

REGULATION OF REPRODUCTIVE PROCESSES WITH DYNAMIC ENERGY BUDGETS

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25 **ABSTRACT**

- 26 1. Linking organismal level processes to underlying suborganismal mechanisms at the
27 molecular, cellular and organ level constitutes a major challenge for predictive ecological
28 risk assessments. This challenge can be addressed with the simple bioenergetic models in
29 the family of Dynamic Energy Budget (DEB), which consist of a small number of state
30 equations quantifying universal processes, such as feeding, maintenance, development,
31 reproduction and growth.
- 32 2. Motivated by the need for process-based models to evaluate the impact of endocrine
33 disruptors on ecologically relevant endpoints, this paper develops and evaluates two
34 general modeling modules describing demand-driven feedback mechanisms within the
35 DEB modeling framework exerted by gonads on the allocation of resources to production
36 of reproductive matter.
- 37 3. These modules describe iteroparous, semelparous and batch-mode reproductive
38 strategies. The modules have a generic form with both positive and negative feedback
39 components; species and sex specific attributes of endocrine regulation can be added
40 without changing the core of the modules.
- 41 4. We demonstrate that these modules successfully describe time-resolved measurements of
42 wet weight of body, ovaries and liver, egg diameter and plasma content of vitellogenin
43 and estradiol in rainbow trout (*Oncorhynchus mykiss*) by fitting these models to published
44 and new data, which require the estimation of less than two parameters per data type.
- 45 5. We illustrate the general applicability of the concept of demand-driven allocation of
46 resources to reproduction by evaluating one of the modules with data on growth and seed
47 production of an annual plant, the common bean (*Phaseolus vulgaris*).

48 **Introduction**

49 Dynamic Energy Budget (DEB) theory offers a remarkably general mathematical and conceptual
50 framework for physiological ecology. Originally formulated to describe growth and reproduction
51 in animals, DEB theory now describes widespread empirical patterns in metabolic behavior of a
52 steadily increasing number species (over 1,200 at the time of writing) from phyla from all three
53 domains (Sousa, Domingos & Kooijman 2008; Kooijman 2010; Jusup *et al.* 2017; AmP 2018).
54 Its core concepts are consistent with some general trends in evolutionary history (Kooijman
55 1986; Kooijman & Troost 2007) and with the principles of thermodynamics (Sousa *et al.* 2010;
56 Jusup *et al.* 2017). In addition, the theory offers a powerful framework for modeling organismal
57 response to environmental stress, notably in ecotoxicology (Kooijman & Bedaux 1996; Jager *et*
58 *al.* 2014; Muller *et al.* 2014) and, more recently, in the context of ocean acidification (Muller &
59 Nisbet 2014; Jager, Ravagnan & Dupont 2016), starvation (Gergs & Jager 2014) and crowding
60 stress (Gergs, Preuss & Palmqvist 2014). The versatility of the theory is due to its modular
61 structure, through which specific attributes or ‘details’ of a particular environment, stressor or
62 species can be included without changing the core of the model. Here we follow a similar
63 approach to accommodate life history strategies by which organisms allocate resources to
64 reproduction. Since reproduction generally constitutes a major fraction of the total energy budget
65 of an adult organism, the energetic implications of different reproductive strategies and their
66 trade-offs play a fundamental role in life history theory (Stearns 1992).

67 An important feature of most DEB models is that resources are first assimilated into somatic
68 reserves, which are then committed to support somatic, developmental and/or reproductive
69 functions, depending on nutritional status and life stage. In the standard formulation of DEB
70 (stdDEB), applicable to animals, the rate at which reserves are allocated to reproduction depends

71 only on the reserve density and the size of the animal (see Figure 1). Control mechanisms
72 regulating the partitioning of reserves to favor growth over reproduction, or *vice versa*, are
73 absent. Standard DEB ignores control mechanisms regulating the development of gonads, as the
74 specifics of those mechanisms vary widely among taxa and sexes (but see Pecquerie, Petitgas
75 and Kooijman (2009), Einarsson, Birnir and Sigurosson (2011), Augustine *et al.* (2012) and
76 Llandres *et al.* (2015) for species or group specific DEB gonad loading modeling modules for
77 anchovy, capelin, zebrafish and parasitic wasps, respectively). This lack of feedback simplifies
78 the dynamics of resource allocation, with obvious mathematical advantages as a result. Yet,
79 stdDEB quantifies reproductive output sufficiently accurately for many purposes, such as those
80 that require estimates of reproductive output over longer time spans or those involving species
81 that release gametes in a nearly continuous manner. However, it is important to consider
82 feedback, e.g., mediated by endocrine regulation mechanisms, in order to capture the *dynamics*
83 of gamete maturation in iteroparous and semelparous organisms, in which gametes mature
84 during the later part of the reproductive cycle or near the end of the life cycle, respectively. In
85 addition, this kind of feedback could provide an entry to mechanistic modeling of the impact of
86 endocrine disruptors on growth and reproduction in the DEB framework.

87 To more accurately accommodate the alternative reproductive strategies of iteroparous and
88 semelparous organisms, we develop and evaluate the performance of two extensions of the
89 standard DEB model. These extensions include demand-driven feedback mechanisms on gonad
90 development, guided by the premise that hormones produced in the reproductive organs and
91 other organs commonly mediate those feedback mechanisms. We center our evaluation of model
92 performance on a single fish species, the rainbow trout (*Oncorhynchus mykiss*), due to the
93 expansive data set on its growth and reproductive biology. However, we argue that the model

94 extensions are based on general principles, and therefore applicable to other species. As an
95 illustration, we discuss how simplified formalism from one of the model extensions can be
96 applied to describe the growth and reproductive patterns in a species very different from trout,
97 namely the common bean (*Phaseolis vulgaris*). Beans have a reproductive strategy typical for
98 many annual plants, namely an allocation strategy that favors seed production over somatic
99 growth during the later phases of the life cycle. In addition, we discuss how these extensions can
100 be useful in exploring physiological mechanisms by which stressors, in particular endocrine
101 disruptors, affect resource allocation, and ultimately adverse outcomes to reproduction and
102 growth.

103

104 **Materials and methods**

105 DATA SOURCES

106 Three data sets about female rainbow trout (*O. mykiss*) were analyzed to evaluate model
107 performance. The most expansive set, referred to as main data set, was from Nagler *et al.* (2012)
108 with additional data from Gillies *et al.* (2016), and concerns a reproductively synchronized
109 autumn-spawning population obtained from a commercial supplier (Troutlodge, Inc., Sumner,
110 WA) and maintained in a temperature controlled flow-through system under a natural lighting
111 regime at the Battelle Marine Science Facility (Sequim, WA). The main data set included time-
112 resolved measurements of wet weight of body, ovaries and liver, egg diameter and plasma
113 content of vitellogenin and estradiol of 58 individuals. The two supplementary data sets, SD1
114 and SD2, were more limited in scope. SD1 included time resolved measurements of body weight
115 and egg mass of 12 and 9 individuals, respectively, of a spring spawning strain obtained from
116 Troutlodge Inc. (Sumner, WA). SD2 included initial and final total body and egg weights as well

117 as weights and diameters of individual eggs of 16 individuals of a fall-spawning strain obtained
118 from Nisqually Trout Farm (Lacey, WA). Fish of SD1 and SD2 were kept in the same facility as
119 those of the main set; see Nagler *et al.* (2012), Schultz *et al.* (2013) and the Supplemental
120 Information for experimental detail. All sets span a single breeding cycle of approximately 11-14
121 months starting immediately after the time of first spawning.

122 The common bean, *Phaseolis vulgaris*, was used to evaluate the potential of the principle of
123 demand driven resource allocation to reproduction (see next section) to capture the dynamics of
124 growth and reproduction of a species wildly different from iteroparous rainbow trout; beans have
125 a semelparous reproductive strategy typical for many annual plants, namely an allocation
126 strategy that favors seed production over somatic growth during the later phases of the life cycle.

127 Data are from Lima *et al.* (2005) and include time-resolved measurements of vegetative above
128 ground biomass, leaf cover and pod biomass of 6 cultivars grown in a field setting in coastal
129 Brazil from May to August (mean growing conditions: 21.2°C, 70% humidity, 6.9 h solar
130 radiation per day; 12 seeds per row meter at 0.5 m row distance; plots fertilized with 2.5 g N, 4.0
131 g P and 4.0 g K per square meter).

132

133 DYNAMIC ENERGY BUDGET THEORY

134 This study uses the standard model of Dynamic Energy Budget (stdDEB) theory as a reference.
135 Since Kooijman (2010) has described this theory and its standard formulation in detail and
136 several other publications provide extensive summaries (Nisbet *et al.* 2000; Sousa, Domingos &
137 Kooijman 2008; Jusup *et al.* 2017), we only present features of the theory that are essential to
138 evaluate the models developed in this study.

139 The stdDEB formulation (see Fig. 1), describes the rates at which a ‘generalized’ animal acquires
140 resources from its environment and uses the energy therein for somatic and maturity
141 maintenance, growth, maturation (juveniles) and reproduction (adults). A ‘generalized’ animal is
142 heterotrophic, grows isometrically (constant shape), does not encounter conditions of stress
143 (including debilitating forms of starvation), and has three life stages: embryonic (during which it
144 does not feed), juvenile (feeding but no reproduction) and adult. Since this study involves the
145 adult stage only, from now on, all references to animals pertain to adults, unless other life stages
146 are explicitly mentioned. stdDEB distinguishes three pools of biomass: structure, general reserve
147 and material in the reproductive buffer. Structure is defined as the biomass requiring
148 maintenance in order to remain viable. The reproductive buffer contains resources tagged for
149 reproduction (irreversibly, except potentially during starvation conditions). General reserve is
150 functionally defined as all other metabolizable biomass; in practice, general reserve typically
151 includes conventional storage materials as well as compounds that are traditionally not thought
152 of as reserve, such as ribosomes in excess of the minimal amount needed to ensure vitality of an
153 organism of a given size (Nisbet *et al.* 2000). The gross biochemical composition of each pool is
154 considered to be invariant, implying that the costs to produce a unit of each type of biomass and
155 the cost to maintain a unit of structure are constant. The general reserve density, i.e., the ratio of
156 general reserve and structure, stabilizes in a constant food environment.

157 Environmental resources are first assimilated into general reserve, which is subsequently
158 committed to somatic and developmental/ reproductive functions, with each set of functions
159 receiving a constant fraction κ of committed general reserve (see Figure 1). In order to
160 accommodate the changing rate of gamete development during a reproductive cycle in female
161 rainbow trout, we studied two extensions to the standard model (see Figure 1). In the first

162 variant, the proportion of committed general reserve allocated to reproduction is subject to
163 feedback regulation of the reproductive buffer, implying that the allocation of general reserve to
164 reproduction is driven by demand of the reproductive buffer. This variant is denoted dDEB, with
165 the ‘*d*’ standing for ‘demand-driven’. The second variant, a modified version of a capelin model
166 by Einarsson, Birnir and Sigurosson (2011), assumes stdDEB but separates the reproductive
167 buffer in pools of unspecified reproductive reserve and actual reproductive matter. A gonad
168 loading modeling module describes the rate at which reproductive reserve are converted into
169 actual reproductive matter. This variant will be denoted stdDEB+, with the ‘+’ referring to the
170 gonad loading module. Regulation of the allocation of reserves to the reproductive buffer in
171 dDEB and of gonad loading in stdDEB+ are subject to endocrine control.

172 The derivations of the dDEB and stdDEB+ model equations in Table 1 are presented in full in
173 the Supplementary Information. Here, only the assumptions that are not part of stdDEB are
174 presented and evaluated. The following list contains assumptions shared by and specific to both
175 model variants, though it should be stressed that reproductive matter is defined differently in
176 those variants. In dDEB, reproductive matter refers to all matter in the reproductive buffer
177 regardless of location in the body, whereas reproductive matter roughly corresponds to gametes
178 in stdDEB+. The assumptions are:

- 179 1. At the onset of a reproductive cycle, a small fraction of somatic biomass is converted to
180 reproductive matter, e.g., due to meiosis. General reserve and structure contribute
181 proportionally to the initial formation of reproductive matter, and the costs of this
182 conversion are negligible. The latter two assumptions are rather arbitrary but
183 quantitatively insubstantial.

- 184 2. The initial density of reproductive matter is constant. This assumption maintains
185 parameter parsimony and model simplicity.
- 186 3. An adult has a bounded capacity to carry reproductive matter. In non-starving adults, this
187 capacity is proportional to the amount of structural biomass, i.e., the maximum density of
188 reproductive matter is a constant. This assumption maintains parameter parsimony and
189 model simplicity.
- 190 4. dDEB only: the fraction of mobilized general reserve allocated to reproduction and
191 maturity maintenance in adults is proportional to (1) the density of reproductive matter,
192 and (2) the difference between the maximum and actual density of reproductive matter.
193 The first proportionality introduces positive feedback and is based on the general
194 observation that the ovaries in fish produce estrogen, which stimulates the production of
195 vitellogenin, the precursor of egg reserve material (Tyler & Sumpter 1996). The second
196 proportionality provides a simple negative feedback (i.e., deceleration) mechanism that
197 causes the accumulation of reproductive material in the gonads to slow down towards the
198 end of a reproductive cycle.
- 199 5. stdDEB+ only: the rate at which reproductive reserves are converted to reproductive
200 matter is proportional to (1) the density of reproductive reserves, (2) the density of
201 reproductive matter, (3) the difference between the maximum and actual density of
202 reproductive matter, and (4) the amount of structural biomass. The first proportionality
203 ensures the density of reproductive reserves cannot become negative; for arguments for
204 the two subsequent proportionalities, see previous assumption.
- 205 6. The efficiency with which reproductive reserves are converted into reproductive matter is
206 constant.

207 7. Spawning requires the density of reproductive matter to exceed a threshold and,
208 additionally, may be under the control of a time trigger or environmental factor,
209 depending on species.

210 LINK BETWEEN DEB QUANTITIES AND DATA

211 Variables in DEB models are abstract quantities and therefore do not correspond directly with
212 measurable quantities. The mapping of DEB quantities onto the data analyzed in this study,
213 including total body, ovary and liver wet weights, follicle diameter and plasma levels of estradiol
214 and vitellogenin, is achieved through auxiliary assumptions stated in this section; the
215 corresponding equations, summarized in Table 1, are derived in the Supplementary Information.
216 The relationship between measurable quantities pertaining to the common bean and those of a
217 DEB model of bean growth and fecundity can be found in the Supplementary Information.

218 In order to convert DEB mass quantities to wet weights, we use conversion factors from the
219 rainbow trout entry in the DEB parameter database (Kooijman *et al.* 2017). Considering that the
220 ovaries mainly consist of storage materials in eggs, we assume the contributions of structure and
221 general reserves to the wet weight of the ovaries are negligible (to avoid confusion, we will use
222 ‘storage’ to refer to physical materials and ‘reserves’ as the conceptual abstraction in the context
223 of DEB). We also assume that the fraction of reproductive matter that is in the ovaries is
224 constant. Furthermore, we assume that reproductive matter is either in the ovaries or in the liver,
225 which produces the precursors of egg storage materials. It is prudent to consider also including
226 plasma vitellogenin, the precursor of egg storage materials. However, plasma vitellogenin levels
227 are especially high just prior and after ovulation, indicating that not all plasma vitellogenin ends
228 up in eggs. Furthermore, the fraction of vitellogenin in plasma is relatively small. Plasma
229 contributes 2.5% to 5.5% to body wet weight in teleost fish (Brill *et al.* 1998, and references

230 therein) and contains about 25 mg vitellogenin/ ml during the phase of accelerating ovary growth
231 in a typical individual in this study (see figure 2F), which corresponds to only about 1.5-3.5 g
232 vitellogenin in a 2.5 kg fish. Thus, it is reasonable to ignore the contribution of vitellogenin to
233 reproductive matter, though its dynamics are informative and are modeled later. Furthermore, we
234 assume that the fractions of structure and reserves that are part of the liver are constants for both
235 model variants, and, for stdDEB+, in order to retain simplicity, that the amount of reproductive
236 reserves in the liver is negligible.

237 This leaves the follicle diameter and estradiol and vitellogenin plasma levels as the experimental
238 quantities that need to be related to DEB variables. In order to relate the mean diameter of a
239 follicle to reproductive matter, we assume that follicles are perfect spheres and that the specific
240 gravity of biomass equals unity. Estradiol is produced by the ovaries and regulates the flow of
241 vitellogenin to the ovaries. Accordingly, we link the gonad loading module of stdDEB+ and the
242 reproduction flux in dDEB to the plasma estradiol concentration assuming simple
243 proportionality.

244 To model the dynamics of plasma vitellogenin, we assume that the volume of plasma is
245 proportional to the amount of structural biomass, and that the rate at which vitellogenin is cleared
246 from plasma is proportional to the amount of structural biomass (e.g., by structural mass in the
247 ovaries). Furthermore, for dDEB, we assume that the rate at which vitellogenin is released into
248 the blood stream is proportional to the rate at which somatic reserves are allocated to
249 reproduction. For stdDEB+, we assume that the rate at which vitellogenin is released into the
250 blood stream is proportional to the rate at which reproductive reserves are allocated to
251 reproductive matter.

252

253 PARAMETERIZATION

254

255 In the evaluation of model performance with trout data, the values of some or all parameters in
256 Table 2 were fixed, depending on the information content of the data and on the purpose of the
257 analysis (see legend to Figure 4 for information about parameter values regarding the analysis of
258 bean data). The main data set was used to parameterize the model variants; subsequently, this
259 parameterization was used to predict the observations in the supplementary data sets SD1 and
260 SD2 (with one exception – see next section). However, not all parameters were estimable from
261 the main data set due to a lack of information about, e.g., elemental biomass composition and
262 some conversion efficiencies, and therefore had to be fixed; similar values were used for fixed
263 parameters that occur in both model variants. The values of eight fixed parameters, as marked in
264 Table 2c, were taken or calculated from the rainbow trout entry in the DEB parameter database
265 (Kooijman *et al.* 2017). Among those was the somatic maintenance rate parameter, which could
266 not be estimated as it strongly covaried with other parameters, notably the general reserve
267 turnover rate. Since the value of the somatic maintenance rate parameter is relatively invariant
268 across species (Kooijman 2010), it was fixed at the value in the DEB parameter database, while
269 the latter was treated as a free parameter.

270 The reasoning for the remaining five fixed values is as follows. First, the value for the scaled
271 food density was set at 0.9, which is close to its maximum of 1.0, as the fish were well fed.
272 Second, according to the parameter database, maturity maintenance costs would have been an
273 insubstantial fraction of the total energy budget of the fishes and were therefore ignored. Third,
274 the initial density of reproductive reserve in stdDEB+ was assumed negligible, since there was
275 no information available that could be used to identify the reproductive reserve pool as a pool

276 separate from general reserve and reproductive matter in this model variant (in contrast, this
277 parameter could be estimated for dDEB – see Table 2d). This assumption is supported by the fact
278 the fish had recently matured and were stripped before the experiment. Fourth, the maximum
279 density of reproductive matter in stdDEB+ strongly covaried with other parameters and was
280 therefore fixed; it was identical to the density of reproductive matter in a female of ultimate size
281 at optimal conditions after one year according to the parameter database. Fifth, the conversion
282 efficiency of reproductive reserves to reproductive matter in stdDEB+ was set at unity, implying
283 that all the conversion overheads were subsumed in the conversion of general into reproductive
284 reserve.

285 Free parameters were estimated by maximizing likelihood considering all data types in a set
286 simultaneously, while assuming that discrepancies between data and model predictions were due
287 to normally distributed homoscedastic error in the data. These estimations were done with a
288 modified version of the BYOM platform coded in Matlab (www.debttox.info/byom). Confidence
289 intervals were estimated from the likelihood profile of each parameter. Universally suitable
290 goodness-of-fit measures are lacking for nonlinear models (see e.g. Shcherbakov *et al.* 2013),
291 which problem was compounded by the composite nature of the trout data sets analyzed in this
292 study. Therefore, in the analysis of trout data sets, in addition to likelihood values, two goodness-
293 of-fit measures were used to evaluate model performance: the symmetric mean scaled error,
294 $SMScE_i$, and the model efficiency, ME - see Supplemental Information for equations.

295

296 **Results**

297 The dDEB and stdDEB+ models are relatively parameter sparse. The dDEB model needed 21
298 parameters, of which 12 were estimated, to describe the patterns in the main data set by Gillies *et*

309 *al.* (2016), including total body, ovaries, total body less ovaries and liver wet weight, mean
300 follicle diameter and vitellogenin and estradiol plasma content. The stdDEB+ model required
301 two more parameters, 23 in total, of which 11 could be estimated from the main data set. Thus,
302 on average, less than two parameters were estimated from each data type.

303 Despite this relative parameter sparseness, both models fit the trends in the main data set well
304 (see Figure 2 and Table 2). The fits to the weight and follicle diameter data are virtually
305 indistinguishable between the two models (see Figure 2A-E). The goodness-of-fit measures are
306 also similar for the two models (see Table 2). In addition, the estimated values for the general
307 reserve turnover rate k_E , the only free core DEB parameter, are statistically indistinguishable at
308 the 95% level (see Table 2d), though the value implied by the parameters published in the DEB
309 parameter database for rainbow trout (Kooijman *et al.* 2017) is about 10-20% lower ($2.92 \cdot 10^{-3}$
310 day^{-1} at 11°C). More divergence in model performance is seen in the predictions of plasma
311 vitellogenin and estradiol contents, notably during the last third of the reproductive cycle (see
312 Figure 2F-G). The peaks of those plasma contents in this period are substantially better described
313 by dDEB than by stdDEB+, as the latter cannot capture the drop in plasma vitellogenin and
314 estradiol levels near the end of the reproductive cycle. The goodness-of-fit measures for those
315 plasma contents also favor dDEB over stdDEB+ (see Table 3). In addition, the overall goodness-
316 of-fit measures point to dDEB as the superior model. The AIC criterion also points to dDEB as
317 the preferable model, since the log likelihood of dDEB is 21.9 higher than that of stdDEB+,
318 which is a large difference, especially given that dDEB has only one more free parameter than
319 stdDEB+.

320 Although cultivation conditions were roughly similar among the three experiments, the fish in
321 the supplementary data sets SD1 and SD2 grew more vigorously than those in the main data set.

322 This can be clearly seen in Fig. 3A, which shows that the model predictions by dDEB and
323 stdDEB+ with the parameters estimated from the main data set (bottom two curves)
324 underestimate growth of fish in set SD1. The predictions are greatly improved, however, by
325 adjusting the general reserve turnover rate parameter. Increasing this value by 25% (dDEB) or
326 20% (stdDEB+) yields curves that are virtually indistinguishable and represent the growth data
327 well. Similarly, with the value of the general reserve turnover rate parameter from the main data
328 set, both models estimate the predictions of end weights in data set SD2 about 25-30% lower
329 than actually observed. Also with this data set, satisfactory estimates of final body weights are
330 obtained by increasing the value of the general reserve turnover rate parameter with 35% (dDEB)
331 or 20% (stdDEB+) (results not shown).

332 The analysis of reproductive data from SD1 and SD2 comes with two caveats. First, the exact
333 moment of spawning in these experiments is unknown. This hinders the comparison of model
334 predictions of reproductive endpoints with observed values, as the former depend strongly on
335 timing, given the relatively steep increase in ovary weight during the final weeks of the
336 reproductive cycle (*cf.* Fig 2C). Second, the models predict the weight of ovaries, whereas the
337 data report egg mass. With these caveats in mind, we take the census time to be 355 days into the
338 reproductive cycle and assume the final weight of the ovaries equals that of eggs. Then, with the
339 reserve turnover rate from the main data set, the models overestimate the reproductive effort in
340 data set SD1 by about a third (see Table 3). With the general reserve turnover rate adjusted (see
341 above), this overestimation increases to 45-70%, though the gonadosomatic index (GSI) remains
342 relatively unaffected as body masses are also predicted higher. Relative to data set SD2, the
343 models underestimate reproduction 25-30%, assuming general reserve turnover rates estimated
344 from the main data set. With those estimates adjusted as before, underestimates shrink to 2% and

345 20% for dDEB and stdDEB+, respectively, while predicted GSI values change relatively little.
346 The models predict reproductive effort at day 355 as a function of total body mass about
347 similarly, considering the scatter in the data (see Fig. 3B). With general reserve turnover rates
348 adjusted, the measured mean mass and diameter of single eggs in data set SD2, 105.7 (± 14.5) mg
349 and 5.54 (± 0.36) mm, respectively, are close to the values predicted by dDEB (93.3 mg and 5.62
350 mm, respectively), whereas the predictions by stdDEB+ differ more (65.3 mg and 4.96 mm,
351 respectively).

352

353 **Discussion**

354 We have formulated and evaluated two models of feedback control on the production of
355 reproductive matter. The models provide a key to quantitatively connecting molecular level
356 processes to organismal performance, a major challenge in biology. In particular, they describe
357 growth and reproduction as processes subject to hormonal regulation, and thus provide a link
358 between detailed physiologically-based models about the endocrine system (see e.g. Gillies *et al.*
359 2016) to the DEB modeling framework.

360 Important strengths of DEB include its generality and relative simplicity. The core dynamics of
361 the standard DEB model for a healthy animal consist of only three state equations and involve
362 universal processes, such as feeding, maintenance, development, reproduction and growth, with
363 similarly general formulae relating these processes to measurable rates, such as respiration, waste
364 and heat production. The additional equations required for modeling particular species and
365 context specific measurable quantities (e.g., Equations 8-19 in Table 1) are somewhat narrower
366 in applicability, but still have considerable generality. For example, we would expect these
367 equations to be applicable to most fishes, albeit with species-specific values for their parameters.

368 Our representation of demand-driven energy allocation to the production of reproductive matter
369 focuses on a general dynamic mechanism, namely feedback control of gonads. We used this
370 mechanism to develop two extensions of the standard DEB model, stdDEB+ and dDEB (see
371 Figure 1). These extensions share the feature that, depending on the nutritional state of an adult,
372 growth may occur concurrently with the accumulation of reproductive matter; this contrasts with
373 other simple models, often used in optimality arguments, in which an adult commits either
374 resources to growth or to reproduction at any given time (see e.g. Cohen 1971; Quince *et al.*
375 2008). However, a dDEB organism may cease to grow, and may even shrink, while it continues
376 to allocate resources to reproduction (see below). We evaluated these extensions in depth with
377 data on a single fish species, i.e., rainbow trout, due to the availability of extensive, time-
378 resolved information on whole organism performance as well as on suborganismal processes
379 related to the endocrine system.

380 Our models describe the production of biomass and reproductive matter in female rainbow trout
381 in the three data sets analyzed here about equally well (see Fig. 2A-D, 3 and Table 3). Values of
382 the core DEB parameter quantifying the rate of general reserve turnover estimated from these
383 data sets differ 20-35% from each other, and they are 10-55% higher than the value published in
384 the DEB parameter database (Kooijman *et al.* 2017), though are rather similar in dDEB and
385 stdDEB+ (see Table 2d). Rainbow trout are a remarkably adaptable species with a long history of
386 domestication and wide geographic distribution, existing as both anadromous and land locked
387 varieties and have a relatively high level of genetic variation among different populations
388 (Macrimmon 1971; Hershberger 1992). Thus, it is not surprising that the general reserve
389 turnover rate parameter varies among strains. The dDEB variant performs better in describing the
390 dynamics of plasma estradiol and vitellogenin contents as well as the development of individual

391 eggs (see Fig. 2E-G), and overall dDEB fits the main data set significantly better than stdDEB+,
392 as judged from likelihood values (see Table 3). While the types of data best described by dDEB
393 are of relatively minor importance to whole organism performance, their consideration reflects
394 conceptual differences between model variants with important implications.

395 The major conceptual difference between dDEB and stdDEB+ lies in the timing of (somatic)
396 reserve allocation to reproduction. In stdDEB+, a well-fed adult allocates a constant fraction of
397 mobilized reserves to reproduction plus maturity maintenance throughout the reproductive cycle
398 and grows at a rate that is independent of the size of the reproductive buffer. This contrasts with
399 the dynamic allocation of reserves in dDEB, in which the allocation is under the control of the
400 size of the reproductive buffer relative to that of the animal. Consequently, this allocation can
401 vary a great deal over a reproductive cycle (see Fig. S1 in the Supporting Information).
402 Concurrently, growth follows an opposite trend. In a constant environment, dDEB predicts that
403 most of the growth of a species with a seasonal reproduction pattern occurs before the gonads
404 start developing substantially, whereas growth in stdDEB+ is of the von Bertalanffy type.
405 Consequently, size data could discriminate between the two models. Unfortunately, the total
406 body weight measurements analyzed in this study contain too much scatter to be of much help.
407 Length measures typically are relatively precise and could therefore be used to evaluate the
408 merits of dDEB and stdDEB+. It should be noted, though, that dDEB reduces to stdDEB in a
409 hypothetical adult animal that releases gametes nearly continuously, as the density of the
410 reproductive buffer would be almost constant.

411 Both dDEB and stdDEB+ predict the growth of the gonads occurs primarily during the later parts
412 of the reproductive cycle, which is a common observation for synchronous annually spawning
413 fishes like rainbow trout (Tyler & Sumpter 1996) as well as many marine invertebrates,

414 notwithstanding the time-invariant fraction of reserves being allocated to reproduction in the
415 latter model variant. In stdDEB+, this is made possible by separating the reproductive buffer into
416 two sequential pools, of which the first, reproductive reserves, receives somatic reserves
417 according to the kappa rule of standard DEB, whereas the second containing actual reproductive
418 matter (e.g., eggs) exerts positive and negative feedback control on the rate at which it is being
419 filled with reserves from the first pool (see Equations 10-11 and Fig. 1). A potentially unrealistic
420 consequence of separating the reproductive buffer into two pools is that although the gonad pool
421 may be completely emptied during spawning, an animal following stdDEB+ may be left with a
422 substantial amount of reproductive reserves at the time of spawning. Indeed, in stdDEB+
423 parameterized with the main data set, a three year old female rainbow trout releases only a little
424 over 50% of the total amount of somatic reserves allocated to reproduction at spawning, despite
425 its negligible reproductive buffer at the beginning of the reproductive cycle (see Figure S2 in the
426 Supporting Information). In addition, stdDEB+ recognizes two reserve pools, reproductive and
427 somatic, with different dynamics; this begs the question how an animal following stdDEB+
428 would be able to tell apart those reserve pools, given their likely large overlap in chemical nature
429 and storage location.

430 A particular characteristic of dDEB is that reproduction can induce starvation symptoms, even
431 when environmental resources are abundant. Due to the demand driven positive feedback of the
432 reproductive buffer on reserve allocation in dDEB, the energy flow to the somatic branch may
433 become insufficient to meet somatic maintenance demands. At that point, an organism has
434 several options (Kooijman 2010). For instance, it could increase the reserve mobilization rate,
435 give maintenance requirements priority over reproduction, reabsorb reproductive matter, skimp
436 on maintenance, or use structural biomass as an energy source to meet maintenance, i.e., shrink.

437 All these options may be realistic, depending on the life history strategy of the organism. For
438 instance, reabsorption of gonads under stress conditions occurs in parasitoid wasps (Richard &
439 Casas 2009; Richard & Casas 2012), bivalves (Gosling 2003) and fishes (Schreck, Contreras-
440 Sanchez & Fitzpatrick 2001), among other groups. Here we allowed structural biomass to be
441 recycled for maintenance purposes, but did so in a provisional manner (the thermodynamic
442 implications of shrinking are rather intricate and fall beyond the scope of this paper). This
443 mechanism of structure recycling may be of use to describe the degeneration of structures and
444 the loss in vitality before and after spawning in semelparous fishes, such as species of eel and
445 salmon.

446 In addition, this recycling mechanism is relevant for species with marked biomass turnover
447 processes, such as holometabolous insects and annual plants. In the pupa stage, holometabolous
448 insects degrade most tissues and build new structures. Without demand-driven feedback
449 mechanisms and implied recycling mechanisms for structural biomass, such as in dDEB, the
450 modeling of holometabolous insects within a DEB context is cumbersome (Llandres *et al.* 2015).
451 Many annual plants feature strategies in which vegetative structures wither while seed mass is
452 still increasing. The common bean, *P. vulgaris*, for instance, clearly displays this pattern (see e.g.
453 Lima *et al.* 2005). In order to illustrate the ability of dDEB to capture this pattern, we used a
454 stripped-down dDEB model without reserves, added an empirical relationship describing the
455 dynamics of relative leaf cover (see Figure 4A) and a simple standard model describing
456 photosynthesis as a function of leaf cover (see Supplemental Information for a full description of
457 the model). This modified dDEB model describes the dynamic allocation of resources to above
458 ground vegetative biomass and reproductive matter in this particular data set quite well (see Fig.
459 4B). It should be noted that the apparent relocation of structural biomass to seeds is due to an

460 indirect mechanism: structural biomass is metabolized to meet the maintenance demands of the
461 remaining structure, while an increasing fraction of photosynthate is invested in seed production.
462 Our models are designed to serve as pivots connecting Adverse Outcome Pathways (AOP) for
463 endocrine disruptors to processes at ecological levels of organization. AOPs conceptualize the
464 transfer of information from molecular to organismal levels of organization as the first step in
465 scaling up to inform ecological risk assessment (Ankley *et al.* 2010). Starting with one or more
466 molecular initiating events, i.e., perturbations caused by a chemical stressor, AOP models
467 quantify the impacts of that stressor on molecular, cellular and/or organ-level processes.
468 However, these models currently lack the ability to further these impacts to projections of those
469 adverse effects on individual growth, reproduction, and survival, which are in the realm of the
470 DEB modeling framework. Thus, the AOP framework could provide the mechanistic basis for
471 modeling toxic effects within the DEB modeling framework, and thereby opening the door to
472 process-based risk assessments in ecotoxicology (Murphy *et al.* 2018).

473 In conclusion, by including gonadal feedback control on energy allocation to reproduction and
474 somatic processes we obtain three major benefits. Firstly, through this mechanism, the formation
475 of reproductive matter can take on a marked seasonal, semelparous or batch-mode pattern with a
476 minimum of mathematical complexity. Secondly, it facilitates the modeling of growth and
477 reproduction as processes subjected to endocrine regulation, that is, it enables a connection
478 between organismal and suborganismal level processes. Thirdly, since the control variable, i.e.,
479 the density of reproductive matter, has a generic form, species and sex specific attributes of
480 endocrine regulation can be added without changing the core of the model. We anticipate that
481 this mechanism, and our two model extensions that follow from it, will provide a gateway for

482 incorporating molecular-level mechanisms of endocrine disruption into organismal-level models
483 of individual performance, such as those in the DEB framework.

484

485 **Authors' contributions**

486 All authors conceived the ideas. EM, KL and RN developed the models. IS collected the data.
487 EM analyzed models and data and led the writing of the manuscript. All authors contributed
488 critically to the drafts and gave final approval for publication.

489 **Data accessibility**

490 Data available from the Dryad Digital Repository: <https://doi.org/10.5061/dryad.58j9r88> (Muller
491 *et al.* 2018).

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505

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611

612

DEB Model Expressions	
General reserve density (constant food), m_E	
All variants	fm_{Em} (1)
Fraction mobilized general reserves to reproduction and maturity maintenance, λ	
stdDEB+, stdDEB	$1 - \kappa$ (2)
dDEB	$4\lambda_m m_F (m_{Fm} - m_F) m_{Fm}^{-2}$ (3)
Growth rate, $dM_V/dt = j_V M_V$	
All variants	$\left((1 - \lambda) k_E S m_E - j_M \right) M_V \left((1 - \lambda) m_E + y_V^{-1} \right)^{-1}$ (4)
Dynamics of the density of reproductive buffer in between spawning events, dm_F/dt	
dDEB, stdDEB	$y_F \left(\lambda m_E (k_E S - j_V) - k_J M_{HD} M_V^{-1} \right) - j_V m_F$ (5)
Dynamics of the density of reproductive reserves, dm_{RE}/dt	
stdDEB+	$y_{RE} \left((1 - \kappa) (k_E S - j_V) m_E - k_J M_{HD} M_V^{-1} \right) - m_{RE} (j_V + k_F m_G (m_{Gm} - m_G))$ (6)
Dynamics of the density of reproductive matter in between spawning events, dm_G/dt	
stdDEB+	$y_G k_{RE} m_{RE} m_G (m_{Gm} - m_G) - j_V m_G$ (7)
Equations Linking Trout Data to DEB quantities	
Total body wet weight, W_B	
dDEB	$(1 + m_E + m_F) d_M M_V / d_w$ (8)
stdDEB+	$(1 + m_E + m_F + m_G) d_M M_V / d_w$ (9)
Ovary wet weight, W_O	
dDEB	$\kappa_{OV} m_F d_M M_V / d_w$ (10)
stdDEB+	$\kappa_{OV} m_G d_M M_V / d_w$ (11)
Liver wet weight, W_L	
dDEB	$(p + m_F) (1 - \kappa_{OV}) d_M M_V / d_w$ (12)
stdDEB+	$(p + m_G) (1 - \kappa_{OV}) d_M M_V / d_w$ (13)
Mean follicle diameter, L_F	
dDEB	$(6\kappa_{OV} d_M M_V m_F / \pi n d_w)^{1/3}$ (14)
stdDEB+	$(6\kappa_{OV} d_M M_V m_G / \pi n d_w)^{1/3}$ (15)

Plasma estradiol concentration, E_2

$$\text{dDEB} \quad q_1 \lambda \quad (16)$$

$$\text{stdDEB+} \quad q_2 m_G (m_{Gm} - m_G) \quad (17)$$

Plasma vitellogenin concentration, V_T

$$\text{dDEB} \quad d_T y_F (\lambda m_E (k_E S - j_V) - k_J M_{HD} M_V^{-1}) - (k_T + j_V) V_T \quad (18)$$

$$\text{stdDEB+} \quad d_T k_{RE} m_{RE} m_G (m_{Gm} - m_G) - (k_T + j_V) V_T \quad (19)$$

614

615

616 **Table 2.** Parameters and variables used in the analysis of the main set of rainbow trout data. (a)
 617 Dynamic model quantities; (b) Experimental variables; (c) fixed parameters; (d) estimated
 618 parameters.

619 (a) Dynamic model quantities

	Interpretation	Units
j_V	Specific growth rate	day ⁻¹
m_E	Density of general reserves	-
m_F	Density of reproductive buffer (dDEB)	-
m_G	Density of reproductive matter (stdDEB+)	-
m_{RE}	Density of reproductive reserves (stdDEB+)	-
M_V	Amount of structural biomass	C-mole
S	Surface correction function, $(M_{Vm} / M_V)^{1/3}$	-
λ	Fraction of reserves allocated to reproduction (dDEB)	-

620

621 (b) Experimental variables

	Interpretation	Units
E_2	Plasma estradiol content	ng ml ⁻¹
L_F	Follicle diameter	mm
W_B	Wet weight total body	kg
W_L	Wet weight liver	g
W_O	Wet weight ovaries	kg
V_T	Plasma vitellogenin content	mg ml ⁻¹

622

623 (c) Fixed parameters (T=11°C)

	Interpretation	Value	Source
d_M	C-mole to dry weight conversion	24.6 g C-mole ⁻¹	AmP*
d_W	Wet weight to dry weight conversion	0.2	AmP
f	Scaled food density	0.9	See text**
j_M	Specific maintenance rate	0.025 day ⁻¹	AmP
k_j	Maturity maintenance coefficient	0 day ⁻¹	See text
m_{F0}	Initial density of reproductive matter (stdDEB+)	0***	See text
m_{Gm}	Maximum density of reproductive matter (stdDEB+)	6.60	See text
M_{Vm}	Maximum structural biomass	1.12 C-mole	AmP
y_F	Conversion efficiency general reserve to reproductive buffer	0.95	AmP
y_G	Conversion efficiency reproductive reserve to gonads (stdDEB+)	1	See text
y_{RE}	Conversion efficiency general to reproductive reserve	0.95	AmP
y_V	Conversion efficiency general reserve to structure	0.88	AmP
κ	Fraction reserves allocated to soma (stdDEB+)	0.56	AmP

624 * 'Add my Pet' DEB parameter data base (Kooijman *et al.* 2017)

625 ** Parameterization section in Materials and Methods

626 *** Free parameter in dDEB – see Table 2d

627

628 (d) Estimated parameters

Interpretation		dDEB		stdDEB+		Units
		Value	95% CI	Value	95% CI	
d_T	Vitellogenin conversion factor	131.6	71.5-339.3	102.2	56.4-404.7	mg day ⁻¹
k_E	General reserve turn-over rate	3.37	2.99-3.71	3.63	3.25-3.99	x 10 ⁻³ day ⁻¹
k_{RE}	Reproductive reserve turn-over rate	NA	NA	1.11	1.00-1.24	x 10 ⁻³ day ⁻¹
k_T	Vitellogenin clearance rate	0.044	0.016-0.142	0.032	0.012-0.166	day ⁻¹
m_{F0}	Initial density of reproductive buffer	1.67	0.66-3.64	NA*	NA*	x 10 ⁻³
m_{Fm}	Maximum density of reproductive buffer	3.67	3.20-4.21	NA	NA	-
m_{G0}	Initial density of reproductive matter	NA	NA	9.28	4.60-17.5	x 10 ⁻³
M_{V0}	Initial amount of structural biomass	0.846	0.787-0.915	0.827	0.770-0.890	C-mole
n	Number of eggs	4.43	3.57-5.48	5.15	4.10-6.52	x 10 ³ #
p	Compound parameter, $(\kappa_{VL} + \kappa_{EL}m_E)/(1 - \kappa_{OV})$	5.50	3.52-10.89	5.76	3.63-11.6	-
q_1	Estradiol conversion factor	56.0	44.6-66.9	NA	NA	ng ml ⁻¹
q_2	Estradiol conversion factor	NA	NA	3.40	2.58-4.24	ng ml ⁻¹
V_{T0}	Initial plasma vitellogenin content	102.3	66.1-142.6	96.7	57.2-144.9	mg ml ⁻¹
κ_{OV}	Fraction of reproductive matter in ovaries	0.971	0.957-0.984	0.967	0.951-0.982	-
λ_m	Maximum fraction of reserves to reproduction	0.761	0.684-0.839	NA	NA	-

629

630 * Fixed parameter in stdDEB+ - see Table 2c.

631

632 **Table 3.** Statistics of model fits to Main data set¹.

Data type	Figure	$\ln \mathcal{L} = -1551.2$			$\ln \mathcal{L} = -1573.1$		
		dDEB σ	<i>SMScE</i>	<i>ME</i>	stdDEB+ σ	<i>SMScE</i>	<i>ME</i>
E_2	2G	11.8 ng. ml ⁻¹	0.592	0.556	14.2 ng ml ⁻¹	0.724	0.363
L_F	2E	0.445 mm	0.162	0.906	0.491 mm	0.298	0.885
W_B	2A	170 g	0.077	0.811	157 g	0.071	0.838
W_L	2D	5.66 g	0.176	0.449	5.70 g	0.175	0.439
W_O	2B	44.7 g	0.304	0.871	47.7 g	0.298	0.853
$W_B - W_O$	2C	305 g	0.109	0.071	299 g	0.107	0.110
V_T	2F	35.2 mg ml ⁻¹	0.542	0.644	40.3 mg ml ⁻¹	0.635	0.534
Overall	2		0.280	0.615		0.309	0.575

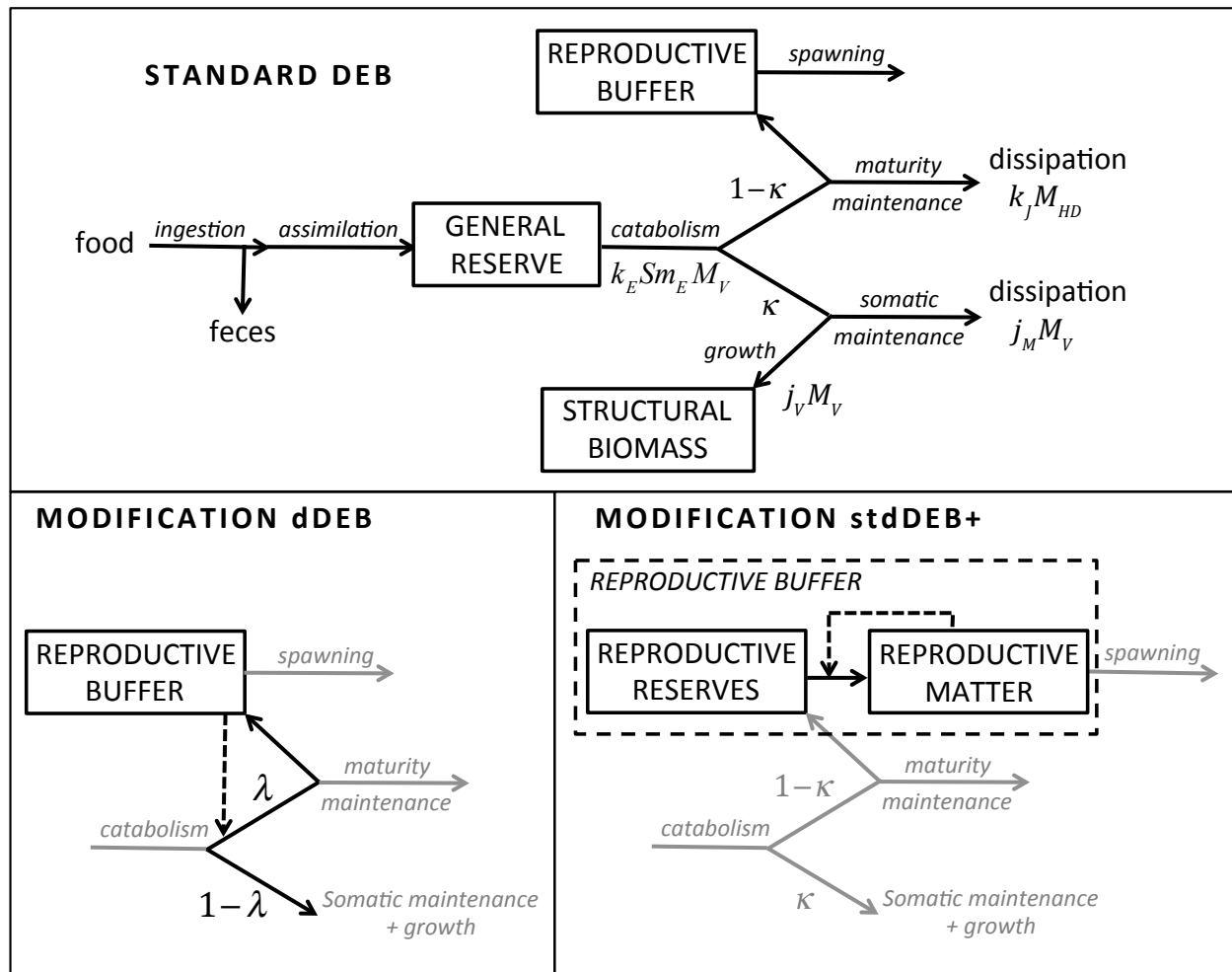
633 ¹A perfect fit implies $SMScE = 0$ and $ME = 1$.

634

635 **Table 3.** Measured and predicted body and egg masses supplementary data sets on day 355.

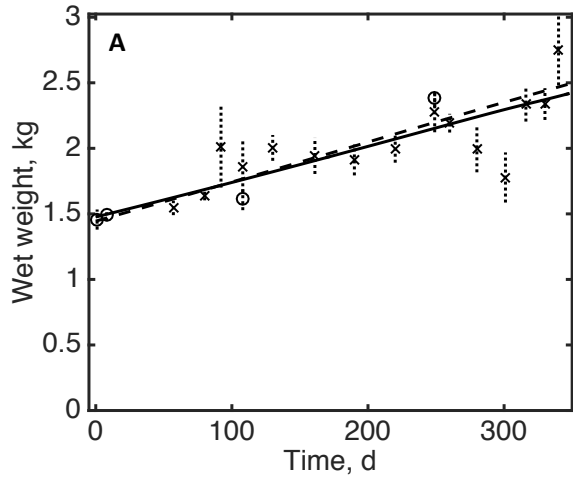
Set		Body mass	Egg mass	GSI
SD1	Data	2608 (± 393)	274 (± 84)	0.105
	dDEB, k_E from main set	2096 (± 188)	373 (± 34)	0.178
	dDEB, k_E 25% higher	2660 (± 220)	470 (± 40)	0.177
	stdDEB, k_E from main set	2177 (± 197)	370 (± 42)	0.170
	stdDEB, k_E 20% higher	2629 (± 223)	400 (± 46)	0.152
SD2	Data	2483 (± 663)	419 (± 161)	0.169
	dDEB, k_E from main set	1732 (± 201)	296 (± 35)	0.171
	dDEB, k_E 35% higher	2428 (± 251)	412 (± 43)	0.170
	stdDEB, k_E from main set	1849 (± 213)	308 (± 67)	0.167
	stdDEB, k_E 20% higher	2263 (± 246)	336 (± 80)	0.149

636

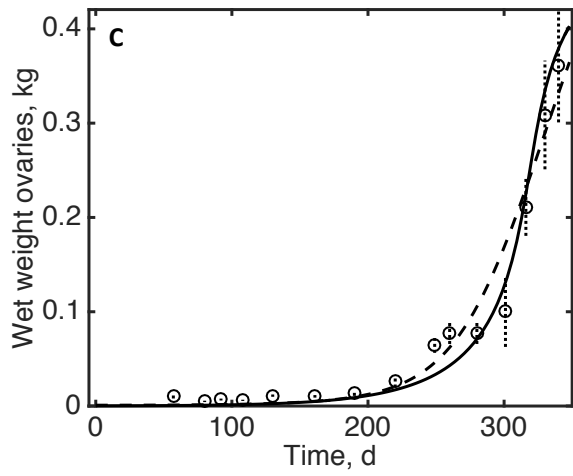
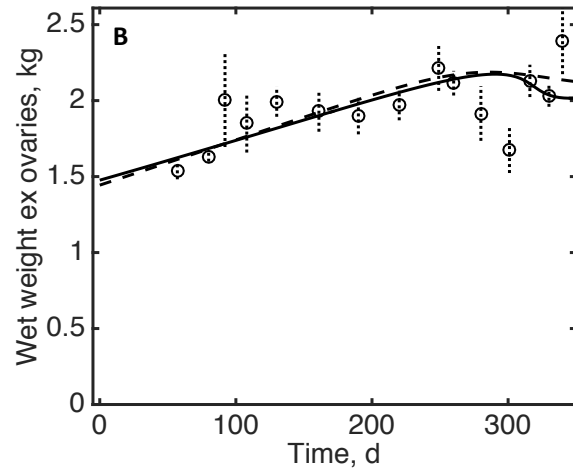


639 **Figure 1.** Conceptual representations of the standard DEB (stdDEB) model for healthy adults
 640 and of two types of modifications, dDEB and stdDEB+. stdDEB (Nisbet *et al.* 2000; Kooijman
 641 2010; Jusup *et al.* 2017) describes the rates at which an adult animal acquires food, assimilates
 642 the energy and nutrients therein into general reserves, and allocates those reserves to somatic and
 643 maturity maintenance, growth and reproduction; this allocation is defined as catabolism. A fixed
 644 fraction κ of the catabolic flux is allocated to somatic maintenance and growth. Somatic and
 645 maturity maintenance are demand-driven processes and take priority over growth and
 646 reproduction; all other processes in stdDEB are supply-driven. In dDEB, stdDEB is modified to
 647 include positive and negative feedback of the reproductive buffer on the allocation of the
 648 catabolic flux. Thus, in dDEB, reproduction is a demand-driven process with a variable fraction
 649 λ of the catabolic flux allocated to maturity maintenance and reproduction. stdDEB+ separates
 650 the reproductive buffer in two pools: reproductive reserves and actual reproductive matter
 651 (gonads). The rate at which reproductive reserves are converted into reproductive matter depends
 652 on the densities of reproductive reserve and reproductive matter, implying that gonad loading is a
 653 demand-driven process. Solid arrows represent energy and material fluxes; broken arrows

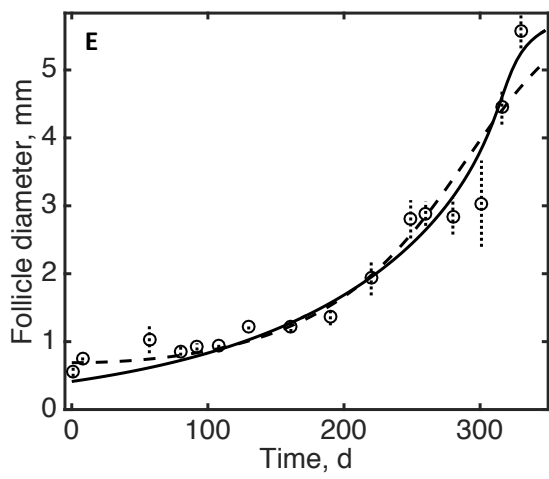
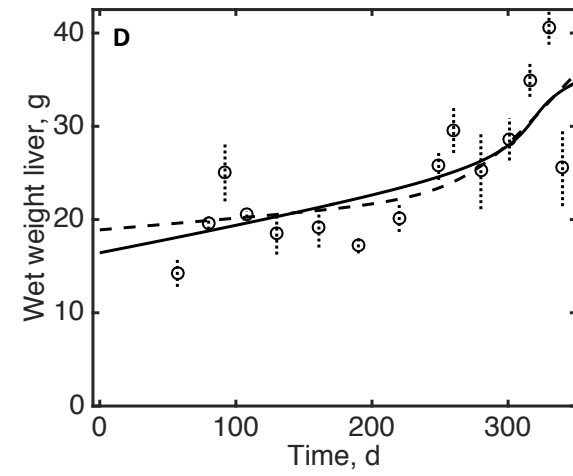
654 represent feedback mechanisms; boxes represent state variables; modifications of dDEB and
655 stdDEB+ relative to stdDEB are presented in black while communalities are shown in grey. Note
656 that DEB processes and quantities are abstractions; auxiliary rules are required to relate them to
657 experimental quantities – see Table 1.
658



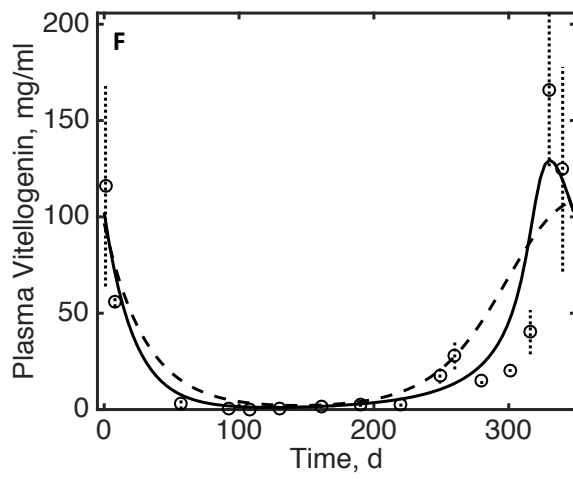
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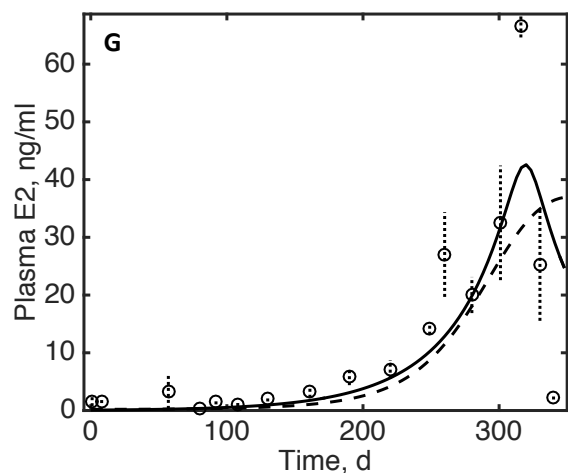


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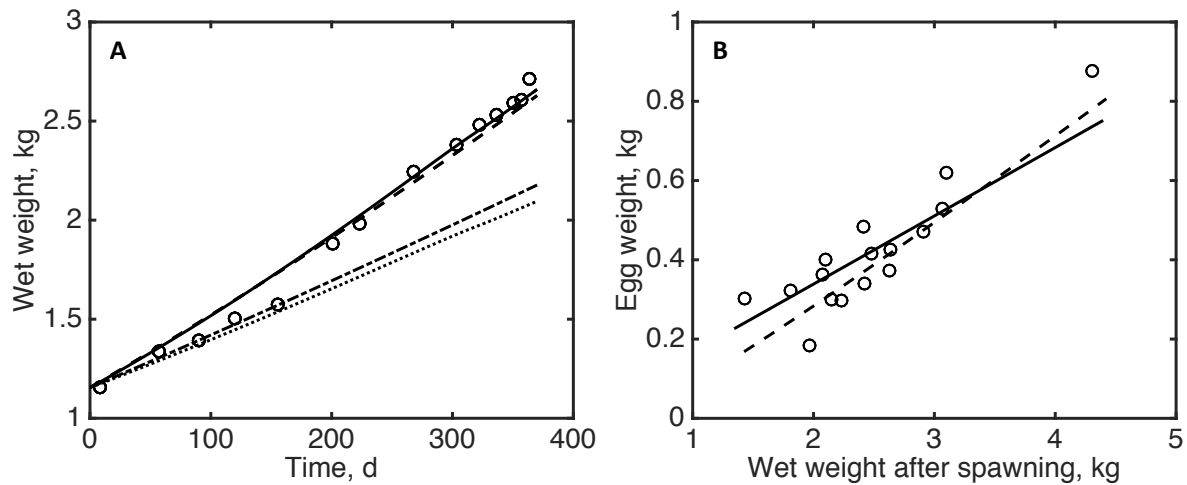




662

663 **Figure 2.** Model fits of dDEB (solid line) and stdDEB+ (dashed line) to main data set with
 664 rainbow trout (symbols), including (A) total body wet weight; (B) total body wet weight less wet
 665 weight of ovaries; (C) wet weight of ovaries; (D) wet weight of liver; (E) mean diameter of
 666 maturing follicles (mean per fish); (F) plasma vitellogenin content; and (G) plasma estradiol
 667 content. Measurements denoted ‘x’ in Panel A were used to calculate corresponding data in
 668 Panel B and were therefore omitted in the fitting procedure. Error bars denote standard
 669 deviations ($n = 3$ or 4). Parameter estimates are given in Table 1d and goodness-of-fit measures
 670 in Table 2. Data from Nagler *et al.* (2012) and Gillies *et al.* (2016).

671

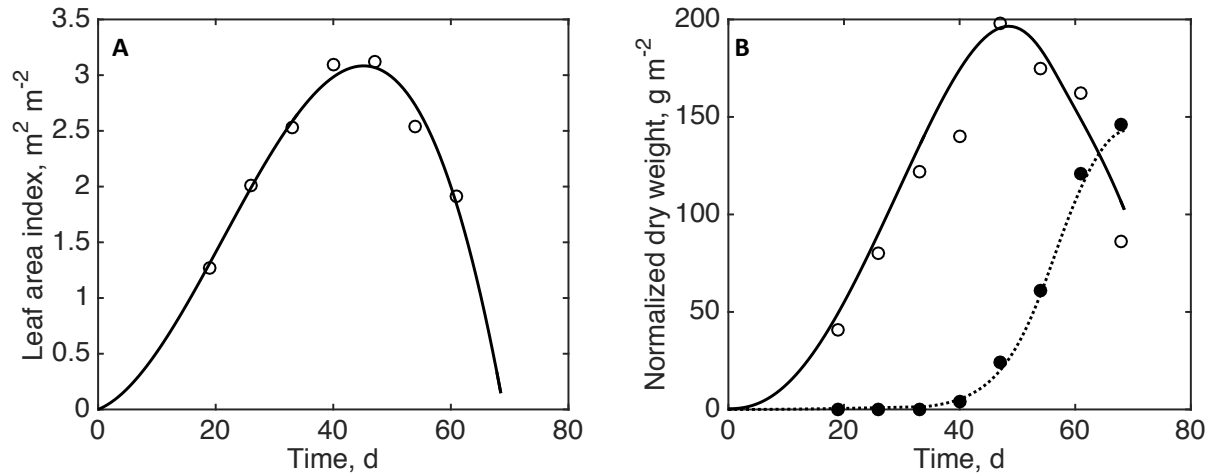


673

674 **Figure 3.** The ability of dDEB and stdDEB+ parameterized with values estimated from the main
 675 data set (see Fig. 2 and Table 1d) to predict production in rainbow trout was evaluated with
 676 supplementary data set SD1 (A) and set SD2 (B). (A) With the estimated parameter values, both
 677 dDEB (dotted curve) and stdDEB+ (dot-dashed curve) underestimated the gain in weight in set
 678 SD1 (circles). Predictions are greatly improved by increasing the reserve turnover rate by 25%
 679 (dDEB, solid curve) or 20% (stdDEB+, broken curve) relative to the value estimated from the
 680 main data set. (B) dDEB (solid curve, reserve turnover rate 35% higher than the one in the main
 681 data set) and stdDEB+ (broken curve, reserve turnover rate 20% higher than the one in the main
 682 set) predict measured total egg mass versus body weight (symbols) from data set SD2 about
 683 equally well.

684

685



686

687

688 **Figure 4.** Application of a simplified version of dDEB to production in the common bean,
 689 *Phaseolus vulgaris*. (A) An empirical third degree polynomial describes the dynamics of the leaf
 690 area index, defined as the total green leaf surface area per unit area ground cover, an important
 691 determinant of the photosynthetic capacity ($p_1 = 30.5 \text{ min}^{-1}$, $p_2 = 5.2 \text{ min}^{-2}$, $p_3 = -0.08 \text{ min}^{-3}$).

692 (B) The simplified dDEB model fits above ground vegetative biomass (open circles, solid curve)
 693 and pod mass (closed circles, dotted curve) with mean bean mass as the initial amount of
 694 structural biomass, observed mean time of first flowering (34 d) as starting point of
 695 photosynthate allocation to reproduction, $m_F = 0.01$ and negligible losses in converting
 696 photosynthate into vegetative and reproductive biomass. Parameter estimates (with 95%
 697 confidence intervals) are $\lambda_m = 0.52$ (0.30-0.87), $m_{Fm} = 1.09$ (0.95-1.24), $j_M = 0.08$ (0.03-0.16)
 698 d⁻¹ and $c = 0.12$ (0.08-0.17); $J_{pm}^\circ = 65.2 \text{ g dry weight m}^{-2} \text{ d}^{-1}$ based on the net photosynthesis
 699 rate estimated by Sale (1975). Data are from Lima *et al.* (2005) and represent the means of four
 700 replicates of six cultivars grown from large seeds. See Supplemental Information for model
 701 description.

27 purchased from a local trout hatchery (Nisqually trout farm, Lacey, WA USA
28 http://nisquallytrout.com/ntfwebsite_001.htm) 7-days after completing their first spawning
29 cycle. After transfer to the Battelle Marine Sciences Laboratory (MSL; Sequim, WA USA), trout
30 were initially placed in circular, 1400L fiberglass tanks, maintained as a single pass flow-through
31 freshwater system with water in-flow rates set to 15-20 L / min. The source water was from
32 Battelle MSL's artesian well (well depth = 134 m). Several 6" ceramic air diffusers were added
33 to each tank to maintain oxygen saturation. One week after arrival at MSL (14 days post-spawn),
34 trout were weighed and tagged with passive inducible transponders (Biomark HPT8, Biomark
35 Inc, Boise ID USA) to permit identification. After tagging, groups of five trout were housed in
36 370 L fiberglass tanks with water in-flow rates set to 4-5 L/min. Selected water quality
37 parameters routinely measured in all tanks were: temperature (mean 11.6 °C; range: 9.8 – 13.1
38 °C), dissolved oxygen (mean 9.2; range 8.9 – 10.4 mg/L) and pH (mean 7.9; range: pH 7.8 –
39 7.95) during the study. Trout were maintained under lighting that simulated the natural
40 photoperiod according to the latitude for Sequim WA, USA (48.079 N) and included a 12-min
41 graded sunrise/sunset period. The larger holding tanks were partially covered with a black tarp to
42 provide shading while the smaller tanks were fitted with a fiberglass lid that permitted diffuse
43 light to enter the tank. Trout were fed daily with a soft moist feed (BioBrood 6 mm pellet; Bio-
44 Oregon Inc, Longview, WA USA <http://www.bio-oregon.com/BioBrood-P56.aspx>), at a ration
45 level (approximately 1.0 % body mass /d) designed to maximize growth and ovarian maturation
46 during the study.

47 MODEL DERIVATIONS

48 The standard model of Dynamic Energy Budget (stdDEB) theory (see Fig. 1 in the main text)
49 describes the rates at which a 'generalized' animal acquires resources from its environment and
50 uses the energy therein for somatic and maturity maintenance, growth, maturation (juveniles) and
51 reproduction (adults). A 'generalized' animal is heterotrophic, grows isometrically (constant
52 shape), does not encounter conditions of stress (including debilitating forms of starvation), and
53 has three life stages: embryonic (during which it does not feed), juvenile (feeding but no
54 reproduction) and adult. This study only considers the adult stage. Kooijman (2010) has
55 described this theory and its standard formulation in detail and several other publications provide

56 extensive summaries (Nisbet *et al.* 2000; Sousa, Domingos & Kooijman 2008; Jusup *et al.*
57 2017).

58 DEB models can be cast in terms of size, energy and/or mass units. Unit choice is largely a
59 matter of convenience due to the existence of conversion rules. Here we use mass as the primary
60 unit. To avoid the introduction of parameters with fractional powers of mass as part of their
61 units, we use a surface correction function, S ,

$$62 \quad S = \left(\frac{M_{Vm}}{M_V} \right)^{1/3} \quad (S1)$$

63 in which M_V is the amount of structural biomass and M_{Vm} the maximum amount of structural
64 biomass an animal would ultimately attain at abundant food conditions (based on its bioenergetic
65 parameters in the embryo stage). Note that S decreases with M_V and thus with time in growing
66 animals.

67 The standard DEB model (stdDEB) for a ‘generalized’ adult animal has dynamic equations for
68 the general reserve density, i.e., the ratio of the amount of general reserves (M_E) and structural
69 biomass, $m_E \equiv M_E / M_V$, the amount of structural biomass, and the production of reproductive
70 buffer. The dynamics are

$$71 \quad \frac{dm_E}{dt} = (j_{Am}f - k_E m_E)S \quad (S2)$$

$$72 \quad \frac{dM_V}{dt} = \frac{\kappa k_E S m_E - j_M}{\kappa m_E + y_V^{-1}} M_V = j_V M_V \quad (S3)$$

$$73 \quad J_F = y_F \left((1 - \kappa) m_E M_V (k_E S - j_V) - k_J M_{HD} \right) \quad (S4)$$

74 in which j_{Am} is the maximum specific assimilation rate (‘specific’ means a quantity is scaled to
75 the amount of structural biomass); f is the scaled food density, which takes values between 0
76 (no food) and 1 (abundant food); k_E is the reserve turn-over rate; j_M and j_V are the specific

77 rates of maintenance and growth, respectively; y_V and y_F are the efficiencies with which
78 reserves are converted into structure and material in the reproductive buffer, respectively; and
79 $k_J M_{HD}$ is the rate at which reserves are committed to maintain the attained state of maturity,
80 M_{HD} (this rate is constant in non-starving adults). Note that uppercase ‘ M ’ and ‘ J ’ refer to
81 absolute quantities, whereas their lower case counterparts denote corresponding quantities
82 expressed per unit of structural biomass. Note also that the general reserve density reaches
83 equilibrium at $m_E = j_{Am} f / k_E$ in a constant food environment, and has a maximum when $f = 1$,
84 $m_{Em} \equiv j_{Am} / k_E$.

85 The parameter κ characterizing partitioning of mobilized reserve is constant in stdDEB but is
86 under the control of the reproductive buffer in dDEB. In order to avoid confusion, in the latter
87 variant we use

$$88 \quad \lambda \equiv 1 - \kappa \quad (S5)$$

89 In order to specify λ and the dynamics of the density of reproductive matter in the reproductive
90 buffer, m_F , we assume the following for the dDEB model variant:

- 91 1. At the onset of a reproductive cycle, a small fraction of somatic biomass is converted to
92 reproductive matter, e.g., due to meiosis. General reserves and structure contribute
93 proportionally to the initial formation of reproductive matter, and the costs of this
94 conversion are negligible. The latter two assumptions are rather arbitrary but
95 quantitatively insubstantial.
- 96 2. The initial density of reproductive matter is constant. This assumption maintains
97 parameter parsimony and model simplicity.
- 98 3. An adult has a bounded capacity to carry reproductive matter. In non-starving adults, this
99 capacity is proportional to the amount of structural biomass, i.e., the maximum density of
100 reproductive matter is a constant. This assumption maintains parameter parsimony and
101 model simplicity.

102 4. The fraction of mobilized general reserve allocated to reproduction and maturity
 103 maintenance in adults is proportional to (1) the density of reproductive matter, and (2) the
 104 difference between the maximum and actual density of reproductive matter. The first
 105 proportionality introduces positive feedback and is based on the general observation that
 106 the ovaries in fish produce estrogen, which stimulates the production of vitellogenin, the
 107 precursor of egg reserve material (Tyler & Sumpter 1996). The second proportionality
 108 provides a simple negative feedback (i.e., deceleration) mechanism that causes the
 109 accumulation of reproductive material in the gonads to slow down towards the end of a
 110 reproductive cycle.

111 5. Spawning requires the density of reproductive matter to exceed a threshold and,
 112 additionally, may be under the control of a time trigger or environmental factor,
 113 depending on species.

114 Thus, $\lambda \propto m_F(m_{Fm} - m_F)$, with m_F and m_{Fm} being the density of reproductive matter and
 115 maximum density of reproductive matter, respectively. λ reaches a maximum when
 116 $m_F = 0.5m_{Fm}$, so $\lambda_m \propto 0.25m_{Fm}^2$. Accordingly,

$$117 \quad \lambda = \frac{4\lambda_m m_F (m_{Fm} - m_F)}{m_{Fm}^2} \quad (S6)$$

118 with $0 \leq \lambda \leq \lambda_m \leq 1$.

119 stdDEB+ is a modified version of a capelin model by Einarsson, Birnir and Sigurosson (2011).
 120 The reproductive buffer is separated into reproductive reserves and reproductive matter. In order
 121 to specify the dynamics of these two reproductive pools, we make assumptions that are
 122 analogous to those in dDEB. In particular, we use assumptions 1-3 and 5 from dDEB (but note
 123 the difference between the definition of reproductive matter in stdDEB+ (roughly, the contents of
 124 gonads) and that in dDEB (all matter earmarked for reproduction)), and make the following
 125 additional assumptions:

126 6. The efficiency with which reproductive reserves are converted into reproductive matter is
 127 constant.

128 7. The rate at which reproductive reserves are converted to reproductive matter is
 129 proportional to (1) the density of reproductive reserves, (2) the density of reproductive
 130 matter, (3) to the difference between the maximum and actual density of reproductive
 131 matter, and (4) the amount of structural biomass. The first proportionality ensures the
 132 density of reproductive reserves cannot become negative. Arguments for the two
 133 subsequent proportionalities are similar to those given in the fourth assumption of dDEB.

134 Thus, the production rate of reproductive matter in stdDEB+, J_G , can be expressed as

$$135 \quad J_G = y_G k_{RE} m_{RE} m_G (m_{Gm} - m_G) M_V \quad (S7)$$

136 with y_G as the conversion efficiency of reproductive reserves into reproductive matter; k_{RE} as
 137 the reproductive reserves turn-over rate; m_{RE} as the density of reproductive reserves; and m_G and
 138 m_{Gm} as the density of reproductive matter and maximum density of reproductive matter in
 139 stdDEB+, respectively.

140 We can now summarize the dynamics of the state variables in dDEB and stdDEB+. For both
 141 model variants, the reserve density dynamics are given in Equation S2, and Equation S3
 142 describes the growth dynamics in stdDEB+. The growth dynamics in dDEB are obtained by
 143 substituting Equation S5 into S3

$$144 \quad \frac{dM_V}{dt} = \frac{(1-\lambda)k_E S m_E - j_M}{(1-\lambda)m_E + y_V^{-1}} M_V = j_V M_V \quad (S8)$$

145 with λ given in Equation S6.

146 Similarly, the dynamics of the density of reproductive matter in between spawning events in
 147 dDEB follow from Equation S4,

$$148 \quad \frac{dm_F}{dt} = j_F - j_V m_F = y_F \left(\lambda m_E (k_E S - j_V) - \frac{k_J M_{HD}}{M_V} \right) - j_V m_F \quad (S9)$$

149 in which $j_F \equiv J_F / M_V$. The last term denotes dilution due to growth, which arises from the chain
 150 rule for differentiation and $m_F = M_F / M_V$.

151 In stdDEB+, the dynamics of the densities of reproductive reserves and reproductive matter
 152 follow from Equations S4 and S7:

$$\begin{aligned}
 \frac{dm_{RE}}{dt} &= j_F - j_V m_{RE} - \frac{j_G}{y_G} \\
 &= y_{RE} \left((1 - \kappa) (k_E S - j_V) m_E - \frac{k_J M_{HD}}{M_V} \right) - j_V m_{RE} - k_{RE} m_{RE} m_G (m_{Gm} - m_G)
 \end{aligned}
 \tag{S10}$$

$$\frac{dm_G}{dt} = j_G - j_V m_G = y_G k_{RE} m_{RE} m_G (m_{Gm} - m_G) - j_V m_G
 \tag{S11}$$

155 The dilution terms in Equations 10 and 11 stem from the chain rule for differentiation, as in
 156 Equation 9, and $j_G \equiv J_G / M_V$.

157

158 LINK BETWEEN DEB QUANTITIES AND DATA

159 Variables in DEB models are abstract quantities and therefore do not correspond directly with
 160 measurable quantities. The mapping of DEB quantities onto the data analyzed in this study,
 161 including total body, ovary and liver wet weights, follicle diameter and plasma levels of estradiol
 162 and vitellogenin, are achieved through auxiliary assumptions stated in this section.

163 In DEB models, the molecular formulae of organic compounds, including the composite biomass
 164 compounds in stdDEB+ and dDEB, are reduced to their empirical counterparts and then scaled to
 165 contain a single carbon atom. The mass unit is then mole of carbon, or C-mole. In order to
 166 convert biomass in structure, reserves and the reproductive buffer to wet weights, we assume that
 167 a C-mole of structure, reserves and material in the reproductive buffer have identical dry
 168 weights, and that each biomass type has the same water content. Since the total body wet weight,
 169 W_B , equals the sum of wet weights of all types of biomass, in dDEB

170
$$W_B = (M_V + M_E + M_F)d_M / d_W = (1 + m_E + m_F)d_M M_V / d_W \quad (S12)$$

171 and in stdDEB+,

172
$$W_B = (M_V + M_E + M_{RE} + M_G)d_M / d_W = (1 + m_E + m_{RE} + m_G)d_M M_V / d_W \quad (S13)$$

173 in which d_M is the dry weight of a C-mole of biomass and d_W the ratio of the dry weight and wet
 174 weight of a unit of biomass; the absolute amounts of matter in the reproductive buffer, M_F , and
 175 reproductive reserves, M_{RE} , and actual reproductive matter, M_G , relate to their respective
 176 densities through $m_* = M_* / M_V$.

177 Considering that the ovaries mainly consist of storage materials in eggs, we assume the
 178 contributions of structure and general reserves to the wet weight of the ovaries are negligible (to
 179 avoid confusion, we will use ‘storage’ to refer to physical materials and ‘reserves’ as the
 180 conceptual abstraction in the context of DEB). We also assume that the fraction of reproductive
 181 matter that is in the ovaries, κ_{OV} , is constant. Then the wet weight of the ovaries, W_O , in dDEB
 182 is

183
$$W_O = \kappa_{OV} m_F d_M M_V / d_W \quad (S14)$$

184 and in stdDEB+,

185
$$W_O = \kappa_{OV} m_G d_M M_V / d_W \quad (S15)$$

186 Since the wet weight measurements in the data sets analyzed in this study include only those of
 187 the total body, ovaries and liver, we assume that reproductive matter is either in the ovaries or in
 188 the liver, which produces the precursors of egg storage materials. We exclude plasma
 189 vitellogenin, the precursor of egg storage materials, from reproductive matter for reasons
 190 discussed in the main text.

191 We assume that the fractions of structure and reserves that are part of the liver, κ_{VL} and κ_{EL} ,
 192 respectively, are constant. Additionally, in order to retain simplicity in stdDEB+, we consider the
 193 amount of reproductive reserves in the liver to be negligible. Thus, in dDEB

194
$$W_L = (\kappa_{VL} + \kappa_{EL}m_E + (1 - \kappa_{OV})m_F) \frac{d_M M_V}{d_W} = (p + m_F) \frac{(1 - \kappa_{OV})d_M M_V}{d_W} \quad (\text{S16})$$

195 and in stdDEB+

196
$$W_L = (\kappa_{VL} + \kappa_{EL}m_E + (1 - \kappa_{OV})m_G) \frac{d_M M_V}{d_W} = (p + m_G) \frac{(1 - \kappa_{OV})d_M M_V}{d_W} \quad (\text{S17})$$

197 in which $p = (\kappa_{VL} + \kappa_{EL}m_E)/(1 - \kappa_{OV})$ is a compound parameter in constant food environments.

198 In order to relate the mean diameter of a follicle to reproductive matter, we assume that follicles
199 are perfect spheres and that the specific gravity of biomass equals unity. Accordingly, in dDEB

200
$$L_F = \left(\frac{6\kappa_{OV}d_M M_V m_F}{\pi n d_W} \right)^{1/3} \quad (\text{S18})$$

201 and in stdDEB+

202
$$L_F = \left(\frac{6\kappa_{OV}d_M M_V m_G}{\pi n d_W} \right)^{1/3} \quad (\text{S19})$$

203 with n as the number of follicles in the ovaries.

204 Estradiol is produced by the ovaries and regulates the flow of vitellogenin to the ovaries.
205 Accordingly, we link the gonad loading module of stdDEB+ and the reproduction flux in dDEB
206 to the plasma estradiol concentration, $E2$. Considering that proportionality provides the simplest
207 link, we assume for dDEB

208
$$E2 = q_1 \lambda \quad (\text{S20})$$

209 and for stdDEB+

210
$$E2 = q_2 m_G (m_{Gm} - m_G) \quad (\text{S21})$$

211 To model the dynamics of plasma vitellogenin, we assume that the volume of plasma is
212 proportional to the amount of structural biomass, and that the rate at which vitellogenin is cleared

213 from plasma is proportional to the amount of structural biomass (e.g., by structural mass in the
 214 ovaries). Furthermore, for dDEB, we assume that the rate at which vitellogenin is released into
 215 the blood stream is proportional to the rate at which somatic reserves are allocated to
 216 reproduction. With d_T and k_T as the proportionality density factor converting the density of
 217 reserves assigned to reproduction to plasma vitellogenin content, and vitellogenin clearance rate,
 218 respectively, the dynamics of plasma vitellogenin content, V_T , are

$$219 \quad \frac{dV_T}{dt} = d_T j_F - (k_T + j_V) V_T = d_T y_F \left(\lambda m_E (k_E S - j_V) - \frac{k_J M_{HD}}{M_V} \right) - (k_T + j_V) V_T \quad (\text{S22})$$

220 For stdDEB+, we assume that the rate at which vitellogenin is released into the blood stream is
 221 proportional to the rate at which reproductive reserves are allocated to reproductive matter,
 222 implying

$$223 \quad \frac{dV_T}{dt} = \frac{d_T j_G}{y_G} - (k_T + j_V) V_T = d_T k_{RE} m'_F m_G (m_{Gm} - m_G) - (k_T + j_V) V_T \quad (\text{S23})$$

224 SIMPLIFIED dDEB MODEL FOR ANNUAL PLANTS

225

226 Canopy configuration is an important determinant of the photosynthetic capacity of a plant. A
 227 summary statistic for canopy configuration is the Leaf Area Index (LAI), which is defined as the
 228 ratio of the area of all green leaves to the ground area under the canopy. A commonly used
 229 simple model relating the gross photosynthesis rate per unit ground area, J_p° , to LAI, L , assumes
 230 an even leaf distribution, the Lambert-Beer law for incidence light absorption and a linear
 231 relationship between light absorption and photosynthesis,

$$232 \quad J_p^\circ = J_{pm}^\circ (1 - e^{-cL}) \quad (\text{S24})$$

233 in which J_{pm}° is the maximum gross photosynthesis rate (per unit ground area) and c a light
 234 absorption coefficient.

235 In order to retain maximum simplicity, we ignore reserves and assume that photosynthate is used
 236 for somatic maintenance and growth until the time first flowers appear, t_d , and partitioned
 237 between reproduction and somatic maintenance plus growth as in dDEB, with the caveat that the

238 fraction of photosynthate allocated to growth cannot exceed λ_m . Thus, with J_F° and M_V° as the
 239 reproduction rate and amount of structural biomass, respectively, normalized to ground surface
 240 area,

$$241 \quad \lambda = \begin{cases} \min\left(\lambda_m, \frac{4\lambda_m m_F (m_{Fm} - m_F)}{m_{Fm}^2}\right) & \text{if } t \geq t_D \\ 0 & \text{otherwise} \end{cases} \quad (\text{S25})$$

$$242 \quad \frac{dM_V^\circ}{dt} = j_V M_V^\circ = y_V (1 - \lambda) J_P^\circ - j_M M_V^\circ \quad (\text{S26})$$

$$243 \quad \frac{dm_F}{dt} = \frac{J_F^\circ}{M_V^\circ} - j_V m_F = \frac{y_F \lambda J_P^\circ}{M_V^\circ} - j_V m_F \quad (\text{S27})$$

244 in which j_V and j_M is the specific growth and maintenance rate, respectively (units: time⁻¹).

245 When $y_V (1 - \lambda) < J_P^\circ j_M M_V^\circ$, shrinking occurs.

246 In our example with common beans, we equate pod mass with reproductive biomass, and take
 247 above ground vegetative biomass cover as a proxy for structure. In order to relate LAI to above
 248 ground vegetative mass, we describe the dynamics of LAI by fitting a third degree polynomial to
 249 LAI data,

$$250 \quad L = p_3 t^3 + p_2 t^2 + p_1 t \quad (\text{S28})$$

251 We assume that maximum gross photosynthesis rate equals the maintenance demands of a
 252 common bean at its maximum observed size plus its maximum net photosynthesis rate of 40 mg
 253 CO₂ dm⁻² h⁻¹ as determined by Sale (1975). Sale's estimate corresponds to about 50 g biomass
 254 dry weight m⁻² d⁻¹, assuming biomass consists of nearly 50% carbon.

255

256 GOODNESS-OF-FIT MEASURES

257

258 The symmetric mean scaled error, $SMScE_i$, and the model efficiency, ME are calculated with

$$259 \quad SMScE_i = \frac{2 \sum_{j=1}^n |y_{ij} - y_{ij}^*|}{\sum_{j=1}^n (y_{ij} + y_{ij}^*)} \quad (\text{S29})$$

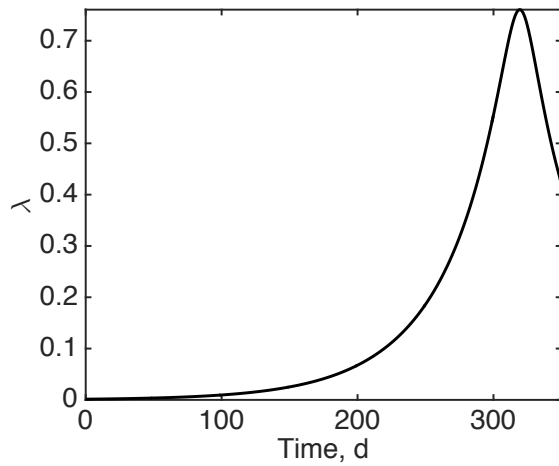
260 and

$$261 \quad ME_i = 1 - \frac{\sum_{j=1}^n (y_{ij} - y_{ij}^*)^2}{\sum_{j=1}^n (y_{ij} - \bar{y}_i)^2} \quad (S30)$$

262 in which i refers to data type (e.g., total body weight) and j to the individual measurements of the
263 respective data type, y_{ij} ; y_{ij}^* and \bar{y}_i are values predicted by the (deterministic) model and mean
264 of a data type, respectively. Overall goodness-of-fit measures were calculated by dividing the
265 sum of corresponding goodness-of-fit measures for each data type by the number of data types.

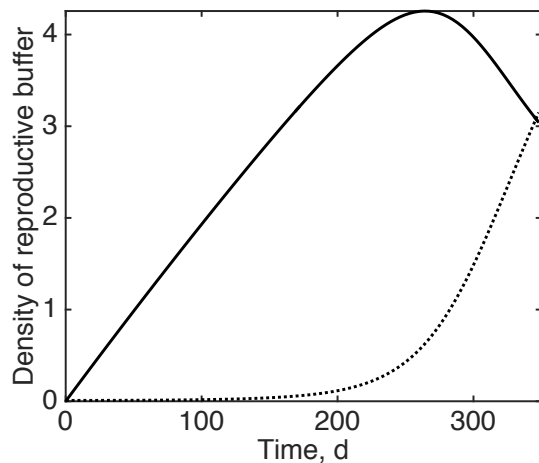
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270 **Figure S1.** Time course of the fraction of somatic reserves allocated to reproduction in female
 271 rainbow trout in dDEB parameterized with the main data set. The mean fraction is 0.17.



272

273 **Figure S2.** Density of reproductive reserves (solid curve) and actual reproductive matter (dotted
 274 curve) in female rainbow trout according to stdDEB+ parameterized with the main data set. At
 275 the time of spawning, only about 50% of the reproductive buffer, which is comprised of
 276 reproductive reserves and actual reproductive matter, is released in the form of eggs.

277

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