

1 **Extraction, Partial Purification and Characterization of Alkaline Protease from Rainbow**
2 **Trout (*Oncorhynchus Mykiss*) Viscera**

3
4

5 Ghasem Taghizadeh Andevani^a, Masoud Rezaei^{a*}, Mehdi Tabarsa^a, Turid Rustad^b

6 *^aDepartment of seafood processing, Tarbiat Modares University, Noor, P.O. Box 46414-356,*
7 *Mazandaran, Iran.*

8 *^bDepartment of Biotechnology and Food Science, Norwegian University of Science and*
9 *Technology, 7491 Trondheim, Norway.*

10
11
12
13
14
15
16
17
18
19

* Corresponding author: Tel: +98-11-44559145; Fax: +98-11-44553499

Email Address: rezai_ma@modares.ac.ir (M. Rezaei)

20
21
22
23
24
25
26
27
28
29
30
31
32
33
34
35
36
37
38
39
40
41
42
43

Abstract

In this study, crude alkaline proteases were recovered from rainbow trout (*Oncorhynchus mykiss*) viscera and partially purified by use of different saturation of ammonium sulfate. The enzyme exhibited highest yield, **purity** and activity when precipitated at a saturation of 40–60% compared to other ranges of saturation. Molecular weight for extracted protease was between 8-24 kDa. The protease had caseinolytic activity over a wide range of temperatures (30-55 °C) and pH (4-12). Soybean trypsin inhibitor and trypsin-chymotrypsin inhibitor strongly inhibited the enzyme activity but it was stable in the presence of surfactant, oxidizing reagents and organic solvents. The proteases had serine protease activity but no collagenase activity was detected. The current study showed that partially purified protease from the digestive tract of rainbow trout could be applicable in food and detergent industry because of its good activity over a wide temperature and pH range and its good thermal stability.

Keywords: Partial purification, Rainbow trout, Alkaline protease, **Seafood by-product**, Thermostable, Caseinolytic activity, Ammonium sulphate precipitation

44

45 **1. Introduction**

46 In addition to being a source of valuable proteins and lipids, fish processing by-products are
47 important sources of marine bioactive compounds. Examples of bioactivities include anti-
48 inflammatory, antioxidant, immunomodulatory, anticancer (Picot et al., 2006), blood pressure
49 reducing properties (Slizyte et al., 2016). These properties are highly valued in food and
50 nutraceuticals (Chandrasekaran, 2013; Shahidi and Janak Kamil, 2001). In addition, a wide range
51 of enzymes especially proteinases has been extracted from both farmed and wild fish and their
52 activity in different range of temperature and pH have been investigated (Debashish et al., 2005;
53 El-Beltagy et al., 2005; Khantaphant and Benjakul, 2010; Sabtecha et al., 2014; Zamani et al.,
54 2014). Fish enzymes have been shown to have higher activity at low temperatures compared to
55 their homologues from warm blooded animals (Kristjansson, 1991; Shahidi and Janak Kamil,
56 2001; Vecchi and Coppes, 1996). This makes these enzymes interesting for various food
57 processing industries for example caviar industry to remove supportive connective tissue where
58 low temperatures are required (Sugihara, et al., 1971).

59 As a commercial fish, rainbow trout (*Oncorhynchus mykiss*) has become the most important
60 cultured fish species in Iran (Iran Fisheries Organization, 2014). In 2015, over 140000 metric tons
61 of rainbow trout were produced in Iran which is about 20 % of the world production (FAO, 2017).
62 During processing, approximately 45000 metric tons of fish by-product include viscera, as a
63 potential source of digestive enzymes, is generated that are usually discarded, used for oil
64 extraction and fish meal or composted as fertilizer (El-Beltagy et al., 2005; Venugopal, 2008;
65 Zamani et al., 2014). As a carnivore fish, rainbow trout viscera is considered to be rich of
66 proteolytic enzymes, accounting for about 5% of the total body mass (Espósito et al., 2009;

67 Kristjansson, 1991). Alkaline proteinases extracted from fish digestive system (intestine, pyloric
68 caeca, etc.) specifically cleaves peptide bonds mainly on the carboxyl side of lysine or arginine,
69 except when either is followed by proline, and plays an important role in protein hydrolysis (Cao
70 et al., 2000; Kishimura et al., 2008; Klomklao et al., 2007). At optimum enzyme conditions these
71 enzymes have been shown to be able to recover up to 75% of total protein of fish by-product as
72 fish protein hydrolysate (FPH) (Chakrabarti, 2002; Senphan et al., 2014). Also, proteases with
73 high stability and activity over a broad range of temperature and pH, in addition to their stability
74 with surfactant and oxidizing agents could be an interesting choice for detergent industry (Espósito
75 et al., 2010)

76 The present study aimed to investigate the partial purification and characterization of alkaline
77 proteases from rainbow trout viscera to provide fundamental information needed for commercial
78 application of these enzymes in the food industry. The research aims to recover value added
79 compound from rainbow trout by-product to help solve the problem of its disposal and create extra
80 revenue.

81

82 **2. Materials and methods**

83

84 *2.1. Analytical reagents*

85 Casein, bovine serum albumin (BSA), protease inhibitors Soy Bean Trypsin inhibitor (SBTI),
86 trypsin-chymotrypsin inhibitor and ethylene diamine tetraacetic acid (EDTA) were purchased
87 from Sigma Chemical Co. (St. Louis, MO, USA). Fluorogenic substrates were bought from Sigma
88 Chemical Co. (St. Louis, MO, USA) and Peptide (Japan). All other chemicals were reagent grade
89 and obtained from Merck (Darmstadt, Germany).

90

91 2.2. *Sample Preparation*

92 Fresh farmed rainbow trout (*Oncorhynchus mykiss*, average weight: 650 ± 50 g) was obtained from
93 a local fish farm in Mazandaran, Iran. The samples were transported to the Fish Processing
94 Laboratory in the Fishery Department at Tarbiat Modares University of Iran in less than 1 h and
95 were immediately eviscerated. The intestines and pyloric caeca were collected and used for
96 enzyme extraction.

97

98 2.3. *Crude alkaline protease extraction*

99 The samples were cut into pieces and ground using a Panasonic MX-GX1571 blender (Japan).
100 This was done on ice and the samples were defatted by homogenization with cold acetone (-20 C)
101 at a ratio of 1:3 (w/v) for 1 min using a homogenizer (Wiggen, D500, Germany) at 15,000 rpm
102 according to the method of Bougatef et al. (2010). The homogenate was stirred continuously using
103 IKA multi-position magnetic stirrer (Staufen, Germany) at 4 °C for 30 min and filtered on
104 Whatman No. 4 paper under vacuum condition. This procedure was repeated two more times with
105 cold acetone and the samples were left in vacuum to be dried at room temperature for 6 hours. The
106 acetone dried powder was suspended in tris-buffer (10 mM Tris-HCl, pH 8.0) at a ratio of 1:30
107 (w/v) and stirred at 4 °C for 3 h. The homogenate was centrifuged for 30 min at 7250 g using a
108 refrigerated centrifuge (Hettich, Universal 320R, Germany). The resultant supernatant was
109 collected and referred to as alkaline crude protease extract (CPE).

110

111 2.4. *Ammonium sulfate precipitation*

112 The CPE was submitted to ammonium sulfate fractionation (20-40, 40-60 and 60-80%, w/v
113 saturation) according to the method of Michail, Vasiliadou, & Zotos, (2006) with slight
114 modification. Ammonium sulfate were slowly added to the crude protease preparations until
115 desired saturation and stirred gradually at 4 °C for 30 min. Then, the mixture was centrifuged at
116 8000 g for 30 min at 4 °C. The precipitate was dissolved in the extraction buffer 1:20 (v/v) and
117 was dialyzed for 24 h at 4 °C against three changes of the same buffer. The dialysate was kept on
118 ice and referred to partially purified alkaline protease.

119

120 *2.5. Enzyme activity assay and protein estimation*

121 The enzyme activity was determined using casein as a substrate. The reaction mixture contained 1
122 ml of 0.65 % casein in 0.05 M Tris-HCl buffer, pH 8.0, and 100 µl of the enzyme solution. The
123 mixture was stirred thoroughly and then incubated in a water bath at 55 °C for 30 min. Thereafter,
124 the reaction was stopped and protein was precipitated with 0.5 ml of 5% (w/v) trichloroacetic acid
125 (TCA) (Barrett and Heath, 1977). The mixture was kept on ice for 2 h. The precipitate was
126 eliminated by centrifugation at 16500 g for 10 min. The absorbance of the soluble peptides in the
127 supernatant were measured at 660 nm with tyrosine as reference (Ferrero et al., 1996) A blank was
128 run in the same manner except that the protease was added after addition of TCA. One unit of
129 protease activity was defined as the amount of enzyme required to release 1 µmol of
130 tyrosine/min/ml. All assays were carried out in triplicate. Protein content was measured by the
131 method of Lowry, Rosebrough, Farr, & Randall, (1951) using BSA as a standard.

132

133 *2.6. Determination of specific proteolytic activities*

134 The activities of trypsin, chymotrypsin, collagenase, cathepsin B, and myofibril-bound serine
135 proteinase (MBSP) were tested according to the method of Barrett & Kirschke (1981). Briefly, a
136 proper dilution of the rainbow trout digestive proteases was equally mixed to appropriate assay
137 buffer (Buffer A for trypsin, chymotrypsin and MBSP: 150 mM bis-Tris, pH 8.0; Buffer B for
138 cathepsin B: 150 mM bis-Tris, 30 mM EDTA, 6 mM DTT, pH 6.0; Buffer C for collagenases 150
139 mM bis-Tris, 7.5 mM CaCl₂, pH 6.0). After incubating at 30 °C for 10 min, the reaction was
140 initiated by adding 100 µL 0.09375 mM substrate solution to all samples and blank (adding
141 distilled water instead of enzyme to the reaction mixture). After 15 min of incubation at the desired
142 temperature, the reaction was terminated by adding 3.0 ml 1% SDS in 50 mM bis-Tris buffer, pH
143 7.0. The test tubes were instantly put on ice. Proteolytic activity was measured as amount of AMC
144 liberated from the fluorogenic substrates (for cathepsin Z-Arg-Arg-AMC). Amount of liberated
145 AMC was determined with Fluorescence Spectrometer 3000, Perkin Elmer, UK after 15 min at
146 360 nm (10 nm slits) excitation wavelength and 460 nm (10 nm slits) emission wavelength.
147 Activities were calculated based on increasing in fluorescence intensity during incubation and
148 expressed as an arbitrary units (U). The analyses were run in triplicate.

149

150 *2.7. Molecular weight distribution*

151 The molecular weight distribution of partial purified enzyme was analyzed using gel filtration on
152 a FPLC system. The sample was separated on a SuperdexTM 10/300 GL column, and its molecular
153 weight was estimated by plotting the partition coefficient (K_{av}) against the logarithm of the
154 molecular weight of the standards. The elution volume (V_e) was determined for each standard and
155 enzyme. The standards used were Aprotinin (6.51 kDa), Cytochrome C (12.33 kDa), trypsin (23.30
156 kDa) and pepsin (35.00 kDa).

157

158 *2.8. Biochemical Characterization*

159

160 *2.8.1. Optimum pH and pH stability*

161 The optimum pH of the partially purified protease was assayed over a pH range of 3.0–12.0 (50
162 mM acetate buffer for pHs 3.0-6.0; 50 mM Tris-HCl buffer for pHs 7.0-8.0 and 50 mM glycine-
163 NaOH for pHs (9.0-12.0) using casein as a substrate at 37 °C for 20 min. The effect of pH on
164 enzyme stability was assayed by determination of the residual proteolytic activity after incubation
165 in the different buffer solutions (1:1 v/v) for 60 min under standard assay conditions.

166

167 *2.8.2. Optimum temperature and thermostability*

168 The protease activity was investigated at different temperatures (30 to 70 °C) using casein as a
169 substrate. The assay was conducted at pH 8.0 for 20 min. For thermal stability, the sample
170 was incubated at different temperatures for 30 min in water bath (model W350, Memmert,
171 Germany). The residual activity was measured using casein as a substrate under standard assay
172 conditions. The sample without prior thermal treatment was considered as a 100%.

173

174 *2.8.3. Effect of monovalent and divalent metal ions on the protease activity*

175 The influence of various metal ions (5 mM) on protease activity was studied by adding the
176 monovalent (Na⁺ and K⁺) or divalent (Ca²⁺, Mn²⁺, Zn²⁺, Cu²⁺, Ba²⁺, Fe²⁺, Mg²⁺ and Hg²⁺) metal
177 ions to the reaction mixture. The activity of the sample without any metallic ions was used as
178 control (100%).

179

180 *2.8.4. Effect of protease inhibitors, oxidizing agents and surfactants on the enzyme activity*

181 The effect of enzyme inhibitors (pepstatin A, soybean trypsin inhibitor (SBTI), trypsin-
182 chymotrypsin inhibitor) was determined at 1 mg/ml concentration and effect of ethylenediamine
183 tetraacetic acid (EDTA) at 5 mM.

184 The effects of some surfactants (Triton X-100, Tween 80, and SDS) and oxidizing agent (H₂O₂)
185 at a final concentration of 1% (v/v) was evaluated by pre-incubating the reaction mixtures at room
186 temperature for 1 h. A control assay incubated under similar conditions without any additive was
187 taken as 100%.

188

189 *2.8.5. Effect of organic solvents on protease activity*

190 The effect of organic solvents on enzyme activity was assayed as described by Annamalai et al.
191 (2014) with a slight modification. The partially purified protease was incubated with different
192 organic solvents (methanol, ethanol, acetone and hexane) in the ratio of 1:4 (v/v) (solvent/enzyme)
193 at room temperature (24 °C) for 1 h and the residual activity was measured.

194

195 *2-9. Substrate specificity*

196 The substrate specificity of the rainbow trout viscera proteases was determined with different
197 protein substrates such as casein, azocasein, gelatin, haemoglobin, egg albumin, whey and BSA.

198 The reaction mixture containing 100 µl of partially purified protease (30 µg/ml) and 400 µl of
199 substrate (1 mg/ml) were incubated at 37 °C for 20 min and the relative activity was measured by
200 a standard assay (Annamalai et al., 2014)

201

202 *2.10. Statistical Analysis*

203 The data was subjected to analysis of variance (ANOVA) to determine significant differences. If
204 a significant difference was observed, a comparison of means was carried out by Duncan's tests.
205 Experiments were run in triplicate. Statistical analysis was performed using the SPSS® program,
206 version 22.0 (SPSS Statistical Software, Inc., Chicago, IL, USA).

207

208 **3. Results and discussion**

209

210 *3.1. Partial purification of the crude alkaline protease extraction*

211 Partial purification of alkaline proteases from rainbow trout viscera by ammonium sulfate
212 precipitation (Table 1) indicate that the precipitation using 40-60% saturation of ammonium
213 sulfate gave significantly higher activity than precipitation with 20-40 or 60-80 %. The recovery
214 of enzyme activity by use of 20-40, 40-60 and 60-80 percent of ammonium sulfate was 0.91, 66.6,
215 16.79 %, respectively, compared to crude protein extract (CPE). The purity of CPE increased 3.29-
216 fold for the 40 to 60% ammonium sulfate precipitate. These results show that 40-60% is optimal
217 saturation of ammonium sulfate for the first step of CPE fractionation. There was no precipitation
218 with the saturation of 0-20% (Data not shown). Ammonium sulfate precipitation have been
219 reported as an effective initial step for purification of proteolytic **enzymes to remove other protein**
220 **from CPE (El-Beltagy et al., 2005; Kurtovic et al., 2006; Marcuschi et al., 2010). Surface tension**
221 **of water increases with the addition of ammonium sulfate, which leads to an increase in**
222 **hydrophobic interaction between water and protein. To reduce contact with water, protein decrease**
223 **its surface area and this resulting in precipitation (Wingfield, 2001).** Senphan et al. (2015) reported
224 that ammonium sulfate at 40–60% saturation showed the highest yield and purity of protease from
225 hepatopancreas of **pacific white shrimp (*Litopenaeus vannamei*)** compared to other concentrations

226 of ammonium sulfate. Kurtovic et al. (2006) achieved a recovery of 24.3 % of original activity and
227 a specific activity of 0.29 U mg⁻¹ when they used (NH₄)₂SO₄ as an initial step to purify a trypsin-
228 like protease from pyloric ceca of chinook salmon (*Oncorhynchus tshawytscha*).

229

230 3.2. Determination of specific proteolytic activities

231 A series of various specific fluorogenic substrates were used to identify the substrate specificity of
232 the alkaline protease from the viscera of rainbow trout (Table 2). The enzyme exhibited highest
233 activity against t-butoxy-Gln-Ala-Arg-AMC (80856 U/mg) and Boc-Phe-Ser-Arg-AMC (40096
234 U/mg). The activity against substrates with Arg in P1 position imply presence of trypsin-like
235 activity and myofibril bound serine protease (MBSP) like activity that both belong to serine
236 proteases (Yongsawatdigul et al., 2014). In addition, partially purified enzyme from rainbow trout
237 exhibited slight activity against Succinyl- Leu- Leu-Val-Tyr-AMC (1152 U/mg) and Z-Arg-Arg-
238 AMC (120 U/mg) that represent chymotrypsin and cathepsin B activity, respectively. On the other
239 hand, the enzyme was unable to cleave collagenase substrates (succinyl-Gly-Pro-Leu-Gly-Pro-
240 AMC). These results indicate that the rainbow trout proteases contain trypsin and MBSP-like
241 proteases as major enzymes whereas does not contain collagenase. Also, there are some
242 chymotrypsin and cathepsin B activity.

243

244 3.3. Molecular weight distribution

245 The molecular weight distribution of the partially purified enzyme was determined to be in range
246 of 8.2-23.6 kDa by gel filtration using SuperdexTM 10/300 GL column (Table 5). The results
247 indicated that the enzyme from rainbow trout digestive system contain several protein peaks,
248 representing sarcoplasmic proteins including proteases. Enzymes with estimated molecular weight

249 in range of 20 to 30 kDa were previously isolated from chinook salmon (Kurtovic et al., 2006),
250 pacific white shrimp (Senphan et al., 2015), skipjack tuna (*Katsuwonus pelamis*) (Klomklao et al.,
251 2005) and tongol tuna (*Thunnus tonggol*) (Klomklao et al., 2006) .

252

253 3.4. Optimum temperature and thermal stability

254 Temperature activity profile as well as the stability of rainbow trout alkaline proteases are
255 summarized in Fig. 1 (b and d). The enzyme was highly active against casein at temperatures from
256 30 to 65 °C with a maximum activity at 55 °C. The proteases retained 85% and 66% of maximum
257 activities (55 °C) at 30 and 70 °C, respectively.

258 These results are similar to results from earlier studies on rainbow trout (Kristjansson, 1991;
259 Michail et al., 2006) and carp (*Cyprinus carpio*) (Cao et al., 2000). Jellouli et al. (2009) found 40
260 °C as the optimum for grey triggerfish (*Balistes capriscus*) trypsin, while Pacific white shrimp and
261 cuttlefish (*Sepia officinalis*) trypsin had an optimum temperature at 80 and 70 °C, respectively.

262 The extracted proteases from rainbow trout viscera were highly stable at temperatures below 55
263 °C, retaining more than 87% of its activity after 60 min of heating at 40 °C (Fig. 1d). However,
264 there was rapid enzyme inactivation above 55 °C and it was totally inactivated at 70 °C. While it
265 lost about 68% of its initial activity after 60 min of incubation at 60 °C ($p < 0.05$).

266 The results showed that partially purified protease from rainbow trout have good thermal
267 properties, which make it a good choice to be used by the industry in mild and low temperatures
268 processes.

269

270 3.5. Optimum pH and pH stability

271 The activity of partially purified protease was determined over a wide range of pH (3.0-12.0). The
272 enzyme was highly active between pH 6.0 and 11.0 retaining more than 80% of activity in this
273 range (Fig. 1a). At 55 °C, the optimum pH for the enzyme was 7.0. However, a significant decrease
274 was observed in enzyme activity above pH 11.0 and below 6. The optimum pH for rainbow trout
275 proteases was similar to that reported by Kristjansson (1991) and lower than proteases from
276 *Serranus scriba*, *Sardinops sagax*, *Pangasianodon gigas* and tambaqui (*Colossoma macropomum*)
277 (Bezerra et al., 2001; Castillo-Yáñez et al., 2005; Nasri et al., 2015; Vannabun et al., 2014).

278 The rainbow trout alkaline protease was highly stable at pH 8, and retained more than 60 % of its
279 original activity at pH 4 and 12 after 60 min of incubation at 25 °C (Fig. 1c). Generally, stability
280 of proteins including proteases, is related to their net charge at a particular pH (Nasri et al., 2015).

281 The stability of proteases over a wide range of pH make them suitable for industrial applications.

282

283 3.6. Effect of monovalent and divalent metal ions on the protease activity

284 Relative activity of the rainbow trout alkaline proteases in the presence of various metal ions, is
285 summarized in table 3. The enzyme was found to lose its activity in the presence of most metallic
286 ions at a concentration of 5 mM, except for Na⁺ and Cu²⁺. Ca²⁺, Ba²⁺ and Mn²⁺ moderately reduced
287 residual activity of the protease whereas FeSO₄ reduced the enzyme activity to 41%. The inhibitory
288 effect of K⁺, Mg²⁺ and Ba²⁺ on the rainbow trout proteases was similar to that measured for Nile
289 tilapia (*Oreochromis niloticus*) alkaline proteases (Bezerra et al., 2005).

290

291 3.7. Effect of protease inhibitors, oxidizing agents and surfactants on the enzyme activity

292 The influence of several inhibitors on the activity of the partial purified proteases from rainbow
293 trout digestive tract was investigated as shown in Table 2. The enzyme was strongly inhibited by

294 SBTI (80.38%) and Trypsin-Chymotrypsin Inhibitor from soybean (85.16%) ($p < 0.05$) whereas
295 pepstatin A as an aspartic proteinases inhibitor slightly reduced enzyme activity. SBTI form an
296 inactive complex by binding strongly to the active site of enzyme (Klomklao et al., 2006; Senphan
297 et al., 2015).

298 Regarding the effect of metalloenzyme inhibitor on the enzyme activity, significant inhibition was
299 found with EDTA (56.91%). This may indicate the presence of metalloprotease in the partially
300 purified protease from rainbow trout viscera (Annamalai et al., 2014; Michail et al., 2006).
301 Generally, these results are in agree with those reported by Kristjansson (1991) and Michail et al.
302 (2006). Klomklao et al. (2006) reported that enzyme from the spleen of tongol tuna was highly
303 sensitive to SBTI and TLCK, but was not affected by pepstatin A.

304 Regarding the stability towards surfactant, the rainbow trout alkaline proteases is stable or
305 stimulated in the presence of Tween 80 and Triton X (non-ionic surfactant). However, the enzyme
306 activity was markedly inhabited after incubation for 1 h at room temperature in the presence of 1%
307 SDS (anionic surfactant). Further, the proteases from rainbow trout were found to be affected by
308 H_2O_2 (1%) and retained 62% of its initial activity.

309

310 *3.8. Effect of organic solvents on protease activity*

311 Investigating the effect of organic solvents on enzyme activity showed that the protease was
312 activated by the addition of ethanol (107.36%), hexane (111.14%) and methanol (113.03%),
313 whereas acetone (98.87%) had no significant effect on the enzyme activity (Table 4). Wang et al.
314 (2009) reported that purified enzyme have better stability compared to alkaline protease in the
315 presence of organic solvent. Normally, addition of organic solvent to the reaction solution inactive

316 enzymes (Annamalai et al., 2014). But, stability of rainbow trout proteases against organic solvent
317 reveals that it could be useable and functional for different types of systems.

318

319 *3.9. Substrate specificity*

320 Partially purified enzyme from rainbow trout digestive system effectively hydrolyzed several
321 tested protein substrates except gelatin. It showed highest activity when casein (100%) and
322 hemoglobin (97%) were used as a substrate followed by BSA (76%), azocasein (66%) and whey
323 (49%) respectively, but no activity was found with gelatin. Similarly, Dadshahi et al. (2016) have
324 reported an alkaline protease from **pacific white shrimp** that has higher activity towards casein
325 relative to other proteins. These results indicated that proteases from rainbow trout have the
326 potential to digest various sources of protein and convert them to peptides and amino acids
327 (Annamalai et al., 2014; Senphan et al., 2014).

328

329 **4. Conclusions**

330 Biochemical characterization and evaluation of how the alkaline protease activity is affected by
331 various chemicals and substrates indicated that extraction and partial purification of enzyme from
332 the digestive tract of rainbow trout could produce value added compounds from **by-product** and
333 also help to solve environmental pollution caused by fish processing discards. The proteases,
334 mainly consisting of serine proteases, are highly active at low temperature (30 °C) and stable over
335 a wide range of pH (4-12) and temperature (30-55 °C) which makes it a good choice for the food
336 industry **such as caviar production, meat tenderization and fish descaling**. Considering the stability
337 of the enzyme with metal ions, oxidizing reagents and ionic and non-ionic surfactants, rainbow
338 trout alkaline proteases could potentially be applicable in detergent industries.

339

340 **Acknowledgement**

341 Authors would like to thank the Iran National Science Foundation (INSF) for financial support of
342 this research.

343

344 **References**

345 Annamalai, N., Rajeswari, M.V., Balasubramanian, T., 2014. Extraction, purification and
346 application of thermostable and halostable alkaline protease from *Bacillus alveayuensis* CAS
347 using marine wastes. *Food Bioprod. Process.* 92, 335–342.

348 <https://doi.org/10.1016/j.fbp.2013.08.009>

349 Barrett, A.J., Heath, M.F., 1977. Lysosomal enzymes. *Lysosomes a Lab. Handb.*

350 Barrett, A.J., Kirschke, H., 1981. Cathepsin B, Cathepsin H, and Cathepsin L. *Methods*
351 *Enzymol.* 80, 535–561. [https://doi.org/10.1016/S0076-6879\(81\)80043-2](https://doi.org/10.1016/S0076-6879(81)80043-2)

352 Bezerra, R.S., Lins, E.J.F., Alencar, R.B., Paiva, P.M.G., Chaves, M.E.C., Coelho, L.C.B.B.,
353 Carvalho, L.B., 2005. Alkaline proteinase from intestine of Nile tilapia (*Oreochromis*
354 *niloticus*). *Process Biochem.* 40, 1829–1834. <https://doi.org/10.1016/j.procbio.2004.06.066>

355 Bezerra, R. S., Santos, J. F., Paiva, P. M., Correia, M. T., Coelho, L. C., Vieira, V. L. And
356 Carvalho, L. B. 2001. Partial purification and characterization of a thermostable trypsin
357 from pyloric caeca of tambaqui (*colossoma macropomum*). *Journal of Food Biochemistry*,
358 25: 199-210. Doi:10.1111/J.1745-4514.2001.Tb00734.X

359 Bougatef, A., Nedjar-Arroume, N.,
360 Manni, L., Ravallec, R., Barkia, A., Guillochon, D., Nasri, M., 2010. Purification and
361 identification of novel antioxidant peptides from enzymatic hydrolysates of sardinelle
(*Sardinella aurita*) by-products proteins. *Food Chem.* 118, 559–565.

362 <https://doi.org/10.1016/j.foodchem.2009.05.021>

363 Cao, M., Osatomi, K., Suzuki, M., Hara, K., Tachibana, K., 2000. Purification and
364 characterization of two anionic trypsins from the hepatopancreas of carp. *Fish. Sci.* 66,
365 1172–1179. <https://doi.org/10.1046/j.1444-2906.2000.00185.x>

366 Castillo-Yáñez, F.J., Pacheco-Aguilar, R., García-Carreño, F.L., Navarrete-Del Toro, M.D.L.Á.,
367 2005. Isolation and characterization of trypsin from pyloric caeca of Monterey sardine
368 *Sardinops sagax caerulea*. *Comp. Biochem. Physiol. - B Biochem. Mol. Biol.* 140, 91–98.
369 <https://doi.org/10.1016/j.cbpc.2004.09.031>

370 Chakrabarti, R., 2002. Carotenoprotein from tropical brown shrimp shell waste by enzymatic
371 process. *Food Biotechnol.* 16, 81–90. <https://doi.org/10.1081/FBT-120004202>

372 Chandrasekaran, M., 2013. *Valorization of Food Processing By-Products*. CRC press.
373 <https://doi.org/10.1016/B978-044481500-2/50011-6>

374 Dadshahi, Z., Homaei, A., Zeinali, F., Sajedi, R.H., Khajeh, K., 2016. Extraction and purification
375 of a highly thermostable alkaline caseinolytic protease from wastes *Litopenaeus vannamei*
376 suitable for food and detergent industries. *Food Chem.* 202, 110–115.
377 <https://doi.org/10.1016/j.foodchem.2016.01.104>

378 Debashish, G., Malay, S., Barindra, S., Joydeep, M., 2005. Marine enzymes, in: *Marine*
379 *Biotechnology I*. Springer, pp. 189–218.

380 El-Beltagy, A.E., El-Adawy, T.A., Rahma, E.H., El-Bedawey, A.A., 2005. Purification and
381 Characterization of an Alkaline Protease from the Viscera of Bolti Fish (*Tilapia Nilotica*). *J.*
382 *Food Biochem.* 29, 445–458. <https://doi.org/10.1111/j.1745-4514.2005.00019.x>

383 **Espósito, T.S., Amaral, I.P.G., Buarque, D.S., Oliveira, G.B., Carvalho, L.B., Bezerra, R.S.,**
384 **2009. Fish processing waste as a source of alkaline proteases for laundry detergent. *Food***

385 Chem. 112, 125–130. <https://doi.org/10.1016/j.foodchem.2008.05.049>

386 Espósito, T.S., Marcuschi, M., Amaral, I.P.G., Carvalho, L.B., Bezerra, R.S., 2010. Trypsin from
387 the processing waste of the lane snapper (*lutjanus synagris*) and its compatibility with
388 oxidants, surfactants and commercial detergents. *J. Agric. Food Chem.* 58, 6433–6439.
389 <https://doi.org/10.1021/jf100111e>

390 FAO, 2017. Fishstat plus: universal software for fishery statistical time series., FAO Fisheries
391 Department, Fishery Information, Data and Statistics Unit, Rome: FAO.
392 <http://www.fao.org/fishery/statistics/en>.

393 Ferrero, M.A., Castro, G.R., Abate, C.M., Baigori, M.D., Siñeriz, F., 1996. Thermostable
394 alkaline proteases of *Bacillus licheniformis* MIR 29: Isolation, production and
395 characterization. *Appl. Microbiol. Biotechnol.* 45, 327–332.
396 <https://doi.org/10.1007/s002530050691>

397 Iran Fisheries Organization, 2014. Statistical Yearbook, 3rd ed. Iran Fisheries Organization.

398 Jellouli, K., Bougatef, A., Daassi, D., Balti, R., Barkia, A., Nasri, M., 2009. New alkaline trypsin
399 from the intestine of Grey triggerfish (*Balistes capriscus*) with high activity at low
400 temperature: Purification and characterisation. *Food Chem.* 116, 644–650.
401 <https://doi.org/10.1016/j.foodchem.2009.02.087>

402 Khantaphant, S., Benjakul, S., 2010. Purification and characterization of trypsin from the pyloric
403 caeca of brownstripe red snapper (*Lutjanus vitta*). *Food Chem.* 120, 658–664.
404 <https://doi.org/10.1016/j.foodchem.2009.09.098>

405 Kishimura, H., Klomklao, S., Benjakul, S., Chun, B.S., 2008. Characteristics of trypsin from the
406 pyloric ceca of walleye pollock (*Theragra chalcogramma*). *Food Chem.* 106, 194–199.
407 <https://doi.org/10.1016/j.foodchem.2007.05.056>

408 Klomklao, S., Benjakul, S., Visessanguan, W., Kishimura, H., Simpson, B.K., 2006. Purification
409 and characterization of trypsin from the spleen of tongol tuna (*Thunnus tonggol*). *J. Agric.*
410 *Food Chem.* 54, 5617–5622. <https://doi.org/10.1021/jf060699d>

411 Klomklao, S., Benjakul, S., Visessanguan, W., Kishimura, H., Simpson, B.K., Klomklao,
412 Benjakul, S., Visessanguan, W., Kishimura, H., Simpson, B.K., 2007. Trypsin from the
413 pyloric caeca of bluefish (*Pomatomus saltatrix*). *Comp. Biochem. Physiol. B. Biochem.*
414 *Mol. Biol.* 148, 382–9. <https://doi.org/10.1016/j.cbpb.2007.07.004>

415 Klomklao, S., Benjakul, S., Visessanguan, W., Simpson, B.K., Kishimura, H., 2005. Partitioning
416 and recovery of proteinase from tuna spleen by aqueous two-phase systems. *Process*
417 *Biochem.* 40, 3061–3067. <https://doi.org/10.1016/j.procbio.2005.03.009>

418 Kristjansson, M.M., 1991. Purification and Characterization of Trypsin from the Pyloric Caeca
419 of Rainbow Trout (*Oncorhynchus mykiss*). *J. Agri. Food Chem.* 39, 1738–1742.

420 Kurtovic, I., Marshall, S.N., Simpson, B.K., 2006. Isolation and characterization of a trypsin
421 fraction from the pyloric ceca of chinook salmon (*Oncorhynchus tshawytscha*). *Comp.*
422 *Biochem. Physiol. - B Biochem. Mol. Biol.* 143, 432–440.
423 <https://doi.org/10.1016/j.cbpb.2005.12.020>

424 Lowry, O.H., Rosebrough, N.J., Farr, A.L., Randall, R.J., 1951. Protein measurement with the
425 Folin phenol reagent. *J. Biol. Chem.* 193, 265–275. [https://doi.org/10.1016/0304-](https://doi.org/10.1016/0304-3894(92)87011-4)
426 [3894\(92\)87011-4](https://doi.org/10.1016/0304-3894(92)87011-4)

427 Marcuschi, M., Espósito, T.S., Machado, M.F.M., Hirata, I.Y., Machado, M.F.M., Silva, M. V.,
428 Carvalho, L.B., Oliveira, V., Bezerra, R.S., 2010. Purification, characterization and
429 substrate specificity of a trypsin from the Amazonian fish tambaqui (*Colossoma*
430 *macropomum*). *Biochem. Biophys. Res. Commun.* 396, 667–673.

431 <https://doi.org/10.1016/j.bbrc.2010.04.155>

432 Michail, M., Vasiliadou, M., Zotos, A., 2006. Partial purification and comparison of precipitation
433 techniques of proteolytic enzymes from trout (*Salmo gairdnerii*) heads. *Food Chem.* 97, 50–
434 55. <https://doi.org/10.1016/j.foodchem.2005.03.022>

435 Nasri, R., Abed, H., Karra-châabouni, M., Nasri, M., Bougatef, A., 2015. Digestive alkaline
436 proteinases from *Serranus scriba* viscera: Characteristics, application in the extraction of
437 carotenoproteins from shrimp waste, and evaluation in laundry commercial detergents.
438 *Biocatal. Agric. Biotechnol.* 4, 355–361. <https://doi.org/10.1016/j.bcab.2015.05.001>

439 Picot, L., Bordenave, S., Didelot, S., Fruitier-Arnaudin, I., Sannier, F., Thorkelsson, G., Bergé,
440 J.P., Guérard, F., Chabeaud, A., Piot, J.M., 2006. Antiproliferative activity of fish protein
441 hydrolysates on human breast cancer cell lines. *Process Biochem.* 41, 1217–1222.
442 <https://doi.org/10.1016/j.procbio.2005.11.024>

443 Sabtecha, B., Jayapriya, J., Tamilselvi, A., 2014. Extraction and characterization of proteolytic
444 enzymes from fish visceral waste: Potential applications as destainer and dehairing agent.
445 *Int. J. ChemTech Res.* 6, 4504–4510.

446 Senphan, T., Benjakul, S., Kishimura, H., 2015. Purification and characterization of trypsin from
447 hepatopancreas of Pacific White Shrimp. *J. Food Biochem.* 39, 388–397.
448 <https://doi.org/10.1111/jfbc.12147>

449 Senphan, T., Benjakul, S., Kishimura, H., 2014. Characteristics and antioxidative activity of
450 carotenoprotein from shells of Pacific white shrimp extracted using hepatopancreas
451 proteases. *Food Biosci.* 5, 54–63. <https://doi.org/10.1016/j.fbio.2013.11.004>

452 Shahidi, F., Janak Kamil, Y.V., 2001. Enzymes from fish and aquatic invertebrates and their
453 application in the food industry. *Trends Food Sci. Technol.* 12, 435–464.

454 [https://doi.org/10.1016/S0924-2244\(02\)00021-3](https://doi.org/10.1016/S0924-2244(02)00021-3)

455 Slizyte, R., Rommi, K., Mozuraityte, R., Eck, P., Five, K., Rustad, T., 2016. Bioactivities of fish
456 protein hydrolysates from defatted salmon backbones. *Biotechnol. Reports* 11, 99–109.
457 <https://doi.org/10.1016/j.btre.2016.08.003>

458 Sugihara T, Yashima C, Shimizu S, Tamura H, Kawasaki M, 1971. Process for preparation of
459 ikura (salmon egg). US patent number 3,759,718.

460 Vannabun, A., Ketnawa, S., Phongthai, S., Benjakul, S., Rawdkuen, S., 2014. Characterization of
461 acid and alkaline proteases from viscera of farmed giant catfish. *Food Biosci.* 6, 9–16.
462 <https://doi.org/10.1016/j.fbio.2014.01.001>

463 Vecchi, S., Coppes, Z., 1996. Marine Fish Digestive Proteases - Relevance to Food Industry and
464 the South-West Atlantic region - A review. *J. Food Biochem.* 20, 193–214.

465 Venugopal, V., 2008. Marine products for healthcare: functional and bioactive nutraceutical
466 compounds from the ocean. CRC press.

467 Wang, S.L., Chao, C.H., Liang, T.W., Chen, C.C., 2009. Purification and characterization of
468 protease and chitinase from bacillus cereus TKU006 and Conversion of marine wastes by
469 these enzymes. *Mar. Biotechnol.* 11, 334–344. <https://doi.org/10.1007/s10126-008-9149-y>

470 Wingfield, P., 2001. Protein Precipitation Using Ammonium Sulfate. *Curr. Protoc. Protein Sci.*
471 13, A.3F.1-A.3F.8. <https://doi.org/10.1002/0471140864.psa03fs13>

472 Yongsawatdigul, J., Hemung, B.-O., Choi, Y.J., 2014. Proteolytic enzymes and control in surimi.
473 *Surimi surimi Seaf.* 141–159.

474 Zamani, A., Rezaei, M., Madani, R., Habibi Rezaie, M., 2014. Trypsin Enzyme from Viscera of
475 Common Kilka (*Clupeonella cultriventris caspia*): Purification, Characterization, and Its
476 Compatibility with Oxidants and Surfactants. *J. Aquat. Food Prod. Technol.* 23, 237–252.

477

478

479 **Table 1**

480 **Partial purification of rainbow trout proteases with ammonium sulfate ((NH₄)₂SO₄).**

Fraction	Total protease activity (U)	Total protein (mg)	Specific activity (U/mg)	Yield (%)	Purity (fold)
Crude protease extract	152.24	433	0.35	100	1.00
(NH ₄) ₂ SO ₄ (20–40%)	1.39	4.1	0.34	0.91	0.96
(NH ₄) ₂ SO ₄ (40–60%)	101.36	88	1.16	66.6	3.29
(NH ₄) ₂ SO ₄ (60–80%)	25.56	43	0.59	16.79	1.67

481 Activity was determined at pH 8.0 with casein as substrate. Values represent Mean ; n = 3.

482

483

484

485 **Table 2**

486 Specific proteolytic activities of alkaline proteases from rainbow trout viscera, given as increase

487 in fluorescence intensity/mg protein/min. Values represent Mean ± Standard deviation of Mean; n

488 = 3.

Fluorogenic substrate	ΔFI/mg protein
Trypsin-like (<i>t</i> -butoxy-Gln-Ala-Arg-AMC)	80856±4670
MBSP-like (Boc-Phe-Ser-Arg-AMC)	40096±2516
Chymotrypsin (Succinyl- Leu- Leu-Val-Tyr-AMC)	1152±61
Catepsin B (Z-Arg-Arg-AMC)	120±24
Collagenase (succinyl-Gly-Pro-Leu-Gly-Pro-AMC)	0±0

489

490

491

492

493

494

495

496
497
498
499
500
501
502
503
504
505
506
507
508
509
510

Table 3

Effect of various metal ions on the alkaline protease of rainbow trout viscera. The non-treated enzyme was considered as control (100%). Values represent Mean \pm Standard deviation of Mean; n = 3.

Metal ions	Concentrations (mM)	% Relative activity
Control	No added	100
NaCl	5	93.52 \pm 3.27
KCl	5	80.04 \pm 4.40
CaCl ₂	5	70.65 \pm 4.26
CuCl ₂	5	96.97 \pm 5.40
ZnCl ₂	5	67.70 \pm 4.43
MnCl ₂	5	75.12 \pm 6.21
BaCl ₂	5	74.78 \pm 0.64
CoCl ₂	5	78.26 \pm 1.74
FeSO ₄	5	41.60 \pm 5.91
Al ₂ (SO ₄) ₂	5	79.25 \pm 3.26

Activity was determined at pH 8.0 with casein as substrate. Values represent Mean \pm Standard deviation of Mean; n = 3.

511 Table 4

512 Effect of protease inhibitors, detergents (ionic, non-ionic) and organic solvents on the alkaline
513 protease of rainbow trout viscera. The non-treated enzyme was considered as control (100%).

Inhibitor	Concentration	% Relative activity
Control		100
Trypsin + Chymotrypsin Inhibitor	1 g/L	14.84±0.20
SBTI	1 g/L	19.62±0.17
EDTA	5Mm	43.09±0.62
Pepstatin A	1 g/L	93.45±0.41
Detergent		
SDS	1 % (v/v)	16.91±0.85
Tween 80	1 % (v/v)	120.43±1.18
Triton X	1 % (v/v)	119.53±2.00
H ₂ O ₂	1 % (v/v)	62.00±7.56
Organic solvents		
Ethanol		107.36±2.95
Aceton		98.87±4.55
Metanol		113.03±4.33
Hexan		111.14±3.75

514 Activity was determined at pH 8.0 with casein as substrate. Values represent Mean ± Standard
515 deviation of Mean; n = 3.

516

517

518

519

520

521

522 Table 5

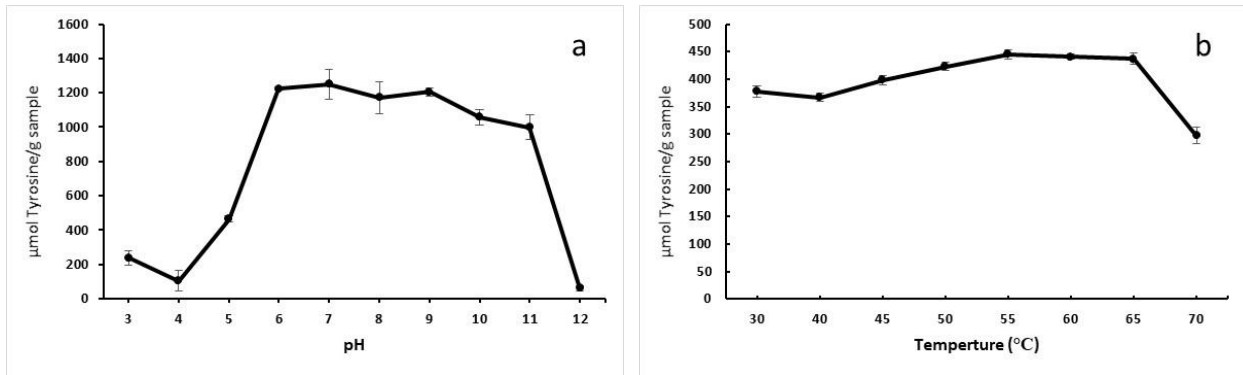
523 Retention volume peaks and estimated molecular weight for the partial purified enzyme from
524 rainbow trout viscera.

Retention time (min)	V _e (mL)	K _{av}	Logarithm of molecular weight	Molecular weight (kDa)
26.14	13.07	0.32	4.36	22.936
30.77	15.385	0.46	4.15	14.22
36.06	18.03	0.63	3.92	8.235

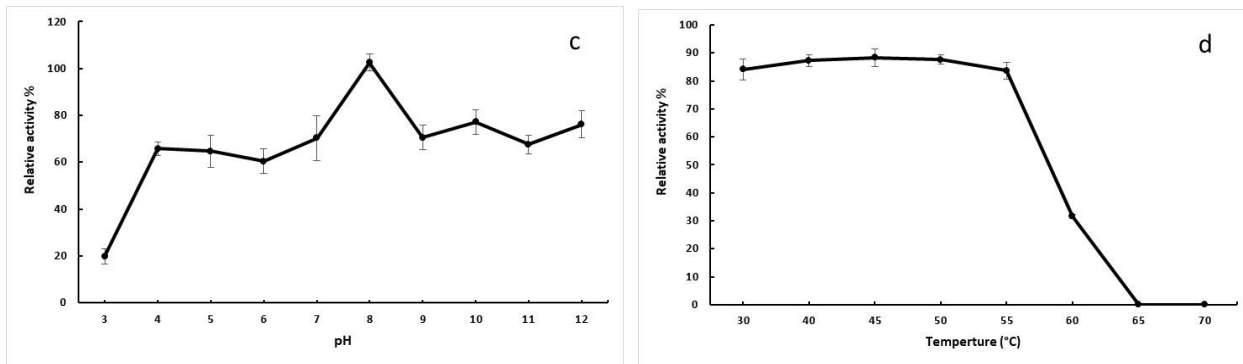
525

526

527



528



529

530 **Fig. 1.** pH optimum in the pH range of 3.0–12.0 at 55 $^{\circ}\text{C}$ (a) temperature optimum at different
531 temperatures ranging from 30 to 70 $^{\circ}\text{C}$ at pH 8.0 using casein as a substrate (b) pH stability by
532 incubating the enzyme in different buffers for 60 min at 25 $^{\circ}\text{C}$ (c) and thermostability by incubating
533 at different temperatures for 60 min (d) for the alkaline proteases from the viscera of *Oncorhynchus*
534 *mykiss*. The activity for temperature and pH profile expressed as $\mu\text{mol Tyrosine/g sample}$ and for
535 thermal and pH stability the activity of the enzyme was taken as 100%.

536



Rainbow trout viscera



Oil elimination



Crude protease extract



Ammonium sulphate precipitation



Partial purified protease



Enzyme activity