

1 **Actuarial senescence in a long-lived orchid challenges our current understanding of**
2 **ageing**

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17

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20 survival–reproduction trade-off

21

22 **Abstract**

23 The dominant evolutionary theory of actuarial senescence – an increase in death
24 rate with advancing age – is based on the concept of a germ cell line that is
25 separated from the somatic cells early in life. However, such a separation is not clear
26 in all organisms. This has been suggested to explain the paucity of evidence for
27 actuarial senescence in plants. We used a 32-year study of *Dactylorhiza lapponica*
28 that replaces its organs each growing season, to test whether individuals of this
29 tuberous orchid senesce. We performed a Bayesian survival trajectory analysis
30 accounting for reproductive investment, for individuals under two types of land-use,
31 in two climatic regions. The mortality trajectory was best-approximated by a Weibull
32 model, showing clear actuarial senescence. Rates of senescence in this model
33 declined with advancing age, but were slightly higher in mown plots and in the more
34 benign climatic region. At older ages, senescence was evident only when accounting
35 for a positive effect of reproductive investment on mortality. Our results
36 demonstrate actuarial senescence as well as a survival-reproduction trade-off in
37 plants, and indicate that environmental context may influence senescence rates.
38 This knowledge is crucial for understanding the evolution of demographic
39 senescence and for models of plant population dynamics.

40

41

42 **Introduction**

43 Age trajectories of both mortality and fertility show a remarkable diversity across
44 taxonomic groups and can be positive, negative or constant [1]. Increasing mortality
45 and/or decreasing fertility with age after reproductive maturity, known as
46 demographic senescence, seems to occur in all mammals and birds, which are also
47 the most studied taxa in this regard. Demographic senescence in plants has received
48 less attention, but already 50 years ago J. L. Harper [2] noted that linear survivorship
49 curves (on a semi-log scale), indicating constant mortality risks, were the norm in the
50 handful of plant populations for which long-term observational data was available.
51 Subsequent studies [3,4] have typically supported that actuarial senescence, an
52 increase in mortality with advancing age after maturity, is absent or negligible in
53 perennial plants. Other studies have provided some empirical or theoretical support
54 for the existence of both actuarial senescence [5,6] and “negative senescence” (a
55 decrease in mortality over age in reproductive individuals; [7,8,9]) in the plant
56 kingdom. However, currently there is only scant empirical evidence for either of
57 these mortality trajectories for plants [10], let alone more detailed knowledge of
58 rates of senescence over life courses.

59

60 The age trajectory of mortality is a population-level phenomenon that is a composite
61 of individual-level mortality risks. Sources of heterogeneity in mortality among
62 individuals should therefore be accounted for when drawing conclusions about
63 changes in mortality of individuals from mortality trajectories, in particular because a
64 gradual loss of the more “frail” individuals in a population can mask potential
65 increased mortality risks of individuals [11]. One important driver of among-

66 individual variation in mortality is variation in resource allocation among processes
67 affecting mortality and fertility [12,13]. In observational studies in natural
68 populations, life-history trade-offs are notoriously difficult to establish and reported
69 relationships between current reproduction and other aspects of individual fitness
70 range from negative, to zero and even positive [14]. However, individual-based data
71 on mortality and reproductive investment over entire plant life courses may be
72 needed to observe trade-offs in terms of correlations among demographic rates, and
73 previous studies have only rarely been based on such long-term data.

74

75 In addition to affecting overall mortality, investments in reproduction may come
76 with costs to somatic maintenance which in turn may affect future mortality and
77 fertility. As first described as part of the “disposable soma theory” [15,16], such a
78 trade-off may be an evolutionary cause of demographic senescence [17,18]. All
79 current evolutionary theories of demographic senescence are based on the premise
80 that any factor that affects mortality and fertility at earlier ages will have a greater
81 impact on individual fitness than one that acts later in life [19]. The disposable soma
82 theory proposes that demographic senescence results from the accumulation of
83 errors in the transcription of macromolecules that constitute the basis of an
84 individual’s phenotypic expression [16,20]. It is further proposed that the resulting
85 deterioration of somatic cells may occur as long as there is no deterioration of the
86 genetic material that will be passed on to offspring. In species with an early-life
87 separation between a germ cell line and somatic cells, it has then been suggested
88 that, after a threshold age has been reached, investment into reproduction will
89 increase fitness more than investment into maintenance, causing demographic

90 senescence [17]. For many plants and other sessile organisms, however, there is no
91 clear separation of germ and somatic cell lines early in life. Therefore, the existence
92 of demographic senescence in such organisms would suggest that more general
93 models, not assuming a germ-soma separation, would be needed to explain its
94 evolution [18].

95

96 Environmental conditions influence costs of maintaining low mortality and high
97 fertility [12,14,21,22,23], and therefore presumably affect the optimal balance of
98 maintenance-fertility trade-offs. Environmental variation could thus be expected to
99 also lead to within-species variation in shapes of mortality trajectories. However,
100 current evolutionary theories of demographic senescence predict that variation in
101 resource allocation among individuals may only change mortality and fertility
102 additively or proportionally [24,25,26,27]. That is, it may not have an important
103 effect on the “intrinsic” age-dependent mechanisms of senescence, referred to as
104 the speed of senescence or the ageing rate. This is because age patterns of mortality
105 and fertility are determined by numerous genes of small effect and may be more or
106 less fixed for species [16,20,28]. If environmental conditions still do affect rates of
107 senescence in plants, we would expect rates to be lower in low-resource
108 environments because individuals allocating resources to endure stressful conditions
109 rather than to reproduce should have an advantage [29]. On the other hand, we
110 expect unpredictable high-disturbance environments to cause both high baseline
111 mortality and a stronger increase in mortality with age because these environments
112 would favour allocation to reproduction rather than growth and maintenance. In

113 addition, we hypothesize that damage caused by disturbance could increase rates of
114 senescence, simply by weakening individuals.

115

116 We investigated mortality trajectories using 32 years of data for a total of 2184
117 individuals of the long-lived orchid *Dactylorhiza lapponica*. We know from previous
118 experiments that there are significant costs of reproduction in this species
119 (manifested as increased mortality rates in a given year, and reduced sizes of aerial
120 shoots and tubers the year after reproduction), and that costs depend on the
121 environment [22,23,30,31]. We have also found similar effects in other tuberous
122 orchids from the study areas [22,32,33]. Here we estimated age trajectories of
123 mortality using Bayesian survival trajectory analysis [34]. We quantified rates of
124 actuarial senescence and examined how they vary with age and the effect of
125 environmental conditions (regional climate and mowing regime). In addition, we
126 examined the effect of accounting for individual reproductive investment on
127 mortality trajectories. Specifically we tested the following three hypotheses.

- 128 1. Actuarial senescence occurs in *D. lapponica*.
- 129 2. Mortality is positively correlated with average life-time reproductive
130 investment, and this affects mortality trajectories of populations.
- 131 3. Mowing (by damaging and weakening individuals) and more benign climatic
132 conditions (by favouring high allocation of resources to reproduction) lead to
133 increased rates of senescence.

134 Our results clearly support the first two hypotheses, and lend weaker support to the
135 third hypothesis.

136

137 **Methods**

138 *Study species*

139 *Dactylorhiza lapponica* (Laest. ex Hartm.) Soó is a non-clonal, tuberous orchid limited
140 to Fennoscandia, Scotland, and alpine areas in Central Europe [35]. In Fennoscandia,
141 *D. lapponica* is found in species-rich open lawn communities of calcareous fens and
142 surrounding springs in the boreal vegetation zones [36,37]. Vegetative individuals
143 form a leaf rosette that is fully grown by the end of June, while flowering individuals
144 continue to grow during the flowering period, which lasts 3-4 weeks from mid-late
145 June. Flowering individuals produce a single inflorescence with approximately 3-15
146 flowers without any nectar production. In August, above-ground structures die back
147 and a new replacement tuber grows roots and a belowground shoot bud (30). Fruits
148 are capsules containing minute “dust seeds”. The germination rate is very low, and
149 the underground seedling stage is believed to last at least one year [38]. The first
150 flowering event is estimated to occur at the earliest five years after germination [22].

151 *Dactylorhiza lapponica* is not a common species in Norway, but occurs in large
152 numbers in some localities, e.g. in the study areas, where it is a useful species for
153 studying aging. It is not considered endangered, like *Nigritella nigra* [32] that has
154 been studied for decades at the inland study area (Sølendet). However, many
155 orchids are endangered [39], and better knowledge of the demography of these
156 species is needed.

157

158 *Study areas and mowing treatments*

159 In the period 1981-2013, we collected demographic data in two nature reserves in
160 central Norway; the coastal Tågdalen area (63°03'N, 9°05'E) and the inland Sølendet

161 area (62°40'N, 11°50'E), both situated at the transition between the middle and
162 northern boreal zone. The Tågdalen area has an oceanic climate with on average ca.
163 5 days longer growing season and milder winters with more precipitation (snow)
164 compared to the Sølendet area, which is more continental. Both areas are
165 dominated by species-rich open fens mixed with birch-wooded areas [37], and were
166 used for haymaking until around 1950. Traditionally, fens were scythed every second
167 year. In both study areas, mowing was reintroduced in the mid-1970s in permanent
168 plots (mainly 5 m × 2.5 m). Mown plots are scythed in August every second year.
169 Control plots have been left unmown. In the present study we included data
170 collected in 25 control and 11 mown plots in the inland area and in 12 control and 6
171 mown plots in the coastal area. In a previous study using the same data up to 2011,
172 we found that asymptotic population growth rate was lower in the inland area, with
173 higher mortality and lower fertility [40]. Mowing was found to typically decrease
174 individual and population growth rates whereas effects on mortality and fertility
175 varied depending on study area and weather, and the results also indicated that
176 mowing may reduce interspecific competition [40].

177

178 *Data collection*

179 Between 1981 and 2013, all individuals inside the plots were monitored from the
180 year they were first observed to reproduce. This resulted in 2184 individuals for
181 which age since first observed reproduction was known. We used this age since first
182 reproduction rather than total age in our analyses, which is relevant because
183 demographic senescence should occur after reproductive maturity if it is caused by
184 allocation to reproduction. In addition, like other plants, *D. lapponica* becomes

185 reproductive after reaching a certain size [30], so individuals should have been of
186 similar size when included in the study. Because we do not know the entire above-
187 ground age we were not able to investigate possible effects of juvenile growth rate.
188 Indeed, vegetative plants were only divided into three size classes at the censuses,
189 and we did not test any possible trade-offs between growth and mortality or fertility
190 due to the lack of quantitative data on plant sizes. We censused plots in early July
191 each year, marking and counting the flowers, measuring the height of plants
192 flowering for the first time, and noting flowering status, number of flowers, size
193 (height of flowering individuals, rosette size class 1-3 of vegetative individuals) or
194 absence of all above-ground plant parts for each individual marked in previous years.
195 See [40] for further details.

196

197 Individuals were sometimes noted to be absent for one or two years and then re-
198 appeared, either due to dormancy or herbivory prior to the yearly census. This
199 should have led to an overestimation of mortality in the last three years since we
200 assumed all absent individuals were dead. In addition, as individuals sometimes do
201 not flower for several years, plants first observed to flower in the first years of the
202 study may have flowered previously. For these reasons we re-fitted mortality models
203 using data where either the last three years, or the first five years were removed.
204 We also estimated ages of individuals using the BaSTA package (see below) rather
205 than specifying them as the first year of observation. Finally, we examined the effect
206 of reducing mortality in 2010, which was a year with extreme (high) mortality rates,
207 to average levels in order to evaluate whether environmental conditions this year
208 were driving the observed patterns. In all cases, mortality trajectories were similar

209 and parameters were not statistically significantly different. Results based on the
 210 observed data from all years are presented here.

211

212 *Data analysis*

213 To understand age-specific mortality patterns of *D. lapponica* in the four treatment –
 214 study area combinations, as well as how trajectories are affected by individual level
 215 variation in average life-time reproductive investment, we used the R package BaSTA
 216 [34]. Bayesian survival trajectory analysis (BaSTA) allows users to explore different
 217 functional forms of age-specific mortality when age information is scarce or entirely
 218 missing [41]. This package is based on the principles of survival analysis, which
 219 require defining a random variable X for ages at death, where any given age is
 220 represented by x and the mortality or hazards rate is defined as

$$221 \quad \mu(x|\boldsymbol{\beta}) = \lim_{\Delta x \rightarrow 0} \frac{\Pr(x < X < x + \Delta x | X > x, \boldsymbol{\beta})}{\Delta x}, \quad x \geq 0, \quad 1$$

222 where $\boldsymbol{\beta}$ is a vector of mortality parameters to be estimated. From Eq. 1 we calculate
 223 the cumulative hazards function as

$$224 \quad H(x|\boldsymbol{\beta}) = \int_0^x \mu(t|\boldsymbol{\beta}) dt. \quad 2$$

225 From Eqs. 1 and 2, a number of demographic functions are derived, particularly the
 226 survival function

$$227 \quad S(x|\boldsymbol{\beta}) = \Pr(X > x | \boldsymbol{\beta}) = e^{-H(x|\boldsymbol{\beta})}, \quad 3a$$

228 the cumulative distribution function (CDF) of ages at death

$$229 \quad F(x|\boldsymbol{\beta}) = \Pr(X < x | \boldsymbol{\beta}) = 1 - S(x|\boldsymbol{\beta}), \quad 3b$$

230 and the probability density function (PDF) of ages at death

231
$$f(x|\boldsymbol{\beta}) = \frac{d}{dx} F(x|\boldsymbol{\beta}) = \mu(x|\boldsymbol{\beta})S(x|\boldsymbol{\beta}). \quad 3c$$

232

233 *Mortality models tested*

234 We explored four different functional forms for the mortality function in Eq. 1. First a
235 model with constant mortality

236
$$\mu_0(x|\boldsymbol{\beta}) = \beta_0, \quad 4a$$

237 where $\beta_0 > 0$, which assumes that mortality does not change with age. Second, the

238 Gompertz mortality model [42], given by

239
$$\mu_0(x|\boldsymbol{\beta}) = \exp(\beta_0 + \beta_1 x), \quad 4b$$

240 where $\beta_0 \in \mathbb{R}, \beta_1 > 0$. Here β_0 is the baseline mortality (i.e. when $x = 0$) and mortality

241 increases exponentially with age at a rate determined by parameter β_1 . Third, the

242 Weibull mortality model [43], given by

243
$$\mu_0(x|\boldsymbol{\beta}) = \beta_0 \beta_1 (\beta_1 x)^{\beta_0 - 1}, \quad 4c$$

244 where $\beta_0, \beta_1 > 0$, where β_0 is the shape parameter and β_1 is the scale parameter.

245 This model assumes that mortality increases (or decreases) as a power function of

246 age. Finally, the logistic mortality model [44,45], given by

247
$$\mu_0(x|\boldsymbol{\beta}) = \frac{\exp(\beta_0 + \beta_1 x)}{1 + \frac{e^{\beta_0}}{\beta_1} \beta_2 (e^{\beta_1 x} - 1)}, \quad 4d$$

248 where $\beta_0 \in \mathbb{R}, \beta_1, \beta_2 > 0$. It has been shown that this model is the solution to the

249 Gamma-Gompertz model that incorporates the effect of individual differences in

250 “frailty” on mortality [44]. This frailty is a product of all causes inducing among-

251 individual variation in risk of death (in this study we account for frailty induced by
 252 allocating resources to reproduction). In the Gamma-Gompertz model, frailty
 253 measures each individual's life-long capacity to survive. Individual frailty is treated as
 254 a random variable Z , with individual values given by $z > 0$, and it is assumed to follow
 255 a Gamma distribution with mean equal to 1 and $\text{Var } Z = \beta_2$. Thus, in a population
 256 where individuals have the same frailty value (i.e. $z_1 = z_2 = \dots = 1$), then $\beta_2 = 0$ and the
 257 model converges to a simple Gompertz mortality function. As the variability in
 258 individual frailty increases, the model develops a mortality plateau at older ages.

259

260 We extended the models to account for the effect of what has been commonly
 261 described as age-independent mortality, with the addition of a "Makeham term"
 262 such that mortality becomes

$$263 \quad \mu(x | \boldsymbol{\beta}, c) = c + \mu_0(x | \boldsymbol{\beta}), \quad 5$$

264 where $c > 0$, is commonly described as the "age independent" mortality. Finally, we
 265 tested "bathtub" or "U-shaped" models that allow declines in early mortality, given
 266 by

$$267 \quad \mu(x | \boldsymbol{\beta}, \boldsymbol{\alpha}, c) = \exp(\alpha_0 - \alpha_1 x) + c + \mu_0(x | \boldsymbol{\beta}), \quad 6$$

268 where $\alpha_0 \in \mathbb{R}, \alpha_1 > 0$ are the parameters that account for the potential decline in
 269 early mortality with age, and parameter $c > 0$ is as described above.

270

271 We tested the effect of average lifetime reproductive investment as a continuous
 272 covariate under a proportional hazards framework, given by

$$273 \quad \mu(x, z | \boldsymbol{\theta}, \boldsymbol{\gamma}) = \exp(\boldsymbol{\gamma} z) \mu_0(x | \boldsymbol{\theta}), \quad \text{for } x \geq 0, z \in \mathbb{R}, \quad 7$$

274 where covariate z is the average lifetime reproduction. In addition, we tested the
 275 effect of categorical covariates (i.e. study area and mowing treatments) as multilevel
 276 effects on the mortality parameters. For instance, let y_i be an indicator for location
 277 such that $y_i = 1$ if individual i belongs to location A and $y_i = 0$ if it belongs to location
 278 B . Thus, for an individual i we have that the Gompertz mortality in Eq. 4b would be

$$279 \quad \mu(x_i, y_i | \boldsymbol{\beta}) = \exp \left[\underbrace{(\beta_{0A} y_i + \beta_{0B} (1 - y_i))}_{\beta_0} + \underbrace{(\beta_{1A} y_i + \beta_{1B} (1 - y_i))}_{\beta_1} x_i \right], \text{ for } i = 1, \dots, n, \quad 8$$

280 where $\beta_{0A}, \beta_{0B} \in \mathbb{R}$, $\beta_{1A}, \beta_{1B} > 0$.

281

282 The fits of the resulting 24 models were compared based on their DIC (Deviance
 283 Information Criterion) [46,47], which is a Bayesian analogue to commonly used
 284 information criteria such as the AIC and the BIC. From the selected model we
 285 calculated senescence rates as the first derivative of the logarithm of the mortality

286 function, given by $a_x = \frac{d}{dx} \ln[\mu(x | \dots)]$.

287

288 **Results**

289 Mortality increased with age since first reproduction in both study areas and in both
 290 control and mown plots (figure 1, electronic supplementary material, figure S1). The
 291 overall mean age at death across study areas and treatments was 6.4 years after first
 292 reproduction (median = 4 years). Two individuals first recorded in 1981 were still
 293 alive in 2013. The best fitting mortality model was a Weibull model (table 1), where
 294 mortality increases with age albeit decelerating as age progresses, producing
 295 declining rates of senescence (the second-best fitting logistic model provided

296 qualitatively similar results; electronic supplementary material, figure S2). In the
297 control plots, mortality doubled between the first and thirtieth year after first
298 reproduction (from 0.07 to 0.14 and 0.04 and 0.08 in the inland and coastal study
299 area, respectively).

300

301 Mortality was also affected by reproductive investment (figure 2), with a higher
302 average reproductive investment being associated with higher mortality (figure 3).

303 The mean number of flowers produced per year and individual (average life-time
304 reproductive investment) across all plots was 1.92. The best-fitting model that did
305 not include reproduction had a substantially worse fit (table 1, Δ DIC = 246) than the
306 best model with reproductive investment, and was a logistic model where mortality
307 was predicted to level off after an initial sharp increase (electronic supplementary
308 material, figure S3). Thus, it was necessary to account for life-time reproductive
309 investment in order to identify the increase in mortality with age also for older-aged
310 individuals.

311

312 Mortality trajectories differed both among mown and control plots and among study
313 areas. These differences were mainly caused by differences in the scale parameter of
314 the Weibull mortality model (figure 1), causing average mortality to be higher in
315 mown plots and in the inland area (with a harsher climate). Rates of senescence
316 were similar among treatments and study areas (figure 4), but as hypothesized they
317 were slightly higher in mown plots and in the coastal area (with a more benign
318 climate). The logistic mortality model that did not include reproduction suggested
319 large initial differences in rates of senescence between mown and non-mown plots

320 that evened out for older individuals, showing that accounting for reproductive
321 investment affects also predictions of changes in senescence rates (electronic
322 supplementary material, figure S4).

323

324 **Discussion**

325 This study provides compelling evidence of actuarial senescence in a long-lived,
326 tuberous and non-clonal herb. Only a few detailed studies on short-lived species
327 have previously presented data supporting such patterns [10,48]. The very long time
328 frame over which individuals were followed, and the fact that we accounted for
329 average reproductive investment of individuals when quantifying mortality
330 trajectories constitute the major differences to previous studies. A Weibull function,
331 which can also be interpreted as an accelerated failure time model and where rates
332 of senescence gradually change with age, provided the best-fitting mortality model.
333 In contrast, versions of the Gompertz function with a constant, exponential rate of
334 senescence, are typically used to describe mortality trajectories of animals [49,50].
335 Whether this reflects a general difference between the animal and plant kingdom
336 remains to be seen after additional careful analyses of mortality trajectories in
337 plants.

338

339 We also found support for the existence of a trade-off between processes increasing
340 fertility and decreasing mortality, observing a positive relationship between these
341 two demographic rates that has also been found in recent experimental studies
342 [23,31]. Such life history trade-offs have only rarely been detected in observational
343 studies (but see [51]). This may reflect that reproductive output is constrained within

344 a limited range [14] to ensure that mortality is kept at an optimal level determined
345 by the species' ecological strategy [29]. In fact, several previous studies report a
346 negative correlation between reproductive investment and mortality, indicating that
347 individuals which invest a lot in reproduction are generally fitter, either due to
348 genetics or to past or present environmental conditions [52,53]. In contrast, our
349 results suggest that variation in relative allocation patterns was large relative to
350 variation in overall resource status and that individuals of *D. lapponica* differed in
351 their reproductive strategy, so that some individuals consistently devoted more
352 resources to reproduction at the cost of a higher mortality. Previous studies have
353 rarely been conducted over a comparable time frame, i.e. over the life course of
354 study species, which may also be one cause of why costs of reproduction have
355 typically not been observed without experimental manipulations [54].

356

357 A particularly interesting result of this study was that continued senescence was only
358 detected in older individuals when we controlled for average reproductive
359 investment over the individual's life course. The constant population-level rate of
360 mortality at older ages observed in models that excluded reproductive investment
361 may be due to variation in reproductive strategies among individuals that leads to
362 "heterogeneity in frailty" [11]. Heterogeneity in frailty among individuals should lead
363 to within-cohort selection, where more frail individuals with higher mortality are
364 removed from populations, which will curve mortality trajectories downwards. Such
365 a process, not reflecting individual-level patterns but instead driven by among-
366 individual differences, may be one cause of the "mortality plateaus" detected in
367 animals, including humans (cf. [55]). For *D. lapponica*, as for all natural populations,

368 it is likely that sources of such among-individual heterogeneity other than
369 reproductive strategy exist, which would mean that rates of senescence in *D.*
370 *lapponica* could be higher than that observed here and that a Weibull model with
371 decelerating rates of senescence may no longer provide the best fit if other sources
372 of heterogeneity are accounted for. Because we did find decelerating rates of
373 senescence here, the logistic model (the second best model), which arises as the
374 solution to the gamma-Gompertz frailty model, could also be appropriate ([56]; see
375 Methods). In our case, the qualitative patterns with increasing and decelerating
376 mortality over age were the same in both models. Interestingly, estimates of rates of
377 senescence were much more similar among study areas and treatments when
378 accounting for reproductive investment. These results suggest that one reason many
379 previous studies on plants reported no increase in mortality over age may be that
380 heterogeneity caused by reproductive investment was not accounted for, and we
381 encourage researchers to consider fertility in future studies quantifying mortality
382 trajectories.

383

384 Although most of the differences in mortality trajectories among study areas and
385 treatments were explained by variation in age-independent mortality among
386 individuals, our results also suggest small differences in rates of senescence.
387 Baseline, age-independent mortality was higher in mown plots and in the harsher
388 inland area. Rates of senescence, although not statistically significantly different,
389 were slightly higher in mown plots as well, but also in the more benign coastal area.
390 In an unpredictable environment with high baseline mortality caused by disturbance
391 (such as mowing in this case), senescence may be more pronounced if selection has

392 favoured increased reproductive effort early in life [57]. However, only in the
393 harsher inland study area did mowing increase fertility [40], and as individuals in
394 mown plots grow in close proximity to unmown plots it may be unlikely that
395 selection for diverging life histories has produced any evolutionary effect. In a
396 previous study, a consistent effect of mowing across study areas was that individual
397 and population growth rates were lower in mown plots [40]. We did not analyse
398 potential trade-offs with growth here, but the earlier observed negative effect of
399 mowing on growth supports that faster senescence in mown plots is due to
400 phenotypic plasticity caused by a direct weakening of individuals, rather than a
401 higher early-life reproductive investment. We assume such a weakening to be a
402 direct effect of mowing, but effects may also be indirect, in terms of altering
403 strengths of biotic interactions. That rates of senescence were found to be higher in
404 the coastal area with a more benign climate fits with the hypothesis that individuals
405 that maximize reproductive output at the expense of maintenance would have
406 higher fitness in favourable environments. Indeed, flowering was previously found to
407 be more frequent in the coastal area [40].

408

409 **Conclusions**

410 The presented evidence of senescence occurring in a long-lived plant is important
411 knowledge for developing more comprehensive theories of the evolution of
412 senescence across the tree of life. The disposable soma theory of the evolution of
413 senescence assumes a separation of germ and somatic cell lineages, and that no
414 strong selection against senescence has occurred because DNA in the germ line has
415 been repaired even though cells in the soma have been allowed to deteriorate [15].

416 In *D. lapponica*, the entire soma, that will also give rise to the germ line, is replaced
417 each year (cf. Methods), so no such separation exists over a plant's life time. The
418 results presented here are, we believe, an interesting first step in understanding
419 mortality trajectories of such species. As a next step we will investigate the age
420 trajectory of fertility in *D. lapponica*, and link mortality and fertility patterns by
421 modelling them simultaneously and accounting for temporal variation in fertility.
422 This should give us more detailed understanding of the mechanisms of how life
423 history trade-offs are related to senescence.

424

425 **Data, code and materials**

426 Data and R code will be made available at publication.

427

428 **Competing interests**

429 We have no competing interests.

430

431 **Authors' contributions**

432 JPD and NS conceived the general study questions, JPD, FC and ORJ conceived the
433 specific study questions, AM and DIØ collected the data, and FC conducted the
434 analysis. JPD wrote the first draft of the manuscript, and all authors contributed
435 substantially to revisions.

436

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447

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590 **Table 1.** The ten best-fitting mortality models for *Dactylorhiza lapponica* (DIC =
 591 Deviance Information Criterion).

Model	Shape	Reproductive investment included	DIC
Weibull	Makeham	yes	46461
Logistic	Bathtub	yes	46499
Logistic	Makeham	no	46707
Weibull	bathtub	no	46897
Weibull	bathtub	yes	46915
Weibull	Makeham	no	46949
Logistic	bathtub	no	46985
Logistic	Makeham	yes	47012
Gompertz	bathtub	yes	47116
Gompertz	bathtub	no	47307

592

593 **Figure legends**

594

595 **Figure 1.** Mortality (a) and survivorship (b) over age since first reproduction, and
596 parameter values (c-e) with 95% credible intervals of the best-fitting Weibull
597 mortality model for *Dactylorhiza lapponica* in mown and control plots at the coastal
598 Tågdalen and the inland Sølendet study areas in central Norway. c is the Makeham
599 term (c), b_0 is the shape parameter β_0 (d), and b_1 is the scale parameter β_1 (e).
600 Mortality and survivorship are presented from the first reproductive event (age = 0)
601 until the age where survivorship is $S(x) = 0.01$ (when the model predicts that 99% of
602 the cohort is dead). The model also included average life-time reproductive
603 investment as a covariate (cf. figure 2). See figure S1 for a presentation of the
604 underlying data, in terms of nonparametric estimations of survivorship curves
605 (Kaplan-Meier curves).

606

607 **Figure 2.** The posterior density of the average life-time reproductive investment
608 parameter (γ) in the best-fitting Weibull mortality model.

609

610 **Figure 3.** Age trajectories of mortality (right y-axis) of *D. lapponica* in all four
611 treatment – study area combinations, as functions of average life-time reproductive
612 investment (low, mean and high number of flowers: empirical density presented to
613 the left of the trajectory plots). The central lines show the predicted mortality
614 trajectory for a group of individuals with mean value of average life-time
615 reproductive effort. The upper and lower lines show the mortality trajectories for
616 the upper and lower 95% levels in life-time reproductive effort, with higher
617 reproductive efforts leading to higher mortality.

618

619 **Figure 4.** Rates of senescence (ageing rates) of *D. lapponica* in all treatment – study
620 area combinations predicted from the best-fitting Weibull model, with life-time
621 reproductive investment accounted for. These senescence rates correspond to the
622 first derivative of the logarithm of the mortality functions presented in figure 1.

Fig 1.

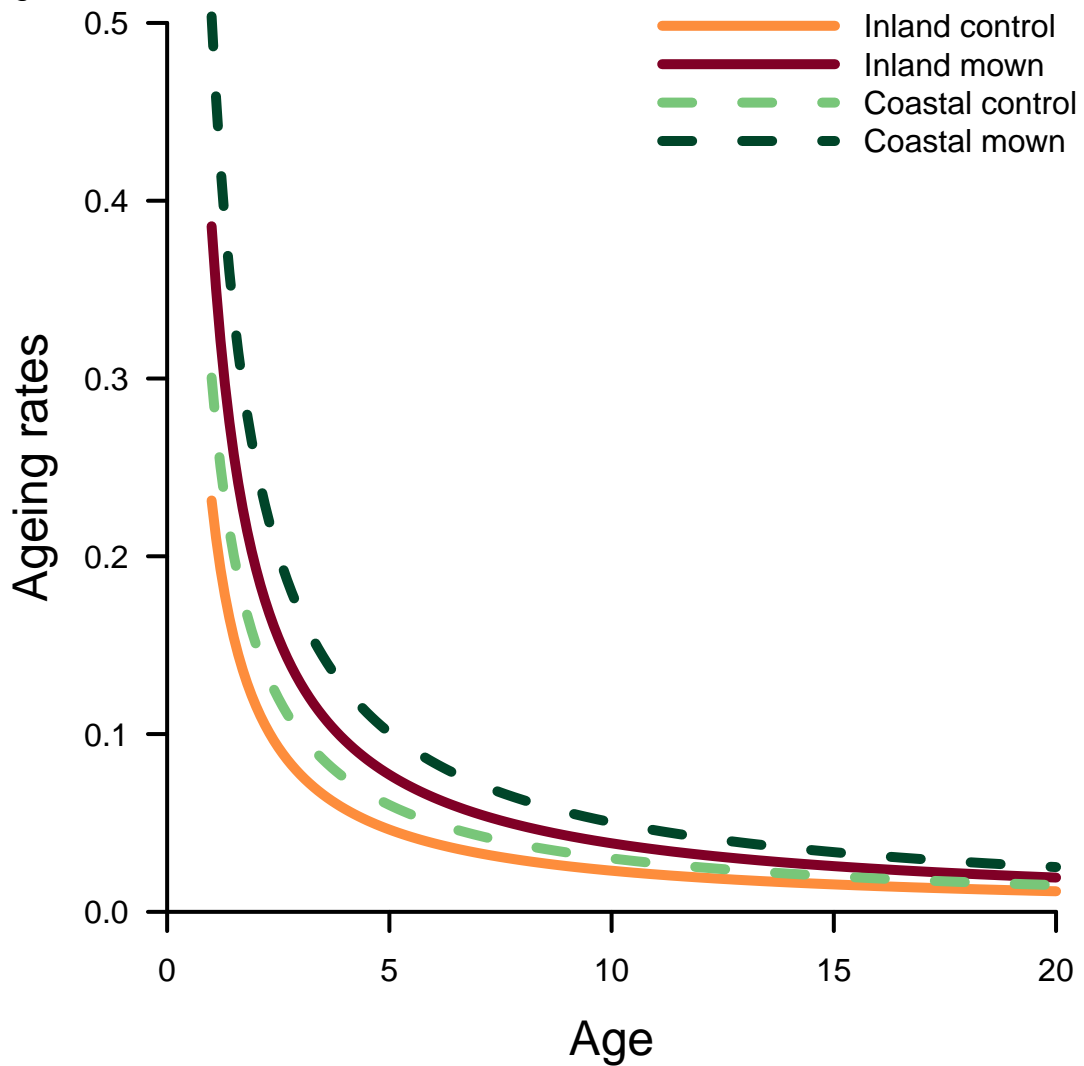
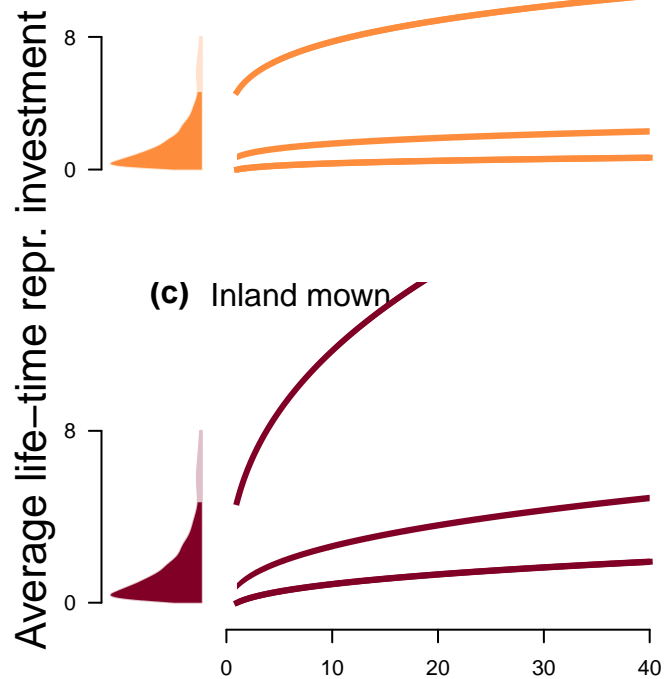
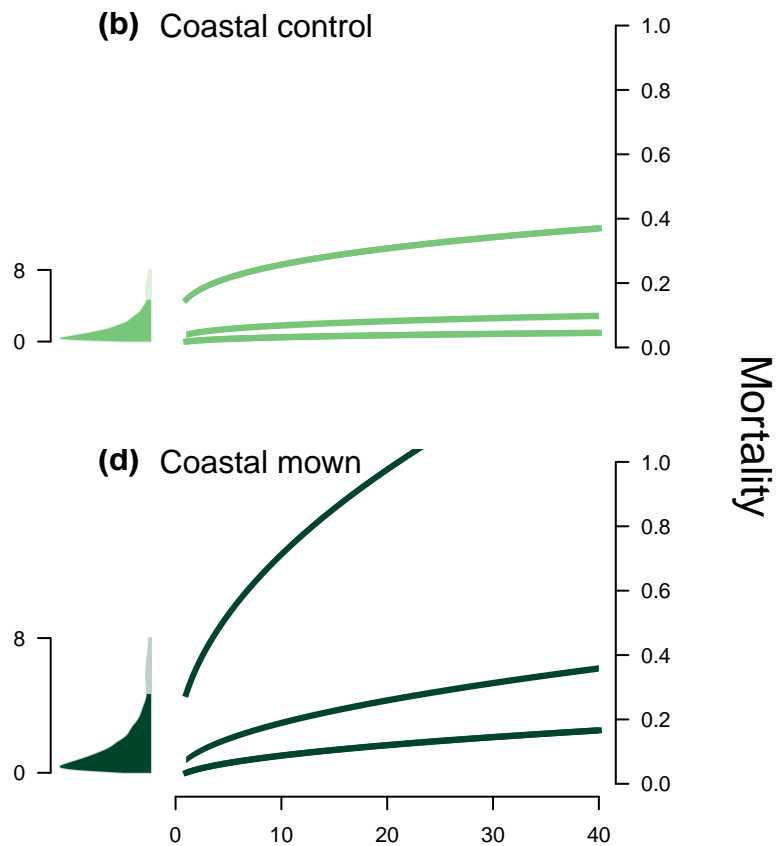


Fig. 2

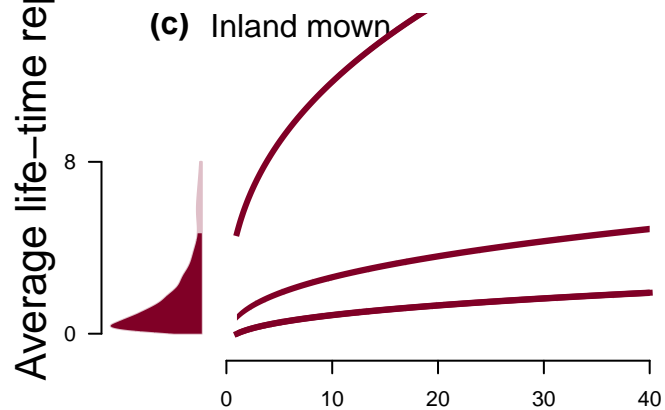
(a) Inland control



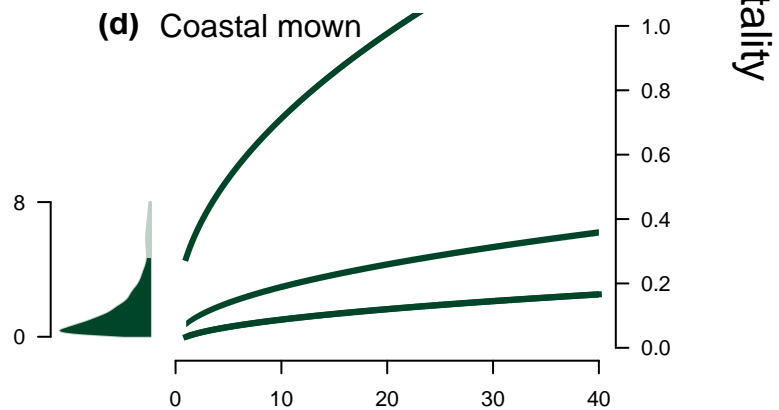
(b) Coastal control



(c) Inland mown



(d) Coastal mown



Age (years)

Mortality

Fig. 3

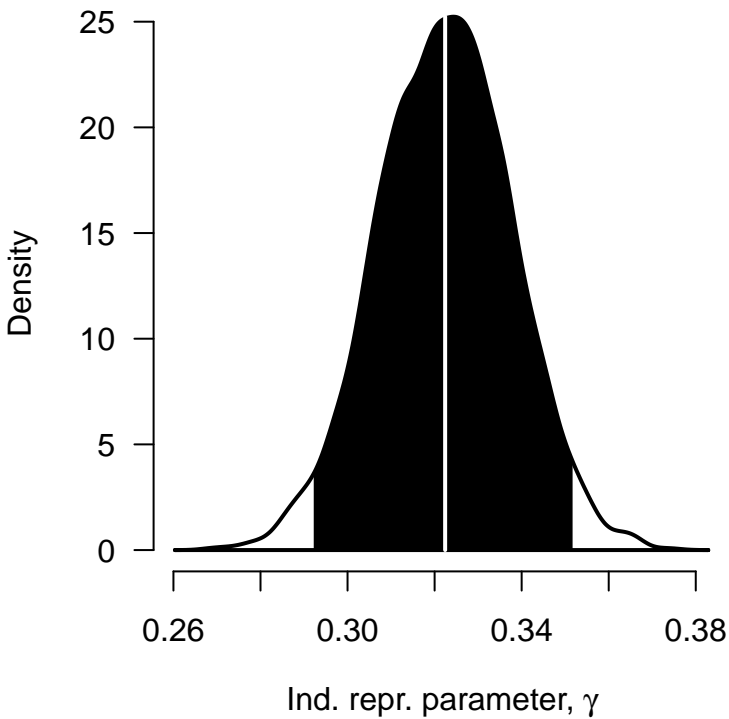
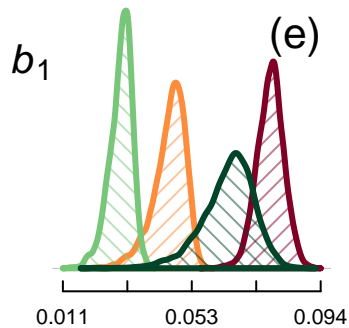
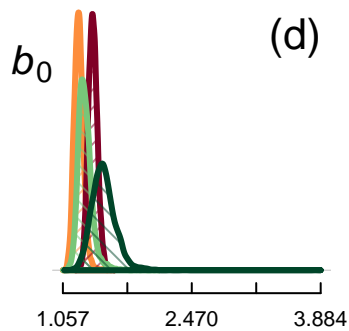
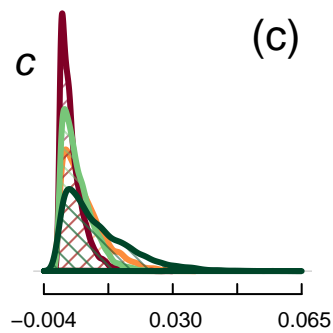
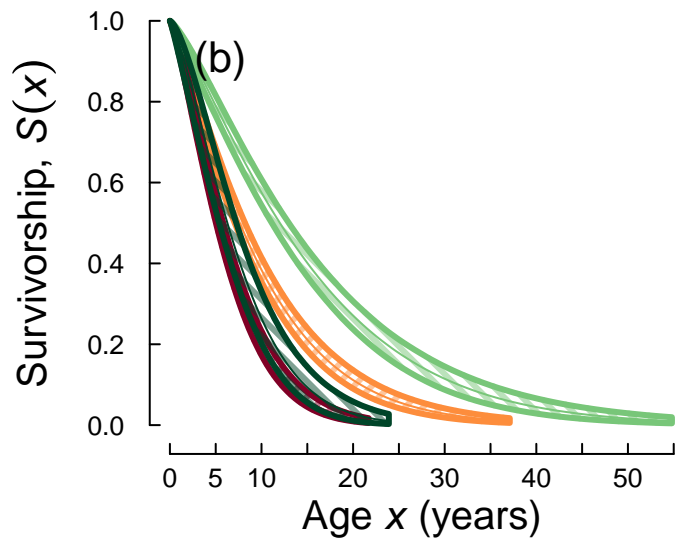
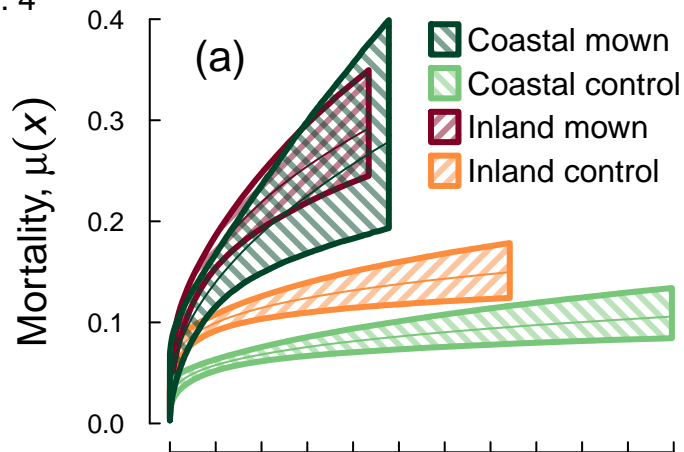


Fig. 4



Electronic supplementary material

'Actuarial senescence in a long-lived orchid challenges our current understanding of ageing'

Dahlgren *et al.* Submitted to *Proc R Soc B Biol Sci* 2016

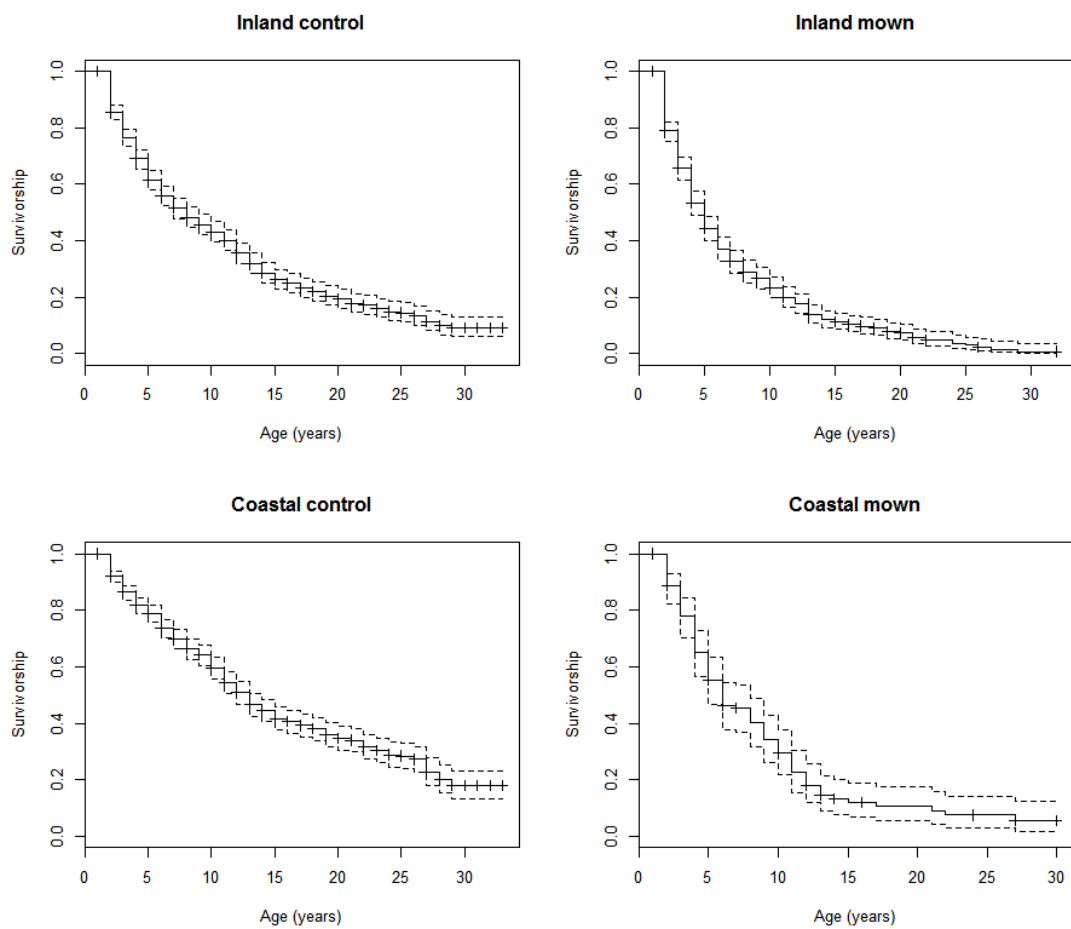


Figure S1. Plots of the Kaplan-Meier estimators of the survivorship curves.

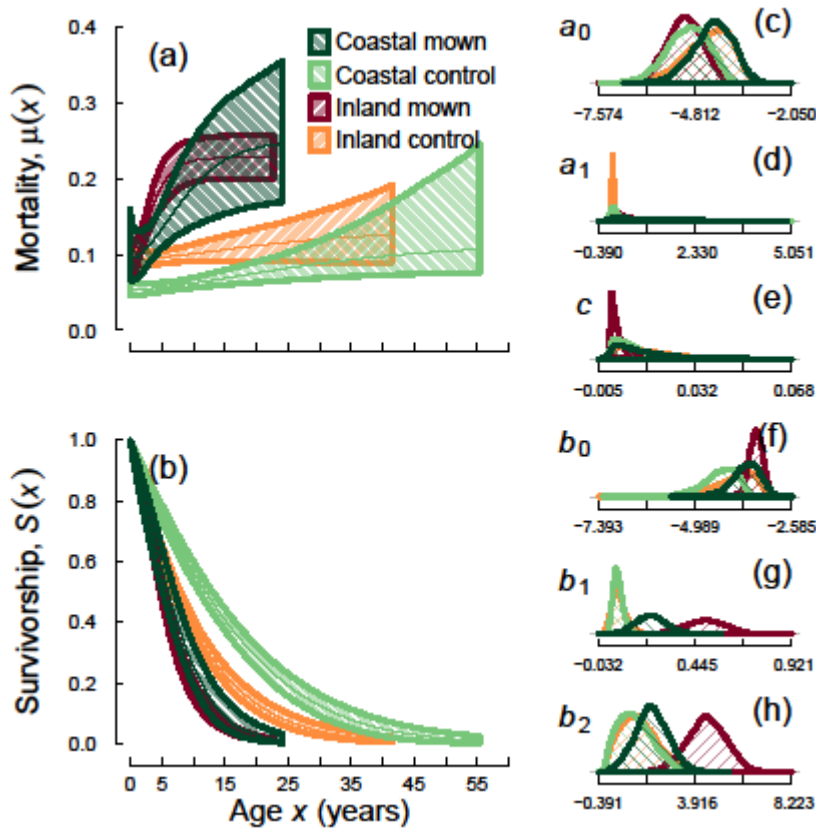


Figure S2. Mortality (a) and survivorship (b) over age since first reproduction, and parameter values (c-h) with 95% credible intervals of the second-best fitting mortality model (logistic including reproductive investment and no Makeham term). Mortality and survivorship are presented from the first reproductive event (age = 0) until the age where survivorship is $S(x) = 0.01$ (when the model predicts that 99% of the cohort is dead).

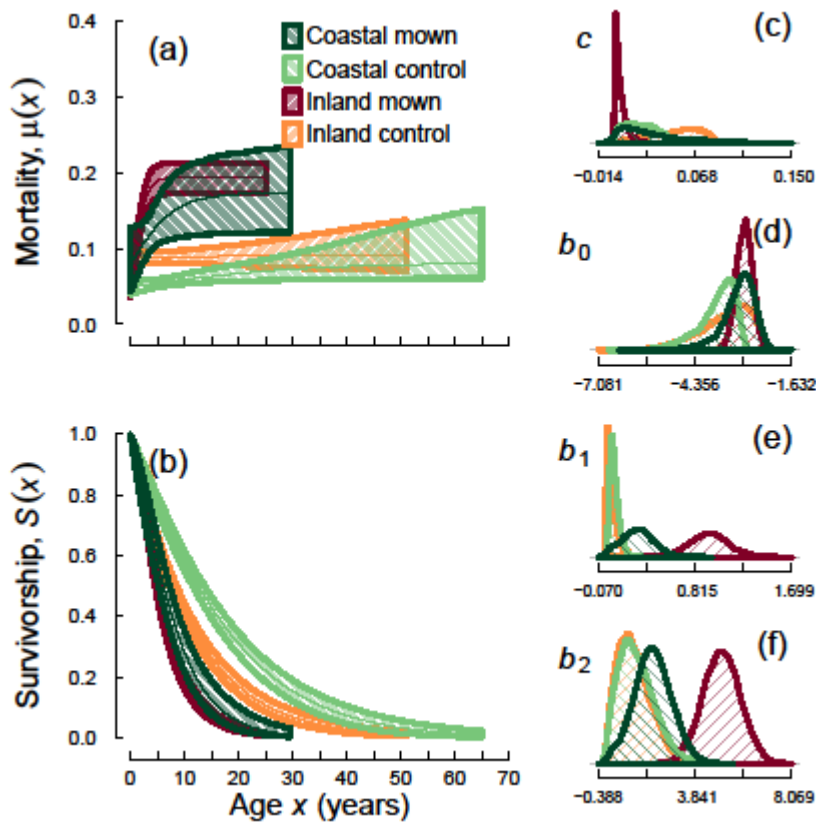


Figure S3. Mortality (a) and survivorship (b) over age since first reproduction, and parameter values (c-f) with 95% credible intervals of the best-fitting mortality model that did not include reproductive investment (the third-best fitting model overall; logistic with a Makeham term). Mortality and survivorship are presented from the first reproductive event (age = 0) until the age where survivorship is $S(x) = 0.01$ (when the model predicts that 99% of the cohort is dead).

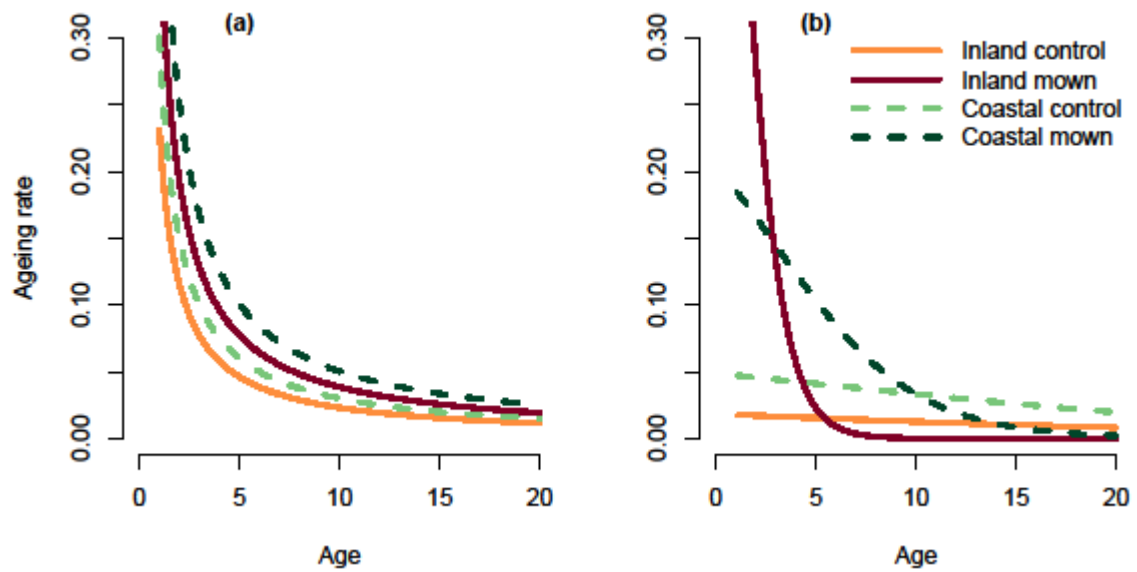


Figure S4. Predictions of senescence rates from the best-fitting Weibull model with reproductive investment accounted for (a; identical to fig. 4 in the manuscript), and predictions from the best-fitting logistic model excluding reproductive investment (b) (see figure S3).