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Nutritional value of the kelps Alaria esculenta and Saccharina latissima and effects of short-term storage on biomass quality --Manuscript Draft--

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| Abstract: | Storage of macroalgae in seawater, prior to further processing, is a standard initial pre- treatment step after harvest to avoid rapid degradation of the biomass. In the context of using seaweeds in human food and animal feed products, such practice may affect the nutritional value and the overall quality of the biomass. The effects of seawater storage on the chemical composition (i.e. mineral fraction, carbohydrates, proteins, polyphenols and fucoxanthin) and surface color of two cultivated kelps, Alaria esculenta and Saccharina latissima, was investigated over a 22-hour period. Storage treatments resulted in a rapid decrease in dry weight during the first two hours (-21.4% and -20.4% in A. esculenta and S. latissima, respectively) with subsequent stabilization. Although it is not clear whether the reduction of dry weight was caused by the release of nutritional compounds from seaweed biomass or water uptake during storage treatment, the results from chemical analyses suggest the combined effect of both mechanisms. Seawater storage increased the ash and sodium contents and reduced carbohydrates and polyphenol levels in both species. Among carbohydrates, the levels of mannitol and glucose (laminaran) were particularly reduced in S. latissima samples while the fucose level, reflecting fucoidans, was reduced in A. esculenta. The protein content remained relatively stable in both species. These results provide evidence of the effect of seawater storage on the quality of the edible kelps A. esculenta and S. latissima. | | | |

| | The results will contribute to selecting post-harvest strategies adequate for maintaining biomass quality, minimizing losses of valuable compounds and increasing profitability for industrial stakeholders. | |
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27 Abstract

28 Storage of macroalgae in seawater, prior to further processing, is a standard initial pre-treatment step after harvest to 29 avoid rapid degradation of the biomass. In the context of using seaweeds in human food and animal feed products, 30 such practice may affect the nutritional value and the overall quality of the biomass. The effects of seawater storage 31 on the chemical composition (i.e. mineral fraction, carbohydrates, proteins, polyphenols and fucoxanthin) and surface 32 color of two cultivated kelps, Alaria esculenta and Saccharina latissima, was investigated over a 22-hour period. 33 Storage treatments resulted in a rapid decrease in dry weight during the first two hours (-21.4% and -20.4% in A. 34 esculenta and S. latissima, respectively) with subsequent stabilization. Although it is not clear whether the reduction 35 of dry weight was caused by the release of nutritional compounds from seaweed biomass or water uptake during 36 storage treatment, the results from chemical analyses suggest the combined effect of both mechanisms. Seawater 37 storage increased the ash and sodium contents and reduced carbohydrates and polyphenol levels in both species. 38 Among carbohydrates, the levels of mannitol and glucose (laminaran) were particularly reduced in S. latissima 39 samples while the fucose level, reflecting fucoidans, was reduced in A. esculenta. The protein content remained 40 relatively stable in both species. These results provide evidence of the effect of seawater storage on the quality of the 41 edible kelps A. esculenta and S. latissima.

The results will contribute to selecting post-harvest strategies adequate for maintaining biomass quality, minimizing
losses of valuable compounds and increasing profitability for industrial stakeholders.

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Key words: alginate, bioactive compounds, carbohydrates, chemical composition analysis, edible seaweeds,
fucose, fucoxanthin, laminaran, macroalgae, mannitol, minerals, polyphenols, potassium, preservation,
processing, protein, sodium

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55 Introduction

56 The use of marine macroalgae as a food item and a functional ingredient has gained increasing interest in the Western 57 world over the past decades. Seaweeds can be cultivated on a large-scale in coastal areas, and may therefore offer 58 superior alternatives to production of terrestrial biomass and related challenges, such as high demand on fresh water 59 and area conflicts. Moreover, macroalgal production rates exceed those of agricultural production (Brinkhuis et al., 60 1987) hence the interest for sustainable cultivation of seaweed biomass for food and feed applications. In Europe, 61 efforts for large-scale cultivation of seaweeds have largely focused on the kelp species Saccharina latissima and Alaria 62 esculenta because of their ability to reach high biomass yields (Kraan et al., 2000; Handå et al., 2013), and for their 63 valuable nutritional content.

64 The nutritional value and health benefits of including seaweeds in the diet are well documented (Déléris et al., 2016). 65 High content of minerals, vitamins and trace elements (Mabeau and Fleurence, 1993; Rupérez, 2002; MacArtain et 66 al., 2007; Holdt and Kraan, 2011) has been an argument for developing food supplements based on macroalgae. 67 Previous studies highlighted the potential for using seaweeds as a functional ingredient in manufactured food products 68 e.g. as a salt-replacing ingredient, by lowering the sodium to potassium (Na/K) ratio, hence resulting in a healthier 69 mineral profile (López-López et al., 2009a; López-López et al., 2009b), in contrast to traditional products with high 70 Na/K ratios. Besides, seaweeds are a rich source of various natural antioxidants such as polyphenols which reach 71 particularly high levels in brown algae (up to 25 % dry weight, Magnusson et al., 2017) and play a role in preventing 72 lipid oxidation (Wang et al., 2010). In addition, seaweed polyphenols are also described in the literature for their anti-73 allergic properties (Fleurence and Ar Gall, 2016) which leads to the multiple applications of seaweed phenolic 74 compounds e.g. in pharmaceutical, food and cosmetic industries. Likewise, fucoxanthin, a xanthophyll pigment 75 abundant in kelp species, is a potent antioxidant (Fung et al., 2013) with anti-obesity and anti-diabetic effects (Maeda 76 et al., 2005; Maeda et al., 2008). Other compounds such as polysaccharides (dietary fibers, Dawczynski et al., 2007), 77 proteins, amino-acids (Fleurence, 2004; Mæhre et al., 2014) and lipids (Sánchez-Machado et al., 2004) are highly 78 relevant towards food and feed applications for both terrestrial and marine organisms (Soler-Vila et al., 2009; Evans 79 and Critchley, 2014). Although seaweeds have been underutilized as food in Western countries, they have enjoyed 80 increasing popularity over recent decades mainly introduced by Asian dishes. Previous studies have revealed the 81 potential of native seaweed species along the Atlantic coast of Europe, e.g. the red algae Palmaria palmata and the kelps *Saccharina latissima* and *Alaria esculenta*, to be used as food ingredients in a wide range of foodstuffs both as
vegetables and flavor enhancers (Mouritsen, 2012; Chapman et al., 2015).

84 Industrial applications of seaweeds are multiple, and the use of macroalgal biomass as raw material for the provision 85 of valuable compounds is growing rapidly (Kumar et al., 2008). Integrated processes maximizing biomass utilization 86 by recovering a stream of products from seaweed biomass have been studied with promising results (Hou et al., 2015; 87 Baghel et al., 2016). However, the high water content of seaweeds (70 to 90 %, Jensen, 1993) represents a challenge 88 for conserving and transporting large amounts of biomass (as in industrial production) from harvesting to processing 89 sites. Seaweeds are characterized by a rapid microbial decomposition once harvested (Enríquez et al., 1993), and thus 90 require appropriate preservation methods to maintain biomass quality and ensure product safety. Moreover, the year-91 round cultivation of kelps is often hindered by the onset of biofouling during the summer, causing extensive 92 destruction of the crop (Forbord et al., 2012; Bruhn et al., 2016) and forcing producers to harvest in May-June. Primary 93 processes of harvested seaweeds such as drying, can effectively stabilize the biomass but require technology and may 94 be difficult to implement close to harvesting sites. Moreover, drying large biomass volumes is extremely energy 95 demanding, lowering the environmental and economical sustainability of the process chain. Drying also affects the 96 chemical content (Chan et al., 1997; Gupta et al., 2011) with consequences for the product's nutritional value as well 97 as extraction yields of bioactive compounds during further processing. Alternative postharvest treatments with the 98 purpose of maintaining biomass quality include seawater storage (Paull and Chen, 2008), cold storage (Liot et al., 99 1993) and silage (Herrmann et al., 2015), but generally the effects of early treatments of macroalgal biomass is highly 100 understudied. Finding sustainable processes that can stabilize rapidly large quantities of seaweeds is therefore a crucial 101 step for the development of a new bio-economy based on cultivated macroalgal biomass.

102 The present work reports on the impact of short-term seawater storage on the biomass quality of two cultivated kelps, 103 namely *A. esculenta* and *S. latissima*. Quality was defined as the seaweeds' content of bioactive compounds including 104 mineral fraction, carbohydrates, proteins, polyphenols, fucoxanthin, as well as surface color. The aim of this study 105 was to assess whether seawater storage can assist in temporarily maintaining the quality of seaweed biomass to be 106 used as food ingredient, and in other industrial applications.

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108 Materials and methods

Biomass harvesting Samples of A. esculenta and S. latissima were harvested from CEVA's cultivation site (latitude: 48.836362 N, longitude: -3.044157 W) at Pleubian, off the Northern coast of Brittany in France on May 27th and 28th 2016, respectively. If epiphytic brown seaweeds (Ectocarpaceae) were observed on the distal part of some blades, these sections were cut off and discarded. The biomass was stored in mesh bags during boat transport to the laboratory. Care was taken not to overload the bags with seaweeds to avoid spontaneous fermentation processes. All biomass samples were received and treated within 2 h post-harvest.

115 Storage and sample treatment Batches of 5 kg of harvested seaweeds were transferred to tanks supplied with air 116 bubbling to ensure water mixing, and filled with 100 L seawater, as this stocking density previously had shown good 117 results in maintaining the organoleptic qualities and microbiological characteristics of Ulva sp. and P. palmata 118 (CEVA, unpublished results). The seawater was pumped from the same bay as the cultivation site, filtrated (10 µm) 119 and maintained at a temperature of 18 $^{\circ}C \pm 1$ $^{\circ}C$ throughout the experiment. Samples of 500 g of seaweed biomass were 120 analyzed for their chemical content both, prior to (t_0) and after 22 h storage. The initial sampling at t_0 corresponds to 121 biomass arrival at the laboratory after harvest and transport. In addition, samples were taken after 1, 2 and 6 h treatment 122 for determination of the dry weight (DW), ash content as well as color analysis. All treatments were performed in 123 triplicate. Sampled blades were gently blotted to remove excess water, vacuum-packed and frozen until freeze-drying 124 (C38L Cryorivoire), then ground to 250 µm (using a knife-mill) prior to chemical analyses. The DW was determined 125 gravimetrically as the residue remaining after freeze-drying and subsequent oven-drying to remove residual moisture. 126 Ash content The samples' ash content was determined using a standard procedure (AFNOR, 1977) in which samples 127 were combusted at 550 °C for 12 h in a laboratory muffle furnace. Ashes were quantified gravimetrically after 128 combustion.

Sodium (Na), Potassium (K) analysis Na and K contents were analyzed following an official reference method (AOAC 984.27, AOAC, 2000) in which samples were combusted overnight in a muffle furnace. The ashes were solubilized in nitric acid (HNO₃, 65 %) under high heat and pressure using a laboratory microwave oven. The Na and K of the solutions were quantified by inductively coupled plasma atomic emission spectroscopy (ICP-OES, Perkin Elmer Optima 7300DV).

Carbohydrate analysis Neutral sugars (D-glucose, D-galactose, D-mannose, D-xylose, L-fucose, L-rhamnose), D mannitol and uronic acid (D-glucuronique, D-mannuronic, poly-D-guluronic and poly-D-mannuronic) composition
 were determined by high-performance liquid chromatography (HPLC) analysis after depolymerization under

137 methanol- acid hydrolysis reaction (methanolysis) as described by Quemener et al. (2000). Ground freeze-dried 138 seaweed samples of 15 mg were transferred into 2 mL MeOH-HCl solution (prepared by adding acetyl chloride in 139 methanol, 17/3 v/v). Methanolysis was conducted at 100 °C for 4 h, after which neutralization was achieved by adding 140 silver carbonate (successively 100 mg then 50 mg) until pH reached 4-5. The solutions were evaporated at 47 °C for 141 16 h, then dissolved in distilled water and filtered prior to HPLC analysis (Grace smart RP18, 5 µm, 4.6×250 mm). 142 Chromatographic peaks were identified by comparison with high purity reference sugars purchased from Sigma-143 Aldrich (Steinheim, Germany) except for the poly-D-guluronic and poly-D-mannuronic standards prepared at 144 CEVA's laboratory.

145 Protein content Total nitrogen (N) was determined in ground freeze-dried samples using a CHNS-O elemental 146 combustion system (Costech Instruments ECS 4010) at a temperature of approximately 1000 °C, where the samples' 147 N is converted to N gas/oxides. Results were expressed in gram N per 100 g of dried sample. A N-to-protein conversion 148 factor of 5, recommended as suitable to predict the protein content of brown seaweeds (Angell et al., 2016), was used. 149 **Polyphenolic content** The polyphenolic content of algal extracts was determined colorimetrically using the Folin-150 Ciocalteu reagent according to the method of Ragan and Glombitza (1986). The extraction was performed using 250 151 mg of ground freeze-dried seaweed samples in 10 mL solvent (acetone/water, 80/20 v/v). The mixture was incubated 152 for 1 h in the dark at room temperature. After decantation, the supernatant was recovered and re-extracted under the 153 same conditions. Both supernatants were pooled prior to filtration (0.45 μ m). The filtrate represented the seaweed 154 sample extract. Then, 200 µL of seaweed extract was mixed with 1300 µL distilled water and 100 µL Folin-Ciocalteu 155 reagent followed by the addition of Na₂CO₃ (29%). After incubation at 45 °C for 30 min in the dark, the absorbance 156 was recorded at 760 nm using a UVIKON-XL spectrophotometer (Bio-Tek Instruments, USA), with phloroglucinol 157 used as the standard reference (Sigma-Aldrich, Steinheim, Germany). A standard curve with serial phloroglucinol 158 solutions (ranging from 0 to 100 µg ml⁻¹) was used for calibration. The polyphenol contents were expressed as gram 159 phloroglucinol equivalent per 100 g of dried sample. Analyses were performed in duplicate with 10 % relative 160 uncertainty of measure.

161 *Fucoxanthin content* The extraction of fucoxanthin from seaweed samples was carried out in ethanol/water solvent 162 60/40 for 2 h in ice bath protected from light (1 % seaweed powder in solvent). After decantation, the seaweed 163 sample residue was subjected to a second extraction following the same conditions. The supernatants were pooled 164 prior to analysis. The fucoxanthin content in the extracts was determined by reversed phase HPLC in a YMC 165 Carotenoid column (250x4.6 mm i.d. 5.5 µm particle size, INTERCHIM, France) with UV detection at 448 nm.
166 Acetonitrile, methanol and water was used as mobile phase. A commercial fucoxanthin standard (C5753,
167 Caroténature,) was used for quantification.

168 Surface color The surface color of seaweed samples was analyzed by a computerized image technique known as 169 computer vision system (CVS) as described by Girolami et al. (2013), using a digital camera (Canon EOS 60D) and 170 a 35 mm lens (Canon EF 35mm f/2) mounted in a black box isolated from any external light. Lighting was achieved 171 with two fluorescent light bulbs with a color temperature of 6500K (D₆₅, standard light source commonly used in food 172 research) positioned at an angle of 45° from the sample to obtain uniform lighting. The color was analyzed 173 quantitatively using Photoshop (Photoshop CC 2015, Adobe Systems Inc.) and expressed in CIE L* (whiteness or 174 brightness), a^* (redness/greenness) and b^* (yellowness/blueness) coordinates, as described by Yam and Papadakis 175 (2004). A minimum of three blades from each sample were photographed and the results averaged prior to calculating 176 the total color difference (ΔE) using Eq. (1), where L^*_0 , a^*_0 and b^*_0 are color coordinates of the samples before 177 treatment.

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$$\Delta E = \sqrt{(L^* - L^*)^2 + (a^* - a^*)^2 + (b^* - b^*)^2}$$
(1)

Statistical analysis Raw data were pre-processed for descriptive statistics and results expressed as mean \pm standard error (n = 3). All data sets from chemical and color analysis were tested for normality using the Shapiro-Wilk's test and homogeneity of variances using the Levene's test. A repeated measures analysis of variance (RM ANOVA) at *p* < 0.05 was used to detect significant differences among storage duration treatments on the quality parameters analyzed at all sampling times. The paired sample *t*-test was used to detect significant differences on quality parameters analyzed only at t₀ and at the end of the storage treatment. All statistical analyses were performed on R (R Development Core Team, 2008).

186

187 Results

188 The effects of short-term storage in seawater on the kelp species *A. esculenta* and *S. latissima* were assessed by 189 compositional analysis. The chemical composition of the harvested biomass prior to and after 22 h storage treatments 190 is shown in table 1.

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192 Both species were characterized by a high ash content, reflecting macro-minerals and trace elements, reaching 193 approximately 25 % of the DW of the biomass. Analysis of individual minerals revealed high levels of Na and K in 194 both species, with low Na/K ratios, especially in S. latissima, which contained nearly twice as much K as Na. The 195 total carbohydrate content, which was quantified as the sum of each individual sugar, was slightly higher in S. latissima 196 than in A. esculenta. The sum of guluronic and mannuronic acids (known as G- and M-units) measured in the samples, 197 which are the monomeric units composing alginate, was used to quantify the alginate content. It represented close to 198 50 % of the total carbohydrates in both species. Mannitol was abundant in S. latissima, reaching 17 % DW, while A. 199 esculenta contained more glucose and fucose than S. latissima. Galactose, mannose and glucuronic acid were also 200 found in small amounts, close to or under the detection limit of 0.5 mg 100g⁻¹ DW. Similar protein levels were 201 estimated for both kelp species, reaching over 10 % DW, using 5 as N-to-protein conversion factor. The samples of 202 A. esculenta contained almost 5 times more polyphenols than samples of S. latissima and twice as much fucoxanthin. 203 A decrease in DW was observed in both A. esculenta and S. latissima throughout seawater storage although this trend 204 was only significant in A. esculenta (RM ANOVA, p < 0.05) probably due to the relatively high variation in the results 205 of DW analysis in S. latissima at t₀. The decrease occurred mainly during the first two hours of the treatment resulting 206 in 21.4 % and 20.4 % DW losses for both species respectively after 2 h (fig. 1). A marginal increase in DW was 207 observed in both kelps after 6 h storage. Expressing the results from chemical analyses as part of the DW of the 208 biomass reflects on the relative proportions of each compound analyzed and does not highlight their absolute variation 209 throughout the storage period when significant losses of dry matter occur. A decrease in DW can be the result of a 210 release of compounds and/or seawater uptake from the biomass.

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212 The samples of A. esculenta and S. latissima taken after 22 h storage in seawater were both characterized by higher 213 relative ash contents (expressed in g 100 g⁻¹ DW, 12 % \pm 7 % and 14 % \pm 10 % respectively, table 1) and significantly higher Na levels (33 $\% \pm 5$ % and 19 $\% \pm 5$ % respectively) compared to initial levels prior to treatment, while the K 214 215 levels remained relatively stable. The Na/K ratio was unaffected in S. latissima and slightly increased in A. esculenta. 216 The relative content in total carbohydrates was reduced by 7 % \pm 4 % and 13 % \pm 2 % in A. esculenta and S. latissima 217 respectively. An important reduction of mannitol (-29 $\% \pm 12$ %) and glucose levels (-44 $\% \pm 13$ %) was observed in 218 S. latissima although these trends were not validated by the paired sample t-test due to high variations within 219 triplicates. The levels of fucose were significantly reduced in A. esculenta (-22 % \pm 3 %) as well as polyphenol levels

220 $(-26 \% \pm 3 \%)$ while the protein and fucoxanthin contents were stable throughout storage of this species. A reduction 221 in polyphenol (-29 % ± 6 %) and fucoxanthin levels (-17% ± 6%) was registered in *S. latissima* samples after 22 h

- storage in seawater while the relative proportion of protein as part of the DW slightly increased (9 $\% \pm 2 \%$).
- 223

224 Variations in the biomass' surface color, defined by the color coordinates L^* , a^* and b^* , were recorded during storage 225 using a CVS. The RM ANOVA detected significant variations in L^* and b^* in both species during seawater storage 226 (p < 0.05). Both L* and b* followed an irregular pattern throughout treatment of A. esculenta, while values for the 227 same color coordinates increased (i.e. gained lightness and yellowness) in S. latissima blades until 6 h storage, then 228 decreased towards initial values (fig. 2). Variations in the a* parameter did not significantly contribute to the overall 229 color variation in both species. Despite different color profiles prior to storage, i.e. lighter and more yellow blades of 230 A. esculenta compared to S. latissima, both kelps displayed relatively similar values among the three coordinates after 231 22 h of storage. The total color variation (ΔE) reflected the variation in each of the three chromatic coordinates (L^* , 232 a^* and b^*) during storage as compared to initial values measured at t₀. Despite a relatively high variation among the 233 blades photographed at each sampling time, the observed differences in color were greater after 6 h storage in both 234 species (fig. 3). In the case of A. esculenta, ΔE did not reflect the absolute variations of both L* and b* coordinates, 235 which oscillated around their initial values during the first 6h of storage. The comparatively smaller ΔE value of S. *latissima* at 22 h compared to 6 h treatment was explained by a decrease in L^* and b^* at 22 h to values closer to the 236 237 initial color profile of the biomass at t₀.

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239 Discussion

The results from chemical analyses of *Alaria esculenta* and *Saccharina latissima* revealed concentrations of a range
of nutritional compounds, including carbohydrates, minerals, proteins and fucoxanthin, as previously reported in the
literature (Holdt and Kraan, 2011; Schiener et al., 2015).

Carbohydrates amounted for over 40 % of the DW in both species and were mainly composed of alginate. Alginate, which is the main skeletal component of the intercellular matrix in brown algae, represented 49 % and 47 % of the total carbohydrates in *A. esculenta* and *S. latissima* respectively, although the alginate levels reported in this study were lower than those found in other kelps species, e.g. *Laminaria hyperborea* (Draget et al., 2002). Being indigestible, alginates are regarded as a source of dietary fiber with beneficial health effects both on colonic andcardiovascular health (Brownlee et al., 2005).

249 Fucose is mainly found in sulphated form, constituting the backbone of a group of water-soluble polysaccharides 250 originally called fucoidans or fucans found in the cell wall and intercellular space in brown seaweeds (Skriptsova, 251 2015). Fucoidans represents a diverse group of sugars with large structure variations among sources and within 252 seaweed species, and with a wide range of documented biological activity, including anti-tumoral and immune-253 stimulating effects (Hayashi et al., 2008; Pádua et al., 2015). Although the fucoidan content of the two kelp species 254 was not investigated in this study, the level of fucose can be indicative of the fucoidan content and compared to values 255 reported in the literature. Ale and al. (2011) measured higher levels of fucose in Fucus vesiculosus (13.9 g 100g⁻¹ 256 DW), suggesting that A. esculenta and S. latissima may not be a major source of fucoidans.

257 Glucose in Laminariales species is mainly found within cell walls in form of cellulose (insoluble dietary fibers, 258 Rupérez and Saura-Calixto, 2001) and laminaran, a soluble storage glucan found to accumulate in kelps during 259 summer and autumn (Black, 1950; Adams et al., 2011; Schiener et al., 2015). The glucose content obtained from the 260 methanol- acid hydrolysis reaction (methanolysis) directly reflects the laminaran content of the samples. The levels measured in this study in A. esculenta (8.5 g 100g⁻¹ DW) and S. latissima (5.0 g 100g⁻¹ DW) were respectively lower 261 262 and comparable to the laminaran levels measured from the same species harvested in Scotland at this time of the year 263 (Schiener et al., 2015). Mannitol, another major storage carbohydrate, was also found at high levels, particularly in S. 264 latissima, reaching 17.6 % of the DW. This water-soluble monosaccharide which is abundant within the intracellular 265 matrix of kelp species, follows the same seasonal pattern as laminaran and can reach up to ca. 25 % DW in L. 266 hyperborea and S. latissima (Black, 1950; Schiener et al., 2015). Mannitol is widely used as a sweetener in the food 267 industry and is likely contributing to the flavor profile of edible kelps, although this has not yet been thouroughly 268 investigated. The main interest for seaweed mannitol and laminaran is related to the production of bio-energy since 269 both compounds can be hydrolyzed and converted to fructose and glucose respectively, which can be further used in 270 a fermentation process to produce ethanol (Hou et al., 2015).

The ash content was high in both kelps (approximately 25 % DW) and close to levels reported in previous studies for the same species (Mæhre et al., 2014; Schiener et al., 2015). Therefore, these kelps may be a good source of minerals, as generally described in the literature (Rupérez, 2002). Both were rich in Na and K with Na/K ratios below 1.0, which is interesting in a nutritional perspective given that diets with high Na/K ratios (i.e. rich in Na salts) are associated with health risks, such as high blood pressure and cardiovascular diseases (Perez and Chang, 2014). This highlights
the potential of using edible seaweeds as a functional ingredient for salt replacement in the food industry, resulting in
healthier mineral profiles in food products (López-López et al., 2009b).

278 In order to estimate the total protein content from the analysis of total N, a conversion factor of 6.25 has been widely 279 used for seaweed food items. However, Lourenço et al. (2002) highlighted the inaccuracy of this factor in seaweeds 280 due to relatively high amounts of non-protein N. In a recent study, Angell et al. (2016) established a universal N-to-281 protein ratio of 5 for seaweeds, based on the results of a meta-analysis of a large body of literature reporting the protein 282 and amino-acid content of seaweeds, among taxonomic groups and geographical regions. This conversion factor was 283 also used in this study to estimate the protein content of the samples. Similar protein levels were found in A. esculenta 284 and S. latissima, which were comparable to those reported earlier for the same species harvested in spring (Mæhre et 285 al., 2014; Schiener et al., 2015). Although the protein content of brown seaweeds is generally lower than levels found 286 in red algae (Fleurence, 2004), all essential amino acids are present (also methionine), and may cover human and 287 animal requirements (Mæhre et al., 2014), making cultivated kelp species a good source of essential amino acids for 288 food and feed.

The total phenolic content was higher in *A. esculenta* than in *S. latissima* but lower than levels reported in the literature for other brown seaweed species such as *Fucus* spp., *Ascophyllum nodosum* and *Sargassum muticum* (Connan et al., 2006; Wang et al., 2009; Magnusson et al., 2017). *A. esculenta* also displayed relatively high levels of fucoxanthin, in the range of those found in another Alariaceae, i.e. *Undaria pinnatifida*, suggested as raw material for commercial extraction (Quitain et al., 2013; Kanda et al., 2014). This carotenoid pigment has a high value in both nutraceutical and pharmaceutical fields due to bioactivities e.g. anti-oxidant (Fung et al., 2013), and anti-obesity activities (Maeda et al., 2005). Cultivated *A. esculenta* may be a potential candidate for future commercial extraction of this pigment.

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In this study, the chemical composition of *A. esculenta* and *S. latissima* was altered during storage in seawater, illustrated primarily by a substantial diminution in DW in both species, occurring mainly during the first two hours of treatment. However, the results from this study could not confirm whether the DW reduction was caused by (i) the release of nutritional compounds from seaweed biomass or (ii) water uptake during storage treatments as a consequence of osmotic activity. Additional analyses are necessary in order to estimate the effect of each process at play. Expressing the results as part of the DW of the biomass directly reflects the relative proportions of the compounds analyzed and their variations during treatment, as well as the general quality of the biomass prior to and after storage.
A general hypothesis about the influence of seawater storage on the quality of *A. esculenta* and *S. latissima* can be
drawn from these results.

306 The variation in phytochemical content in both kelps, i.e. an increase in mineral content and a general decrease in 307 carbohydrates, polyphenols and fucoxanthin pigment, suggest an impact of seawater storage on the nutritional value 308 of these species rather than the sole effect of seawater uptake to explain the significant decrease in dry matter content. 309 Higher ash contents observed in both species after 22 h storage reflect the relative increase in the total mineral content 310 along with increased Na contents, while the K contents remained relatively stable. Uptake of seawater, including salts 311 can result from the osmotic reaction to equalize the concentration difference of charged molecules between the 312 seaweed biomass and the storage seawater. However, the increase in Na alone do not explain the accumulation in total 313 mineral (ashes) within the biomass. Other macro-minerals such as calcium (Ca) and magnesium (Mg) were not 314 analyzed in this study and may have contributed to higher ash contents after treatment. The relative increase in total 315 minerals may be derived from the combined effects of an uptake of salts, and the relative decrease in other compounds 316 constituting the rest of the dry matter, released by the seaweed biomass during storage.

317 The decrease in total carbohydrates was more pronounced in S. latissima than in A. esculenta due to high losses of 318 mannitol and glucose during storage while the relative proportions of alginate and fucose increased relatively. 319 Exudation is clearly visible and characteristic when harvesting S. latissima which releases a brown "sap" shortly after 320 harvest. This process is an active physiological defense mechanism following the stress induced by harvesting the 321 biomass. The exudate in kelps typically contains low molecular weight and water soluble compounds such as mannitol, 322 laminaran and polyphenols (Newell et al., 1980; Abdullah and Fredriksen, 2004). The exudation is likely responsible 323 for the brown color observed in the storage water of S. latissima. Coloration of the water was not observed to the same 324 extent in the case of A. esculenta, and may explain some of the differences between the two species concerning 325 variations of the phytochemical constituents. The results clearly indicate other mechanisms than solely water solubility 326 to explain the release or the retention of a compound, since the mannitol, laminaran (glucose) and fucose contents 327 were not affected in the same way in both kelps. Following the results of a study showing no differences in mannitol 328 content between samples of L. digitata unwashed and washed with tap water, Adams et al. (2014) suggested the ability 329 of cell pores to close and limit the leakage of intracellular mannitol. A similar mechanism may have occurred in A. 330 esculenta during the storage in seawater. It should be noted that various types of fucoidans are localized differently in cell walls and in the intercellular matrix (Mabeau et al., 1990). A larger proportion of fucoidans localized intercellular
in *A. esculenta* may explain the significant decrease in the level of fucose, since these compounds are expected to be
more readily released than cell wall bound fucoidans. Conversely, a larger fraction of the fucoidans and proteins bound
to cell walls would explain their higher relative content in *S. latissima* after 22 h storage in seawater.

335 Color analysis is a common practice in the food industry and is used extensively for agricultural food products. It 336 quickly provides information that can be correlated to other quality attributes such as sensory, nutritional and visual 337 or non-visual defects (Francis, 1995) and can also monitor product changes from processing (Guiné and Barroca, 338 2012). The results of color analysis using the CVS method did not display patterns corresponding to the variation in 339 DW i.e. major changes during the first two-hour treatment. However, some of the valuable compounds such as 340 fucoxanthin and polyphenols are present at low concentration in the biomass and may be affected at different rates 341 than other compounds contributing to the DW variation. These two specific compounds, one being a pigment, the 342 other an antioxidant would be expected to have an influence on the surface color of the biomass. Thus, the CVS may 343 be a good indicator of the variation of these two compounds although more occurrence data is needed to establish the 344 relationship between the surface color of kelps and their chemical composition.

345

346 The extent to which the bioactive compounds analyzed were released during storage could not be quantified precisely 347 in this study since the variation in DW may also be the result of water uptake. However, the sole effect of water uptake 348 would not result in variations in the relative proportions of phytochemical constituents e.g. minerals and 349 carbohydrates, observed in this study, suggesting the impact of seawater storage on the nutritional value of A. esculenta 350 and S. latissima. In the future, applying a methodology including the analysis of the storage water which should 351 contain the leaked compounds will allow a more precise estimation of the mass balance between the seaweed biomass 352 and storage water. Fresh weight measurements of individual kelp blades prior to and after storage will directly reflect 353 water uptake during the process.

Care was taken to minimize the stress endured by the biomass during the process of harvesting and transport, and the conditions of this study were comparable to the routines in use during harvesting seaweed biomass for commercial or research purposes. Direct air exposure probably causes drought stress inducing physiological disorders such as an excess in reactive oxygen species (ROS), changes in cellular osmolarity and membrane damage (Burritt et al., 2002; Flores-Molina et al., 2014) which can ultimately lead to leakage of cellular compounds (Burritt et al., 2002). Seaweeds 359 have developed complex enzymatic and non-enzymatic antioxidant mechanisms to mitigate these effects and 360 acclimatize to adverse environments (Bischof and Rautenberger, 2012) but species having higher intertidal 361 distributions display higher antioxidant capacity and greater tolerance response to desiccation (Flores-Molina et al., 362 2014). Both A. esculenta and S. latissima are naturally bound to the lower intertidal and subtidal zones, and may only 363 be exposed to air at rare occasions. Moreover, cultivated individuals are grown on a submerged substrate and do not 364 experience air exposure, which may increase their sensitivity to desiccation stress. However, knowledge is still missing 365 regarding intraspecific differences in tolerance to abiotic stress, between cultivated seaweeds and their wild 366 counterparts. The marginal increase in DW after 6 h storage observed in this study may be related to the ability of 367 seaweeds to recover from stress by taking up nutrients from their environment.

368 Although significant alterations in the chemical composition of both species were observed in this study, it is not 369 entirely clear whether seawater storage or possibly the stress induced by harvesting procedures were responsible for 370 the leakage of compounds. However, the kelps, especially S. latissima, clearly exuded valuable compounds during 371 storage. In large-scale industrial processes, this will lead to reduced extraction yields in the recovery of a single or 372 multiple products from seaweed biomass, with economic consequences. Alternatively, the lost compounds can be 373 recovered from the storage water by membrane filtration, although processing large water volumes will entail extra 374 costs. Other short-term preservation methods such as cold storage and silage, where the exudate is not diluted and can 375 easily be recovered, may be a preferable alternative. Both species, and especially S. latissima, appear to be prime 376 candidates to be used as a salt replacing ingredient in the food industry due to their low Na/K ratios. In this regard, 377 the value of S. latissima was not compromised by storage treatments in seawater for 22 h whereas a higher Na content 378 increased the Na/K ratio in A. esculenta. The effect of seawater storage on other compounds of nutritional interest 379 such as Ca, Mg, iron (Fe), as well as lipids and polyunsaturated fatty acids are envisaged in future studies. Seawater 380 storage may decrease the value of the biomass to be used for the recovery of high value products such as fucoidan, 381 polyphenols and fucoxanthin, although this effects will vary among seaweed species. The protein content of both 382 species, which is of interest in food and feed applications remained relatively unaffected. Seawater storage can be an 383 acceptable and convenient short-term storage method; however, industry players must be aware of the possible 384 consequences highlighted in this study. Logistic models to optimize harvesting and primary processing should focus 385 on minimizing biomass stress and emphasizing rapid stabilization of the biomass to avoid losses of highly nutritious 386 compounds.

387

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- 393

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- 543

Table 1: Chemical composition of the seaweed biomass prior to (t₀), and after 22 h storage in seawater tanks.

- 545 Concentrations are expressed in g 100 g⁻¹ DW, except for the fucoxanthin content expressed in mg kg⁻¹ DW and the
- 546 dimensionless Na/K ratio. Values are given as mean \pm standard error (n = 3). The symbol * indicates a significant

547 different level of a compound measured after 22 h storage as compared to the initial value measured at t₀ (paired

548 sample *t*-test, p < 0.05).

| | A. esculenta | | S. latissima | |
|---------------------|----------------|-------------------|-----------------|----------------|
| | to | t=22h | to | t=22h |
| Dry weight (%) | 17.2 ± 0.8 | 13.9 ± 0.7 | 16.1 ± 1.2 | 13.5 ± 0.8 |
| Minerals | | | | |
| Ash | 24.2 ± 1.4 | 27.0 ± 1.6 | 26.2 ± 2.6 | 30.0 ± 2.1 |
| Na | 3.9 ± 0.2 | 5.2 ± 0.2 * | 3.6 ± 0.2 | 4.3 ± 0.2 |
| К | 4.2 ± 0.3 | 4.4 ± 0.5 | 6.5 ± 1.1 | 7.2 ± 0.8 |
| Na/K | 0.94 ± 0.03 | 1.22 ± 0.13 | 0.56 ± 0.06 | 0.60 ± 0.04 |
| Carbohydrates | | | | |
| Total carbohydrates | 40.7 ± 1.5 | 37.7 ± 1.5 | 46.1 ± 2.46 | 40.0 ± 1.0 |
| Alginate | 19.9 ± 0.5 | 18.6 ± 0.4 | 21.5 ± 0.5 | 23.1 ± 1.5 |
| Mannitol | 10.5 ± 0.4 | 10.4 ± 0.3 | 17.6 ± 1.2 | 12.3 ± 2.2 |
| Glucose | 8.5 ± 1.9 | 7.5 ± 1.4 | 5.0 ± 2.0 | 2.7 ± 0.6 |
| Fucose | 1.25 ± 0.03 | 0.98 ± 0.04 * | 0.76 ± 0.03 | 0.89 ± 0.07 |





552 Fig 1: Changes in dry matter content of A. esculenta and S. latissima stored in seawater tanks. Values are given as









Storage time (II)

Fig. 2: Variations of the color coordinates L^* (lightness), a^* (redness/greenness) and b^* (yellowness/blueness) of *A*. *esculenta* and *S. latissima* during seawater storage measured by computer vision system (CVS). Values are given as mean \pm standard error (n = 3).





Storage time (h)

- 561 Fig. 3: Total color variation (ΔE) of *A. esculenta* and *S. latissima* during seawater storage. Values are given as mean
- \pm standard error (n = 3).











Storage time (h)





Storage time (h)

Answers to reviewers

Reviewer #1, line 110: What was the temperature during transport?

The temperature was not recorded during boat transport of the biomass at the time of harvest, however, data log from the French meteorological institute reported maximal temperature of approximately 16° C in the municipality for both days of harvest.

Reviewer #1, line 117: What was the water and storage temperature, was it controlled?

The storage water was maintained at a temperature of $18^{\circ}C \pm 1^{\circ}C$ throughout the experiment. The water temperature on cultivation site was not recorded during harvest, however, data log reports sea surface temperature comprised between 15.5 and 16°C off the coast of Northern Brittany. The cultivation site is located in a relatively shallow bay which may have slightly higher temperatures following a relatively sunny spring that year.

Reviewer #1, line 124: With respect to the sensitivity of the fresh weight to variations (e.g. drip water) I suggest not to use calculations based on fresh weight like formula 1.

Sampled blades were gently blotted to remove excess water (this detail did not appear in the first version of the manuscript) to limit the variability due to drip water. However, based on the relevant reviewers' comments regarding the potential effect of water uptake, the results expressed as part of the FW were not used in the new version of the manuscript.

Reviewer #1: Did the fresh weight increase during storage (perhaps salinity was lower, osmotic potential of the blades results in uptake water)

Variations in FW due to possible water uptake were not measured in this study. Additional methodology in order to estimate this effect on the variation in %DW are proposed in the discussion (line 346-353). Although the salinity in the tank was not recorded, major differences in salinity between the cultivation site and storage water are unlikely due to stable salinity conditions (35,893 in average) of the seawater pumped from the same bay as the cultivation site.

Reviewer #1: What is the color of the water after storage? Does it contain the leaked compounds?

A characteristic brown color was observed in the storage water of *S. latissima* which was not observed to the same extent in the case of *A. esculenta*. The storage water was not analyzed due to the dilution of the compounds in 100L hence, the difficulties in the detection from analyses.

Reviewer #1: What is the integrity of the blades before and after storage? Any visible degradation?

No visible degradation was observed after storage in both species. Exudation usually occurs shortly after harvest of *S. latissima* and was observed here, although it does not seem to affect the integrity of the blade. The analysis of blade texture (tensile strength) is envisaged in future studies.

Reviewer # 1: Some compounds (like mannitol) occur intercellular and could leak out easier than f.i. proteins or cell wall bound alginate. Why those respond the same? I suggest a more general hypothesis about the mechanism of action instead of the very specific discussion per compound, which is interesting to know but not convincing as an argument for this total effect. Furthermore, I would suggest a mass balance with the water which should contain the lost compounds.

As a result of this comment, the result and discussion parts were modified. The results expressed in %DW and variations observed after storage were used to draw hypothesis of the combined effects of the release of compounds as water uptake on the reduction of dry matter.

Reviewer #2: The analyses included in the study would allow for including two more important quality parameters: the Na/K ratio as well as the M/G ratio of the alginate. I find that addition and discussion of this data would further improve the pertinence of the manuscript.

Details regarding the variations in the Na/K ratio were added to the new version of the manuscript. Regarding the M/G ratio, the results from HPLC are given as the total M+G. Further analysis using quantitative magnetic resonance spectroscopy (NMR) are necessary to give a reliable result of the M/G ratio which were not conducted in this study.

Reviewer #2: I find the definition of t_0 unclear. Is t_0 defined at harvest or a 2 hours when kelps biomass was delivered at the lab? Please specify, and the latter, please include a discussion of what happens in the 2 hours in transport from harvest to lab.

 t_0 sampling was done at biomass receival at the lab. This details was added to the new version of the manuscript (line 120). A general hypothesis about possible stress during transport was developed in the discussion part (line 354).

Reviewer #2: You mention that the molecules lost to the seawater in storage cannot be recovered. Wouldn't that be possible by some filtration or separation technology? Perhaps even the storage could act like a pre-treatment technology in a cascade biorefinery?

Yes, filtration procedures are possible to recover lost compounds in the storage water although processing large volumes will entail extra costs and reduce profitability. Perhaps fresh water treatment to recover larger amount of soluble compounds are preferable in the case of a cascade biorefinery?

Reviewer #2: The biomass is aerated during storage. Is that a normal procedure in storage and transportation of kelp biomass?

Aeration was provided to ensure proper mixing within storage tanks as previous experiments have shown that spontaneous fermentation process can happen relatively quickly when the biomass is packed and especially in the case of *S. latissima*.

Reviewer #2: Line 313-315, you mention that the color change at 6 hours does not reflect the loss of biomolecules. I do not find sufficient support in the results for this argument. Yes, the DM content stabilizes after 2 h, however some of the valuable biomolecules - polyphenols and fucoxanthin are in very low concentrations and may be lost at a different rate than minerals/mannitol. These two specific compounds - one being a pigment, the other an antioxidant would be expected to have influence on the color of the seaweed. Thus, the CVS method may be a good indicator of when these two compounds are lost from the biomass - however your results cannot document this, since you have only analyses at 0 and 22 h. I strongly recommend a more nuanced and critical discussion of this.

The discussion of the results from color analyses were modified following this relevant suggestion (line 335).

Reviewer #2: A conversion factor of 5.38 is used for converting tissue nitrogen into protein based on Lourenco 2002. None of the 4 tropical species of brown algae used in Lorencos study are kelps. A newer paper, Angel et al, 2016, reviews N-protein conversion factors and recommend on that basis to use a factor of 5, albeit the means/medians for brown algae are 4.56/4.81. As this study compares the effect of a treatment this is not crucial, however the choice of factor should be discussed.

This universal factor of 5 was used in the new version of the manuscript.

Reviewer #2: Polyphenol content of seaweeds are reviewed in a new paper by Magnusson et al (Algal Research), this reference should be studied and included, as it is very informative and relevant.

It is indeed an interesting and relevant reference. It was added to the text (line 71).

Reviewer #2: The abstract could benefit from further specific results included on the actual loss of biomolecules.

The abstract was modified according to the more general hypothesis regarding the effect of seawater storage on quality of kelp biomass, including the compounds that were mainly affected.

Reviewer #2: The keywords could include the specific biomolecules, i.e. alginate, fucoxanthin, polyphenols, fucose.

The keyword list was modified accordingly.

Reviewer #2: Minor specific comments:

- Insert space between numbers and units, i.e. 2 h and 5 kg
- Line 116, please specify if the seawater was filtered or UV treated, and if so specify details
- Line 140-141, please specify reference sugars and supplier
- Line 154, please specify supplier of standard phloroglucinol
- Lines 155-156, please specify instrument used for analysis, and if blanks were analyzed
- Line 171-174, please specify how triplicates were "pooled". Were results averaged before or after calculation of delta E?

Modifications were made according to comments and details were added to the text.

• Is ANOVA the correct analysis to use, when samples are not independent (the same sample, sampled over time)?

The use of ANOVA was reconsidered and yes, when considering each seaweed batch as the functional unit, samples are not independent, thus the repeated measures ANOVA is the adapted statistical test in our case.

• Line 252, I do not think you have the results to make this conclusion. The dry matter leaks within the first 2 hours, however different sugars are bound differently in the algae cells, some free in the cytosol, some in the cell walls. These may very well leak out at different pace

The more general hypothesis about the effect of storage on quality parameters of seaweeds in the new version of the manuscript also includes the effects of the compounds' localization within the biomass in order to explain their release or retention.

- When words are abbreviated and abbreviations are defined in (), the abbreviations only should be used in the following text (i.e. nitrogen, potassium)
- See suggestions and comments made in the pdf version of the manuscript

Modifications were made in the text according to the above suggestion and comments in the pdf version of the first submitted manuscript. Here are some more details:

- Temperature and pressure used for Na and K analysis: this information was not disclosed by the external laboratory which conducted the analysis.
- Polyphenol analysis: the blanks were controlled but the absorbance was negligible hence there were no need for subtraction from the measurement of the seaweed extracts.