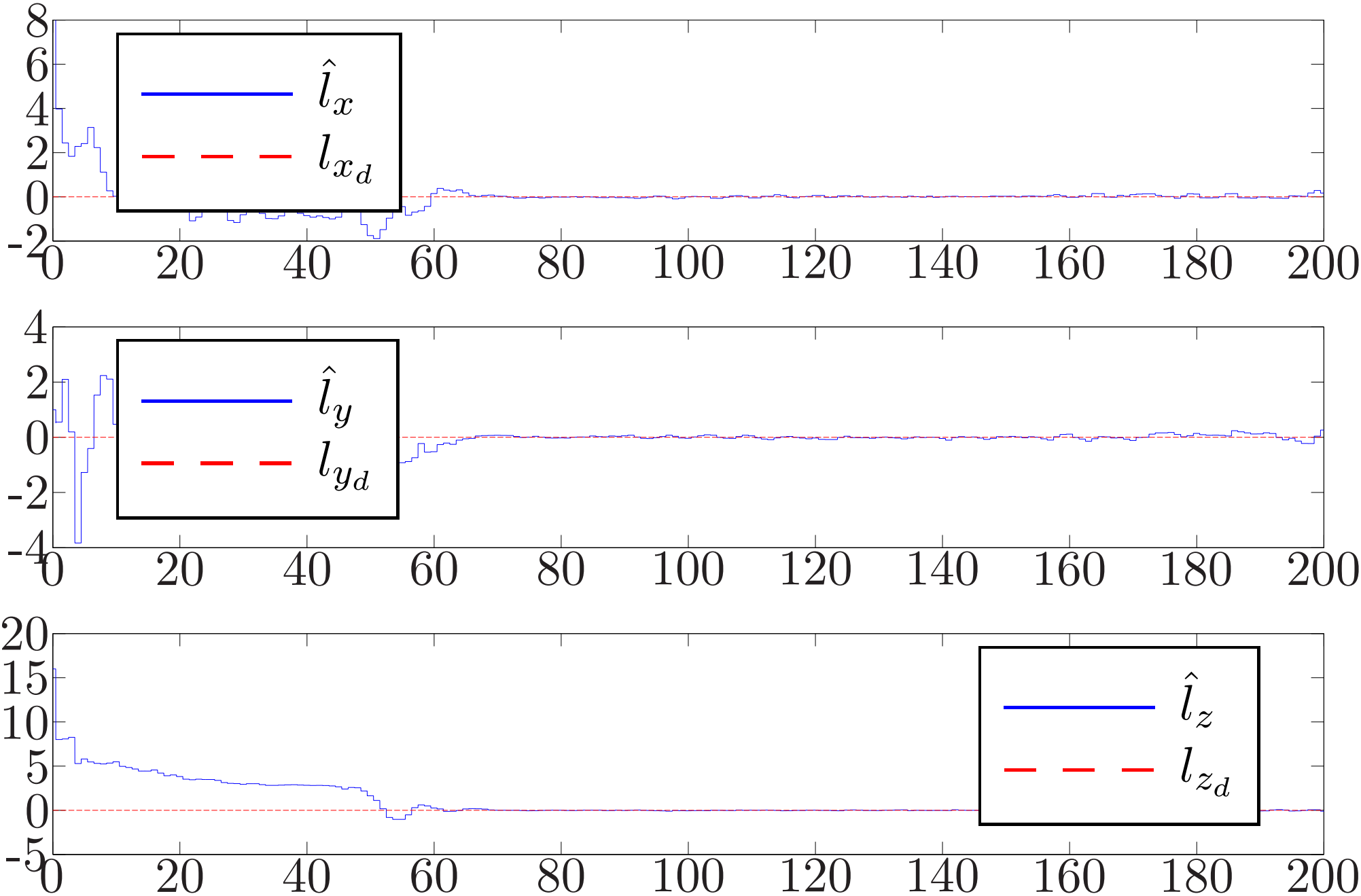
$\hat{l}_x$
l_{x_d}
$\hat{l}_y$
l_{y_d}
$\hat{l}_z$
l_{z_d}
8
6
4
2
0
-2
4
2
0
-2
-4
20
15
10
5
0
-5
0
20
40
60
80
100
120
140
160
180
200