**Table 3** Emotional problems, Self-esteem and Family functioning as covariates for initial QoL values (at baseline) and change

in QoL over the follow-up period for referred adolescents (N=418)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **INITIAL QoL** |  |  | **CHANGE IN QoL** |  |  |
|  | **Estimate** | **Stand. β** | **Two sided *p*-value** | **Estimate** | **Stand. β** | **Two-sided *p*-value** |
| Emotional problems (SCL-5)a | **-0.382** | **-0.373** | **0.000** | -0.033 | -0.099 | 0.110 |
| Self esteem (Rosenberg) | **0.571** | **0.388** | **0.000** | -0.007 | -0.014 | 0.841 |
| Family functioning FADb (adolescent report) | **-0.114** | **-0.169** | **0.000** | -0.017 | -0.075 | 0.174 |
| Family functioning FADb (parent report) | 0.021 | 0.025 | 0.448 | **-0.038** | **-0.138** | **0.001** |
|  |  |  |  |  |  |  |
| ***Adjusted for:*** |  |  |  |  |  |  |
| SESc | 0.153 | 0.045 | 0.158 | -0.025 | -0.023 | 0.613 |
| Time in CAPd before T1 | **0.159** | **0.062** | **0.047** | -0.049 | -0.059 | 0.196 |
| Age | 0.073 | 0.029 | 0.367 | **-0.098** | **-0.118** | **0.011** |
| Sex | -0.603 | -0.068 | 0.055 | **0.363** | **0.125** | **0.011** |

Notes: Dependent variable = Quality of life (high value is indicating high QoL); figures in **bold** = statistic significant *p*<0.05 or *p*<0.001, see two-sided *p*-values for exact value. aSCL-5 = Symptom Checklist 5 bFAD = General functioning scale of the McMaster Family Assessment Device. High value on the FAD = more problems in the family = low family functioning cSES=Socioeconomic status; dCAP=Child and Adolescent Psychiatry