

1 **Environmental life cycle assessment of cereal and bread production in**  
2 **Norway**

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15 We assessed the environmental cost of producing bread, as delivered to the consumer,  
16 assuming the use of Norwegian ingredients only. Ten impact categories, including  
17 global warming potential (GWP), were quantified by mixed modelling and life cycle  
18 assessment (LCA). Firstly, we quantified the impacts of growing barley, oats, winter  
19 and spring wheat on 93 farms that were representative of the main cereal production  
20 regions in Norway. We used wide system boundaries, which included all relevant  
21 processes occurring both pre-farm and on-farm. Secondly, we assessed a representative  
22 production chain for bread, including transport, milling, baking and packing processes.  
23 On-farm processes accounted for most of the environmental impact attributable to the  
24 production of bread (e.g. 66 % for GWP). There is thus considerable potential for  
25 environmental improvements through changes in farm management. In total, the GWP  
26 per kg of bread (freshweight) was 0.95 kg CO<sub>2</sub>-equivalent. The environmental footprint  
27 of transport was small.

28

29 Keywords: acidification; carbon stock change; eutrophication; global warming  
30 potential; regional variation

31

### 32 **1. Introduction**

33 Understanding the environmental impacts associated with our food production and  
34 consumption is a prerequisite for identifying pathways towards a sustainable future. The  
35 development of sound and efficient future policies for both greenhouse gas (GHG)  
36 mitigation and other environmental issues, such as eutrophication, acidification and  
37 toxic emissions, requires a solid understanding of the impacts associated with our

38 current activities. Evaluating the environmental footprint of agriculture is, however, a  
39 challenge since production is performed under very diverging conditions. Soil type,  
40 climate and topography may vary greatly both between regions and between farms  
41 within the same region and differences in management and choice of crops and rotations  
42 add to the variation.

43         The traditional way to address environmental challenges in agriculture has been  
44 to focus on a single process, nutrient or pollutant. However, this approach often results  
45 in the alleviation of one environmental problem whilst creating another. In order to  
46 consider the overall environmental impacts of a certain food production system, it is  
47 recommended to include the whole production chain and quantify the various  
48 environmental impacts per unit produced. Life cycle analysis (LCA) is so far the most  
49 developed/well adapted product-oriented assessment method for this purpose (Halberg  
50 et al. 2005).

51         Some LCA studies have been published on the environmental impact of grain  
52 production, particularly on that of wheat for bread production (e.g. Brentrup et al. 2004;  
53 Charles et al. 2006; Berry et al. 2008; Pelletier et al. 2008; Berry et al. 2010; Williams  
54 et al. 2010; Tuomisto et al. 2012), and somewhat fewer on that of cereals produced  
55 mainly for feed concentrates (e.g. Flysjö et al. 2008; Usva et al. 2009). Comparing  
56 results obtained in different studies is, however, not easy. In a recent case study on  
57 cereal production in Eastern Norway, we found that differences in system boundaries  
58 explained a large part of the observed differences between LCA studies in terms of  
59 environmental impacts (Roer et al. 2012). One conclusion of our work (ibid), was that  
60 many studies exclude such impacts as the manufacturing of machinery, buildings, net  
61 changes in soil organic matter, production and use of pesticides and NO<sub>x</sub> loss due to the

62 use of mineral fertilizer. However, all of these activities make significant environmental  
63 impacts and should thus be included in the analyses.

64 Bread has an important position in our diet, but the environmental impact of its  
65 production has been little focussed upon, particularly under Nordic conditions. The  
66 studies of Andersson & Ohlsson (1999) and Grönroos et al. (2006) represent two  
67 exceptions. Considering the continuous changes that occur within the agricultural  
68 sector, resulting from farmers striving to increase their production efficiency and  
69 thereby their income, a LCA, or any environmental study for that matter, should only be  
70 considered valid for a period of just a few years.

71 The objective of this study was two-fold: The first objective was to assess the  
72 environmental impacts from the production of barley, oats, winter and spring wheat on  
73 93 farms (from cradle to farm gate) that represented the main regions for cereal  
74 production in Norway. This assessment should include all pre-farm processes and farm  
75 activities related to conventional grain cultivation, including those that have rarely been  
76 considered previously (as mentioned above). The second objective was to perform an  
77 environmental assessment of the production chain for a loaf of bread, from whole grain  
78 at the farm gate to its point of sale to the consumer. This assessment included transport,  
79 milling, baking and packing processes.

80

## 81 **2. Material and methods**

### 82 ***2.1 Studied objects***

83 In the first part of this study we assessed the environmental impact associated with the  
84 production of cereals in the main cereal production areas in Norway, using a selection  
85 of the farms presented by Bonesmo et al. (2012). Focussing on GHG emissions

86 intensities and gross margins at the farm level, the latter authors used data from the  
87 Norwegian Farm Accountancy Survey (NILF, 2009) and, further, they had access to  
88 farm-specific soil and weather data. From this data set, which included agronomic and  
89 economic data collected annually from about 1000 farms, Bonesmo et al. (2012)  
90 selected 95 farms from the 2008 survey, all of them without livestock. These 95 farms  
91 formed our starting point. Since our focus was on conventional cereal production, we  
92 disregarded two organic farms (without use of inorganic fertilizer). Assessing all the  
93 cereal crops (barley, oats, winter wheat and spring wheat) on the remaining 93 farms,  
94 gave us a total of 215 inventories to compile.

95         From the original data, we used the given farm sizes, crop distribution and  
96 tillage strategies. In the present study we wished to reflect the situation with greater  
97 agronomic precision than that obtained by using the mainly economic-based data, and  
98 with a longer perspective than one year only. Hence, data on fertilizer and pesticide  
99 inputs were exchanged with data obtained through detailed interviews with local  
100 advisory services (Norwegian Agricultural Extension Service), and supplemented with  
101 information on buildings, machinery and equipment, as presented in Korsæth et al.  
102 (2013). The original yield data were exchanged with six-year yield averages (2005-  
103 2010) at the respective municipality level, obtained from Statistics Norway, for each  
104 crop and farm. The assessment covers all processes involved in cereal production and in  
105 the production of relevant inputs (from cradle to farm gate), including more  
106 underlying/background processes than those commonly reported in previous studies,  
107 such as production of machinery and buildings, use of pesticides, changes in the SOC  
108 pool (i.e. net humus mineralization) and NO<sub>x</sub> loss from use of mineral fertilizer. The  
109 functional unit (FU) in this part of the assessment was one kg grain (with 15% water)  
110 delivered at the farm gate.

111           The second part of this study assesses the environmental impact associated with  
112 the production chain from farm gate to the consumer for one kg bread (fresh weight),  
113 including transport, milling, baking and packing processes. The bread type studied is a  
114 typical industrially produced bread sold in Norway.

115

## 116 ***2.2 Methodology and assumptions***

117 All calculations were performed using Matlab (version R2009b).

118           Data for the production of various inputs (such as agricultural implements,  
119 tractors, lime, pesticides, transportation and the phosphorus and potassium part of the  
120 NPK fertilizer) were taken from the LCA-database Ecoinvent (Nemecek et al. 2004).  
121 For the production of buildings and grain dryers, the input output database EXIOPOL  
122 (2011) was used.

123           Environmental impacts from the nitrogen component of fertilizer production  
124 were included in the inventory and calculated based on Best Available Technique  
125 (EFMA 2000; Yara 2011; Davis & Haglund 1999; Nemecek et al. 2004) depending on  
126 the specific fertilizers used. Seeds were accounted for by subtracting the amount of  
127 seeds used from the grain yield and adding necessary transport and pesticide use.

128           Basic information on buildings, machinery and management practices on typical  
129 grain-producing farms were obtained through detailed interviews with the local  
130 advisory services (Norwegian Agricultural Extension Service) in three of the main  
131 producing areas in Norway (Central Norway and northern and southern parts of Eastern  
132 Norway). Within these regions, conventional cereal production is performed fairly  
133 similarly, in terms of management practices, with only minor differences between  
134 regions. As a general management regime, we included the following field work  
135 processes in our inventory: ploughing, levelling with simultaneous stone picking,

136 harrowing, combined sowing and initial fertilization, rolling, first spraying (herbicides  
137 and insecticides), split fertilization, second spraying (fungicides and growth regulation),  
138 combine-harvesting (including chopping of straw), spraying against couch grass in  
139 autumn after harvest (every third year), liming (every 8<sup>th</sup> year), and drying of the grain  
140 to a moisture content of 15%.

141         The annual lime requirement was calculated using general Norwegian  
142 recommendations. Only gross data for wheat delivery exist in the databases of Statistics  
143 Norway. To split between spring and winter wheat yields, we used a method presented  
144 by Korsæth & Rafoss (2009), which utilizes data from series of long-term Norwegian  
145 field trials. General levels of water content in grains at harvest were given by the local  
146 advisory services. Some key parameters of the inventories are shown in Table 1.

147         The CO<sub>2</sub>-emissions included in the foreground system (i.e. on-farm) were direct  
148 emissions from liming, CO<sub>2</sub>-emissions from diesel consumption attributed to field  
149 operations, and changes in soil organic C (SOC) as a result of soil management. The  
150 average annual CO<sub>2</sub>-emissions from lime application were calculated as if the lime was  
151 added each year, which is in accordance with guidelines given by the IPCC (2006). The  
152 diesel requirement for all field-work processes was calculated through a stepwise  
153 procedure as described by Roer et al. (2012), taking into consideration tractor size and  
154 horse-power, man-hours needed (based on the Danish “DRIFT” model; Nielsen &  
155 Sørensen, s.a.), and work load. The consumption of lubrication oil was set proportional  
156 to the diesel consumption, as 0.62% thereof (ibid).

157         Changes in soil organic C were simulated using the ICBM model (Andrén et al.  
158 2004), where we selected the change in the 30<sup>th</sup> year as a proxy to reflect the fact that  
159 the soil carbon loss gradually declines over time in continuous arable cropping systems  
160 on soils with a prehistory of mixed cropping (Riley & Bakkegard 2006). Such a

161 transition in Norwegian cereal production has been ongoing for the last 60 years  
162 (Bonesmo et al. 2012).

163         The model requires data on initial SOC, annual C-input and a daily farm-specific  
164 decomposer activity factor ( $r_e$ ), which adjusts the decay rates of the two soil C  
165 compartments considered in the ICBM model. The decomposer activity factor is a  
166 multiplicative index describing the relative effects of soil moisture ( $r_W$ ), soil  
167 temperature ( $r_T$ ) and a cultivation factor ( $r_C$ ). We ran the ICBM model with the same  
168 initial C stocks and  $r_W \times r_T$  products as those used by Bonesmo et al. (2012). The  
169 cultivation factor  $r_C$  was set to 1 regardless of tillage, due to the lack of clear evidence  
170 for any tillage effect on SOC decay (T. Kätterer, pers. com.), and default values  
171 (Andrén et al. 2004) were used for all rate constants. Carbon input through crop  
172 residues (straw) and roots was calculated in accordance with Andrén et al. (2004), using  
173 municipality-specific crop yields as input. Straw removal reduces C input to soil, and  
174 greatly alters soil C stock change. Information about straw removal on the farms was  
175 not available, but, in order to highlight the effect of straw treatment on SOC change, we  
176 ran the model with two scenarios; either with all straw incorporated into the soil (no  
177 removal, case A), or with all straw removed (case B).

178         Emissions of N<sub>2</sub>O and conversion into CO<sub>2</sub>-equivalents were estimated by the  
179 IPCC (2006) framework, which comprises estimates for both direct emissions and two  
180 pathways of indirect emissions. Direct N<sub>2</sub>O emissions were calculated as 1 % of the  
181 total N additions (mineral N fertilizer, N in crop residues and N mineralization  
182 associated with loss of SOC, assuming a C:N ratio of 10), without any correction for  
183 soil moisture and temperature conditions. The first indirect pathway for N<sub>2</sub>O emissions  
184 was the volatilization of N as NH<sub>3</sub> and oxides of N (NO<sub>x</sub>), and the deposition of these  
185 gases and their products NH<sub>4</sub><sup>+</sup> and NO<sub>3</sub><sup>-</sup> onto soils and the surface of lakes and other



186 waters. It was assumed that 10 % of the N applied as mineral fertilizer was volatilized  
187 (as NH<sub>3</sub> and NO<sub>x</sub>), and that 1 % of the volatilized (and re-deposited) N would be  
188 emitted as N<sub>2</sub>O-N (IPCC 2006). The second indirect pathway was the leaching of N, as  
189 some of this N may be nitrified or denitrified in the groundwater, in riparian zones, in  
190 ditches, streams and rivers and in estuaries (and their sediments). In accordance with  
191 IPCC (2006), we assumed that 0.75 % of the leached N was lost as N<sub>2</sub>O-N.

192 In the ICCP (2006) framework, N leaching is estimated as a fraction  
193 (Nfrac<sub>LEACH</sub>) of the total N input of a system. In this study, we used the method  
194 designed by Bechmann et al. (2012) to estimate Nfrac<sub>LEACH</sub> under specific Norwegian  
195 conditions, based on long-term monitoring data from agricultural catchments, combined  
196 with farm-specific adjustments for runoff (i.e. the difference between annual  
197 precipitation and evapotranspiration). Using this approach, we first selected the most  
198 representative catchment available from the Agricultural Environmental monitoring  
199 program (JOVA) (ibid) for each farm, considering both the dominant production type  
200 and the soil type within the catchment. Next we obtained the catchment-specific data on  
201 both Frac<sub>LEACH</sub> (Frac<sub>LEACH catchment</sub>) and runoff (R<sub>catchment</sub>). Farm-specific runoff (R<sub>farm-</sub>  
202 <sub>specific</sub>) was found by taking the closest point in a dataset consisting of 1 x 1 km grid  
203 values on long-term (1961-1990) annual average runoff, provided by the Norwegian  
204 Water Resources and Energy Directorate (2012). Finally, farm-specific Frac<sub>LEACH</sub>  
205 (Frac<sub>LEACH farm-specific</sub>) was calculated as:

$$206 \quad \text{Frac}_{\text{LEACH farm-specific}} = \text{Frac}_{\text{LEACH catchment}} \times R_{\text{farm-specific}} / R_{\text{catchment}} \quad (1)$$

207 N leaching was then calculated as the product of N input via fertilizer and  
208 Frac<sub>LEACH farm-specific</sub> (in contrast to the ICCP approach, N from soil mineralization is  
209 considered only indirectly in the method of Bechmann et al. 2012).

210 Estimates of soil and phosphorus losses through drainage and surface water were  
211 based on data from the JOVA monitoring programme (Bioforsk 2010). For farms  
212 located in the southern part of Eastern Norway, we used data from the Skuterud  
213 catchment directly (annual mean for the period 1993-2009). Data from the Hotran  
214 catchment (annual mean for the period 1992-2009) was used for farms located in  
215 Central Norway, but the P-losses were set to 30% of those measured, in order to account  
216 for unusually high values in the catchment, probably caused by gully erosion observed  
217 along the river channel. For farms in the northern part of Eastern Norway, we calculated  
218 mean values from two data sources on P-losses: the Bye catchment (JOVA) and a long-  
219 term field experiment at Apelsvoll research centre near Kapp (Korsaeth 2012), using the  
220 annual average for the period 2000-2009 at both locations.

221 The acidifying compounds included (on farm) in this work were  $\text{NO}_x$  from  
222 diesel consumption and volatilized  $\text{NH}_3$  and  $\text{NO}_x$  from fertilizer. Emissions of  $\text{NO}_x$   
223 from diesel consumption were estimated on the basis of Li et al. (2006). The sum of  
224 volatilized  $\text{NH}_3\text{-N}$  and  $\text{NO}_x\text{-N}$  from fertilizer application was calculated following the  
225 IPCC framework described above, and to separate between the two, the proportion of  
226  $\text{NH}_3$  volatilizing from fertilizer was set to 2 % (Bouwman et al., 1997), the rest being  
227  $\text{NO}_x$ .

228 Data on milling were based on Cederberg et al. (2008), whereas baking and  
229 packing data were based on actual industry data from a Norwegian bakery (withheld  
230 from public access). The bread consisted of 35 % water, 50 % wheat, 9 % rye, 4 % oats  
231 and 2 % other ingredients. All cereals were assumed to be produced in Norway. For  
232 wheat, we assumed a 50/50 mixture of winter and spring wheat. In our calculation, we  
233 substituted rye with wheat, since rye was not included in the farm inventories. The post-  
234 farm transport was estimated using the assumption that the cereals were produced in

235 Eastern Norway and that milling, baking and consumption occurred in Western  
236 Norway. The distances used were 80 km by truck and 690 km by boat from farm to  
237 mill, 45 km by truck from mill to bakery, and 50 km from bakery to shops.

238 For life cycle impact assessment, the ReCiPe method was used (Goedkoop  
239 2011), and 10 categories were selected based on their relevance: Global warming  
240 potential (GWP), agricultural land use (ALU), freshwater eutrophication (FE), marine  
241 eutrophication (ME), freshwater ecotoxicity (FET), terrestrial acidification (TA), fossil  
242 fuel depletion (FD), human toxicity (HT), marine ecotoxicity (MET) and terrestrial  
243 ecotoxicity (TET). For pesticides not included in ReCiPe, the USES-LCA model (van  
244 Zelm et al. 2009) was used to develop characterization factors.

245 When the straw was not incorporated, it was regarded as a product, and the  
246 environmental impacts were allocated between grain and straw using their monetary  
247 value (2010 prices). The price ratios (grain 85% DM:straw DM) used were thus 4.3, 3.9,  
248 5.0, 5.0 for barley, oats, spring wheat and winter wheat, respectively.

249

### 250 **3. Results**

#### 251 ***3.1 Cradle to farm-gate***

252 The environmental impacts related to cereal production up to the farm-gate are shown  
253 for all selected impact categories and for each crop in Table 2. The impacts are  
254 expressed either per tonne of grain, with the straw incorporated (Case A), or per tonne  
255 of grain and straw, with the straw baled and removed (Case B), using economic  
256 allocations to distribute the impact between the two products.

257 There were clear differences between the crops in all impact categories. These  
258 were largest for HT and the eco-toxicity categories (FET, MET and TET), and least for  
259 ME and TA. Barley was the crop with the highest impact in six of the ten categories

260 (Table 2, case A). The average GWP's for the four cereal crops were in the range of  
261 879-997 kg CO<sub>2</sub>-equivalent (CO<sub>2</sub>-eq) per tonne grain, and there was a slight increase  
262 when the straw was assumed removed. Spring wheat had the largest GWP of the four  
263 crops, barley and oats had on average about 3 % less, whereas winter wheat showed a  
264 GWP of about 12 % below that of spring wheat. Winter wheat also showed a different  
265 pattern than the other cereal crops, with respect to their cumulative distribution  
266 functions of GHG emissions (Fig. 1). The variation in GWP was smaller for winter  
267 wheat, illustrated by a higher minimum and a lower maximum value, and thus a steeper  
268 form of the cumulative distribution curve.

269         When the straw was assumed to have been removed, all impacts were reduced  
270 for the cereals, except for GWP which increased slightly (Table 2, case B). The relative  
271 reductions were almost the same for all impact categories (GWP excluded), reflecting  
272 the allocation of impact between grain and straw based on their price ratio.

273         Each of the impact categories were grouped into pre-farm processes related to  
274 the manufacturing of machines and buildings (Machinery and buildings), fertilizer,  
275 pesticides and other inputs needed for cereal production (Inputs), along with on-farm  
276 emissions related to driving (On-farm driving), field emissions (Field emissions) and  
277 emissions related to drying the grain after harvest (Drying) (Fig. 2). Field emissions  
278 accounted for more than 50 % of the total impact for GWP, ALU, FE, ME, TA and  
279 TET. The other dominant process-group was machinery and buildings, which accounted  
280 for the largest parts of FET, HT and MET.

281         Changes in the SOC pool had a great impact on the field emissions, as the  
282 resulting CO<sub>2</sub>-eq losses amounted to 46 % of the total field emissions (Fig. 3). The  
283 emissions of CO<sub>2</sub>-eq originating from other sources than SOC, were mainly in the form  
284 of N<sub>2</sub>O. Emissions of CH<sub>4</sub> were negligible.

285

### 286 ***3.2 Farm-gate to point of sale***

287 The environmental burdens of the post-farm processes milling, baking, packing and  
288 transport were calculated for each of the ten selected impact categories (Fig. 4). Packing  
289 was the major source of emission for half of the impact categories (ALU, FET, FE, HT  
290 and ME), particularly for ALU and ME, where it accounted for 93 and 67 %, respectively.  
291 The baking process caused the largest emissions for GWP, FD and TET,  
292 whereas transport was the most important source for TA, as milling was for MET.

293

### 294 ***3.3 Cradle to point of sale***

295 When considering the entire production chain from cradle to consumer, the processes  
296 occurring on-farm appeared to be the largest source of emissions for all impact  
297 categories (Fig. 5). This was most pronounced for ALU, FE, ME and TET, and least for  
298 FD. On-farm processes accounted for 66 % of the GWP attributed to the production of  
299 bread based on grains produced in Norway. The impact from pre-farm processes did not  
300 exceed 17 % of any of the totals, whereas the proportions of post-farm impacts  
301 fluctuated more. Post-farm processes were the second most important source for half of  
302 the impact categories (GWP, FET, FD, HT and MET).

303

## 304 **4. Discussion**

305 In this study we have assessed the environmental impacts from producing bread based  
306 on cereals cropped in Norway. To do so, we analyzed data from 93 conventional farms  
307 that represented the main regions for cereal production in Norway, and data from the  
308 production chain of industrially produced bread. The first part of the study focuses on  
309 the cradle to farm-gate perspective, i.e. the assessment of all pre-farm and on-farm

310 processes related to the production of whole grains. The second part covers the farm-  
311 gate to consumer perspective, i.e. all post-farm processes attributed to the production  
312 chain starting with whole grain at the farm-gate and leading to consumer ready bread on  
313 the shop shelf.

314

#### 315 *4.1 Cradle to farm-gate*

316 Firstly, it was of interest to assess the overall level of our calculations (Table 2). In  
317 general, the calculated impacts were larger than values commonly reported in the  
318 literature, particularly for GWP (e.g. Brentrup et al. 2004; Flysjö et al. 2008; Tuomisto  
319 et al. 2012). In a previous study (Roer et al., 2012), we showed that this can in part be  
320 explained by differences in the choice of system boundaries. When we excluded  
321 processes which have rarely been included in previous studies, such as the production of  
322 machinery and buildings, use of pesticides, changes in the soil organic carbon (SOC)  
323 stock, and NO<sub>x</sub> loss from use of mineral fertilizer, our results were more comparable  
324 with other studies (ibid).

325 Besides system boundaries, yield levels should also be considered when  
326 comparing results, as this has a strong effect on the calculated impacts. As an example,  
327 Williams et al. (2010) used almost the same system boundaries as in our study when  
328 analyzing impacts of bread wheat production in England and Wales, but they reported a  
329 markedly lower GWP (700 kg CO<sub>2</sub>-eq Mg<sup>-1</sup>) than that which we found (938 kg CO<sub>2</sub>-eq  
330 Mg<sup>-1</sup> on average for winter- and spring wheat). The yield level in the study from  
331 England and Wales was, however, much higher, with 7.7 Mg grain ha<sup>-1</sup> compared with  
332 our average of 4.3 Mg ha<sup>-1</sup>. The same effect of yield level may, of course, be seen for  
333 other impact categories. Acidification (TA) is frequently reported for wheat, and is  
334 typically 1.5-3.3 kg SO<sub>2</sub>-eq Mg<sup>-1</sup> in studies with relatively high yields (>7.0 Mg ha<sup>-1</sup>,

335 e.g. Brentrup et al. 2004; Williams et al. 2010). In a study with low yields (<2.7 Mg ha<sup>-1</sup>)  
336 <sup>1</sup>), Pelletier et al. (2008) reported TA of 9.7-10.2 kg SO<sub>2</sub>-eq Mg<sup>-1</sup>, which was somewhat  
337 larger than in the present study (7.1-7.6 kg SO<sub>2</sub>-eq Mg<sup>-1</sup>, Table 2).

338 Raising yields without increasing inputs proportionally would appear to be an  
339 efficient way of reducing the environmental impact, and should be a goal regardless of  
340 the natural conditions setting the yield limits. This is in line with Burney et al. (2010),  
341 who concluded that yield improvement compares favourably with other commonly  
342 proposed strategies for mitigation of GHG emissions.

343 Since the ReCiPe method (Goedkoop 2011) used in the present study is quite  
344 new, literature containing comparable results for all the impact categories is relatively  
345 scarce. We did, however, use the same method in a recent study of a case farm in  
346 Eastern Norway (Roer et al. 2012), including almost the same impact categories (except  
347 ALU) calculated for barley, oats and spring wheat. The impacts were slightly smaller in  
348 the case study, but the yields were higher than in the current study.

349 Removing the straw (case A) instead of incorporating it into the soil (case B)  
350 resulted in a reduction of all impact categories but GWP (Table 2). Since economic  
351 allocation was used to divide the environmental costs between grain and straw, these  
352 results are highly dependent on the price ratios used. Lower cereal prices and/or higher  
353 straw prices would increase the effect of straw incorporation on the environmental  
354 impact of cereal cropping, and *vice versa*.

355 The larger GWP of grain for case B (Table 2) is basically due to the reduction in  
356 annual C-input to the soil resulting from the C-export via straw removal. Reduced  
357 annual C-input to soil increases the modelled net release of C. If one considers only the  
358 grain GWP, one may get the impression that case A is environmentally superior to case  
359 B (lower C-footprint). This depends, however, on the fate of the C removed with the

360 straw. Energy production by burning straw, and the resulting potential for substitution  
361 of e.g. fossil fuel, is a highly complex field which is beyond the scope of this study.  
362 Nevertheless, the theme is of great interest when assessing the total impacts of grain  
363 production and alternative farm management regimes, and should be focussed upon in  
364 future research.

365         The SOC factor affected particularly the field emissions related to GWP (Fig. 3),  
366 as almost half the emissions (on average 46 %) originated from changes in the SOC  
367 stock. This relatively large share emphasizes the importance of including such changes  
368 when assessing the environmental impact of agricultural activities. SOC dynamics are,  
369 however, rarely included in LCA studies of food production, with some exceptions  
370 (Meisterling et al. 2009; Rööös et al. 2011). The dynamics of SOC in soil are a result of  
371 complex biological processes which are greatly affected by small-scale variations in soil  
372 and climatic conditions. Whether a system will have a net release or sequestration of C  
373 depends also on the annual input of C to the system and the initial level of SOC in the  
374 soil. These issues are addressed in more detail in a study (Korsaeth et al. 2013). The  
375 results showed further (Fig. 3) that CO<sub>2</sub> and N<sub>2</sub>O contributed with about 50 % each  
376 (when expressed as CO<sub>2</sub>-eq) to the field emissions related to GWP, whereas the  
377 contribution from CH<sub>4</sub> was negligible (Fig. 3). Small CH<sub>4</sub> emissions are commonly  
378 reported from cropping systems without ruminants (e.g. Brentrup et al. 2004).

379         Winter wheat (WW) appeared to have a lower environmental impact than the  
380 other crops (Table 2), as illustrated for GWP (Fig. 1). The main reason for this was that  
381 the highest yields were measured in WW (Table 1). Also the cumulative distribution  
382 curve of GHG emissions shows differences between crops. The steeper slope for WW  
383 (Fig. 1) indicates little variation between farms. This reflects the fact that the  
384 geographical spread of farms producing WW in our selection was less than that for the



385 other cereals. The lion's share of WW is produced in the southern part of Eastern  
386 Norway (Statistics Norway 2012). Winter wheat is usually cropped on the best soils,  
387 and its high yield potential compensates for the higher inputs of fertilizer that are often  
388 used.

389         Field emissions and the manufacturing of inputs, particularly machines and  
390 buildings, appeared to be dominant process groups in the production chain of cereals up  
391 to the farm-gate (Fig. 2). The results demonstrate the importance of carefully  
392 considering where to draw the system boundaries when analysing the environmental  
393 impact associated with food production.

394         Impact factors with field emissions as the major contributing process group,  
395 indicate where the potential for improving farm management is greatest. This was  
396 particularly true for ALU, FE, ME, TA, TET (Fig. 2). As already mentioned, all  
397 changes that improve yields would reduce the environmental impacts, but this effect  
398 would be most pronounced for ALU (as a change in yield would alter both dividend and  
399 divisor when calculating ALU). Improving fertilizer utilization would have a direct  
400 influence on FE and ME, as excess nutrients (i.e. nutrients not utilized by the crop)  
401 increase the risk of P-losses (affecting FE) and N-losses (affecting ME) (Korsaeth &  
402 Eltun, 2008). The application of fertilizer has also a direct effect on TA, as the main  
403 contributing factors to acidification on the fields were emissions of  $\text{NH}_3$  and  $\text{NO}_x$ . The  
404 use of the coarse ICCP framework to calculate these emissions, implies that the only  
405 way to achieve any reductions is by reducing the amount of N-fertilizer applied (or by  
406 increasing the yields at the same level of input). We hope, however, that more refined  
407 methods for estimating such emissions will be available in the near future, so that we  
408 may visualize possible positive effects of alternative management methods (e.g.

409 precision agriculture; Korsæth & Riley, 2006), which may reduce gaseous N-emissions  
410 by increasing the utilization of N, irrespective of fertilizer level.

411 Reducing TET would require reduced application of herbicides, fungicides and  
412 insecticides, as the use of these inputs was the major source in this case. As for TA, the  
413 current method of TET impact assessment does not incorporate the effects of new and  
414 promising technology for site-specific spraying, which will/may lead to improved  
415 utilization by adjusting the doses to the site-specific requirements (e.g. Berge et. al  
416 2012).

417 Manufacturing of machinery and buildings was overall the second most  
418 important process-group (following field emissions), and it dominated the emissions of  
419 FET, HT and MET (Fig. 2). For these impact categories, the improvements are thus not  
420 to be sought primarily through field management, but on-farm options to reduce these  
421 impacts do exist. Increasing the area covered by each tractor, harvester and other  
422 equipment would, for example, effectively reduce FET, HT and MET. There is a  
423 potential for such a development in Norway, as there has been an on-going decrease in  
424 the number of farmers and an increase in the area cropped by each unit over the last  
425 decades (Statistics Norway 2009). The average machinery park per hectare still appears  
426 to be large compared with most other countries (NationMaster 2003). One reason is that  
427 Norwegian farmers are generally reluctant to share machinery/equipment or to hire  
428 agricultural services from contractors, due to frequently occurring time/capacity  
429 constraints caused by unfavourable weather conditions both in spring and during  
430 harvest. The results presented here, show, however, that machinery-sharing solutions  
431 would contribute significantly to a reduction of the environmental footprint of cereal  
432 production.

433

434 *4.2 Farm-gate to point of sale*

435 Transport was generally of little importance for the environmental impact, when  
436 considering the processes from farm-gate to consumer (Fig. 4), which is in line with the  
437 findings of Narayanaswamy et al. (2004). Hence, the results were relatively insensitive  
438 to our assumptions regarding the pathway for the grain from farm-gate to consumer.

439 The rather evenly distributed contributions from the milling, baking and packing  
440 processes within most of the impact categories, did not pinpoint any hot-spots for  
441 emissions. Considering the small contribution from transport, it would appear, however,  
442 to be an advantage to develop production chains with large, efficient processing plants,  
443 instead of maintaining the present regionalized system of smaller (and presumably less  
444 efficient) mills and bakeries. A study on the comparison of different process chains is in  
445 progress.

446

447 *4.3 Cradle to point of sale*

448 Our results show that the major environmental impact attributable to the production of  
449 bread, based on cereals produced in Norway, occurred within the farm. Hence,  
450 improved farm management is a main key for reducing the environmental footprint of  
451 bread production. Naryanaswamy et al. (2004) found very similar results for  
452 eutrophication and terrestrial ecotoxicity impacts, when analyzing the bread supply  
453 chain in western Australia, where about 95 % of the impacts occurred up to the farm-  
454 gate. In contrast to our study, they reported that storage and processing contributed  
455 more to the total GWP and TA than the sum of pre-farm and farming processes. Their  
456 emissions levels were, however, at a much lower level than those in our study,  
457 presumably due to differences in system boundaries.

458

459 **Conclusions**

460 Assessment of environmental footprints of food production systems by LCA analysis  
461 depends largely on the choice of system boundaries and the actual yield levels used.  
462 Increasing yields is therefore an efficient way of reducing the environmental impact, so  
463 long as the inputs do not increase correspondingly.

464         The major environmental impacts attributable to the production of bread take  
465 place on the farm. Although there is certainly a potential for improvements of the  
466 environmental efficiency of processes occurring both pre-farm and beyond the farm-  
467 gate, our main effort should therefore be to improve the management of soil and crops  
468 at the farm level.

469         Straw removal affects the SOC level negatively, but its overall impact on GWP  
470 depends on the fate of the C in the removed straw. Currently, there is a lot of debate on  
471 related issues, such as the use of natural resources, e.g. straw, for bioenergy, the  
472 potential for substituting fossil energy sources in this way, and the production of  
473 biochar for long-term C-immobilization. Future solutions for improved synergies in the  
474 management of C stocks will most likely affect our future recommendations regarding  
475 on-farm straw management.

476

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483 Eastern Norway, respectively.

484

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612

613 **Figure legends**

614 Figure 1. Cumulative distribution functions of GWP as kg CO<sub>2</sub> equivalent kg grain<sup>-1</sup> for  
615 cereal crops produced on 93 farms located in the main cereal production regions in  
616 Norway

617

618 Figure 2. Relative contribution of each category of processes/inputs of spring wheat  
619 production (assuming straw incorporation)

620

621 Figure 3. Relative contribution of CO<sub>2</sub>, N<sub>2</sub>O and CH<sub>4</sub> (all transformed into CO<sub>2</sub>-eq) to  
622 the overall GWP of field emissions in spring wheat, while separating that originating  
623 from changes in SOC (denoted SOC) from other emission sources (case A: All straw  
624 incorporated)

625

626 Figure 4. The relative, environmental burdens of post-farm processes of bread  
627 production (farm-gate to consumer) for the selected impact categories. Total impact in  
628 absolute values are indicated alongside each bar (for units, see Tab. 2)

629

630 Figure 5. Proportions of pre-farm, on-farm and post-farm emissions of the total GWP  
631 for producing bread based on cereals cropped in Norway. Total impact in absolute  
632 values are indicated alongside each bar (for units, see Tab. 2)

633

634 Table 1. Inventory data used for the cradle to farm assessment, mean values with  
 635 standard deviations in parentheses

	Barley	Oat	Spring wheat	Winter wheat
Number of fields	70	61	50	34
Yield, t ha <sup>-1</sup> (0.85% DM)	3.75 (0.36)	3.86 (0.47)	4.01 (0.47)	4.59 (0.59)
Straw to grain ratio (t DM t <sup>-1</sup> DM) <sup>a</sup>	0.52	0.64	0.74	0.39
N-fertilizer <sup>b</sup> , kg ha <sup>-1</sup>	111 (8.35)	109 (7.33)	92.6 (0.76)	101 (1.35)
N-fertilizer <sup>c</sup> , kg ha <sup>-1</sup>	0	0	31.2 (3.79)	44.1 (3.75)
Lime, kg ha <sup>-1</sup>	431 (16.5)	423 (13.1)	421 (10.2)	419 (6.93)
Chemical fallow <sup>d</sup> , kg ha <sup>-1</sup>	0.93	0.93	0.93	0.93
Spraying (herbicide) <sup>d</sup> , kg ha <sup>-1</sup>	0.07	0.08	0.07	0.01
Spraying (fungicide) <sup>d</sup> , kg ha <sup>-1</sup>	0.17	0	0.25	0.24
Spraying (insecticide) <sup>d</sup> , kg ha <sup>-1</sup>	<0.01	<0.01	0	0
Spraying (growth regulator) <sup>d</sup> , kg ha <sup>-1</sup>	0.02	0.38	0	0
Diesel, l ha <sup>-1</sup>	74.4 (5.40)	76.7 (3.20)	77.2 (3.23)	83.9 (2.91)
Initial SOC-stock, t C ha <sup>-1</sup>	67.9 (13.8)	71.3 (12.4)	71.5 (12.7)	74.3 (0.88)
N-leaching, kg N ha <sup>-1</sup>	30.1 (7.67)	30.3 (8.81)	33.6 (8.19)	39.0 (11.1)
P-loss, kg P ha <sup>-1</sup>	1.47 (0.78)	1.81 (0.62)	1.84 (0.65)	1.99 (0.44)
Buildings (M€ yr <sup>-1</sup> farm <sup>-1</sup> ) <sup>e</sup>			0.01	
Machinery (t yr <sup>-1</sup> farm <sup>-1</sup> ) <sup>f</sup>			1.9	

636 <sup>a</sup> From Riley et al. (2012).

637 <sup>b</sup> Compound fertilizer with 21.6 % N, 2.6 % P and 9.6 % K.

638 <sup>c</sup> Containing 27 % N.

639 <sup>d</sup> Active ingredience.

640 <sup>e</sup> Assuming a lifetime of 30 yrs.

641 <sup>f</sup> Assuming lifetimes of 10-20 yrs (based on Roer et al. 2012). When the straw was removed (case B), the  
 642 total, annual machinery weight was increased by 0.49 t yr<sup>-1</sup> to account for the baler.

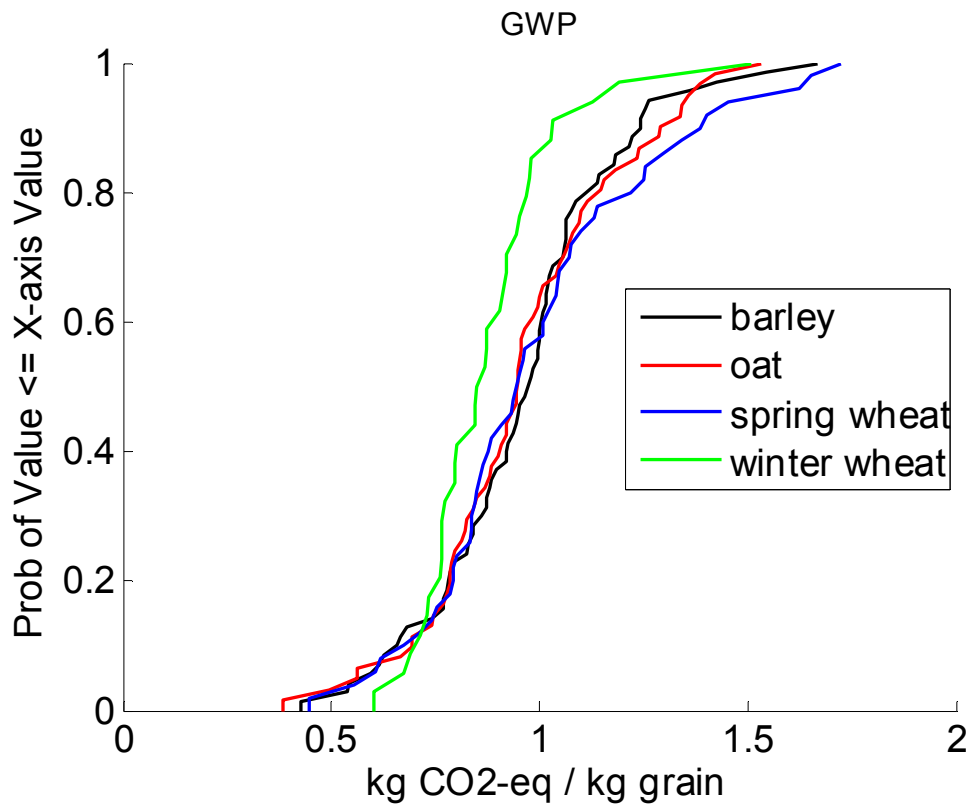
643

644

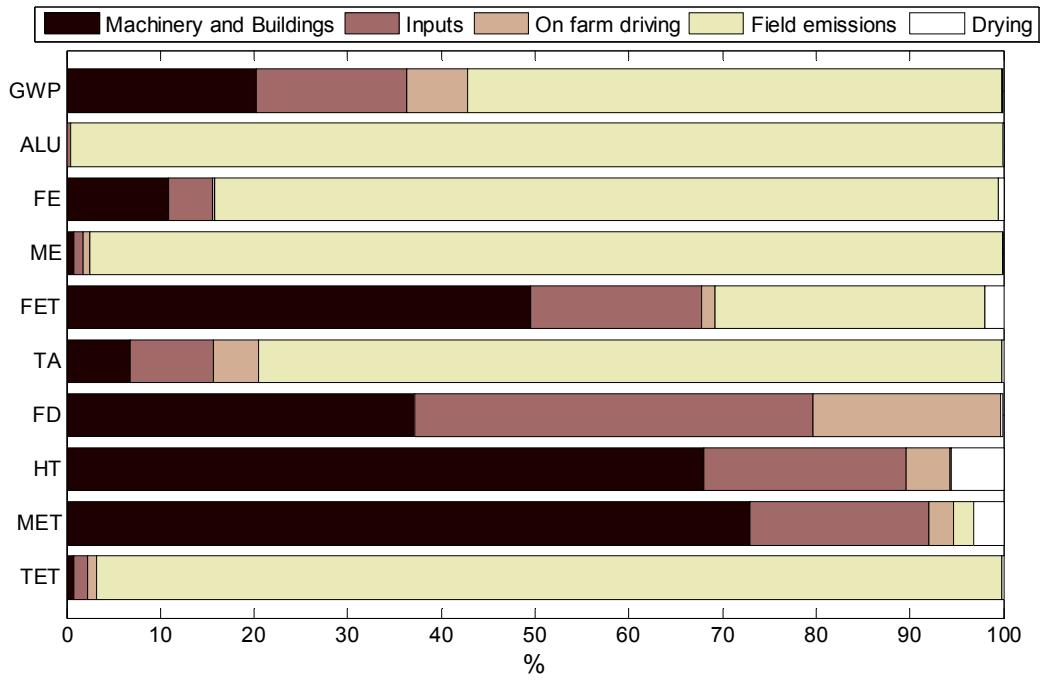
645 Table 2. Environmental impacts from producing 1 tonne of barley (B), oat (O), spring  
646 wheat (SW) and winter wheat (WW) on 93 cereal farms calculated for case A: All straw  
647 was incorporated, with grain as the only product, and case B: All straw was removed  
648 and the impacts were allocated between the products grain and straw based on their  
649 economic value. Standard deviations are shown in parentheses

Impact categories <sup>a</sup>			System		
Impact category	Unit	Crop	Case A	Case B	
			Grain (t 85% DM)	Grain (t 85% DM)	Straw (t DM)
GWP	kg CO <sub>2</sub> -eq	B	966 (228)	997 (200)	356 (82.1)
		O	963 (234)	963 (194)	342 (76.4)
		SW	997 (279)	1000 (239)	291 (81.5)
		WW	879 (170)	951 (161)	270 (58.9)
ALU	ha	B	2858 (298)	2486 (259)	715 (74.6)
		O	2819 (398)	2368 (335)	705 (99.7)
		SW	2704 (390)	2299 (332)	549 (79.3)
		WW	2349 (356)	2161 (328)	483 (73.3)
FE	kg P-eq	B	0.54 (0.23)	0.47 (0.20)	0.16 (0.06)
		O	0.62 (0.19)	0.52 (0.16)	0.17 (0.05)
		SW	0.61 (0.22)	0.51 (0.18)	0.14 (0.05)
		WW	0.55 (0.14)	0.50 (0.13)	0.13 (0.03)
ME	kg N-eq	B	10.3 (2.39)	8.98 (2.08)	2.61 (0.60)
		O	9.58 (2.49)	8.05 (2.09)	2.42 (0.62)
		SW	10.2 (2.50)	8.70 (2.12)	2.10 (0.51)
		WW	10.2 (2.55)	9.42 (2.35)	2.13 (0.52)
FET	kg 1,4-DCB-eq	B	4.00 (1.50)	3.49 (1.31)	1.93 (1.03)
		O	3.83 (1.37)	3.26 (1.09)	1.64 (0.76)
		SW	2.79 (1.71)	3.24 (1.45)	1.40 (0.88)
		WW	2.92 (0.94)	2.69 (0.86)	1.39 (0.68)
TA	kg SO <sub>2</sub> -eq	B	7.36 (0.97)	6.41 (0.84)	2.04 (0.32)
		O	7.09 (1.08)	5.97 (0.89)	1.93 (0.32)
		SW	7.60 (1.19)	6.46 (1.02)	1.68 (0.31)
		WW	7.49 (1.20)	6.89 (1.10)	1.70 (0.31)
FD	kg oil-eq	B	115 (33.4)	99.9 (29.1)	52.1 (19.6)
		O	108 (32.1)	91.6 (25.5)	46.0 (15.3)
		SW	112 (39.6)	95.6 (33.7)	40.5 (17.3)
		WW	95.9 (24.1)	88.0 (22.2)	39.2 (13.5)
HT	kg 1,4-DCB-eq	B	133 (68.5)	116.7 (60.2)	57.0 (33.1)
		O	120 (56.5)	102.7 (46.7)	47.7 (24.8)
		SW	125 (75.2)	107.1 (64.2)	41.8 (28.7)
		WW	91.6 (39.0)	84.7 (36.0)	39.3 (20.4)
MET	kg 1,4-DCB-eq	B	2.90 (1.56)	2.54 (1.37)	1.70 (1.07)
		O	2.64 (1.31)	2.24 (1.08)	1.37 (0.78)
		SW	2.75 (1.76)	2.35 (1.50)	1.22 (0.91)
		WW	1.97 (0.89)	1.82 (0.82)	1.23 (0.69)
TET	kg 1,4-DCB-eq	B	1.52 (0.15)	1.32 (0.14)	0.39 (0.04)
		O	0.64 (0.09)	0.54 (0.08)	0.17 (0.02)
		SW	1.61 (0.23)	1.37 (0.20)	0.33 (0.05)
		WW	1.53 (0.23)	1.41 (0.22)	0.32 (0.05)

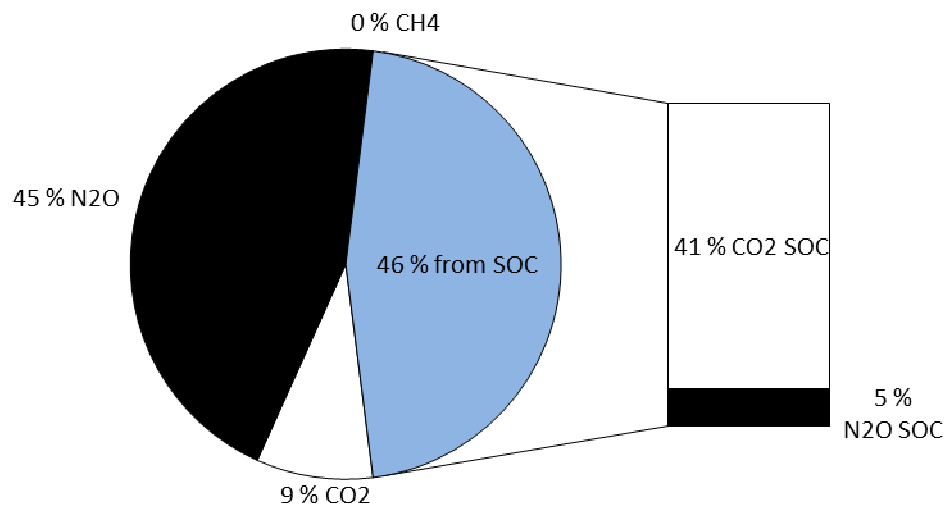
650 <sup>a</sup> GWP: Global warming potential; ALU: Agricultural land use; FE: Freshwater eutrophication; ME:  
651 Marine eutrophication; FET: Freshwater ecotoxicity; TA: Terrestrial acidification; FD: Fossil fuel  
652 depletion; HT: Human toxicity; MET: Marine ecotoxicity and TET: Terrestrial ecotoxicity.  
653



654  
 655 Figure 1. Cumulative distribution functions of GWP as kg CO<sub>2</sub> equivalent kg grain<sup>-1</sup> for  
 656 cereal crops produced on 93 farms located in the main cereal production regions in  
 657 Norway  
 658

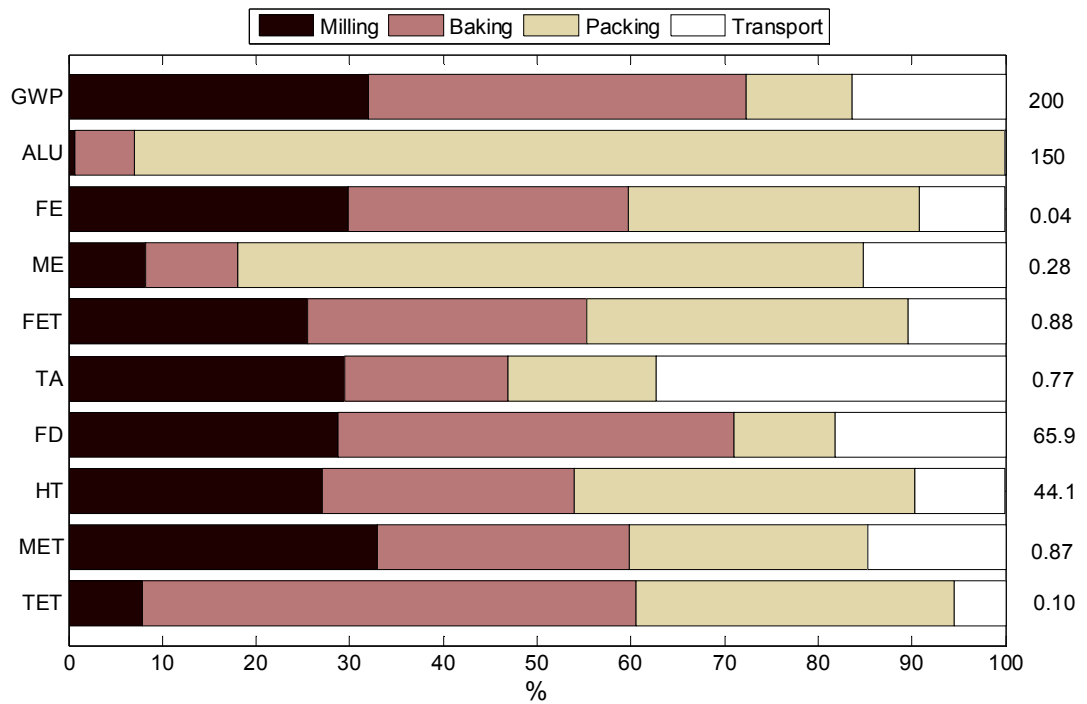


659  
 660 Figure 2. Relative contribution of each category of processes/inputs involved in spring  
 661 wheat production (assuming straw incorporation)  
 662

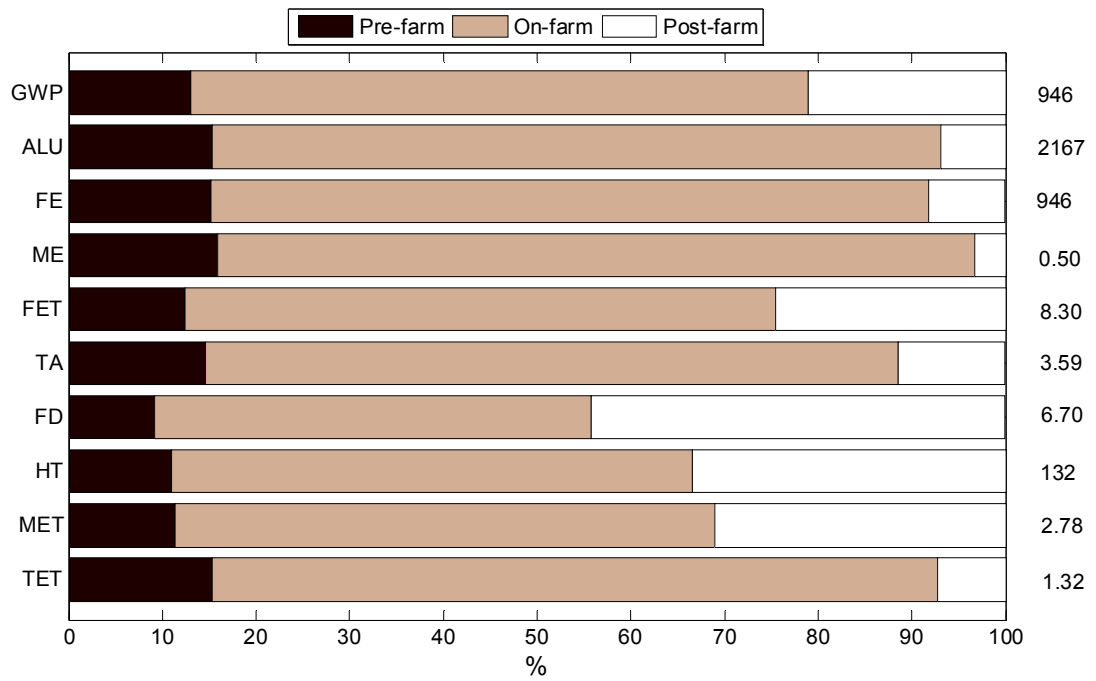


663  
 664 Figure 3. Relative contributions of CO<sub>2</sub>, N<sub>2</sub>O and CH<sub>4</sub> (all transformed into CO<sub>2</sub>-  
 665 equivalent) to the overall GWP of field emissions in spring wheat, while separating that  
 666 originating from changes in SOC (denoted SOC) from other emission sources (case A:  
 667 All straw incorporated)  
 668  
 669





670  
 671 Figure 4. The relative environmental burdens of post-farm processes of bread  
 672 production (farm-gate to consumer) for the selected impact categories. Total impacts in  
 673 absolute values are indicated alongside each bar (for units, see Tab. 2)  
 674



675  
 676 Figure 5. Proportions of pre-farm, on-farm and post-farm emissions of the total GWP  
 677 for producing bread based on cereals cropped in Norway. Total impacts in absolute  
 678 values are indicated alongside each bar (for units, see Tab. 2)