

1 Identifying key design parameters of the integrated energy system for a 2 residential Zero Emission Building in Norway

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9

10 **Abstract**

11 *This study examined an integrated solution of the building energy supply system consisting of*
12 *flat plate solar thermal collectors in combination with a ground-source heat pump and an*
13 *exhaust air heat pump for the heating and cooling, and production of domestic hot water. The*
14 *supply energy system was proposed to a 202 m² single-family demo dwelling (SFD), which is*
15 *defined by the Norwegian Zero Emission Building standard. The main design parameters*
16 *were analyzed in order to find the most essential parameters, which could significantly*
17 *influenced the total energy use. This study found that 85 % of the total heating demand of the*
18 *SFD was covered by renewable energy. The results showed that the solar energy generated*
19 *by the system could cover 85-92 % and 12-70 % of the domestic hot water demand in summer*
20 *and winter respectively. In addition, the solar energy may cover 2.5-100 % of the space*
21 *heating demand. The results showed that the supply air volume, supply air and zone set point*
22 *temperatures, auxiliary electrical volume, volume of the DHW tank, orientation and tilt angle*
23 *and the collector area could influenced mostly the total energy use.*

24

25 *Keywords:* zero emission building, renewable energy, ground source heat pump, exhaust air
26 *heat pump, family house*

27 **1. Introduction**

28 The annual energy demand in the building sector in Norway represents about 40 % of
29 the total national energy use, of which 22 % goes to residential sector and 18 % to the non-
30 residential sector [1]. In residential buildings, space heating (SH) and domestic hot water
31 (DHW) represent approximately 70 % of the total energy use [2]. The building sector
32 therefore has the great potential to obtain higher energy savings nationwide. Predictions
33 indicate that the Norwegian energy use for residential purposes will be reduced by 75 % in 40
34 years from now on. In 2010, a recast of the Energy Performance of Buildings Directive
35 (EPBD) was adopted by the European Parliament and the Council of the European Union,
36 which states that by 2020 new buildings in the EU will have to use 'nearly zero' energy and
37 the energy will be 'to a very large extent' from renewable sources [3]. The development of
38 energy systems that improve the integration between renewable energy sources and thermal
39 requirements, while guaranteeing a comfortable indoor climate is crucial.

40 Earlier studies have defined methods to calculate the energy use in a ZEB [4, 5]. A
41 building may be characterized as a ZEB when it is able to export excess energy, generated by
42 photovoltaic (PV) modules for instance, to the grid and achieve an annual net balance
43 between demand and supply. In Norway, the minimum requirements of energy efficiency for
44 a ZEB single-family dwelling are stated in the standard describing the requirements for
45 passive houses and low energy buildings [6]. Passive residential buildings are characterized
46 by an enhanced building envelope, where the consequence is reduced specific design power
47 demand (W/m^2), reduced annual specific energy demand ($\text{kWh}/\text{m}^2\cdot\text{year}$), and an increased
48 share of annual heat demand for DHW. In passive residential buildings for instance, the hot
49 water demand represents 40 – 85 % of total annual heating demand [7]. Developing
50 sustainable solutions for DHW systems based on solar energy is therefore highly relevant.

51 In Norway, the sun provides 1 500 times more energy than what is used [8]. The
52 annual solar irradiation in Norway varies from $700 \text{ kWh}/\text{m}^2$ in the north to $1100 \text{ kWh}/\text{m}^2$ in

53 the south due to different latitudes. It has been calculated that solar heating systems will be
54 able to cover 60 % of the DHW demand and 30 % of the SH demand in all new residential
55 buildings for a year. This means that the theoretical potential for solar heating by 2020 is 65
56 GWh/year for SH and 131 GWh/year for DHW for new residential buildings of passive house
57 standard [9]. Developing an integrated solution which may use the excess heat collected by
58 solar collector and thereby utilize the full potential of the solar thermal technology becomes
59 important. There are a few solutions that can be used to overcome heat imbalance problem.
60 For example, by tilting the solar collectors a larger share of the solar irradiation can be
61 collected [10]. Thermal energy storages (TES) must be carefully matched to each specific
62 application, and the selection of a TES system is highly dependent on storage period,
63 economic viability, and operating conditions [11]. For a heating system with a combination of
64 solar collectors and a ground-source heat pump (GSHP) it is relevant to look into the borehole
65 TES technology for storing. Combining solar collectors with a GSHP has been increasingly
66 recognized in Europe since the oil crises in the 1970s, but the technology has not been widely
67 adopted [12].

68 However, there are few studies on developing an integrated heating system for single-
69 family dwellings (SFDs) are relatively scarce, especially in Norway. Integrated solar energy
70 systems, which provide both DHW and space heating (solar combi-systems), may result in a
71 diverse range of different designs that may reflect local climate and practice [13]. Even
72 though seasonal storage of solar heat in boreholes for detached houses is not widely
73 examined, theoretical calculations show that charging the borehole with solar heat is
74 beneficial [14]. Incorporating the ground-source heating system with supplementary
75 components, such as thermal solar collectors, can improve the imbalance which occurs in the
76 soil due to thermal heat depletion. An experimental study of a heating system which
77 combined GSHP and thermal solar collectors showed that the COP of the heat pump
78 gradually decreased as the heating season advanced. When the excess solar heat was injected

79 into the boreholes consequently, the operational conditions of the system was improved and
80 COP of the heat pump was increased [12]. Chiasson and Yavuzturk performed an assessment
81 of the viability of a GSHP coupled with solar thermal collector (STCs) in heating dominated
82 buildings. This study shows that combining solar collectors with a GSHP reduced the
83 borehole length at the design with a reduction per solar collector area ranging from 4.5
84 (Omaha, Nebraska) to 7.7 m/m² solar collector area (Cheyenne, Wyoming) [15]. Compared to
85 conventional solar heating systems, the energy system where the excess heat can be used to
86 recharge the boreholes or a swimming pool promotes a longer operational time for the solar
87 collectors. During the winter time the solar radiation is limited and only low temperatures can
88 be reached in the solar collectors. Even though the heat collected by the solar collectors is
89 insufficient for DHW or space heating, the produced solar heat can be used to recharge the
90 borehole. This may increase the borehole temperature and may provide the heat pump with
91 better operational conditions [16].

92 As the building envelope will become tighter due to the implementation of the new
93 building code in Norway, there has been a growing interest in using mechanical ventilation
94 systems with exhaust air heat pumps (EAHP) as heat recovery in the Nordic European
95 countries [17]. The EAHP utilizes the exhaust air in a balanced ventilation system as heat
96 source, and is able to provide heat for DHW, supply air, and SH. For instance, a heat pump
97 may generate 60-70°C water if the ambient air is 24°C than if it is 1.7°C [18].

98 In this study, the design of the integrated renewable energy supply system was
99 analyzed in the SFD in Larvik, Norway, which is one of the most favorable locations in
100 Norway for utilization of solar energy. The main feature of this building was that the majority
101 of the energy demand should be covered by renewable energy sources available on site. The
102 SFD was called the “Multikomfort” and is a demo project conducted by the Norwegian
103 Research Centre on Zero Emission Buildings (ZEB) and a partner company.

104 The objective of this study was to examine the essential design parameters for the
105 integrated energy system of a ZEB family house in the cold climate. The novelty of this study
106 is a thorough analysis of a complex energy supply system based on the renewable energies.

107

108 **2. Methods**

109 Relevant information regarding the energy supply for the ZEB dwelling were collected
110 from the ZEB project [19]. The input for ventilation system, constructions, internal loads, and
111 DHW demand was set in accordance with NS 3700 – Criteria for passive houses and low
112 energy buildings – Residential buildings [6]. In order to investigate the system performance
113 and total energy use the dynamic simulation tool IDA-ICE was used. The mathematical
114 models are described in terms of equations in a formal language. IDA-ICE performs a whole-
115 year detailed and dynamic multi-zone simulation, which enables analysis of the thermal
116 indoor climate and the energy consumption of the entire building. In IDA-ICE, a standard
117 plant or an Early Stage Building-Optimization plant (ESBO-plant) can be chosen as energy
118 supply plant. The ESBO-plant enables the opportunity to select among different renewable
119 energy sources and then build the plant accordingly. Further it is possible to modify the plant
120 as desired. With the possibility of using the ESBO-plant, IDA-ICE is able to simulate the
121 complex energy supply system for a SFD “Multikomfort”.

122 Design improvement can be performed by sensitivity analysis and optimization. Many
123 studies have been dealing with parametric and sensitivity analysis by using Monte Carlo
124 method [20, 21] or ready-to-use tools, such as SIMLAB, [22]. Optimization of building
125 performance can be performed by using specifically developed tools, such as GenOpt, [23,
126 24] or by coupling building performance simulation tools with MATLAB [25, 26]. However,
127 due to the smoothness problem of the building simulation models built in the simulation tools,
128 it is difficult to analyze and perform a detail analysis of huge number of parameters [27].
129 Specifically, the problem becomes complex when the building model is complex. Therefore,

130 many studies developed rather a simple building model and perform complex optimization
131 and sensitivity analysis. In this study, a very complex building model with the STC in
132 combination with a GSHP and an EAHP, which was additionally added in IDA-ICE, was
133 developed. A complex sensitivity analysis or optimization was difficult to be performed
134 immediately. Therefore, the idea was to examine firstly the most important design variables
135 as a preparation for the further studies. By comparing the relative change in the electricity use
136 for each of relevant design parameter, the parameters with the greatest impact can be
137 identified as

$$138 \quad k = \frac{\Delta E}{\Delta X} \cdot 100 \% \quad (1)$$

139 where ΔE is the percentage change in electricity use and ΔX is the percentage change in the
140 observed parameter.

141

142 **3. ZEB demo building**

143 *3.1. Building model*

144 The building investigated in this study is located in Larvik in Norway as a
145 demonstration ZEB building, which was designed as a SFD according to the Zero Emission
146 Building definition with the ambition level ZEB-O&M (Operation and Material). The SFD
147 was designed to accommodate a family of four to five members with related outdoor area. A
148 model of the building is shown in Figure 1.

149 The SFD is a two-story family home with a floor area of 202 m². The ground floor
150 consists of an entrance, bathroom, media room, office, living room and kitchen. The first floor
151 accommodates a bathroom, hall, and three bedrooms. The roof has a slope of 19°, and is
152 equipped with PV-panels and STCs as integrated parts of the roof construction. Electricity
153 production from the PV-panels was not analyzed in this study. The ventilation system was a
154 balanced, mechanical ventilation system with constant air flows. The volume flow rate was
155 240 m³/h. Compared to the floor plans in the real building, some simplifications were made

156 in IDA-ICE in order to reduce the simulation time. For instance, the open space from the
157 ground floor to the first floor with the staircase was not implemented. The bedrooms and
158 hallway on the first floor were simulated as one zone and the ground floor was divided into
159 two zones, one zone representing the kitchen, bathroom and hall, and one zone for the living
160 room and office/bedroom.

161

162 

163 U-values for the external walls, the roof, and the external floor were set in accordance
164 with the requirements stated in NS 3700 [6]. The U-values and the normalized thermal bridge
165 values are given in Table 1. The total U-value of the windows was calculated to be 0.63
166 $\text{W/m}^2\text{K}$.

167

168 Table 1. U-values and normalized thermal bridge value according to NS 3700 [6]

169

170 *3.2. Energy supply system*

171 The analyzed energy supply system is shown in Figure 2, which consists of a GSHP,
172 STCs, and an EAHP. The excess solar heat was only utilized to recharge the borehole. The
173 EAHP supplied thermal energy to the DHW storage tank; and cooperates with solar energy in
174 order to preheat DHW. The ventilation air was heated directly from the ground-source heat
175 exchanger.

176 The flat plate solar collectors were used in the system. The tilt angle of collectors
177 should be 19° facing the south-east. The heat-transfer fluid is a 33 % mixture of glycol-water.
178 The brine to water GSHP had a heating rate of 3 kW and a COP of 4.6 as given in the heat
179 pump documentation. The condenser heating rate of the EAHP was set to 1.2 kW and the
180 COP was set to 3.9, which corresponded to the data from the heat pump. Only one borehole
181 with a depth of 80 m was included. Finally, the analyzed energy supply system modelled in

182 IDA-ICE consisted of three main circuits: the solar water circuit, the GSHP circuit, and the
183 EAHP circuit. The annual average temperature in Larvik is 6.3°C. Based on the standard
184 requirements [6], the annual specific heating demand for the demo house was calculated to be
185 17.6 kWh/m², which was slightly above the German requirement of 15 kWh/m².

186

187 Figure 2. Energy supply system with solar thermal system, GSHP, and EAHP

188 The energy supply system (shown in Figure 2) would be utilized in combination with a
189 low-temperature floor heating system. The temperature of the supply and return water of the
190 heat distribution system were 35/30°C. The whole system could be divided into six modules,
191 including the solar collector subsystem, the DHW supply subsystem, the closed loop ground-
192 source subsystem, the ventilation system, the GSHP subsystem and the space heating
193 subsystem. Basic design parameters are listed in Table 2.

194

195 Table 2. Basic system design parameters

196

197 3.3. Occupants' behavior and design parameters

198 In order to achieve realistic operation conditions for the STCs, a correct schedule for
199 the use of the DHW was defined as shown in Figure 3. DHW draw-off for a single-family
200 house usually has some peaks during the morning and the evening.

201

202 Figure 3. Distribution of DHW usage

203 The heat contribution from equipment, lighting, and persons were calculated according
204 to recommended values stated in NS 3700. The values for equipment and lighting in each
205 zone are listed in Table 3.

206

207 Table 3. Internal loads, equipment and lighting

208

209 The specific heating load for the floor heating in each zone is given in Table 4.

210

211 Table 4. Heating rate and specific design heating load

212

213 The ventilation system was a central air handling unit with balanced and constant air
214 flow rates. The total airflow rate in the air handling unit was set to 240 m³/h with a supply
215 temperature of 19°C all the year. According to the NS 3031 the minimum specific airflow rate
216 for a dwelling with floor area above 110 m² is 1.2 m³/h·m² [28]. An airflow rate of 240 m³/h
217 is in accordance with the requirement defined by the partner company. The airflow rates
218 supplied to different rooms are given in Table 5.

219

220 Table 5. Supply and exhaust air flow rates

221

222 **4. Results and discussions**

223 The energy supply system illustrated in Figure 2 with some simplifications together
224 with the dwelling in Figure 1 was simulated in IDA-ICE 4.6 with a solar collector area of 16
225 m² and floor heating as heating system in the dwelling. With an oversized solar collector area,
226 excess solar heat could be utilized to recharge the borehole during the summer months.

227 *4.1. System performance*

228 The distribution of the collected solar heat between the DHW tank, the SH tank, and
229 the borehole through the year is shown in Figure 4. Solar heat was transferred from the SH
230 tank to the DHW tank from January to November of the year 2013, and the highest heat input
231 was found during the summer months. Approximately 300 kWh was transferred to the DHW
232 tank in June. Since the circulation pump between the STC and the water storage tank was not
233 in operation when the temperatures near the bottom of the tank exceeds 60°C due to the
234 control setting, excess solar heat was transferred to the ground. The borehole was recharged

235 with solar heat from April to September, and the highest heat input was found from May to
236 August, which was expected. Approximately 600 kWh of solar heat was transferred to the
237 ground in July, which was twice as much as the heat transferred to the DHW tank in the same
238 month. By increasing the control setting of 60°C, more solar heat would probably be utilized
239 for DHW production instead of recharging the borehole. However, when increasing the
240 temperature set point at the bottom of the DHW tank, the temperature at the top of the tank
241 may exceed its maximum allowable temperature. By comparing the results it was proven that
242 recharging the borehole with excess solar heat resulted in a slight increase in evaporator brine
243 inlet temperature from April to October. Due to the increase in brine inlet temperature, a
244 slight increase in the GSHP COP was observed as well. Transferring solar heat to the SH tank
245 was the second priority in the solar heating system. As seen in Figure 4, solar heat was
246 transferred to the SH tank during the heating season. The highest solar heat input was found
247 in March and April, and approximately 100 kWh of solar energy was transferred to the SH
248 tank in these months. It can be seen that solar heat is also utilized for space heating in
249 September and October.

250

251 Figure 4. Heat flow from solar circuit to DHW tank, SH Tank and to ground

252

253 Figure 5 shows the temperature of entering brine evaporator and the temperature from
254 the GSHP to the SH tank. The dark green line represents the entering evaporator temperature
255 from the ground, while the lighter green represents the leaving condenser temperature from
256 the GSHP. The temperature rise from the evaporator to the condenser was approximately 30-
257 40°C. A gap in temperature is registered about 3000-6000 hours, which is during the summer
258 season. In this period, the GSHP was turned off since there was no heating demand, and the
259 temperatures were therefore relatively irregular. The temperature entering the SH tank lied
260 between 35 and 45°C, which is sufficient to meet the SH temperature requirement of 35°C.

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262

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Figure 5. Entering and leaving brine water of the GSHP

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Figure 6. Annual performance of GSHP

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Figure 7. Annual performance EAHP

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Figure 6 shows the compressor energy use, the condenser energy, and the energy gained from the ground through the year. It shows that the GSHP was not in operation during the summer months when there was no heating demand. The COP was dependent on the condenser heat rate and the compressor power. When the share of compressor power constituted a larger part of the condenser power, the COP decreased. The condenser heat rate varied through the year depending on the demand and the temperatures in the tank, and thus the compressor power and the COP varied as well. The COP varied between 3.5 and 4.5, which was considered to be sufficient.

Figure 7 shows the annual performance of the EAHP. The energy demand of exhaust air was reduced towards the summer months. From January to June, the demand was reduced with approximately 50 %, which indicates that a greater proportion of the DHW demand was covered by the solar heat in the summer.

In order to determine the thermal performance of the system, the annual solar fraction was calculated. The solar fraction is defined as the energy supplied by the solar part of the system divided by the total system load [29], and was calculated as:

$$\text{Annual solar fraction} = \frac{\text{Net utilized solar energy}}{\text{Total heating demand}} \quad (2)$$

286 Figure 8 shows the total delivered energy of the energy system. The “Electrical
287 heating” column represents the electrical energy utilized by the electrical boilers, and the
288 compressors in both the GSHP and the EAHP. HVAC Aux covers the electricity use of the
289 fans and pumps in the system. The annual total specific delivered energy for the SFD is 35.5
290 kWh/m².

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292

Figure 8. Delivered energy

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Figure 9 shows the monthly energy balance between the energy demand and the amount of utilized renewable energy. Both the SH demand and the DHW demand were included in the “Energy demand” columns. The obtained monthly solar fractions are represented by the orange line, and the solar fractions was 100 % from May to August . This indicated that excess solar heat is produced. The system’s total annual solar fraction for the simulated year was 35.9 %. The specific heating demand for the SFD was 27.1 kWh/m², which was higher than the required 17.6 kWh/m² stated in NS 3700.

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301

Figure 9. Energy demand, utilized free energy and solar fraction

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4.2. *Effects of the design parameters*

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Effects of the most important design parameters on the ZEB dwelling energy use are presented. The values of the parameters which have been elucidated and utilized in the study are based on information and recommendations found in the literature. During the simulations, only one parameter was changed at a time, while all other parameters in the system were kept at initial settings. However, it was still difficult to get close to how the system performance would be in reality due to the complex nature of combi-systems [30]. Initially the reference system had a solar collector area of 16 m². As the system performance

311 and system electricity use would be affected by the area of the solar collector, solar collector
312 areas between 8 and 16 m² were investigated.

313 Figure 10 shows the total monthly solar fraction for each different solar collector area.
314 The solar fractions presented the total system's solar fraction and includes the solar energy
315 utilized to recharge the borehole. The results showed that the highest monthly solar fractions
316 were obtained with a solar collector area of 16 m². The difference in solar fraction between
317 16, 14 and 12 m² of solar collector area was however not particularly large, and excess solar
318 heat was produced from May to July. The solar fraction was reduced by 7 % and 8 % in
319 March and April respectively, by decreasing the collector area from 16 to 14 m². The
320 reduction in solar fraction in September and October was 6 % and 5 %. During the summer
321 months, approximately 50 and 60 % of the DHW demand was covered by solar energy with
322 solar collector areas of 14 and 16 m². With a collector area of 8 m², 45-50 % of the DHW
323 demand was covered by solar energy from May to August.

324

325 Figure 10. Monthly solar fractions for different solar collector areas

326 Table 6 shows the total annual solar fraction and the total annual electricity use for
327 each solar collector area.

328

329 Table 6. Annual solar fraction and specific delivered energy for different solar collector areas

330

331 Figure 11 shows the system's annual solar fraction and the annual specific delivered
332 energy for tilt angles of 19°, 40°, 55° and 60° with an orientation towards the south. By
333 orientating the solar collectors with a tilt angle of 19° towards the south instead, the annual
334 solar fraction was increased by 11 % and the specific delivered energy was decreased by 1.1
335 %. By increasing the tilt angle to 40° and 55°, the annual solar fraction is increased by 17.0 %
336 and 18.0 % respectively. A decrease in annual solar fraction occurred when the angle was

337 changed from 55° to 60° , which indicated that a tilt angle of 55° results in a better system
338 performance.

339

340

341 Figure 11. Annual solar fraction and annual specific delivered energy - south orientation

342 Assuming a consumption of 100-150 l/day resulted in a total DHW tank volume of
343 100-300 liters. The SH tank volume was approximately 100-200 l per kW heating load. For
344 the “Multikomfort”, a space heating of 2.8 kW was used, which resulted in a tank volume of
345 approximately 280-560 liters. Figure 12 shows the total annual solar fraction and the specific
346 delivered energy affected by the difference in DHW tank volume. It can be seen that by
347 increasing the tank volume, the thermal performance of the system is increased accordingly.
348 Additionally, a larger tank volume resulted in diminished effect from the other heat sources
349 on the solar volume and a lower temperature was maintained at the lower part of the tank.
350 This resulted in decreased inlet temperatures to the solar collectors, which increased the
351 collector efficiency. A decrease of 3-4 K in inlet collector temperature was observed when
352 increasing the tank volume from 180 l to 300 l. The annual solar fraction was increased by
353 approximately 3 % and the specific delivered energy is decreased by 3.7 % by increasing the
354 tank volume from 180 l to 300 l.

355

356 Figure 12. Annual solar fraction as a function of the volume of the DHW tank

357

358 Figure 13 shows the annual solar fraction and the specific delivered energy for the SH
359 tank as a function of the storage tank volume. Increasing the height/diameter (h/d)-ratio of the
360 tank further had no significant effect on the system performance. A dependency between the
361 annual solar fraction and the h/d ratio was however observed. By reducing the h/d-ratio to 1.5
362 the annual solar fraction was decreased by 0.6 %, and by increasing the h/d-ratio to 2.6, the

363 increase in annual solar fraction was 0.3 % compared to the initial h/d-ratio of 2.08. The
364 specific delivered energy was not affected by the change in h/d-ratio.

365

366 Figure 13. Annual solar fraction and specific delivered energy as a function of SH tank
367 volume

368 By comparing Figure 12 and Figure 13, it shows that changing the DHW storage tank
369 volume had a greater effect on the annual solar fraction. So storing solar energy in the SH
370 tank might be the second priority in the system. The effect on the annual solar fraction and
371 specific delivered energy in the SH tank was not as striking as for the DHW tank. The annual
372 solar fraction has a very gentle slope from a volume of 325 l to 500 l, and that the specific
373 delivered energy was constant. It shows that a SH tank volume of 560 l was insufficient since
374 a noticeable increase in specific delivered energy was obtained. In addition, increasing the
375 tank volume to 560 l resulted in a higher heat loss to the surroundings, and as a consequence
376 more electricity is used to cover the space heating demand.

377 Table 7 shows annual solar fraction and specific delivered energy with borehole
378 diameters ranging from 11–16 cm were performed. The initial borehole diameter is 11.5 cm.
379 The amount of net utilized solar energy was the only result affected by the change in borehole
380 diameter. By increasing the diameter from the original setting of 11.5 cm to 15.5 cm the net
381 utilized solar energy increases by 3.3 kWh/a, which only constitutes a minor difference and
382 may be regarded as negligible.

383

384 Table 7. Annual solar fraction and specific delivered energy for each borehole diameter

385

386 The supply air flow rate in the dwelling is initially based on the minimum permitted
387 average air volume flow rate stated in NS 3031, which is $1.2 \text{ m}^3/\text{h}\cdot\text{m}^2$. Figure 14 shows the
388 annual specific delivered energy, as well as the annual average CO_2 -concentration registered
389 in the dwelling. The electrical energy use was considerably reduced when the air volume flow

390 rate was decreased (see Figure 14). It can be seen that the CO₂-concentration increases as the
391 supply air flow rate decreased as expected. The CO₂-concentration presented in Figure 14 was
392 the total CO₂-concentration and included the outdoor concentration, which was assumed to be
393 350-400 ppm in Norway [31]. For dwellings classified as the indoor air quality class 1
394 (highest), the indoor CO₂-concentration should not exceed 350 ppm above outdoor
395 concentration. Indoor air quality class 2 (medium) requires the CO₂-concentration should not
396 exceed 500 ppm above outdoor concentration. The general recommendation in Norway is a
397 total CO₂-concentration below 1000 ppm in order to secure sufficient indoor air quality. In
398 order to have an acceptable air quality, it is recommended that the supply air flow rate is 7 l/s
399 per person in the respective room [31]. This roughly coincides with a volume flow rate of 1.2
400 m³/h·m². Figure 14 shows that the average CO₂-concentration never exceeded 1000 ppm.
401 However, on a daily basis the registered CO₂-concentration is higher, and with a volume flow
402 rate of 0.9 m³/h·m², concentrations higher than 1000 ppm were found. As the volume flow
403 rate decreased, the local age-of-air in each room increased and the air might be perceived as
404 “heavy” and uncomfortable.

405

406 Figure 14. Annual specific delivered energy as a function of air volume flow rate

407

408 The set supply water temperature in the SH system was initially set to 35°C, which
409 ensures that the heating demand is met at all the time. The supply temperatures ranging from
410 28–35°C were simulated, while all other parameters were kept at the initial settings. Table 8
411 shows that by decreasing the supply temperature, the specific delivered energy decreased.
412 Decreasing the supply temperature to 30°C resulted in 700 hours of unmet heating. Several
413 days in the winter months have temperatures below 19°C, which was considered to be too
414 low. With a supply temperature of 32°C, the lowest indoor air temperature occurred in a day
415 in January, which was 19.6°C, which was considered acceptable. The specific delivered

416 energy was reduced by 0.8 % when the supply air temperature was decreased from 35 to
417 32°C. By decreasing the supply temperature from 35 to 32°C, an increase in GSHP COP was
418 observed, which enhanced the system performance.

419

420 Table 8. Specific delivered energy with different heating system supply temperatures

421

422 4.3. *Defining the key design parameters*

423 In Figure 15 the change in utilized electrical energy, ΔE , is shown in %. Figure 15
424 shows the examined parameters with the greatest impact on the electricity use of the whole
425 system. The results provided an indication for designers what parameters should be focused
426 on in order to optimize the performance of the system. The column representing the change of
427 solar collector area was derived from the difference in installing a suitable collector area of
428 approximately 8 m² to an oversized collector area of 16 m². The column which represents the
429 auxiliary electrical volume in the DHW tank was derived from the difference in using an
430 auxiliary volume of 100 l, which is recommended in the literature, and an auxiliary volume of
431 50 l. Figure 15 provides evident that an efficient storage tank design was crucial as well as the
432 orientation and tilt angle of the solar collectors. With an oversized solar collector area,
433 approximately 1.6 % of the electricity use could be saved. Approximately 3.6 % of electrical
434 energy could be saved by reducing the supply air and zone set point temperature from 20°C to
435 19°C. It can be seen that the supply air volume flow rate has a great impact on ΔE .
436 Approximately 4.2 % of the electricity use is decreased just by reducing the supply air flow
437 rate from 1.2 to 1.0 m³/h·m² floor area.

438

439

440 Figure 15. Design parameters which gave the greatest reduction in electricity use

441

442 Table 9 shows the relative change of each parameters in these simulations. It was
443 found that the supply air volume, supply air and zone set point temperatures had the greatest
444 impact on the system's electricity use when taking the percentage change into account. The
445 relative change obtained for the DHW tank volume and solar collector area are rather small,
446 due to the percentage change in parameter. When the change results in increased component
447 size, the amount of energy saved must be evaluated in context with the cost of installing
448 enhanced solar collectors or larger storage tanks, for instance. A large change in parameter
449 accompanied with a small change in saved energy may be regarded as unprofitable.

450

451 Table 9. Relative change in parameter, k

452

453 If the implemented analysis method together with the integrated energy supply system
454 would be applied to a different building model, a similar trend as in Figure 15 in the
455 electricity use would be noted due to changes of supply air volume, supply air, and zone set
456 point temperatures. Regarding the borehole depth, the trend might be different than in Figure
457 15 for different buildings.

458 5. Conclusions

459 In this study, an integrated energy supply system for the SFD was analyzed, where the
460 combination of the STC, the GSHP, and the EAHP was included. The combination of the
461 STC and GSHP made it possible to alleviate many of the disadvantages which appeared if a
462 solar collector heating system or a GSHP system operates separately. The study showed that
463 reducing the supply airflow rate and decreasing the set point of supply air temperature and
464 zonal temperature resulted in a notable decrease in electricity use. This conclusion might be
465 similar for different buildings, too. However, in the case of the borehole depth, the
466 conclusions might be different for the different buildings.

467 By introducing the possibility to store solar energy in a borehole from summer to
468 winter, the COP of the heat pump might be increased. However, only one borehole for the
469 SFD was needed and recharging the borehole with excess solar heat might be unnecessary due
470 to fast natural recovery. The results from the simulations showed that by recharging the
471 borehole with excess solar heat during the summer months, a slight increase in the GSHP
472 COP was obtained from April to October. However, the increase had minor impact on the
473 performance of the heat pump and thereby the total system's electricity use. Recharging the
474 borehole was beneficial as it protected the solar collectors from overheating, in the long run it
475 might lead to overheating of the ground which results in reduced possibility to utilize free
476 cooling. For a SFD it might be more efficient to utilize the excess solar heat for other
477 purposes, e.g. heating of a swimming pool.

478 The study showed that the design of the short time storage tank was crucial as well as
479 the tilt angle and orientation of the solar collectors. Tilting and orientating the solar collectors
480 towards the recommended directions might reduce the heat loss of 4 %. It could also be
481 concluded that only half the solar collector area was needed as long as the tilt angle and
482 orientation were proper in order to obtain the same system performance. Optimizing the tilt
483 angle and orientation would influence the possibility of using the solar collector area as part
484 of the roof construction and the benefit must be considered in coherence with the cost of the
485 extra roof construction. The main issues impeding the utilization of renewable energy sources
486 for SH and heating of DHW might be the development of economically competitive and
487 reliable means for seasonal storage of thermal energy.

488

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495

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566

Tables

Table 1. U-values and normalized thermal bridge value according to NS 3700:2013

	Values
External walls	$U = 0.10-0.12 \text{ W/m}^2\text{K}$
External roof	$U = 0.08-0.09 \text{ W/m}^2\text{K}$
Slab on ground	$U = 0.07 \text{ W/m}^2\text{K}$
Windows	$U = 0.65 \text{ W/m}^2\text{K}$
Doors	$U = 0.65 \text{ W/m}^2\text{K}$
Normalized thermal bridge value	$\Psi = 0.03 \text{ W/m}^2\text{K}$

Table 2. Basic system design parameters

Site location: Larvik (lat. N59°03, long.E10°02)			
Indoor/outdoor winter design temperatures	21°C/-17°C		
Borehole number	1		
Borehole depth	80 m		
Brine/water GSHP	COP	Heating capacity	
	4.6	3 kW	
Solar collector	Collector area	Efficiency	
	8m ² /16m ²	60 %	
Exhaust air heat pump	Air/air	Air/water	
COP	4.6	3.9	
Heating capacity	2.0 kW	1.2 kW	
DHW tank	Volume	Electrical supply	Heat loss coefficient
	180 l	1.5 kW	-
Storage tank for space heating	Volume	Electrical supply	Heat loss coefficient
	325 l	3.0 kW	2.0 kWh/day

Table 3. Internal loads, equipment and lighting

	Equipment	Lighting
NS 3700:2013	1.80 W/m ²	1.95 W/m ²
Kitchen/hallway	138 W	150 W
Living room/office	91 W	100 W
Bedrooms	138 W	150 W

Table 4. Heating rate and specific design heating load

Zone	Floor area [m ²]	Heating rate [W]	Design heating load [W/m ²]
1st floor, bedrooms	75.7	1174	16
Living room/office	50.6	1041	21
Kitchen/hallway	75.7	1006	13

Table 5. Supply and exhaust air flow rates

	Supply Air flow rate	Exhaust air flow rate [m ³ /h]	Comment
Kitchen/hall	90 m ³ /h	90 m ³ /h	
Bedrooms	90 m ³ /h	90 m ³ /h	
Living room/office	60 m ³ /h	60 m ³ /h	
Total	240 m³/h	240 m³/h	Gives 1.2 [m³/hm²]

Table 6. Annual solar fraction and specific delivered energy for different solar collector areas

	16 m ²	14 m ²	12 m ²	10 m ²	8 m ²
Total annual solar fraction [%]	35.9	32.8	29.5	25.9	22.3
Total annual specific delivered energy [kWh/m²]	35.5	35.6	35.7	35.9	36.1

Table 7. Annual solar fraction and specific delivered energy for each borehole diameter

	11.5 cm	12.5 cm	13.5 cm	14.5 cm	15.5 cm
Net utilized solar energy [kWh/a]	4183.5	4184.2	4184.7	4185.0	4186.8
Specific delivered energy [kWh/m²]	35.5	35.5	35.5	35.5	35.5

Table 8. Specific delivered energy with different heating system supply temperatures

Supply temperature heating system	28°C	30°C	32°C	35°C (initial setting)
Specific delivered energy [kWh/m²]	34.9	35.1	35.2	35.5

Table 9. Relative change in parameter, k

	Supply air volume	Supply temperature	Auxiliary volume	DHW tank volume	Collector area
Relative change [%]	25.2	38.5	4.6	5.5	1.7

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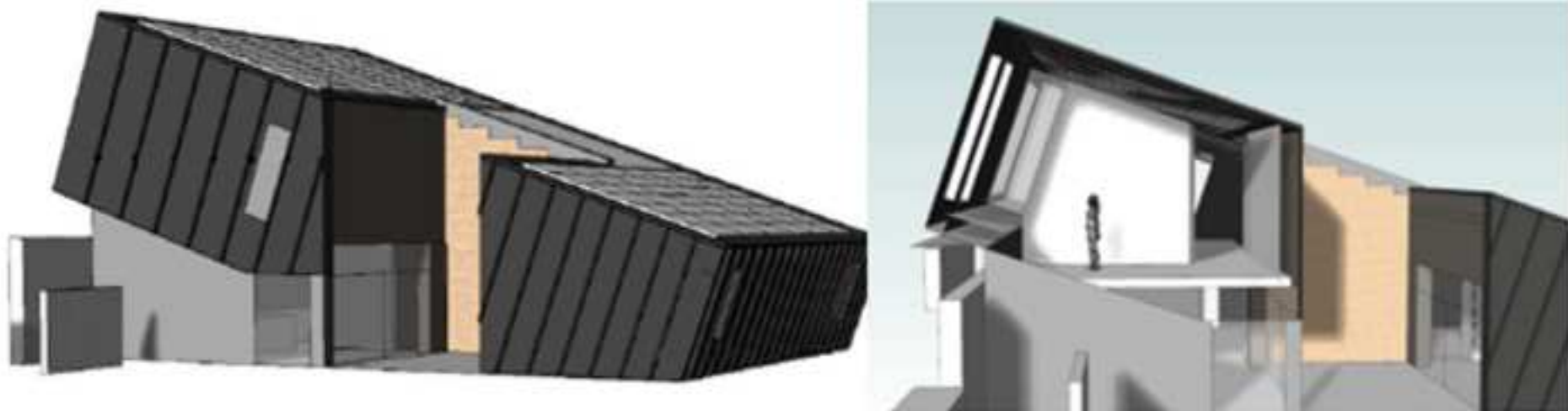


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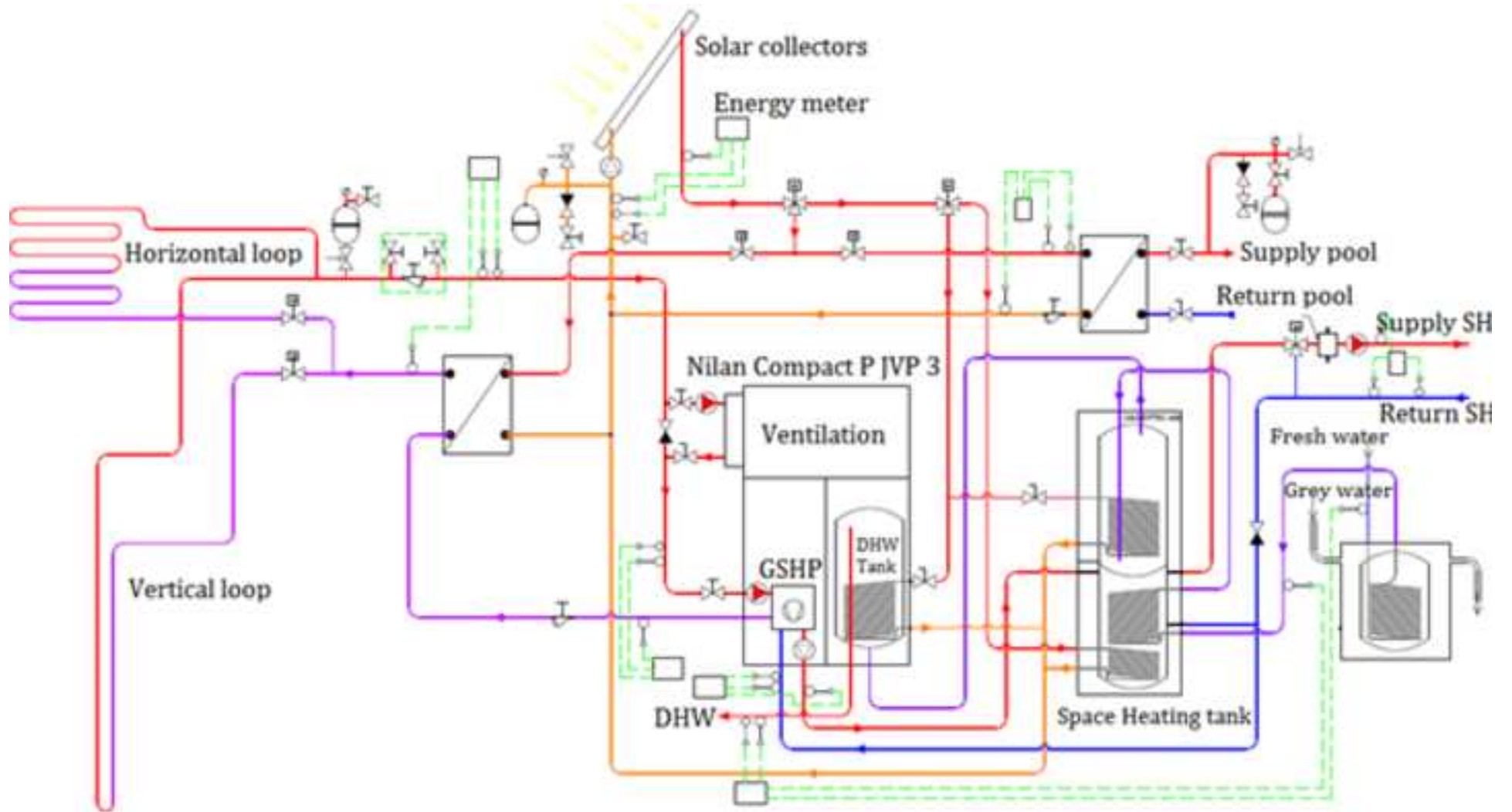


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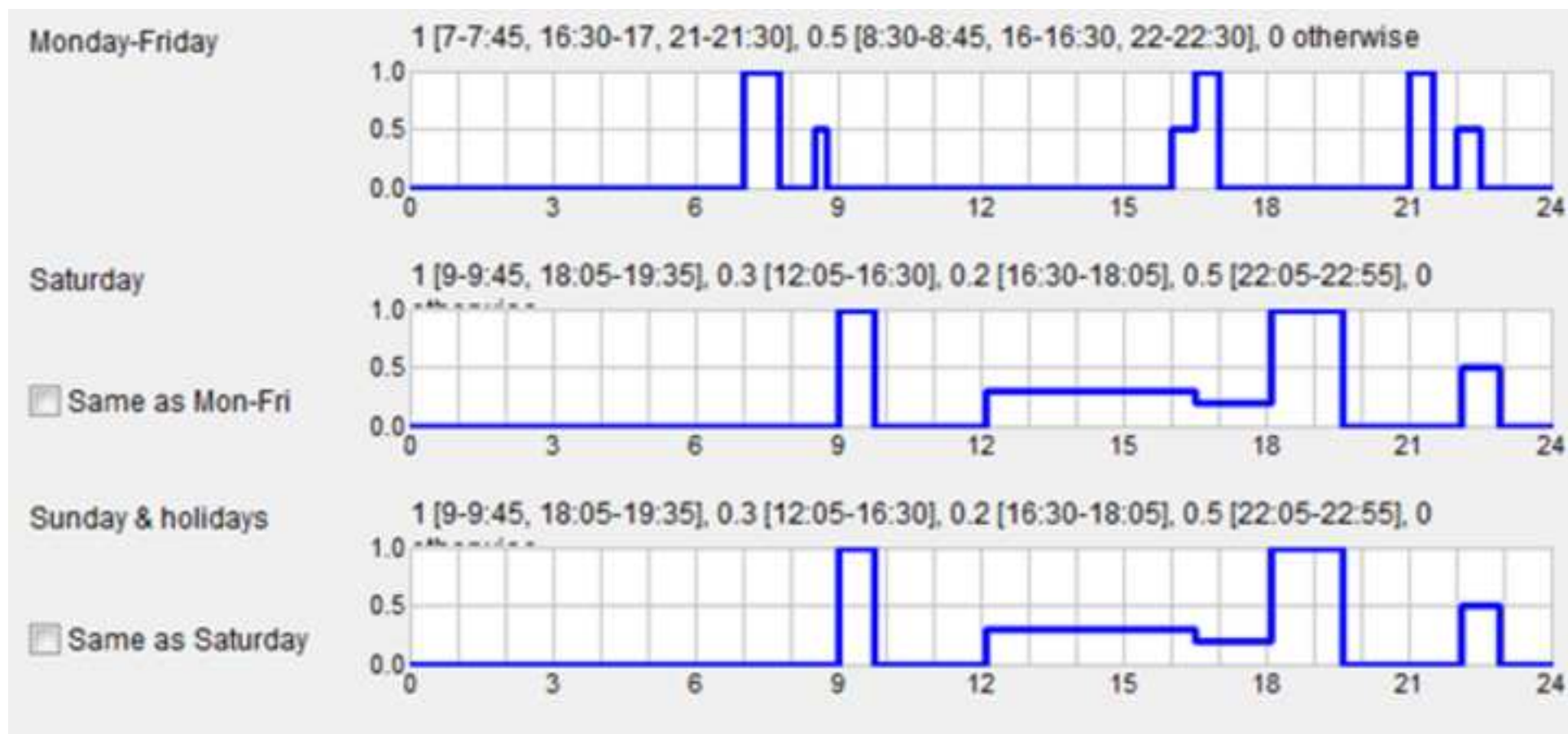


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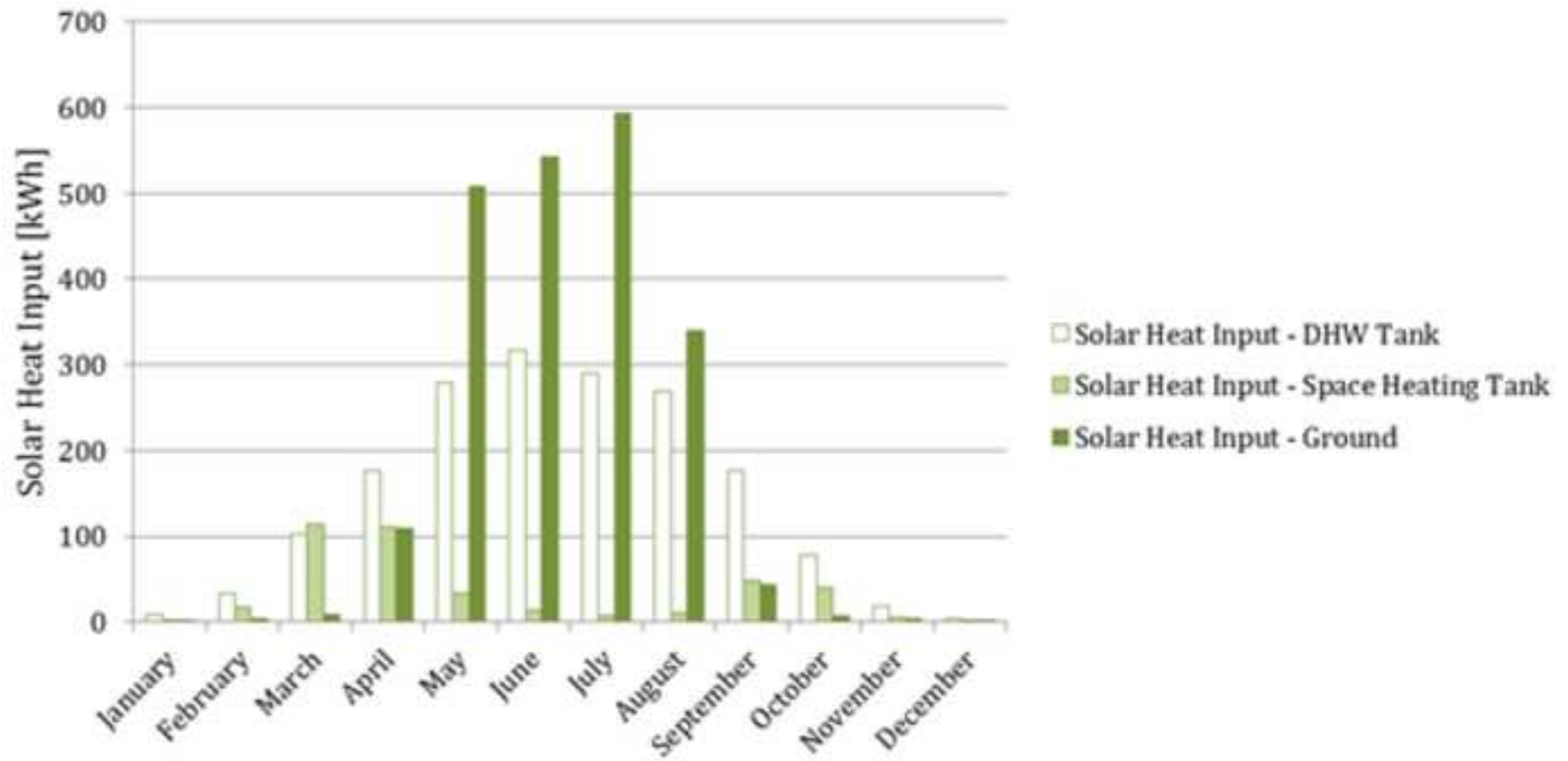


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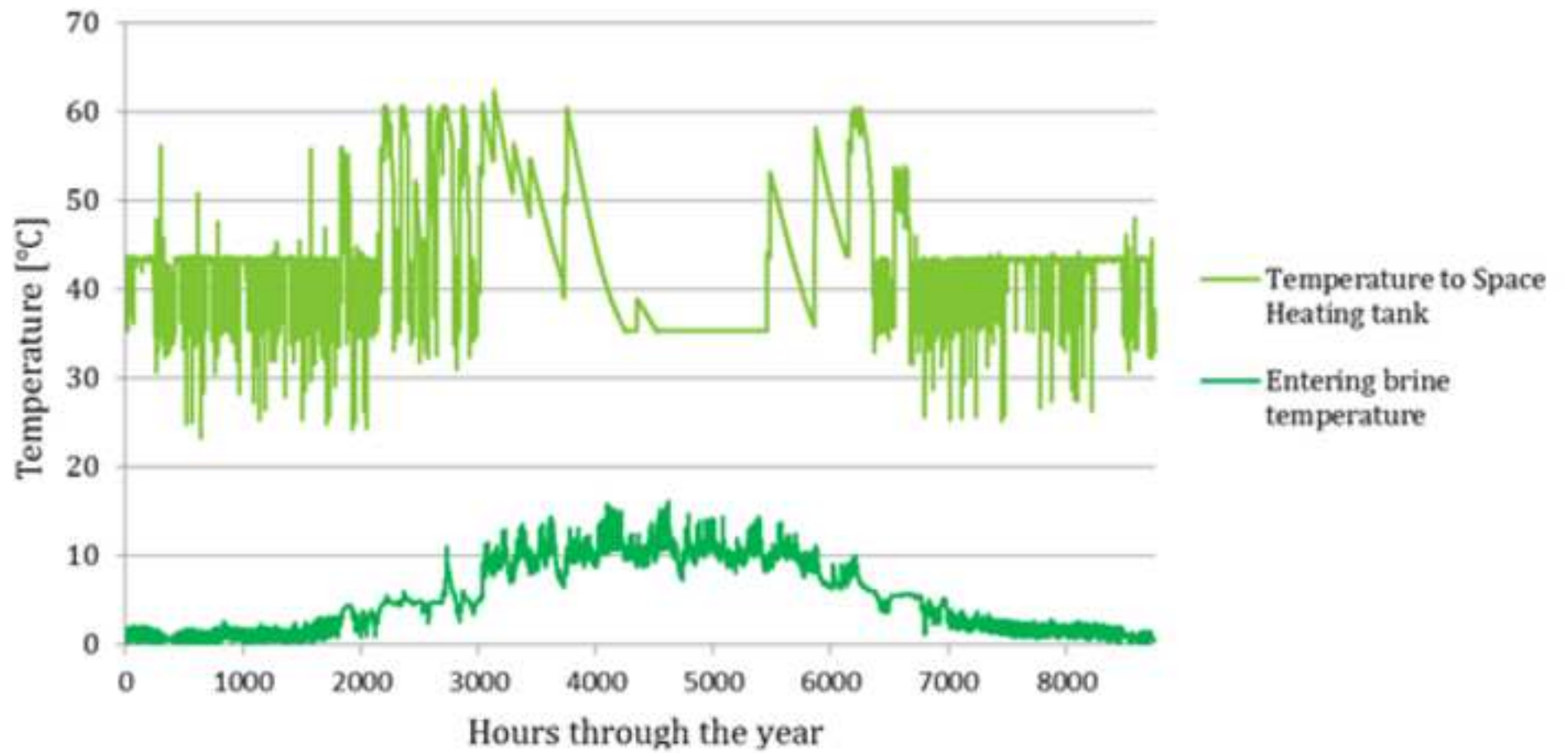


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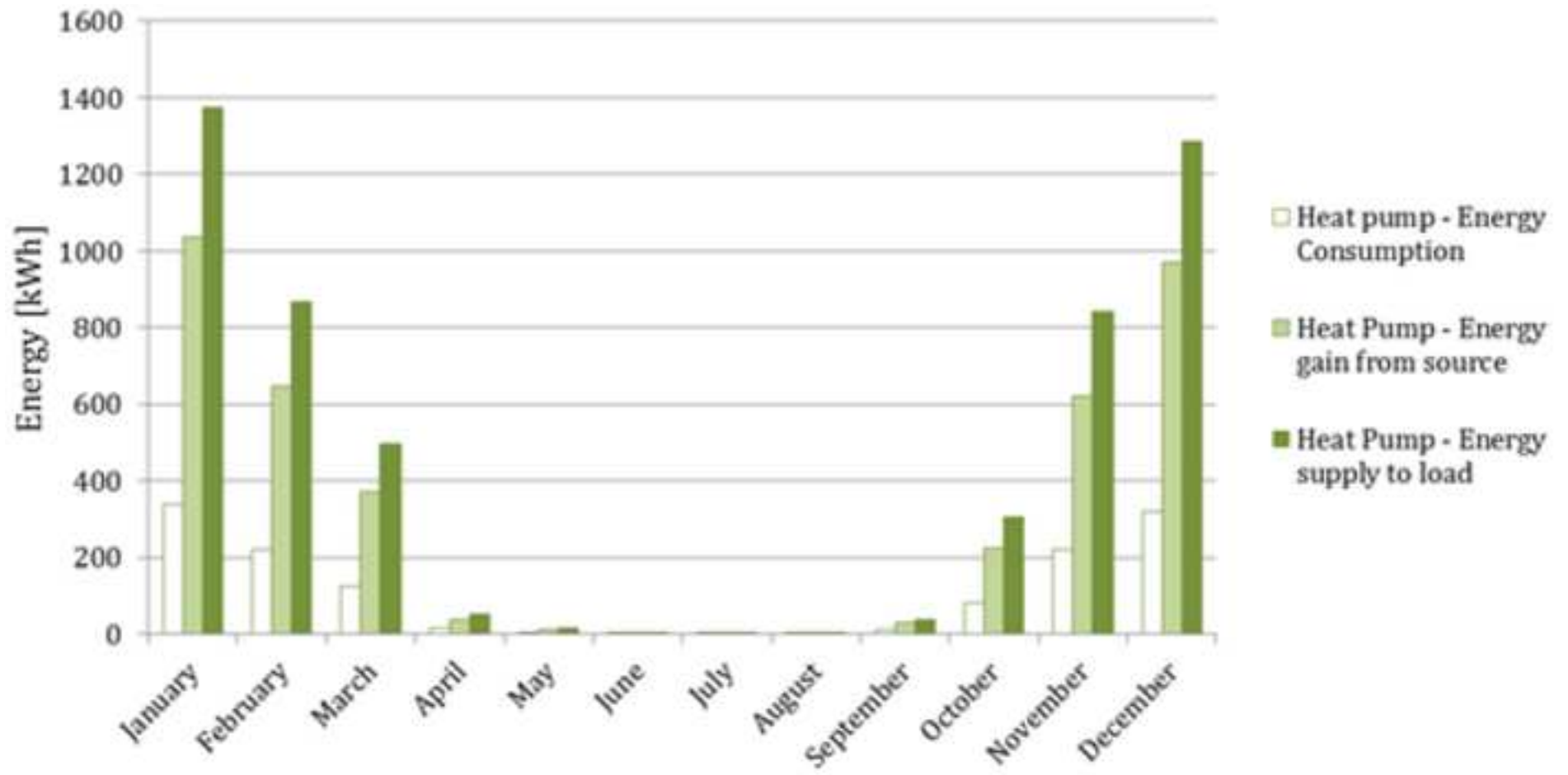


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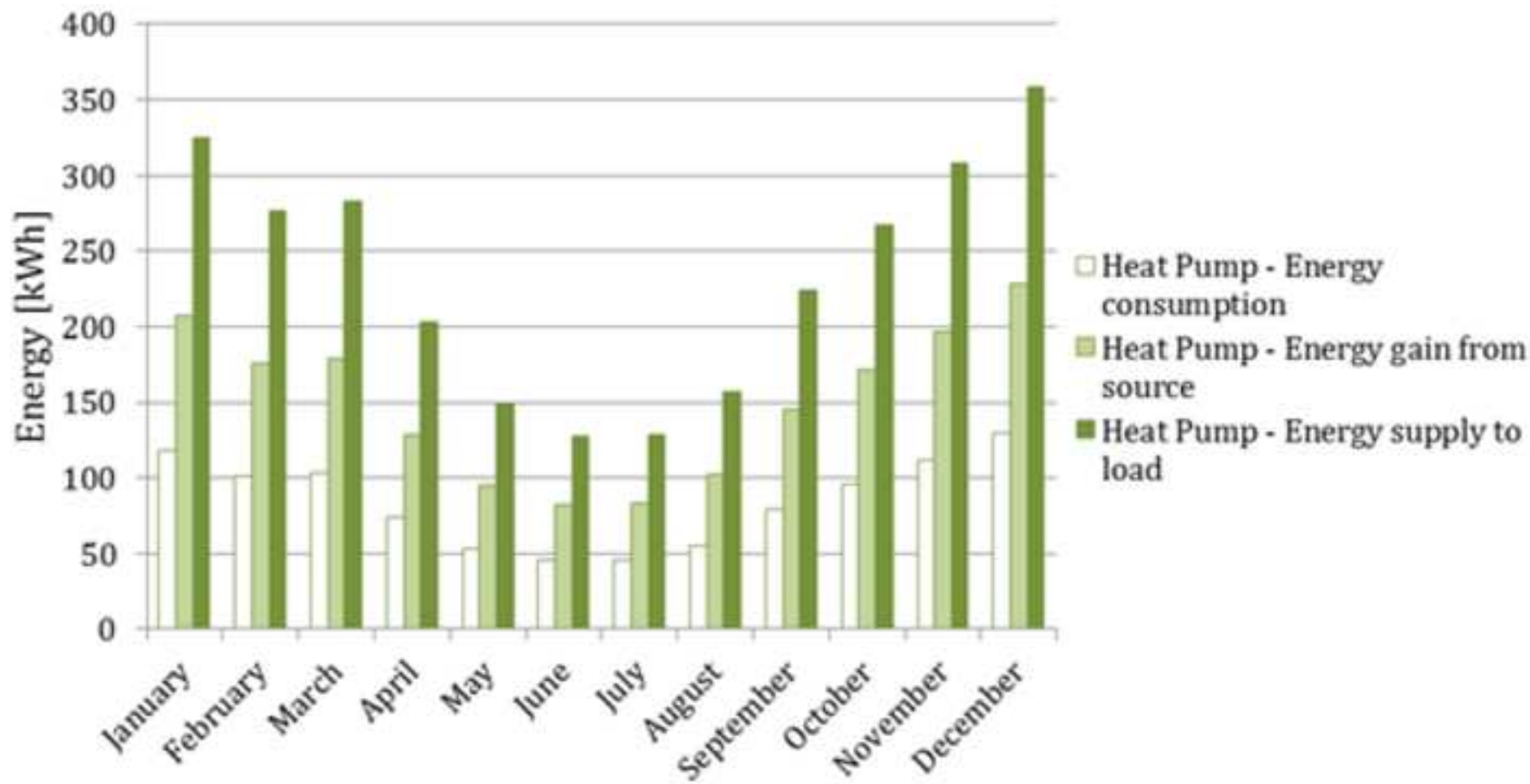


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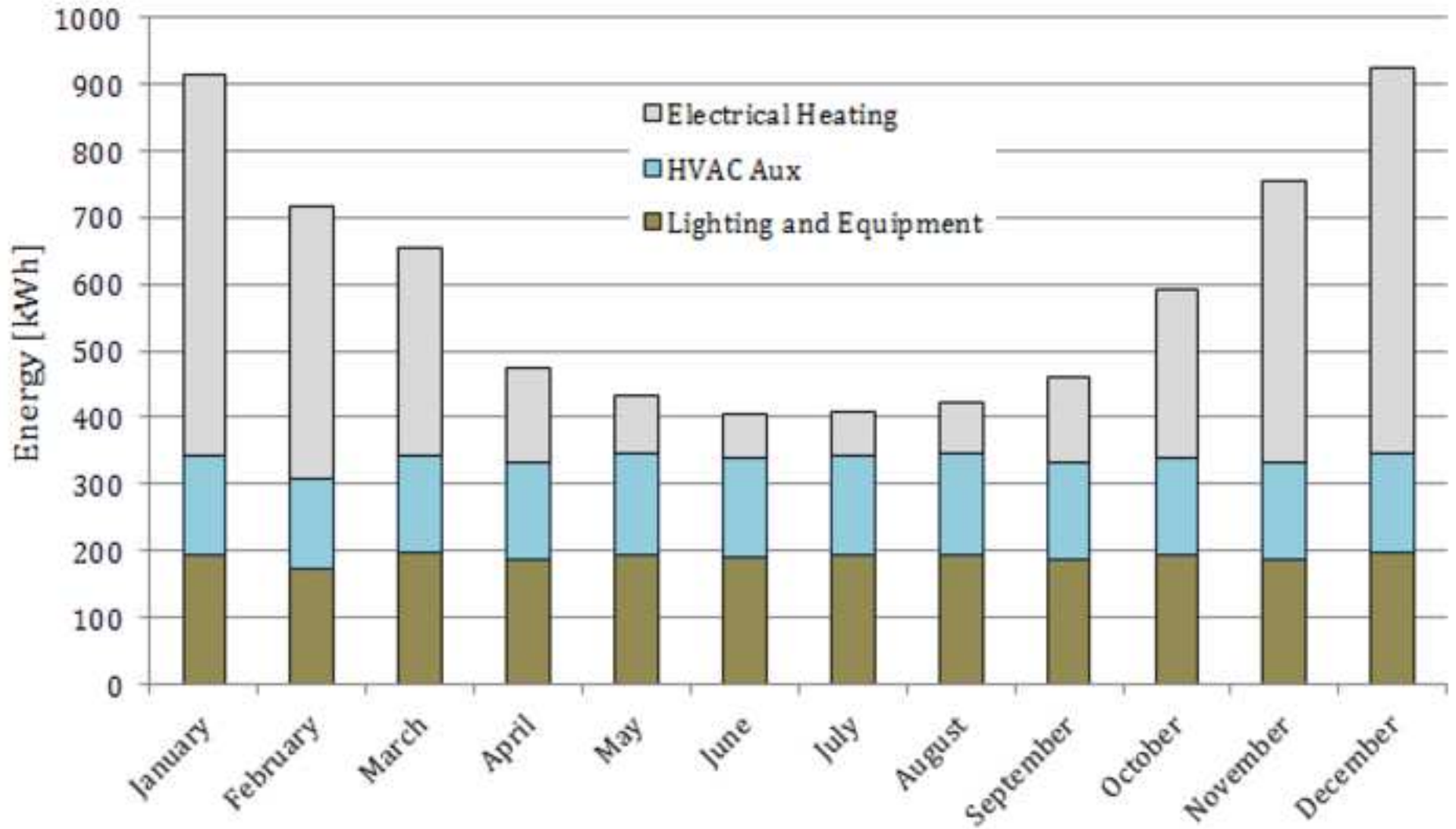


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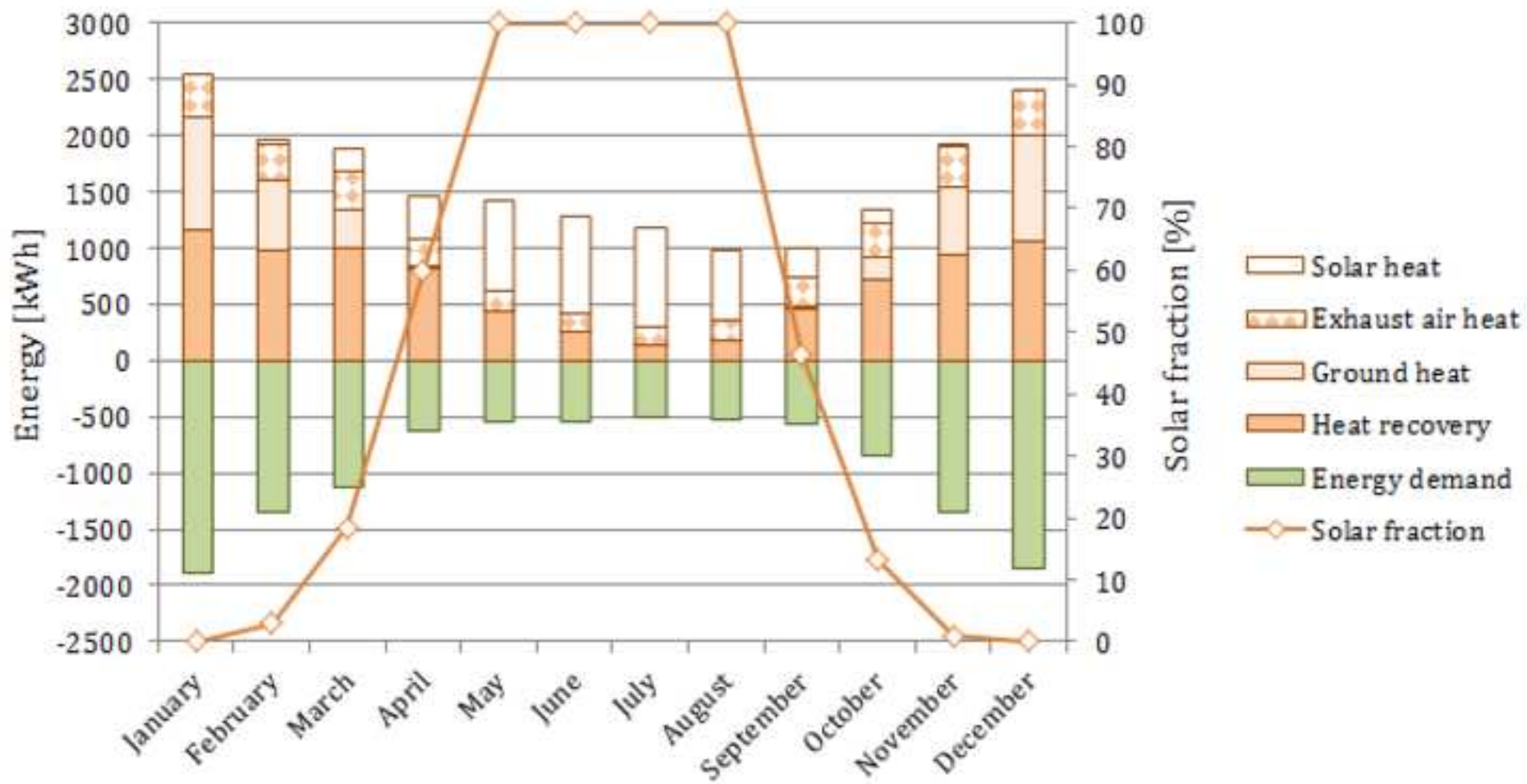


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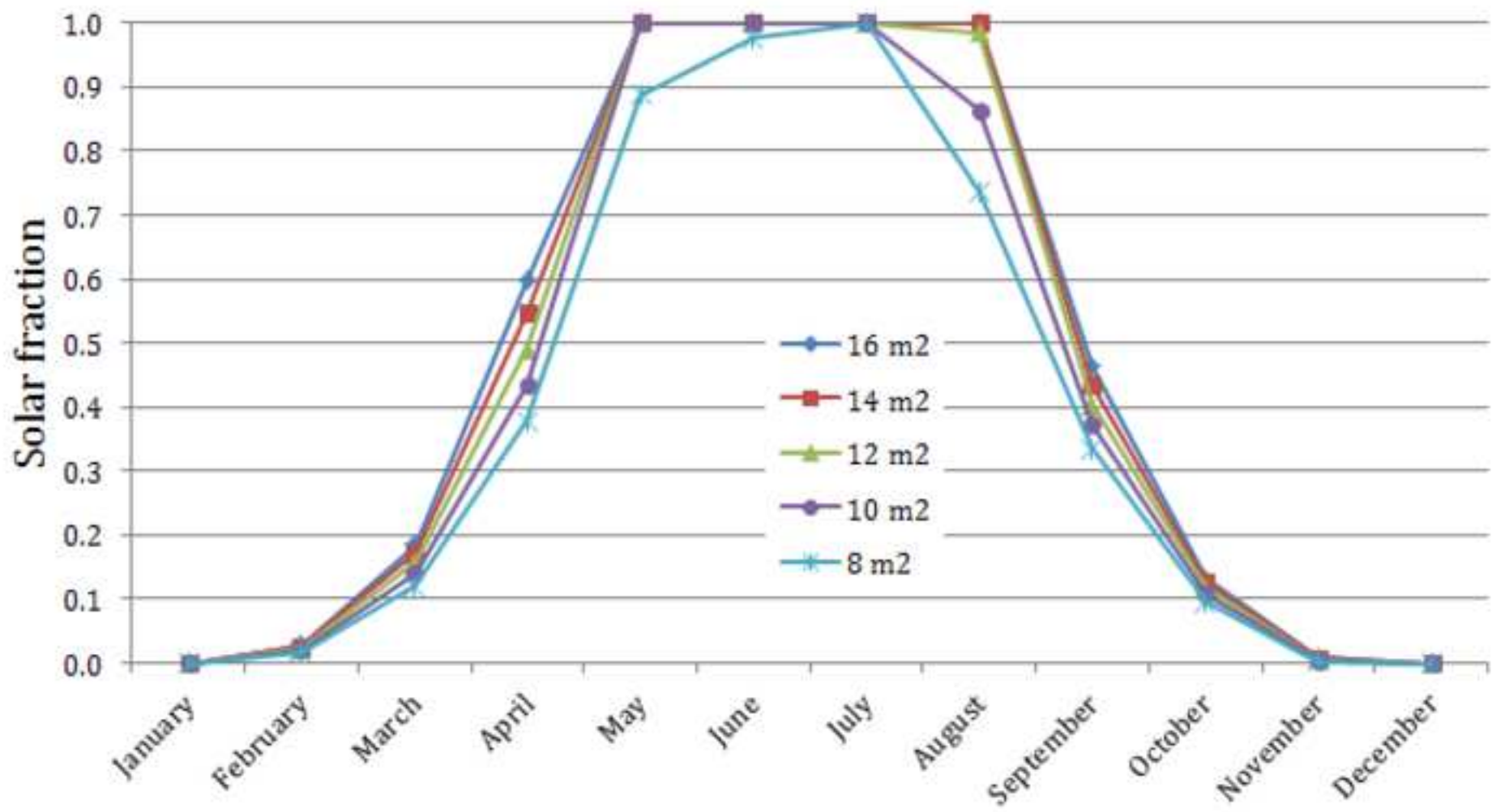


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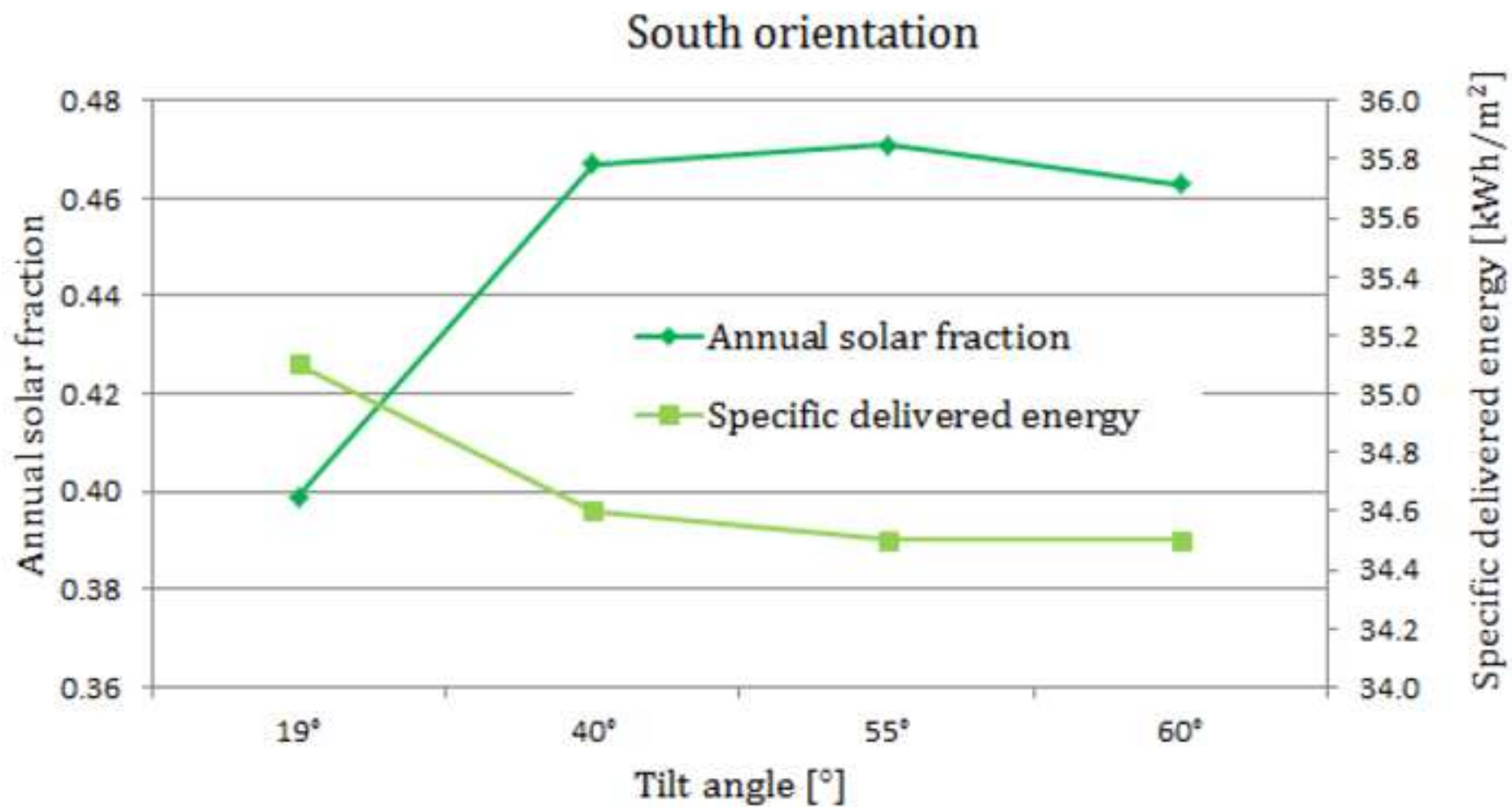


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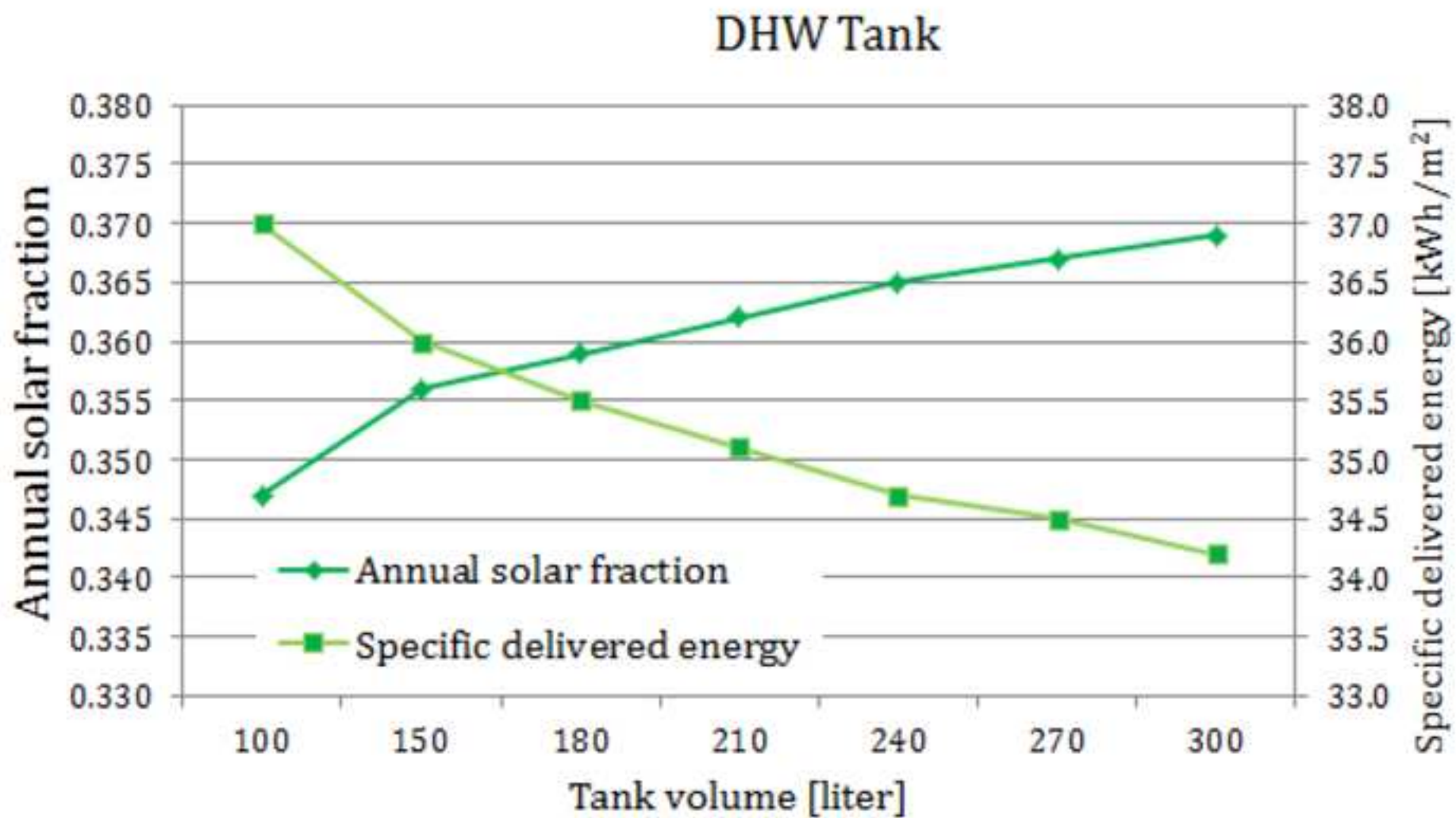


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SH Tank

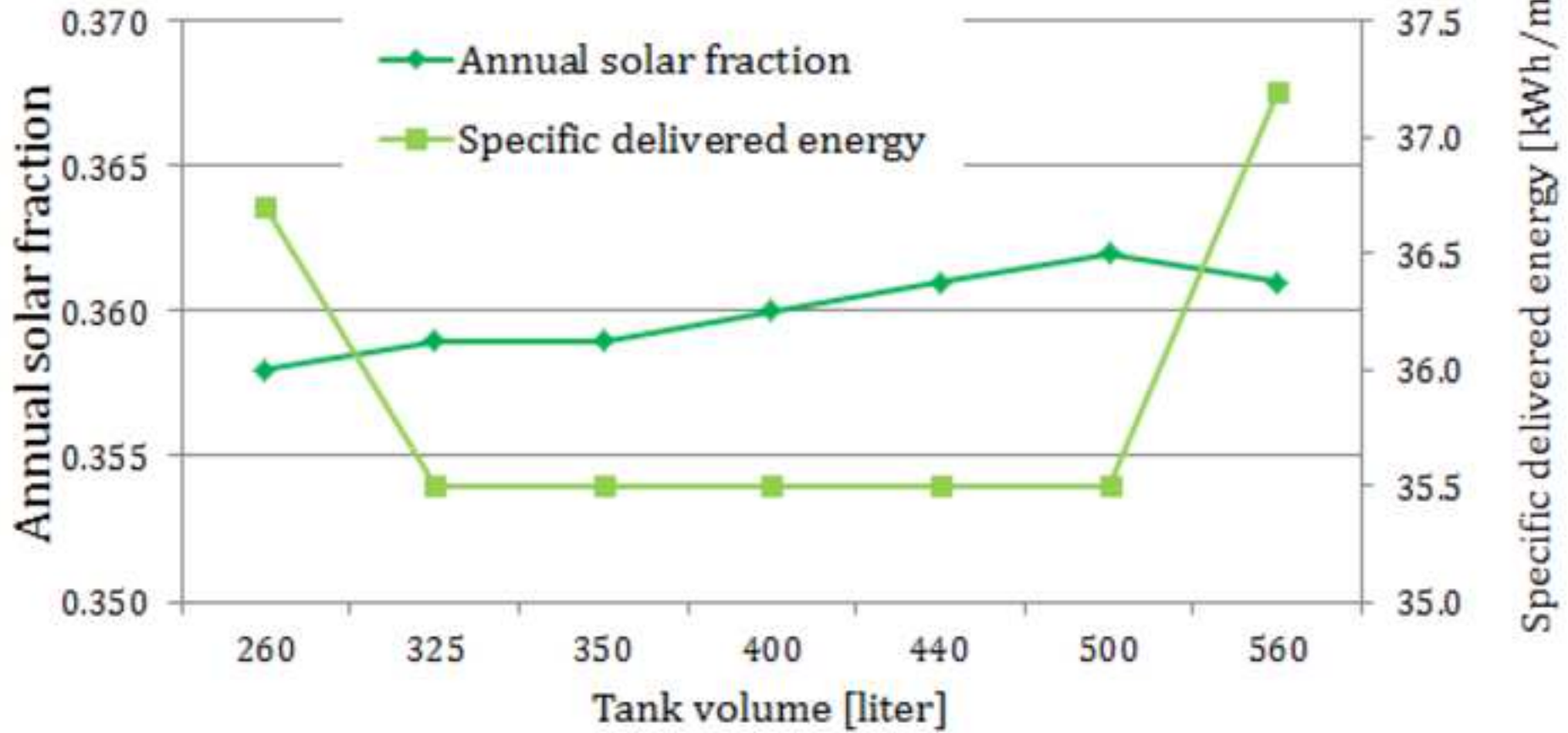


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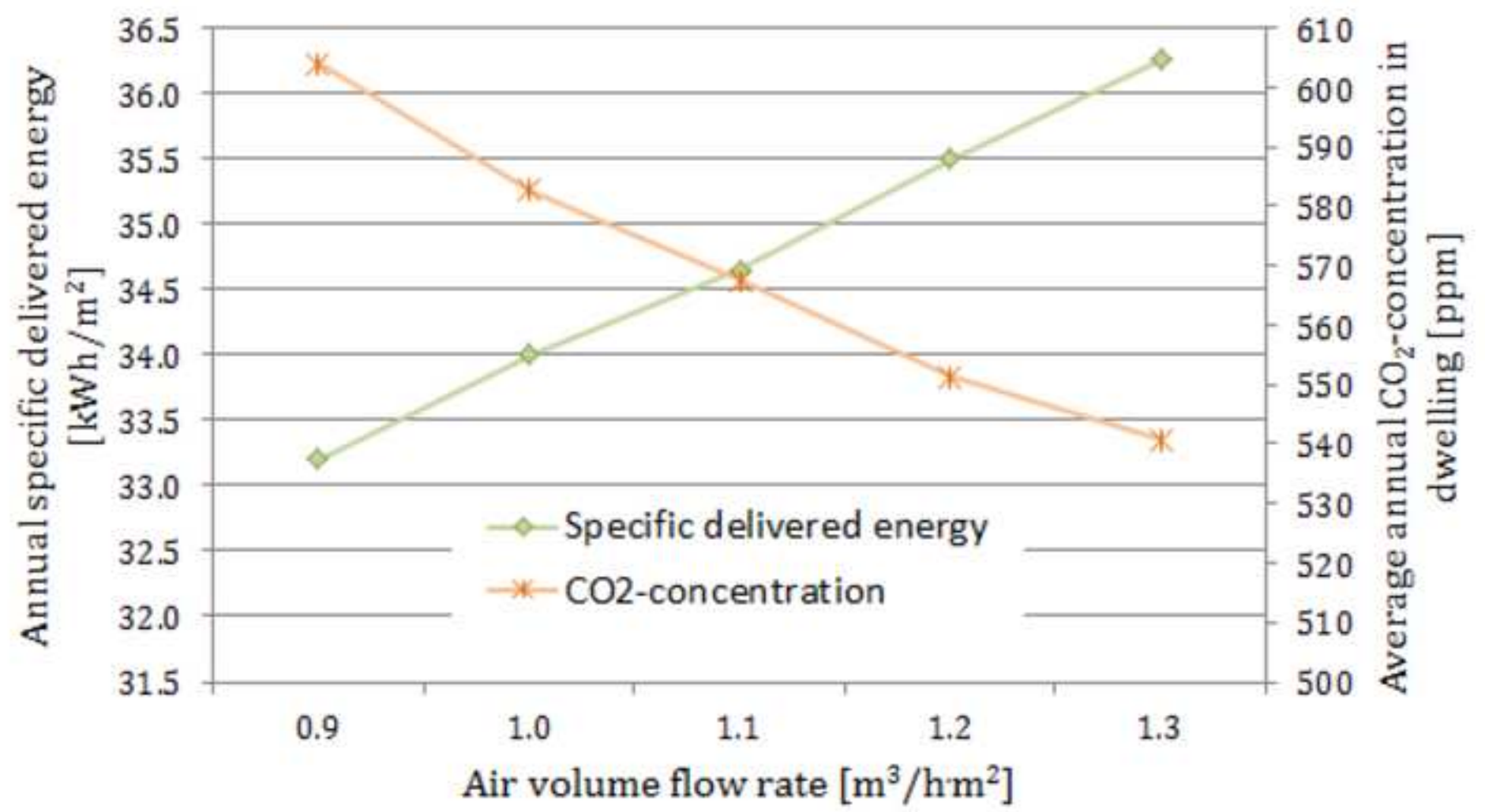


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