  $F$  is the force measured by the testing machine.

184 Note that the yield stress ( $\sigma_0$ ) throughout this study is taken to be equal to the flow stress at a longitudinal  
185 logarithmic strain of 0.15 (15%). A logarithmic strain of 0.15 was chosen because the material exhibits  
186 plastic flow at that point, while it is still close to the yield point. This definition of the yield stress applies  
187 for both tension and compression.

### 188 2.5. Calculation of self-heating

189 A MATLAB routine was established to obtain the temperature change on the surface of the tensile  
190 specimen at approximately the same position as the strains were extracted. Figure 7 shows a snapshot of the  
191 temperature field, alongside the strain field for the PP material tested at room temperature and the highest  
192 strain rate. As indicated in the figure, the temperature gradient,  $\nabla T$ , is calculated along a row of pixels  
193 (denoted row A in Figure 7) containing the top and bottom of the specimen, with air in-between. Since the  
194 temperature of the surrounding air is constant, an abrupt change in the temperature gradient will occur when  
195 transitioning from air to the specimen in the considered row of pixels. This allowed us to obtain the position  
196 of the top and bottom of the tensile specimen numerically, which again gave us the vertical coordinate,  $y_c$ ,  
197 of the centre of the specimen during the experiment. The temperature is then extracted at the point  $(x_c, y_c)$   
198 highlighted with a square in Figure 7, where  $x_c$  is the horizontal coordinate of the centre provided as user  
199 input. Note that the symbol  $T$  is used for all temperatures measured in degrees Celsius ( $^{\circ}\text{C}$ ) throughout the  
200 paper, while  $\theta$  is applied for temperatures measured in Kelvin (K).



## 201 **3. Results**

### 202 *3.1. Cross-linked low-density polyethylene (XLPE)*

#### 203 *3.1.1. Uniaxial tension*

204 Figure 8 presents the Cauchy stress plotted against the longitudinal logarithmic strain until fracture for  
205 uniaxial tension tests performed at four different temperatures (25 °C, 0 °C, –15 °C, and –30 °C) and three  
206 different initial nominal strain rates (0.01 s<sup>-1</sup>, 0.1 s<sup>-1</sup>, and 1.0 s<sup>-1</sup>). Except for the lowest temperature, the  
207 stress-strain curves exhibit the same features: (1) a close to linear elastic behaviour up to the yield stress, (2)  
208 quasi-linear strain hardening, and (3) network hardening caused by the alignment of the polymer chains. At  
209 the lowest temperature, the network hardening is less prominent, and it appears to have completely vanished  
210 at the highest strain rate, as shown in Figure 8d.

211 By comparing Figures 8a through 8d, it is clearly observed that there is a strong increase in both the  
212 yield stress and the elastic stiffness as the temperature decreases. The yield stress at the lowest strain rate  
213 increases from approximately 10 MPa at room temperature ( $T = 25$  °C) to approximately 30 MPa at the  
214 lowest temperature ( $T = -30$  °C). As will be further discussed in Section 4, the dependence of the yield  
215 stress on strain rate and temperature obeys the Ree-Eyring flow theory [20]. The same trend is observed for  
216 the elastic stiffness: decreasing the temperature increases Young’s modulus from approximately 200 MPa  
217 at room temperature to approximately 800 MPa at –30 °C. As for the yield stress, a dependence on strain  
218 rate is also evident for Young’s modulus.

219 The locking stretch is taken as the stretch where the slope of the strain hardening curve increases sig-  
220 nificantly, see Figure 8a. As shown in Figures 8a to 8c, the locking stretch increases with strain rate. This  
221 behaviour is believed to be caused by self-heating in the material at higher strain rates, which increases the  
222 chain mobility and extends the cold drawing domain. By inspecting the locking stretch in the experiments  
223 conducted at the lowest strain rate, which will later be shown to yield isothermal conditions, i.e., no self-  
224 heating, it is also observed that the locking stretch remains relatively constant down to a temperature of –15  
225 °C. At the lowest temperature of –30 °C, no apparent locking stretch was detectable, see Figure 8d.

226 By applying Equation (3), the volumetric strains of XLPE at the investigated temperatures and strain  
227 rates are shown in Figure 9. Because of how the strain components are obtained from the experiments,  
228 an unphysical negative volumetric strain is observed at the beginning of each test. This discrepancy will  
229 be further discussed in Section 4. Nevertheless, Figure 9a shows that the polyethylene material is nearly  
230 incompressible for all the investigated strain rates at room temperature. This observation is further supported

231 by the scanning electron microscopy (SEM) micrograph presented in Figure 10, where it is observed that  
232 the material contains few particles and, except for a few small cracks, is free of voids. At the three lowest  
233 temperatures, however, the volumetric strain increases to between 0.08 and 0.1. Note that the increasing  
234 negative volumetric strain at the beginning is due to the formation of a more pronounced neck, leading to a  
235 more heterogeneous strain field through the necked cross-section.

236 Figure 11 shows the self-heating in the XLPE material during deformation. At the lowest strain rate  
237 ( $\dot{\epsilon} = 0.01 \text{ s}^{-1}$ ), we have isothermal conditions for all investigated temperatures. The reason for why there  
238 are no data points from the test performed at the lowest temperature ( $T = -30 \text{ }^\circ\text{C}$ ) is that the infrared  
239 camera only records temperatures that are higher than  $-20 \text{ }^\circ\text{C}$ . At the intermediate strain rate ( $\dot{\epsilon} = 0.1 \text{ s}^{-1}$ ),  
240 we observe a temperature increase due to self-heating of approximately  $10 \text{ }^\circ\text{C}$ , whereas at the highest strain  
241 rate a temperature increase of approximately  $20 \text{ }^\circ\text{C}$  to  $30 \text{ }^\circ\text{C}$  is observed. The self-heating increases with  
242 reduced initial temperature.

### 243 3.1.2. Uniaxial compression

244 Uniaxial compression tests were performed at the same temperatures ( $25 \text{ }^\circ\text{C}$ ,  $0 \text{ }^\circ\text{C}$ ,  $-15 \text{ }^\circ\text{C}$ , and  $-30$   
245  $^\circ\text{C}$ ) and initial nominal strain rates ( $0.01 \text{ s}^{-1}$ ,  $0.1 \text{ s}^{-1}$ , and  $1.0 \text{ s}^{-1}$ ) as the tension tests. A comparison  
246 of the Cauchy stress vs. logarithmic strain curves for uniaxial compression and tension at  $T = 25 \text{ }^\circ\text{C}$   
247 is presented in Figure 12. As shown, the pressure sensitivity, defined as the ratio between the compressive  
248 and tensile yield stress,  $\alpha_p = \sigma_C/\sigma_T$ , is negligible for the polyethylene material. Conversely, the hardening  
249 is slightly higher in compression than in tension. However, note that barrelling occurred quite early in  
250 all the compression tests. Thus, the only purpose of the compression tests was to investigate the pressure  
251 sensitivity of the material in terms of the yield stress. A comparison of the compressive and tensile yield  
252 stress as functions of temperature and strain rate is shown in Figure 13. Similar to the observations from  
253 the uniaxial tension experiments, there is an increase in the compressive yield stress when decreasing the  
254 temperature and when increasing the strain rate.

255 The pressure sensitivity parameter  $\alpha_p = \sigma_C/\sigma_T$  is presented in Table 2 for all combinations of tempera-  
256 ture and strain rate. Because  $\alpha_p$  is consistently close to unity, the pressure sensitivity of the XLPE material  
257 is low.

## 258 3.2. Rubber-modified polypropylene (PP)

### 259 3.2.1. Uniaxial tension

260 The Cauchy stress vs. logarithmic strain curves from the tension tests of the polypropylene material are  
261 presented in Figure 14. Similar to the experiments conducted on the XLPE material, four temperatures (25  
262 °C, 0 °C, -15 °C, and -30 °C) and three initial nominal strain rates (0.01 s<sup>-1</sup>, 0.1 s<sup>-1</sup>, and 1.0 s<sup>-1</sup>) were  
263 investigated. The shape of the stress-strain curve for the two lowest strain rates is relatively the same for  
264 all temperatures: first a close to linear elastic behaviour up to a yield point, followed by strain hardening  
265 and ultimately asymptotic network hardening. At the highest strain rate and the three lowest temperatures,  
266 however, the material fractured before the locking stretch was reached.

267 In terms of the yield stress, the equivalence principle [28] holds, i.e., either reducing the temperature  
268 or increasing the strain rate increases the yield stress. At room temperature and for the lowest strain rate,  
269 the yield stress is approximately 20 MPa, while it has increased to approximately 24 MPa for the highest  
270 strain rate. At the lowest temperature, the quasi-static yield stress is approximately 35 MPa and increases  
271 to approximately 45 MPa for the highest strain rate, indicating that the rate-sensitivity is slightly higher  
272 at lower temperatures. The elastic modulus, however, exhibits little dependence on the strain rate, but it  
273 changes drastically with temperature. At room temperature, Young's modulus is approximately 850 MPa,  
274 whereas it has increased to approximately 2600 MPa at the lowest temperature.

275 As shown in Figure 15, the volumetric strains for the polypropylene material are considerably larger  
276 than those for XLPE and attain values between 0.5 and 0.9. At the two lowest strain rates, the shape of the  
277 curve is the same for all temperatures: first a significant evolution of volumetric strain up to a peak value  
278 followed by decreasing volumetric strain. Ponçot et al. [15] reported a similar observation on a comparable  
279 material (polypropylene/ethylene-propylene rubber). This result is due to the formation of voids in the  
280 material, believed to be initiated by cavitation in the rubbery phase of the rubber-modified polypropylene.  
281 Since there are no particles in these voids, they are not restrained against collapsing, which explains the  
282 decreasing volumetric strains after the peak value is reached. To investigate this assumption, two specimens  
283 were loaded in uniaxial tension at room temperature and a strain rate of 0.01 s<sup>-1</sup> and thereafter unloaded;  
284 one specimen was unloaded before the maximum volumetric strain was reached, and the other one was  
285 unloaded after the maximum volumetric strain. SEM micrographs of the two samples are presented in  
286 Figures 16a and 16b. It appears from Figure 16 that the voids become elongated and start to close after  
287 the maximum volumetric strain is reached. At the highest strain rate, however, it seems that the voids do

288 not collapse at the three lowest temperatures, leading to a monotonically increasing volumetric strain up to  
289 fracture, as shown in Figures 15b to 15d.

290 The self-heating during the tensile experiments is presented in Figure 17. At the lowest strain rate,  
291 isothermal conditions prevail at all temperatures. As previously mentioned, there are no data points for  
292 the temperature change in the material at the lowest temperature ( $T = -30\text{ }^{\circ}\text{C}$ ) and the lowest strain rate  
293 due to the infrared camera being limited to temperatures above  $-20\text{ }^{\circ}\text{C}$ . At the intermediate strain rate  
294 ( $\dot{\epsilon} = 0.10\text{ s}^{-1}$ ), a temperature increase between  $15\text{ }^{\circ}\text{C}$  and  $30\text{ }^{\circ}\text{C}$  is observed before the temperature begins  
295 to decrease in the material. This decrease in temperature is due to the formation of a stable neck leading  
296 to cold drawing. This provides the material with enough time to conduct heat within the specimen and to  
297 convect heat to the surroundings. Although we have cold drawing at the highest strain rate ( $\dot{\epsilon} = 1.0\text{ s}^{-1}$ )  
298 at room temperature, the duration of the test is too short to allow for heat conduction or convection. This  
299 leads to the continuously increasing temperature for the highest strain rate at all temperatures in Figure 17.  
300 In contrast to XLPE, the temperature increase is approximately the same for all temperatures, i.e., between  
301  $40$  and  $50\text{ }^{\circ}\text{C}$ , when adiabatic heating conditions are met.

302 Another observation is that the self-heating introduces a softening in the material, as indicated by the  
303 crossing of the stress-strain curves observed, for instance in Figure 14a. The self-heating increases the  
304 locking stretch for higher strain rates. Unlike XLPE, however, the opposite effect is observed when de-  
305 creasing the temperature at the lowest strain rate, i.e., there is a reduction of the locking stretch for PP with  
306 decreasing temperature.

### 307 3.2.2. Uniaxial compression

308 Similar to the XLPE material, compression tests were performed for the PP material at four temperatures  
309 ( $25\text{ }^{\circ}\text{C}$ ,  $0\text{ }^{\circ}\text{C}$ ,  $-15\text{ }^{\circ}\text{C}$ , and  $-30\text{ }^{\circ}\text{C}$ ) and three initial nominal strain rates ( $0.01\text{ s}^{-1}$ ,  $0.1\text{ s}^{-1}$  and  $1.0\text{ s}^{-1}$ ).  
310 Figure 18 compares the stress-strain curves in uniaxial compression and tension at room temperature. It is  
311 clearly observed from the difference in compressive and tensile yield stress that the pressure sensitivity of  
312 the PP material is strong. Similar to the compression tests performed on the XLPE material, the onset of  
313 barrelling occurred for quite small deformations. Consequently, the compression tests were only conducted  
314 to determine the yield stress. As in tension, it is observed that higher strain rates and lower temperatures  
315 increase the yield stress in compression. The yield stresses in compression and tension are plotted as  
316 functions of temperature in Figure 19 for all the investigated strain rates.

317 The pressure sensitivity parameter  $\alpha_p = \sigma_C/\sigma_T$  is presented in Table 3 for all combinations of tem-

318 perature and strain rate. In contrast to the XLPE material, the pressure sensitivity is very high for the  
319 rubber-modified polypropylene. It is also observed that the pressure sensitivity increases at low tempera-  
320 tures.

## 321 **4. Discussion**

### 322 *4.1. Temperature measurements*

323 An infrared camera was employed to measure self-heating during the tests, see Section 2.3. In all  
324 experiments an emissivity of 0.95 was used. As validation, a uniaxial tension test at room temperature  
325 ( $T = 25\text{ }^{\circ}\text{C}$ ) and at the highest strain rate ( $\dot{\epsilon} = 1.0\text{ s}^{-1}$ ) was performed on the XLPE material where  
326 the surface facing the thermal camera was coated with a black paint with an emissivity close to 1.0. The  
327 temperature as a function of longitudinal strain was then compared with a similar experiment where only a  
328 black and white speckle was applied. As evident from Figure 11a the difference between the measured self-  
329 heating for the two tests at the highest strain rate is minimal. Another possible issue is that the grease applied  
330 to the samples tested at low temperatures may affect thermal measurements. To validate the calculated self-  
331 heating from tests performed on materials coated with white grease, two tests at the highest strain rate  
332 were performed on the PP material at room temperature. In one of the tests a black and white spray paint  
333 speckle was applied, while in the other a white grease was used. The difference in self-heating, as shown in  
334 Figure 17a, was found to be negligible.

### 335 *4.2. Young's modulus*

336 Young's modulus as a function of temperature and strain rate is presented in Figures 20 and 21 for  
337 XLPE and PP, respectively. Young's modulus of the XLPE material was found through a linear fit of the  
338 stress-strain curve up to a longitudinal strain of  $\epsilon_L = 0.025$ . For the PP material, Young's modulus was  
339 obtained by a linear fit of the stress-strain curve for  $\sigma \in [0, 0.5\sigma_0]$ , where  $\sigma_0$  is the quasi-static yield stress  
340 at the investigated temperature. Due to noise in the strain values obtained from DIC, it was necessary to  
341 average the strain values over a larger area of the parallel section of the tensile specimen for the PP material.  
342 This can be done since the strain field remains homogeneous for the part of the stress-strain curve used to  
343 obtain Young's modulus.

344 For both materials, the elastic stiffness was found to be strongly dependent on the temperature. In XLPE,  
345 the elastic stiffness increases by a factor of 4: from approximately 200 MPa at room temperature to 800 MPa  
346 at  $-30\text{ }^{\circ}\text{C}$ . For the PP material, Young's modulus increases more than threefold: from approximately 850

347 MPa at room temperature to 2600 MPa at  $-30$  °C. The temperature dependence within the experimental  
 348 range is described using the same expression as Arruda et al. [4], i.e.

$$E(\theta) = E_0 \cdot \exp[-a(\theta - \theta_0)] \quad (5)$$

349 where  $\theta_0$  is the reference temperature,  $E_0$  is Young's modulus at the reference temperature,  $a$  is a material  
 350 parameter, and  $\theta$  is the absolute temperature. The least squares fits of Equation (5) to the experimentally  
 351 obtained Young's modulus for the materials at the lowest strain rate are shown in Figures 20 and 21, with  
 352  $E_0 = 141$  MPa and  $a = 0.03$  K $^{-1}$  for the XLPE material,  $E_0 = 842$  MPa and  $a = 0.021$  K $^{-1}$  for the PP  
 353 material, and  $\theta_0 = 298.15$  K (room temperature) for both materials.

354 Young's modulus was also found to be influenced by strain rate for the XLPE material, as shown in Fig-  
 355 ure 20. The trend of the elastic stiffness with respect to the rate sensitivity is not as clear for the PP material,  
 356 as indicated in Figure 21. Since both Young's modulus and the yield stress is higher in PP compared to  
 357 XLPE, this observation could be an artefact of the acceleration of the test machine, meaning that some time  
 358 is needed before the cross-head reaches the desired velocity, or due to some slack in, e.g., the load cell or the  
 359 grip. These factors, combined with a limited number of data points before yield for the two highest strain  
 360 rates, could explain the discrepancies observed in Figure 21. Nevertheless, given that the most influential  
 361 factor for both materials was the temperature, the strain rate dependence has been omitted in Equation (5).

### 362 4.3. Yield stress and pressure sensitivity

363 The Ree-Eyring flow theory [20] is frequently applied to model the influence of temperature and strain  
 364 rate on the yield stress. Following the work of Senden et al. [29], a double Ree-Eyring model that includes  
 365 both the main  $\alpha$  relaxation and the secondary  $\beta$  relaxation is employed for evaluation and discussion of the  
 366 experimental findings herein. Assuming that the contributions from each relaxation process are additive,  
 367 the equivalent stress is given as

$$\bar{\sigma}(\dot{p}, \theta) = \sum_{x=\alpha,\beta} \frac{k_B \theta}{V_x} \operatorname{arcsinh} \left( \frac{\dot{p}}{\dot{p}_{0,x}} \exp \left[ \frac{\Delta H_x}{R\theta} \right] \right) \quad (6)$$

368 Here,  $k_B$  is Boltzmann's constant,  $R$  is the gas constant,  $\dot{p}$  is the equivalent plastic strain rate,  $\theta$  is the absolute  
 369 temperature,  $V_x$  ( $x = \{\alpha, \beta\}$ ) is the activation volume,  $\dot{p}_{0,x}$  is a local reference plastic strain rate, and  $\Delta H_x$  is  
 370 the activation enthalpy. For the purpose of obtaining the relation between the yield stress, temperature and  
 371 strain rate, the equivalent stress  $\bar{\sigma}$  is taken to be equal to the yield stress  $\sigma_0$ , and  $\dot{p}$  is assumed to be equal to  
 372 the initial nominal strain rate  $\dot{\epsilon}$ . The material parameters obtained from a least squares fit of Equation (6) to

373 the experimental data are presented in Table 4. All material parameters from the least squares fit appear to be  
 374 reasonable from a physical perspective: the activation volume is between  $1 \text{ nm}^3$  and  $5 \text{ nm}^3$ , the activation  
 375 enthalpy ranges from  $100 \text{ kJ/mol}$  to  $300 \text{ kJ/mol}$ , and the local reference plastic strain rate attains values  
 376 between  $10^{17} \text{ s}^{-1}$  and  $10^{38} \text{ s}^{-1}$ . The orders of magnitude are comparable to those of parameters reported  
 377 for other materials in the literature, e.g. [10, 29]. Addressing the yield stress in tension, it appears from  
 378 Figures 22 and 23 that the model captures the temperature and strain rate dependence of both materials  
 379 excellently. Thus, the double Ree-Eyring model appears to be a promising choice for a thermomechanical  
 380 description of the flow process of the materials at hand.

381 The pressure sensitivity parameter  $\alpha_p = \sigma_C/\sigma_T$  is given in Tables 2 and 3 for the two materials. For  
 382 the polyethylene material, which exhibits rather small volumetric strains, the pressure sensitivity is low,  
 383 and  $\alpha_p$  is close to unity. In contrast, the pressure sensitivity of the polypropylene material, which exhibits  
 384 large volumetric strains, is high, and  $\alpha_p$  ranges from 1.22 to 1.71. This result suggests that the lower yield  
 385 stress in tension could be caused by the nucleation and growth of voids in the PP material. This assumption  
 386 is supported by Lazzeri and Bucknall [21]. However, note that neither cavitation nor initial voids are  
 387 prerequisites for a pressure-dependent material. In solid polymers, pressure dependence may arise from the  
 388 fact that compression reduces the molecular mobility compared to tension, which increases the yield stress  
 389 [21].

#### 390 4.4. Volumetric strain

391 The negative volumetric strain observed for the polyethylene material, as shown in Figure 9, is due to  
 392 the way in which it is calculated, i.e., we assume that the strain components calculated on the surface of  
 393 the specimen are representative for the entire cross-section. This assumption is true only for homogeneous  
 394 deformation, which occurs prior to necking. When the material necks, however, the strain components  
 395 vary over the cross-section. The longitudinal strain component is largest in the centre of the specimen  
 396 and smallest at the surface. This variation is not accounted for in our calculations and thus leads to an  
 397 increasingly negative volumetric strain for test configurations where the external curvature of the neck, and  
 398 thus the heterogeneity of the longitudinal strain, increases. This counter-intuitive and fictitious result can be  
 399 remedied by accounting for the variation in the longitudinal strain over the cross-section, for instance, by  
 400 assuming a parabolic distribution of the strain. Using this assumption, Andersen [26] obtained a formula  
 401 for the corrected volumetric strain, viz.

$$\varepsilon_{V,\text{corr}} = \ln \left[ \lambda_L \lambda_R \lambda_H \left( \frac{\kappa R}{4} + 1 \right) \right] \quad (7)$$

402 where  $\kappa$  is the external curvature of the neck and  $R$  is the radius in the neck. This correction removes the  
 403 observed unphysical negative volumetric strain, as shown in Johnsen et al. [19]. Both geometrical measures  
 404  $\kappa$  and  $R$  can in principle be extracted from the digital pictures. In our case, however, the use of grease and  
 405 black powder on the surface of the tensile specimens prohibited determination of the external curvature;  
 406 therefore, the volumetric strain was calculated according to Equation (3).

407 Both materials have a fairly high linear thermal expansion coefficient  $\alpha_T$ , which ranges between  $146 \cdot$   
 408  $10^{-6} \text{ K}^{-1}$  and  $180 \cdot 10^{-6} \text{ K}^{-1}$  for polypropylene and from  $180 \cdot 10^{-6} \text{ K}^{-1}$  to  $400 \cdot 10^{-6} \text{ K}^{-1}$  for low-density  
 409 polyethylene [30]. Thus, the substantial self-heating may provide a significant contribution to the observed  
 410 dilatation. The thermal volumetric strain is defined as

$$\varepsilon_{V,\text{thermal}} = 3\alpha_T\Delta\theta \quad (8)$$

411 where  $\Delta\theta$  is the temperature change. Assuming a thermal expansion coefficient of  $180 \cdot 10^{-6} \text{ K}^{-1}$  and a  
 412 temperature increase of 50 K in the PP material, the volumetric strain due to self-heating is determined to  
 413 be 0.9%, which is negligible compared to the substantial volumetric strain from deformation. Considering  
 414 XLPE, we assume a thermal expansion coefficient of  $200 \cdot 10^{-6} \text{ K}^{-1}$  and a temperature increase of 30 K.  
 415 This assumption provides a thermal volumetric strain of 0.6%, which is approximately 30% of the maximum  
 416 volumetric strain ( $\approx 2\%$ ) at room temperature (Figure 9a).

#### 417 4.5. Network hardening and locking stretch

418 An interesting observation for the PP material is that the characteristic network hardening, caused by  
 419 the alignment of the polymer chains, does not occur for the highest strain rate ( $\dot{\varepsilon} = 1.0 \text{ s}^{-1}$ ) at the two lowest  
 420 temperatures ( $T = -15 \text{ }^\circ\text{C}$  and  $T = -30 \text{ }^\circ\text{C}$ ). This result is due to the formation of an unstable neck, as  
 421 shown by the Considère construction in Figure 24, which presents graphs of the functions  $\sigma(\varepsilon_L)$  and  $\Theta(\varepsilon_L)$ ,  
 422 where  $\Theta = d\sigma/d\varepsilon_L$  is the hardening modulus. The function  $\Theta(\varepsilon_L)$  is found by numerical differentiation  
 423 of  $\sigma(\varepsilon_L)$  and then smoothed. It is evident that the graph of  $\Theta(\varepsilon_L)$  crosses the graph of  $\sigma(\varepsilon_L)$  twice for the  
 424 uniaxial tension test performed at room temperature, whereas for the three lower temperatures, there is only  
 425 one intersection – indicating an unstable neck. An explanation for this result may be found by examining  
 426 the volumetric strain vs. longitudinal strain curves in Figure 15. At room temperature, a peak value is  
 427 reached before the volumetric strain decreases. This result indicates, as previously depicted in Figure 16,  
 428 that voids in the material grow up to a certain point before they are stabilized or start to collapse. At the  
 429 lower temperatures, however, the voids only continue to grow up to fracture, which in effect inhibits the



430 formation of a stable neck. This is also supported by the observed reduction in the overall ductility of the  
431 tensile specimen, as shown by the two photographs in Figure 25.

432 The influence of rate and temperature on the locking stretch can be analyzed by application of the  
433 expression proposed by Arruda et al. [4], viz.

$$\mu(\theta)N(\theta) = \text{constant} \quad (9)$$

434 where  $\mu(\theta)$  is the temperature-dependent shear modulus and  $N(\theta)$  is the temperature-dependent number of  
435 statistical rigid links per chain. Equation (9) also conserves the number of rigid links (cross-links in the  
436 XLPE material and entanglements in the PP material), and hence preserves the mass of the system. The  
437 number of statistical rigid links per chain,  $N$ , is related to the locking stretch as  $\lambda_{\text{lock}} = \sqrt{N}$ . Young's  
438 modulus, and consequently the shear modulus, increases with decreasing temperature for both materials, as  
439 shown in Figures 20 and 21. Equation (9) then implies that the locking stretch increases with temperature.  
440 Investigating the locking stretch at increasing strain rates while keeping the temperature fixed, we see from  
441 Figures 8 and 14 that the implication of Equation (9) holds, i.e., the locking stretch increases at elevated  
442 strain rates due to self-heating in the material (Figures 11 and 17). Exceptions are PP at the highest strain  
443 rate, which fails to form a stable neck below a temperature of  $T = 0$  °C, and XLPE at a temperature of  $-30$   
444 °C, where network hardening does not occur at the two highest strain rates.

445 Considering isothermal conditions ( $\dot{\epsilon} = 0.01 \text{ s}^{-1}$ ), the implications of Equation (9) hold for PP, where  
446 we find that the locking stretch decreases and Young's modulus increases when the temperature decreases.  
447 However, for XLPE, we find that Young's modulus increases for decreasing temperatures, but a less signif-  
448 icant effect is observed in terms of the locking stretch.

## 449 5. Conclusions

450 The following conclusions are drawn:

- 451 • The influence of strain rate and temperature on the mechanical behaviour of PP and XLPE in tension  
452 and compression was studied experimentally. We observed that the yield stress in tension relates to  
453 the temperature and strain rate through the Ree-Eyring flow theory and that Young's modulus follows  
454 an exponential relation with decreasing temperature within the experimental range. This finding holds  
455 for both materials.

- 456 • In terms of self-heating, a substantial temperature increase is observed in both materials at the elevated  
457 strain rates. At the highest strain rate ( $\dot{\epsilon} = 1.0 \text{ s}^{-1}$ ), a continuous temperature increase indicates that  
458 we have close to adiabatic conditions, whereas for the lowest strain rate ( $\dot{\epsilon} = 0.01 \text{ s}^{-1}$ ) isothermal  
459 conditions are met.
- 460 • The polypropylene material exhibits substantial volumetric strains, ranging from 0.6 to 0.9. This is  
461 believed to be caused by cavitation in the rubbery phase of the material. A change in the evolution  
462 of the volumetric strain is also observed at the highest strain rates when decreasing the temperature.  
463 At room temperature, the volumetric strain increases until it reaches a maximum value, after which  
464 it starts to decrease. SEM micrographs suggest that this behaviour is caused by the stabilization  
465 of the growing voids when the material hardens due to large strains, causing the voids to collapse.  
466 However, this does not occur at the lower temperatures, which could be caused by the loss of ductility,  
467 facilitating coalescence rather than void collapse. In the polyethylene material, the volumetric strain  
468 remains small at room temperature but increases when the temperature is lowered.
- 469 • Pressure sensitivity, defined as the ratio between the compressive and tensile yield stress ( $\alpha_p =$   
470  $\sigma_C/\sigma_T$ ), is found to be substantial for the PP material, ranging from a minimum value of 1.22 at  
471 room temperature and the lowest strain rate to 1.71 at a temperature of  $-15 \text{ }^\circ\text{C}$  and the highest strain  
472 rate. This difference in yield stress in the two deformation modes is due to the formation of voids in  
473 tension, a phenomenon that does not occur in compression. In the XLPE material, however, where  
474 the volumetric strain remains small, the pressure sensitivity parameter is close to unity for all test  
475 configurations.

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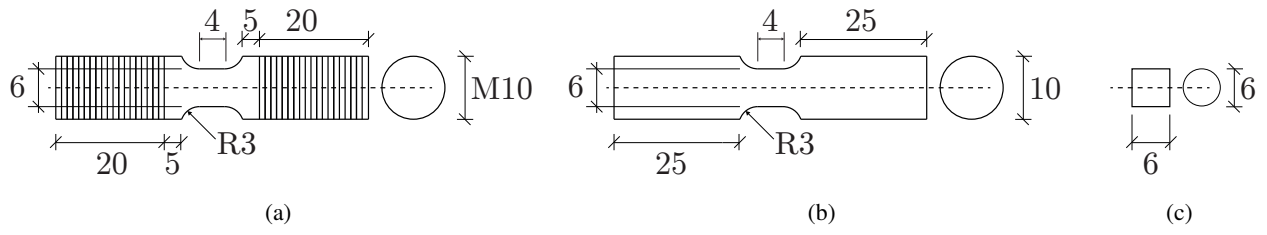


Figure 1: Schematics of (a) tensile test specimen for the PP material, (b) tensile test specimen for the XLPE material, and (c) compression test specimen for both materials. All measures are in mm.

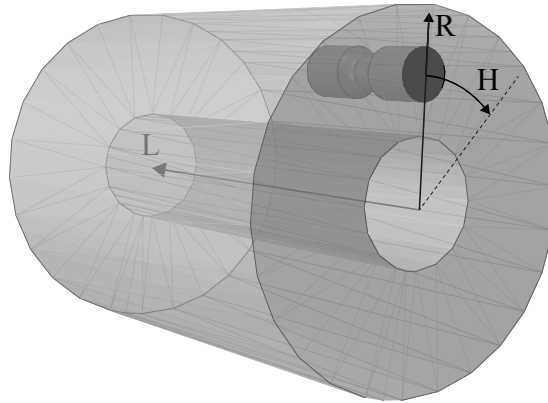


Figure 2: Illustration of the different directions used for the tension and compression specimens, where L, R, and H are the longitudinal, radial and hoop directions, respectively.



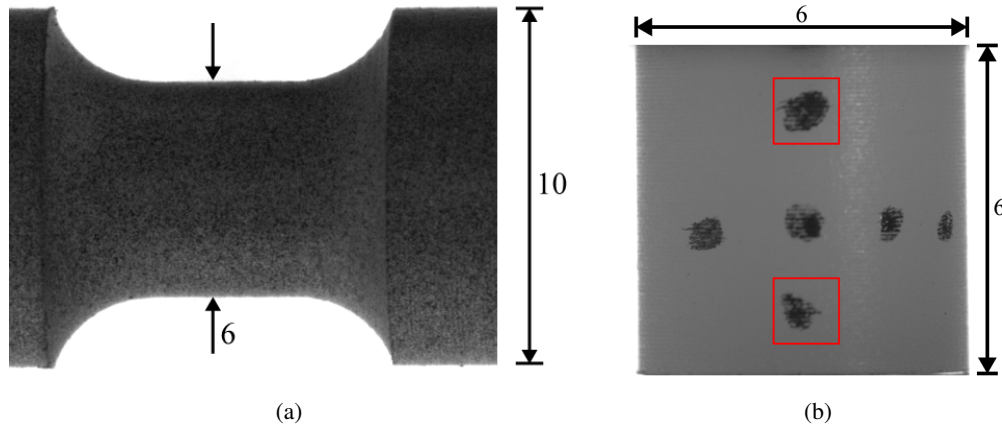


Figure 5: (a) Typical speckle pattern on a tensile specimen and (b) typical surface points on a compression specimen. The red squares indicate the two points that were used to calculate the longitudinal strain in the compression tests. All measures are in mm.

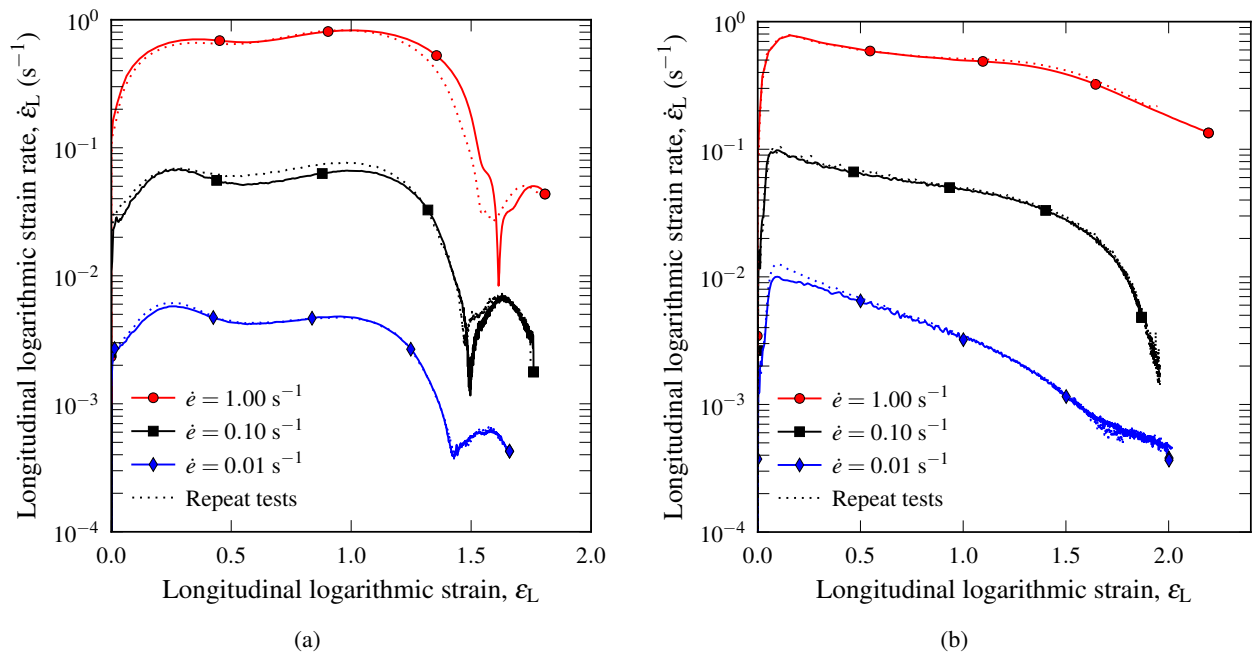


Figure 6: Longitudinal logarithmic strain rate ( $\dot{\epsilon}_L$ ) at room temperature for (a) the XLPE material and (b) the PP material as a function of longitudinal logarithmic strain.



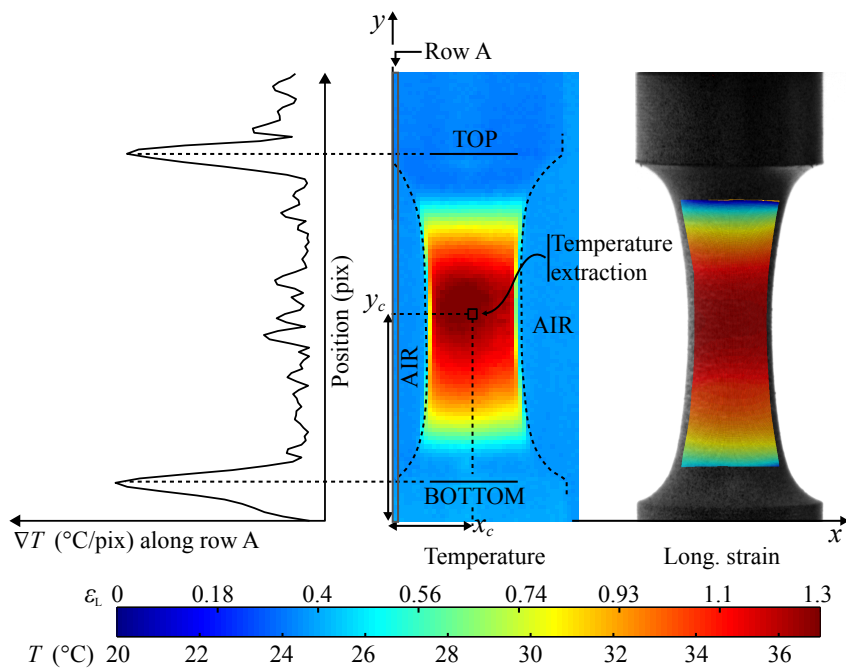
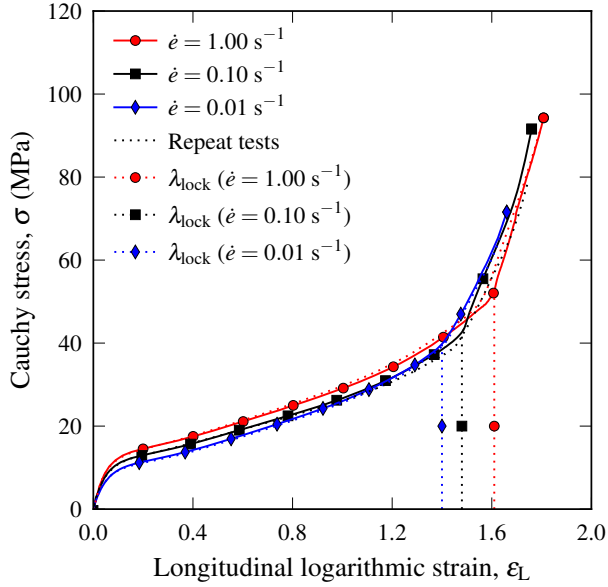
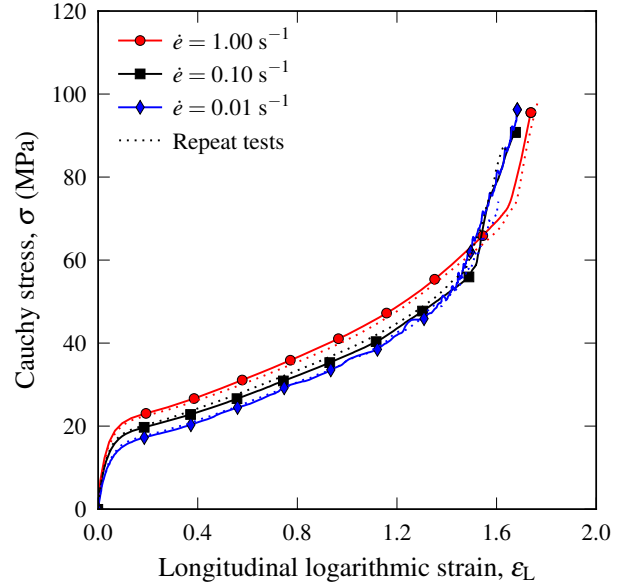


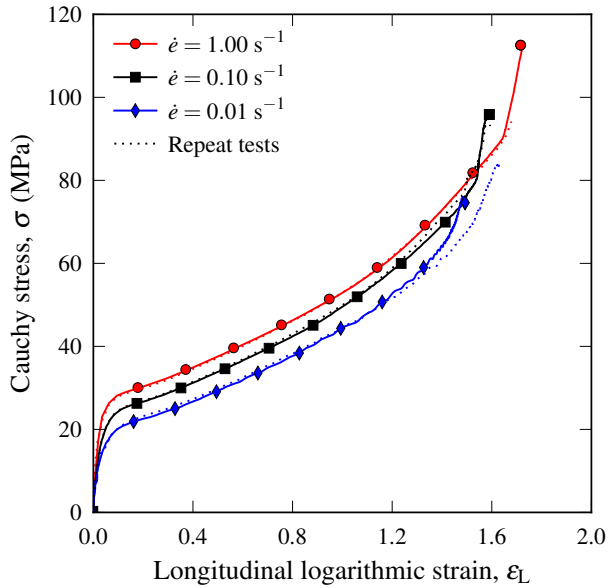
Figure 7: Temperature field from the IR camera alongside the longitudinal strain field from a tension test on PP at room temperature ( $T = 25\text{ }^{\circ}\text{C}$ ) and a strain rate  $\dot{\epsilon}$  of  $1.0\text{ s}^{-1}$ . The temperature gradient,  $\nabla T$ , is calculated along row A to find the top and bottom of the specimen. The temperature was extracted at the position marked with a square. Dashed lines are guides to the eye showing the outline of the tensile specimen.



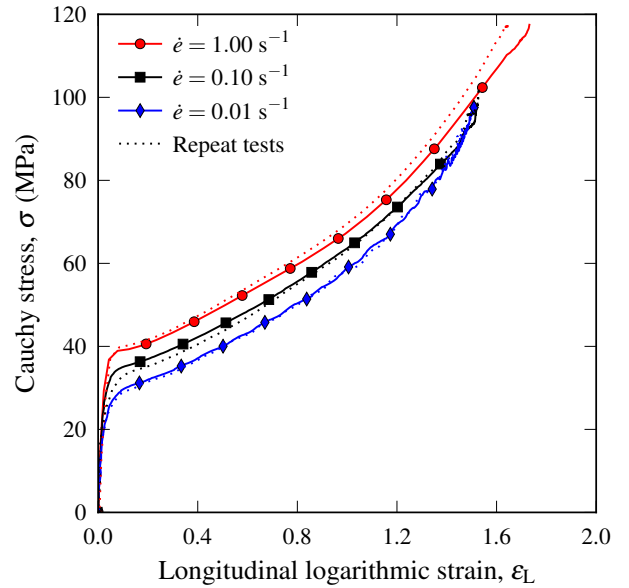
(a)  $T = 25\text{ }^{\circ}\text{C}$



(b)  $T = 0\text{ }^{\circ}\text{C}$



(c)  $T = -15\text{ }^{\circ}\text{C}$



(d)  $T = -30\text{ }^{\circ}\text{C}$

Figure 8: Cross-linked low-density polyethylene (XLPE): Cauchy stress vs. longitudinal logarithmic strain from uniaxial tension tests at three different nominal strain rates,  $\dot{\epsilon} = 0.01\text{ s}^{-1}$ ,  $\dot{\epsilon} = 0.1\text{ s}^{-1}$ , and  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ , at four different temperatures, (a)  $T = 25\text{ }^{\circ}\text{C}$ , (b)  $T = 0\text{ }^{\circ}\text{C}$ , (c)  $T = -15\text{ }^{\circ}\text{C}$ , and (d)  $T = -30\text{ }^{\circ}\text{C}$ . Note that the repeat tests at the two highest strain rates in (a) were performed with only one digital camera.

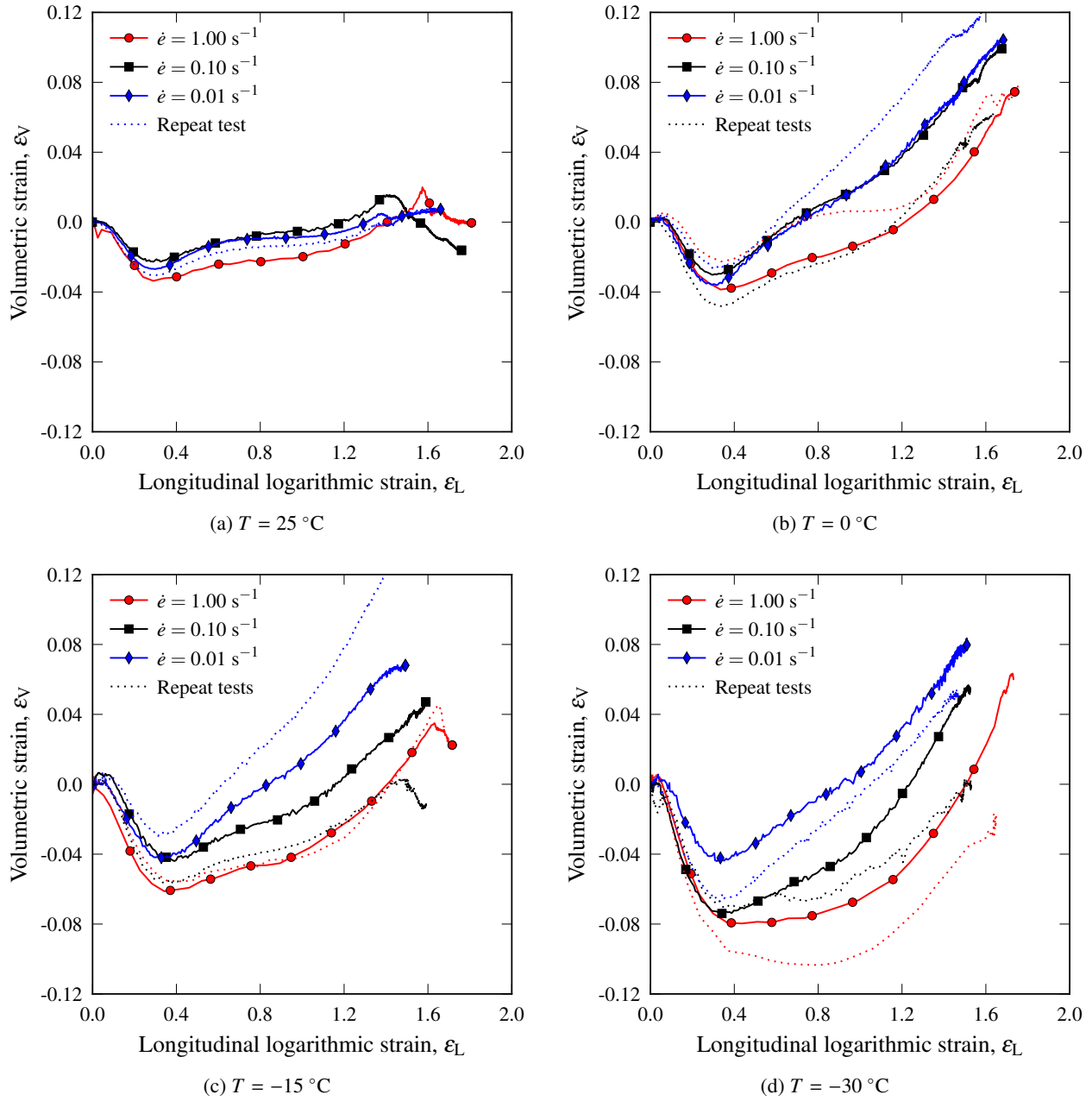


Figure 9: Cross-linked low-density polyethylene (XLPE): Volumetric strain vs. longitudinal logarithmic strain from uniaxial tension tests at three different nominal strain rates,  $\dot{\epsilon} = 0.01\text{ s}^{-1}$ ,  $\dot{\epsilon} = 0.1\text{ s}^{-1}$ , and  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ , at four different temperatures, (a)  $T = 25\text{ }^\circ\text{C}$ , (b)  $T = 0\text{ }^\circ\text{C}$ , (c)  $T = -15\text{ }^\circ\text{C}$ , and (d)  $T = -30\text{ }^\circ\text{C}$ .

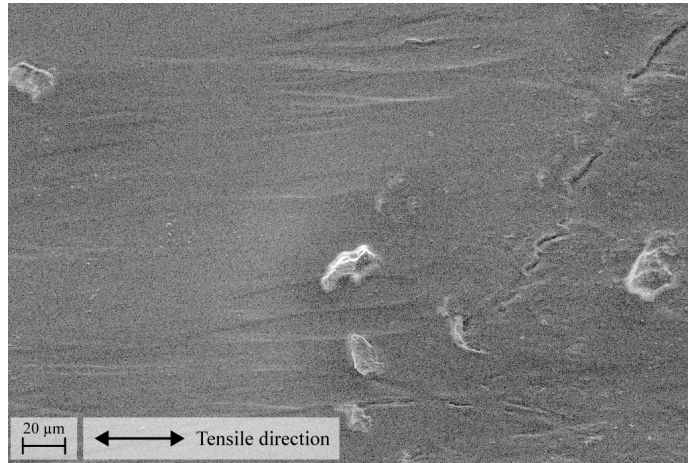
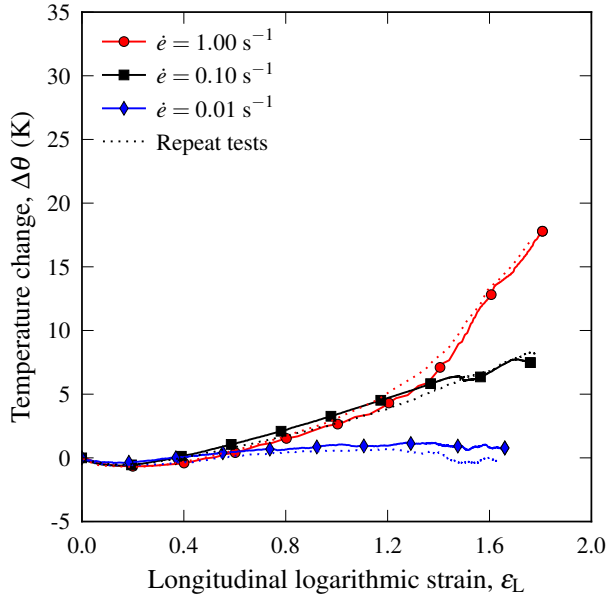
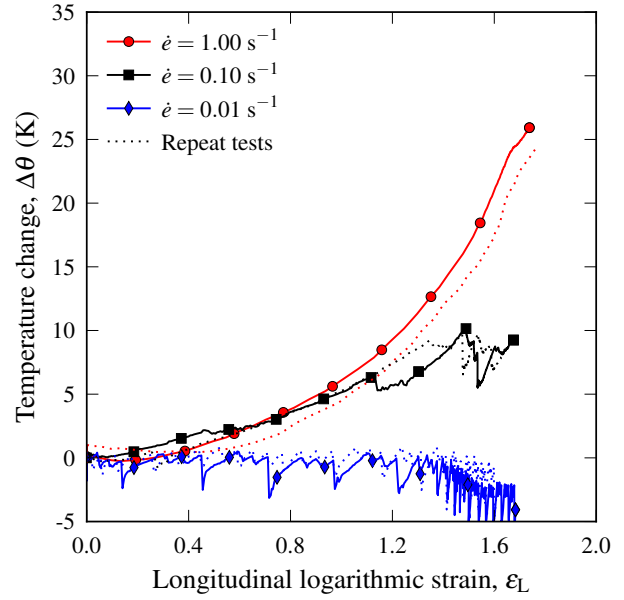


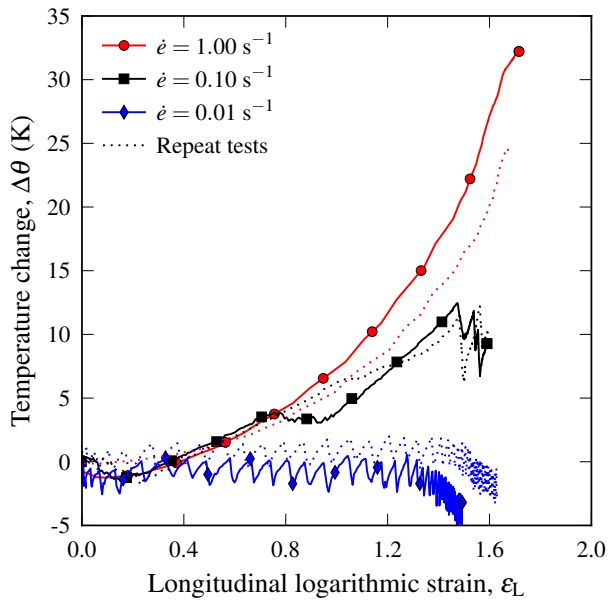
Figure 10: Cross-linked low-density polyethylene (XLPE): Scanning electron microscopy (SEM) micrograph of a tensile specimen loaded to a longitudinal strain of 1.1 and then unloaded.



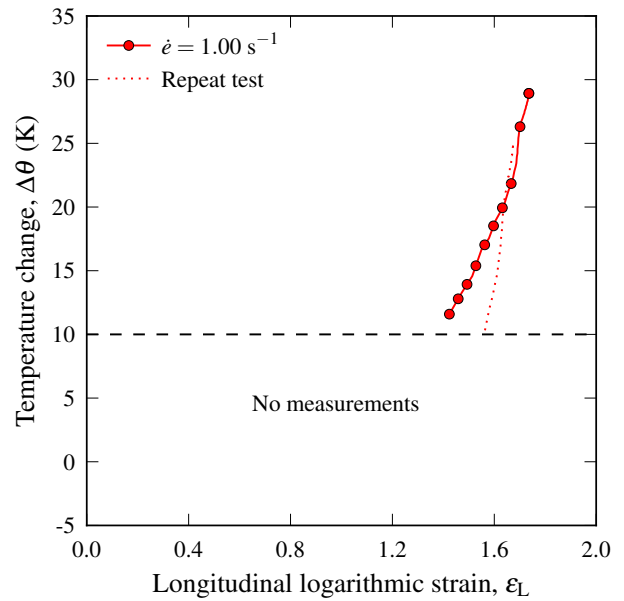
(a)  $T = 25\text{ }^{\circ}\text{C}$



(b)  $T = 0\text{ }^{\circ}\text{C}$



(c)  $T = -15\text{ }^{\circ}\text{C}$



(d)  $T = -30\text{ }^{\circ}\text{C}$

Figure 11: Cross-linked low-density polyethylene (XLPE): Self-heating vs. longitudinal logarithmic strain from uniaxial tension tests at three different nominal strain rates,  $\dot{\epsilon} = 0.01\text{ s}^{-1}$ ,  $\dot{\epsilon} = 0.1\text{ s}^{-1}$ , and  $\dot{\epsilon} = 1.0\text{ s}^{-1}$  at four different temperatures; (a)  $T = 25\text{ }^{\circ}\text{C}$ , (b)  $T = 0\text{ }^{\circ}\text{C}$ , (c)  $T = -15\text{ }^{\circ}\text{C}$ , and (d)  $T = -30\text{ }^{\circ}\text{C}$ .

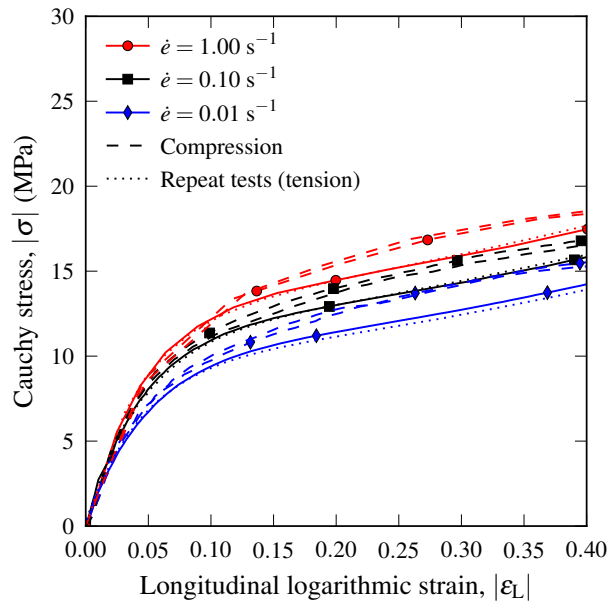


Figure 12: Cross-linked low-density polyethylene (XLPE): Comparison of Cauchy stress vs. longitudinal logarithmic strain curves in compression and tension at  $T = 25$  °C. Note that two repeat tests are given for the compression stress-strain curves.

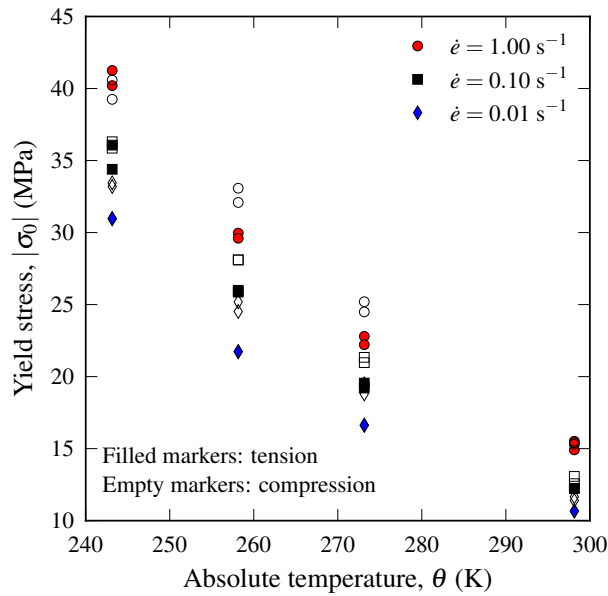
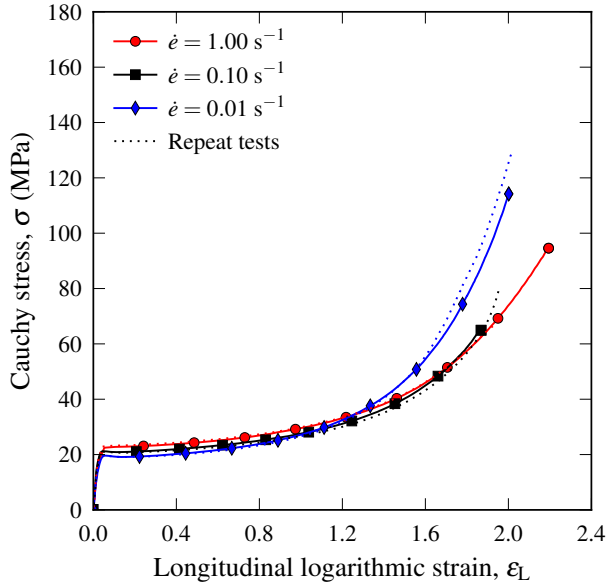
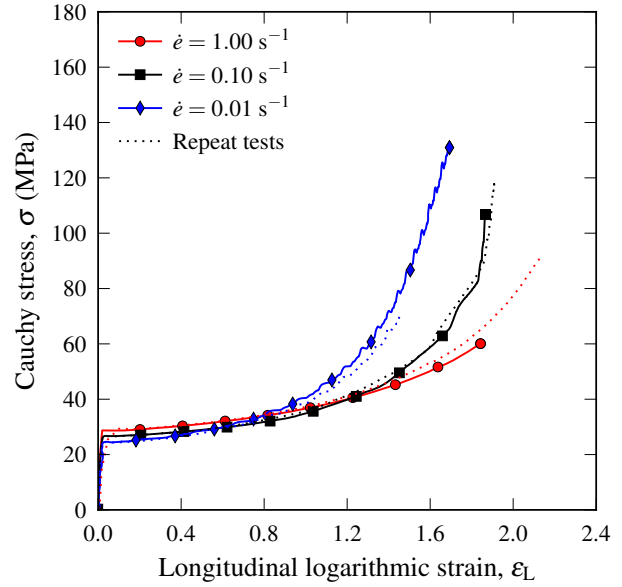


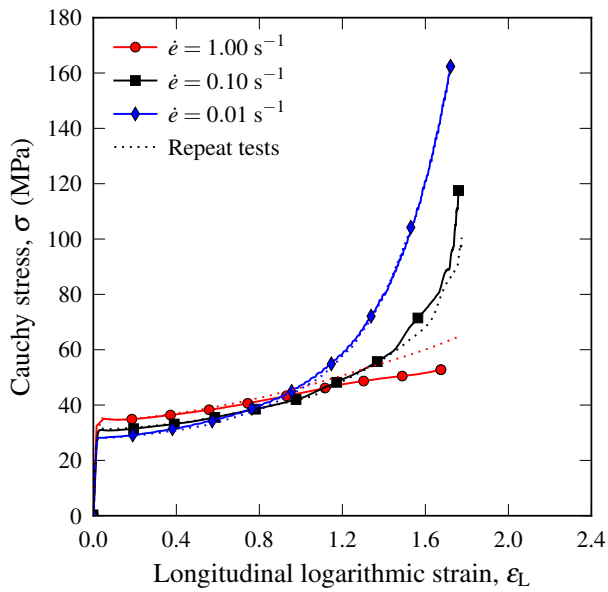
Figure 13: Cross-linked low-density polyethylene (XLPE): Comparison of the tensile and compressive yield stress as a function of temperature and strain rate.



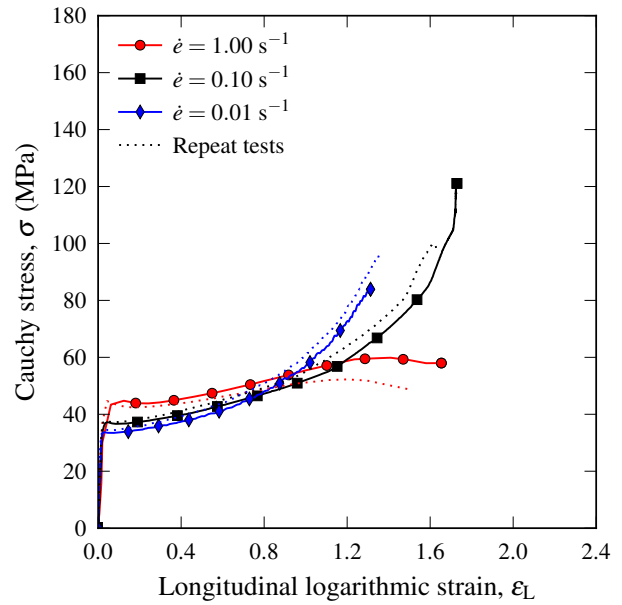
(a)  $T = 25\text{ }^{\circ}\text{C}$



(b)  $T = 0\text{ }^{\circ}\text{C}$

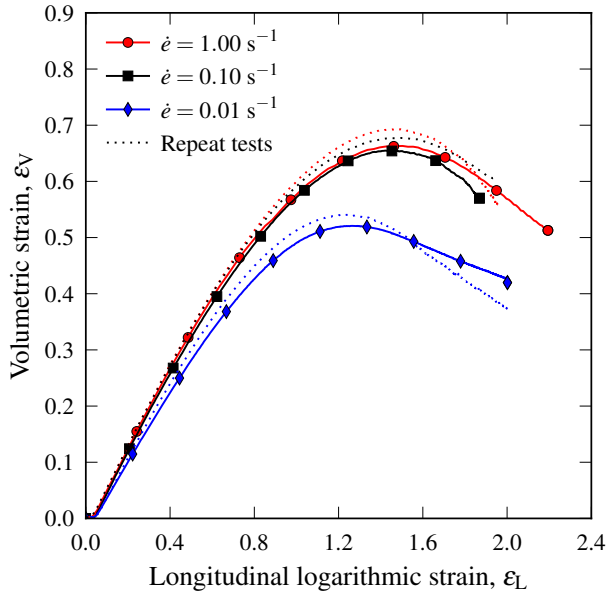


(c)  $T = -15\text{ }^{\circ}\text{C}$

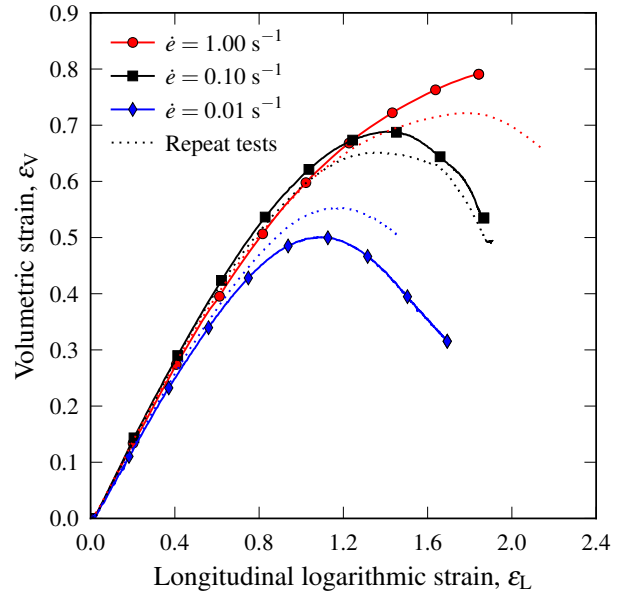


(d)  $T = -30\text{ }^{\circ}\text{C}$

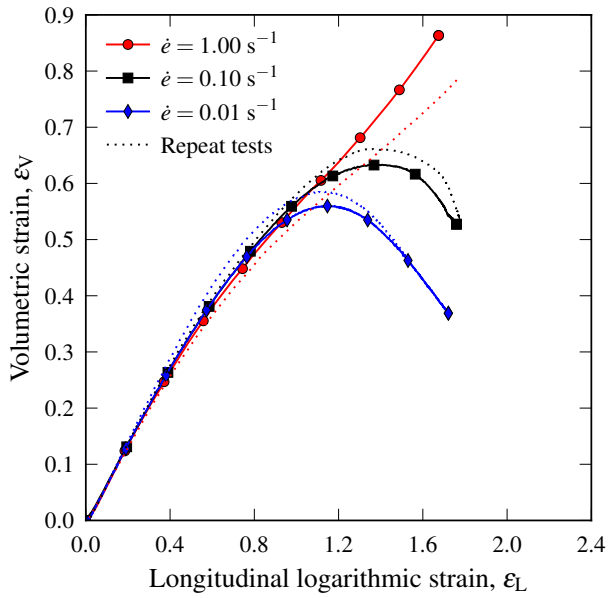
Figure 14: Rubber-modified polypropylene (PP): Cauchy stress vs. longitudinal logarithmic strain from uniaxial tension tests at three different nominal strain rates,  $\dot{\epsilon} = 0.01\text{ s}^{-1}$ ,  $\dot{\epsilon} = 0.1\text{ s}^{-1}$ , and  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ , at four different temperatures, (a)  $T = 25\text{ }^{\circ}\text{C}$ , (b)  $T = 0\text{ }^{\circ}\text{C}$ , (c)  $T = -15\text{ }^{\circ}\text{C}$ , and (d)  $T = -30\text{ }^{\circ}\text{C}$ .



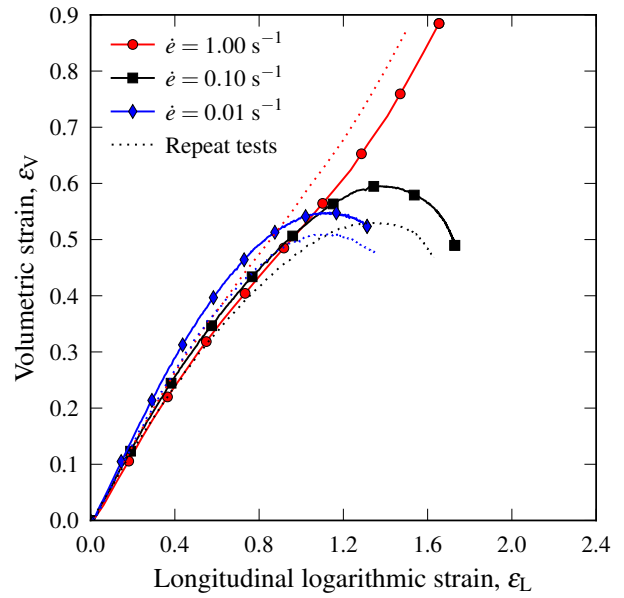
(a)  $T = 25\text{ }^{\circ}\text{C}$



(b)  $T = 0\text{ }^{\circ}\text{C}$



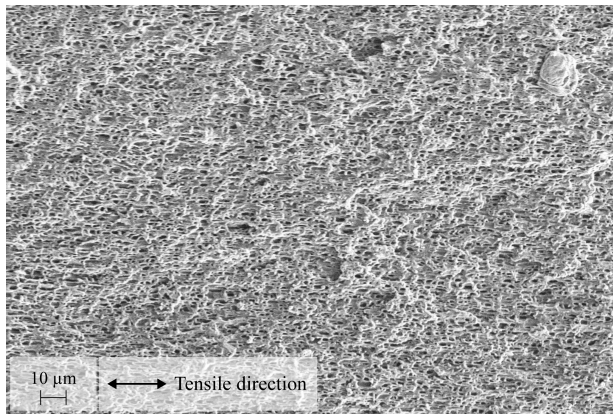
(c)  $T = -15\text{ }^{\circ}\text{C}$



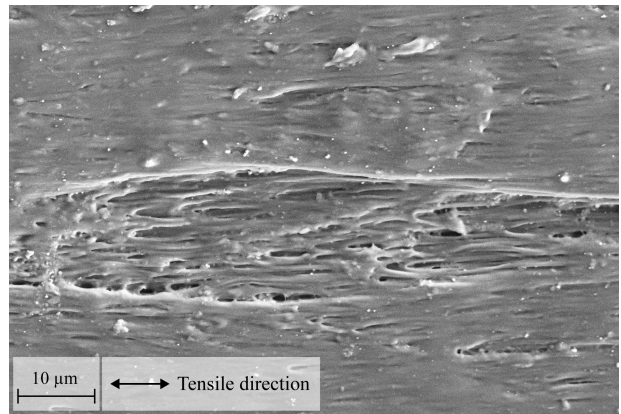
(d)  $T = -30\text{ }^{\circ}\text{C}$

Figure 15: Rubber-modified polypropylene (PP): Volumetric strain vs. longitudinal logarithmic strain from uniaxial tension tests at three different nominal strain rates,  $\dot{\epsilon} = 0.01\text{ s}^{-1}$ ,  $\dot{\epsilon} = 0.1\text{ s}^{-1}$ , and  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ , at four different temperatures, (a)  $T = 25\text{ }^{\circ}\text{C}$ , (b)  $T = 0\text{ }^{\circ}\text{C}$ , (c)  $T = -15\text{ }^{\circ}\text{C}$ , and (d)  $T = -30\text{ }^{\circ}\text{C}$ .



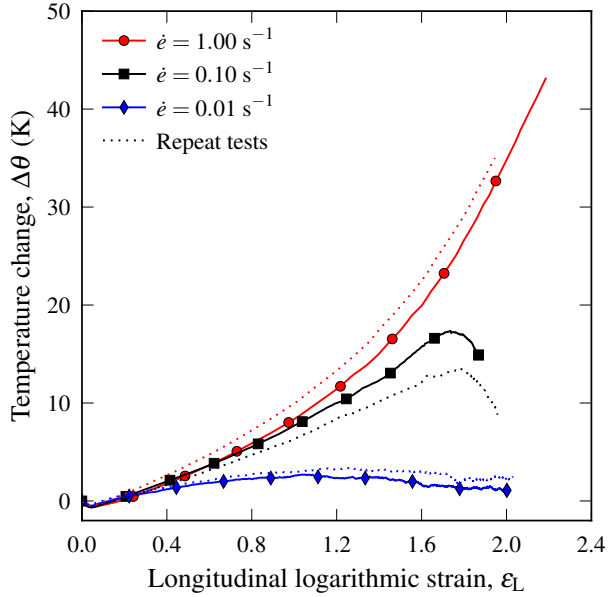


(a)

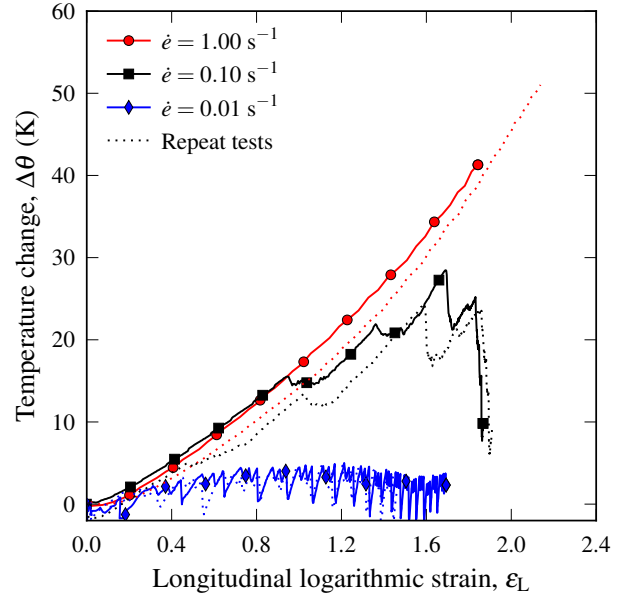


(b)

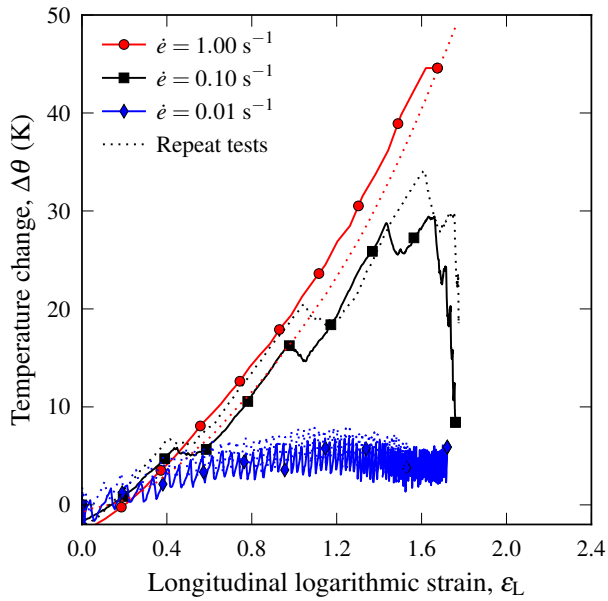
Figure 16: Rubber-modified polypropylene (PP): Scanning electron microscopy (SEM) micrographs of tensile specimens unloaded (a) before and (b) after peak volumetric strain.



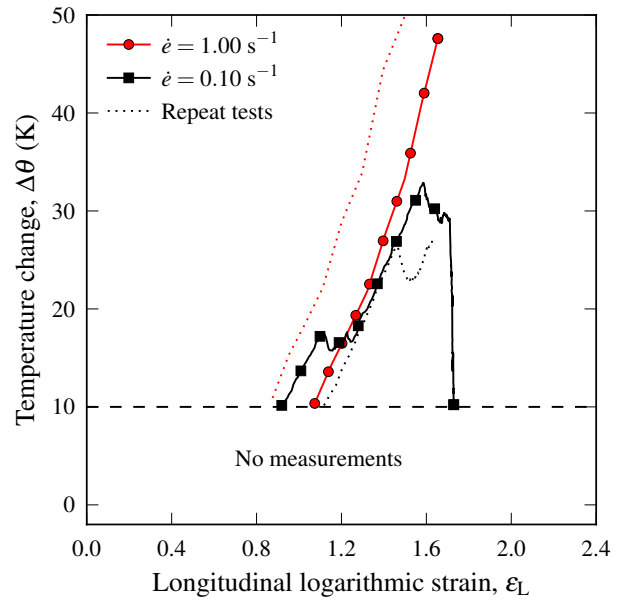
(a)  $T = 25\text{ }^{\circ}\text{C}$



(b)  $T = 0\text{ }^{\circ}\text{C}$



(c)  $T = -15\text{ }^{\circ}\text{C}$



(d)  $T = -30\text{ }^{\circ}\text{C}$

Figure 17: Rubber-modified polypropylene (PP): Self-heating vs. longitudinal logarithmic strain from uniaxial tension tests at three different nominal strain rates,  $\dot{\epsilon} = 0.01\text{ s}^{-1}$ ,  $\dot{\epsilon} = 0.1\text{ s}^{-1}$ , and  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ , at four different temperatures, (a)  $T = 25\text{ }^{\circ}\text{C}$ , (b)  $T = 0\text{ }^{\circ}\text{C}$ , (c)  $T = -15\text{ }^{\circ}\text{C}$ , and (d)  $T = -30\text{ }^{\circ}\text{C}$ .

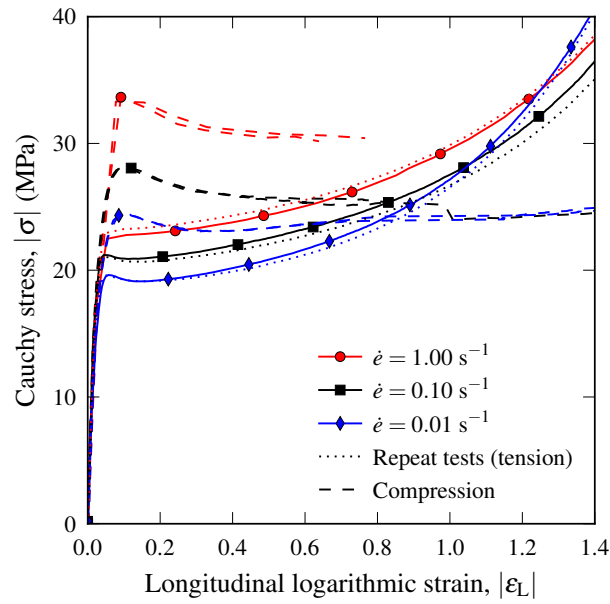


Figure 18: Rubber-modified polypropylene (PP): Comparison of Cauchy stress vs. longitudinal logarithmic strain curves in compression and tension at  $T = 25\text{ }^{\circ}\text{C}$ . Note that two repeat tests are given for the compression stress-strain curves.

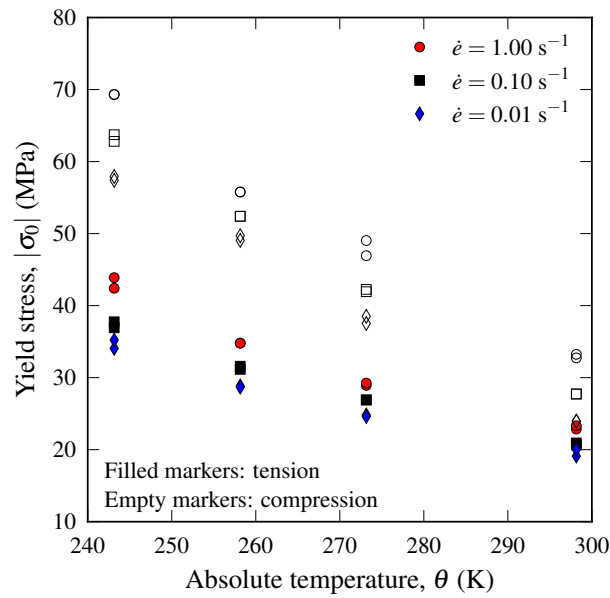


Figure 19: Rubber-modified polypropylene (PP): Comparison of the tensile and compressive yield stress as a function of temperature and strain rate.

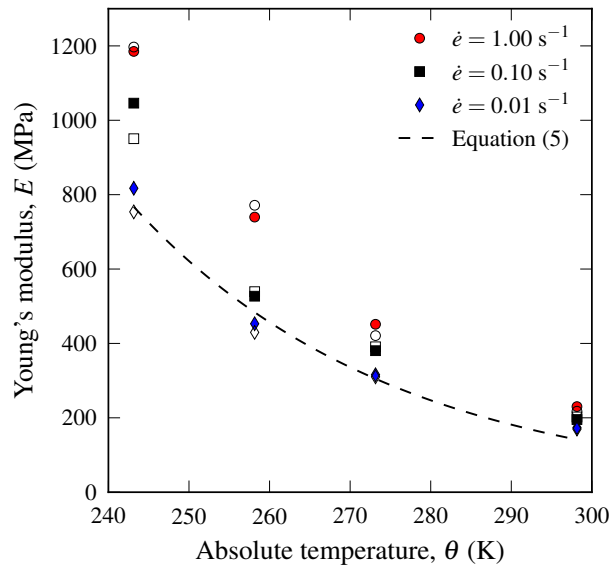


Figure 20: Cross-linked low-density polyethylene (XLPE): Influence of strain rate and temperature on Young's modulus. Equation (5) is fitted only to the Young's moduli at the lowest strain rate. The empty markers are from the repeat tests in Figure 8.

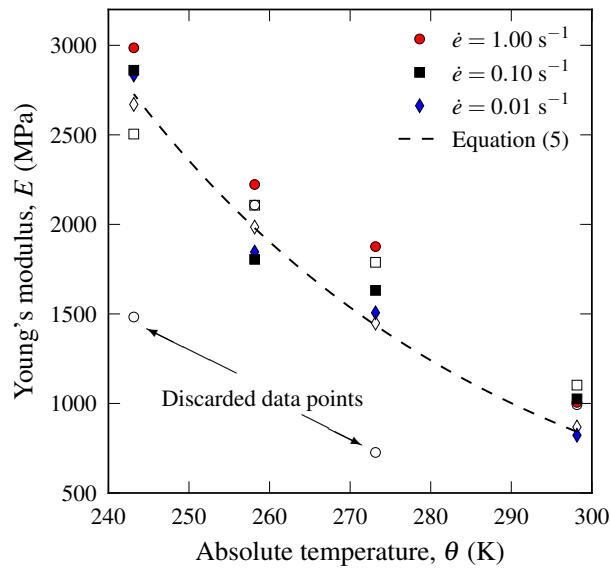


Figure 21: Rubber-modified polypropylene (PP): Influence of strain rate and temperature on Young's modulus. Equation (5) is fitted only to the Young's moduli at the lowest strain rate. The empty markers are from the repeat tests in Figure 14.

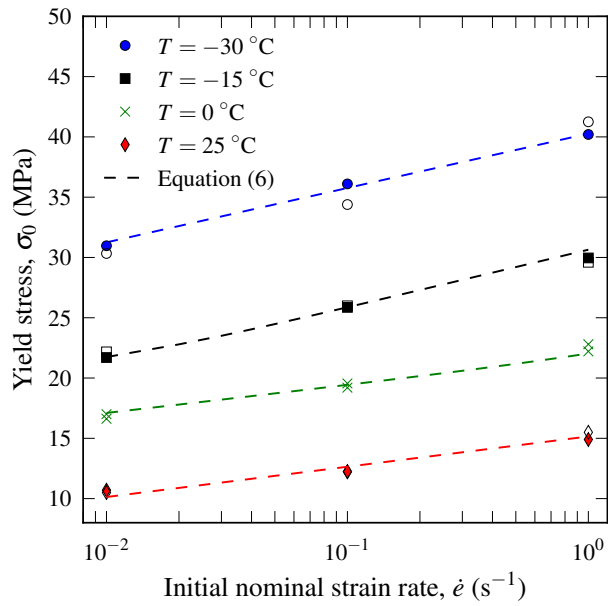


Figure 22: Cross-linked low-density polyethylene (XLPE): Influence of temperature and strain rate on the yield stress. The empty markers are from the repeat tests in Figure 8.

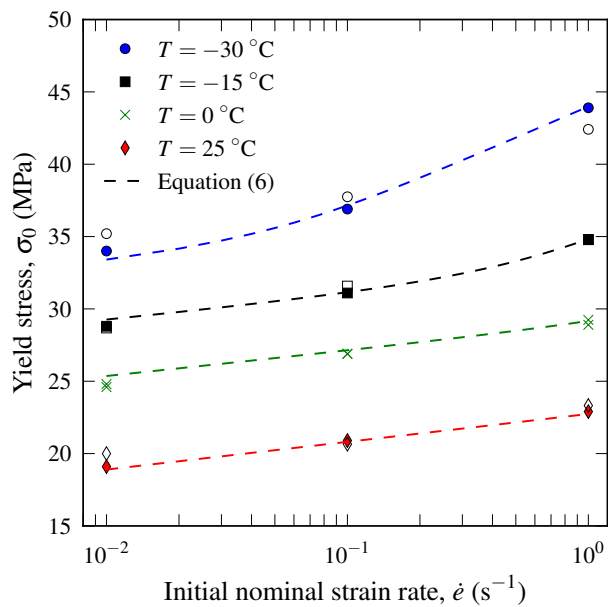


Figure 23: Rubber-modified polypropylene (PP): Influence of temperature and strain rate on the yield stress. The empty markers are from the repeat tests in Figure 14.

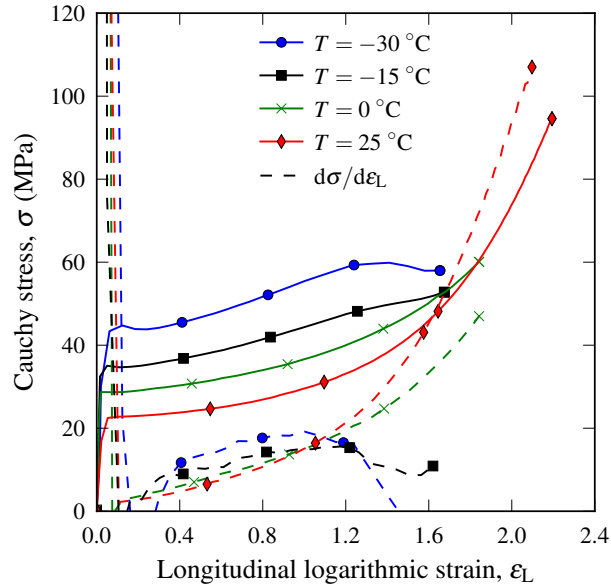


Figure 24: Rubber-modified polypropylene (PP): Considère construction for the uniaxial tension tests at all temperatures for the strain rate  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ .

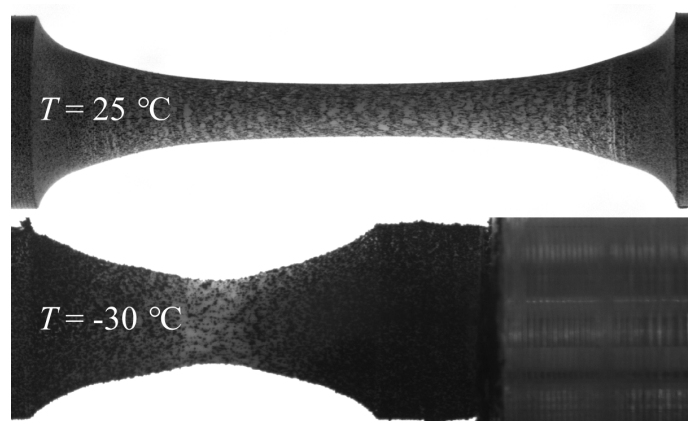


Figure 25: Rubber-modified polypropylene (PP): Comparison of deformed specimens just before fracture in uniaxial tension at  $T = 25\text{ }^\circ\text{C}$  (room temperature) and  $T = -30\text{ }^\circ\text{C}$  at a strain rate of  $\dot{\epsilon} = 1.0\text{ s}^{-1}$ .

Table 1: Material properties for the PP and XLPE materials. All parameters are given for room temperature.

| Material | Density, $\rho$ (kg/m <sup>3</sup> ) | Specific heat capacity, $C_p$ (J/(kg·K)) | Thermal conductivity, $k$ (W/(m·K)) | Heat convection to air, $h_c$ (W/(m <sup>2</sup> ·K)) |
|----------|--------------------------------------|--|-------------------------------------|---|
| XLPE     | 922                                  | 3546                                     | 0.56                                | 21  |
| PP       | 900                                  | 2756                                     | 0.31                                | 18  |

Table 2: Pressure sensitivity parameter,  $\alpha_p = \sigma_C/\sigma_T$ , for the XLPE material.

| $T$ (°C) | $\dot{\epsilon}$ (s <sup>-1</sup> ) |      |      |
|----------|-------------------------------------|------|------|
|          | 0.01                                | 0.1  | 1.0  |
| 25       | 1.08                                | 1.02 | 0.98 |
| 0        | 1.13                                | 1.09 | 1.08 |
| -15      | 1.13                                | 1.08 | 1.09 |
| -30      | 1.08                                | 1.02 | 0.98 |

Table 3: Pressure sensitivity parameter,  $\alpha_p = \sigma_C/\sigma_T$ , for the PP material.

| $T$ (°C) | $\dot{\epsilon}$ (s <sup>-1</sup> ) |      |      |
|----------|-------------------------------------|------|------|
|          | 0.01                                | 0.1  | 1.0  |
| 25       | 1.22                                | 1.33 | 1.43 |
| 0        | 1.54                                | 1.56 | 1.65 |
| -15      | 1.71                                | 1.67 | 1.60 |
| -30      | 1.66                                | 1.69 | 1.61 |

Table 4: Material parameters of the Ree-Eyring model, Equation (6).

| Material | $k_B$<br>(J/K)        | $R$<br>(J/(mol·K)) | $V_\alpha$<br>(nm <sup>3</sup> ) | $\dot{\rho}_{0,\alpha}$<br>(s <sup>-1</sup> ) | $\Delta H_\alpha$<br>(kJ/mol) | $V_\beta$<br>(nm <sup>3</sup> ) | $\dot{\rho}_{0,\beta}$<br>(s <sup>-1</sup> ) | $\Delta H_\beta$<br>(kJ/mol) |
|----------|-----------------------|--------------------|----------------------------------|---|-------------------------------|---------------------------------|--|------------------------------|
| XLPE     | $1.38 \cdot 10^{-23}$ | 8.314              | 3.77                             | $2.48 \cdot 10^{31}$                          | 211.8                         | 3.14                            | $6.07 \cdot 10^{37}$                         | 194.8                        |
| PP       | $1.38 \cdot 10^{-23}$ | 8.314              | 1.37                             | $3.09 \cdot 10^{17}$                          | 86.4                          | 4.95                            | $3.62 \cdot 10^{38}$                         | 286.0                        |