

1 Relationships between POPs, biometrics and circulating
2 steroids in male polar bears (*Ursus maritimus*) from Svalbard

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30 testosterone, dihydrotestosterone

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32

33 **Abstract**

34 The aim of this study was to determine the effect of persistent organic pollutants (POPs) and
35 biometric variables on circulating levels of steroid hormones (androgens, estrogens and
36 progestagens) in male polar bears (*Ursus maritimus*) from Svalbard, Norway (n=23). Levels of
37 pregnenolone (PRE), progesterone (PRO), androstenedione (AN), dehydroepiandrosterone (DHEA),
38 testosterone (TS), dihydrotestosterone (DHT), estrone (E1), 17 α -estradiol (α E2) and 17 β -estradiol
39 (β E2) were quantified in polar bear serum by gas chromatography tandem mass spectrometry (GC-
40 MS/MS), while POPs were measured in plasma. Subsequently, associations between hormone
41 concentrations (9 steroids), POPs (21 polychlorinated biphenyls (PCBs), 8 OH-PCBs, 8 organochlorine
42 pesticides (OCPs) and OCP metabolites, and 2 polybrominated diphenyl ethers (PBDEs)) and
43 biological variables (age, head length, body mass, girth, body condition index), capture date, location
44 (latitude and longitude), lipid content and cholesterol levels were examined using principal
45 component analysis (PCA) and orthogonal projections to latent structures (OPLS) modelling.
46 Average concentrations of androgens, estrogens and progestagens were in the range of 0.57-83.7
47 (0.57-12.4 for subadults, 1.02-83.7 for adults), 0.09-2.69 and 0.57-2.44 nmol/L, respectively. The
48 steroid profiles suggest that sex steroids were mainly synthesized through the Δ -4 pathway in male
49 polar bears. The ratio between androgens and estrogens significantly depended on sexual maturity
50 with androgen/estrogen ratios being approximately 60 times higher in adult males than in subadult
51 males. PCA plots and OPLS models indicated that TS was positively related to biometrics, such as
52 body condition index in male polar bears. A negative relationship was also observed between POPs
53 and DHT. Consequently, POPs and body condition may potentially affect the endocrinological
54 function of steroids, including development of reproductive tissues and sex organs and the general
55 condition of the male polar bears.

56

57

58 1. Introduction

59

60 The Arctic region is a pristine environment with few local pollution sources. Nevertheless, the
61 ecosystems in this region are strongly affected by global pollution (Riget et al 2010; 2011; Letcher et
62 al 2010). The contamination sources are most often located outside the Arctic region, and long-
63 range atmospheric transport of pollutants delivers most of the persistent organic pollutants (POPs)
64 to the region (Riget et al. 2010). Other major routes for contaminants are via north flowing rivers
65 from mid-latitude areas (Wania and Mackay 1993; 1995), such as Northern Eurasia and North
66 America, which are flowing into the Arctic oceans where they enter the Arctic food chain (Lohmann
67 et al. 2007). Since most POPs are lipophilic they accumulate in lipid-rich tissues of living organisms,
68 and thereby biomagnify in the food web (Letcher et al. 2010, Blais et al., 2005). POPs include many
69 different contaminant groups such as organochlorine pesticides (OCPs), including
70 dichlorodiphenyltrichloroethane (DDT), polybrominated diphenyl ethers (PBDEs) used as flame-
71 retardants, and industrial organochlorines (OCs) such as polychlorinated biphenyls (PCBs).

72

73 Polar bears (*Ursus maritimus*), as top predators, generally have high levels of POPs (Letcher et al.
74 2010). The Svalbard (Norway) and East Greenland polar bears are reported to have the highest PCB
75 concentrations, while lower levels are found in North American sub-populations of polar bears
76 (Haave et al, 2003; Verreault et al. 2005, Letcher et al. 2010). The PCB congeners 99, 118, 138, 153,
77 156, 170, 180 and 194 have been reported to be the most abundant PCBs in Svalbard polar bears
78 (Bernhoft et al. 1997; Bytingsvik et al. 2012a). However, polar bears have an efficient cytochrome
79 P450 system, and can metabolize POPs (Letcher et al 2009). This high metabolic capacity may lead to
80 an accumulation of metabolites such as hydroxylated PCBs (OH-PCBs) (Verreault et al. 2005, Letcher
81 et al. 2010; Bytingsvik et al 2012a), which in some cases may be more toxic to polar bears than the
82 parent PCB congener (Therani and Van Aken 2014; Gustavson et al., 2015a). Most biotransformed
83 OH-PCBs are easily excreted, while the remaining OH-PCBs are limited to 5-10 persistent single
84 congeners and are mainly transformed from persistent penta-, hexa- and heptachlorinated PCBs
85 (Letcher et al., 2000). The most commonly found OH-PCBs are the 4-OH-CB107, 4-OH-CB146, 4'-OH-
86 CB172 and 4-OH-CB187 (Gebbinck et al 2008; Bytingsvik et al 2012a; Gustavson et al 2015a).

87

88 Exposure to PCBs and OH-PCBs may potentially affect the endocrine system, and certain OH-PCBs
89 have been suggested to affect steroid homeostasis in female polar bears from Svalbard (Gustavson
90 et al 2015a). Pesticides such as DDT and HCB are also found in polar bears in high concentrations
91 and may potentially interact with their reproductive hormones (Oskam et al., 2003; Gustavson et al

92 [2015a](#)). PBDEs have been reported to act as agonists by binding to estrogen receptors (ERs) *in vitro*
93 ([Meerts et al., 2001](#)). In the Arctic food chain, most PBDEs have been found to biomagnify in the
94 lower trophic levels. In the upper part of the food chain, however, biomagnification appears to be
95 lower, perhaps due to higher metabolism. For example, Only BDE-153 was reported to biomagnify in
96 polar bears ([Sørmo et al., 2006](#)), although other BDEs were also present.

97

98 Despite obvious potential interactions, not much is known about the relationship between steroids,
99 and body size and condition, in male polar bears. In addition to controlling male characteristics such
100 as reproductive organs, testosterone (TS) is also involved in the development of secondary male
101 characteristics, and it is well established that both TS and dihydrotestosterone (DHT) have anabolic
102 effects on the skeleton and muscles ([Wiren 2005](#); [Clarke and Khosla, 2009](#); [Thakur 2016](#)). The
103 production and secretion of most sex hormones are controlled by neurons and negative hormone
104 feedback regulation involving the hypothalamic–pituitary–gonadal axis (HPG axis) ([Hill et al., 2008](#)).
105 This regulation of steroid hormones is linked to biological factors such as sexual maturity and body
106 size, but toxic chemicals may impede the endocrine system ([Klaassen, 2008](#)). In mammals, TS is the
107 primary androgenic steroid in males and is mainly secreted from the Leydig cells present in the
108 testes. When TS has reached its target organ, it may be metabolized into (DHT), or bind directly to
109 the androgen receptor (AR). Other androgens, such as androstenedione (AN) and
110 dehydroepiandrosterone (DHEA), have lower androgenic potency and function mainly as precursors
111 for TS ([Nieschlag and Behre, 2004](#)). Both TS and DHT elicits their effects through binding to the AR.
112 However, DHT amplifies the effect of TS due to a stronger affinity for AR ([Hill et al., 2008](#); [Kovacs](#)
113 [2012](#)). Testosterone and AN can be further metabolized into estrogens by the aromatase ([Miller and](#)
114 [Auchus, 2011](#)). An overview of relevant steps in the gonadal steroidogenesis is illustrated in
115 [Supplement Material Figure S1](#).

116

117 The aim of the present study was to investigate interactions between biometrics, POPs and
118 circulating steroid levels in male polar bears. We therefore analysed 9 circulating steroid hormones
119 and the steroid precursor cholesterol, along with biometric variables. Furthermore, we analysed
120 circulating concentrations of 8 OCPs, 21 PCBs, 8 OH-PCBs and 2 PBDEs in 23 male polar bears
121 between 3 and 21 years of age. The relationships between biometrics, steroids and POPs were
122 investigated using principal component analysis (PCA) and bivariate correlations. To identify the
123 most potent variables explaining the variation in androgen concentrations, the effects of biometric
124 and POP variables on steroid concentrations were modelled using orthogonal projections to latent
125 structures (OPLS).

126

127 2. Materials and Methods

128

129 2.1. Sampling

130 The polar bear samples were collected at Svalbard in April 2008 as part of the International Polar
131 Year project BearHealth. The sample location ranged from Vitovskybreen in the south (76.7 °N) to
132 Waldenøya in the north (80.6 °N), and from Liefdefjorden in the west (12.6 °E) to Duvefjorden in the
133 east (23.8 °E). Capture and handling procedures followed standard protocols (Derocher and Wiig,
134 2002; Stirling et al., 1989) and were approved by the National Animal Research Authority (NARA,
135 Oslo, Norway). The bears were sedated for sampling by remote injection of a dart containing Zoletil
136 (tiletamine/zolazepam, 200 mg/mL; Virbac Laboratories, Carros, France), fired from a helicopter. The
137 rifle used was a Cap-Chur rifle with 5 or 7 ml metal darts and one barb needles of 20-42 mm in
138 length, depending on the sex, age and condition of the bear. The date of each individual sampling
139 event was recorded as the ordinal date (0-366). The age for each bear was estimated from the
140 number of annual growth layer groups (GLGs) in a rudimentary premolar tooth for adults that had
141 not been captured earlier (Christensen-Dalsgaard et al 2010). Alternatively, age was calculated
142 based on recapture of the bears captured as juveniles, of which age was known.

143

144 The sampled polar bears were divided into two age classes, those from 5-21 years (n=17) were
145 categorized as adults, while 3 and 4 year olds (n=6) were termed sub adults (Rosing-Asvid et al
146 2002). The straight-line body length (SLBL) was measured as the dorsal straight line from the nose tip
147 to the caudal end of the last tail vertebrae. The contour body length (CBL) was measured as the
148 distance from the tip of the nose to the tip of the tail along the contour of the spine, when the bear
149 was aligned laterally. Axial girth was measured as the circumference around the chest at the axilla.
150 The head length was recorded as the straight-line length between the upper middle incisors at the
151 gum line, to the most posterior dorsal skull process of the sagittal crest. Zygomatic width was the
152 maximum width between the zygomatic arches. Body mass (BM) was estimated based on the body
153 length and axial girth using the equation given by Derocher and Wiig (2002): body mass =
154 $0.00003377 \cdot \text{axial girth}^{1.7515} \cdot \text{body length}^{1.3678}$. To obtain an indication of the condition of the polar
155 bears, we calculated the body condition index (BCI) according to Cattet et al. (2002) using the
156 formula: $\text{BCI} = (\ln\text{BM} - 3.07 \cdot \ln\text{SLBL} + 10.76) / (0.17 + 0.009 \cdot \ln\text{SLBL})$
157 Approximately 60 ml (6 x 10 ml) of blood was collected from the bears using 40 mm needles (21G)
158 and stored at 4 °C. The collected blood samples were centrifuged with anti-coagulant in heparinised
159 Venoject tubes (10 ml, Thermo Electron Corporation, Belgium) and without anti-coagulant for

160 separation of plasma and serum, respectively. Centrifugation was performed within eight hours after
161 sampling. Serum samples were used for steroid hormone determination, and plasma was used for
162 POPs and cholesterol. The procedures related to the sampling are described more closely in
163 Bytingsvik et al (2012a,b).

164

165 **2.2. Determination of environmental contaminants**

166 Plasma samples were analysed for concentrations of OCPs and their metabolites, PCBs, OH-PCBs and
167 PBDEs using gas chromatography electron capture detection (GC-ECD) and gas chromatography
168 mass spectroscopy (GC-MS/MS). The multicomponent method with extraction and clean-up
169 methods, chromatographic separation, equipment and quality control is described in detail in
170 Bytingsvik et al. (2012a) and Sørmo et al. (2006). The following groups of contaminants were
171 analysed: 8 OCPs and metabolites (HCB, α -HCH, β -HCH, oxychlorane, trans-nonachlor, mirex, p,p'-
172 DDE, p,p'-DDT), 21 PCBs (PCB-47, PCB-74, PCB-99, PCB-101, PCB-128, PCB-137, PCB-138, PCB-153,
173 PCB-170, PCB-180, PCB-183, PCB-187, PCB-194, PCB-206, PCB-105, PCB-114, PCB-118, PCB-156, PCB-
174 157, PCB-167, PCB-189), 8 OH-PCBs (4'-OH-CB107, 4'-OH-CB130, 3'-OH-CB138, 4-OH-CB146, 4'-
175 OH-CB159, 4'-OH-CB172, 3'-OH-CB180, 4-OH-CB187) and 2 PBDEs (BDE-47 and BDE-154).

176

177 **2.3. Steroid hormone analysis**

178 Serum samples were analysed by GC-MS/MS for determination of steroid hormone levels in
179 accordance with Hansen et al. (2011). The following nine steroids were quantified: pregnenolone
180 (PRE), progesterone (PRO), DHEA, AN, TS, DHT, estrone (E1), 17 α -estradiol (α E2) and 17 β -estradiol
181 (β E2). These hormones cover most of the testicular steroidogenesis. The analysis was done on a
182 Varian CP-3800 gas chromatograph (Varian Inc., Palo Alto, CA, USA) with a large volume
183 programmable temperature vaporizer (PTV) injector coupled to a Varian 1200 triple-quadrupole
184 mass spectrometry system (Varian Inc., Palo Alto, CA, USA), operated in the selective reaction
185 monitoring (SRM) mode. The column was a Zebron-5HT Inferno (30 m \times 0.25 mm, 0.25 μ m,
186 Phenomenex Inc., Torrance, CA, USA) operated at a constant carrier gas flow of 1.0 mL/min. Method
187 limit of detection is steroid hormone specific and was determined in the plasma, and ranged
188 between 0.006 and 0.28 ng mL⁻¹. Internal standard absolute recoveries were between 69 and 94%
189 (Poulsen et al. 2015). Data were not recovery corrected. A detailed description of the analytical
190 procedure is described in Hansen et al. (2011).

191

192 **2.4. Lipid and cholesterol analysis**

193 The cholesterol concentrations in the plasma samples were measured with a clinical chemistry
194 analyser, equipped with reagent carrier (test strip) and reflectance photometer (Reflotron®
195 cholesterol strips, Roche Diagnostics, Mannheim, Germany) and lipid content was determined
196 gravimetrically and expressed as percentage (%) of the total sample weight (Bytingsvik et al. 2012a).

197

198 **2.5. Statistical analysis**

199 In cases where the steroid and contaminant concentrations were under the detection limit, random
200 numbers between 0 and LOD were inserted for the purpose of multivariate statistical analysis.

201 However, random values were not used in the calculation of descriptive statistic parameters
202 presented in [Tables 2](#) and [3](#). Non-parametric statistical analysis, comparing two independent groups
203 (Mann-Whitney U test) without random values, were conducted for the investigation of
204 concentration differences of contaminants and hormones between the age classes (subadults and
205 adults).

206

207 Prior to analysis, all variables were log transformed to approximate normality and unit variance (UV)
208 scaling and mean centering was applied. Unit variance scaling gives each variable a variance of one
209 and an equal chance of being represented in the models and mean centering improves the
210 interpretability of the model.

211

212 For the multivariate analysis, the software Simca (Version 14.0, Umetrics, Umeå, Sweden) was used
213 to perform PCA and OPLS. In these analyses, the following variables were included: sampling date,
214 sampling location, age, BM (estimated), BCI, body length, axial girth, zygomatic width, cholesterol,
215 lipid content, AN, DHEA, DHT, TS, E1, α E2, β E2, PRO, PRE, and the 8 OCPs and metabolites, 21 PCBs,
216 8 OH-PCBs and 2 PBDEs listed above.

217

218 The OPLS model, which is an extension of the partial least square (PLS) model, was applied to
219 identify the explanatory X-variables (POPs and biometrical variables) which best explained the
220 variation in the response Y variable (steroid hormones). OPLS has been designed to deal with
221 multiple regression problems where the number of observations is limited and where collinearities
222 among the independent variables exist. OPLS separates the systematic variation in the X space into
223 two parts, where one part predicts the correlation between X and Y, while the other part is
224 uncorrelated (orthogonal) to Y and expresses the systematic X variation (Trygg, 2004). For each OPLS
225 model, a R^2X , R^2Y and a Q^2 value were calculated, where the R^2 -values shows the goodness of fit
226 (explained variation) for X- and Y-variables, respectively, and Q^2 shows the goodness of prediction

227 (predicted variation) based on cross-validation test of the model. Variable importance in projection
228 (VIP) coefficients reflects the relative importance of each X variable in the prediction model. VIP
229 allows classification of the X-variables according to their explanatory power of Y. The coefficient plot
230 (CoeffCS) summarises the relationships between the Y variable and the X variables. Default jack-
231 knifed confidence intervals in the coefficient plot, combined with the VIP plot, identifies important
232 and significant variables in the model. Predictors with a large VIP, larger than 1, are the most
233 relevant for explaining Y. The original models were optimized by removing VIP < 0.5, as they are
234 considered to have to low of an importance for the model (Umetrics, 2008). Subsequently, the
235 variables were deleted one-by-one until a significant model was achieved. If this was not achieved,
236 the model was defined as non-significant. For significance testing of the OPLS prediction, ANOVA of
237 the cross-validated residuals (CV-ANOVA) was applied. For further investigation of the results
238 achieved from the PCA and OPLS models a Spearman two-tailed correlation analysis was applied
239 (Statistica v. 13, Dell Inc., 2015).

240

241 **3. Results**

242

243 **3.1. Biological variables**

244 Details on biological variables (age, condition, body length, axial girth, head length, zygomatic width
245 and estimated total body weight) and sampling locations for the 23 male polar bear individuals are
246 presented in [Table 1](#). The body condition index (BCI) varied from -1.174 to 1.284 with a mean of -
247 0.185. Estimated body mass was 390 kg for adults, whereas the estimated body mass for subadults
248 was 225 kg.

249

250 **3.2. Environmental contaminant levels**

251 The plasma concentrations of each of the contaminant groups, i.e. their respective summed (Σ)
252 concentrations, are presented in [Table 2](#). The levels for the individual compounds and congeners
253 are presented in [Supplement Material Table S1](#). The OH-PCBs were found to have the highest
254 average concentrations, followed by PCBs, pesticides, and PBDEs. 4-OH-CB187 was the single
255 contaminant with the highest concentrationz (21 -258 nmol/L) in both age groups. Amongst the
256 PCBs, PCB-153 was found to have the highest concentration (15 – 142 nmol/L).

257

258 **3.3. Steroid hormone levels**

259 Serum concentrations of steroid hormones, cholesterol and lipid content are presented in [Table 3](#).
260 Androgens were found in the highest concentrations, in particular AN (6.97-215 nmol/L) and TS

261 (0.035-111 nmol/L). The two progestagens, PRE and PRO were found in concentrations around 1
262 nmol/L (however PRO was <LOD in sub adults), whereas the estrogens were the steroids found in
263 the lowest concentrations, in particular β E2. Not all individuals had detectable levels of steroid
264 hormones, especially regarding estrogens, where the levels were found to be low.

265

266 **3.4. Relationships between steroid hormones, POPs, and biometrics**

267 Initially, we conducted PCA analysis including both sub adult and adult male polar bears. This
268 resulted in a model consisting of three significant principal components (R^2X cum.= 0.632, Q^2
269 cum.=0.377). From the loading plots in [Figure 1A and B](#), generally, POPs and steroids, in particular,
270 androgens (AN, DHEA, TS and DHT), were located distant from each other along the PC1, indicating
271 an inverse relationship between POPs and androgens. However, the loading plots also indicated an
272 inverse relationship between POPs and biometrics, and positive relationships between steroids and
273 biometrics. In particular, BCI appears to be positively associated with androgens ([Figure 1A](#)). The
274 feminising steroids (PRE, PRO, E1, α E2 and β E2) are located either on the left side of PC1 along with
275 the contaminants, or more in the middle of the plot, suggesting either no correlation, or a weak
276 positive correlation, with contaminants. Cholesterol and total lipids are associated with the
277 environmental contaminants.

278 From the score plots in [Figure 1C and D](#), a clear difference can be observed between the two age
279 classes, sub adult and adult polar bears. This indicates that the relationships in the loading plots
280 between POPs, androgens and biometrics may heavily rely on the age class. The distribution of
281 contaminants between the age classes (adults - n_1 and subadults - n_2) was therefore tested. A
282 significant difference ($U = 13 - 22$, $n_1 = 15 - 17$, $n_2 = 5 - 6$, $p < 0.05$) was found for oxychlorane, p,p'-
283 DDT, 4-OH-CB146, 3'-OH-CB180, and BDE-47. The concentrations for these compounds were
284 significantly higher in the sub adults compared to the adults, except for 3'-OH-CB180, which was
285 significantly higher in adults than in sub adults.

286 We also investigated the levels of individual steroids in the two age classes. The two aromatase
287 substrates, AN and TS were significantly higher (AN: $U=14$, $n_1=17$, $n_2=6$, $p = 0.01$; TS: $U=2$, $n_1=14$,
288 $n_2=6$, $p = 0.001$) in adults than in sub adults. The opposite was the case for both estrogens, which are
289 aromatase products, where β E2, levels were significantly higher (β E2: $U=17$: $n_1=17$, $n_2=6$, $p = 0.019$)
290 in sub adults, compared to adults. For the other androgens, DHT was significantly higher in adults
291 than in sub adults (DHT: $U=15$, $n_1=16$, $n_2=6$, $p = 0.01$), but DHEA was not statistically significant.
292 Furthermore, there was a slightly higher level of PRE in adult males (PRE: $U=22$, $n_1=17$, $n_2=6$,
293 $p=0.046$), while PRO was not detected above LOD in any sub adults but was detected in 7 adults. The

294 sum of the aromatase substrates (AN + TS) and the sum of the aromatase products (E1 + β E2) are
295 shown in [Figure 2](#). The concentration of substrates was approximately 6 times higher in adults than
296 in sub adults ($U=10$, $n_1=17$, $n_2=6$, $p = 0.005$). The opposite was the case for the aromatase products,
297 E1 and β E2, where the concentration was approximately 10 times higher in sub adults compared to
298 adults ($U=21$, $n_1=17$, $n_2=6$, $p = 0.039$). Consequently, the aromatase substrates/products ratio was
299 around 60 times higher in adults than in sub adults. This is likely to profoundly affect the PCA
300 loadings ([Figure 1 A, B](#)).

301 To identify the most important variables in the PCA plots we conducted OPLS regressions with
302 different reproductive steroids as the Y-variable, and all the contaminants and biometrics as X-
303 variables. Only the TS model ([Supplement Material Figure S2](#)) as the response variable was found to
304 be significant with a single orthogonal component ($p = 0.030$; $R^2X=0.452$, $R^2Y=0.413$, $Q^2=0.299$).
305 Testosterone was negatively related to lipid content and to a total of 13 POPs, all with $VIP > 1$.
306 However, the biometric parameters, BCI > girth > BM > zygomatic width were all positively associated
307 with TS, and were more important for explaining variation in TS concentration than the POPs.

308 From these results, it may be suggested that the apparent negative relationships between TS and
309 POPs may actually result from a positive relationship between TS and biometrics, in particular BCI,
310 and negative relationships between BCI and POPs. We therefore analysed the relationships between
311 BCI and concentrations of TS and DHT. Since TS concentrations heavily rely on age class, data are
312 presented for both adults and sub adults ([Figure 3](#)). We observed a strong relationship between BCI
313 and TS in adults, whereas no relationship was found in the sub adults. For DHT, no relationships
314 were found for either adults or sub adults. This indicates that BCI, and not POPs, is the major driver
315 for TS levels in male polar bears, particularly in adults.

316 We tested this hypothesis by conducting a new OPLS, this time only including the 17 adult males in
317 the model, excluding the 6 sub adults, with reproductive steroids as Y-variables, and all contaminant
318 and biometric variables as X-variables. Using this approach, the OPLS model for TS was no longer
319 significant, which further indicates that the negative relationships in adult males between TS and
320 POPs indicated in the PCA plot was confounded by BCI and age classes ([Supplement Material Figure
321 S2](#)). A significant model was, however, obtained for DHT ($R^2X=0.485$, $R^2=0.511$, $Q^2=0.344$), including
322 negative relationships with 19 different POPs, mainly PCBs. There were no other significant
323 relationships with the biometric variables ([Figure 4](#)). These results indicated that a broad range of
324 POPs exerted significant negative effects on circulating DHT levels in male adult polar bears. In
325 contrast, circulating TS levels appeared to be mainly governed by biometrics.

326 Correlation tests were applied to confirm the OPLS relationships for TS and DHT. Biometric variables,
327 location data, POPs and steroid hormones were found to be significantly correlated (Spearman
328 correlation, $p < 0.05$) with TS and/or DHT levels (Table 4). In general, these results confirm the
329 findings from the OPLS models. Testosterone levels were exclusively positively related to the
330 biometric parameters with low p-values, whereas TS was exclusively negatively associated with
331 POPs. Furthermore, TS was positively related to its steroidogenic precursors AN and DHEA, whereas
332 it was negatively associated with the estrogens. For DHT, all the identified significant correlations
333 were negative associations with POP levels, with only a single exception, a positive relationship
334 between DHT and longitude. In fact, DHT was significantly negatively related with 23 different POPs,
335 mainly PCBs including the PCB-153 and PCB-180, found in the highest concentrations. Furthermore,
336 there were no significant relationships between DHT and biometrics. This is in accordance with the
337 OPLS model (Figure 4).

338 Finally, we investigated the relationships between BCI and POP levels. Based on the analysis
339 described above, we would expect negative relationships between BCI and POPs, mainly PCBs, in
340 adults but essentially no relationships in the sub adults. Result for Σ PCBs as a function of BCI is
341 shown in Figure 5 whereas relationships for individual POPs are shown in Supplement Material Table
342 S2. As expected a negative relationship was observed between Σ PCBs and BCI ($p = 0.017$). In total, 9
343 POPs (7 PCBs) were negatively related to BCI in adults, whereas only a single PCB-congener was
344 negatively related to BCI in the sub adults.

345

346 4. Discussion

347 4.1 Regulation of the polar bear life cycle by steroid hormones

348 The present study clearly demonstrates that important endocrinological processes take place when
349 polar bears are growing into adulthood around the age of 5-6 years. At the onset of puberty,
350 increased androgen action is responsible for the development of a sexual dimorphism such as
351 differences in the skeleton and muscles between sexes (Tipton 2001; Wiren 2005; Bechshøft et al
352 2008; Clarke and Khosla, 2009; Thakur 2016). This may be caused by lower aromatase activity in
353 males, thus changing the ratio between estrogens and androgens. This profoundly affects body
354 growth. Interactions between androgens and biometrics such as body mass (BM) and body condition
355 may therefore be expected. Saksena and Lau (1979) found serum estrogens to decrease in male rats
356 when developing from sub adults to adults. However, DHT concentrations found in prepubertal male

357 rats did not change markedly after sexual maturation ([Saksena and Lau, 1979](#)), which is in
358 accordance with the present study.

359 Testosterone and DHT may be produced by two different pathways, i.e. the Δ -4 pathway proceeding
360 from PRO via AN to TS and DHT, and the Δ -5 pathway proceeding from PRE via DHEA to either of the
361 two TS precursors ADIOL and AN. The “choice” of pathway appears to be species specific. For
362 example, humans and dogs appear to be Δ -5 species ([Nieschlag and Behre, 2004](#); [Sonne et al. 2014](#)),
363 whereas the rat and perhaps also the hyena (*Crocuta crocuta*) seem to be Δ -4 species ([van Jaarsveld](#)
364 [and Skinner, 1991](#); [OECD 2011](#)). In the present study, high levels of AN was found in the serum of
365 polar bears. This is in accordance with previous studies on female polar bears from Svalbard
366 ([Gustavson et al. 2015 a,b](#)) and East Greenland ([Styrishave et al. 2016](#)) and indicates that the polar
367 bear is a Δ -4 species. Androstenedione is a weak androgen with low affinity for the AR and no known
368 function in male mammals. Its major biological function is presumably a downstream conversion to
369 the more potent steroids TS and DHT ([Nieschlag and Behre, 2004](#)). Female bears are assumed to
370 have induced ovulation ([Boone et al 1998; 2004](#)) and polar bears have a seasonal breeding pattern.
371 Consequently, high AN concentrations could potentially serve as a readily available reservoir for sex
372 steroid production during encounter with the opposite sex during breeding season.

373 Several studies on polar bears have measured TS concentrations in circulating plasma. When
374 presented on a ng/mL basis, the TS concentration in the adult polar bears sampled in April in the
375 current study were around 14 ng/ml. A previous study found an average TS value in polar bears
376 samples collected in April-May in Svalbard of 6.5 ng/ml ([Ropstad et al. 2006](#)). The current study is
377 therefore in good accordance with concentrations reported in previous studies and provides a good
378 indication of the TS levels in Svalbard male polar bears during the breeding season. This level is
379 approximately one order of magnitude higher than the TS levels in male polar bears during autumn
380 (September-November), which were generally below 1 ng/ml ([Palmer et al., 1988](#)), clearly indicating
381 the seasonal breeding pattern of polar bears.

382 The average TS concentration in sub adult male polar bears was 0.80 ng/ml. This is in accordance
383 with another study, which found average TS levels in sub adult polar bears from Svalbard to be 1.0
384 ng/ml in April-May ([Oskam et al., 2003](#)). The TS concentration in sub adults is similar to the average
385 level (0.6-1.7 ng/ml) reported in adult male polar bears off breeding season in May-October ([Howell-](#)
386 [Skalla et al., 2002](#)). The seasonal changes observed in adults do not occur in immature individuals,
387 since the seasonal changes in TS concentrations are connected to the breeding season ([Howell-Skalla](#)
388 [et al., 2002](#)).

389 The progestagens, and in particular the estrogens, were only found in low concentrations in male
390 polar bears. This is not surprising since these steroids are feminising steroids, which are also found in
391 low concentrations in other mammalian males, including humans (Merlotti et al 2011). However,
392 estrogens may have some relevance in male sexual development. For instance, male fertility has
393 been reported as being impaired in mice lacking the ER and the aromatase (O'Donnell et al., 2001).
394 This includes loss of testicular germ cells, reduced number of sperm, and various degrees of general
395 infertility.

396

397 4.2 Interactions between steroids and POPs

398 The levels of PCBs and OH-PCBs have been reported to decrease in Svalbard polar bears, but are still
399 high enough to be of concern (Bytingsvik et al. 2012a). The negative relationship between Σ PCBs and
400 BCI shown in Figure 5 indicates that these POPs may still have a negative impact on male polar bear
401 health depending on their condition, and thus particularly in years with little sea ice, when the bears
402 may have low access to food, and thus a low BCI. Furthermore, a recent study shows that emerging
403 contaminants such as perfluoroalkyl substances may affect polar bear physiology (Pedersen et al.,
404 2015) which may add to the negative consequences of climate changes and legacy POPs.

405 The mechanism by which PCBs and their hydroxylated metabolites affect steroid hormone
406 production is not entirely known. Studies indicate an inhibition of the enzyme that performs the
407 conversion of progestagens into androgens, i.e. the CYP17-hydroxylase. In female polar bears from
408 Svalbard, Haave et al (2003) observed increased plasma progesterone levels with increasing Σ PCB
409 concentrations. Also, possible inhibition of CYP17 was found in studies on male adult rats exposed to
410 PCB mixtures (Andric et al., 2000; Murugesan et al., 2005, 2008). In addition, possible inhibitions of
411 CYP₁₇, 3 β -HSD and 17 β -HSD by PCBs were reported (Andric et al., 2000; Murugesan et al., 2005,
412 2008). A study conducted by Han et al. (2010) found similar indications when exposing rats to PCB-
413 126 and PCB-114. In that study, the transcription and translation levels of CYP17 and P450₁₇ were
414 significantly reduced in groups exposed to PCBs. In female polar bears from Svalbard, circulating
415 steroid levels of PRE and AN were negatively associated with OH-PCBs (Gustavson et al 2015a)
416 indicating that OH-PCBs may interfere either with CYP17 and/or P450₁₇. It is therefore possible that
417 PCBs may affect the top part of the steroidogenesis, thereby decreasing circulating sex steroids
418 levels and, in turn, affecting basic physiology and condition.

419 Both BDE-47 and BDE-154 appeared to negatively affect DHT levels in male polar bears. However,
420 both BDE-47 and BDE-154 has been banned from the European Union Market since 2004 (European

421 [Union, 2003](#)), and concentrations are assumed to be on the decrease. Furthermore, in a study by
422 Sørmo et al. (2006) neither BDE-47 nor BDE-154 was found to accumulate in polar bears, indicating
423 that polar bears are able to metabolize most BDEs. This was supported by de Wit et al. (2010) where
424 most PBDEs were found in lower concentrations in polar bears than in ringed seals, indicating
425 biotransformation differences between the two species. Moreover, Ikonomou et al. (2005) reported
426 stagnation and decreased PBDE levels from 2000 to 2003 in Canadian Arctic ringed seal blubber. In
427 summary, this indicates that these PBDEs may presently be less problematic for male polar bear
428 reproduction than the PCBs and their hydroxylated metabolites ([Dietz et al., 2015](#)).

429 Among the pesticides, HCB was found to be the most abundant contaminant in the sampled polar
430 bears. This agrees with previous studies on Svalbard polar bears ([Bernhoft et al., 1997](#)). HCB was
431 found to have a negative effect on the DHT concentration in the present study. Sonne et al. (2006)
432 reported inverse relationships for baculum and testis size with HCB concentrations in male polar
433 bears from East-Greenland. A decrease in testis size may further lead to reduce sperm quality due to
434 testicular dysfunction ([Sonne et al., 2006](#)). Steroid hormone levels were not measured in the Sonne
435 et al (2006) study, and a direct correlation between the reductions in reproductive organs and
436 decreased steroid hormone concentrations can therefore not be made. However, both TS and DHT
437 are produced in the testis and stimulate development of reproductive organs, such as penis, scrotum
438 and prostate gland ([Sundaram et al., 1995](#); [Shabsigh, 1997](#); [Hill et al., 2008](#)). In addition, DHT has
439 been found to be the active androgen in maintaining erectile function in the male rat penis
440 ([Shabsigh, 1997](#)). A decrease in androgen levels, especially in TS and DHT concentrations, due to HCB
441 exposure may therefore cause severe harm to the reproductive functions in male polar bears.

442

443 **4.3 Are effects of body condition and POPs on androgens causing a flank attack on polar bears?**

444 The present study demonstrates that TS is closely related to body size, body mass, and body
445 condition in male polar bears. This is supported by Oskam et al (2003) who found axial girth to be
446 the most important biological variable in male polar bears for explaining the variation in TS
447 concentrations. Evidently, since TS stimulates the growth of non-reproductive tissue such as bones
448 and muscles, this will increase body size parameters in male polar bears.

449 During summer (June-August) and early autumn, polar bears have limited access to sea ice and thus
450 also limited access to their favourite prey, seals ([Stirling and Derocher 2012](#); [Derocher et al 2013](#)).

451 During this period, polar bears therefore rely on body reserves for energy ([Cherry et al. 2009](#)).

452 Temperature increases, due to climate change, causes early sea ice breakup, thereby prolonging the

453 polar bears fasting period due to less access to hunting grounds (Gagnon and Gough, 2005; Stirling
454 and Derocher, 2012; Jenssen et al 2015). The rate of sea ice loss has been particularly high in the
455 Barents Sea area (Laidre et al. 2015). This prolonged starving period may, in turn, exert negative
456 effects on body condition and thus perhaps also on steroid hormone homeostasis, since the results
457 in the present study showed that TS was positively associated with body mass (BM) and BCI. This
458 may have serious implications for polar bear growth and reproduction, but the individual and
459 population consequences are not known. Thus, we speculate that increasing periods of starvation
460 may decrease body condition and thereby TS levels. This may cause decreased growth in secondary
461 male sex characteristics, such as bone mass, and may also affect fertility and reproduction. Future
462 studies on polar bear body condition, in relation to environmental impacts and climate change,
463 should therefore also include investigations into steroid hormone balance.

464

465 In target cells, including gonads, bone, muscle and brain, TS may undergo transformation into DHT
466 by the 5 α -reductase. Both TS and DHT exert their function in target tissues by binding to the AR,
467 however DHT binds stronger than TS (Hill et al., 2008; Kovacs, 2012). In bone, DHT has been shown
468 to stimulate osteoblast proliferation and plays a key role in sexual dimorphism and development and
469 maintenance of male secondary sex characteristics (Clarke and Khosla, 2009). The possible negative
470 relationships between DHT and POPs are therefore a cause for concern. The results indicate that in
471 polar bears there may be combined, or interacting, effects of climate change induced reduction in
472 body mass due to prolonged fasting and a consequent reduction of TS, which again may affect DHT
473 concentrations.

474 A combined effect of several anthropogenic stressors, such as climate change and pollutant
475 exposure has previously been suggested, and been referred to as an anthropogenic 'flank attack',
476 indicating that there are multiple anthropogenic threats to polar bears and wildlife (Jenssen 2006;
477 Jenssen et al. 2015). The combined effects of body condition and POPs on androgens, indicates that
478 the polar bear 'flank attack' scenario suggested by Jenssen et al (2015) is not unrealistic. This
479 hypothesis is further supported by the negative relationship between Σ PCBs and BCI shown in Figure
480 5. The negative relationship may result from PCBs being released to the blood stream during periods
481 of starvation where the blubber is degraded. The effect of climate change may therefore be a poorer
482 body condition and endocrine tissues being exposed to higher POP levels. Consequently, polar bear
483 endocrinology should certainly be a part of future studies on the impact of POPs and climate
484 changes on polar bear health.

485

486 **5. Conclusion**

487 The present study found significant interactions between POPs, steroid hormones, and biometry of
488 male polar bears from Svalbard. In particular, the major androgen TS appeared to be influenced by
489 biometrics such as body condition in adult polar bears. The other major masculinising steroid DHT
490 was significantly negatively influenced by POPs. The study also shows that PCBs and the
491 hydroxylated PCB metabolites are the chemicals exerting the greatest influence on polar bear
492 endocrinology when compared to PBDEs, and OCPs. Based on these findings, the 'flank attack'
493 hypothesis may be worth testing further, as climate change is assumed to continue. Further studies
494 should include physiological and endocrinological end-points, focusing on determining how POPs
495 and climate change affects the ability of polar bears to adapt to a changing environment.

496

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505

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668

Table 1. Ordinal date (day of sampling from 1-366), latitude, longitude, age and biometric variables of adult (n=17) and subadult (n=6) male polar bears from Svalbard sampled in April 2008.

Variable		Mean	SD	Median	Min	Max
Ordinal date (1-366)	Adults	107	5.6	104	98	115
	Subadults	102	4.8	100	98	111
Latitude (°N)	Adults	78.73	1.18	79.01	76.72	80.62
	Subadults	79.62	1.29	80.19	77.02	80.27
Longitude (°E)	Adults	17.48	3.26	18.03	12.60	23.70
	Subadults	19.08	2.60	18.00	16.60	23.81
Age (years)	Adults	13	4.2	13	6	21
	Subadults	3	0.5	3	3	4
Contour body length (cm)	Adults	248	11.5	245	231	266
	Subadults	210	26.6	202	179	257
Straight body length (cm)	Adults	232	11.1	232	214	252
	Subadults	198	26.6	191	170	246
Axial girth (cm)	Adults	152	15.4	153	127	176
	Subadults	123	17.9	116	110	157
Head length (mm)	Adults	399	20.0	399	358	439
	Subadults	356	29.5	349	321	403
Zygomatic width (mm)	Adults	254	21.0	257	215	288
	Subadults	203	34.0	197	174	267
Estimated body mass (kg)	Adults	390	86.2	408	255	539
	Subadults	225	111	179	145	442
Body condition index	Adults	-0.057	0.651	-0.032	-1.174	1.284
	Subadults	-0.546	0.345	-0.533	-0.997	-0.136

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672 Table 2. The sums of organochlorine pesticides, PCBs (also presented as poly-ortho PCBs and mono-
 673 ortho PCBs separately), OH-PCBs, PBDEs and the total load (total sum of all the contaminant
 674 concentrations) in plasma samples of adult (total n=17) and subadult (total n=6) male polar bears
 675 from Svalbard sampled in April 2008. The number of individual contaminants is given in brackets.
 676 Differences between adults and subadults were tested with Mann-Whitney U test; * <0.05.

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Variables	Mean (nmol/L)		SD (nmol/L)		Median (nmol/L)		Min (nmol/L)		Max (nmol/L)	
	Adult	Subadult	Adult	Subadult	Adult	Subadult	Adult	Subadult	Adult	Subadult
ΣOCPs and OCP metabolites* (8)	13.75	23.49	8.96	10.02	9.98	25.19	5.06	10.40	36.8	37.8
Σpoly-ortho PCBs (13)	120.6	144.7	72.37	72.29	96.07	112.9	42.2	83.1	340.9	244.9
Σmono-ortho PCBs (8)	7.89	7.08	4.12	2.77	6.71	6.18	3.85	4.84	18.3	12.3
ΣPCB (21)	128.5	151.8	74.36	74.66	100.4	118.7	53.35	88.30	355.5	257.2
ΣOH-PCBs (8)	208.2	294.0	107.3	140.9	186.4	241.6	85.01	142.2	432.0	475.9
ΣPBDEs (2)	0.366	0.568	0.189	0.260	0.288	0.499	0.158	0.213	0.819	0.928
Total load (39)	338.5	420.8	170.7	223.0	305.2	404.2	97.7	142.8	660.2	701.6

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Table 3. Lipid and cholesterol content in plasma and steroid hormone levels in serum, respectively, of adult (total n=17) and subadult (total n=6) male polar bears from Svalbard. Only detectable values were included in the calculations. d: detection frequency (number of individuals with detectable levels). Differences between adults and subadults were tested with Mann–Whitney U test; * <0.05, ** <0.01.

		d	mean	sd	median	min	max
Lipid content (%)	Adults	17	0.844	0.181	0.83	0.56	1.22
	Subadults	6	1.11	0.314	1.11	0.74	1.5
Cholesterol (mmol/L)	Adults	17	6.47	1.21	6.5	3.9	8.3
	Subadults	6	7.85	2.36	7.35	5.1	11.5
Androstenedione** (nmol/L)	Adults	17	76.5	63.8	50.5	11	215
	Subadults	6	18.3	15.4	12.6	6.97	47.8
Dehydroepiandrosterone (nmol/L)	Adults	16	2.17	2.32	1.28	0.337	9.07
	Subadults	6	0.715	0.237	0.711	0.476	1.11
Dihydrotestosterone (nmol/L)*	Adults	16	0.922	0.537	0.868	0.181	2.31
	Subadults	6	0.408	0.272	0.444	0.076	0.725
Testosterone** (nmol/L)	Adults	14	47.3	35.3	46.7	4.07	111
	Subadults	6	2.8	3.44	1.33	0.035	8.38
Estrone (nmol/L)	Adults	11	0.435	0.356	0.317	0.081	1.05
	Subadults	5	2.85	3.36	0.48	0.324	6.86
α-Estradiol (nmol/L)	Adults	7	0.18	0.141	0.112	0.082	0.453
	Subadults	3	0.305	0.283	0.193	0.096	0.626
β-Estradiol (nmol/L)*	Adults	17	0.056	0.041	0.045	0.011	0.166
	Subadults	6	0.98	1.89	0.184	0.051	4.82
Pregnenolone* (nmol/L)	Adults	17	1.22	0.527	1.14	0.672	3.09
	Subadults	6	1.97	0.829	1.85	1.08	3.02
Progesterone (nmol/L)	Adults	7	1.37	1.73	1.23	0.133	5.08
	Subadults	0					

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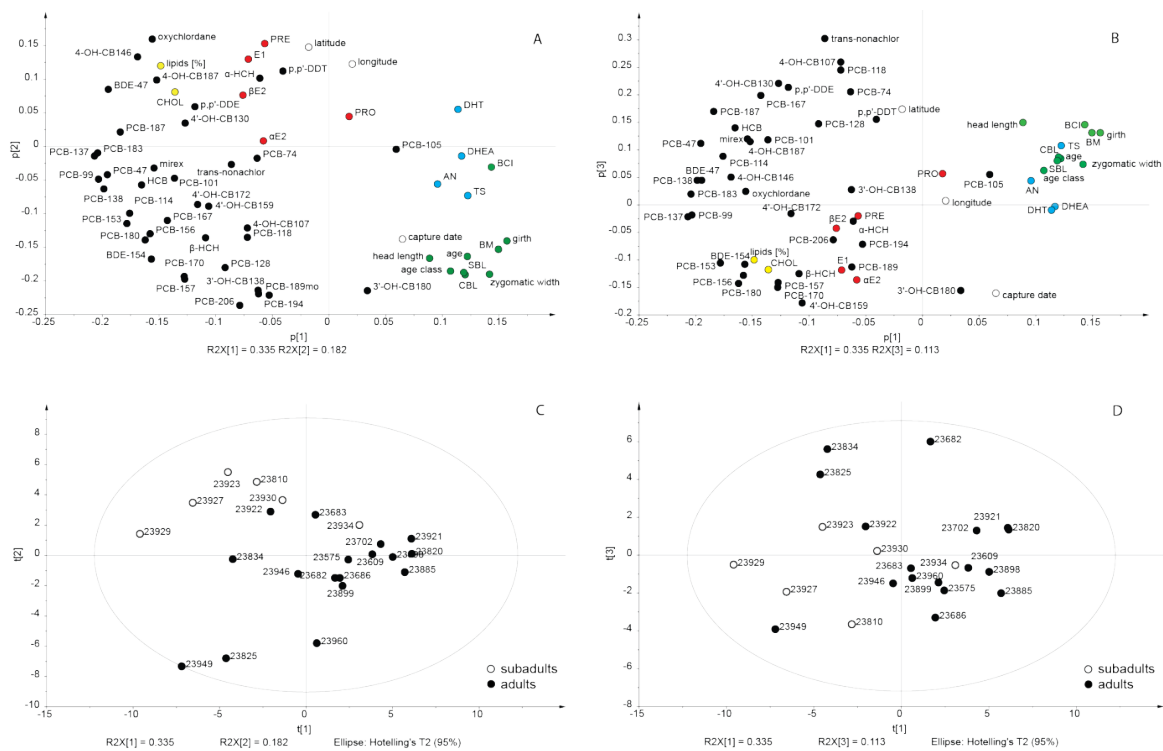
688 **Table 4:** Significant correlations (Spearman's rank correlation test) between TS and DHT and
 689 contaminants, other steroid hormones and biometry in adult and subadult male polar bears (n=23)
 690 from Svalbard.

Steroid	Correlation group	Correlated variables	Correlation coefficient (r)	Significance level (p)	
TS	Biometrics	Age	0.789	0.000	
		Girth	0.721	0.000	
		BCI	0.687	0.000	
		BM	0.618	0.002	
		Zygomatic width	0.595	0.003	
		Head length	0.421	0.045	
	POPs	4-OH-CB146	-0.588	0.005	
		Mirex	-0.561	0.005	
		PCB-137	-0.490	0.018	
		PCB-183	-0.489	0.018	
		p,p'-DDT	-0.489	0.018	
		PCB-180	-0.483	0.020	
		Oxychlorane	-0.452	0.031	
		PCB-187	-0.450	0.031	
		4-OH-CB187	-0.462	0.035	
		BDE-154	-0.414	0.050	
		Steroids	AN	0.653	0.001
			DHEA	0.567	0.005
			E1	-0.527	0.010
			aE2	-0.480	0.020
DHT	POPs	PCB-167mo	-0.688	0.000	
		PCB-47	-0.637	0.001	
		PCB-187	-0.597	0.003	
		PCB-137	-0.593	0.005	
		PCB-99	-0.570	0.005	
		PCB-183	-0.568	0.005	
		PCB-138	-0.557	0.006	
		PCB-101	-0.546	0.007	
		PCB-114mo	-0.540	0.008	
		HCB	-0.540	0.008	
		PCB-153	-0.533	0.009	
		PCB-105mo	-0.517	0.012	
		BDE-47	-0.516	0.012	
		mirex	-0.512	0.013	
		4-OH-CB146	-0.530	0.013	
		BDE-154	-0.507	0.014	
		PCB-128	-0.506	0.014	
		PCB-180	-0.484	0.019	
		oxychlorane	-0.481	0.020	
		PCB-170	-0.477	0.021	
	p,p'-DDE	-0.474	0.022		
	4'-OH-CB130	-0.481	0.027		
	4-OH-CB107	-0.449	0.041		
Location	longitude	0.436	0.037		

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693 Figure 1. PCA loading plots (A and B) and score plots (C and D) based on contaminant levels in
694 plasma (X's), biometrics (X's) and steroid hormone concentrations in serum of adult and subadult
695 male polar bears from Svalbard (Y's). A: Loadings in PC1/PC2 dimension. B: Loadings in PC1/PC3
696 dimension. C: Scores for PC1/PC2 dimension. D: PC1/PC3 dimension. Symbols in A and B: Black,
697 POPs. Open circles, geographical position and capture date. Green, biometrics. Yellow, lipids and
698 cholesterol. Red, estrogens and progestagens. Blue, androgens.



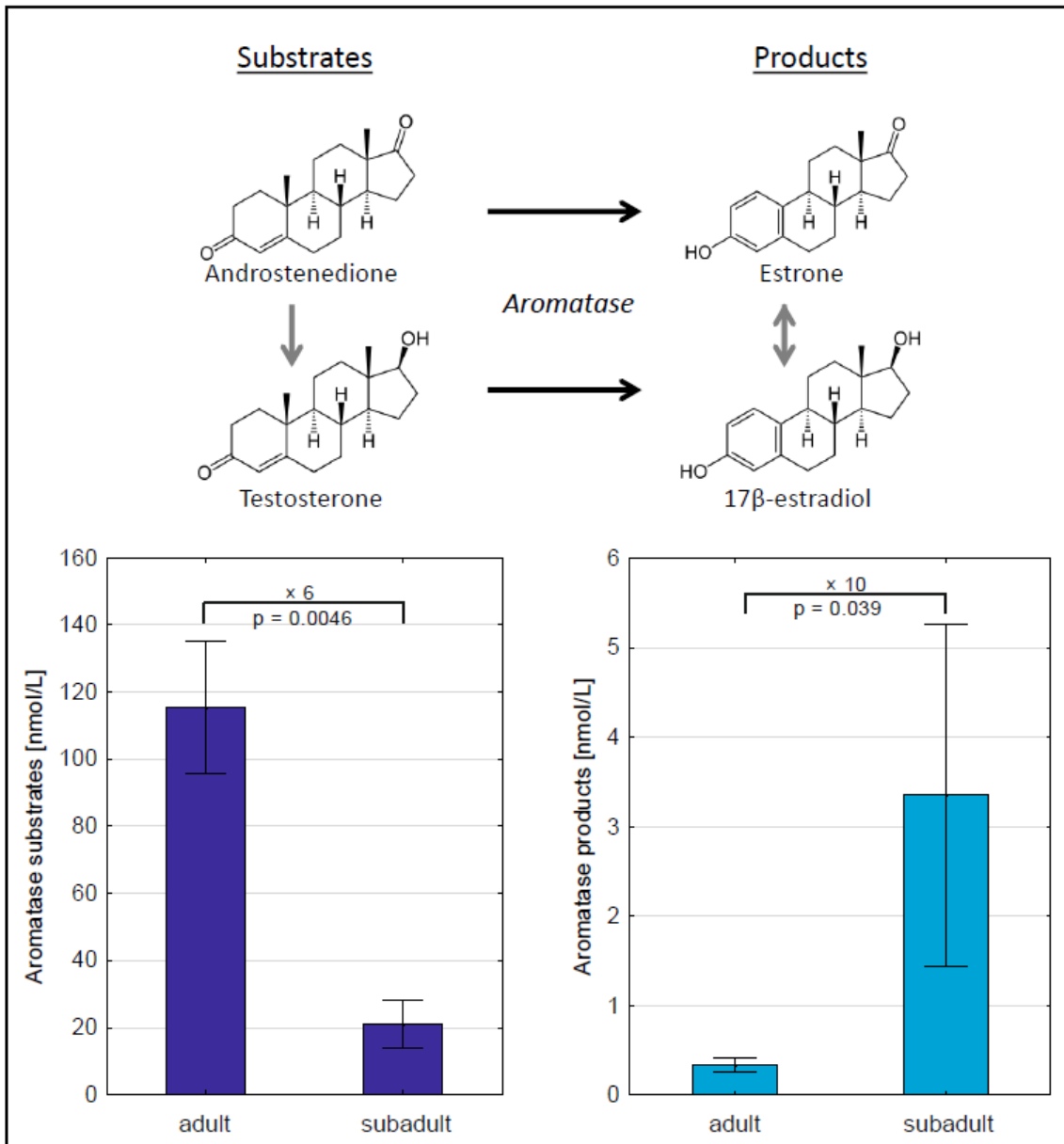
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702 Figure 2: Aromatase substrates (AN + TS: dark blue bars) and aromatase products (E1 + β E2: light
703 blue bars) in adult (n = 17) and subadult (n = 6) male polar bears from Svalbard sampled in 2008.
704 Ages of subadults were 3-4 years, whereas the age of the adults ranged from 6-21 years. Enzymatic
705 reactions catalysed by the aromatase are shown with black arrows.

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Figure 3: Serum TS and DHT levels (nmol/L) as a function of BCI in adult (n = 17) and subadult (n = 6) male polar bears from Svalbard. Closed symbols: adults. Open symbols: subadults.

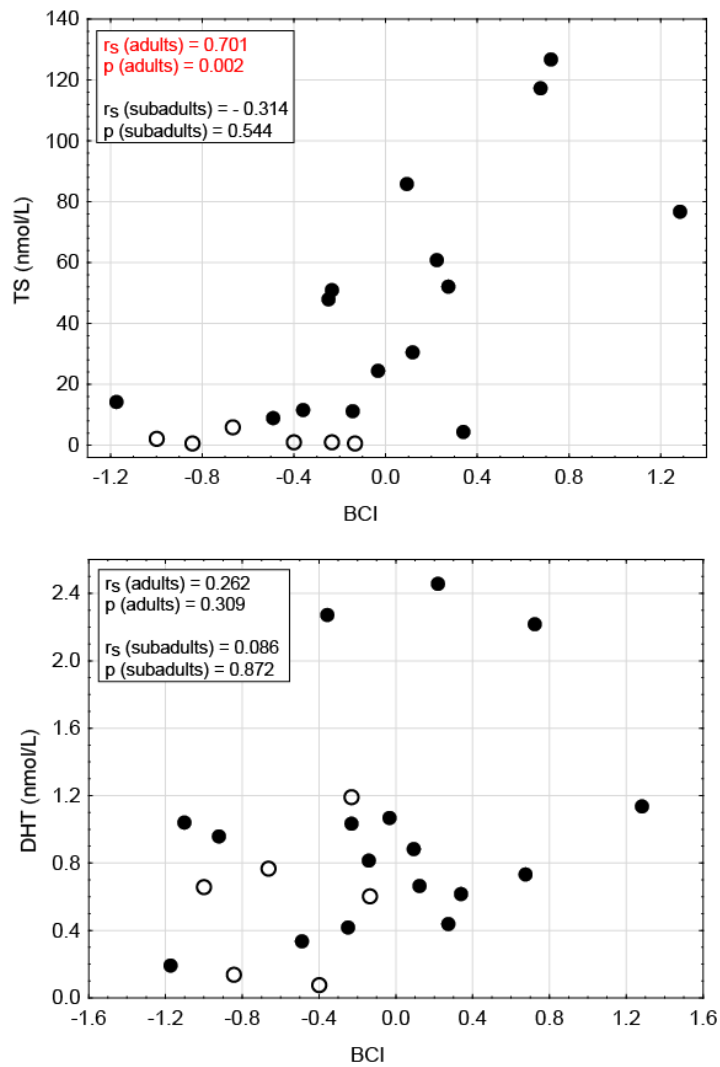
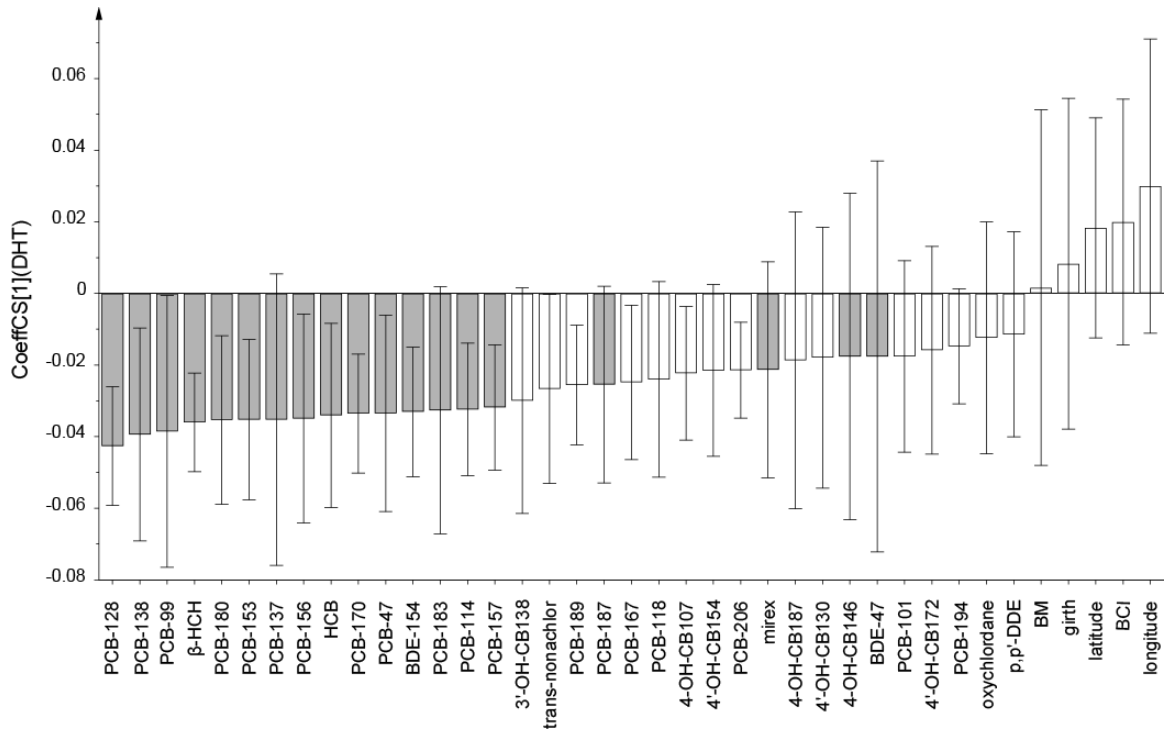


Figure 4. OPLS regression coefficient plot summarizing the relationships between X-variables and DHT for adult male polar bears (n = 17). The whiskers represent the 95% confidence interval, and crossing of the zero-line indicates lack of significance. Variables with VIP > 1 are presented in grey.

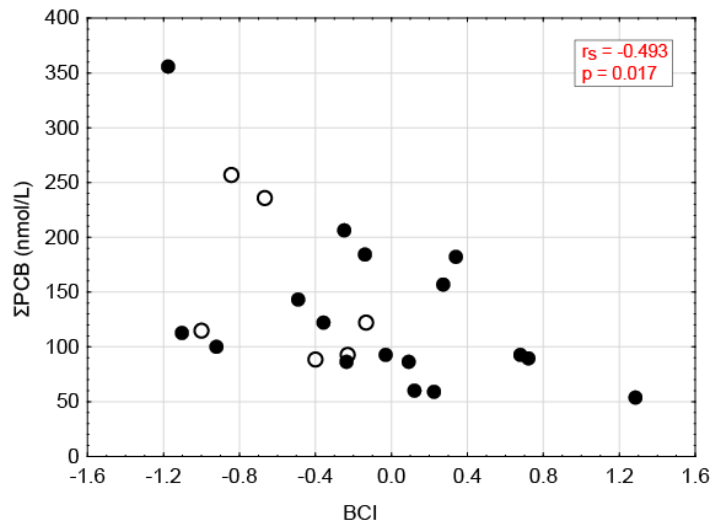


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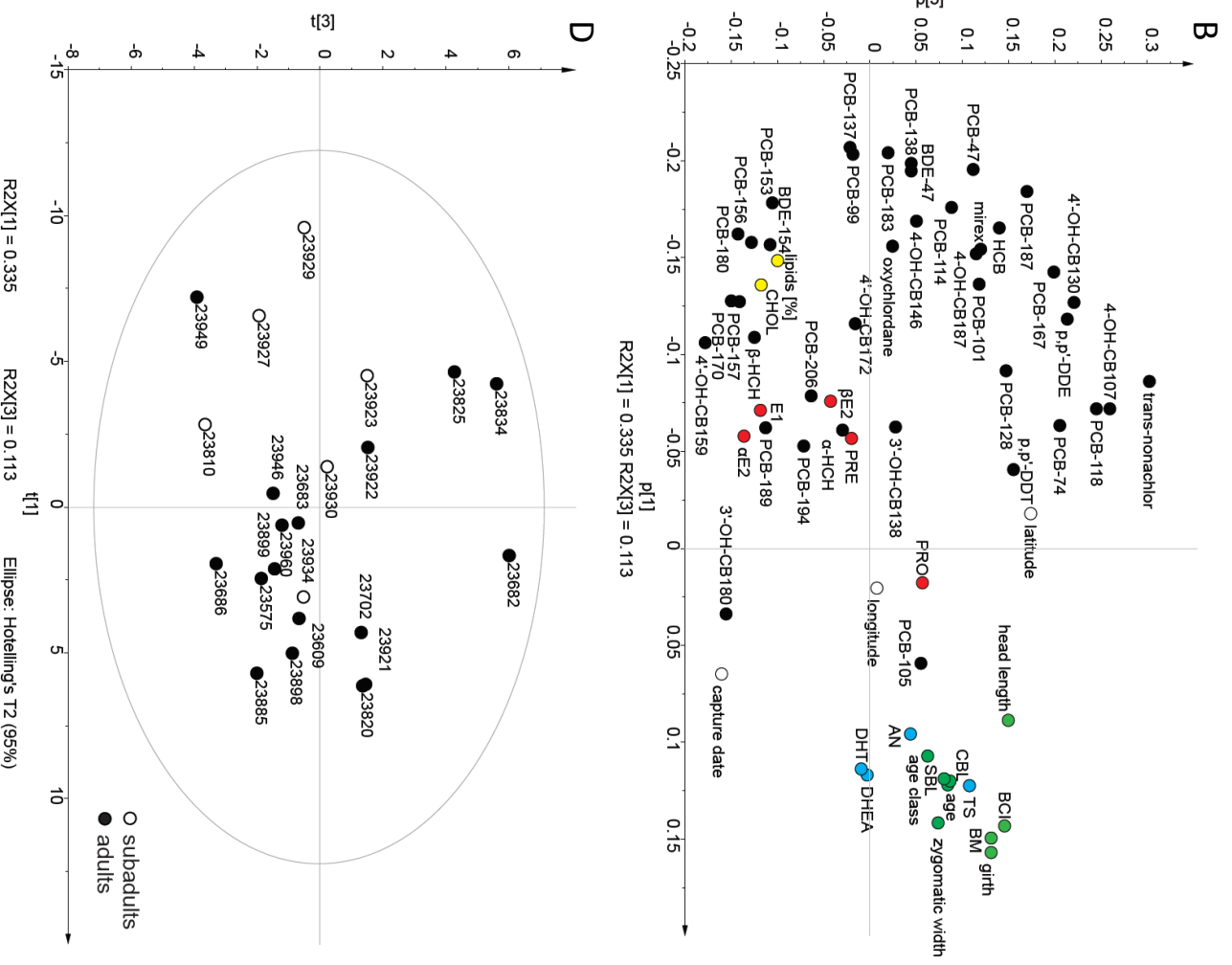
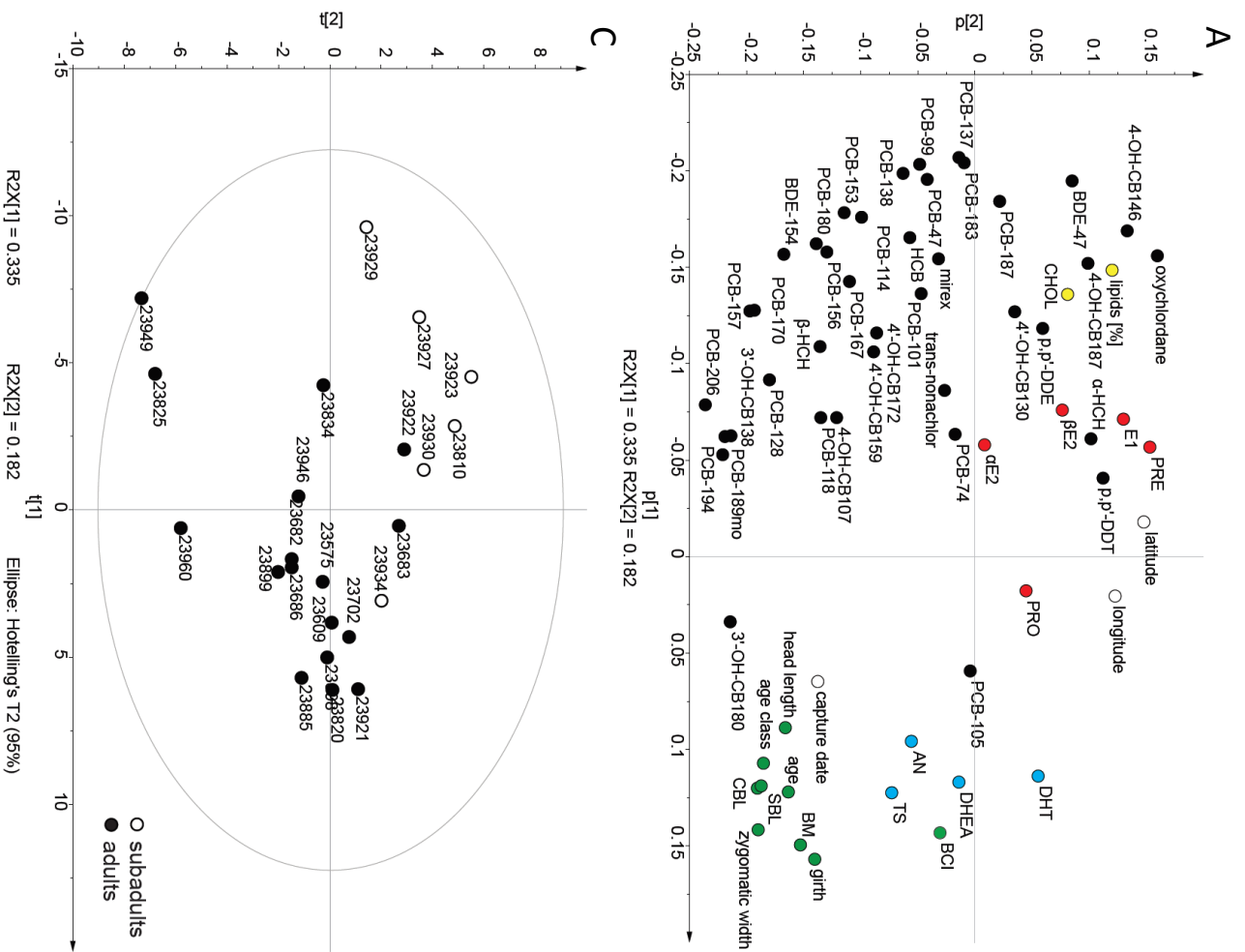
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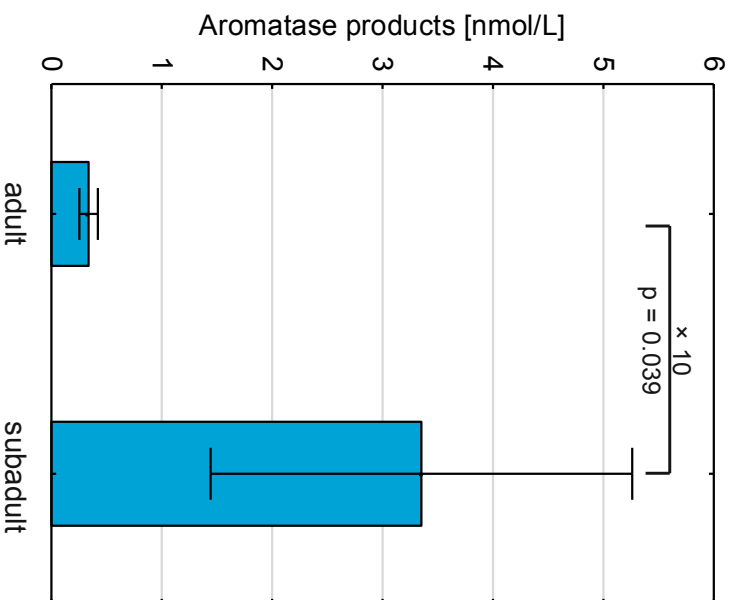
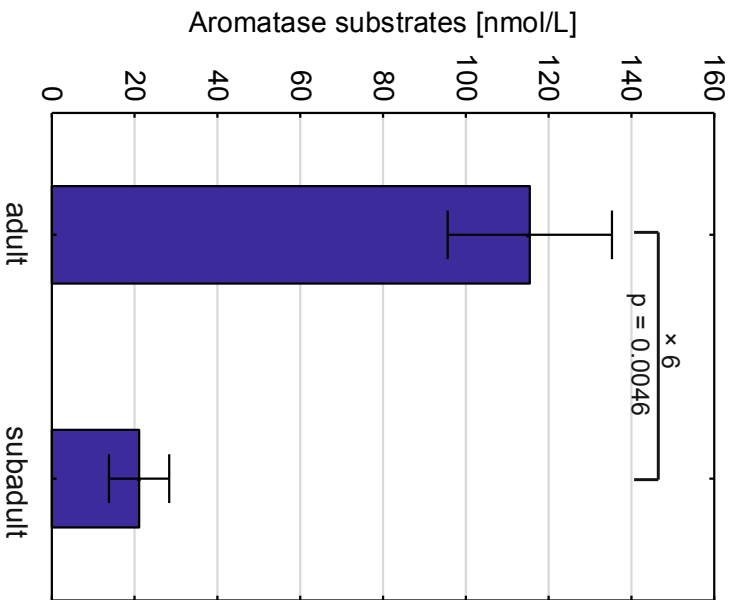
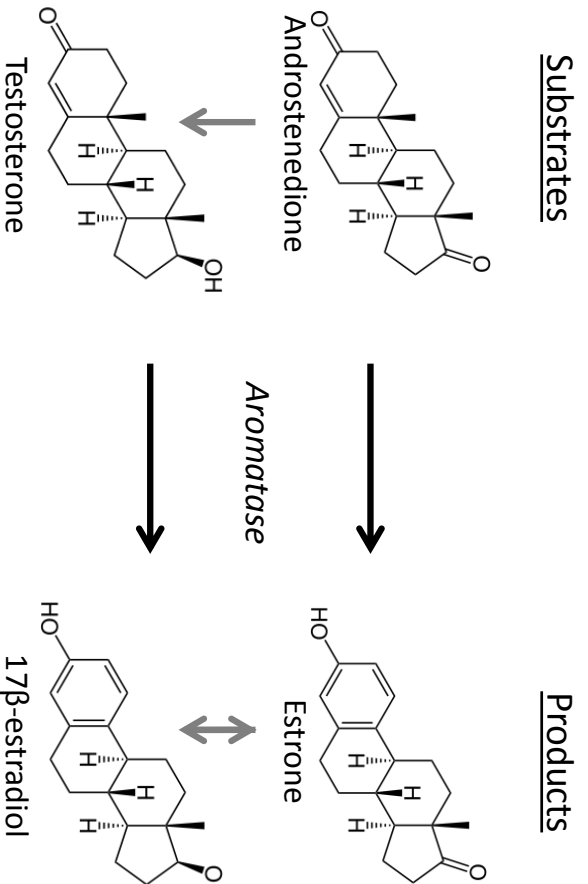
Figure 5: Σ PCBs (nmol/L) as a function of body condition index (BCI) in male polar bears from Svalbard (n = 23). Closed symbols: adults. Open symbols: subadults.

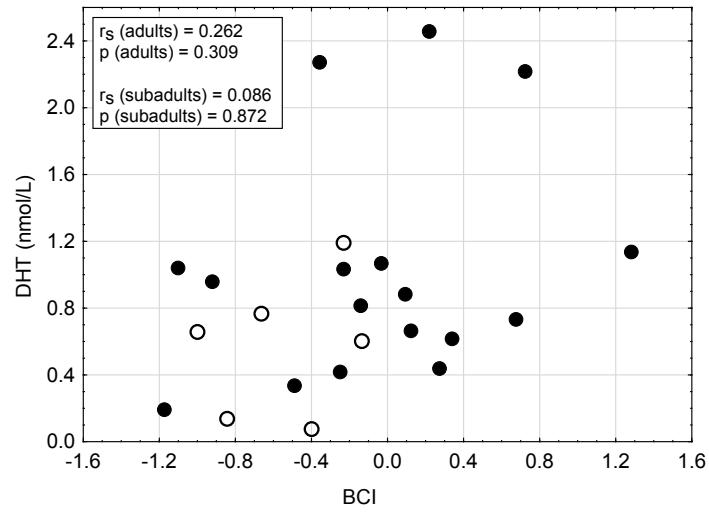
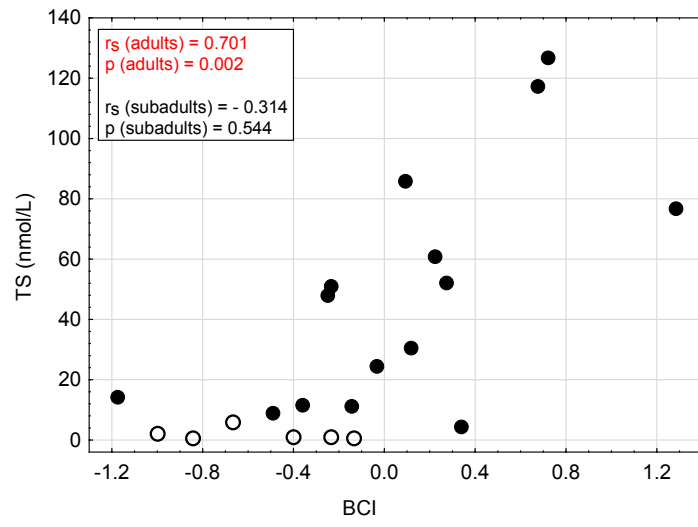


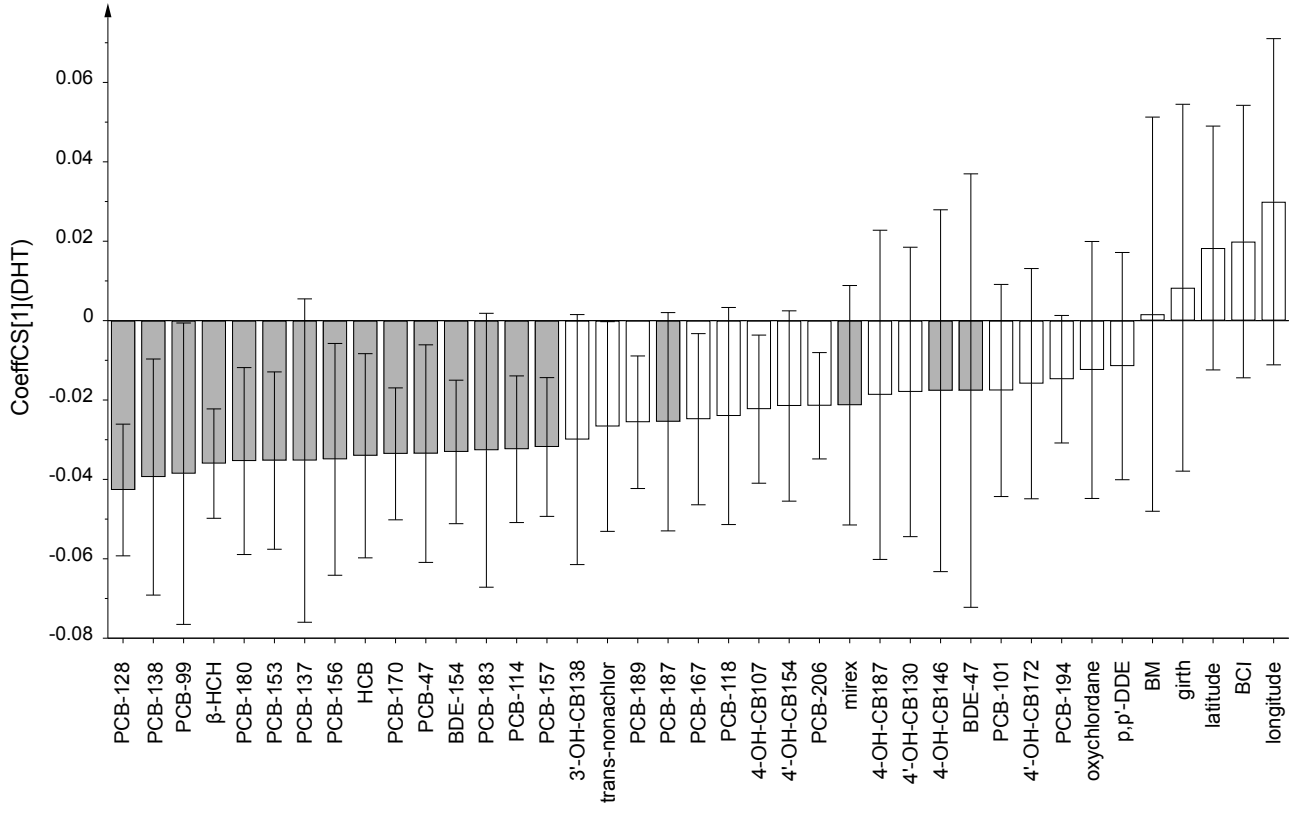
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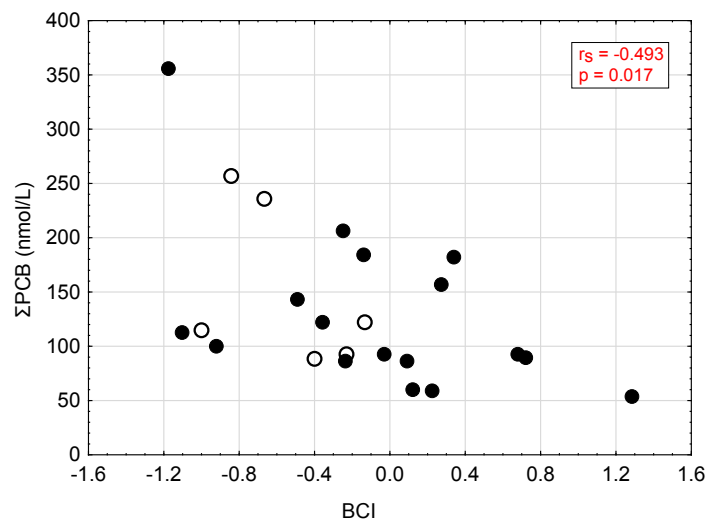
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Relations between steroids and POPs in blood and biometrics were investigated in male polar bears

The androgen/estrogen ratio was approximately 60 times higher in adult than in subadult males

Testosterone was positively related to biometrics such as body condition index

Dihydrotestosterone was negatively related to POP levels

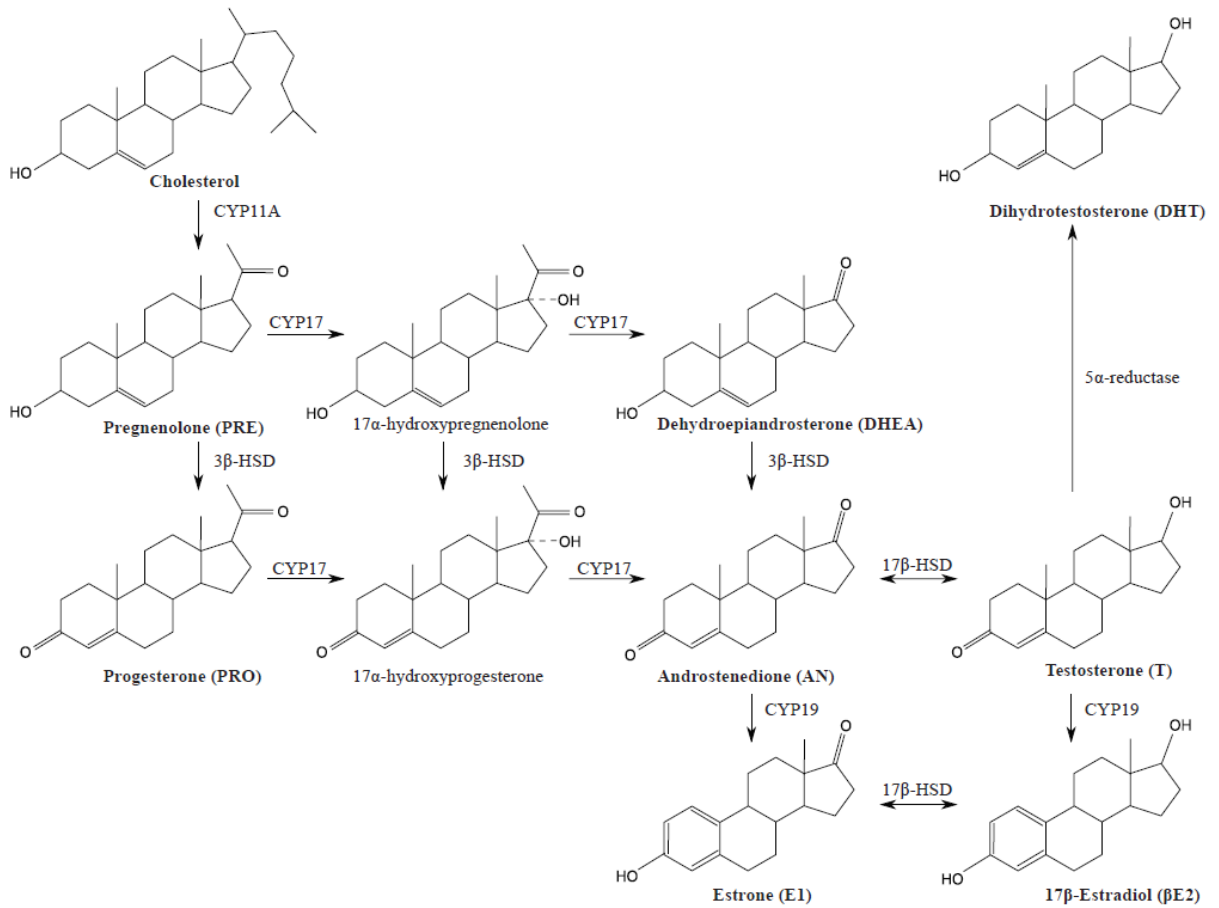
Body condition and POPs significantly affect blood steroid levels in male polar bears

Supplement Material to the manuscript:

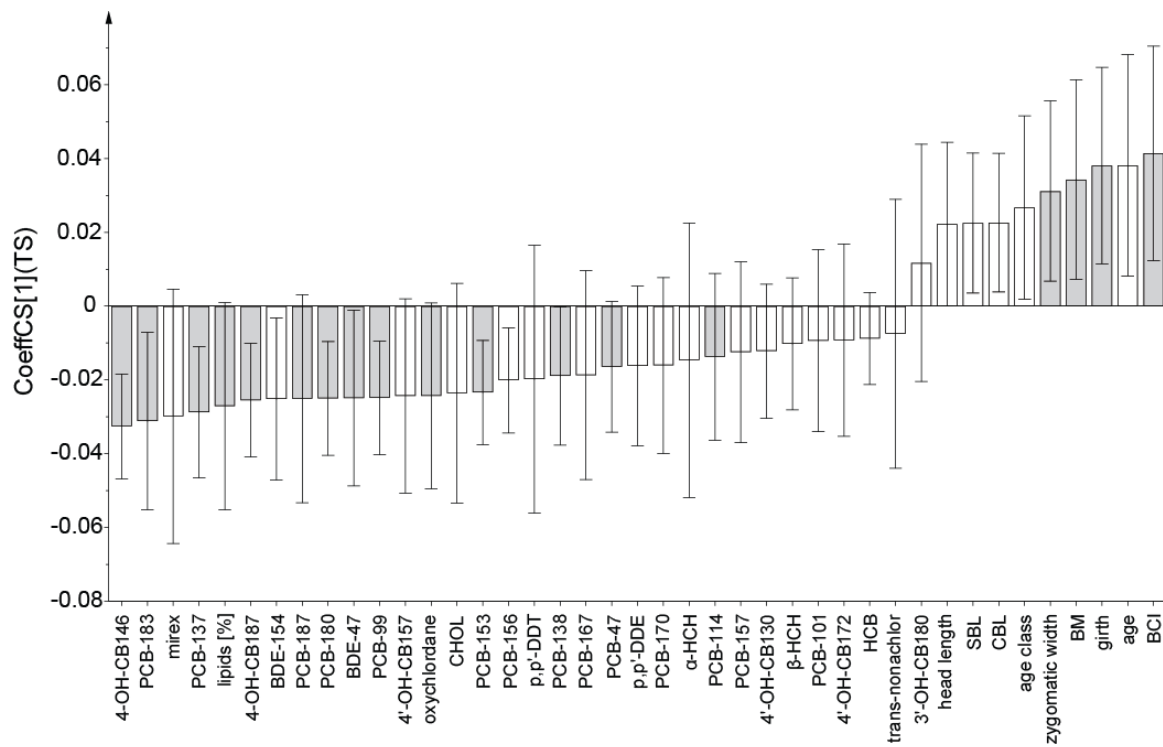
Relationships between POPs, biometrics and circulating
steroids in male polar bears (*Ursus maritimus*) from Svalbard

Tomasz M Ciesielski, Ingunn Tjelta Hansen, Jenny Bytingsvik, Martin Hansen, Elisabeth Lie, Jon Aars,
Bjørn M Jenssen, Bjarne Styrishave

Supplement Figure S1: Overview of the relevant steps in the steroidogenesis



Supplemental material Figure S2: OPLS regression coefficient plot summarizing the relationship between X-variables and TS for all males (17 adults and 6 subadults). The whiskers represent the 95% confidence interval, and crossing of the zero-line indicates lack of significance. Variables with VIP > 1 are presented in grey.



Supplement Material table S1: PCB, OH-PCB, pesticide and PBDE concentrations in plasma from adult (total n = 17) and subadult (total n = 6) male polar bears from Svalbard. SD: Standard deviation.

Variable	Mean (nmol/L)		SD (nmol/L)		Median (nmol/L)		Minimum (nmol/L)		Maximum (nmol/L)		N	
	Adult	Subadult	Adult	Subadult	Adult	Subadult	Adult	Subadult	Adult	Subadult	Adult	Subadult
PCBs												
PCB-47	0.56	0.89	0.49	0.63	0.38	0.79	0.12	0.29	1.69	2.01	17	6
PCB-74	0.37	0.36	0.12	0.02	0.35	0.36	<0.22	0.33	0.66	0.40	15	6
PCB-99	8.11	12.11	5.02	7.09	6.99	10.71	2.15	5.25	20.81	23.23	17	6
PCB-101	0.27	0.29	0.08	0.07	0.25	0.27	<0.19	<0.19	0.39	0.38	10	5
PCB-105	1.20	0.31	3.57	0.04	0.29	0.31	0.10	0.25	15.02	0.36	17	6
PCB-114	0.07	0.08	0.02	0.01	0.07	0.08	0.05	0.06	0.13	0.09	17	6
PCB-118	1.38	1.13	0.79	0.07	1.12	1.12	0.76	1.04	3.85	1.25	17	6
PCB-128	0.18	0.09	0.08	0.04	0.17	0.09	0.07	<0.03	0.29	0.13	11	4
PCB-137	0.73	1.20	0.44	0.74	0.60	1.06	0.24	0.40	1.81	2.26	17	6
PCB-138	8.41	11.65	5.17	7.70	7.77	9.54	2.84	4.30	19.74	23.76	17	6
PCB-153	47.79	60.52	31.06	34.19	38.47	48.01	14.58	26.65	141.66	108.05	17	6
PCB-156	2.16	2.49	1.34	1.87	1.88	1.89	0.42	0.92	5.95	6.03	17	6
PCB-157	2.11	2.16	1.14	0.80	1.83	2.00	0.87	1.23	5.04	3.52	17	6
PCB-167	0.09	0.08	0.04	0.02	0.08	0.07	<0.06	<0.06	0.18	0.11	7	4
PCB-170	15.09	15.20	9.96	5.41	11.75	12.44	5.64	10.55	44.95	22.82	17	6
PCB-180	28.17	33.24	18.73	16.71	22.41	24.74	9.46	19.36	88.40	58.10	17	6
PCB-183	0.60	1.00	0.39	0.71	0.46	0.81	0.15	0.29	1.35	2.06	17	6
PCB-187	0.16	0.29	0.11	0.17	0.12	0.31	0.04	0.10	0.43	0.56	17	6
PCB-189	0.57	0.48	0.39	0.18	0.45	0.45	0.19	0.25	1.43	0.79	17	6
PCB-194	9.25	7.29	4.74	2.51	7.17	6.82	4.11	4.55	20.43	11.36	17	6
PCB-206	1.39	1.01	0.63	0.33	1.15	0.96	0.86	0.64	2.85	1.52	17	6
OH-PCBs												
4-OH-CB107	14.61	12.15	8.99	6.49	10.78	10.86	6.03	5.00	37.95	20.44	16	5
4'-OH-CB130	0.50	0.62	0.26	0.27	0.49	4 0.59	<0.19	<0.23	1.06	0.98	11	4

3'-OH-CB138	3.23	2.11	1.39	0.76	2.97	2.29	1.84	1.27	6.27	3.08	16	5
4-OH-CB146	33.51	66.66	23.66	35.17	24.44	60.94	13.40	18.18	87.06	108.84	16	5
4'-OH-CB159	0.74	0.77	0.37	0.43	0.69	0.67	0.28	0.36	1.64	1.50	16	5
4'-OH-CB172	62.49	68.31	20.87	14.25	71.50	69.89	16.02	51.49	87.34	85.77	16	5
3'-OH-CB180	5.94	2.82	3.45	0.56	4.74	2.63	2.51	2.18	31.80	3.64	16	5
4-OH-CB187	87.24	140.65	70.48	93.04	55.63	111.51	21.09	44.28	248.66	257.91	16	5
Pesticides												
HCB	5.81	7.37	5.17	6.09	4.16	4.81	0.97	1.57	19.98	18.07	17	6
α -HCH	0.09	0.12	0.02	0.06	0.09	0.08	<0.05	0.07	0.14	0.21	14	6
β -HCH	1.04	1.04	0.50	0.48	0.90	0.92	0.35	0.60	2.29	1.63	17	6
Oxychlorthane	4.25	11.29	3.04	5.52	3.13	11.58	1.29	3.04	12.02	18.67	17	6
Trans-nonachlor	1.91	1.20	0.88	0.32	0.97	1.17	0.34	0.88	3.29	1.78	17	6
Mirex	0.14	0.17	0.05	0.05	0.15	0.18	0.04	0.10	0.26	0.23	17	6
p,p'-DDE	0.91	1.65	0.76	0.95	0.50	1.50	0.25	0.54	2.78	2.87	17	6
PBDEs												
BDE-47	0.20	0.39	0.13	0.20	0.15	0.36	0.06	0.10	0.45	0.66	17	6
BDE-154	0.17	0.18	0.10	0.06	0.15	0.14	0.07	0.11	0.44	0.27	17	6

Supplement Material Table S2: Significant correlations (Spearman's rank correlation test) between body condition index and POPs in adult (n = 17) and subadult (n = 6) male polar bears from Svalbard.

Age class	Correlated variables	Correlation coefficient (r)	Significance level (p)
Adults	Mirex	-0.657	0.004
	PCB-183	-0.642	0.005
	PCB-137	-0.583	0.014
	BDE-154	-0.547	0.023
	PCB-156mo	-0.517	0.034
	4-OH-CB146	-0.529	0.035
	PCB-99	-0.500	0.041
	PCB-153	-0.498	0.042
	PCB-138	-0.495	0.043
Subadults	Oxychlorane	-0.828	0.042